Why Shirat Hayam Resonates with Me

This month, six congregants generously agreed to tell our community how and why their paths led them to membership at Shirat. We thank them for their generosity of time and for sharing their stories.

Julie and Stephen Tapper

Julie grew up in Fair Lawn, NJ where her family belonged to Fair Lawn Jewish Center, a traditional Conservative synagogue where women were not able to read from the Torah or take an aliyah and did not wear tallit or kippot. Her family regularly attended Friday night services and she also attended Junior Congregation services on Saturday mornings with her friends and Hebrew school three days a week. At her bat mitzvah in 1990, she chanted a haftarah and gave a d’var Torah, but did not take an aliyah or read from the Torah.

Stephen grew up in Swampscott and his family of five attended the Orthodox Ahabat Shalom in Lynn when he was young. Attending an Orthodox temple was all he knew and women and men sitting on opposite sides was just something he expected to see in every temple. His family later switched to Conservative Temple Israel (where all genders sat together, prayed together and learned together), and where he attended Hebrew school and Hebrew high school.

Their two sons attend CJE. Joshua just graduated from CJE and became a bar mitzvah; Sam still attends CJE and will be starting 5th grade in the fall. “Our children have received such an amazing education. We really could not have asked for a better experience for both of them,” they both said.

How does CSH compare with the synagogues where you grew up?

J: Shirat welcomes women to read from the Torah, to take an aliyah, and to wear tallit and kippot. CSH also offers a variety of ways to pray and observe Shabbat—some more traditional while others are more progressive. Given how technology has progressed since the 1980s, there are now other means to provide access to prayer and membership than there were in the past.

S: Shirat Hayam keeps the same family friendly values as Temple Israel once did. Adding a band to the services is something unique, but very nice to get the congregation connected and more involved with the service. I still have many memories of my teachers and Principal from my Hebrew School education. From time to time, I will run into one of my Hebrew school teachers while attending services. Shirat continues to build its passion for community, and bringing everyone together as Temple Israel did not too long ago.

How does your experience with Shirat resonate with you personally?

J: I have always felt that CSH meets members where they are in their spiritual journey and also accepts them. This is true for my family as well. We became members when our oldest was ready to start Hebrew school and have connected with other families with children of similar ages. CJE always provides fabulous religious instruction and support and has made me feel like a part of the community.

Stephen, Sam, Joshua and Julie Tapper

Congregation services on Saturday mornings with her friends and Hebrew school three days a week. At her bat mitzvah in 1990, she chanted a haftarah and gave a d’var Torah, but did not take an aliyah or read from the Torah.

Stephen grew up in Swampscott and his family of five attended the Orthodox Ahabat Shalom in Lynn when he was young. Attending an Orthodox temple was all he knew and women and men sitting on opposite sides was just something he expected to see in every temple. His family later switched to Conservative Temple Israel (where all genders sat together, prayed together and learned together), and where he attended Hebrew school and Hebrew high school.

Their two sons attend CJE. Joshua just graduated from CJE and became a bar mitzvah; Sam still attends CJE and will be starting 5th grade in the fall. “Our children have received such an amazing education. We really could not have asked for a better experience for both of them,” they both said.

How does CSH compare with the synagogues where you grew up?

J: Shirat welcomes women to read from the Torah, to take an aliyah, and to wear tallit and kippot. CSH also offers a variety of ways to pray and observe Shabbat—some more traditional while others are more progressive. Given how technology has progressed since the 1980s, there are now other means to provide access to prayer and membership than there were in the past.

S: Shirat Hayam keeps the same family friendly values as Temple Israel once did. Adding a band to the services is something unique, but very nice to get the congregation connected and more involved with the service. I still have many memories of my teachers and Principal from my Hebrew School education. From time to time, I will run into one of my Hebrew school teachers while attending services. Shirat continues to build its passion for community, and bringing everyone together as Temple Israel did not too long ago.

How does your experience with Shirat resonate with you personally?

J: I have always felt that CSH meets members where they are in their spiritual journey and also accepts them. This is true for my family as well. We became members when our oldest was ready to start Hebrew school and have connected with other families with children of similar ages. CJE always provides fabulous religious instruction and support and has made me feel like a part of the community.

Continued on page 4
## RABBI’S CORNER

### Pemi Loop

Two years ago, during the first summer of COVID, I took my daughter, Liora, on her first backpacking trip. We hiked a gentle 4 mile trek into the Pemigewasset Wilderness (north of Loon mountain, off the Kancamagus Highway in NH), stopping at Franconia Falls for an afternoon of cold swimming and cliff jumping. Along the way, we met hikers who were completing the Pemi Loop, a 32 mile, 9,000 foot trek with ten 4,000 footers.

After that first trip, Liora was hooked on backpacking. And, after a strenuous trip last year, we were ready to complete the Pemi Loop. Due to a rainstorm on our scheduled day of departure, Monday, June 27, we revised our route, going counter-clockwise rather than clockwise. We waited out the rain playing gin rummy and set out at 11:40 AM. Eleven miles and a few mountains later we arrived at the Guyot tent site, a majestic set of east-facing platforms perched on the hillside overlooking rolling wilderness. With lots of vacancy, we scrapped the tent and slept by ourselves in the recently built shelter.

We spent the 2nd night at the crowded Garfield Ridge Campsite, with multiple tents per platform. At dinner we befriended Rhys, an Australian visiting his brother in Brooklyn, and treated him to his first s'more. The final day was an intense ten-hour, 14.5 mile trek along the high peaks of the Franconia Ridge Trail, back to the Lincoln Woods parking lot.

In some ways, backpacking is like the High Holy Days. On the trail, life unfolds linearly. In contrast to my daily life, which is filled with multi-tasking, interruptions, glances at my cell phone, etc., when hiking, it’s one thing at a time, usually simply taking the next step forward. Cooking dinner, with only one burner, is the same. No multiple timers or chopping while the water boils. Similarly, at the High Holy Days (like any service), we sing, we pray, we listen to the music, we reflect. We descend into valleys and climb the highest peaks. We experience majesty. But, our only task is to lose ourselves in the moment.

Backpacking and the High Holy Days eliminate distractions, eschew multi-tasking, and require minimal skill, but you must choose to participate. They are avenues to finding our flow, defined as “[Y]ou lose a sense of yourself as an agent; you lose track of the passage of time” (Edward Slingerland). If you’re able, I hope you’ll join us, in-person, on the High Holy Days and, together, we will find our flow.

---

**Life of the Congregation**

**Rabbi’s Corner**

**Pemi Loop**

Two years ago, during the first summer of COVID, I took my daughter, Liora, on her first backpacking trip. We hiked a gentle 4 mile trek into the Pemigewasset Wilderness (north of Loon mountain, off the Kancamagus Highway in NH), stopping at Franconia Falls for an afternoon of cold swimming and cliff jumping. Along the way, we met hikers who were completing the Pemi Loop, a 32 mile, 9,000 foot trek with ten 4,000 footers.

After that first trip, Liora was hooked on backpacking. And, after a strenuous trip last year, we were ready to complete the Pemi Loop. Due to a rainstorm on our scheduled day of departure, Monday, June 27, we revised our route, going counter-clockwise rather than clockwise. We waited out the rain playing gin rummy and set out at 11:40 AM. Eleven miles and a few mountains later we arrived at the Guyot tent site, a majestic set of east-facing platforms perched on the hillside overlooking rolling wilderness. With lots of vacancy, we scrapped the tent and slept by ourselves in the recently built shelter.

We spent the 2nd night at the crowded Garfield Ridge Campsite, with multiple tents per platform. At dinner we befriended Rhys, an Australian visiting his brother in Brooklyn, and treated him to his first s'more. The final day was an intense ten-hour, 14.5 mile trek along the high peaks of the Franconia Ridge Trail, back to the Lincoln Woods parking lot.

In some ways, backpacking is like the High Holy Days. On the trail, life unfolds linearly. In contrast to my daily life, which is filled with multi-tasking, interruptions, glances at my cell phone, etc., when hiking, it’s one thing at a time, usually simply taking the next step forward. Cooking dinner, with only one burner, is the same. No multiple timers or chopping while the water boils. Similarly, at the High Holy Days (like any service), we sing, we pray, we listen to the music, we reflect. We descend into valleys and climb the highest peaks. We experience majesty. But, our only task is to lose ourselves in the moment.

Backpacking and the High Holy Days eliminate distractions, eschew multi-tasking, and require minimal skill, but you must choose to participate. They are avenues to finding our flow, defined as “[Y]ou lose a sense of yourself as an agent; you lose track of the passage of time” (Edward Slingerland). If you’re able, I hope you’ll join us, in-person, on the High Holy Days and, together, we will find our flow.
Cantor’s News

High Holiday Liturgy Is Designed for Us to Sing

Warm up your singing voices, the High Holy Days are upon us. With the hopes for more of us to be together in person this year, the need for communal singing grows stronger and stronger. Did you know that much of our High Holy Day liturgy was written with the purpose that it be sung?

Piyyut — liturgical inserts in the form of hymns that are added into the service — are opportunities for the congregation to sing and pray together in creative expressions of the themes of Rosh Hashanah. These particular piyyutim on Rosh Hashanah and Yom Kippur (Piyyut can be found on many holidays and Shabbat as well) reflect God’s majesty and also God’s compassionate judgment, two major touchpoints of the High Holiday liturgy. The piyyutim contribute to adding beauty to the service while also providing a simple enough structure that can be followed by everyone in the congregation so that we can all celebrate the messages within the High Holy Day liturgy. Many Piyyut are structured as alphabetic acrostics, which sometimes tells us that this particular poem is very old!

As author Hayyim Herman Kieval writes in his book The High Holy Days, “Through piyyut medieval Judaism discovered a formula for preserving both adherence to tradition and self-expression in the worship of God.” These additions were important because they “served as an outlet through which Jews told of their suffering at the hands of the nations and their touching hopes for redemption from the bondage of exile and restoration to ancient glory” (Kieval 35). We can see from these descriptions just how influential piyyutim have been in the creation of our High Holiday services. I am looking forward to hearing your voices as they add to our musicians and choir members and sing the Piyyutim with me this year!

Many blessings,
Cantor Sarah

Message from the President

Those of you who come to Shabbat services on Saturday morning know that I have a daily gratitude practice. Decades ago, when I was going through a challenging period in my life, I decided to keep a gratitude journal — to take a moment every day to write down what I was grateful for. They could be big things or little things — my then 10-year-old son, the breeze, the color yellow, my health — and I quickly found that paying attention to things to put into my journal each day, making gratefulness a focus of whatever else I was doing, left me happier. I long ago stopped writing these observations down; it is pretty much like breathing for me now. When I became the president of the congregation and was called on each week to come to the bimah to read the announcements to the congregation, I decided to end my announcements by sharing my practice: I tell everyone what I am grateful for in that moment. I was hoping that in doing that, I could help people know me better, and also remind others to remember to be grateful. It is such a little thing, and yet it has made such a big difference for me. I heard today from one congregant who tries to guess what I am going to say. Some have made suggestions. Many have told me that they look forward to hearing what I am going to say each week (as do I!). I don’t rehearse or think about it in advance (although I might jot down a note or two as I listen to the Rabbi’s comments on the Torah portion), and most weeks I limit myself to three items as I could easily go on and on and on. For today, I want all of you to know how grateful I am to be sharing our time together. I am so grateful to be part of our wonderful community. I am so honored to be a part of your lives.

Warmly,
Ruth Estrich

Calendar

Continued from page 1

SUNDAY, SEPTEMBER 11
7:00 pm CSH community partner of JCCNS program, An Evening with Rabbi Nehemia Polen on his book, Stop Look Listen. Open to all, free but RSVP to sewing@jccns.com. For info https://jccns.org/ and see pg. 7

MONDAY, SEPTEMBER 12
7:30 pm Becky’s Book Club resumes. Discuss The Netanyahus: An Account of a Minor and Ultimately Even Negligible Episode in The History of A Very Famous Family by Joshua Cohen. See pg. 7

TUESDAY, SEPTEMBER 13
4:00 pm CJE resumes for grades 2-7. For full CJE calendar see https://shirathayam.org/calendars/

FRIDAY, SEPTEMBER 16
6:00 pm Kabbalat Shabbat at CSH

SATURDAY, SEPTEMBER 17
9:00 am Renewal Service; Traditional Shacharit led by Naomi Gurt Lind, rabbinic intern
10:00 am Torah Service; Nosh & Drash led by Naomi Gurt Lind (No Torah Yoga)
11:15 am Mourner’s Kaddish, Healing and Talk followed by Shabbat Café
8:00 pm Silichot service at Temple Sinai online and in-person with Rabbi Schwartz, Rabbi Ragozin and Cantor Sarah. All are welcome. See https://shirathayam.org/holidays/

SUNDAY, SEPTEMBER 18
10:00 am Making the Environment a Better Place. Learn about bees, plant bulbs and schmooze. (see pg. 5 for more info)

FRIDAY, SEPTEMBER 23
6:00 pm Kabbalat Shabbat at CSH

SATURDAY, SEPTEMBER 24
9:00 am Renewal Service; Traditional Shacharit led by Jan Brodie
10:00 am Torah Service; Torah Yoga with Stacie Nardizzi (No Nosh & Drash)
11:15 am Mourner’s Kaddish, Healing and Talk followed by Shabbat Café

See the HIGH HOLY DAYS BOOKLET for complete info and refer to PGs. 5 and 8 of this NEW WAVE for schedule info

SUNDAY, SEPTEMBER 25
Erev Rosh Hashanah

MONDAY, SEPTEMBER 26
Rosh Hashanah Day 1

TUESDAY, SEPTEMBER 27
Rosh Hashanah Day 2 (No CJE)

WEDNESDAY, SEPTEMBER 28
Office closed until noon

FRIDAY, SEPTEMBER 30
6:00 pm Kabbalat Shabbat at CSH

SATURDAY, OCTOBER 1
9:00 am Renewal Service with Rabbi; Traditional Shacharit led by Jan Brodie
10:00 am Shabbat Shuvah Torah Service (Nosh & Drash or Torah Yoga TBD)
11:15 am Mourner’s Kaddish, Healing and Talk followed by Shabbat Café

See our website calendar (https://shirathayam.shulcloud.com/calendar) for updates and more details.
CSh Resonates
Continued from page 1

When the pandemic started, we also participated in many Zoom meetings with other parents looking to create programming for our children that felt healthy and safe. The meetings also allowed us to still feel part of a community even when we were not physically together in a building. When Joshua became a bar mitzvah recently, every component of preparation was thorough, tailored to his needs, and invoked feelings of pride and joy.

S: My experience with Shirat has been only positive. From organized hikes, to s’mores at the beach, to the warm feeling you get when entering services, to the smiles on all the CJE teachers, to all the fun organized activities put together by the congregation—the time and effort folks put into creating this community is priceless.

What resonates with you most about Shirat Hayam?
S&S: With all our travels to different locations with no family or local acquaintances, we developed an approach. When we moved to a new place, we would visit the different local synagogues to meet other folks and participate in the services. As we have no predilection for a particular denomination, we gravitated to the friendliest people.

When we attended Friday night services at Beth El 22 years ago, we were met outside by an older congregant who invited us into the synagogue. Rabbi Edgar Weinsberg greeted us and invited us to stay for a special program that night. He and Cantor Geller made room for us at their table, and introduced us to other members. No other synagogue that we visited in the area welcomed us so warmly. That following Monday, we joined and have been a member since. All of our extended family are now folks that we met through the synagogue.

How has Shirat Hayam changed since your childhood?
S: Because Shirat is mostly the same people that I grew up with and their families, I feel that same connection; many congregants either remember me as a child or have memories they share with me about my mom and grandparents. A lot of the melodies I learned as a child are even still being used today, which I like (although I also like the new melodies).

Today, there is more variety in the way you can pray and connect with our religion, from the traditional texts, to yoga and cultural experiences.

Sheila and Stan Rich
Sheila and Stan grew up in secular households in Philadelphia, where they observed Passover (though without a formal seder) and Hannukah, but didn’t belong to a synagogue until they started their own family and joined Rockdale Temple, a Reform synagogue in Cincinnati, where Stan worked for GE. They were active members for 17 years and their children, Sharon and Michael, became b’nei mitzvah there.
Stan’s work brought them to Lynn in 2000 and they joined Temple Beth El. Sheila is a member of Shir Chesed, Becky’s Book Club and Tuesday Night Minyan. The Riches inherited, from Becky and Burt Shepard, the wine pouring “mitzvah” for Friday night Kiddush. Stan helps construct the Sukkah and belongs to the Brotherhood. They both enjoy Rabbi Ragozin’s Zoom classes.
Sheila is a retired RN who knits and needlepoints. Stan is a retired engineer from GE who works as a consultant and (not surprisingly!) enjoys making model ships, planes and trains. They love travel and will celebrate their 55th anniversary this October.

Susan Yackolow
Susan Yackolow grew up attending Temple Beth El; her grandparents and great-grandparents helped the Lynn Breed St. synagogue relocate to its Swampscott home. When she started Hebrew school, she switched to Temple Israel, where more of her friends attended.
She was actively involved in choirs, the Klezmaniacs and Junior Congregation, and continued her Jewish education at North Shore Community Hebrew High School and Prozdor. Susan was part of the CJE Staff as the Inclusion Specialist in 2019-2020, and since 1999 (except 2021), she has been one of the shofar blowers during High Holy Day services, for adult and kid services and for babysitting groups.

How does your experience with Shirat resonate with you personally?
S: I continue to be engaged with music activities and plan to join Cantor Sarah’s adult choir. While recently saying Kaddish for my mom (who passed away last September), I attend evening minyans. I regularly attend Friday night services and Shabbat mornings and my favorite part of belonging to CSH is being part of the community. I have met new people and look forward to catching up with them during Shabbat Café. I especially like the melodies of the Renewal minyan and enjoy listening to it as I am getting ready to attend in-person services that morning.

Susan Yakolow gets ready to attend services.

Jay Mahler
Jay grew up in West Hartford, Connecticut, where he attended a Conservative synagogue. He went to Hebrew school three times a week from Kindergarten through seventh grade, and then attended a Hebrew high school program at a neighboring temple two evenings a week for a few years.

Jay is married to Sara Ewing and their son Nathaniel attended CJE through his Bar Mitzvah in 2020, and is now a madrich. Their daughter Kay is now preparing for her bat mitzvah in May, 2023.

He has been a member of CSH Board of Directors for over four years, and has been Secretary for...
CSH Resonates

Continued from page 4

three. He also played guitar in the Ruach Rally Band for many years, accompanying Cantors Elana and Alty at many Shabbat morning Renewal services.

How does Shirat compare with the synagogue you grew up with and what resonates most with you about it?

J: In many ways, CSH is more progressive than my childhood synagogue, which only recently hired its first female Cantor and put services online (due to the pandemic) after many years of resisting the concept of remote prayer. I am happy and proud that both my childhood synagogue and Shirat have always placed a strong emphasis on music, shared community, tikkun olam and social justice.

In addition to the vibrant Jewish community my family has found at Shirat, I greatly enjoy the diverse spiritual, educational, and social options Shirat offers its members.

“Paint Your Teacher Day” was a big hit with teachers and preschoolers alike.

An event for young families

Making the Environment a Better Place

Bee Keeping and Pollinator Gardens

Sunday, September 18
10-11:30 am
Back playground of Shirat Hayam

- Join Our World With Bees to learn about bees
- Planting pollinator bulbs in the garden
- Light refreshments and play time

Register at:
https://www.lappinfoundation.org/mitzvah-day-registration-form/

Free and open to the public. In the event of inclement weather, we will send an email to those who have registered with an alternate date. For more information, email csh@shirathayam.org

Part of Lappin Foundation Mitzvah Day 2022

Advance Registration Necessary

CJE Registration Reminder

CJE begins Saturday, September 10 (K-6) and Tuesday, September 13 (grades 2-7).

Go to https://shirathayam.org/center-for-jewish-education/ for the full 2022/2023 calendar.

Advance Registration Necessary

Family Service

Led by Rabbi Michael and Cantor Sarah
Rosh Hashanah Day 1 – Monday, September 26 • 3:00 pm
Yom Kippur – Wednesday, October 5 • 3:15 pm

For families with children ages 0-7
Free and open to all but registration necessary
Register: https://bit.ly/CSHfamilyservice5783

*For anyone over 12 years of age, please show proof of vaccination or a negative COVID test result that has been taken within 72 hours of entry.

A CEE budding muralist explores the freedom of outdoor art.

From the desk of Andrea Bernard, Director, Center for Early Education:

The CEE had an amazing summer! Outdoor painting and water play are favorite activities. Painting on a clear shower curtain attached to the fence helps us stretch our muscles and our imaginations. Our masterpieces are larger and bolder than our indoor artwork. We aren’t afraid to let paint drip or get messy outside!

“Paint your Teacher” day was a huge success! Our educators were covered in paint from top to bottom. The children had a blast creating a colorful mural on their most favorite people!

The CEE staff and families look forward to the 2022-2023 school year ahead! We have big plans for the CEE this Fall — stay tuned!

A CEE budding muralist explores the freedom of outdoor art.

Life of the Congregation
CJE NEWS

From the desk of Janis Knight, Director, Center for Jewish Education:

This summer, I had the opportunity to study at Pardes Institute of Jewish Studies in Jerusalem. My three-week immersive study course was the kick-off experience for a year-long fellowship called Senior Educator Learning Fellows. For 50 years, Pardes has been committed to teaching Jewish texts to Jews from as many backgrounds and communities as they can find. The Educators Fellowship is aimed specifically at congregational educators. The central piece of our study was called “Mahloket Matters.” Mahloket is the Hebrew word for a disagreement or dispute. Talmud is full of disputes, and studying them can help us about how to disagree constructively and respectfully. In our current political and social climate, these are sorely needed lessons.

Every morning, we began with a Talmud study class. I chose to study about Rosh Hashanah. As we dug into why we blow the shofar on Rosh Hashanah, much about post-Temple Judaism and its concerns with immediate Jewish survival became clearer. How do you remain Jewish when your central connection to God has been destroyed?

We began with a short lecture to set the stage, then broke into pairs to read and discuss and debate the mornings few lines. Hervruta study is a classic Jewish learning technique. My partner, Shari, and I were not the classic models, however. Two middle-aged women sitting at a table with copies of a Talmud page, the translation provided by the professor, an Aramaic concordance, a Hebrew dictionary, a copy of the Tanakh and two cell phones opened to Sefaria.org in order to help us understand the meaning of every word we translated. It was intellectually challenging and an awful lot of fun!

The Pardes building is not very prepossessing. The actual Bet Midrash, the study hall, is on the third floor and lined with books in Hebrew, English, Aramaic and more. With all of its windows thrown open and 50 pairs of students talking to each other, the noise could get overwhelming. But there was a purity of purpose to the tumult that energized our studies, too. I managed to sneak a few quiet half hours there to just browse the shelves.

Shabbat in Jerusalem was a joy. One Friday evening, we were welcoming Shabbat on the balcony of a hotel in the hills near Jerusalem. As we prayed Kabbalat Shabbat, the sounds of the evening call to prayer rose from the masjid in the valley below.

I learned so much, met some wonderful people, ate some incredible food, and am so grateful for the opportunity. I spent three weeks walking the streets of Jerusalem and feeling each step echo in my bones. Please ask me about it when you see me Shirat!

Rabbinic Intern Will Join Shirat Hayam for Traditional Shacharit Service and Nosh & Drash monthly starting on September 17

Be sure to mark your calendars and join Shirat Hayam in welcoming Rabbinic intern Naomi Gurt Lind on Saturday, September 17 for traditional services followed by a compelling Nosh & Drash.

Naomi Gurt Lind (she/her) is in her third year of Rabbinical School at Hebrew College, where she is an Innovation Lab grant recipient, editor (and occasional writer) for the 70 Faces of Torah blog, and a member of the inaugural cohort of Mayyim Rabbim Fellows at Mayyim Hayyim Community Mikveh. Naomi has completed study programs with Hadar, Drisha, and Aleph Jewish Renewal and has previously served as Rabbinic Intern at Temple Israel of Boston and Temple Ohabei Shalom in Brookline, MA and as Student Rabbi at Beth Israel Congregation in Ann Arbor, MI (her hometown). This year she is serving as the Student Rabbi of Congregation Betenu in Amherst, NH.

In addition to her congregational work, Naomi is a sought-after educator, with successful courses to her credit through Open Circle Jewish Learning (Hebrew College), Temple Israel of Boston, Brookline Community Tikkun Leyl Shavuot, and Temple Shalom of Newton, among others. She cultivates a lively classroom with plenty of space for questioning, discovery, and connection.

In her free time, she reads, writes divrei Torah on her blog Jewish Themes, solves crossword puzzles (in pencil!), and bakes a legendary challah. Naomi lives with her husband, Bill, and their two sons, Akiva and Gideon, in the Boston area.

For additional dates Naomi will join us for traditional services and Nosh & Drash, go to https://shirathayam.org/nosh-drash/
Two cool Kabbalat Shabbats at the JCCNS outdoor pool

Shirat Hayam hosted two Friday night Kabbalat Shabbat services at the JCCNS outdoor pool this summer. Rabbi Michael and Cantor Sarah led a joyful, musical and fun-filled celebration to welcome Shabbat.

Becky’s Book Club

Join Becky’s Book Club facilitator and leader, Amy Cohn, for CSH monthly discussions. Named in memory of Becky Shepard z”l, who started the CSH congregational book club and passed away in 2014, the meetings take place on Zoom and are open to the community. The group will discuss The Netanyahus: An Account of a Minor and Ultimately Even Negligible Episode in The History of A Very Famous Family by Joshua Cohen on Sept. 12 (Mixing fiction with nonfiction, the campus novel with the lecture, this winner of the 2022 Pulitzer Prize for fiction and 2021 National Jewish Book Award is a wildly inventive, genre-bending comedy of blending, identity, and politics.)

All meetings start at 7:30 pm. after minyan. Live Zoom link is available at shirathayam.org. Go to the Get Involved tab, click Affinity Groups and then click Becky’s Book Club.

Oct. 17: The Lincoln Highway by Amor Towles
Nov. 14: Oh William! by Elizabeth Strout
Dec. 12: Harry Potter and the Sorcerer’s Stone by JK Rowling
Jan. 9: People Love Dead Jews by Dara Horn
Feb. 13: A Pigeon and A Boy by Meir Shalev (Translated by Evan Fallenberg)
Mar. 13: The Song of the Jade Lily by Kristy Manning
April 17: Crossroads by Jonathan Franzen
May 8: Hidden Valley Road by Robert Kolker
June 12: Crying in H Mart by Michelle Zauner

Shir Chesed Unveils a Shirat Bereavement Booklet

The Shir Chesed Committee celebrated the completion of its special project titled, Congregation Shirat Hayam Bereavement Booklet: Customs and Observances Surrounding Death and Mourning. The hard copy will be available for congregants soon. In the meantime, you can access the booklet on the Shir Chesed page of the CSH website.
### High Holy Days 5783

**Tickets required for all services except where noted.**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday, September 17</strong></td>
<td>S'lichot (no ticket required) Joint with Temple Sinai</td>
<td>8:00 pm Temple Sinai, Marblehead</td>
</tr>
<tr>
<td><strong>Sunday, September 25</strong></td>
<td>Erev Rosh Hashanah 6:00 pm</td>
<td>Sanctuary</td>
</tr>
<tr>
<td><strong>Monday, September 26</strong></td>
<td>Torah Service 9:00 am</td>
<td>Sanctuary</td>
</tr>
<tr>
<td></td>
<td>Babysitting (ages 0 – 3)</td>
<td>Classrooms 5 &amp; 7</td>
</tr>
<tr>
<td></td>
<td>Camp Shanah Tovah</td>
<td>Various classrooms</td>
</tr>
<tr>
<td></td>
<td>Youth Services and Activities (ages 4 – 12)</td>
<td>Various classrooms</td>
</tr>
<tr>
<td><strong>Tuesday, September 27</strong></td>
<td>Renewal Shacharit 9:45 am</td>
<td>Sanctuary</td>
</tr>
<tr>
<td></td>
<td>&quot;What Shirat Hayam Means to Me&quot; – Joseph Simons 10:30 am</td>
<td>Sanctuary</td>
</tr>
<tr>
<td></td>
<td>Rabbi's Talk ~10:35 am</td>
<td>Sanctuary</td>
</tr>
<tr>
<td></td>
<td>Shofar &amp; Musaf (ends by ~12:30 pm)</td>
<td>Sanctuary</td>
</tr>
<tr>
<td><strong>Tuesday, October 4</strong></td>
<td>Kol Nide 11:00 am</td>
<td>Temple Sinai</td>
</tr>
<tr>
<td><strong>Sunday, October 2</strong></td>
<td>Annual Kol Nide Service (no ticket required)</td>
<td>11:00 am Temple Sinai</td>
</tr>
</tbody>
</table>

**Schedule of Services**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sunday, September 2</strong></td>
<td>Temple Sinai</td>
</tr>
<tr>
<td><strong>Tuesday, September 27</strong></td>
<td>Traditional Services</td>
</tr>
<tr>
<td><strong>Wednesday, October 5</strong></td>
<td>9:00 am Temple Sinai</td>
</tr>
<tr>
<td><strong>Monday, October 24</strong></td>
<td>Kol Nide 11:00 am</td>
</tr>
</tbody>
</table>

**NEW WAVE | Congregation Shirat Hayam | 781.599.8005 | www.shirathayam.org**
In honor of my son, James Sackett Roseman, receiving his MFA in Creative Writing from Bennington College
In memory of Melvin Black, father of Heidi Smyth from Shelley Sackett
In memory of Barbara Abramson from Madeline Stark
In memory of Linda Dubinsky from Eli Talkov

In memory of
Father, George Cohn from Amy Cohn
Mother, Rose Brooks Close Friend, Janice Frisch from Andrea Kline
Father, Benjamin Millstein from Ann Segal
Father-in-law, Hyman Magowitz from Bernice Mitchell
Father-in-law, Julius Weisman from Bette Ann Weisman
Mother, Rebecca Hooker from Carl Hooker
Father, Murray Goldstein from Carolyn Perlw
Uncle, Samuel Lewis from Constance Lewis

Father-in-law, Irving Sapol Brother, Alvin Levy from David Levy
Great Grandmother, Bessie Steinberg from Deborah McWade
Father, Max Cutter from Diane Hart
Brother, Jerry Ouellette from Doris Villa
Aunt, Edith Kaye Nephew, Jonathan Greembaum from Dorothy Tatelman
Mother-in-law, Jenny Kabatchnick from Eli Talkov
Mother, Maria Greenblat from Galina Mirmelshteyn
Mother, Hannelore Hander from Helyne Hamelburg
Father-in-law, Benjamin Zalkind from Herb Goldberg
Mother, Frances Leventhal from Herbert Leventhal
Mother, Bertha Siegel from Herbert Siegel
Father, Saul Gilberg from Jayne Goldman
Mother, Esther Brand from Jeffry Brand
Grandmother, Gertrude Barnett from Jodie Barnett
Mother, Fanny Levine Kantofsky from Joel Levine
Grandfather, Shep Simons from Joseph Simons
Sister, Ann Eakins Galiger from Kate Borton
Father, Philip Goldman from Lee Goldman
Mother, Patricia Frank Father, Jack Frank from Lee Henson
Brother, Michael Robert Interess from Leslie Ogan
Mother, Edythe Barr Reinherz Sister, Elinor Reinherz Persky from Linda Dunn
Mother, Ruth Goldberg from Lois Miller
Uncle, Frank Stark Friend, Muriel Talkov Cousin, Steven Licht from Madeline Stark
Aunt, Ruth Young from Marilyn Cramer
Mother-in-law, Albertina Epstein from Marilyn Epstein
Grandmother, Rose Eidelman Grandfather, Saul Green from Michael Eidelman

In memory of
Father, Joseph Shain from Ruth Rood
Mother, Dorothy Zemel from Stanley Rich

In memory of
Mother, Ida Goodman from Murray Goodman
Mother and grandmother, Rosalyn Sorkin
Grandmother, Fanny Sorkin Grandfather, Nathan Sorkin from Nancy Sorkin
Grandmother, Sarah Berman Grandmother, Nissie Stoller Friend, Nancy Cohen Stracka from Natalie White
Mother, Dora Weinstein from Reva Surette
Father, Harvey Mintzer from Richard Mintzer
Mother, Frances Cooper from Robert Cooper
Mother, Laura Ravich from Robert Ravich
Father, Irving George Streimish from Robert Streimish
Father, Philip Kagan from Robin Cooper
Father, Irving Kaplan Sister-in-law, Mollie Wyner from Sandra Gold Shalit
Grandfather, Louis Kline from Susan Kline
Husband, Carl Sloane from Toby Sloane

BURT & BECKY SHEPARD SCHOLARSHIP FUND
In memory of Ernestine Snyder from Ruth and Shea Rood

In memory of
Father, Joseph Shain from Ruth Rood
Mother, Dorothy Zemel from Stanley Rich

CANTOR’S DISCRETIONARY FUND
Get well wishes to Lois Ogan from Leslie and Bob Ogan
In appreciation of Cantor Sarah from Michael Bailer; Caryn and Barry Cohen

In memory of
Mother, Tilda Harris from Stephen Harris

CENTER FOR JEWISH EDUCATION
In memory of Kenneth Kleeman, father of Linda Kleeman from Sandra Abramson

In memory of
Sister, Susan Samuel from Stuart Ossatt
Grandmother, Lena Lipsky from Beverly Kahn

GENERAL FUND
In appreciation to Richard Gelb, for his help and his friendship from Amy Ringer
In appreciation of CSH from Ronna Fried; Diane and Ira Rubchinsky
In appreciation of Rabbi Michael and Barri Stein for the aufruf of Alex and Brittany Powell from Amy and Bob Powell
In honor of the birth of Pennington Cohen, granddaughter of Caryn and Barry Cohen from Eli Talkov
In honor of Helaine Hazlett receiving the Samuel Stahl Award from the JCC and for being reelected to the Marblehead Board of Health from Judy Rosenberg
In honor of Ferdinand Van Gamberen and Levi Rosenberg-Van Gamberen becoming B’nai Mitzvah from Lois and Bobby Kaplan
In honor of the birth of Charlie, grandson of Judi and Joe Karas from Lynn and Neal Mizner
In honor of the high school graduation of Avery and Chase Frank, grandchildren of Del and Murray Frank from Myra and Paul Gulko
In memory of
Mother, Edith Feffer from Lawrence Feffer

KIDDUSH FUND
Get well wishes for Ann Segal from Gail and Jerry Gerson

In honor of the birth of Ruth Goldberg, granddaughter of Susan and Larry Goldberg from Diane and Ed Knopf

In honor of the marriage of Lyndsey Davis, granddaughter of Roz and Marty Goldberg, to Tyler Pearl from Lois Ogan

In memory of Linda Dubinsky from Roz and Marty Goldberg; Alvah Parker; David Parker and Zoey Zuo

In memory of Kenneth Kleeman, father of Linda Kleeman from Ellen and Richard Alexander

In memory of Sally Reisman, mother of Marcia Pomerantz from Joan and Leonard Weil

In memory of Neil Cooper, husband of Deanna Cooper from Marsha Gerber

In memory of Audrey Linsky In memory of Ethel Abramoff, mother of Debra Brooks from Phyllis Sagan

In memory of Husband, Saul Gold from Enid Gold

In memory of
Father, Saul Gilberg from Andrea Cohen
Mother, Ebsie Shuman from Arnold Shuman
Mother, Sylvia Ribok from Barbara Goldberg
Mother, Helen Yellin from Ben Yellin
Father, Joseph Goldenstein from Bunny Lieberson
Mother, Beatrice Kantor-Gray from Fran Walker
Mother, Sarah Kushner from Gittle Kushner
Mother, Shirley Marmor from Hedy Schnelwar
Mother, Bernice Bryna Schwartz from Heleene Fink
Father, Sidney Abramson from Hope Abramson
Father-in-law, Irving Karol from Jacob Bailen
Mother-in-law, Lucille Weiss from Jane Weiss
Father, Jacob Pekin
Grandfather, Julius Leonam from Joan Rich
Mother, Sylvia Weinra from Leahl Gallo
Father, Albert Nahmias from Marcy Yellin
Mother-in-law, Sara Bean from Marjorie Bean
Mother, Esta Rosenthal from Sandy Kosoff from Marla Belostock

In memory of
Grandfather, Arthur Finkle
Grandmother, Martha Finkle from Marsha Gerber
Mother, Eve Silverstein from Marsha Rubin
Father, Julius Cohen from Miriam Kaplan
Mother, Dora Rich
Brother, George Rich from Murry Rich
Father, Yakov Rozenblum from Perlina Levitin
Son, Andrew Scott Weinstein
Father, Samuel Robinson
Mother, Mollie Weinstein
Father, Morris Weinstein from Reggie and Lewis Weinstein
Mother, Nina Mintzer from Richard Mintzer
Mother, Laura Ravich from Richard Ravich
Father, Max Walker from Robert Walker

Grandfather, Abraham Needle from Rosalyn Shapiro
Father, Leo Bonfeld from Roz Goldberg
Husband, Irving Goldberg
Brother-in-law, Jack Goldberg from Ruth Goldberg
Mother, Evelyn Sacknoff from Ruth Levy
Cousin, Steven Wexler from Shelley Schneer
Mother, Edith Lovins from Susan Weiner

MERKEN TALLIT FUND
In memory of
Son, Robert Merken from Elaine Merken

POLONSKY BUILDING FUND
In memory of
Brother, M. Graham Polonsky from Norma and Sherman Freedman

PRAYERBOOK PURCHASED
In memory of
Audrey Linsky from Hope and Larry Zabar

In memory of
Linda Dubinsky from Rhonda and David Preman

In memory of
Myer Rubin, Dorothy Rubin, Ida Sevinor, Ralph Sevinor from the Preman and Rubin Families

RABBI’S DISCRETIONARY FUND
In appreciation of Rabbi Michael from Caryn and Barry Cohen; Marsha Gerber; Judi and Joe Karas; Amy and Bob Powell; Amy Ringer; Sandra and Arnold Shuman; Holly Strogoff; Doris Villa

In celebration of the naming of Madison June Sheridan, baby daughter of Jenna and Joe Sheridan from Alexandr Saltis

In memory of Beverly Alisky, sister of Rabbi Howard Kovosvke from Ruthann Cohn

In memory of Roberta Glaugol, mother of Jill Gilberg from The Chmara Family

In memory of Audrey Linsky from Andrea Kline; Anne and John Lalanne; Arlene and Joe Pickering; Barbara Schwartz; Barbara Vinick; Barbara and Ron Gilefsky; Beth and Marc Andler; Bette and Dan Shoreman; Beverly Baum; Beverly Nathan; Bobbie Cohen; Charleen Alper; Claudine and David Shaby; Cyndy and Jack Tymore; Donna and Archie Cohen; Irma Zarinyski; Roz and Sandy Levy; Elaine and Norman Swartz; Eli Talkov; Erica (Gilefsky) Kryou; Gail and Jerry Gerson; Harriett Goldberg; Herb Goldberg; Irene, Ed and Joy Gustat; Janna and George Schwartz; Jeannette and Allan Ablow; Jerry Somers; Joan and Morry Rich; Judi and Joe Karas; Judy White; Kailee Winkle; Karen and David Rosenberg; Lauren

DONATIONS
In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman

In memory of
Barbara Alisky from Elise and David Freedman
and Harry Beckman; Leslie and Bob Ogan; Linda and Arthur Kaminsky and Family; Lois Miller and Family; Lois and Bobby Kaplan; Mandy and Peter Caruso; Marilyn and Richard Winick; Maxine Goldberg; Mel Swartz; Melissa, Scott, Averi, Noah and Jared Kaplowitch; Ellen and Barry Turkans; Donna and Elliot Katzman; Ilana and Gregory Mogolesko; Sara (Levy) and Jacob Vogelhut; Laura and Jim New; Beth and Jeffrey Kasten; Melissa and Jonathan Gershon; Lynn and Neal Mizner; Jessica and Richard Skenell; Janet and Bob Lieberzien; Shari and Robert Munro; Edye Baker; Joy Goldstein; Myra and Paul Gulko; Patti and Daniel Kubiin; Phyllis Levin; Phyllis and Howard Kaplan; Ricki and Jerry Farber; Roberta and Harvey Chansky; Robin and Michael Blake; Roseanne Hamblet; Roz and Brian Moore; Sally and Carl Hooker; Sean McConnell; Shulamit Elsner; Steven Kirschtein; Suzanne and David Lissy; Thomas Peckham; Tracey and Dexter Johnson

In memory of Kenneth Kleeman, father of Linda Kleeman from Susan and Larry Goldberg
In memory of Audrey Linsky from Diane and Ed Knopf

In memory of
Father, Harold Novick from Dr. Howard Goldberg
First wife, Ellen K. Goldberg from Dr. Howard Goldberg
Husband, David Messenger from Barbara Messenger
Father, William Cohen from David Cohen
Father, Herman Talcove from Jane Alexander
Husband, Sherman Eidelman from Judy Eidelman
Brother, Howard Feffer
Aunt, Marion Feffer from Larry Feffer
Father, Max Hirschfeld from Miriam Rosenthal
Aunt, Frances "Honey" Markis
Uncles, Michael Markis and Abe Rezman
Great-grandfather, Harry Rezman
Aunt, Molly Goldberg from Donna Rezman
Mother, Naomi Posternak
Aunt, Ann Goldstein from Myra Gulko

SECURITY COSTS DONATION

In memory of
Great Grandmother, Bella Goldsmith from Barry Yackolow; Susan Yackolow

SHIR CHESED FUND
In appreciation of all that Shir Chesed does from Ann Pendexter; Madeline Stark; Sandra and Stuart Osattin; Nancy Miller
In honor of the birth of Ruth Goldberg, granddaughter of Susan and Larry Goldberg from Bethany and Moshe Roditi

Shabbat Synaplex
For services and links, go to shirathayam.org/spiritual

Shabbat Synaplex resumes Saturday, September 3 (check website for updated schedule each Shabbat)

9:00 am Renewal Service in the Sanctuary, Traditional Shacharit Service in the Chapel, CJE (grades K-6, begins 9/10)

10:00 am Torah Service in the Sanctuary, Nosh & Drash and/or Torah Yoga

11:15 am Mourner’s Kaddish, Healing and Talk

Followed by Closing Blessings and Shabbat Café

In memory of
Mother, Bertha Zeller from Jane Zeller
Son, Adam Madorsky from Karen and Jerold Madorsky
Nephew, Richard Bondy
Mother, Belle Klasky from Phyllis Karas
Mother, Rosalyn Sorkin
Grandmother, Fannie Sorkin
Grandfather, Nathan Sorkin from Shari Cashman
Mother, Sarra Cohen from Sheldon Cohen

SHIR LANU
In celebration of Michele Tamaren’s special birthday from Miriam Nelson Oliver; Gloria Sax and children

TZEDEK LAKOL - RACIAL JUSTICE INITIATIVE
In honor of Alan Sidman’s special birthday from Gail and Richard Gelb; Kosta, Diana, Andonia and Georgia; Jerry and Patricia Kreitzer; Joanne and Scott Solomon; Ilene, Ryan and Avital Forsyth; Yehiel, Ellen and baby Harry Vilenchik

In honor of Michele Tamaren’s special birthday from Marla and Philip Gay

In memory of Linda Dubinsky from Marilyn Epstein; Marla and Philip Gay

How to Make a Donation
To make a donation, please visit shirathayam.org/Donate or mail your donation with a check made out to CSH or Congregation Shirat Hayam. Please specify which fund your donation should be allocated to.
**Congregational Spotlight**

**Meet Arielle Mogolesko**

Every issue, the New Wave spotlights congregants as a way to help us get to know each other by putting a face with a name. This month, Arielle Mogolesko shares her thoughts about Shirat Hayam and its special, personal meaning.

**Where did you grow up?**

Growing up in Marblehead, I attended Hebrew school at Shirat Hayam every Tuesday and Saturday. To be completely honest, I never wanted to go to Hebrew school after attending secular school and conflicting with sports. As I grew older and became a Bat Mitzvah in 2017, I began to understand Judaism bit by bit and learned to enjoy the High Holy Days and other Jewish traditions that center around family, food and remembrance. Although Judaism did not define my childhood, I appreciate the exposure that Hebrew school gave me to the past, present, and future of the Jewish people and the traditions within my family. Now, looking back on my younger years, I wish I had embraced Hebrew school more. I did, however, leverage this learning at Camp Tel Noar for eight summers.

I spent the Fall 2021 semester abroad in Israel, and it forever changed my perspective on Judaism. I found a greater appreciation for the struggles our ancestors went through for us to now have a homeland — Israel. I also better understand the varying perspectives and levels of observance among Jewish people; religion is not one-size-fits-all, but rather is tailored to meet individual desires.

**Tell us a little about yourself and your family.**

I am fortunate to have such a loving and supportive family who has been there to teach and guide me through the last 18 years. My grandfather, Jerry Gerson, was President of Temple Israel and on the board of directors. My grandmother, Gail Gerson, was co-president of Temple Israel’s Sisterhood and on the board of directors. My parents, Ilana and Greg Mogolesko, were married at Temple Israel. My older brother, Max, a junior at the University of Michigan, also became a Bar Mitzvah at CSH. My large extended family all attend High Holy Day services and other events sponsored by CSH.

I completed a study abroad program in Fall 2021 at the Alexander Muss High School in Israel, located 20 minutes outside of Tel Aviv. I originally was planning to go to Israel in the summer of 2020 with the Cohen Camps on Dor L’Dor but that trip was canceled due to COVID. I have always felt an attraction to go to Israel and visit our homeland which is how I chose it for my semester abroad.

**What’s special about CSH to you?**

CSH is a special community that focuses on tradition and family. I feel a sense of belonging every time I walk through the front doors. The amazing staff takes time to get to know each congregant and make sure they are best assisted. There is always a way to get involved and or help out, which allows for even more community participation. It is nice to see generations of families embracing religion at CSH.

**Can you tell us about your involvement in Jewish activities both CSH-sponsored and outside CSH?**

I participated in Better Together, a grant program hosted by CSH to connect Jewish teens and Jewish elders during the pandemic when in-person interaction was suspended. I am a member of BBYO, a StandWithUs Kenneth-Leventhal High School Intern, and I will be co-chairing the Lappin Foundation’s Teen Antisemitism Task Force. All of these programs are intertwined in the sense that they aim to combat antisemitism through working with, and creating events for, our peers so they not only understand how to combat such hate, but also learn the history of antisemitism and how it got to where it is today.