

**1. CANTOR'S NIGGUN**

**2. Y'HI SHALOM**

יהי-שלום בְּחַיְלֶךָ, שְׁלֹמָה בְּאַרְמְנוֹתֶיךָ

*Y'hi sha-lom b'hei-lekh, shal-vah b'ar-m'no-ta-yikh*

May there be peace within your walls,  
serenity in your palaces.

**3. TALLIT**

נִפְשֵׁי רוּחֵי נִשְׁמָתֵי וּתְפִלָּתֵי

*Naf-shi ru-ḥi nish-ma-ti u-t'fi-la-ti*

Spread your wings and protect me  
Wrap me in your warmth and your care  
Hover over me--

like you would to shield your young  
My soul and my body in your care

**4. ELOHAI NESHAMAH**

אֱלֹהֵי נִשְׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא

*E-lo-hai ne-sha-mah she-na-ta-ta bi t'ho-rah hi*

My God, the soul you've given me is pure.

**5. MODEH ANI**

מוֹדָה אֲנִי לְפָנֶיךָ, מְלֶכֶךְ חַי וְקַיִם,

שֶׁהַחַיּוֹנוֹת בִּי נִשְׁמָתֵי בְּחַמְלָה, רַבָּה אֶמוּנָתֶךָ

*Mo-deh/Mo-dah a-ni l'fa-ne-kha, me-lekh ḥai v'kai-yam*

*She-he-ḥe-zar-ta bi nish-ma-ti b'hem-la,  
rab-bah e-mu-na-te-kha*

I am grateful to You, living and eternal Sovereign,  
for mercifully restoring within me my soul.

How great is your faithfulness.

**6. RABBAH EMUNATEKHA**

רַבָּה אֶמוּנָתֶךָ

*Rab-bah e-mu-na-te-kha*

The Divine flow is abundantly present in our lives.

**7. HAREINI M'KABEL**

הֲרִינִי מְקַבֵּל/מְקַבֶּלֶת עָלַי מִצְוַת הַבוֹרָא:

וְאֶהְבֶּתָּ לְרַעֲךָ כְּמוֹךָ

*Ha-rei-ni m'ka-bel/m'ka-be-let a-lai mitz-vat*

*ha-bo-rei: v'a-hav-ta l'rei-a-kha ka-mo-kha*

Behold, I accept upon myself the mitzvah of the  
Creator: Love your neighbor as yourself.

**8. HALLELUYAH – PSALM 148**

הַלְלוּ-יָהּ

*Ha-l'lu-ya*

**9. HINEI MAH TOV / SANCTUARY**

הִנֵּה מַה-טוֹב, וַיְמַה-נָּעִים

שֶׁבֶת אַחִים גַּם-יִתְד

*Hi-nei mah tov u-ma-na-im,*

*she-vet a-ḥim gam ya-ḥad*

How awesome is it that we have each other?

Friends, to share our lives!

O Lord prepare me to be a sanctuary

pure and holy, tried and true.

And with thanksgiving, I'll be a living  
sanctuary for you.

**10. OLAM CHESED YIBANEH**

עוֹלָם חֶסֶד יִבְנֶה

*O-lam ḥe-sed yi-ba-neh ...tai dai dai (4x)*

I will build this world from love...tai dai dai

And you must build this world from love...tai dai dai

And if we build this world from love...tai dai dai

Then God will build this world from love...tai dai dai

**11. ASHIRA**

וְאֲנִי בְּחַסְדְּךָ בְּטַחְתִּי יִגַּל לְבִי בִישׁוּעָתֶךָ

אֲשִׁירָה לִיהוָה כִּי גָמַל עָלַי

*Va-a-ni b'has-d'kha ba-tah-ti*

*ya-gel li-bi bi-shu-a-te-kha*

*A-shi-ra la-Shem ki ga-mal a-lai*

But I trust in Your faithfulness,

my heart will exult in Your deliverance.

I will sing to the LORD, for He has been good to me.

**11. BIRKOT HASHAHAR**

*See backside.*

**12. AMEN**

אָמֵן

**13. KADDISH**

*See siddur.*

**14. KADDISH SONG**

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי וְלְעַלְמֵי עַלְמַיָּא

שְׁלוֹם

*Yit-ga-dal v'yit-ka-dash sh'mei ra-ba*

*Y'hei sh'mei ra-ba m'va-rakh l'o-lam u'l'al-mei al-mai-ya*

*Sha-lom*

May God's great name be exalted and hallowed

May God's great name be acknowledged forever and ever.

Shalom.

### 15. BAR'KHU

Am I awake? Am I prepared?  
Are you listening to my prayer?  
Can you hear my voice? Can you understand?  
Am I awake, am I prepared?  
בְּרַחוּ אֶת יְיָ הַמְבַרְךָ  
בְּרוּךְ יְיָ הַמְבַרְךָ לְעוֹלָם וָעֶד  
*Ba-r'khu et A-do-nai ha-m'vo-rakh*  
*Ba-rukh A-do-nai ha-m'vo-rakh l'o-lam va-ed*  
Praise ADONAI, to whom all praise is directed.  
Praise ADONAI, to whom all praise is directed  
forever and ever.

### 16. GALEI

גִּלְהַ כְּבוֹד מְלִכּוּתְךָ עָלֵינוּ  
*Ga-lei k'vod mal-khu-t'kha a-lei-nu*  
Reveal Your presence to us

### 17. MIN HA-MEITZAR

מִן-הַמֵּצָר, קָרָאתִי יְהוָה; עָנְנִי בַמְּרָחֵב יְהוָה  
הוֹדוּ לַיְיָ כִּי-טוֹב: כִּי לְעוֹלָם חֶסֶד  
*Min ha-mei-tzar ka-ra-ti ya; a-na-ni va-mer-hav ya*  
*Ho-du la-do-nai ki tov: ki l'o-lam has-do*  
From the straits I called to Yah  
Yah answered me in a wide-open place  
Give thanks to ADONAI for G-d is good  
forever is God's kindness

### 18. DODI LI

דוֹדִי לִי וְאֲנִי לוֹ, הִרְעָה בְּשׁוֹשַׁנִּים  
*Do-di li va-a-ni lo, ha-ro-eh ba-sho-sha-nim*  
My beloved is mine and I am my beloved's,  
The one who shepherds amidst the lilies.

### 19. EMET

אֱמֶת, אֱמֶת, אֱמֶת, אֱמֶת, אֱמֶת  
אֱמֶת אֲתָה הוּא רִאשׁוֹן  
אֲתָה הוּא אַחֲרוֹן  
וּמִבְּלִעְדֶּיךָ  
אִין לָנוּ מִלְּךָ, אִין לָנוּ גּוֹאֵל  
וּמוֹשִׁיעַ, וּמוֹשִׁיעַ  
*E-met (4x)*  
*E-met a-tah hu ri-shon, a-tah hu a-ha-ron*  
*u-mi-bal-a-de-kha...*  
*ein la-nu me-lekh, ein la-nu go-el,*  
*u-mo-shi-ah, u-mo-shi-ah*

Truth, You are first. You are last. And without you,  
there is no nobility, no redemption, no salvation.

### 20. SHIVITI

שְׁוִיתִי הַיְיָ לְנֶגְדִי תָמִיד  
הַיְיָ אֲהַבָּה  
*Shi-vi-ti Ha-va-ya l'neg-di ta-mid*  
*Ha-va-ya (3x) a-ha-va (3x)*  
I hold Havaya (God) before me always.  
Havaya (God) love.

### 21. OPEN UP OUR EYES

Open up our eyes, teach us how to live,  
Fill our hearts with joy and all the love You have to give.  
Gather us in peace as you lead us to Your name,  
And we will know that You are One.

### 22. GREATEST LOVE

You will find the greatest love  
Livin' deep inside (2x)

### 23. SHEMA / V'AHAVTA

שְׁמַע | יִשְׂרָאֵל, יְיָ | אֱלֹהֵינוּ, יְיָ | אֶחָד.  
*Sh'ma Yis-ra-el, A-do-nai E-lo-hei-nu, A-do-nai E-had*  
Hear, O Israel, the Lord is our God, the Lord is One.  
*For v'ahavta, see p. 75 (large siddur), p. 112 (blue siddur)*

### 24. AMIDAH

*Silent prayer / meditation*  
*Traditional Amidah, see siddur.*

### 25. SIM SHALOM

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה  
*Sim sha-lom to-vah uv-ra-kha*  
Grant peace, goodness, and blessing

### 26. OSEH SHALOM

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ,  
וְעַל כָּל יִשְׂרָאֵל [וְעַל כָּל-יוֹשְׁבֵי תְּבִלָּה],  
וְאָמְרוּ אָמֵן  
*O-seh sha-lom bim-ro-mav hu ya-a-seh sha-lom a-lei-nu,*  
*v'al kol yis-ra-el [v'al kol yosh'vei tei-veil],*  
*v'im-ru a-mein.*

May the one who creates peace on high  
bring peace to us and to all Israel  
[and to all who dwell on earth], and we say: Amen.

### 27. BINA'S NIGGUN