

1. OPENING NIGGUN

2. PURE HEART

Create a pure heart in me, Great Spirit
 Create a pure heart in me
 And renew a true soul within me
 And renew a true soul within

3. MAY I BE EMPTY

May I be empty and open to receive the light,
 May I be empty and open to receive.
 May I be full and open to receive the light,
 May I be full and open to receive.

4. TALLIT

נִפְשֵׁי רוּחִי נִשְׁמָתִי וְתַפְלָתִי
Naf-shi ru-ḥi nish-ma-ti u-t'fi-la-ti
 Spread your wings and protect me
 Wrap me in your warmth and your care
 Hover over me, like you would to shield your young
 My soul and my body in your care

5. ELOHAI NESHAMAH

אֵלֹהֵי נִשְׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא
E-lo-hai ne-sha-mah she-na-ta-ta bi t'ho-rah hi
 My God, the soul you've given me is pure.

6. ASHIRA

וְאָנִי בְּחֶסֶדְךָ בְּטַחְתִּי יָגַל לְבִי בִישׁוּעָתְךָ
 אֲשִׁירָה לִּי כִּי גָמַל עָלַי
Va-a-ni b' ḥas-d'kha ba-tah-ti
ya-gel li-bi bi-shu-a-te-kha
A-shi-ra la-Shem ki ga-mal a-lai
 But I in Your faithful love do trust,
 my heart will exult in Your deliverance.
 Let me sing to the LORD, for God has been good to me.

7. MODEH ANI

מוֹדָה אָנִי לְפָנֶיךָ, מֶלֶךְ חַי וְקַיִם
Mo-deh/Mo-dah a-ni l'fa-ne-kha, me-lekh hai v'kai-yam
 I am grateful to You, living and eternal Sovereign.

8. RABBAH EMUNATEKHA

רַבָּה אֱמוּנָתְךָ
Rab-bah e-mu-na-te-kha
 The Divine flow is abundantly present in our lives.

9. HALLELUYAH – PSALM 148

הַלְלוּ-יָהּ
Ha-l'lu-ya

10. HINEI MAH TOV / SANCTUARY

הִנֵּה מַה-טוֹב, וַיְמַה-נָּעִים
 שָׁבַת אֲחִים גַּם-יַחַד
Hi-nei mah tov u-ma-na-im,
she-vel a-ḥim gam ya-ḥad
 How awesome is it that we have each other?
 Friends, to share our lives!
 O Lord prepare me to be a sanctuary
 pure and holy, tried and true.
 And with thanksgiving, I'll be a living
 sanctuary for you.

11. SHIVITI

שְׁוִיטִי הַוָּיָה לְנֶגְדֵי תָמִיד
 הַוָּיָה אֶהְבֶּה
Shi-vi-ti Ha-va-ya l'neg-di ta-mid
Ha-va-ya (3x) a-ha-va (3x)
 I hold Havaya (God) before me always.
 Havaya (God), love.

12. DODI LI

דוֹדִי לִי וְאָנִי לוֹ, הִרְעָה בְּשׁוֹשַׁנִּים
Do-di li va-a-ni lo, ha-ro-eh ba-sho-sha-nim
 My beloved is mine and I am my beloved's,
 The one who shepherds amidst the lilies.

13. OLAM CHESED YIBANEH

עוֹלָם חֶסֶד יִבְנֶה
O-lam ḥe-sed yi-ba-neh ...yai dai dai (4x)
 I will build this world from love...yai dai dai
 And you must build this world from love...yai dai dai
 And if we build this world from love...yai dai dai
 Then God will build this world from love...yai dai dai

14. BIRKOT HASHAHAR

See p. 39 (rainbow siddur).

15. AMEN

אָמֵן

16. KADDISH

p. 224 (rainbow siddur), p. 82 (blue siddur)

17. BAR'KHU

Am I awake? Am I prepared?

Are you listening to my prayer?

Can you hear my voice? Can you understand?

Am I awake, am I prepared?

בָּרְכוּ אֶת יְיָ הַמְבָרָךְ

בְּרוּךְ יְיָ הַמְבָרָךְ לְעוֹלָם וָעֶד

Ba-r'khu et A-do-nai ha-m'vo-rakh

Ba-rukh A-do-nai ha-m'vo-rakh l'o-lam va-ed

Praise ADONAI, to whom all praise is directed.

Praised is ADONAI, to whom all praise is directed
forever and ever.

18. KAROV

קָרוֹב יְיָ לְכָל־קֹרְאָיו,

לְכָל אֲשֶׁר יִקְרָאֵהוּ בְּאֵמֶת

Ka-rov Ha-shem l'khol ko-r'av,

L'khol a-sheer yik-ra-u-hu ve-e-met

Close is Hashem to all who call

To all who call to God in truth

19. GALEI

גִּלְיָה כְּבוֹד מַלְכוּתְךָ עָלֵינוּ

Ga-lei k'vod mal-khu-t'kha a-lei-nu

Reveal Your presence to us

20. MIN HA-MEITZAR

מִן־הַמֵּצָר, קִרְאתִי יְיָ; עֲנֵנִי בְּמִרְחֵב יָהּ

הוֹדוּ לַיְיָ כִּי־טוֹב; כִּי לְעוֹלָם חַסְדּוֹ

Min ha-mei-tzar ka-ra-ti ya; a-na-ni va-mer-hav ya

Ho-du la-do-nai ki tov: ki l'o-lam has-do

From the straits I called to Yah;

Yah answered me in a wide-open place.

Give thanks to ADONAI for G-d is good;

forever is God's kindness.

21. EMET

אֵמֶת אֲתָה הוּא רֵאשׁוֹן, אֲתָה הוּא אַחֲרוֹן

וּמִבְּלִעְדֶּיךָ

אֵין לָנוּ מִלְּךָ, אֵין לָנוּ גּוֹאֵל

וּמוֹשִׁיעַ, וּמוֹשִׁיעַ

E-met (4x)

E-met a-tah hu ri-shon, a-tah hu a-ha-ron

u-mi-bal-a-de-kha...

ein la-nu me-lekh, ein la-nu go-el,

u-mo-shi-ah, u-mo-shi-ah

Truth, You are first. You are last. And without you,
there is no nobility, no redemption, no salvation.

22. HOD V'HADAR

הוֹד וְהַדָּר לְפָנֵינוּ עוֹ וְתִפְאֵרֶת בְּמִקְדָּשׁוֹ

Hod v'ha-dar l'fa-nav, oz v'tif-e-ret b'mik-da-sho

Greatness and grandeur before God;

strength and splendor in God's sanctuary.

23. OPEN UP OUR EYES

Open up our eyes, teach us how to live,

Fill our hearts with joy and all the love You have to give.

Gather us in peace as you lead us to Your name,

And we will know that You are One.

24. LAKH AMAR LIBI

לָךְ אָמַר לִבִּי בִקְשׁוּ פָנַי אֶת־פָּנֶיךָ יְיָ אֲבִיבְקֶשׁ

Lakh a-mar li-bi bak-shu fa-nai

Et pa-na-yich Ha-va-ya a-va-kesh

Of You says my heart: "Seek my face!"

Your face Havaya (God) do I seek.

25. SHEMA / V'AHAVTA

שְׁמַע | יִשְׂרָאֵל, יְיָ | אֱלֹהֵינוּ, יְיָ | אֶחָד

Sh'ma Yis-ra-el, A-do-nai E-lo-hei-nu, A-do-nai E-had

Hear, O Israel, the Lord is our God, the Lord is One.

For v'ahavta, see p. 75 (rainbow siddur), p. 112 (blue siddur)

26. AMIDAH

p. 87 (rainbow siddur), p. 115 (blue siddur)

27. SIM SHALOM

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה

חַן וְחֶסֶד וְרַחֲמִים

Sim sha-lom to-vah uv-ra-kha

hen va-hesed v'ra-ha-mim

Grant peace, goodness, and blessing,

favor, kindness, and compassion

28. OSEH SHALOM

O-seh sha-lom bim-ro-mav hu ya-a-seh sha-lom a-lei-nu,

v'al kol yis-ra-el [v'al kol yosh'vei tei-veil],

v'im-ru a-mein.

May the one who creates peace on high

bring peace to us and to all Israel

[and to all who dwell on earth], and we say: Amen.

29. CLOSING NIGGUN