We practice radical hospitality!

The Wave

FREE and Open to All!

Havdalah Hanukkah Chagenu Party

Saturday, Dec. 20, 5:30-7:30pm
JCCNS, 4 Community Road, Marblehead

Please bring children’s hats, mittens and scarves to be delivered to families in need.

RSVP to Marla Mindel, mmindel@jccns.com, 781-476-9884.

December 2014
Kislev/Tevet 5775
Volume 9


Havdalah Hanukkah with us!
• DJ & Dance Party
• Latkes, Dinner & Dessert
• Holiday Crafts

For Adults: A discussion with Cohen Hillel Academy’s Head of School Noah Hartman.
"Questions Are the New Answers: How Experiences Make Stuff Stick" 6:30-7:15pm

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CJE

Cantor Elana’s Notes

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Shabbat Synaplex

Staff Contact Info

Well Wishes & Donations

40 years and going strong!

infants to age 5; 7:30 am to 6:00 pm

year-round

December 2014
Kislev/Tevet 5775
Volume 9

Sponsored by: JCCNS, Cohen Hillel Academy, Cohen Productions, Congregation Akhut Shalom, Congregation Shirat Hayam, NSJCC,
Temple Ahavat Achim, Temple Beth Shalom, Temple Emanu-El, Temple Sinai, Yachad.
There Shall Be Light

As you read this we will be moving toward the shortest day, longest night, of the year. In "light" of that I thought I'd share with you an excerpt from my, and Ellen Frankel's, forthcoming book, Spark Seekers: Mourning with Meaning; Living with Light, which we hope to have published in late spring, 2015.

What has always captivated my attention is not how various religious traditions differ, but how similar they are, particularly in those moments of universal Truths. One such moment captures not only my attention, but the attention of most of the world. It happens every year at the time of the winter solstice. That is the moment when the darkness that falls across our half of the planet is at its deepest. Up until December 21st, the days grow shorter and the nights longer and colder. The dark days of winter have their place, but there comes a point when enough is enough and we can no longer passively sit within the dark. It is then, not coincidentally, that various faith traditions rise up, each in their own way, as a response to those darkest days amidst our year. Christmas and Hanukkah, for instance, are each millennia-old attempts by their respective adherents to dispel the darkness with sources of light. In celebration of Christmas, Christmas trees and homes are decorated with lights and some people place candles in the windows. In celebration of Hanukkah, Jews light the menorah, a seven-branched candelabrum. To truly fulfill the purpose of the holiday, the menorah is not supposed to be placed within the interior of the home; rather it is to be set up within the most publicly visible location—the window or even the exterior of the house. Only there can it fully illuminate the darkness allowing others to see. Each of these traditions and their rituals hold within them thousands of years of shared purpose and power, each a clear metaphor for shining inner spiritual light and illuminating a darkened world.

Kwanzaa, an African-American and Pan-African holiday began in 1966 in celebration of family, community and culture. Millions celebrate Kwanzaa, which lasts for seven days in the heart of winter’s darkness, from December 26th through January 1st. Like Hanukkah, a central activity is the lighting of candles on what is called a mishumaa. Hindus in India and across the world celebrate Diwali which falls on the 15th day of the dark fortnight in the auspicious Hindu month of Kartik, which is around November on the English calendar. Diwali falls on a day with no moon. In tradition, candles are lit in homes to symbolize the triumph of good over evil. Sikhs, Buddhists and Jains also celebrate Diwali, offering light amidst darkness. For the Chinese, the Winter Solstice is a celebration of the triumph of yang (light) over yin (dark). The holiday, called Dong Zhi, is celebrated near Christmas time with a ceremony near the family altar including incense, candles and offerings of prayers and gratitude.

While traditions are different, their sentiment is universal. We intuit that the human predicament of mortality, struggle, darkness and death is something to be confronted head-on rather than avoided. We position ourselves in opposition to those darkest days amidst our respective calendars, almost as warriors in battle taking a definitive stance.

Indeed, the darkness can feel all encompassing, but somehow across continents, religions, cultures and time, we sense that the best response to the darkness is to dispel it with light. In many ways we are simply embodying one of the primary messages within the Bible. After the description of dark chaos comes the defining moment of the creation story:

And God cried out, there shall be light; and there was light...-Genesis 1:3

God’s very first act recorded in the Bible was to shatter the darkness through the creation of light. In essence, as the winter solstice or other dark moments on the calendar settle in, we defiantly illuminate the dark, creating our own light. Granted, the darkness is still out there, rolling on, while our candle is but a speck. However, as daunting as it is, our celebrated traditions have come to understand that it is our mission to do all that is within our power to bring light into the darkness. We carry the light of our holy days into the dark as a way to remind ourselves that a shift is taking place, that darkness will diminish as the days lengthen and eventually it will be light once again.

Each and every one of us has this power. We are, as the mystics teach, b’telem Elohim - in the image of God. And God cried out, there shall be light; and there was light... And we must cry out, with every ounce of our being, there shall be light.

Happy Hanukkah

Rabbi B
Israel Inside: How a Small Nation Makes a Big Difference

is a new documentary that explores the positive characteristics of Israeli society from a humanistic, psychological and emotional perspective. This insightful and uplifting documentary sidesteps the usual conversation of politics, conflict and violence, and tells the story of the Israeli people — whose resilience has propelled Israel to the forefront of world innovation and progress.

Despite daily challenges ranging from limited resources to security needs, Israeli creativity and inventiveness help make the world a better place. Israel has made significant advancements in the fields of science, environment, medicine and technology, and has shared these developments with the rest of the world.

How did this happen? What underlying growth factors have given rise to this small nation’s triumph over adversity?

The film is hosted by Dr. Tal Ben Shahar, who gave up the unique distinction of being Harvard University’s most popular lecturer to return to his native country, Israel. In the film, Ben Shahar explores the core character strengths — called “actualizers” — that enable Israelis to succeed against incredible odds. Through Tal’s eyes we explore the deep-seated values such as education, family, and responsibility for the world (a Jewish concept known as “tikkun olam”), which directly contribute to Israel’s accomplishments in the economic, technological and humanitarian spheres. And while none of these actualizers are in and of themselves unique to Israel, in combination they are bringing about unparalleled progress and achievement.

Israel Inside features interviews with leading entrepreneurs, academics and politicians, including Jerusalem Mayor Nir Barkat, Rabbi Jonathan Sacks, Sir Martin Gilbert, Prof. Alan Dershowitz, Prof. Jacob Frankel, Tamar Jehuda-Cohen and Shai Agassi.

Join Rabbi B for a thoughtful and enlightening discussion following the film —
December 11
Movies and Midrash for our Sages
at 11:30 am with lunch - RSVP

or...
Scotch and Shmooze for men AND women
at 7:30 pm with Scotch, wine and snacks - RSVP
csh@shirathayam.org or 781.599.8005
“A teacher from Berkeley told me about a time when her students washed and trimmed and cut up ingredients and made a big salad. ‘Now wait,’ she said, ‘before we start eating, let’s stop and think about the people who tilled the ground, planted the seeds, and harvested the vegetables.’

The kids stood up at their desks and gave the salad a standing ovation.”

– Frances Moore Lappé

Raise your hand if you know someone who struggles with food to a greater or lesser extent. Even though I can’t see you, I bet you raised your hand. It seems like most people (including myself) have at some time struggled with food, whether it is over-eating, under-eating, food sensitivity and intolerance, acid reflux, etc. to the point that food becomes something we fear rather than something that sustains us, and even gives us pleasure.

Why is a cantor talking about this? Because as a person, I am very much into food. I’m a foodie, I love to cook, I’m a health nut, I read food blogs obsessively, I keep a garden, etc. and as a cantor, I am into prayer, mindfulness and blessings, to name a few.

One day, as I was suffering from acid reflux, a condition that everyone seems to have today, I thought to myself, “I don’t bless my food.” I’m a busy working mom... forget about blessing my food! I don’t even manage to eat without multitasking! I eat standing up, or in the car while I’m driving, or in my office while I’m working, almost never sitting down, focusing on my food. I thought to myself, “I bet my reflux symptoms would lessen if I sat down while I eat, and blessed my food.”

I’m not saying that God would cure my acid reflux because I say “borei peri ha’eitz,” over my apple, but that I might be healthier, both physically and mentally if, when I eat, I sit down, acknowledge the food that I am eating, where it comes from, how it got on my plate and how amazing it is that I have it to sustain me.

So, lately, when I eat or drink, I try to bless my food. Sometimes I forget, and sometimes I remember mid-meal. So far, I almost never remember to bless before I eat, so no pressure.

When I remember mid-meal, I think to myself, “I forgot to bless my food! Ok, what am I eating? Chicken and cauliflower... mostly cauliflower... which grows from the ground. Maybe I should try growing cauliflower this year. I know how difficult it can be to grow vegetables, but they taste so fresh and pure straight from the garden. Baruch Ata Adonai Eloheinu Melech Haolam, blessed are you God, ruler of the universe, borei p’ri ha’adama (who creates fruit of the earth).”

That was the best-tasting cauliflower I ever had.

Why is this on my mind now? Raise your hand if you are still in a food coma from Thanksgiving dinner. If you raised your hand, then you know why this is on my mind.

We Americans just celebrated Thanksgiving, and we Jews are now about to celebrate Hanukkah. Sufganiyot (jelly donuts), latkes, chocolate gelt, need I say more?

This Hanukkah, I will focus on the meaning of the holiday: being true to myself, bringing light into dark. When I eat, I will try to pay attention to my food, and to thank God for giving me sustenance. I will not curse the latkes and sufganiyot as sworn enemies due to their sugar and carbohydrate content, but I will appreciate their purpose in our wonderful holiday.

Chag Sameach,

Cantor Elana
Would you be interested in a Jewish tour of Eastern Europe in October of 2015?

A few people have expressed interest in a trip like this. The tour would include Prague, Budapest, Krakow and Warsaw. To make the trip viable, we would need a minimum of 20 people. If you are interested and would like to hear more, please let me know. If there is enough interest, I will ask the tour company to put together a basic itinerary and pricing. Expressing interest in no way obligates you to the trip. Call or email me to let me know!

On another note...

It seems that I need to express this at least once a year, so I guess this is that time again. Gossip, lashon harah, rumors, hearsay and idle chatter - I know there are more words listed in the thesaurus, but I’m too lazy to look them up.

I simply cannot believe the information that gets back to us here at CSH. For example, did you know that we already hired a woman rabbi to take Rabbi B’s place? Me neither - BECAUSE WE DIDN’T! Did you know that people come from all over the community just to have a free lunch? Me neither - BECAUSE THEY DON’T! Did you hear that Marylou was retiring? Me neither - BECAUSE SHE’S NOT! (Although in this case, she’d probably like to!)

This is just a sampling of the things we hear. Some are gross exaggerations, some are outright lies and some are truly hurtful. I’m writing this as an appeal. Not for money, but for compassion. If you hear something being spouted as fact in the produce aisle of Stop & Shop or in the CSH satellite location of Panera Bread - or anywhere else for that matter, please call us and check the facts. Don’t perpetuate false information by repeating it.

Please call any one of us. If we don’t have the answer - we’ll get it for you. Contact information for the entire staff can be found on page 26. Please help us out. The image we present to the community reflects on all of us. Make this your secular New Year’s Resolution!

Thank you very much - todah rabah.

L’hitraot,

Marla

781.599.8005 Ext. 27
Leslie Rooks Sack, Preschool Director

Last month found our Preschool children (and teachers!) sharing what we are thankful for. Everyone dressed up in their school-made Thanksgiving costumes and performed holiday songs and poems on stage in our Social Hall for parents, grandparents, classmates and teachers.

Also last month, a new Buddy Program began between Cohen Hillel Academy’s 5th Grade students and the children in Cheryl Schwartz and Valerie Gilbert’s class. Each month the new buddies from Hillel come to share their time and special projects with their new Shirat Hayam Preschool friends. As you can see from the pictures below, special friendships have already begun!

December means Hanukkah learning and Hanukkah fun. The Preschool children will be learning about the meaning of the holiday - respect and appreciation for all people, whether we are alike or different. Playing dreidel games, making AND EATING latkes, and creating lots of decorations to take home are just part of the Hanukkah learning!

Preschool Programs

- **INFANTS** ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- **MAGIC MOMENTS** ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- **TODDLER MOMENTS** ~ a program for toddlers 17 months and up.
- **PRESCHOOL** ~ classes for 3, 4 and 5 year-olds
- **TRANSITIONAL CLASS** ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

Shabbat with Rabbi B, Cantor Elana and Marcy Yellin

Hebrew with Rachel Jacobson

Music with Dara Vanreemoortel

Daily Lunch Options, including Spanish, and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for CSH members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack at: 781.598.3311, or email: Leslie@ShiratHayam.org
December brings us Hanukkah, candles glowing, presents for all, smiles galore, snow and cold. But in some homes, there are not so many smiles.

As our community comes together on December 20 to celebrate Hanukkah, please do not forget those in need. Your admission to this fun-filled evening will be a donation of a NEW hat, a pair of mittens or a scarf, for a deserving child. Not only will you watch the joy in your children’s eyes as they light candles, dance to Phil Cohen’s music and munch on latkes, but you will be comforted to know that you are helping to keep a child warm this winter. Please remember to bring your contributions to the JCC as your admission to this fun-for-all evening.

Just a few CJE notes:

*SNOw EMERGENCIES: If there is no public school on a Tuesday or Wednesday, then there is no CJE that afternoon. We will send out a Constant Contact with that information. Should a storm arise during the day, we will call all the local schools with cancellation information, and we will send out a Constant Contact.

*The last DECEMBER CJE session is Saturday, December 20. There is no CJE on Tuesday, December 23, Wednesday, December 24, Saturday, December 27, Tuesday, December 30, or Wednesday, December 31. THERE WILL BE A CAMP LIMUD on Saturday, January 3, 2015.

Our best wishes to all our families for a fun-filled Hanukkah and a happy and healthy New Year!

L;hithraot,

Cheryl and Beth

Cheryl Schwartz ~ Cheryl@ShiratHayam.org
Beth Tassinari ~ Beth@ShiratHayam.org
781.346.6075 CJE direct line

NORTH SHORE COLLABORATIVE

Parenting Through a Jewish Lens at the JCC in Marblehead this fall in Collaboration with Congregation Shirat Hayam, Cohen Hillel Academy, Chabad of the North Shore, Temple Emanu-El and Temple Sinai!

Starting November 18, 2014, meets Tuesdays, 7:00 - 8:30 p.m.

This ten-week program brings together caring parents and expert facilitators. Conversations around Jewish texts lead to explorations of your vital role as a parent. Parents from all backgrounds are welcome.

For more information, visit www.hebrewcollege.edu/parenting or email Parenting at parenting@hebrewcollege.edu

The Wave  CSH ~ 55 Atlantic Avenue, Swampscott, MA 01907 ~ 781.599.8005 ~ Fax: 781.599.1860 ~ www.ShiratHayam.org  Page 7
Temple Israel and Temple Beth El Sections for Jewish families

Temple Israel and Temple Beth El Interfaith* Sections

*One person must be of Jewish faith

**CSH members and their immediate family members - $800 per grave**

Non-member - $2,000 per grave

Includes perpetual care (installation of shrubs and stone maintenance additional)

Reseeding/maintenance fee of $250 is waived when deceased is a member in good standing of CSH

Single (limited), two, four, six and eight grave plots available

For more information or for additional help in making this very important decision, please contact Barri Stein at barri@shirathayam.org or 781-599-8005 ext. 11

Don’t leave this decision to your loved ones to make during a difficult time.

Map and site visits are available.
Kvelling... Family Announcements

Lori and Jeffrey Zunick’s daugher, Lexi, became a bat mitzvah
Stefanie and Bob Gladstone’s son and Herb Goldberg’s grandson, Jason Gladstone, became a bar mitzvah
Carolyn Gideon Friedman and Mark Friedman’s daughter, Dora, became a bat mitzvah
Phyllis Sagan’s granddaughter and Scott and Julie Sagan’s niece, Lily McGuirk, became a bat mitzvah
Jason and Nupa Male have a new son, Jacob Alexander Male; big sisters are Nyomi and Natasha!
Marc and Carol Goldenberg have a new granddaughter, Jordan Brie Goldenberg
Audrey and Albert Helzner celebrated their 65th wedding anniversary
Donald Fine celebrated a special birthday
Judy and Harold Kramer celebrated their 50th wedding anniversary
Elise and Richard Rothbard’s daughter, Jenna, was married to Itamar Levin

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish.... you get the idea! Share your joy with your CSH family... let’s kvell together!
Send your information (photo optional) to: Marla@ShiratHayam.org.

If you would like to have a card sent to any of the families listed above in honor of their life cycle events, you may make donations online at: www.shirathayam.org or mail your check (minimum $10) payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907, listing the occasion you are honoring and how you prefer to have the card signed.

B’ruchim HaBaim ~ ברוך חיים¾
Welcome to the newest members of the Shirat Hayam family:

Marsha Gerber
James Odorczuk and Jessica Black
Jayla, Jayden and Jorja
Shabbat Experience @ CSH

Babysitting
Ages up to 4
Downstairs Playroom
An adult must remain in the building.
9:00 - 11:50 am, weekly
Babysitting is provided at no charge so that parents may attend services.

Limud Shabbat
Kids’ CJE Experience
Center for Jewish Education
Ages 4* and up
9:00 - noon weekly
*Preschool Limud Shabbat is free and open to the community. Registration required.

Traditional and Alternative Service Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Greg Coles</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Jan Brodie</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi and Cantor Rozenfeld</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

For Everyone - Main Sanctuary

11:45 am - noon

Ruach Rally
Concluding prayers and Kiddush/Motzi

Community Shabbat Café at noon

12:30 Mini-plex Lunchtime Learning concluding with Kaddish for those in mourning or with yahrzeit.

Attire is casual.

We practice radical hospitality.
Early Mystic Minyan - 8:30 am weekly

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am weekly

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’seukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am weekly

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Come and join Jan Brodie and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer and song in a user-friendly format.

Yoga Minyan - 10:00 am weekly

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am weekly

Grab a cup of coffee and a nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Magic Minyan - 10:45 - 11:30 am (dates below)

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (Preschool age and under) will be held on the following Saturdays: January 10, March 14 and May 9.

Nosh & Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the Social Hall with the following guest scholars for December:
6 - Dr. Harvey Zarren; 13 - Rabbi Shoshana Friedman; 20 - Dr. Wayne Trebbin; 27 - No Nosh & Drash

Mini-Plex

Bring your dessert to the designated table and study with us in December:
6 - Rabbi Shoshana; 13 - TBD; 20 - Rabbi Shoshana; 27 - No mini-plex

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am
Monday - Thursday evenings: 7:00 pm
Sundays - 9:00 am and 6:00 pm

Thursday, December 25, 9:00 am; 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule)
Saturday afternoon kaddish will follow Mini-Plex

Candle Lighting

December
5 - 3:52; 12 - 3:52; 19 - 3:54; 26 - 3:58
Shabbat Café Sponsors

Thank you to the following for co-sponsoring the Shabbat Café in November:

Jerry Rosen in honor of all the sweetness he has received at CSH - “Life is short... eat dessert first!”

Lori and Jeff Zunick in honor of their daughter, Lexi, becoming a bat mitzvah

Stefanie and Bob Gladstone and Herb Goldberg in honor of their son and grandson, Jason Gladstone, becoming a bar mitzvah

Carolyn Gideon Friedman and Mark Friedman in honor of their daughter, Dora, becoming a bat mitzvah

Gail Goldstein in blessed memory of her parents, Myrtle and Paul Goldstein, and with gratitude to her friends, family and Shirat Hayam community

Judy and Harold Kramer in honor of their 50th wedding anniversary

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

Todah Rabah

Thank you to the following for participating in services in November:

Torah Readers: Diane Levin, Ann Segal, Jason Gladstone, Stefanie Gladstone, Natalie White, Ellen Finer, Elise Friedman, Dora Friedman, Carolyn Gideon Friedman

Haftarah Chanters: Diane Levin, Jan Brodie, Jason Gladstone, Dora Friedman, Andrea Katz

If you would like to read Torah or chant a Haftarah, contact Cantor Elana: CantorElana@ShiratHayam.org.

CSH Minyannaires

Thank you to the following members for supporting daily services in November:


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
Chesed Committee
Nancy Sarles, Chair

Shalom,

Please join our Chesed Committee to assist our congregation members at times, both urgent and on-going, with the generous energy of our congregation.

Chesed is our opportunity to give and receive a helping hand. Please volunteer for as little as a few hours a year to care for the needs of our members.

Chesed ‘Reach Out’ program is to assist in emergency situations with meals, rides, child care, or Shiva. Chesed ‘Reach In’ program is to address our members’ more on-going needs such as a phone call, a visit, a meal, a ride to services, a new member buddy, new parent outreach, or simply being in touch and lending a helping hand.

I invite you to email me with your name, email address and phone number where can you be called on to help.

As a Chesed Committee volunteer, there are no meetings. All communication is by email and phone, when needed.

Please call CSH if you have any needs we can help with.

With lovingkindness,

Nancy Sheena Sarles

nlsarles1@gmail.com - 781.631.6416

Did You Know...

• Family Table provides kosher food, fresh produce, dairy products, meats and Jewish ritual and holiday items each month?
• Family Table distribution for the North Shore is located at Temple Sinai?
• More than forty families on the North Shore receive food from Family Table?
• Every month volunteers assist setting up, packing and delivering food to homes, and cleaning up and restocking?
• Family Table needs your nonperishable, kosher food products, especially peanut butter and whole grain crackers?
• CSH has a food collection bin in its lobby as you enter the building?

Our next food distribution for this year will be on Sunday, December 13, at Temple Sinai.

Thank you for your support.

Bette Shoreman, CSH Family Table Site Coordinator
North Shore Teen Initiative ~

L'Shaper: Teen Action Core

When: Session 1 ~ December 2, 9, 16
6:00-8:15 p.m.

Where: Dinner at the JCCNS & learning at the Ford School

Who: Grades 9-12

Teens facilitate academic enrichment activities for 1st-5th grade students at the Ford School in Lynn. Prior to doing their community service each week, teens come together for dinner and discussions led by temple leaders, NSTI’s Adam Smith and guest speakers.

Questions? Contact Evelyn Rothbard at egs514@mail.harvard.edu or 781.929.2283.

Lappin Foundation: Israel Advocacy Training

When: December 7, 6:30-8:00 p.m.

Where: Tanzer Room at Aviv, 240 Lynnfield St., Peabody

Who: 2013 and 2014 Y2I Alumni and Alumni of other teen trips to Israel who live on the North Shore

Upcoming Events

Jan 6  The Hub: Discussion #2
Jan 11  Alumni Panel: Choosing a College
Jan 23-26  RAC’s L’Taken in Washington, DC
Feb 15-20  Habitat For Humanity
Feb 28-Mar 1  Loon Mountain Overnight
Mar 10  The Hub: Discussion #3
Mar 21  Teen Coffee House & Havdallah
Apr 26  J-Serve

www.nsteeninitiative.org
Brotherhood

Brian Cohen, President

Meal Deliveries on Christmas Day

Every year, our Brotherhood performs a mitzvah and delivers meals to the elderly so that the employees of GLSS (Greater Lynn Senior Services) can enjoy their Christmas holiday with their families. There will be more information on this in later emails. If you would like to volunteer, contact Max Sontz at: maxsontz61@aol.com or 978.210.1577.

Max will provide you with details once we know how many volunteers we have (need about 50!).

Those who know us, know well that our Brotherhood is a fun group. We like to gather, eat, enjoy each other's company, and when we can, we work to improve our shul and our community. We are always looking for our next opportunity to have a good time and to strengthen the bonds amongst the men of our congregation.

Here are our next planned events --

2014

December 7 (Sunday) -- We will host a membership "Paid Up" breakfast. Our annual dues are just $36. Many of our members have paid, but we still have quite a few that have not yet found the time or opportunity to write us that check. So, to make it easier, fun, and fulfilling, we will serve a delicious meal (kosher/dairy). Cost of the event will be $36 (free, if you have already paid your dues). The Breakfast will follow our Sunday morning Minyan, which starts at 9:00. We will also take this same opportunity to have a brief Brotherhood meeting. RSVPs are required. Send emails to cshbrotherhood@gmail.com.

2015

January 22 (Thursday) -- Our next Hold'em Poker Tournament. This is a friendly community tournament and is always a lot of fun. Doors open at 7:00, dinner is served by 7:30, and the games start at 8:00. The event costs $25, for which you get an all-you-can-eat kosher meal, and $5,000 in chips. Prizes are paid to the top three winners, plus there are a raffle and special rewards throughout the night. The tournament is co-ed. Friends and nonmembers are always welcome. You must be over 18 to play. All proceeds go to our Burt and Becky Shepard Scholarship Fund. RSVPs are required. Send emails to cshbrotherhood@gmail.com.

In addition, we like to get together and have a meal and watch an occasional Monday Night Football game (or some other major sporting event). The planning for this is always sporadic. An email announcement will go out a few days prior to the event, so please watch for when we decide to have our next gathering.

If you have an idea for a Brotherhood event, please do not hesitate to contact us. Send emails to: cshbrotherhood@gmail.com.

L'chaim!

Brian
Condolences, Well Wishes & Donations

We mourn the passing of our member

Dr. Sidney Strome
and extend our deepest sympathy to his family and friends

Condolences to:
Bea Strome on the loss of her husband, Sidney Strome
Marsha Gerber on the loss of her father, Sidney Strome
Michael and Susan Cohen on the loss of Michael’s mother, Merle Cohen
Barry and Caryn Cohen on the loss of Barry’s mother, Merle Cohen
Barbara Tobin-Forbush and Bernie Forbush on the loss of Barbara’s uncle, Bernard Tack
Stephen and Helyne Hamelburg on the loss of Stephen’s father, Emanuel “Manny” Hamelburg
Harland and Rose Arlene Shapiro on the loss of Harland’s brother, Edward Lewis Shapiro

Donations

RABBI’S DISCRETIONARY FUND
In honor of Rabbi B
by Susan and Larry Goldberg
In memory Todd Feinsmith’s mother, Seena Feinsmith
In honor of Phyllis Sagan’s granddaughter, Lily McGuirk, becoming a Bat Mitzvah
by Carolyn Perlow
In appreciation of Rabbi B
by Ilana and Greg Mogolesko
In memory of Sidney Strome
by Dawn Ehrlich; Louise and Ken Frebowitz
With appreciation to Rabbi B for his help with Lexi’s Bat Mitzvah
by Lori and Jeff Zunick

CANTOR ELANA’S DISCRETIONARY FUND
In honor of Cantor Elana
by Susan and Larry Goldberg
In appreciation of Cantor Elana
by Ilana and Greg Mogolesko
In memory of Sidney Strome
by Bette and Daniel Shoreman; the Stark family; Louise and Ken Frebowitz; Carl and Sandy Shalit
In memory of Michael Cohen’s mother, Merle Cohen
by Dawn Ehrlich; the Stark family; Carl and Sandy Shalit
With appreciation to Cantor Elana for her help with Lexi’s Bat Mitzvah
by Lori and Jeff Zunick

In memory of:
Uncle, Bernard Lipsky
by Beverly Kahn

CSH PRESCHOOL FUND
In honor of Wendy and Brian Lewis’ daughter, Hannah, becoming a Bat Mitzvah
In honor of Stefanie and Robert Gladstone’s son, Jason, becoming a Bat Mitzvah
by Barbara Levine

In honor of the marriage of Marcy and Ben Yellin’s son, Seth, to Dianna Lester
In honor of Wendy and Brian Lewis’ daughter, Hannah, becoming a Bat Mitzvah
In honor of the birth of Nupa and Jason Male’s son, Jacob Alexander
In honor of Robert and Stefanie Gladstone’s son, Jason, becoming a Bar Mitzvah
by Beatrice Strome

CENTER FOR JEWISH EDUCATION FUND
In honor of Nancy Miller for being such a wonderful and patient teacher
by Crash Course students of 2014
In honor of Stefanie and Bob Gladstone’s son, Jason, becoming a Bar Mitzvah
by CJE Staff
In memory of Michael Cohen’s mother, Merle Cohen
by Arthur and Cheryl Schwartz

GENERAL FUND
Mazal Tov to Darian Wulf for becoming a Bar Mitzvah
Mazal Tov to Anna Levenberg for becoming a Bat Mitzvah
by the Bookman family
In memory of Mr. & Mrs. Frank Zunick’s granddaughter, Lexi Zunick, becoming a Bat Mitzvah
by Arlene and David Addis
In honor of the engagement of Cheryl and Arthur Schwartz’s son, Scott, to Andrea Conti
by Carol and Harvey Brand
In memory of Beatrice Hershberg
by Selma Sherr
In memory of Sidney Strome
by Leeta Sinrich; Joan and Les Rosen

Send us your information. If you, or someone you know is in need of healing, or assistance from our Chesed Committee, let us know. We would rather hear from several different people than no one. Please don’t assume someone has notified us.
Call or send your information to: CSH@ShiratHayam.org
In honor of the birth of Barbara Meyer’s great-granddaughter, Hanna Rose Epstein
by Joan and Les Rosen

In memory of:
Sister, Nina Bunin
by Aimee Bunin

SAMUEL BRODY MINYAN FUND
In memory of Sidney Strome
by Norman and Sylvia Revman; Gloria Sax; Brenda and Sheldon Cohen; Robert and Bery Santord; Beverly Richman; Eli and Muriel Talkov; Eric and Ruth Kahn; Lorily and Steve Forman; Larry and Marsha Fefter; Robin and Bob Cooper; Eunjice Brody; Barry and Donna Zeit; Mark and Judy Arnold; Rhonda and David Preman

In memory of Michael Cohen’s mother, Merle Cohen
by Eli and Muriel Talkov
In honor of Herb Goldberg’s grandson, Jason Gladstone, becoming a Bar Mitzvah
by Rhonda and David Preman

In memory of:
Uncle, Bennie Gartz
by Doris Hirsch
Grandfather, Jacob Greenbaum
by Dorothy Tatelman
Mother, Sarah Spector
by Benjamin Spector
Father, Israel Bluestein
by Janice Kelley
Father, Louis Ravich
by Robert Ravich
Mother, Rose Abrams
by Howard Abrams
Father, Henry Kabatchnick
by Muriel Talkov
Mother, Mildred Shanker
by Ruth Shanker
Sister, Rose Sogoloff
by Hyman Sogoloff
Father, Fred Zeller
by Jane Zeller
Mother, Mincy Noe
by Stacey Gordon

Mother, Bertha Leidner
by Charles Leidner
Father, Harry Reinerz
by Cynthia Poster
Father, Michael Polay
by Rachel Stark
Grandmother, Martha Elsberg
Grandfather, Albert Elsberg
Uncle, Alfred Elsberg
by Madeline Stark
Brother, Julius Rozeff
Sister, Ida Bornstein
by Eunice Brody
Grandmother, Sara Zoll
by Lawrence Fefter
Father, Sidney Lewis
by Constance Lewis
Mother-in-law, Anna Greenberg
Brother-in-law, Frank Finkle
by Mildred Finkle
Father, Irving Goldberg
by Howard Goldberg
Sister, Louise Klein
by Melvin Shapiro
Wife, Eunice Epstein
by Arthur Epstein
Close Friend, Pearl Pearlstein
by Robin Cooper
Aunt, Ida Polanschuck,
by Jackie Rosenfield
Mother, Muriel Rosenberg
by Michael Greenberg
Father, Samuel Forman
Mother, Beatrice Forman
by Frances Barbanel
Brother, Harold Kirsten
Father, David Kirsten
Husband, Daniel Turkanis
by Ruth Turkanis
Husband, Saul Toby
by Barbara Toby
Father, Barry Schwartz
by Heleene Fink

Father, Barnett Cohen
by Sheldon Cohen
Father, Jacob Hurwitz
Mother, Tovah Hurwitz
by Myles Hurwitz
Father, Richard Sorkin
by Shari Cashman; Nancy Sorkin; Jeffrey, Amy, Amanda and Jeremy Sorkin
Father, Gerald Price
by Marjorie Bean
Father, Sidney Belostock
by Gary Belostock

KIDDUSH FUND
In honor of Amanda Clayman and Tom Leyenberg’s daughter, Anna Levenberg, becoming a Bat Mitzvah
In honor of Diane Levin for reading from every Torah portion this past year
by Ellen and Dick Alexander
In honor of Arthur and Cheryl Schwartz’ son, Scott, becoming engaged to Andrea Conti
by Valerie and Alan Gilbert
With get well wishes to Sheryl White Vincent
by Sidney and Bea Strome
In honor of Irene Gilberg’s special birthday
by Alice and Charles Leidner
In memory of Beatrice Hersberg
by Charlotte and Donald Fine
In memory of Sidney Strome
by Valerie and Alan Gilbert; Larry and Susan Goldberg; Donald and Charlotte Fine; Ed and Diana Caplan; Alice and Charles Leidner; Desiree and Arye Gil and family; Drorit and Ephraim Avraham and family; Lois and Jerry Ogan; Harry and Marilyn Epstein; Joanne, Ed and Abby Smith; Arthur and Cheryl Schwartz; Elaine Jaffe Feingold and Donald Feingold; Margie Shapiro; Roz and Sandy Levy; Harold and Judy Kramer; Elaine Rosen; Reggie and Lew Weinstein; Fay and Edward Boboff; Selma Sherr; Jerry Rosen; Rand and Arnie Bergman; Sandra Goldstein; Pauline Spirito; John Cohen
In honor of the birth of Karen and Mark Meyer’s granddaughter, Hannah Rose Epstein

In honor of my father, Jerry Ogan’s birthday
    
    by Margie Shapiro

In memory of Michael Cohen’s mother, Merle Cohen
    
    by Phyllis Sagan; Roz and Sandy Levy; Larry and Susan Goldberg; Reggie and Lew Weinstein; Rand and Arnie Bergman

In honor of Mark and Carolyn Friedman’s daughter, Dora, becoming a Bar Mitzvah

In honor of Stefanie and Bob Gladstone’s son, Jason, becoming a Bar Mitzvah
    
    by Harold and Judy Kramer

In honor of Audrey and Albert Helzner’s 65th wedding anniversary
    
    by Bery and Bob Sanford

In honor of Phyllis Sagan’s granddaughter, Lily, becoming a Bat Mitzvah
    
    by Andrea Kline

In honor of the engagement of Diane and Eddie Knopf’s daughter, Elyse
    
    by Rand and Arnie Bergman

In honor of Donald Fine’s 80th birthday

Get well wishes to Murry Rich
    
    by Arlene and Herb leventhal

In honor of Stefanie and Bob Gladstone’s son and Herb Goldberg’s grandson, Jason Gladstone, becoming a Bar Mitzvah
    
    by Charlotte and Donald Fine

In honor of Herb Goldberg’s grandson, Jason Gladstone, becoming a Bar Mitzvah
    
    by Beatrice Strome

In honor of Judy and Harold Kramer’s 50th wedding anniversary
    
    by Reggie and Lew Weinstein

In memory of:

Father, Jack Richmond
Mother, Rosamond Richmond
Aunt, Edythe Schur
    
    by Arlene Addis
Mother, Bessie Tassel
    
    by Frances Babbitt
Father, Sidney Gerber
    
    by Valerie Gilbert
Father, Morris Sidman
    
    by Marilyn Epstein
Father, Abraham Kazis
    
    by Israela Abrams
Brother, Paul Goldman
Mother, Sara Goldman
Brother, Philip Goldman
    
    by Gloria Sax
Father, Robert Goldberg
    
    by Larry Goldberg
Mother, Bertha Yanofsky
    
    by Barbara Levine
Son, Scott Strome
    
    by Sidney Strome
Father, Alfred Goldstein
    
    by Judith White
Father, Shloma Gankin
    
    by Bella Fridman
Father and Grandfather, Paul Germain
    
    by Charlotte and Donald Fine and Sheri Schapiro
Daughter, Susan Parmalee
    
    by Monroe Somer
Grandfather, Josiah Razin
    
    by Alan Kline
Mother, Connie Comins
    
    by Edye Baker
Mother, Sylvia Polsky
    
    by Bernice Mitchell

Mother, Sarah Dubinsky
    
    by Michael Dubinsky
Father, George Rodenstein
    
    by Barry Rodenstein
Sister, Nina Bunin
    
    by Aimee Bunin
Beloved stepson, Rick Garfield
    
    by Joan Garfield
Mother, Rebecca Bailen
    
    by Jacob Bailen
Father-in-law, Jacob Gibbs
    
    by Thelma Gibbs
Brother, Harvey Kirstein
    
    by Phyllis Kaplan
Mother, Florence Kaplan
    
    by Howard Kaplan
Father, Benjamin Hander
    
    by Helyne Hamelburg
Mother, Esther Calish
Brother, Elliot Jacobs
    
    by Eleanor Roos
Mother-in-law, Annie Tuttman
Father-in-law, Carl Tuttman
    
    by Grace Tuttman
Sister, Florence Shanbaum
    
    by Norm Fast
Mother, Estelle Foreman
Father, Donald Foreman
    
    by Rand Foreman-Bergman
Father, Samuel Silverstein
    
    by Marsha Rubin
Husband, Kenneth Miller
    
    by Lois Miller
Grandfather, Benjamin Sandler
Uncle, Jacob Lipsky
    
    by Joanne Smith
Father, Chester Titchell
    
    by Arlene Leventhal
Father, Samuel Dolinsky
    
    by Marilyn Segal
The Wave

ToraH Fund

In memory of:
Beloved father, Nathan Germain
by Marion Garfinkel and family

Tree Planted in Israel

In memory of Harvey “Bud” Leipzig
by Ed and Diana Caplan

In honor of Mr. & Mrs. Steven Doppelt’s 50th wedding anniversary
by Samuel and Carol Denbo

Jack Polonsky Building Maintenance Fund

In memory of:
Father, Nathan Polonsky
by Norma and Sherman Freedman

Flower Fund

In memory of:
Father, Jacob Clebnik
by Eleanor Levingston

Howard Steven Feffer Memorial Fund

In memory of:
Father, Sidney Feffer
by Lawrence Feffer

Daily/Shabbat Prayer Book Fund

In honor of Sylvia Revman’s birthday
by Laurel Dolan

H. Merken Tallit Memorial Fund

In memory of:
Father, Maurice Dinerman
by Elaine Merken

TikvaH Fund

In honor of the marriage of Marcy and Ben Yellin’s son, Seth, to Diana Lester
by Dawn Ehrlich; Rand Foreman-Bergman and Arnold Bergman

In memory of Sidney Strome

In honor of the marriage of Seth Yellin and Dianna Lester
In honor of the engagement and upcoming wedding of Myra Feldman Gulko’s son
by Frances and Steve Freiman

In memory of Sidney Strome

In memory of Michael Cohen’s mother, Merle Cohen
by Marcy and Ben Yellin

In memory of Sidney Strome
by Gloria Bakst

BurT Shepard ScholarHipsHips Scholarship Fund

In memory of Sidney Strome
by Natalie White and family; Toby Bell; Burt Shepard; Eddie and Diane Knopf; Lee and Joe Henson; Stanley and Sheila Rich
In memory of Michael Cohen’s mother, Merle Cohen
by Burt Shepard; Eddie and Diane Knopf

In memory of:
Sister, Rose Colch
by Elaine Sevinor
Sister, Zelda Rotman
by Philip Sevinor

Lev Initiative

In honor of our mother, June Salinksy’s birthday
by Richard and Esther Salinsky
In appreciation of Shirat Hayam
by Barry and Lori Malitsky
In memory of Bea Hershberg, beloved mother and grandmother
by Sylvia and Mickey Mizner
In honor of our children and grandchildren
by Donald and Charlotte Fine
In honor of Marilyn and David Levy becoming new grandparents to Sydney Morgan Levy
by Sylvia and Mickey Mizner
In memory of Sidney Strome
In honor of Herb Goldberg’s grandson, Jason Gladstone, becoming a Bar Mitzvah
by Murray and Jill Goodman
In memory of Michael Cohen’s mother, Merle Cohen
by Rhonda and David Preman; Murray and Jill Goodman; Howard and Betsy Goldberg
In appreciation of the great efforts by the CJE staff
by Hal Schwartz and Melissa Upton
Celebrate Purim
with your Shirat Hayam family
Mishloach Manot Program

Here’s what you missed out on if you didn’t order baskets last year!

Watch your mailbox for information about how you can participate!
DONATE
Your Clothing, Shoes and Linens

Donate, Recycle, Don’t Throw Away

All of the following can be donated in any condition as long as it’s clean and dry:

Pants  Boots
Shorts  Shoes
Shirts  Slippers
Pajamas  Belts
T-Shirts  Ties
Jerseys  Purses
Sweatshirts  Hats
Sweatpants  Socks
Sweaters  Pillows
Jeans  Bedding: comforters, sheets, pillow cases, blankets
Dresses  Curtains/Drapery
Skirts  Table Linens
Coats  Stuffed Animals
Jackets / Suits
Undergarments/bras
Back packs

It’s not traC$H... for Shirat Hayam it’s caC$H!
100% of the proceeds benefit CSH.
Don’t throw away your clothing and textiles! Drop them off at CSH.
This is an easy fundraiser for CSH and it costs you nothing!

Thank you for your support.

Consult your tax professional for donation eligibility.
Tax receipts available.

Congregation Shirat Hayam of the North Shore
55 Atlantic Avenue, Swampscott, MA 01907 | CSH@ShiratHayam.org ~ 781.599.8005
www.ShiratHayam.org
Holidays 5775

Hanukkah - First Candle, December 16
Tu B'Shevat - February 4
Purim - March 5
Passover - First seder, April 3
Shavuot - May 24
Tisha B'Av - July 26

Library Corner

Elaine Merken, Chair

For your reading pleasure, the following books have been added to our Chapel Library:

Albom, Mitch - the first phone call from heaven
Albom, Mitch - the timekeeper
Roth, Philip - Nemesis
Balson, Robert - Once We Were Brothers

2015 Advertising Rates - Congregation Shirat Hayam Wave

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Contact Marla Gay at: 781.599.8005, Ext. 27 or Marla@ShiratHayam.org
Becky’s Book Club at CSH
Everyone’s welcome!
7:30 pm on the following Monday evenings:

December 15  Me Before You by JoJo Moyes
January 19  Orphan Train by Christina Baker Kline
February 16  Freud’s Mistress by Karen Mack and Jennifer Kaufman
March 16  My Promised Land—Triumph and Tragedy of Israel by Ari Shavit
April 20  And the Mountains Echoed by Khaled Hosseini
May 18  Invention of Wings by Sue Monk Kidd
June 15  School of Essential Ingredients by Erica Bauermeister

The CSH Book Club is open to the community - please join us.

For more information, email CSH@ShiratHayam.org
The following CSH members have generously contributed to the Lev Campaign this fiscal year:

Anonymous
Howard & Izzi Abrams
Sidney & Barbara Abramson
Richard & Ellen Alexander
Ilan Amar
Abraham & Frances Babbitt
Jack & Ann Bailen
Michael Bailen
Steve & Cindy Bailen
Edye Baker
Gloria Bakst
Gary & Marla Belostock
Ariel & Carrie Berger
Norman & Deborah Birnbach
Michael & Robin Blake
Jeffrey & Cindy Blonder
Adam & Jennifer Bookman
Andrew & Cynthia Boyd
Jeffry & Harriet Brand
Rebecca & Laura Brochstein
David & Rori Brodsky
Jan Brodie & Jane Zeller
VeAnn Campbell
Andy & Melissa Caplan
Robert & Shari Cashman
Louise Chudnofsky
Brian & Michele Cohen
Barry & Caryn Cohen
Joel & Stephanie Cohen
Kenneth & Lois Cohen
Mike & Susan Cohen
Ronald Cohen
Sheldon & Brenda Cohen
Ruthann Cohn
Neil & Deanna Cooper
Robert & Robin Cooper
Harvey & Helaine Cotton
Samuel & Carol Denbo
Alan Diamond
Michael Doolin & Annette Baker
Arnie & Linda Dubinsky
Michael & Wendy Dubinsky
Jonathan & Rachelle Dubow
Barbara Dusseault
Dawn Ehrlich
Michael & Phyllis Eidelman
Larry & Marsha Feffer
Donald & Charlotte Fine
David & Heleene Fink
Reuben Fisher
Bernard Forbush & Barbara Tobin-Forbush
Murray & Delphine Frank
Steve & Ellen Frankel
George & Ali Freedman
Robert & Shelley Freedman
Steven Freiman & Frances Levy-Freiman
Mark & Carolyn Friedman
Norma Finn
Howard Frisch
Sheldon Frisch & Fern Selesnick
Dara Fruchter
Marion Garfinkel
Marsha Gerber
Gerald & Gail Gerson
Ronald & Barbara Gilefsky
Arthur & Esther Goldberg
Herbert Goldberg
Larry & Susan Goldberg
Marty & Roz Goldberg
Gail Goldstein
Sandra Goldstein
Leonardo & Cara Goldwasser
Gerald Goodstein
Jeffrey & Barbara Goodman
Murray & Jill Goodman
Stanley & Ellen Gordon
David & Stephanie Greenberg
Maurice & Pearl Greenbaum
Michael & Carla Greenberg
Paul & Jahnna Gregory
Larry & Lori Groipen
Henry Hammond & Miriam L. Neuman
Bernard & Evelyn Handis
Stephen & Ethel Harris
Robert & Diane Hart
Jeff & Sandy Hirshberg
Christopher & Jennifer Hockert
Alan & Ina Hoffman
Robert & Beth Hoffman
Donald & Lois Hurwitz
Aline Hutner & Samuel Rabkin
Robert & Rosanne Jepsky
Ron & Pat Kafker
Spencer & Donna Kagan
Beverly Kahn
Eric & Ruth Kahn
Ralph & Harriett Kaplan
Robert & Lois Kaplan
Scott & Melissa Kaplowitch
Jacob & Phyllis Karas
Joseph & Judy Karas
Semyon & Irena Karasik
Jeffrey & Beth Kasten
David & Susan Kauder
Nelson & Libby Kessler
Richard & Nancy Klayman
Edward & Diane Knopf
Sherman & Faith Kramer
Ronald & Teri Krawitz
Cookie & Herb Kupersmith
Emir & Alexandra Kurtovic
Lenny & Debbie Leibowitz
Charles & Alice Leidner
Tom Levenberg & Amanda Clayman
Herb & Arlene Leventhal
Stephen Hicks & Diane Levin
Harold & Carol Levin
Jason & Mikaela Levine
Janice Levine
David & Marilyn Levy
Sanford & Roz Levy
James & Toni Lewis
Leonard & Bunny Lieberson
Robert & Janet Lieberson
Philip & Elaine Linsky
Jerold & Karen Madorsky
Jason Mahler & Sarah Ewing
Judith Marder
Timothy McMahon & Mindy Aarons-McMahon
Mark Messenger & Ellen Reifler
Mark & Karen Meyer
Jonathan & Megan Meyers
Herbert & Nancy Miller
James Miller
Laurence Miller
Lois Miller & Irving Weisman
Aron & Galina Mirmelshteyn
Melvin & Sylvia Mizner
Neal & Lynn Mizner
Susan Monaco
Robert & Jacqueline Myerson
Albert & Gila Namias
Bruce & Melanie Nathan
Nathanson & Goldberg
Howard & Karynn Needel
Tim & Deborah Neilan
Jerome & Lois Ogan
Robert & Leslie Ogan
Randal & Marjorie Patkin
Fred Phillips & Ellie Miller
Richard & Wendy Polins
Gay Porter
Bob & Amy Powell
Ron & Shari Pressman
Judy & Shepard Remis
Murry & Joan Rich
Stanley & Sheila Rich
Beverly Richman
Shea & Ruth Rood
Norma Rooks
Jerry Rosen
David & Karen Rosenberg
Leslie & Joanne Rosenberg
Michael & Laurie Rosen
Michael & Rachelle Rosenbaum
Myriam Rosen
Shirley Rosen
Steven & Betty Ross
Sheldon & Marsha Rubin
Phyllis Sagan
Scott & Julie Sagan
Richard & Esther Salinsky
Amy Saltz
Robert & Bery Sanford
Nancy Sarles
Gloria Sax
Cory & Rachel Schauer
George & Janna Schwartz
Hal Schwartz & Melissa Upton
Ann Segal
Joseph & Ariana Selby
Robert & Anne Selby
Edward & Donna Seligman
Philip & Elaine Sevinor
Sheldon Sevinor
Carl & Sandra Shalit
Margery Shapiro
Myril Sheinkopf
Dan & Bette Shoreman
Arnold & Sandra Shuman
Merle Sidell
Alan & Barbara Sidman
Jason & Renee Sidman
Gerald Silverman
Joseph & Lynette Simons
Michael & Susan A. Sinrich
Carl & Toby Sloane
Paul & Heidi Smyth
Steven & Karen Solomon
Margaret Somer
Jeffrey & Amy Sorkin
Nancy Sorkin
Seymour & Marilyn Stoll
Marc & Michelle Strager
William & Andrea Strauss
Sidney & Beatrice Strome
Eli & Muriel Talkov
David & Michele Tamaren
Paul & Beth Tassinari
Richard & Dorothy Tatelman
Sheila Taymore
Joann Tenenbaum
Nicholas & Suzanne Titus
Eileen Trebbin
Wayne Trebbin
David & Melissa Tucker
Barry & Ellen Turkanis
Roger Tuttle & Beth Rooks
Dan & Kate Urman
Doris Villa
Barbara Vinick
Thomas & Ilene Vogel
Philip & Irene Wachsler
Robert & Fran Walker
Adam & Ariel Wallen
James & Karyn Walsh
Lewis & Reggie Weinstein
Natalie White
Andrew & Irina Wulff
Beth Yanofsky
Barry & Donna Zeff
David Zion & Laura Sherry
Robert & Ellen Zirin

If you have not made your annual Lev donation and would like to, please contact Marla Gay at 781.599.8005, Ext. 27, Email: marla@shirathayam.org or donate online at: www.shirathayam.org/lev
Team CSH

**CSH Clergy & Staff**

- Rabbi Baruch HaLevi
- RabbiB@ShiratHayam.org
- Ext. 14
- Cantor Elana Rozenfeld
- CantorElana@ShiratHayam.org
- Ext. 12
- Marla Gay, Director of Congregational Life
- Marla@ShiratHayam.org
- Ext. 27
- Barri G. Stein, Director of Events and Facility
- Barri@ShiratHayam.org
- Ext. 11
- Marylou Barry, Office Manager
- Marylou@ShiratHayam.org
- Ext. 10
- Richard Kelleher, Bookkeeper
- Richard@ShiratHayam.org
- Ext. 22
- Rabbi Emeritus Edgar Weinsberg
- Cantor Emeritus Emil Berkovits

**CSH Preschool**

Preschool@ShiratHayam.org
Direct Line: 781.598.3311
- Leslie Rooks Sack, Director
- Leslie@ShiratHayam.org
- Debbie Leibowitz, Assistant Director
- Debbie@ShiratHayam.org

**Preschool Staff:**

- Marisa Castro
- Christine Dolan
- Sonia D’Oliveria
- Marcy Furlong
- Valerie Gilbert
- Stefanie Gladstone
- Courtney Hamilton
- Melissa Hudson
- Wendy Lewis
- Shari Losanno
- Barbara Levine
- Kimberly Manley
- Claire O’Donnell
- Hallie Pica
- Kelly Porter
- Susan Roberts
- Cheryl Schwartz
- Rachel Stark
- Nancy Terranova
- Joyce Warmsley
- Lindsay Welch
- Marcy Yellin

**CSH Board**

Leadership@ShiratHayam.org

- *Howard Abrams, Member-at-large
- *David Brodsky, Financial Clerk
- Brian Cohen
- Michael Cohen
- Sheldon Frisch, Congregational Home
- Larry Groipen
- Alexandra Kurtovic
- *Diane Levin, Clerk
- *Jason Levine, Budget Chair
- Karynn Needel
- Leslie Ogan
- Jerry Rosen
- *David Rosenberg Co-President
- Hal Schwartz
- Laura Schulman-Brochstein
- *Joe Selby, Co-President
- Renee Sidman
- Wayne Trebbin
- *Executive Committee

**Maintenence**

- Gus Ventura
- Eridania Vicioso
- Yanira Romero

---

**CJE**

Center for Jewish Education

CJE@ShiratHayam.org
781.599.8005, Ext. 24
Direct Line: 781.346.6075

**CJE Co-Directors:**

- Cheryl Schwartz
- Cheryl@ShiratHayam.org

- Beth Tassinari
- Beth@ShiratHayam.org

**CJE Staff:**

- Rabbi Shoshana Friedman
- Sandy Abramson
- Melissa Caplan
- Phyllis Eidelman
- Spencer Garfield
- Valerie Gilbert
- Stefanie Gladstone
- Lynne Greenberg
- Hallie Pica
- Cheryl Schwartz
- Daphna Shemesh
- Rebecca Gil Spiewak
- Jason Stark
- Marcy Yellin
<table>
<thead>
<tr>
<th>Date</th>
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</tr>
<tr>
<td>1</td>
<td>7:20 pm Mahjong</td>
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<tr>
<td>7:30 pm Mahjong and Monday Night Football</td>
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<td>2</td>
<td>4:00 pm CJE</td>
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<td>3</td>
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<tr>
<td>7:30 pm Kol Isha</td>
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<td>5</td>
<td>6:00 pm Kabbalat Shabbat</td>
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<tr>
<td><strong>Tuesday</strong></td>
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<tr>
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<td>7</td>
<td>Full Synaplex</td>
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<td>8</td>
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<td>iShir participates in service</td>
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<tr>
<td>31</td>
<td>9:00 am &amp; 6:00 pm Minyan</td>
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Rabbi Search Update

The Rabbi Search Committee has been very busy processing all the feedback that was received through the survey and forums. The application to United Synagogue has been completed and sent.

The next step is waiting. By some time in February, we expect to begin receiving resumes from interested candidates. All resumes will be reviewed and rated based on our congregation’s needs.

We will provide you with an update when we have viable candidates.

If you have any questions, please contact Diane Levin and Alan Sidman, Rabbi Search Co-chairs, at: rabbisearch@shirathayam.org. They are both here most Shabbat mornings and welcome your feedback in person as well.

Thank you.

The Rabbi Search Committee