We practice radical hospitality!

The Wave

Fall Program Guide

An evening in

Monte Carlo

Taste fabulous French inspired foods & wines.

Try your luck at the Monte Carlo Casino.

Bid on unique auction items and...

Dance under the stars.

Join us
Saturday, November second
at seven o’clock in the evening

Congregation Shirat Hayam
55 Atlantic Avenue
Swampscott

$75 a person
includes gambling chips,
dinner, dancing and
a complimentary drink.
Cash bar.

Cocktail attire

Tickets may be purchased online at:
www.ShiratHayam.org

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Friends,

I recently sent a version of this letter, along with a care package put together by some of our staff and volunteers, to our college students (if you have a college aged student and don’t think they were on the list please let us know and we’ll make sure they receive the next one). At any rate, the sentiments of the letter are worth repeating to their parents and grandparents.

I reminded them of my first day Rosh Hashanah sermon that they (the Millennial generation) are the largest generation in U.S. history. And though they tend to get a bad rap (i.e. they tend not to join synagogues or any institution for that matter, are getting married later and living on their parents couch longer than any generation before them), nonetheless, they have tremendous potential. Yes, they seem to always have to break the mold, doing things their own way, on their terms; however, in many ways that’s what we need as a country, society and religion.

Whether it’s Jewish life, university life, politics, business, the environment or Mideast peace - the problems they have inherited, (and we’ve handed them some real doozies), won’t be solved by the generation which created them, by my generation, or their parents or grandparents generation. In the words of Albert Einstein, “no problem can be solved from the same level of consciousness that created it.” And this is what their generation does so well - they question the status quo, challenge us old folks to a new level of consciousness as they remind us to think, create and act - outside the box; outside the box just like the Sukkot holiday.

As we are finishing Sukkot, it seems like an important reminder to take with us into our new year. For eight days during Sukkot we literally leave “the box,” the house, the same-old, same-old, usual rhythms and routines of the way we think and live. We leave them behind as we head for the sukkah, which by definition can’t be a box, at least not a solid box. Rather, it is a flimsy, uncertain and impermanent structure. However, it is because of this that it has withstood the test of time. Every structure of certainty we Jews ever built has come and gone - from the original Temple to Temples Israel and Beth El - bricks and mortar come and go, but the sukkah and its adaptability, creativity and flexibility is here to stay. The sukkah is the quintessential Jewish structure as it is a reminder to “think different,” to approach our challenges in a new way and act from a new level of consciousness - to think, act and live outside the box - something this next, and perhaps greatest, generation does so well.

Yes, we have big challenges in this world, in this country and in this community, but we will find our way through them if keep on thinking, looking and living, like the sukkah reminds us - outside the box.

_Shana Tova - Have a happy, healthy and outside the box kind of year,_

_Rabbi B,_

-www.RabbiB.com
Shabbat Olam
The community is invited to

Kabbalat Shabbat
featuring International Jewish Music
(no charge to attend service only)

followed by a

Shabbat Dinner
Dinner - $25.00* a person/$10.00 kids under 10
* 3% discount for cash or check payment $24.25

at Shirat Hayam
Friday, October 18
Service begins at 6:00 pm

RSVP* for dinner by October 11 to: CSH@ShiratHayam.org
or 781.599.8005, or mail your check to CSH,
55 Atlantic Avenue, Swampscott 01907
You may also make your reservations online by
clicking on the calendar link on the CSH website.
Sorry, we are unable to accept walk-ins or payment at the door.

Partially funded from your heart by The Lev Initiative

Shabbat Around the World
Shabbat Olam

These past High Holy Days, many of you have commented on the newest members of CSH's musical family: the highly skilled musicians who accompanied us through the services, and filled our High Holy Days with beauty and with ruach. You will have another chance to hear some of them on Friday night, October 18 at 6pm at our Shabbat Olam service. At this service, we will be exploring the sounds and tastes of Argentina.

The Shabbat Olam musicians are the most familiar to our community, and they feel very much at home here at CSH. You have seen and heard them, and many people have asked me where they come from, where they studied, etc... So I would like to formally introduce these musicians to you, so you know a little bit about their backgrounds. Please note that for this upcoming Shabbat Olam, we will have a substitute guitarist for Lautaro. His bio is below as well.

Ariel Friedman, a classically trained cellist from the Boston area, is one of few musicians to be challenging the boundaries of cello-playing. She received a masters of music in Contemporary Improvisation from New England Conservatory in 2011. A winner of ASTA's 2009 Alternative Styles Award, she is in current exploration of American roots traditions, early jazz and standards, and in composing songs and pieces influenced by her diverse musical tastes. She plays around the States with her sister, Mia, and their new album "Unruly Heart," reached #2 on the national folk radio charts this past winter, 2011. She teaches at various fiddle camps and has private studios in Boston and Portland.

Noam Sender is multi instrumentalists specializing in percussion and early Middle Eastern wind instruments. He grew up in Israel and studied at the Berkelee College of Music and with Master musicians from North and West Africa, the Middle East and Turkey. Noam plays with a variety of ensembles in the Boston area.

Lautaro Mantilla is a guitarist, composer, and improviser from Bogota, Colombia. He has a B.A. in classical guitar from the Pontificia Universidad Javeriana (Colombia) where he studied with Carlos Posada, an M.M. with Academic Honors in Contemporary Improvisation, and a G.D. in CI Composition, both from New England Conservatory, where he studied with classical guitarist Eliot Fisk, guitarist/improviser Joe Morris, composer/improviser Anthony Coleman, composer John Mallia, and composer/violinist Carla Kihlstedt. As a guitarist, he received the First Division Award in Classical Guitar at Pittsburg State University (1999), First Prize at the Banco de la Republica National Competition, Colombia (2002), and First Prize at the Banco de la Republica National Competition with the Quinteto Mate Ensemble, Colombia (2003). He has performed both his music and the music of others in major institutions and venues such as Harvard University, MIT, NEC, the Teatro Colon, Teatro Jorge Eliecer Gaitan, Biblioteca Luis Angel Arango, among others in the U.S. and South America. He is currently a candidate for a D.M.A. in composition in New England Conservatory's Contemporary Improvisation department.

Sam Lisabeth began playing guitar at age 10 after being inspired by his two older brothers and dad who all played. First being inspired by artists like Jimi Hendrix, Led Zeppelin and The Who, Sam soon began playing and studying jazz. After completing a degree in Jazz Performance from The New England Conservatory in 2012 he now divides his time between writing, recording, teaching and performing. Sam wishes to spread the joy of music that was passed on to him by his dad and brothers.

As you can see, each of these musicians has a different background and a different specialty, yet they work so well together. If you have not yet experienced our ruach-filled Shabbat Olam service and dinner, please join us on Friday night October 18 at 6pm. Details on previous page.

Cantor Elana
iShir
Children’s Music at Shirat Hayam

Schedule:
Hazzan Katan: Every other Wednesday morning in CSH Preschool
iShir Katan: Every Wednesday, 3:15-3:45 pm
iShir: Every Wednesday, 3:45-4:30 pm
For more information or to sign up for iShir, contact: CantorElana@ShiratHayam.org

Congregation Shirat Hayam
cordially invites you to stand under the chuppah
and renew your vows at a service
as we celebrate your special 5-year milestone anniversary

Friday, the eighteenth of October
at the Shabbat Olam Service
(if you will be joining us for dinner, see information on page 3)
at six o’clock in the evening

Congregation Shirat Hayam

Please join us for an hors d’oeuvre reception in your honor
at five-thirty prior to the service

RSVP Please let us know that you will be joining us
by contacting Marylou at 781.599.8005, Ext. 10 or email:
Marylou@ShiratHayam.org
Greetings!

The High Holy Days at CSH were a great success. We got to greet and meet so many of you. Thank you for all of your good wishes. If you attended services on Yom Kippur, you heard our request for your support. Thank you to those who have already responded by returning your pledge cards. We are on track to reach our LEV goal of $200,000 this year.

For those of you who were not at CSH or watching us online (our speech and services are archived on the website), we are appealing to you once again to support our amazing congregation. Dues and HHD ticket sales alone do not cover the cost of our operations. Approximately 25% of our funds come from fundraising. We are committed to closing our budget gap this year to put CSH in the black. By the time you read this, you will have received a pledge card in the mail. Please, give from your heart. Help support the quality of services and programs you have come to expect.

Another way you can support CSH is by attending Monte Carlo Night on November 2nd. Volunteers are busy planning an amazing event with something for everyone. Great food, drinks, dancing, Monte Carlo Casino and an opportunity to bid on some incredible things will make this the event you talk about for a while! Don’t miss it - join us on November 2nd!

Thank you for supporting Shirat Hayam,

David and Joe

Leadership@ShiratHayam.org
Robert A. Krentzman, Chief Executive Officer

What is Your Legacy?

On behalf of the CSH Clergy, Staff and Leadership, we hope you had a wonderful experience at the High Holy Days Services and hope that we see you Happy and Healthy in the year to come.

My message to the Congregation at Rosh Hashanah centered around our commitment to helping our CSH families consider, develop and compose an everlasting personal “legacy” for generations to come.

As Jews, we are a People of the Bible. L’der d dor…from generation to generation, we pass down the Torah, the tree of life that is rooted deep within the soil of our ancestors, with branches extending out into our community and world today. The stories within the sacred scrolls are our stories, and our own lives are part of the ongoing narrative of a people committed to living in a sacred community.

For most of you who have made your way into a library at one time or another, you may have encountered hundreds of thousands of books that contain the stories of history; the narrative of events and people who have shaped the world around us.

But what about the stories of the individual human lives, that are the heart and soul of that history? And just as important, what do we know of our neighbors, friends, co-workers, and even our family…the ordinary people, who have lived extra ordinary lives…whose stories and times are passing us by? Some of the most inspirational, enduring legacies are from people outside of history books and newspaper headlines.

Consider what is in peril… the living history of the 20th Century is being lost daily as it fades from old photos, journals, home movies and the memory of our elders.

Each day, some 10,000 baby boomers reach the age of 65. Within their personal narratives can be found arguably the greatest body of wisdom, the greatest source of inspiration and innovation to be found anywhere at any time in the evolution of human society. Without being documented, these individuals’ lives will largely be lost to memory within a generation or two.

In our time, due to the expansion of media, we have a wonderful opportunity to collect, record and preserve the life history and experiences of those who have shaped the 20th Century. Their milestone events, triumphs and tragedies, will inform and be a source of great inspiration to your families, to your children, your grandchildren, and others on through the generations.

It’s your legacy…it’s our legacy…let’s pass it on.

A recent survey conducted by a major financial services company found that when it comes to receiving or passing down an inheritance, Baby Boomers and their parents (the Greatest Generation) prefer values over valuables by a factor of 7 to 1. Yet, less than 1% have taken any action to secure their legacy.

We at CSH are undertaking the mission to preserve these valuable resources, while we still can, and we are very excited to introduce “Project Zachor”.

As you enter our building you can’t help but notice our newly created Memorial Alcove, built entirely due to the generosity of Richard and Esther Salinsky. This area was designed by a member of our CSH family, Wendy Polins, to offer a space for solitude and reflection. Wendy was also a member of the design team that created our beautiful Sanctuary and Social Hall. Our Alcove houses our dynamic Living Yahrzeit Memorial Board, which will now be utilized for the intended purpose it was purchased…to preserve the legacy…to tell the story…to allow our grandchildren…great-grandchildren and beyond, access to their family AND history, up close and personal.

Consider the challenge of naming all of your eight great-grandparents. Ask yourself whether the children of your grandchildren may have a hard time coming up with your name unless you and future generations continue to take the charge forged.
Leslie Rooks Sack, Preschool Director

September has been a wonderfully busy month for all of us in the Preschool, as the children and teachers continue spending lots of fun learning time together with some of our old friends, as well as making new friends!

We begin October with lots of extra-special programs, which include: Hazzan Katan with Cantor Elana, when she meets with all the children weekly, teaching songs of peace and prayers, as she accompanies them with her beautiful voice and guitar-playing; Rachel Jacobson continues her Ivrit To Grow On Program with our children, teaching Hebrew vocabulary through song and movement activities; Dara VanRemoortel brings her musical program to us again, leading the children in songfest and musical instrument fun. On Fridays, we ‘get together’ with all the children, teachers, Rabbi B, Cantors Elana and Emil, and Jed Filler, as Marcy Yellin leads us all with her guitar and voice in the celebration of Shabbat. We are so lucky to continue Marcy’s collaboration with our ‘older’ friends from the Aviv Center, sharing Shabbat time all together.

As well, Marcy Yellin leads children ages 8 months to 2 years old in her Mini and Magic Moments classes, held each Thursday morning right in our Preschool. This is a wonderful opportunity for children and their caregivers to get together and share friendships through song, movement, art projects and bubbles – lots and lots of bubbles!

Reminder: Our Preschool is open from 7:30 a.m. – 6:00 p.m., Monday through Friday all year long, with different options for all kinds of learning fun.

Please contact Debbie Leibowitz or me at 781-598-3311 or Leslie@shirathayam.org for further information.

Leslie

Preschool Programs

- **INFANTS** ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- **MAGIC MOMENTS** ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- **TODDLER MOMENTS** ~ a program for toddlers 17 months and up.
- **PRESCHOOL** ~ classes for 3, 4 and 5 year-olds
- **TRANSITIONAL CLASS** ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

Shabbat with Rabbi B, Cantor Elana, Cantor Emil and Marcy Yellin

Hazzan Katan with Cantor Elana

Hebrew with Rachel Jacobson

Music with Dara Vanremoortel

Daily Lunch Options, including Spanish, and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for CSH members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack at: 781.598.3311, or email: Leslie@ShiratHayam.org
Jed Filler, MAJCS, Education Director

Shalom Chaverim:

As I write this, we have just finished our Yamim Noraim and opened our CJE classes - an energetic and exciting way to start school! In keeping with our mission, we continue to pursue groundbreaking opportunities to create new learning paradigms for our families and students - as the world changes so quickly around us, we must also change to create new and relevant connections between Judaism and our modern lives.

New Partnerships: Our merger with CJP (Combined Jewish Philanthropies) has exponentially increased the availability of resources and opportunities in Jewish education for our families.

Our first new partnership is with Prozdor, the Hebrew High School of Hebrew College, that has worked to educate teens about Judaism and their identity for over 80 years. We are partnering with them for the MAKOR program for grades 6 and 7. Meeting at CSH on Tuesdays from 4-6 pm (our regular meeting times), Makor includes faculty from Prozdor and the CJE and offers an expanded learning menu including Jewish history, Bnai Mitzvah preparation, and identity development activities. For more information on Prozdor and Makor, visit http://www.hebrewcollege.edu/prozdor.

Our second partnership is with Hebrew College and their CEI (Congregational Education Initiative). The CEI works to develop new paradigms for learning in congregational schools, and educates teachers and staff to implement them. We are one of only three congregational schools chosen from the greater Boston area to work on developing a project-based-learning (PBL) approach to Jewish education with the CEI. We will be attending workshops, meeting with experts, and working with consultants to create a PBL based paradigm for our CJE Limud program.

New Learning Paradigms – I HEART HEBREW. I mentioned earlier the commitment to developing Project Based Learning (PBL) approaches to our CJE education program. One of the core PBL concepts is creating the highest level of RELEVANCE possible between subject areas and students’ lives.

One of the most challenging areas to redesign is Hebrew reading. We have done a good job relating learning Hebrew to services by focusing our Limud Shabbat (CJE Saturday) program on learning surrounding the Shabbat experience. But we needed to go further, and worked to create the I HEART HEBREW program.

Hebrew learning is now broken into three segments: I heart the Alef Bet, I heart T’filah, and Ani ohev Ivrit (I love Hebrew). Each of these segments focuses more narrowly on achieving learning goals and uses updated materials, small group work, and promotes a significantly higher level of interactive learning.

I love the Alef Bet focuses on reading and decoding skills, using all kinds of support materials - it is no longer just working with the Siddur, and includes games, short stories, dialogues, etc. I love T’filah focuses on learning to chant and lead the prayers in our service, and will include a project assignment for every student on the meaning of different T’filot (prayers).

Ani ohev Ivrit focuses on speaking Hebrew – using all Hebrew vocabulary and an approach called Total Physical Response, which emphasizes active learning.

I heart Hebrew creates a much more interactive and engaging approach to Hebrew learning, and I look forward to sharing results with you as our year progresses. Have a wonderful, sweet, and healthy new year.

L’Shanah Tovah!

Jed
ME’AH
100 HOURS. 2 YEARS. INSPIRED JEWISH LEARNING.

For busy adult learners: explore core texts from the Hebrew Bible, and from the rabbinic, medieval and modern periods.

Classes begin in the fall of 2013.

REGISTER NOW FOR A NORTH SHORE CLASS!
North Shore Collaborative meeting at Cohen Hillel Academy
(Temple Emanu-El, Temple Sinai, Cong. Shirat Hayam, Cohen Hillel Academy, JCC of the NS)

Wednesdays, 7:00 - 9:00 p.m.

Contact:
Rabbi David Meyer, meah.northshore@gmail.com, 781-631-9300

Register now at: www.hebrewcollege.edu/meah.
Shalom! My name is Rachael Pass, and I am very excited to be joining Congregation Shirat Hayam and Temple Emanu-El this year as the new Youth Director. I grew up in Louisville, Kentucky, attending The Temple, a Reform congregation very similar to Temple Emanu-El. I was very involved in my youth group there, which is where my love of congregational life developed. For the past four years I have lived in Waltham attending Brandeis University. I graduated from there in May with a degree in Near Eastern and Judaic Studies and in Psychology. I spent this summer at URJ Goldman Union Camp Institute, as I have every summer for the past fourteen years. Between camp and youth group, my Jewish identity developed a lot through informal and experiential education. My experiences in both places have led me to dedicate my life to the Jewish community and to Jewish youth. I am very excited to begin this journey with SMARTY YAiSH!

You can reach me at: smartyyaish@gmail.com

See you soon!

Rachael

Schedule of upcoming Lounges and events:

October 3 - 7-9 pm First Lounge night at Shirat Hayam, open to grades 9-12. Lounge will be every Thursday from 7-9 pm for grades 9-12, rotating monthly between Shirat Hayam and Temple Emanu-El. October, December, February, April, June at Shirat Hayam; November, January, March, May at Emanu-El.

October 9 - 6:30-8:30 first Junior Lounge at Shirat Hayam, open to grades 6-8. Junior Lounge happens the second Wednesday of every month and follows the location of Sr. Lounge nights. Junior Lounge dates are 10/9, 11/13, 12/11, 1/8, 2/12, 3/12, 4/9, 5/14, 6/11.

October 14th Trip to Connor’s Farm in Danvers, open to both Jr. and Sr. SMARTY YAiSH (grades 6-12).
**Ma Nishmah? What’s Happening?**

Would you like to be a Synaguide*? It’s really very gratifying to greet new people and see old friends. It’s only a little more than an hour or on a Saturday morning, from 9:45 to 11:15 am. You don’t have to do it every week - the more volunteers, the less time we need you. If you’d like to try it, give me a call - no experience necessary! 781.599.8005 Ext. 27 or marla@shirathayam.org.

*L’hitraot,*

**Marla**

*Synaguide*  
[sin´a · gahyd]

noun

1. one who assists (a person) to travel through, or reach a destination in an unfamiliar area, as by accompanying or giving directions at Shirat Hayam

2. one who accompanies and shows points of interest and explains their meaning or significance at Shirat Hayam.

3. one who provides radical hospitality...at Shirat Hayam

“My experience at Shirat Hayam was enhanced by a friendly and welcoming Synaguide.”

---

**B’ruchim HaBaim ~ ברכים ביתם**

Welcome to the newest members of the Shirat Hayam family:

- Helene Azanow
- Bob and Janet Lieberson
- Ellen Silverman
- Lee and Heidi Zohn
- Oliver, Isaiah and Zoe
- Marjorie Zoll
- Lisa Tapper Rebello
- Julia and Alexis
- Olga Shulman
Kvelling... Family Announcements

David and Rory Brodsky have a new home
Esther and Arthur Goldberg have a new grandson, Max Mendel Goldberg
Florence and Harry Wigetman’s grandson got married in June
Shari Frost received her MFA in Creative Writing (concentration in Writing for Stage & Screen.)
Olivia Sinrich, Of Worcester, granddaughter of Leeta Sinrich and niece of Susan and Michael Sinrich, returned recently from Israel where she participated in the 2013 Maccabiah Games on the US Junior Women’s Gymnastic Team winning two silver medals and one bronze!
Rabbi Ken and Sue Weiss’s grandchildren, Joshua and Juliana, became B’nai Mitzvah
Ann Segal has a new great-granddaughter, “Charlie” Liberty Harris
Burt Shepard celebrated his 80th birthday

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish.... you get the idea! Share your joy with your CSH family... let’s kvell together!
Send your information (photo optional) to: Marla@ShiratHayam.org.

If you would like to have a card sent to any of the families listed above in honor of their life cycle events, you may make donations online at: www.shirathayam.org or mail your check (minimum $10) payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907, listing the occasion you are honoring and how you prefer to have the card signed.

Thank you.

Thank you from Burt Shepard

Thank you to all of my family and friends who celebrated my 80th birthday with Becky and me and sent their good wishes. I truly am blessed to have all of you as a part of my community.

Love,

Burt
Have a seat.
Get moving.

Chair yoga is for people of all ages, fitness and mobility levels. Focusing on breathing, alignment and balance. This 7 week series will introduce you to yoga postures for a chair. The chair replaces a yoga mat and allows you to take full advantage of yoga’s amazing flexibility and health potential.

Join Ariela HaLevi for this new Chair Yoga class at Shirat Hayam on the following Thursdays:
October 10, 17, 24 and 31
November 7, 14 and 21
11:45 am to 12:45 pm

CSH members - $55* for 7-part series or $10 a class
Non-members - $60* for 8-part series or $12 a class
Your check (to CSH) will reserve your space.
*3% discount for cash or check payment in advance.

Magic Minyan

A Shabbat Synaplex™ option for families with children up to 5 years of age - October 12th and then...
the first Saturday of the month!
October 12, November 2, December 7, January 4, February 1, March 1, April 5, May 3 and June 7

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with Preschool age children and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us on October 12th, then... the first Saturday of the month!
Shalom from Gan at Shirat HaYam!

We have something to smile about!

The first year of the CSH garden was a huge success. Thank you to everyone who made it possible. Next year will be even bigger and better!

For more information, contact:

Ariela HaLevi and Jill Goodman, CSH Community Garden Co-chairs
garden@shirathayam.org
Shabbat Experience @ CSH

**Babysitting**

- **Ages up to 4**
- **Downstairs Playroom**
- An adult must remain in the building.
- **9:00 -11:50 am, weekly**

Babysitting is provided at no charge so that parents may attend services.

---

**Limud Shabbat**

- **Kids’ CJE Experience**
- **Center for Jewish Education**
- **Ages 4 and up**
- **9:00 - noon weekly**

Preschool Limud Shabbat is free and open to the community. Registration required.

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**Traditional and Alternative Service Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Greg Coles</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

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**For Everyone - Main Sanctuary**

11:45 am - noon

**Ruach Rally**

Concluding prayers and Kiddush/Motzi

**Community Shabbat Café at noon**

12:15 pm - Kids’ Kehilla Lounge

*12:30 Mini-plex Lunchtime Learning - see page 31 for more!*

*1:30 Mincha Minyan*

Attire is casual.

*We practice radical hospitality.*

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Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’sukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Magic Minyan - 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (Preschool age and under) is held on the second Saturday of the month.

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the hall with the following guest scholars for October:

5 - Noah Hartman; 12 - Rabbi Ken Weiss; 19 - Harvey Zarren; 26 - Jed Filler

Mini-Plex

Bring your dessert to the designated table and study with us.

October 5 - Jed Filler; 12 - Rabbi B; 19 - Noah Hartman; 26 - Cantor Elana

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am; Monday - Thursday evenings: 7:00 pm; Sundays 9:00 am; 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule) Saturday afternoon mincha: 1:30 pm

Candle Lighting

October

4 - 6:03; 11 - 5:51; 18 - 5:40; 25 - 5:29
Condolences, Well Wishes & Donations

We mourn the passing of our members

Barry Zimman
George Katz
Abby Schwartz
Edward Shapiro

and extend our deepest sympathy to their family and friends

Condolences to

Shari Frost on the loss of her father, Mickey Lokomowitz
Cynthia Poster on the loss of her sister, Elinor Reinherz Persky
Leeta Sinrich on the loss of her brother, Paul Berman
Michael and Susan Sinrich on the loss of Michael’s uncle, Paul Berman
Thelma Gibbs on the loss of her sister, Elaine Grover
Michael Rosenbaum on the loss of his mother, Lee Rosenbaum
Leslie Ogan on the loss of her aunt, Edith Mishkin
Les Rosen on the loss of his brother, Sidney Rosen
Beth and Paul Tassinari on the loss of Beth’s uncle, Sidney Rosen
Debbie and Lenny Leibowitz on the loss of Debbie’s aunt, Beatrice Baker Dunn
Charles Levine on the loss of his brother, David Levine
Ivy and David Finn on the loss of Ivy’s grandmother, Esther Feingold
David Zion on the loss of his mother, Maralyn Keay
Marjorie and Randy Patkin on the loss of Marjorie’s father, Leon A. Weiss
Mim Ostrovitz on the loss of her granddaughter-in-law, Judith Stacks Ostrovitz. She was also the grandniece of Harriet Sussman
Margery Shapiro on the loss of her husband, Ed Shapiro
Lois and Jerry Ogan on the loss of their son-in-law, Ed Shapiro

RABBI’S DISCRETIONARY FUND

In celebration of our 55th Wedding Anniversary
by Arlene and David Addis
In honor of the engagement of David and Susan Kauder’s son
by Al and Gila Namias
In honor of the marriage of Steve Baratz’s son
by Michael, Cheryl and Ruthie Lunder
A donation has been made with get well wishes to Phyllis Karas
by Al and Gila Namias
In memory of George Katz
by Harold and Leslie Freedman
A donation has been made to Steven Freedman and family in memory of Kenneth
by Steven and Ethel Harris
In memory of Bernice Samiljan’s brother
by Ruth Lunder
In appreciation of Brad’s Auf Ruf before his marriage to Devra
by Arnold and Rand Bergman
In honor of CSH
by Ruthann Cohn
In honor of Bryna Litchman’s birthday
by David and Barbara Schneider
In honor of the marriage of Michael Ogan to Emily
   by Carolyn Perlow
Wishing Rabbi B and his family a happy and healthy New Year
   by Dale and Saul Stanten
With gratitude to Rabbi B for acknowledging my brother, David, of blessed memory
   by Faylyn and Charles Levine
In honor of Bernice Mitchell’s very special birthday
   by Jason and Jo-Ann Polsky
In honor of Herbie and Ellie Schultz’s 71st Wedding Anniversary
   by Rose Schultz Weisthal and family
With gratitude for the High Holy Day shulcasts
   by Cheryl Finkelstein; Bernice Siegelman
With gratitude for the inspirational service
   by Bea and Sidney Strome
In memory of Elaine Volk’s brother, Barry Schneiderman
   by Steve and Ethel Harris
In memory of:
Father, Morris Levine
   by Charles and Faylyn Levine
Brother, Abraham Pearl
Mother, Sima Pearl
   by Golda Greenbaum
Sister, Ida Spitzer
   by Fay Castleman
Sister, Gail Salinsky
   by Richard Salinsky
Mother, Blanche Chayet
   by Neil Chayet
Father, Elcy Chayet
Sister, Sylvia Pachter
Mother, Ida Levine
   by Faylyn and Charles Levine
CANTOR ELANA’S DISCRETIONARY FUND
In honor of the birth of Cantor Elana and Raphael Rozenfeld’s son, Ariel
   by Michael and Lisa Weis
Thank you to Cantor Elana for a delightful evening and beautiful High Holy Day services
   by Bea Strome
In honor of Georgie Sawyer’s 90th birthday
   by Chris and Jen Hockert
In honor of Phil Sevinor’s birthday
   by Sandy and Roz Levy
Thank you to Cantor Elana
   by Michael and Rachelle Rosenbaum
In appreciation of Cantor Elana for Polly Glosband School’s funeral
   by David and Merrily Glosband
Get well wishes for Becky Shepard
   by Golda Greenbaum
With gratitude for beautiful High Holy Day services
   by Carl and Toby Sloane

In memory of:
Brother, Philip Bender
   by Barbara Abramson
Mother, Betty Bender
Brother, Marvin Bender
   by Barbara Abramson
CANTOR EMIL’S DISCRETIONARY FUND
In honor of Cantor Emil’s Honorary Doctorate of Music at the JTS
   by Carol and Sam Denbo; Sheila and Stan Rich; Ruth and Eric Kahny; Mark and Karen Meyer and family; Charles and Alice Leidner; Ann Segal; Natalie White; Bernie and Barbara Forbush; Diana and Ed Caplan; Donald and Charlotte Fine; Barbara and Sid Abrams; Helaine and James Hazlett; Judy and Dan White; Al and Gila Namias
In honor of Robert and Bery Sanford becoming great-grandparents
   by Sidney and Bea Strome
In honor of Bea Strome’s birthday
In honor of Diane Levin’s beautiful Shabbat Torah readings
   by Natalie White
In memory of Lena Rosenbaum
   by Sandy and Roz Levy
In honor of Georgie Sawyer’s 90th birthday
   by Natalie White
Thank you to Cantor Emil
   by Michael and Rachelle Rosenbaum
Thank you to Deanna Cooper for your kindness and thoughtfulness
   by Chris and Jennifer Hockert
In appreciation of Brad’s Auf Ruf before his marriage to Devra  
by Arnold and Rand Bergman

In honor of Phil Sevinor’s 90th birthday  
by Eli and Muriel Talkov

In honor of Selma Bloom’s special birthday  
by Natalie White

With gratitude to Cantor Emil for conducting the High Holy Day service so beautifully  
by Bea and Sidney Strome

With gratitude to Cantor Emil for his kindnesses and service over the years  
by Carl and Toby Sloane

In memory of:  
Mother, Ida Sevinor  
by Philip Sevinor

Brother, Philip Bender  
by Barbara Abramson

Father, Sidney Kaplan  
Aunt, Dorothy Levey  
by Ethel Harris

Father, Edward Harris  
by Steven Harris

Mother, Tina Strulovici  
by Bob and Bery Sanford

Grandfather, Harry Stoller  
by Natalie White

CSH PRESCHOOL FUND
In celebration of the Bat Mitzvah of Averi Kaplowitch  
by Beverly A. Kahn and family

In celebration of the Bat Mitzvah of Livia Alperin  
by Beverly A. Kahn and family

In honor of the Bat Mitzvah of Averi Kaplowitch  
by David and Karen Rosenberg

In honor of the marriage of Beverly Kahn’s son, Jonathan, to Lucia Alvarado  
by Sam and Carol Denbo

In memory of David Zion’s mother, Maralyn Keay  
by Leslie Sack and Steven Baratz

In memory of Daniel Glosband’s mother, Polly Glosband School  
by Debbie and Lenny Leibowitz

In memory of:  
Father, Saul Gilberg  
by Carol and Jim Goldman

Father, Philip Yanofsky  
by Beth Yanofsky

CENTER FOR JEWISH EDUCATION FUND
In memory of Marjorie Patkin’s father, Leon Weiss  
by Lynne and Otis Greenberg

In memory of:  
Father, Albert Cushing  
by Faith Kimmel

GENERAL FUND
In honor of the wedding of Rand and Arnold Bergman’s daughter  
by Charles and Alice Leidner

A donation has been made in honor of Congregation Shirat Hayam  
by Ron Kaiker

In honor of the 50th wedding anniversary of Mr. and Mrs. Herbert Miller  
by Bobbie and Richard Cohen

In memory of Pauline Glosband School  
by Lisel Macenka; Murray and June Davis

In memory of Michael Rosenbaum’s mother, Lena Rosenbaum  
by Eddie and Diane Knopf; Philip and Marla Gay; Beverly Richman; Sidney and Bea Strome; Ed and Margie Shapiro; Peter and Marge Albin; Ina Resnikoff

In honor of Georgie Sawyer’s 90th birthday  
by Lorraine Sheer

In appreciation of parking  
by Allen and Lee Bernstein

In memory of Paul Berman  
by Ronald and Sheila Propper

Many thanks to Harvey and Helaine Cotton and Jerry and Lois Ogan for their love and support this past year  
by Beverly Richman

In honor of Merv Gray’s 93rd birthday  
by Harriett and Ralph Kaplan

In honor of the 90th birthday of Philip Sevinor  
by Nancy and Arnold Alexander

With gratitude for CSH  
by Sarah Liberman

In honor of David Rosenberg, for the man he is and for his kindness  
by Mitchell Selig

In memory of Marjorie Patkin’s father, Leon Weiss  
by Valerie and Alan Gilbert; Bobby and Lois Kaplan

In memory of Robert Selby’s mother  
by Lynne and Roger Berkowitz
In memory of:
Father, William Cohen
by David Cohen
Father, Saul Gilberg
by Andrea Cohen
Father, Edward Sudenfield
by Deborah Sudenfield

SAMUEL BRODY MINYAN FUND
Get well wishes to Madeline Stark
by Carl and Sandy Shalit
In memory of Lena Rosenbaum
by Michael and Carla Greenberg; Eli and Muriel Talkov; Charles and Alice Leidner; Larry and Merle Shuman
Get well wishes for Becky Shepard
by Carl and Sandy Shalit
In memory of Bea Strome’s birthday
by Toby Bell
In memory of Frances Mendelsohn’s 100th birthday
by Sheryl, James, Theo and Zoe Parker
In memory of Phil Sevinor’s 90th birthday
by Arlene and Jerry Davidson; Sandy and Carl Shalit; Harvey and Thelma Sandberg; Ralph and Debra Sevinor; Sidney and Bea Strome
In memory of Sylvia Mizner
by Neal and Lynn Mizner
In memory of Roz and Sandy Levy’s new grandson
by Sylvia and Norman Revman

Get well wishes to Sidney Strome
by Eli and Muriel Talkov

In memory of:
Father, Nathan Baseman
by Deborah Sudenfield
Wife, Phyllis Schulte
by Marvin Schulte
Father, Leo Bonfeld
by Gail Gerson
Brother, Michael Interess
by Leslie Ogan
Mother, Esther Sapol
by Marilyn Levy
Father, Irving Streimish
by Robert Streimish
Husband, Bernard Shuman
by Marcia Shuman
Father, Saul Gilberg
by Jayne Goldman
by John Gilberg
Sister, Marion Shanker
by Ruth Shanker
Father, Harry Bloom
by Edith Spector
Father, Myer Bornstein
by Ruth Kahn
First Wife, Ellen Goldberg
by Howard Goldberg
Brother, Fred Cohen
by Miriam Kaplan
Uncle, Alfred Feffer
by Lawrence Feffer
Father, Louis Goldstein
by Marsha Feffer
Father-in-law, Louis Segal
by Ann Segal
Father, Benjamin Oslon
by Arthur Oslon
Father, Max Cutter
by Diane Hart
Father-in-law, Isadore Fine
by Hyman Sogoloff
Nephew, Jonathan Greenbaum
by Dorothy Tatelman
Mother, Esther Shapiro
by Melvin Shapiro
Mother, Jenny Kabatchnick
by Muriel Talkov
Brother-in-law, Barney Finkle
by Mildred Finkle
Mother, Marla Greenblatt
by Galina Mirmelshteyn
Mother, Frances Barron
by Ruth Lunder
Mother, Hannelore Hander
by Helyne Hamelburg
Brother, Melvin Cohen
by Harold Cohen
Father, David Goldberg
by Charlotte Gassman
Father, Samuel Gassman
by Manuel Gassman
Father, Benjamin Oslon
by Arthur Oslon
Sister, Hilda Nowakowski
Wife, Helen Babbitt
by Frank Babbitt
Grandmother, Gertrude Barnett
Uncle, Alan Barnett
by Jodie Barnett
Father, Melvin Greenberg  
by Michael Greenberg

Mother, Esther Brand  
by Jeffry Brand

Father, Saul Grad  
by Eleanor Grad

Sister, Mollie Goldberg  
by Sylvia Revman

Father, Harry Revman  
by Norman Revman

Mother and grandmother, Edythe Barr Reinherz  
by the Poster family

Father, Max Bunin  
by Aimee Bunin

Father, Lev Shulman  
by Irena Karasik

Mother, Laura Ravich  
by Richard Ravich

Mother, Jennie Shultz  
by Bella Weisberg

Mother, Mary Magowitz  
by Albert Mitchell

Husband, Charles Goldish  
by Sandra Goldish

Sister, Judith Lamson  
by Phyllis Hertz

Brother, Melvin Shuman  
by Arnold Shuman

Mother, Bernice Cushing  
by Faith Kimmel

Grandfather, David Zimmerman

Close Friend, Janice Frisch

Mother, Nora Kagan  
by Robin Cooper

Daughter, Patricia Richmond  
by Hyman Sogoloff

Mother, Norma Kentor  
by Roz Levy

Mother, Bessie Steinberg  
by Sylvia Kramer

Great-grandmother, Bessie Steinberg  
by Deborah McWade

Grandmother, Sylvia Robinson  
by Rori Brodsky

Wife, Doris Spector  
by Benjamin Spector

Mother, Rose Brooks  
by Andrea Kline

Father, Hyman Talkov  
by Eli Talkov

Mother, Ida Oslon  
by Arthur Oslon

Mother, Anna Karmin  
by Millicent Oslon

Brother, Leslie Denbo  
by Samuel Denbo

Sister, Harriette Osgood

Mother, Cecelia Brooks  
by Norma Brooks

Mother, Annie Revman  
by Norman Revman

Mother-in-law, Ida Sherman  
by Lil Sherman

Husband, David Messenger  
by Barbara Messenger

Father, Meyer Abramson  
by Sidney Abramson

Father-in-law, Samuel Bean  
by Marjorie Bean

Husband, Edward Spatz  
by Carole Spatz

Mother, Celia Israel  
by Phyllis Hertz

Sister-in-law, Goldie Colls  
by Mildred Finkle

Sister, Joyce Lindmark  
by Lois Ogan

Father, Barney Glazer  
by Myles Glazer

Mother, Rebecca Katz  
by Gerald Tiger

Husband, Aaron Bell  
by Toby Bell

Father-in-law, Gerald Ogan  
by Leslie Ogan

Father, Gerald Ogan  
by Robert Ogan

Mother, Shirley Tishler  
by Jackie Rosenfield

Mother-in-law, Molly Zalkind  
by Herb Goldberg

Brother, Morris Babbitt  
by Frank Babbitt

Mother, Sally Phillips  
by Frederic Phillips

Husband, Alfred Snyder  
by Phyllis Snyder

Aunt, Anna Mintz

Grandmother, Rose Zimmerman  
by Robin Cooper

Father, Efim Zemel  
by Boris and Svetlana Zemel
Mother, Bertha Rozeff  
by Eunice Brody
Aunt, Barbara Collier  
by Deborah Comins
Grandmother, Kate Stern  
by Doris Hirsch
Brother, Joel Noe  
by Stacey Gordon
Father, William Marx  
by Caroline Lena
Mother, Sadie Harris  
by D. Sidney Harris
Sister, Thelma Zane
Father, Harry Levy  
by David Levy
Father, Samuel Brimberg  
by Rose Rosenthal
Grandmother, Lena Lewis
Husband, Marvin Goldstein
Uncle, Joseph Lewis  
by Constance Lewis
Mother, Taube Grad  
by Eleanor Grad
Sister, Minnie Segel  
by Hyman Sogoloff
Father, Aaron Fingerman
Brother-in-law, Bob Shelan  
by Sylvia Revman
Father, Abraham Sherman  
by Elaine Linsky
Father, Benjamin Linsky  
by Philip Linsky
Mother, Leola Interess  
by Leslie Ogan
Husband, Charles Volovick
Mother, Rachel Stone  
by Anne Volovick
Mother, Minnie Volovick  
by Harold Cohen
Father, Loren Samuelson  
by Janice Cohen
Mother, Lisa Noskin  
by Semyon Karasik
Mother, Florence Dolinsky  
by Marilyn Segall
Father, Israel Finkle  
by Paula Kesslen
Father, Lewis Alexander  
by Lawrence Alexander
Son, Joseph Finkle  
by Mildred Finkle
Father, Barry Schwartz  
by Heleene Fink
Father and grandfather, Harry Reinherz  
by the Poster family
Mother, Sophie Waldman  
by Michael Waldman
Husband, Abraham Sherman  
by Lil Sherman
Uncle, Abraham Patt  
by Melvin Shapiro
Mother, Frieda Goldberg  
by Charlotte Gassman
Father, Leon Gloshband  
by Daniel Gloshband
Brother, Leo Barron  
by Ruth Lunder
Nephew, Phillip Kagan  
by Robin Cooper

Mother, Anna Schechter
Aunt, Rosalia Glassner  
by Sandra Hirshner
Brother, Mark Hirshberg  
by Jeffrey Hirshberg

SHABBAT CAFE KIDDUSH FUND
In honor of Michael Bailen’s Aliyah  
by Michael Bailen
In honor of Ellen and Hilik’s wedding  
by Robert and Roberta Soltz
In honor of the marriage of Deborah, daughter of Roberta and Robert Soltz, to Jeff  
by Diana and Ed Caplan
In memory of Ruth Kates’s husband, Murray Kates  
In memory of Danielle Harsip’s grandmother, Carmella Gregorie
In memory of Marjorie Bean’s mother, Sally Price  
by Larry and Lori Groipen
In memory of Shari Frost’s father, Mickey Lokomowitz  
by David and Harriet Moldau
In memory of Lena Rosenbaum  
by Sidney and Bea Strome; Sandy and Roz Levy
In honor of Georgie Sawyer’s 90th birthday  
by Howard and Sally Ross; Alavah Parker and Frances Mendelsohn; Sidney and Bea Strome; Mel and Eve Graff; Cynthia Lutch; James and Helaine Hazlett; Donald and Charlotte Fine; Natalie Kaplan and Rene Shuman; Lew and Reggie Weinstein; Murry and Joan Rich; Jerry and Rikki Farber; Bill and Thelma Silverman; Mr. and Mrs. Malcolm Indeck; (cont.)
In honor of Frances Mendelsohn’s 100th birthday
   by Donna Cohan; Fran Pearlman; Annamaria Tiberti; Susie Butler; Rosemary Huang; Cookie Melanson

In honor of our Uncle Phil Sevinor’s 90th birthday
   by Margie and Jerry Somers

In memory of Abby Schwartz
   by Phil and Elaine Sevinor; Phyllis Sagan

In honor of Phil Sevinor’s 90th birthday
   by Joan and Murry Rich; Toyo Johnson

A donation has been made
   by Ron and Pat Kafker

In memory of Marjorie Patkin’s father, Leon Weiss
   by Jack and Phyllis Karas; Herb and Arlene Leventhal

A donation has been made
   by Hersh Goldman

Get well wishes to Bonnie Schapiro
   by Steve and Ethel Harris

In honor of Ellen and Dan Levine’s 50th Wedding anniversary

In honor of the marriage of Roberta and Robert Soltz’s daughter
   by Marilyn and Harry Epstein

In honor of Jennifer Stark being appointed a Judge
   by Lori and Larry Groipen

In memory of Marjorie Patkin’s father, Leon Weiss

In memory of Andrea Katz’s father-in-law, George Katz
   by Larry and Susan Goldberg

In memory of:
Father, Samuel Schulte
   by Marvin Schulte
Mother, Ethel Alperin
   by Marcia Shuman
Mother, Belle Klasky
   by Phyllis Karas
Mother, Gertrude Landfield
   by Miriam Ostrovitz
Father, Albert Nahmias
   by Marcia Yellin
Sister, Hilda Nowakowski
Sister-in-law, Sylvia Babbitt
   by Abraham Babbitt
Mother, Bernice Polins
   by Richard Polins
Mother, Sophie Levine
Sister, Selma Levine
   by Harriett Kaplan
Mother, Lucille Weiss
   by Robert Weiss
Mother, Frieda Stahl
   by Shirley Merken
Mother, Bella Kraft
   by Jane Haymon
Granddaughter, Jaime Moore
   by Ralph and Harriett Kaplan
Father, Isaak Khayter
   by Mark Khayter
Father, Morris Epstein
   by Harold Epstein
Father, Irving Karol
   by Ann Bailen
Mother, Gertrude Landfield
   by Harriet Sussman

Sid and Edna Grob; Ken and Sue Weiss; Jerry and Lois Ogan; Sandy and Roz Levy; Manny and Charlotte Gasman
In honor of Bea Strome’s birthday
   by Donald and Charlotte Fine; Murry and Joan Rich; Alvah Parker and Frances Mendelsohn; Ken and Sue Weiss; Ed and Diana Caplan
In honor of Jenna Bailen’s 10th birthday
   by Steven and Cindy Bailen
In honor of Arthur and Esther Goldberg’s new grandson, Max
   by Phyllis Sagan
In honor of Leslie and Bob Ogan’s son, Michael’s marriage to Emily
   by Jerry and Lois Ogan
In honor of Arnie Shuman’s 70th birthday
   by Larry and Susan Goldberg
Wishing a speedy recovery to Betty Ross
   by Samuel and Carol Denbo
Wishing a speedy recovery to Gary Freedman
   by Ralph and Harriett Kaplan
In honor of the birth of Ben and Marcy Yellin’s granddaughter
   by Arnold and Rand Bergman
In honor of the marriage of Bob and Leslie Ogan’s son, Michael to Emily
   by Phyllis and Jack Karas
In honor of Burt Shepard’s 80th birthday
   by Joan and Murry Rich; Neil and Deanna Cooper
In honor of Lori and Larry Groipen’s wedding anniversary
   by Mom and Dad Groipen

In honor of Bea Strome’s birthday
   by Donald and Charlotte Fine; Murry and Joan Rich; Alvah Parker and Frances Mendelsohn; Ken and Sue Weiss; Ed and Diana Caplan
In honor of Jenna Bailen’s 10th birthday
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   by Joan and Murry Rich; Neil and Deanna Cooper
In honor of Lori and Larry Groipen’s wedding anniversary
   by Mom and Dad Groipen
Brother-in-law, Jack Goldenberg
Husband, Irving Goldenberg
  by Ruth Goldenberg
Brother, Edward Barron
Brother, Harold Barron
  by Ruth Lunder
Father, John Finegold
  by Donald Finegold
Mother, Laura Ravich
  by Robert Ravich
Father, Julius Weisman
  by Joseph Weisman
Mother, Vivien Germain
  by Arlene Germain
Brother, Carl Mack
Father, Jacob Mack
  by Harold Mack
Grandmother, Florence Gordon
  by Ellen Weisman
Father, Samuel Cukell
  by Wendy Wicks
Father, Harry Israel
  by Phyllis Hertz
Father, Paul Shoreman
  by Daniel Shoreman
Mother, Elsie Shuman
  by Arnold Shuman
Father, Samuel Rosenfield
  by Gila Namias
Mother, Patricia Frank
  by Lee Henson
Stepmother, Edna Sher
  by Esther Kramer
Father, Benjamin Millstein
  by Ann Segal
Father, Adrian Comins
  by Edye Baker
Father, Yakov Rozenblum
  by Perlina Levitin
Mother-in-law, Rae Finestone
  by Doreen Godes
Mother, Sylvia Robinson
  by Reggie Weinstein
Mother, Eve Silverstein
  by Marsha Rubin
Sister, Ronna Miles
  by Barbara Meyer
Brother, Myer Weisman
  by Joseph Weisman
Father, George Berlow
  by Bette Ann Weisman
Mother, Ada Myerson
  by Robert Myerson
Husband, Arnold Vinick
  by Barbara Vinick
Husband, Henry Gibbs
  by Thelma Gibbs
Brother, Morris Babbitt
  by Abraham Babbitt
Daughter, Laurie Hershberg
  by Beatrice Hershberg
Father, Abraham Rich
  by Murry Rich
Mother, Beulah Pike
  by Ellen and Richard Alexander
Father, Yitshok Siegel
  by Frances Bobroff
Father, Aaron Cohen
  by Wendy Dubinsky
Father, Jacob Dubinsky
  by Michael Dubinsky
Father, Herman Rosenberg
  by Mr. and Mrs. Leslie Rosenberg
Mother, Rose Morgan
Father, Abram Morgan
  by Elaine Siegel
Sister, Stephanie Nathan Soler
  by Bruce Nathan and family
Father, David Barton
Mother-in-law, Sophie Gold
  by Enid Gold
Mother, Helene Goldstein
  by Sandra Goldstein
Grandmother, Ruth Spencer
  by Daniel Glosband
Husband, Harvey Cohn
  by Ruthann Cohn
Father, William Shube
  by George Shube
Father, Harold Novick
  by Betsy Goldberg
Cousin, Lawrence Brenner
  by Leona Karp
Father, Charles Alfond
  by Harriet Mack
Sister, Sandy Kosoff
Mother, Esta Rosenthal
  by Marla Belostock
Stepmother, Ida Goldman
  by Gloria Sax
Mother, Florence Blake
  by Michael Blake
Brother, Carl Titchell
  by Arlene Leventhal
Mother, Sarah Weisman
  by Joseph Weisman
Husband, Joseph Kessler
  by Joan Rosen
Brother, Charles Soucy
  by Joan Garfield
Father, Merle Eakins
Sister, Susan Eakins
  by Katharine Borten
Father, Abraham Interess
  by Leslie Ogan
Father, Charles Alfond
  by Bette Shoreman
Father, Sam Kantor
  by Fran Walker
Mother, Betty Walker
  by Robert Walker
Father, Philip Yanofsky
  by Barbara Levine
Father, Louis Grossman
  by Carol Ablow
Mother-in-law, Bertha Schloss
Mother, Sally Kendell
  by Honey Schloss
Uncle, Myron Guthartz
  by Mikkel DellaCamera
Aunt, Edythe Schur
Mother, Rosamond Richmond
  by Arlene Addis
Grandfather, Howard Wentworth
  by Daniel Glosband
Husband, David Levine
  by Helen Levine
Brother, Sidney Gould
  by Sylvia Brown

Mother, Ilene Tatelman
  by Richard Tatelman
Sister, Rose Mandravelis
  by Esther Kramer
Father, Daniel Turkanis
  by Barry Turkanis
Husband, Morris Tabb
  by Rose Tabb

TORAH FUND
In memory of Paul Berman
  by Robert and Marion Garfinkel
In memory of Sally Price
  by Robert and Marion Garfinkel
In honor of Georgie Sawyer’s 90th birthday
  by Eric and Ruth Kahn
In memory of Abigail Schwartz
  by Morris Goldfield

In memory of:
Father, Leonard Garfinkel
Mother, Molly Germain
  by Robert and Marion Garfinkel
Father-in-law, Jacob Epstein,
  by Morris Goldfield
Parents, Rose and Abe Kleinman
  by Bernice Siegelman

FAMILY PROGRAM FUND
In honor of Burt Shepard
  by Maya Evans

HENRY MERKEN TALLIT MEMORIAL FUND
In memory of:
Friend, Stanley Berenson
  by Elaine Merken

HOWARD STEVEN FEFFER SCHOLARSHIP FUND
In memory of my uncle, Nathan Zoll
  by Judith Feffer

DR. N. MILTON INSUIK MEMORIAL GARDEN
In honor of Barri Stein’s new home
  by Bernice Insuik

PRAYERBOOK FUND
In honor of Georgie Sawyer’s 90th birthday
  by Bernie, Barbara and Max Forbush
In honor of the marriage of Bob and Leslie Ogan’s son, Michael, to Emily
  by Brian and Bonnie Strasnick
In honor of Jeffrey Brand for receiving the Salem Hospital Lifetime Achievement Award
  by Linda and Larry Dukatz
In honor of Phil Sevinor’s 90th birthday
  by Dale and Jack Gusman

SMITH LANDSCAPE FUND
In memory of Polly Glosband-School
  by Sidney and Beatrice Strome; Michael White; Donald and Charlotte Fine; Barbara Vinick; John Cohen; The Follick Family; Charles and Alice Leidner; Robert and Roberta Soltz; Cindy and Jeffrey Blonder and family; Clemens and Bonnie Schoenebeck and Kristen and Rich Baldacci; Sherryl J. Rosen; Harold and Judy Kramer; Estelle and Bitzy Bitman; Michael and Roslyn Eschelbacher; Mark and Judy Arnold; Scott Webster; Beverly Kahn and family; (cont.)
Sandy and Mark Challant; Murray Sisitsky and Jim DeStefano; Karen and Ron Werthermer; Deahn and Russell Leblang; Ron and Nonnie Rubin and family; Judith Ann Levitt Koenig; Herb Goldberg; D. Cynthia Vitello, Ruth and Eric Kahn; Dana and Nat Sisitsky and family; Elizabeth Neufeld; Sheldon and Brenda Cohen; Herb and Arlene Leventhal

In memory of Margie Bean’s mother, Sally Price
   by Sylvia and Saul Lipnick

In memory of:
Mother, Sayra Cohen
   by Sheldon Cohen
Mother, Mona Finn
   by Brenda Cohen
Mother, Edith Alpert
Husband, Harvey Greif
   by Ronna Greif

TREE PLANTED IN ISRAEL
In honor of Nancy and Herb Miller’s 50th Wedding Anniversary
   by Nancy and Herb Miller
In honor of Georgie Sawyer’s 90th birthday
In honor of Burt Shepard’s 80th birthday
   by Gloria Sax
In memory of Lena Rosenbaum
   by Marty and Debbie Krinsky
In honor of Jennifer and Chris Hockert for their extraordinary kindness
   by Becky Shepard

In honor of the B’nai Mitzvah of Rabbi Ken and Sue Weiss’s grandchildren
   by Becky and Burt Shepard

CHESED FUND
Thank you to Cantor Elana for visiting my sister, Rosalind Hirshfield, during her final days
   by Joel Greenstein
In memory of Cantor Emil’s birthday
In memory of Marjorie Patkin’s father, Leon Weiss
   by Amy and Alan Resnic and family
In memory of Alex Patkin’s grandfather, Leon Weiss
   by Stephen Resnic

TIKVAH FUND
In honor of Arye and Desiree Gil becoming grandparents
In honor of Ben and Marcy Yellin becoming grandparents
   by Sidney and Bea Strome

BURT SHEPARD SCHOLARSHIP FUND
In honor of the engagement of Michael Kauder, son of Susan and David Kauder
   by Alice and Charles Leidner
In memory of Lena Rosenbaum
   by Bernie and Barbara Forbush; Burt and Becky Shepard
Wishing a speedy recovery to Phyllis Karas
A donation has been made with get well wishes for Barbara Forbush
   by Burt and Becky Shepard; Gloria Sax
In memory of the marriage of Arnie and Rand Bergman’s daughter
In memory of Marjorie Bean’s mother, Sally Price
Wishing a speedy recovery to Betty Ross
   by Burt and Becky Shepard
Get well wishes for Nelson and Libby Kessler
   by Gloria Sax
Get well wishes for Becky Shepard
   by Michael and Carla Greenberg; Natalie White; Jack and Phyllis Karas; Chris and Jen Hockert; Sandy and Roz Levy; Michael and Rachelle Rosenbaum; Sam and Carol Denbo; Steven and Ethel Harris; Herb Goldberg; Linda Kuperstein; Eli and Muriel Talkov; Cy and Marilyn Fishman; Ralph and Harriett Kaplan; Arnold and Rand Bergman; Gloria Sax; Bette and Dan Shoreman; Barbara and Bernie Forbush
Get well wishes for Jennifer Hockert
   by Natalie White
Get well wishes for Albert Dilisio
Get well wishes for Lois Kaplan
   by Steven and Ethel Kaplan
In honor of Burt Shepard’s 80th birthday
   by Marc, Dana, and Harlene Mazonson; Ann Navon; Eli and Muriel Talkov; David and Heleene Fink;
   Jeff, Sandy, Jackie and Leslie Hirshberg; Natalie White and family; Constance Lewis; Barbara and Gene Barden; Judy and Harold Kramer; Charles and Alice Leidner; Barbara and Bernie Forbush; Nancy and Rich Klayman; Karen and Gerry Madorsky; Georgie Sawyer; Ken and Sue Weiss; Ellen and Steve Frankel; Herb Goldberg; (cont.)
MILTON AND ESTELLE FEINSTEIN MEMORIAL SCHOLARSHIP FUND

In memory of:
Grandmother, Bella Goldsmith
Mother, Estelle Feinstein
  by Joyce Bornstein

LEV INITIATIVE
In honor of Averi Kaplowitch
becoming a Bat Mitzvah
  by Karen and David Rosenberg
In honor of David Rosenberg for
all his help
  by Steve and Ethel Harris
In honor of Georgie Sawyer’s
90th birthday
In honor of Bea Strome’s birthday
In honor of Phil Sevinor’s birthday
Get well wishes for Becky Shepard
  by Murray and Jill Goodman
In memory of Marjorie Patkin’s
father, Leon Weiss
  by Leslie and Bob Ogan and
family

The following donations were
not received in time to place in
the High Holy Day Book, or are
corrections.

In memory of:
Ely Chayet
Blanche Chayet
  by Neil Chayet
Sidney Kimmel
Bernice Cushing
Florene Michalson
Nathan Eisenberg
Bessie Eisenberg
  by the Kimmel Family
Wilma Alexander
H. Gregory Alexander
Robert P. Alexander
  by Ellen and Richard
Alexander

GAN SHIRAT HAYAM
With special thanks for the salad
  by Bea Strome

CAPITAL CAMPAIGN
Memorial Alcove:
In memory of Ruth Maron Levy,
Jacob Levy and Jacob Freiman
  by Steve and Frances Freiman

HAROLD FRISCH SCHOLARSHIP FUND
In memory of:
Wife, Janice Frisch
  by Howard Frisch

ROSE MARSHALL COHEN FUND
Mother, Rose Cohen
  by Bunny Cohen Gorfinkle

HERBERT J. LILLIAN FUND
In memory of:
Wife, Gladys Lillian
  by Melvin Lillian
Israel Highlights

JERUSALEM
- B'nai Mitzvah at Southern Wall Excavation
- Western Wall Tunnels
- Mt. Herzl Cemetery and Museum
- Yad Vashem

THE SOUTH
- Ramon Crater
- Ein Ovdat
- Masada
- Dead Sea

THE NORTH
- Roman Theater and ancient ruins in Caesarea
- Grottoes at Rosh Hanikra
- Jeep tour through the Golan Heights
- Visit Mystical Safed and study with Rabbi B and his sister, Rebecca Rosen, Psychic Medium and author of “Awaken the Spirit Within”
- Rafting trip down the Jordan River
- Swim in Gan Sachne

TEL AVIV
- Rabin Square
- Palmach Museum
- Jaffa

...AND SO MUCH MORE!

Land package: $3,950.00*
Single supplement: $1,295.00
3rd person (under 18) in a room, deduct $585.00
Airfare rates will be available October 1.

*Pricing for Shirat Hayam members and their families. Non-CSH members please add $100/person. administrative fee.

Join Rabbi HaLevi and Shirat Hayam for the trip of a lifetime...

Israel

July 27 - August 7, 2014

If you are interested, contact Marla Gay at 781.599.8005 Ext. 27, or Email: Marla@ShiratHayam.org
DONATE
Your Clothing, Shoes and Linens

Donate, Recycle, Don’t Throw Away

All of the following can be donated in any condition as long as it’s clean and dry:

- Pants
- Shorts
- Shirts
- Pajamas
- T-Shirts
- Jerseys
- Sweatshirts
- Sweatpants
- Sweaters
- Jeans
- Dresses
- Skirts
- Coats
- Jackets / Suits
- Undergarments/bras
- Back packs
- Boots
- Shoes
- Slippers
- Belts
- Ties
- Purses
- Hats
- Socks
- Pillows
- Bedding: comforters, sheets, pillow cases, blankets
- Curtains/Draperies
- Table Linens
- Stuffed Animals

It’s not traC$H... for Shirat Hayam it’s caC$H!
100% of the proceeds benefit CSH.
Don’t throw away your clothing and textiles! Drop them off at CSH.
This is an easy fundraiser for CSH and it costs you nothing!

Thank you for your support.

Consult your tax professional for donation eligibility.
Tax receipts available.

Congregation Shirat Hayam of the North Shore
55 Atlantic Avenue, Swampscott, MA 01907 | CSH@ShiratHayam.org | 781.599.8005
www.ShiratHayam.org
**Shabbat Synaplex Expands to Afternoon “Mini-Plex”**

The Shabbat Community at Shirat Hayam continues to grow. After lunch, people linger until 1:30 or later. What a perfect time to expand our learning. Beginning at 12:30, join us at the designated space with your dessert and learn with us. The lunchtime learning will continue throughout the year in alternating 3-week sessions with Rabbi B, Cantor Elana and Jed Filler. The fourth session will be reserved for a guest from the community.

Each session will begin with study, followed by the Birkat, blessing after meals. We will take a few moments to reflect on the good fortune we have for breaking bread with our community, followed by the short mincha service at 1:30 (see below). Like morning Synaplex, come for one, some or all!

Many people have asked for a basic Judaism course because either they have had no formal Jewish education, or they don’t remember their lessons from Hebrew school. No prior knowledge of Judaism or Hebrew required. If you have questions on these topics, here is your opportunity to ask. As the year goes on, the topics will become more in-depth. Some of our topics for the year will include: Shabbat, Life Cycle Events, Passover Preparation, Israel and Tanach.

Mini-Plex is open to the community and will be casual. Come anytime to any class.

Mini-Plex topics and instructor will be posted monthly in the Wave and in your weekly email ‘This Week @ CSH.’

---

**Saturday Afternoon Minyan Change**

Did you know that Shirat Hayam is the only congregation on the North Shore to have a minyan twice a day?

---

**CSH Minyan Movers**

Saturday afternoon minyan is moving to 1:30 pm beginning August 10th.

(Replaces the 6:00 pm minyan)
Brotherhood

There’s always something going on with Brotherhood! Join us at our monthly meetings to find out how you can get involved! The next meeting is Sunday, October 6, following morning minyan (9:30). Or send me an email at cshbrotherhood@gmail.com. I look forward to hearing from you!

*Brian Cohen, Brotherhood President*

---

**Join Brotherhood for Monday Night Football**

Watch the game and have a bite to eat!

$10 gets you dinner, including beer and soda

You must rsvp for dinner to:

cshbrotherhood@gmail.com

Monday night games begin at 8:40, so the dinner will be served at 8:00 pm on the following dates:

- October 7, 14, 21, 28
- November 4, 11, 18, 24
- December 2, 9, 16, 23

---

**Brotherhood meetings - 9:30 am on the following Sundays:**

- October 6
- November 10
- December 1
- January 5
- February 2
- March 2
- April 6
- May 4
- June 1

---

Thank you to all of those who volunteered to be ushers and greeters for the High Holy Days. Your efforts helped make everything run smoothly.

*Brian*
Save the Date: Thursday, November 14

CSH Yoga Committee presents

An Evening of Health and Happiness

Beat holiday stress before it begins! Join us for a night of pampering and rejuvenation and sample different techniques for relaxation and healthy living... all while eating chocolate covered strawberries and sipping our famous Yogini Martinis (now there’s happiness)!

The evening will begin at 7:15 pm
Ariela HaLevi will lead a yoga class with massage therapists on hand for optional massage during savasana.

The evening continues at 8:00 pm with delicious, healthy smoothies, desserts and raw food, drinks and music, aromatherapy, massage, acupressure facelifts, reiki, tapping, and sound healing Intuitive readings, health coaching, organic lipsticks and more...

$25.75 a person
(3% discount for cash or check payments - $25.00)
RSVP to yoga@ShiratHayam.org

A raffle will be held to benefit CSH’s Hospice Shabbat program.
Chesed Committee
Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth
Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2013 Advertising Rates
Congregation Shirat Hayam Wave

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Yahrtzeits

If you have a yahrtzeit and plan to say kaddish at CSH, please bring a friend or two. Help make the perfect “10” at minyan.

Holidays 5774

2013
November 27 First Night Hanukkah
(Can you believe it?)

2014
January 16 Tu B’Shevat
March 13 Purim
April 15 Passover
Introducing BostonShuttle.com. Congregation Shirat Hayam is proud to announce its affiliation with North Shore Shuttle - Be Driven Transportation Group in an effort toward a "greener commuter"; an initiative aimed at reducing gridlock.

Save time and increase productivity. Log on to BostonShuttle.com to book your seat. Park, Get on Board, Type, Text, Talk and Reduce Gridlock, for $15 each way or $25 a day!

Departing daily from CSH parking lot. Enter "CSH" under introductory offer and get your 1st ride FREE! For more information email us at info@BostonShuttle.com.
Shabbat Café Sponsors

Thank you to the following for co-sponsoring the Shabbat Café in July, August and September:

Liane and Bob Biletch in honor of their son, Eli, becoming a bar mitzvah; Melissa and Scott Kaplowitch in honor of their daughter, Averi, becoming a bar mitzvah; Marilyn and Harry Epstein in honor of the marriage of their daughter, Ellen, to Hilik Vilenchik; Marci and Bob Alperin in honor of their daughter, Livia, becoming a bar mitzvah; Bea and Sidney Strome and Georgie Sawyer, in honor of Bea and Georgie’s birthdays; Steve and Cindy Bailen in honor of Jenna’s birthday; The Shepard Family in honor of Burt Shepard’s 80th birthday; Diane Levin and Stephen Hicks in honor of Diane reading Torah; Shari Kane and John Kane in honor of their son, Ian, becoming a bar mitzvah; Alvah Parker in honor of her mother, Frances Mendelsohn’s, 100th birthday; Bob and Leslie Ogan in honor of the marriage of their son Michael to Emily

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

Todah Rabah

Thank you to the following for participating in services in July, August and September:


Haftarah Chanters: Eli Biletch, Averi Kaplowitch, Livia Alperin, Nancy Miller, Joan Rich, Ellen Gordon, Alan Sidman, Diane Levin, Bob Milamed, Steve Bailen

If you would like to read Torah or chant a Haftarah, contact Cantor Emil: CantorEmil@ShiratHayam.org.

CSH Minyanaires

Thank you to the following members for supporting daily services in June:


*denotes service leaders

We are very fortunate to have the above minyanaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
CSH Book Club - Everyone’s welcome!

7:30 pm on the following Monday evenings:

Next season is set! Save these dates and get ready for your summer reading!

October 21  The Language of Flowers  by Vanessa Diffenbaugh
November 18  Light Between Oceans  by M. L. Stedman
December 16  The Kitchen House  by Kathleen Grissom
January 20  The Storyteller  by Jodi Picoult
February 17  I Am Forbidden  by Anouk Markovits
March 17  American Pastoral  by Philip Roth
April 28  In the Garden of Beasts  by Erik Larsen
May 19  The Immortal Life of Henrietta Lacks by Rebecca Skloot
June 16  The Chaperone  by Laura Moriarty

The CSH Book Club is open to the community - please join us.
For more information, email Becky Shepard at: shepardb@aol.com.

Spirited Sisters: Circle at the Sea

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

Please mark your calendars to join this wonderful program.

The Spirited Sisters will meet on Sunday evenings,
7:00 to 9:00 pm at CSH: 2013 - October 6, November 3, December 1
2014 - March 2, April 6, May 4

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.
Continued from page 7:

In his discussions in past Shabbats, Rabbi B has taught us that Zachor, “to remember,” is mentioned in the Torah 169 times. We are instructed as a people to “remember…to never forget…to pass on”.

“Project Zachor” is incredibly simple, beautiful, and sensible. It is an opportunity where you can create something wonderful to pass on, from what would otherwise be left behind; your values, traditions, heritage and relationships.

Everyone has a story worth telling! Celebrate your life and share YOUR legacy.

There will be much more information about “Project Zachor” and the many options that will be available to you, in the very near future. However, if you would like to have a Yahrzeit Memorial inscribed onto our Memorial Board, please contact Marla or me at any time. This is an AMAZING project for us at CSH and we hope you see it as an opportunity to commit YOUR legacy to future generations.

See you soon @ CSH,
Bob

For Sale
The Goldfields’ Cottage

Goose Pond, Canaan NH. "The Goldfields’ Cottage." Dartmouth Lake, Sunapee Region of central NH. A very charming 3 bedroom cottage overlooking a picturesque waterfront from your screened porch and fireside living room. Dock and secluded small beach for your boat too. Very well maintained 1940s cottage is for sale for $225,000. Call Don at Granite Northland Association 1-603-632-5567 Enfield NH.
Connections
A Widow and Widowers Group at Shirat Hayam

Please join us for a social evening and discussion

“Lean on Me... We All Need Somebody to Lean On”

Thursday, October 24
6:30 - 8:30 pm
hors d’oeuvres and dessert

55 Atlantic Avenue
Swampscott, MA
781.599.8005
CSH@ShiratHayam.org
Farm Day was great fun for kids of all ages!

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

You Can Make a Difference

• Our High Holiday food collection was a tremendous success. Your generous donations have benefitted more than forty North Shore Families. A special thanks to our local Stop and Shop which supplied the recyclable plastic bags.

• Food distributions are held monthly on Sunday mornings at Temple Sinai. October 20th is the next community distribution.

• We welcome all kosher, nonperishable food. Please check the expiration dates. We are especially in need of raisins, peanut butter, and whole grain crackers.

• Drop your donations in the JF&CS Family Table Bin located in the CSH lobby.

Thank you for your support.

Shalom,

Bette Shoreman, CSH Family Table Site Coordinator
Where: Congregation Shirat Hayam
55 Atlantic Avenue, Swampscott

When: Tuesdays, October 8, 15, 22, 29 and November 5 - 7:30 to 9:00 pm

Contact: CSH@ShiratHayam.org or 781.599.8005

Advance registration required.
CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
Ext. 14

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org
Ext. 12

Cantor Emeritus
Emil Berkovits
CantorEmil@ShiratHayam.org
Ext. 13

Direct Line: 781.346.6074

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Chief Executive Officer
Bob@ShiratHayam.org
Ext. 41

Marla Gay, Director of
Congregational Life
Marla@ShiratHayam.org
Ext. 27

Barri G. Stein, Director of
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Barri@ShiratHayam.org
Ext. 11

Marylou Barry,
Office Manager
Marylou@ShiratHayam.org
Ext. 10

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Bookkeeper
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Ext. 22

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Edgar Weinsberg

Youth
Rachael Pass
Youth Director
SmartyYaish@gmail.com

CSH Preschool
Preschool@ShiratHayam.org
Direct Line: 781.598.3311

Leslie Rooks Sack,
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Leslie@ShiratHayam.org

Debbie Leibowitz,
Assistant Director
Debbie@ShiratHayam.org

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Melissa Caplan
Sherri Carne
Christine Dolan
Sonia D’Oliveria
Deana Filipiak
Marcy Furlong
Valerie Gilbert
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Leadership@ShiratHayam.org

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*Ellen Alexander,
Budget and Finance

David Brodsky
Brian Cohen
Chris Hockert

*Tom Levenberg,
Congregational Home

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Karynn Needel
Leslie Ogan

*David Rosenberg
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Brochstein

*Joe Selby,
Co-President

Wayne Trebbin
*Executive Committee

CJE

Center for Jewish
Education

CJE@ShiratHayam.org
Direct Line: 781.346.6075

Jed Filler, Director of
Education
Jed@ShiratHayam.org
Ext. 24

Ann Navon, CJE Program
Coordinator
Ann@ShiratHayam.org
Ext. 25

CJE Staff:
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Phyllis Eidelman
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Stefanie Gladstone
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Halie Pica
Cheryl Schwartz
Daphna Shemesh
Rachel Shwartz
Julie F. Silver
Jason Stark
Beth Tassinari
Elana Weiner
Marcy Yellin

CJE Madrichim

Jamie Ehrlich
Ariel Friedman
Anna Godes
Gennifer Greenberg
Matt Jepsky
Michael Katzen
Justyn Needel
Austin Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
(as of Sept. 18)

Maintenence
Gus Ventura, Eridania
Vicioso, Yanira Romero,
Cesar Rivas

CSH Madrichim

Jamie Ehrlich
Ariel Friedman
Anna Godes
Gennifer Greenberg
Matt Jepsky
Michael Katzen
Justyn Needel
Austin Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
(as of Sept. 18)
October 2013

1 Tuesday
4:00 pm Limud Tuesday

2 Wednesday
4:00 pm Limud Lab

3 Thursday
7:00 pm YAiSH Lounge
7:30 pm Mahjong
   Cuba Meeting

4 Friday
6:00 pm Kabbalat Shabbat

5 Saturday
Full Synaplex, Limud and Mini-Plex
Bat Mitzvah of Gabriela Goldwasser

6 Sunday
9:30 am Brotherhood meeting
7:00 pm Spirited Sisters

7 Monday
7:20 pm Mahjong
8:30 pm Monday Night Football

8 Tuesday
4:00 pm Limud Tuesday
7:30 pm Read Hebrew America

9 Wednesday
4:00 pm Limud Lab
6:00 pm YAiSH Lounge
7:30 pm Kol Isha Choir

10 Thursday
11:45 am Chair Yoga with Ariela
7:00 pm YAiSH Lounge
7:30 pm Mahjong

11 Friday
6:00 pm Kabbalat Shabbat

12 Saturday
Full Synaplex, Camp Limud, MAGIC MINYAN and Mini-Plex
B’not Mitzvah of Lily and Rachel Gregory

14 Monday
7:20 pm Mahjong
8:30 pm Monday Night Football

15 Tuesday
4:00 pm Limud Tuesday
7:30 pm Read Hebrew America
7:30 pm Board Meeting

16 Wednesday
4:00 pm Limud Lab
7:30 pm Kol Isha Choir

17 Thursday
11:45 am Chair Yoga with Ariela
7:00 pm YAiSH Lounge
7:30 pm Mahjong

18 Friday
6:00 pm Milestone Anniversary Shabbat
Shabbat Olam

19 Saturday
Full Synaplex, Limud and Mini-Plex
Bat Mitzvah of Rachel Baker

21 Monday
7:20 pm Mahjong
7:30 pm Book Club
8:30 pm Monday Night Football

22 Tuesday
4:00 pm Limud Tuesday
7:30 pm Read Hebrew America

23 Wednesday
4:00 pm Limud Lab
7:30 pm Kol Isha Choir

24 Thursday
11:45 am Chair Yoga with Ariela
6:30 pm Connections: Widow and Widowers group
7:00 pm YAiSH Lounge
7:30 pm Mahjong

25 Friday
6:00 pm Kabbalat Shabbat

26 Saturday
Full Synaplex, Limud and Mini-Plex
Bar Mitzvah of Nikolas Karns

28 Monday
7:20 pm Mahjong
8:30 pm Monday Night Football

29 Tuesday
4:00 pm Limud Tuesday
7:30 pm Read Hebrew

30 Wednesday
4:00 pm Limud Lab
7:30 pm Kol Isha Choir

31 Thursday
11:45 am Chair Yoga with Ariela
7:00 pm YAiSH Lounge
7:30 pm Mahjong
Congregation Shirat Hayam returns to Israel!

Join Rabbi B on an extraordinary spiritual adventure

July 27 - August 7  See page 29

Contact marla@shirathayam.org

Experience the glamour of the French Riviera at Shirat Hayam

November 2, 2013

Order your tickets online at:
www.ShiratHayam.org

Shirat Hayam returns to Israel!

Join Rabbi B on an extraordinary spiritual adventure

July 27 - August 7  See page 29

Contact marla@shirathayam.org