YOM KIPPUR AFTERNOON – HEALING SERVICE

1. ESA EINAI

אֶשָּׂא עֵינַי אֶל-הֶהָרִים, מֵאַיִן יָבֹא עֶזְרִי
עֶזְרִי מֵעִם יְיָ, עֹשֵׂה שָׁמַיִם וָאָרֶץ

E·sa ei·nai el he·ha·rim
mei·ay·een mei·ay·een ya·vo ez·ri.
Ez·ri mei·im Ha·shem
o·seh sha·ma·yim va·a·retz.

I lift up my eyes to the mountains from where will my help come? My help will come from the LORD above, Maker of heaven and earth.

2. KAROV

קָרוֹב יְיָ לְכָל־קֹרְאָיו,
לְכֹל אֲשֶׁר יִקְרָאֻהוּ בֶּאֱמֶת

Ka·rov Ha·shem l'khol ko·r'av,
L'khol a·sher yik·ra·u·hu ve·e·met

Close is Hashem to all who call
To all who call to God in truth.

3. SHOKHEIN AD

שׁוֹכֵן עַד מָרוֹם וְקָדוֹשׁ שְׁמוֹ

Sho·khein ad ma·rom v'ka·dosh sh'mo

The One who inhabits eternity,
exalted and holy is Your name.

4. KOL HAN'SHAMAH

כֹּל הַנְּשָׁמָה תְּהַלֵּל יָהּ הַלְלוּיָהּ

Kol ha·n'sha·mah t'ha·leil yah ha·l'lu·yah

Let every breath be "yes."

5. KADDISH SONG

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא
שָׁלוֹם

Yit·ga·dal v'yit·ka·dash sh'mei ra·ba
Y'hei sh'mei ra·ba m'va·rakh l'o·lam u'l'al·mei al·mai·ya
Sha·lom

May God's great name be exalted and hallowed
May God's great name be acknowledged forever and ever.
Shalom.

6. HEALER OF THE BROKENHEARTED

Healer of the broken-hearted
Binder of our wounds
Counter of uncountable stars
You know who we are

אָנָּא אֵל נָא רְפָא נָא לָהּ

A·na El na, r'fa na lah.

Oh God, please heal "her" (us, our beings).

הַלְלוּ יָהּ

Ha·le·lu Yah

7. HALLELUYAH – PSALM 150

הַלְלוּ אֵל בְּקָדְשׁוֹ, הַלְלוּהוּ בִּרְקִיעַ עֻזּוֹ׃
הַלְלוּהוּ בִגְבוּרֹתָיו, הַלְלוּהוּ כְּרֹב גֻּדְלוֹ׃
הַלְלוּהוּ בְּתֵקַע שׁוֹפָר, הַלְלוּהוּ בְּנֵבֶל וְכִנּוֹר׃ הַלְלוּיָהּ
הַלְלוּהוּ בְּתֹף וּמָחוֹל, הַלְלוּהוּ בְּמִנִּים וְעֻגָב׃
הַלְלוּהוּ בְּצִלְצְלֵי שָׁמַע, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה׃
כֹּל הַנְּשָׁמָה תְּהַלֵּל יָהּ הַלְלוּיָהּ׃ הַלְלוּיָהּ

Ha·l'lu eil b'kod·sho, ha·l'lu·hu bir·ki·a u·zo
Ha·l'lu·hu vig·vu·ro·tav, ha·l'lu·hu k'rov gud·lo
Ha·l'lu·hu b'tei·ka sho·far, ha·l'lu·hu b'ne·vel v'khi·nor
Ha·l'lu·yah
Ha·l'lu·hu b'tof u·ma·ḥol, ha·l'lu·hu b'mi·nim v'u·gav
Ha·l'lu·hu b'tzil·tz'lei sha·ma, ha·l'lu·hu b'tzil·tz'lei t'ru·ah
Kol ha·n'sha·mah t'ha·leil yah ha·l'lu·yah
Ha·l'lu·yah

Praise God in the sanctuary, praise God in the powerful heavens. Praise God for the mighty deeds, praise God for infinite greatness. Praise God with the shofar call, praise God with harp and lyre. Praise God with drum and dance, praise God with flute and strings. Praise God with crashing cymbals, praise God with resounding cymbals. Let every breath of life praise ADONAI. Halleluyah!

8. FROM THE FRAGMENTS

May I know my worth,
May I find belonging,
May I feel the way I flow from past,
I flow to future

9. MEDITATION

10. OSEH SHALOM

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל וְיֹאשְׁבֵי תֵבֵל, וְאִמְרוּ אָמֵן

O·seh sha·lom bim·ro·mav hu ya·a·seh sha·lom a·lei·nu,
v'al kol yis·ra·el v'yosh'vei tei·veil, v'im·ru a·mein.

And may we find peace (x3) amen!
And may we find love (x3) amen!