

CSH Young Adults Headed to Israel During the Summer of 2021

Despite anxiety over civil and political unrest (and the ever-present Covid-19), three CSH young adults headed to Israel this summer. They share their experiences here with their Shirat family.

Swampscott resident Anna Levenberg spent the last four months living in Israel as a “gap year” through Aardvark Israel (<https://aardvarkisrael.com/>) before she heads to Stanford University in September. The 19-year-old attended Hebrew school and became a Bat Mitzvah at Shirat Hayam, and sang in its teen choir (the Chai Notes) for many years.

“While living here, I have been interning at Keren Or, the Jerusalem center for children with visual impairments and multiple disabilities. I am so thankful to have had the opportunity to work at Keren Or; I have learned so much and this has been an experience I will always remember. I have also been lucky enough to be able to travel around Israel and explore new places. I rafted in the Golan Heights, swam in the Dead Sea, and skydived in Haifa. Another amazing experience I had in Israel was living on an army base for a week, volunteering with an organization called Sar-El.

“This is not my first trip in Israel, but I would say it has been my favorite. Being able to live here for so long has allowed me to get to know the country and the culture in a way that would be impossible if I were here only for a few weeks. For me, the most surprising thing about Israel is how much I feel at home here. The communal values in this country are so strong, and people have such a willingness to help one another. From countless Shabbat dinners at my neighbors’ homes to being begged in the Shuk to make Aliyah, I know my presence is valued here in Israel.

“The advice I would give to those considering an internship, study program, or trip to Israel is to go out of your way to meet new people. Talk to Israelis



Anna Levenberg at Mitzpe Ramon

in the street, ask English speakers where they are from, and chat with your waitresses. My time in Israel has shown me the true power of Judaism. I love living in a place surrounded by Jews who are so proud to be Jews, who influence you to learn more about your religion and culture. It has been such a moving experience being able to connect with my religion alongside my peers from all around the world,” she said.

Cole Cassidy, also of Swampscott, became a Bar Mitzvah at Shirat (where his grandmother, Toni Lewis

is a member) and is entering his junior year at the

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Cole Cassidy atop his camel, Spicy, on his way to Masada, which he and a couple friends then flew over in a plane with an IDF soldier.

Calendar

SEPTEMBER/OCTOBER

Vaccination proof and masks required. See shirathayam.org for all details.

Friday night and Shabbat services are in-person and online. Calendar subject to change. Visit www.shirathayam.org for all links and updates. See the website, the High Holy Day Guide and p. 5 for complete HH schedule.

FRIDAY, SEPTEMBER 3

6:00 pm Kabbalat Shabbat at CSH

SATURDAY, SEPTEMBER 4

9:00 am Shabbat Services (see p. 2)

MONDAY, SEPTEMBER 6

9:00 am Labor Day Minyan (Temple Sinai)

Erev Rosh Hashanah (see website or High Holy Day Guide for info)

TUESDAY, SEPTEMBER 7 - ROSH HASHANAH, DAY 1

See website or High Holy Day Guide for service times and links

4:00 pm Tashlich at Phillip’s Beach (Parking is permitted. All are welcome)

WEDNESDAY, SEPTEMBER 8 - ROSH HASHANAH, DAY 2

See website or High Holy Day Guide for service times and links

FRIDAY, SEPTEMBER 10

6:00 pm Kabbalat Shabbat at CSH

SATURDAY, SEPTEMBER 11

9:00 am Shabbat Services (see p. 2)-Shabbat Shuvah; Nosh & Drash led by Noam Sender

SUNDAY, SEPTEMBER 12

11:00 am Annual Memorial Service at CSH Cemetery, Peabody

MONDAY, SEPTEMBER 13

7:30 pm Becky’s Book Club, Discuss *Caste: The Origins of Our Discontent*

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RABBI'S CORNER

L'dor v'dor: Empathy Can Be Learned



I often wonder how Jewish young people fare navigating the challenges of their era. College students committed to living out their Jewishness on campus by supporting both Israel and social and political justice programs are attacked for their loyalty to Israel, essentially forced to choose

between two core Jewish values: support for a Jewish homeland and tikkun olam.

Empathy — the ability to understand and share the feelings of another — is a skill that can be learned. It is never too early and it is never too late. If applied universally, it can help human beings transcend the aforementioned divisions. I offer by example the speech my daughter, Liora, gave at the 8th grade graduation at Marblehead Community Charter Public School.

“You never really know a man until you stand in his shoes and walk around in them.” Let me repeat: “You never really know a man until you stand in his shoes and walk around in them,” Atticus Finch of To Kill a Mockingbird. Decades after its publication, his advice applies to our life. You never truly know someone unless you’ve experienced the same.

“Credited as a Native American aphorism, walking in one’s shoes is a reminder to practice empathy. Even if we never are able to experience the same, the next best thing is to take the time to learn about them. In today’s era, especially with social media, too often people make snap judgements without adequate background knowledge and end up negatively affecting the person or group being judged.

“This year in social studies we studied the Holocaust and the 1960s Civil Rights Movement. Atticus’s wise words echoed in our ears as we examined this history. Today, it is more important than ever to imagine ourselves in the shoes of others with a new era of the Civil Rights Movement, the rise in AAPI hate, and the sharp increase in antisemitism.

“During the winter term, we walked in the shoes of European Jews in the 1930s to 1940. First we imagined what it would be like as arbitrary rules were put in place: we put ourselves in the shoes of those who could not go to cinemas and could not go to schools and were finally taken to concentration camps and perished in gas chambers. We imagined two out of every three European Jews being murdered because of their religion. Our learning of the past should help us put ourselves in the shoes of Jews who are violently attacked on the streets of LA and Brooklyn simply for being Jewish.

“To attempt to understand the struggles of People of Color, we must also walk in their shoes. We must

travel to America on slave ships after being captured from our homes, stripped of our families, and our culture whitewashed. Then being shackled to ships for long voyages filled with deprivation. We must experience vicariously being forced to work in the hot sun, day and night, with no pay. We must imagine experiencing Jim Crow laws that established a separate but equal doctrine, although we knew that separate but equal was not equal at all. We must walk in the shoes of Martin Luther King, Jr. and other black leaders and their allies as they participated in protests and marches demanding the right to vote, the right to live and the right to breathe freely. Today we must put ourselves in the place of people whose rights to vote and live are being compromised today and who live in fear of law enforcement. “We cannot forget Atticus as we watch Asian Americans being blamed for Covid.

“If we all took Atticus’s words to heart by learning about others, it would be possible to decrease violence and inequality and the fear people live with for being punished for who they’ve been born as. If we adopted an empathetic approach to others, we could learn to live in harmony with people whose views are different. Following Atticus’s advice would make us tolerant individuals who respect one another and welcome our differences and we might take one step closer to living our country’s foundational words: We hold these truths to be self-evident that all men... all people are created equal.

“The Marblehead Charter School and the eighth grade team have used history and literature to encourage us to become all that Atticus envisioned in his wise words. Class of 2021, may we keep Atticus’s advice close to heart as we embark on our High School journey.”

Shabbat Schedule

For details go to shirathayam.org/spiritual

SHABBAT SCHEDULE AUGUST 28 - SEPTEMBER 25

9:00 am Renewal and Traditional Minyan (CJE begins Sept. 25)
9:50 am Torah Service and Musaf
11:15 am Mourner’s Kaddish, Healing Service, Talk, Ruach Rally (Sept. 25 only)

SHABBAT SYNAPLEX STARTING OCTOBER 2

9:00 am CJE classes; Renewal and Traditional Minyan
9:50 am Torah Service; Torah Yoga; Nosh & Drash
11:15 am Mourner’s Kaddish, Healing Service, Talk, Ruach Rally (CJE days only)

Shabbat For services, go to shirathayam.org/spiritual

CSH members can log in to their own accounts to pay their bill, make donations and update their information. To access your account go to Shirathayam.shulcloud.com to log in. If you need assistance logging in, please contact Cheryl Schwartz, cheryl@shirathayam.org.

Friday Candle Lighting

September 3, 2021- 6:56 pm
 September 10 2021- 6:44 pm
 September 17, 2021- 6:31 pm
 September 24, 2021- 6:19 pm
 October 1, 2021- 6:07 pm
 October 8, 2021- 5:55 pm
 October 15, 2021- 5:43 pm
 October 22, 2021- 5:32 pm
 October 28, 2021- 5:22 pm

Office Hours

Monday closed.
 Tuesday-Thursday
 9:00 am - 5:00 pm
 Friday
 9:00 am - 2:00 pm
 When the office is closed you may email or call and leave a message.

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CANTOR'S NEWS

Turning the Page on Last Year, for Good



For many of us, this last year was incredibly difficult. We were separated from our loved ones, from our normal every day activities, and from the many joys and comforts that we have come to expect from living a life in community. Nonetheless, as we celebrate a new year and enter 5782 together, we can strive to see the good that this past year brought, perhaps uncovering hidden silver linings.

For me, meeting and getting the chance to virtually visit your community in the hopes of someday joining you in person was a highlight of last year, one that the pandemic helped bring about. I was in my previous position for a very long time. The possibility of trying something new in a new place wasn't really on my radar. Undertaking such a big change — for me and my family — was spurred on by the uncertainty that living in a pandemic brought into my life. Suddenly, life was too short to be complacent. Life was much too short to wait a year or two or even a moment longer to pursue something better for both me and my family. The possibility of moving far away from my parents and other family became more palatable due to the creative ways we learned to keep in touch and celebrate holidays without seeing each other in person during the pandemic. Suddenly, the idea of staying close to family even if we lived far away was not just a possibility, but a reality.

So, as we turn the page and enter into a new year in our Jewish calendar, in addition to mourning the loss of all the things we didn't get to do this year, I would encourage all of us to celebrate our unexpected gains by asking ourselves, "What did this year inspire within me?"

May you be inscribed for good in the book of life in this new year.

Many blessings,
Cantor Sarah

Message from the President



I am excited to think about the beginning of a new year. We have been through so much recently. We all faced unexpected challenges. We did without; we adapted, we adjusted. We learned to quarantine and isolate and wear masks and stay at home. Some relationships grew stronger, and some did not survive. We thought we had made it through and could see the light at the end of the tunnel — and forgot that life is rarely a straight line and that

often, we have to take a few steps back to eventually move forward. Yet, here we are, once again at the start of a new beginning. And there is so much for which we can be grateful. Let us all focus on all of our many, many blessings — from the beauty of the ocean outside our homes to the community we call Shirat Hayam and the wonderful people we get to share our precious lives with. Here's to a year of gratitude and growth.

— Warmly, Ruth Estrich

Calendar

Continued from page 1

by Isabel Wilkerson (Go to <https://shirathayam.org/book-club/> for link)

WEDNESDAY, SEPTEMBER 15 - KOL NIDRE

See website or High Holy Day Guide for service times and links

THURSDAY, SEPTEMBER 16 - YOM KIPPUR

See website or High Holy Day Guide for service times and links

FRIDAY, SEPTEMBER 17

6:00 pm Kabbalat Shabbat

SATURDAY, SEPTEMBER 18

9:00 am Shabbat Services (see p. 2)

MONDAY, SEPTEMBER 20

6:00 pm Join Shirat Hayam and Temple Sinai for Erev Sukkot in the Temple Sinai sukkah (see website for more info)

TUESDAY, SEPTEMBER 21 - SUKKOT - DAY 1

9:00 am Sukkot Service (in-person at CSH and online) See website for links and more info

WEDNESDAY, SEPTEMBER 22

7:30 am Sukkot Service (in-person at CSH and online)
7:30 pm Rosh Hodesh Group for Women kick-off in the sukkah (watch for more info)

THURSDAY, SEPTEMBER 23

7:30 am Sukkot Service (in-person at CSH and online)

FRIDAY, SEPTEMBER 24

7:30 am Sukkot Service (in-person at CSH and online)
6:00 pm Kabbalat Shabbat

SATURDAY, SEPTEMBER 25

9:00 am Shabbat Services with Bar Mitzvah of Isaiah Zohn
9:00 am Center for Jewish Education classes begin (grades K-6) See <https://shirathayam.org/cje-calendar/> for class schedule

MONDAY, SEPTEMBER 27

CSH Simchat Torah Celebration (TBD; no separate evening minyan) See website for links and more info

TUESDAY, SEPTEMBER 28 - SHEMINI ATZERET

7:30 am Shemini Atzeret service

followed by YIZKOR at 9:00 am (in-person at CSH and online) See website for links and more info

FRIDAY, OCTOBER 1

6:00 pm Kabbalat Shabbat

SATURDAY, OCTOBER 2

9:00 am Shabbat Synaplex returns with Bat Mitzvah of Noa Brochstein (see p. 2); Torah Yoga with Stacie Nardizzi; Nosh & Drash with Noam Sender

TUESDAY, OCTOBER 5

4:00 pm CJE classed begin for grades K-6

WEDNESDAY, OCTOBER 6

7:30 am Rosh Hodesh Minyan (in person and online)

FRIDAY, OCTOBER 8

6:00 pm Kabbalat Shabbat

SATURDAY, OCTOBER 9

9:00 am Shabbat Services (No CJE) (see p. 2)

FRIDAY, OCTOBER 15

5:30 pm Holy Happy Hour with light refreshments followed by musical Shabbat at 6:00 pm

SATURDAY, OCTOBER 16

9:00 am Shabbat Synaplex (see p. 2)

MONDAY, OCTOBER 18

7:30 pm Becky's Book Club, Discuss Apeirigon by Colum McCann (Go to <https://shirathayam.org/book-club/> for meeting location and if possible, link)

FRIDAY, OCTOBER 22

6:00 pm Kabbalat Shabbat

SATURDAY, OCTOBER 23

9:00 am Shabbat Synaplex (see p. 2)

FRIDAY, OCTOBER 29

6:00 pm Kabbalat Shabbat

SATURDAY, OCTOBER 30

9:00 am Shabbat Synaplex (see p. 2)

Summer in Israel

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University of New Hampshire. The 20-year-old credits his sister, Devon, who is 10 years older and his biggest role model, with helping him to open his eyes and discover that there is much more to life than staying inside of his home bubble. “The Jewish culture has given me so many great opportunities which have helped me explore my religion,” he said.

Cole’s program, Boston Onward-Tel Aviv (<https://onwardisrael.org/programs/boston-tel-aviv/>), allows young adults the opportunity to obtain an internship in Israel. He heard about it through friends who were supposed to do the trip last year, but Covid-19 pushed their trip back to this year. “They asked if I wanted to join them, and it didn’t take much to convince me to go. I was very excited to come to Israel this summer,

get an internship and dive deep into the culture here,” he said. His internship is working for a company called NOX group, where he is a marketing/promotion intern for the top clubs and bars in Tel Aviv.

“The Tel Aviv living experience is very different from living anywhere else in Israel. With a city that doesn’t sleep at night and the endless beach days with sand that makes you feel like you’re on the moon, Tel Aviv feel like an utopia. Recently we took a trip to Mitzpe Ramon for a Shabbaton which was a breath-taking experience. Being able to celebrate Shabbat in the desert under the most thrilling night sky where you are able to see every star was incredible.

“This is my second time to Israel-

when I was 16 when I went on Y2I (Youth to Israel), which was only for two weeks and very structured. Onward is two months living on your own in Israel and you have the opportunity to discover Israel in your own fashion. This gives young adults like me an unbelievable experience and opportunity to get an internship under our belt while exploring the world and the Jewish religion.

recently moved from Lynn to Whitinsville (Central Mass.). He attends Clark University, where he’s studying Geography, with a track in Human & Environmental Geography and a minor in Political Science.

Friends who participated in the Onward Boston in 2018 and 2019 told him about the program, which he is attending in Jerusalem this summer. (onwardisrael.org/)

so many people, I have a new experience. This city is so diverse, and every day I see something new. It can be as small as sitting and eating lunch next to an accordion player, or my boss sending me to the Swedish Theological Institute to deliver some books, and learning about the institute from a Swede my age who had just arrived in Jerusalem two weeks before. I didn’t realize how much I would fall in love with Jerusalem,” he said.

Although his first couple weeks were challenging, he quickly adapted and focused on the summer’s rewards. Among the places he’s seen, a full view of the Kotel and Temple Mount, the beauty of Ein Gedi, and overlooking four countries at once in the Eilat mountains amazed him most.

The second reward is the friends he’s made. “When we arrived, we were all slightly nervous strangers trying to make connections with new people. But now, it feels like I’ve been here for a long time, with these people being true friends,” he said.

Ethan encourages anyone considering a 6-week internship in Israel to do it. “This has been life-changing,” he said. “Israel is a complicated place with complicated people. I’ve

had some really good conversations with Israelis, and I’ve had some less pleasant ones. There are people who don’t care about/want peace, and there are those working hard for it. I’ve made a Palestinian friend here, a few years my senior, who along with having a startup in Tel Aviv, is working in his community in East Jerusalem to build trust between Israelis and Palestinians. There is a lot of hate and misunderstandings in this country and the Palestinian territories, which makes it all the more important to fight against it.”



Ethan Keller (second from left) at a Shabbat potluck dinner with new friends/trip participants.

“I was surprised how all stores are closed on Shabbat. It was definitely an odd adjustment at first to remember to get groceries or anything I need Friday before sunset. I was also surprised that the culture here is so friendly and outgoing. It feels like one big family here in Israel within the community,” Cole said.

His advice to teens thinking of going to Israel? “Take the opportunity! Israel has been my favorite place of travel. The culture that lives in Israel is unlike anything you will ever experience. You can come here feel like family instantly, not just like a tourist. This is the home of our people and the connection you will feel to our homeland is unbelievable,” he said.

Ethan Keller, 22-years-old,

[programs/boston-jerusalem/](https://onwardisrael.org/programs/boston-jerusalem/))

His first trip to Israel was in 2015 with Y2I, his second with Birthright in 2019, and his third in 2020 with AIPAC. The first two trips were more “tourist” trips, while the AIPAC one, only 5 days long, was educational in nature. The Onward program is completely different from all of those.

“I’m not hopping from hotel to hotel, seeing the country in very structured tours. I’m living here, working during the day and hanging out with friends at night. When I have the time on weekends, I try to go out of Jerusalem, like to Tel Aviv or, most recently, to Eilat,” Ethan said.

“Jerusalem has surprised him by “how much there is here. After I think I’ve seen most things, met

HIGH HOLY DAYS 5782

Tickets required for all services except where noted.

SATURDAY, AUGUST 28

S'lichot (*no ticket required*) 8:15 pm Sanctuary

MONDAY, SEPTEMBER 6

Erev Rosh Hashanah 6:00 pm Sanctuary

TUESDAY, SEPTEMBER 7 – ROSH HASHANAH, DAY 1

Torah Service 9:00 am Sanctuary
 Babysitting (ages 0 – 3) *Pre-registration required*
 Babysitting ends ~12:30 pm Classrooms 5 & 7
 Camp Rosh Hashanah *Pre-registration required*
 Youth Services and Activities (ages 4-12)
 Youth Services end 12:30 pm Various classrooms
 Renewal Shacharit 9:45 am Sanctuary
 “What Shirat Hayam Means to Me” by Lori Kreevoy ~ 10:30 am Sanctuary
 Rabbi’s Talk ~10:35 am Sanctuary
 Shofar & Musaf ~11:00 am Sanctuary
 Musaf ends by ~12:30 pm Chapel
 Family Service (ages 0-7 and up) 3:00 pm Phillip’s Beach
 Tashlich (*no ticket required*) 4:00 pm (parking permitted)
 (Day 1 only. In the case of rain, will reschedule to Rosh Hashanah, Day 2)

WEDNESDAY, SEPTEMBER 8 – ROSH HASHANAH, DAY 2

Traditional Service 9:00 am Sanctuary
 Babysitting (ages 0 – 3) *Pre-registration required*
 Babysitting ends at ~12:30 pm Classrooms 5 & 7
 Torah Service 9:45 am Sanctuary
 Camp Rosh Hashanah *Pre-registration required*
 Youth Services and Activities (ages 4-12)
 Youth Services end 12:30 pm Various classrooms
 Rabbi’s Talk ~10:30 am Sanctuary
 Shofar & Musaf ~11:45 am Sanctuary
 Musaf ends by ~12:30 pm

SUNDAY, SEPTEMBER 12

Annual Memorial Service (*no ticket required*) 11:00 am CSH Cemetery near Lowell St., Peabody

WEDNESDAY, SEPTEMBER 15 – KOL NIDRE

CSH Community Candlelighting 6:15 pm Lobby
 Minchah 6:20 pm Sanctuary
 Congregational Candlelighting 6:35 pm Sanctuary
 Kol Nidre 6:40 pm Sanctuary
 “What Shirat Hayam Means to Me”
 by Ethan Long-Keller ~ 7:45 pm Sanctuary

THURSDAY, SEPTEMBER 16 – YOM KIPPUR

Torah Service 9:00 am Sanctuary
 Babysitting (ages 0-3) *Pre-registration required*
 Babysitting ends at ~1:00 pm Classroom 5 & 7
 Yom Kippur Youth Services and Activities 9:45 am Various classrooms
Pre-registration required
 Youth Services end 1:00 pm
 Renewal Shacharit 10:00 am Sanctuary
 Yom Kippur Appeal by Ruth Estrich ~10:30 am Sanctuary
 Rabbi’s Talk ~10:50 am Sanctuary
 Yizkor ~11:20 am Sanctuary
 Musaf (ends by ~1:00pm) ~11:35 am Sanctuary
 Fast & Drash 1:30 pm Sanctuary
 Personal Reflection at the Torah 1:30-4:00 pm Outdoors, CSH front entrance
 (no ticket required)
 Musical Program 2:30 pm Sanctuary
 Family Service (ages 0-7 and up) 3:00 pm Chapel
 Healing Service 4:50 pm Chapel
 Mincha 5:50 pm Sanctuary
 Neila (*private reflection before the open ark*) 6:50 pm Sanctuary
 Shofar, Ma’ariv, Havdalah (*glow sticks for all kids*) 7:28 pm Sanctuary
 Break-the-Fast (*on your own*) 7:40 pm

CONDOLENCES

Our deepest condolences to those who have passed away.

MEMBERS:

Jacqueline Myerson

7/6/2021

Mother of David Myerson

David Willis

7/26/2021

Husband of Susan

Alexander Willis

Brother-in-law of Ellen and Dick Alexander

Frances Mendelsohn

8/2/2021

Mother of Alvah Parker

NON-MEMBER:

Rhoda Schwartz

6/13/21

Wife of Joel Schwartz

Mother of George Schwartz

Edith Lovins

6/27/2021

Mother of Susan Weiner

Elaine Hirshberg

7/4/2021

Aunt of Jeff Hirshberg

Nicholas DellaCroce

7/15/2021

Grandson of Margaret Somer

Cecile Dionne

7/26/2021

Grandmother of Nick Dionne

In memory of

Mother, Rose Brooks
Close friend, Janice Frisch
from Andrea Kline

Mother, Vivien Germain
from Arlene Germain

Mother, Elsie Shuman
from Arnold Shuman

Father, Joseph Goldstein
from Bernice Lieberson

Father, Philip Brenner
from Beverly Shapiro

Mother, Sylvia Collier
from Deborah Collier-Comins

Great grandmother,
Bessie Steinberg
from Deborah McWade

Brother, Alvin Levy
from David Levy

Mother-in-law, Jenny Kabatchnick
from Eli Talkov

Mother, Maria Greenblat
from Galina Mirmelshteyn

Daughter-in-law, Janine Miller-Sax
from Gloria Sax

Mother, Winifred Levin
from Harold Levin

Mother, Bernice "Bryna" Schwartz
from Heleene Fink

Father, Herman Talcove
from Jane Alexander

Father, Saul Gilberg
from Jayne Goldman

Mother, Esther Brand
from Jeffrey Brand

Father, Saul Gilberg
from John Gilberg

Father, Iosub Leib Vaisman
from Julien Vaisman

Brother, Howard Feffer
Aunt, Marion Feffer
Uncle, Alfred Harold Feffer
from Lawrence Feffer

Mother, Sylvia Weiner
from Leah Gallo

Father, Philip Goldman
from Lee Goldman

Father, Jack S. Frank
from Lee Henson

Brother, Michael Robert Interest
from Leslie Ogan

Mother, Edythe Barr Reinherz
Sister, Elinor Reinherz Persky
from Linda Dunn; Cynthia
Poster

Father, Louis Morris Goldstein
Aunt, Jennie Goldstein
from Marsha Feffer

Father, Bernard Greenbaum
from Maurice Greenbaum

Wife, Gladys Lillian
from Melvin Lillian

Mother, Ethel Shapiro
from Melvin Shapiro

Fiance, David Davis
from Miriam Rosenthal

Father-in-law, Benjamin Zalkind
from Herbert Goldberg

Mother-in-law, Sara Bean
from Marjorie Bean

Uncle, Samuel Lewis
from Constance Lewis

Brother, Jerry Ouellette
from Doris Villa

Grandmother, Esther Kline
from Susan Kline

Grandmother, Nessie Stoller
Grandmother, Sarah Berman
from Natalie White and Family

Sister, Gilda Gold
from Pearl Greenbaum

Mother, Dora Weinstein
from Reva Surette

Father, Steven Cooper
from Rhonda Gilberg

Father, Harvey Mintzer
from Richard Mintzer

Mother, Laura Ravich
from Richard Ravich

Father, Irving George Streimish
from Robert Streimish

Mother, Nora Kagan
Father, Philip Kagan
Grandfather, David Zimmerman
Close friend, Janice Frisch
from Robin Cooper

Father, Irving Kaplan
Sister-in-law, Mollie Wyner
from Sandra Gold Shalit

Grandfather, Louis Kline
from Susan Kline

Sister, Elaine Grover
from Thelma Gibbs

Husband, Carl Sloane
from Toby Sloane

BURT & BECKY SHEPARD SCHOLARSHIP FUND

In memory of

Father, Joseph Shain
from Ruth Rood

Mother, Dorothy Zemel
from Stanley Rich

CENTER FOR JEWISH EDUCATION

Get well wishes for Michele Tamaren

In celebration of Cantor Sarah's arrival

In memory of Rhoda Schwartz, mother of George Schwartz
from Larry and Lori Groipen

In honor of Aaron Kerins becoming a Bar Mitzvah
from Diana Caplan

In memory of Arlene Goodstein
from Fern and Joe Zang

In memory of

Grandmother, Lena Lipsky
from Beverly Kahn

Mother, Ruth Levy
Father, Jacob Levy
from Fran Levy-Freiman

Mother, Ethel Freiman
Father, Jacob Freiman
from Steven Freiman

GENERAL FUND

In appreciation of being able to gather together and welcoming a new Cantor
from Daniel Goldberg

In appreciation of Rabbi Michael and Shirat's role in our community
from Flori and David Schwartz

In honor of the hard work and accomplishments of Mark Messenger
In honor of Ruth Estrich taking over the presidency of CSH
from Alice and Charles Leidner

In honor of Eliana Berger becoming a Bat Mitzvah
from Irene and Edward Gustat

In honor of the marriage of Heather and Jordan Shane, son of Lori Rosenberg Shane
from Lois and Bobby Kaplan

In memory of Nicholas DellaCroce, grandson of Margaret Somer
from Dawn Ehrlich

In memory of Edith Lovins, mother of Susan Weiner
from Lois and Bobby Kaplan; Alice and Charles Leidner

In memory of Bradley Litman, brother of Lori Ehrlich
from Lois and Bobby Kaplan; Joann Tenenbaum and Family

In memory of Rhoda Schwartz, mother of George Schwartz
from Stephanie and Andrew Katz; Kim Overbaugh; Hope and Laurence Zabar

In memory of Leo Corben, father of Terry Berenson
from Roz and Brian Moore

In memory of Ellen Lunder Aronson, sister of the Lunder/Burke Family
from Irene Weinstein

In memory of Jacqueline Myerson
from Diane Levin and Stephen Hicks

In memory of

Father, Saul Gilberg
from Andrea Cohen

Stepmother, Nedra Novick
from Betsy Goldberg

Father, Morris Goldfield
from Cady Goldfield

Father, William Cohen
from David Cohen

Father, Morris Abramoff
from Debra Brooks

Sister, Judith Weinstein
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Father, Aaron Reifler
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from Francia Blitt

Mother, Hannelore Hander
from Helyne Hamelburg

First wife, Ellen Goldberg
from Howard Goldberg

Mother, Frances Goldfield
Father, Morris Goldfield
from Joel Goldfield

Mother, Lillian Berenson
Aunt, Ruth Young
from Marilyn Cramer

Father, Benjamin Silberman
from Ruth Wolff

Father, Irving Kaplan
from Robert Kaplan

BRODY MINYAN FUND

Get well wishes for Michele Tamaren

Get well wishes for Jan Brodie
from Doris Villa

In honor of Roz Berk's new home at The Residence

In memory of Jacqueline Myerson
from Natalie White

In honor of Roberta Stoller's new home
from Natalie White, Sheryl, Gordon and Zachary Vincent

In memory of Edith Lovins, mother of Susan Weiner
from Eli Talkov

In memory of Elaine Hirshberg, aunt of Jeffrey Hirshberg
from Lee and Joe Henson; Gloria Sax; Natalie White

Father, Bernard Miller
from Rose Arlene Shapiro

Father, Mickey Lokomowitz
from Shari Frost

KIDDUSH FUND

In honor of Charlotte Fine's special birthday
from Arlene and Herb Leventhal

In honor of the birth of Cole Henry Schwartz, grandson of Cheryl and Arthur Schwartz
from Joan and Murry Rich

In honor of Eliana Berger becoming a Bat Mitzvah
In honor of Judy Tarlow's grandson becoming a Bar Mitzvah
from Janice Levine

In honor of Arlene and Herb Leventhal's special anniversary
In memory of Jacqueline Myerson
from Charlotte Fine

In memory of Rhoda Schwartz, mother of George Schwartz
from Phyllis Sagan; Gloria Sax

In memory of

Grandfather, David Tassel
Aunt, Sylvia Babbitt
Aunt, Hilda Nowakowski
from Ann Pendexter

Brother, Melvin Shuman
from Arnold Shuman

Mother, Ida Epstein
from Arthur Epstein

Mother, Selma Rudolph
from Barbara Dusseault

Mother, Helen Yellin
from Benjamin Yellin

Father-in-law, Julius Weisman
from Bette Ann Weisman

Mother, Estelle S Novick
from Betsy Goldberg

Mother, Anna Zaiger
from Florence Wigetman

Sister, Martha Ledeen
Sister, Rita Toscher
from Frances Mendelsohn

Mother, Shirley Marmor
from Hedy Schnelwar

Father-in-law, Irving Karol
from Jacob Bailen

Father, Herman Medoff
from Jeslyn Medoff

Father, Jacob Pekin
Grandfather, Julius Leamon
Grandmother, Gussie Leamon
from Joan Rich

Grandfather, Shep Simons
from Joe Simons

Aunt, Edith Mishkin
from Leslie Ogan

Mother, Mollie Weinstein
Father, Morris Weinstein
from Lewis Weinstein

Father, Albert Nahmias
from Marcia Yellin

Wife, Anne Cashman
from Marvin Cashman

Father, Julius Cohen
from Miriam Kaplan

Father, Max Hirschfeld
from Miriam Rosenthal

Mother, Dora Rich
Brother, George Rich
from Murry Rich

Father, Samuel Robinson
from Reggie Weinstein

Son, Andrew Scott Weinstein
from Reggie and Lewis Weinstein

Mother, Nina Mintzer
from Richard Mintzer

Mother, Laura Ravich
from Robert Ravich

Father, Max Walker
from Robert Walker

Father, Leo Bonfeld
from Roz Goldberg

Husband, Irving Goldenberg
Brother-in-law, Jack Goldenberg
from Ruth Goldenberg

Cousin, Steven Wexler
from Shelley Schneer

Mother, Tilda Harris
from Stephen Harris

POLONSKY BUILDING FUND

In memory of

Father, Philip Woldman
from Karen and Ken Sorokin

Brother, M. Graham Polonsky
from Norma and Sherman Freedman

RABBI'S DISCRETIONARY FUND

In appreciation of Rabbi Michael's beautiful wedding ceremony for Jordan and Heather
from Lori and Jon Shane

In appreciation of Rabbi Michael attending the bris of my grandson, Chase William Linehan
from Sheryl Birenbaum and Mark Singer

In appreciation of Rabbi Michael
from Terry and Mark Berenson

In honor of Sara Winer becoming president of the JCCNS
from Rhonda and David Preman

In memory of Rhoda Schwartz, mother of George Schwartz
from Pearl and Maurice Greenbaum; Jordan Schechter

In memory of Jacqueline Myerson
from Barbara and Ron Gilefsky

In memory of

Mother, Sarah Kushner
from Judy Kushner-DeGroot

Father, Boris Kentor
from Roz Levy

Father, Morris Epstein
Mother, Albertina Epstein
from Harold Epstein

Wife, Janice Frisch
from Howard Frisch

Father-in-law, Morris Ullian
from Richard Holmes

Grandmother, Martha Finkle
Grandfather, Arthur Finkle
from Marsha Gerber

Mother, Cecelia Raycher
Father, John Raycher
from Patricia Kreitzer

Grandfather, Ralph Sevinor
from Rhonda Preman

Friend, Jean Harris
from Rhonda and David Preman and Family

Mother, Anne Cashman
from Shari and Robert Cashman

RITUAL FUND

In memory of Edith Lovins, mother of Susan Weiner
from Diane and Ed Knopf

In memory of

Father, Benjamin Oslon
from Arthur Oslon

Nephew, Jonathan Greenbaum
from Dorothy Tatelman

Mother, Lucille Sevinor
from Sheldon Sevinor

Grandfather, Jacob Kushner
from Gitte Kushner

Uncle, Kenneth Roos
from Karen Rosenberg

Father, Morris Gilefsky
from Ronald Gilefsky

Grandfather, Harry Revman,
Aunt, Molly Goldberg
from Donna Revman

Mother, Lucille Weiss
from Robert Weiss

Mother, Evelyn Sacknoff
from Ruth Levy

SHIR CHESED FUND

Get well wishes for Larry Weiner
from Becky's Book Club

Get well wishes for Michele Tamaren
from Bette and Dan Shoreman

In appreciation of all the good wishes from Shir Chesed
from Bunny and Lenny Lieberson

In honor of Sara Winer becoming JCCNS president
from Bethany and Moshe Roditi

In memory of Jacqueline Myerson
from Donna and Archie Cohan

In memory of Edith Lovins, mother of Susan Weiner
from Barbara and Bernie Forbush

In memory of Elaine Hirshberg, aunt of Jeffrey Hirshberg
from Carla Greenberg

In memory of

Mother, Bertha Zeller
from Jane Zeller

Mother, Sarah Kushner
from Gitte Kushner

Mother, Naomi Posternak
Aunt, Ann Goldstein
from Myra Gulko

Mother, Belle Klasky
Nephew, Richard Bondy
from Phyllis Karas

Mother, Sayra Cohen
from Sheldon Cohen

Cousin, Michael Rockliff
from Wendy and Michael Dubinsky

SHIR LANU

Get well wishes for Michele Tamaren
from Brenda and Shelly Cohen; Wendy and Michael Dubinsky; Marsha Gerber; Phyllis and Jack Karas; Karen and Jerry Madorsky; Marcia and Ira Nozik; Cheryl and Arthur Schwartz

In honor of Arlene and Herb Leventhal's 60th wedding anniversary
from Marsha Gerber

In memory of Brad Litman, brother of Lori Ehrlich
from Helaine and Jim Hazlett

TORAH FUND

Get well wishes for Michele Tamaren
from Marion Garfinkel

In honor of Charlotte Fine's special birthday
from Marion Garfinkel and Family

In honor of Aaron Kerins becoming a Bar Mitzvah
from Diana Caplan

In memory of

Father, Myer Bornstein
from Ruth Kahn

TREE PLANTED IN ISRAEL

In honor of Jessica Preman's special birthday
from Rhonda and David Preman

TZEDEK LAKOL - RACIAL JUSTICE INITIATIVE

In memory of Jacqueline Myerson
from Marla and Philip Gay

In memory of

Father, Irwin Zeramby
from Arlyne Rosenberg

Father, Siegmund Rosenberg
from William Rosenberg

CONGREGATIONAL SPOTLIGHT

Meet Devorah Feinbloom

Every issue, The New Wave spotlights a congregant as a way to help us get to know each other by putting a face with a name. This month, Devorah Feinbloom shares her thoughts about Shirat Hayam and its special, personal meaning for her family.

Where did you grow up? What role did religion and synagogue life play in your childhood and young adulthood?

I grew up in Pompton Lakes, NJ. I went to Hebrew school twice a week, Sunday school and had a Bat Mitzvah where I read haftorah. Our family celebrated all the major holidays. Truth be told, I was unimpressed and uninspired and didn't have much to do with Jewish practices until much later in my life.

Tell us a little about yourself and your family.

My husband of 29 years is Steven Rosenberg. He's a journalist and filmmaker and now serves as the editor and publisher of the Jewish Journal. We have one son, Aaron, who has his MBA from Clark University and works for Medidata, a software company that partners with pharmaceutical companies to streamline clinical trial data. For the last 38 years, I have worked

as a chiropractor, holistic healer and nutritionist. I am the owner of Marblehead Natural Healing in Marblehead. I specialize in Applied Kinesiology, a system of chiropractic for evaluating body function and posture by means of manual muscle testing. What gets me really jazzed is the challenge of solving issues that others cannot figure out and creating health people can depend on.

What first brought you to CSH?

Over the years, I had studied with a lot of amazing Kabbalistic teachers, but even though I had learned a lot of very esoteric and grounding principles, I still lacked community. So, I went to CSH in 2008 because I was a wandering Jew, looking for my tribe! I had heard about Rabbi B and the renewal service of singing and meditating which resonated with my neshama, or soul.

What keeps you at CSH? What's special to you?

I found a wonderful group of soul sisters and brothers at CSH whom I love and adore. We spend much time together in and out of the synagogue and many of us study Kabbalah together with Layah Lipsker. The music at CSH has also been inspirational and a source of joy, comfort and prayer. When my dad

passed in 2017, I took great comfort in having a place I could count on to say Kaddish.

Can you tell us about your involvement in services and committees at CSH?

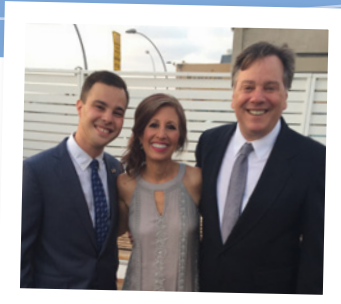
At the invitation of Rabbi B, I created – along with 3 other female congregants, Analesa Berg, Michele Tamaren and Mimi Nelson Oliver – the first women's spiritual program. We called it the Spirited Sisters. We met once a month on Sunday evenings. We experientially explored the holidays, the sefirot, meditation, movement, and built a women's community. We ran this for about four years.

I always wanted to learn Torah trope and heard Cantor Emil was offering a class. I ended up studying with 11 women and what started out as a Torah class turned into a Bat Mitzvah!

I was part of the Ritual Committee, am involved with Tzedek Lakol and most recently was asked to be part of the High Holiday Committee. Each year on Yom Kippur during the healing service I offer a guided meditation for the community.

Anything you want to add?

I would describe myself as a spiritual seeker. I started my spiritual journey when I was 'called' to meet a meditation teacher from India. I spent several years cultivating an



Aaron, Devorah (Feinbloom) and Steve Rosenberg

inner practice. When I felt ready to get married, I announced it to my meditation teacher. The ways of mystics are mysterious and all I can say is I left that trip realizing I was being guided back to Judaism. I met my husband Steve two days later. Determined to find the mystical in Judaism, I traveled to Israel. I met a mystic in Safed who told me I would marry Steve – who was living in Jerusalem at the time. I also went on a pilgrimage to Ukraine to the graves of the Bal Shem Tov, Rebbe Nachman and Reb Levi Yitzchak of Berdichev. It was a holy experience that brought me closer to my connection to G-d.

I am a healer and an artist. My favorite hobby is creating something whole and beautiful from pieces that are broken. My mosaics are designed using cut glass, sea glass, ceramics, beads and jewelry. I enjoy reading, and receiving hands-on healing bodywork. This always brings me closer to my deepest truth – which is my connection to the divine.

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