We practice radical hospitality!

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Please join us as we dedicate our new Memorial Alcove

See page 10.

Happy Thansgivukkah!

November 28
Thanksgiving AND... Day 1
of Hanukkah!
Thanksgivukkah

As everybody seems to know at this point (please, no more emails about how this happens once every 70,000 years) we are witnessing, literally, a once-in-a-lifetime event unfold on the Jewish calendar with the overlap of Hanukkah and Thanksgiving. At first glance it would seem that these holidays are as far apart in theme as they normally are on the calendar. However, as bizarre as it is to experience them at the same time, at the same feast nonetheless, it’s actually a wonderful realization that they are not mutually exclusive. Indeed Hanukkah and Thanksgiving are necessary opposites complimenting, not contradicting, one another.

Hanukkah, contrary to popular understanding, doesn’t celebrate “oneness” or “sameness” (there is no Chrismakah) but rather celebrates our unique, distinct Jewish identity. Being separate, being distinct, being different isn’t something to shun. On the contrary, it’s something worthy of celebration. After all, isn’t this what we try to instill within our children - not to be like everyone else, not to blend in, not to go along with the crowd? Rather, we charge them to stand up for themselves, stand out and be themselves even if, especially if, that means being different. Hanukkah is a reminder that our unique identity, both collectively as the Jewish people and individually as Jews, is something to literally “dedicate” our lives to preserving and celebrating.

Thanksgiving, however, is a holiday reminding us that beyond our distinctions and differences we are one; Jewish, Christian, Muslim or Atheist, suburbanite or urbanite, red state, blue state, white, brown or black skin, regardless of what divides us, our States are United, our stories all converge, and ultimately we are one.

So which is it? Are we Jews or are we Americans? Are we individuals or are we a collective. Are we separate or are we united? The answer to all of these is, of course, in Jewish fashion, elu v’elu - yes & yes. In the words of Hillel:

“If I am not for myself, who will be for me? But if I am only for myself, who am I? If not now, when?” (Ethics of the Fathers, 1:1)

To be in a relationship, any relationship, we need a sense of self. A healthy marriage isn’t two halves merging to become one whole. Rather, we need a sense of uniqueness, of distinctness, of individuality to be whole. To run around doing Tikun Olam - fixing the world without first doing Tikun Nefesh - fixing ourselves, is a guaranteed recipe for falling apart.

And yet, if we are only individuals, only in it for ourselves, by ourselves, we will never be whole. Indeed, there is a great big Olam out there to be a part of as well as to fix. We need to merge our lives with others, join our stories with brothers and sisters, unite our states: West coast, East coast and yes, to the New Yorkers, there are states in the middle too.

So put on your yarmulke ‘cause here comes Hanukkah - a time to celebrate our uniqueness, separations and individuality as we pass the latkes. But it’s also a time to pass the turkey and the gravy as we celebrate our oneness and universality. Life is not either/or. Identity is not one or the other, rather, they are both, and both Hanukkah and Thanksgiving are here, now. If not now, when? In 70,000 years, that’s when. So enjoy the turkey-latke killer combo. It’s a first and it's a last.

Happy Thanksgivukkah!

Rabbi B

RabbiB@ShiratHayam.org
Who Has a Crystal Ball? I don’t.

Every once in a while all of us must look into the future (not a crystal ball) and sometimes we like what we see and sometimes we don’t. These past almost ten years with the Temple Israel, Temple Beth El and, of course, the Shirat Hayam families, have undoubtedly been the most satisfying, as well as nourishing, for both Lili and myself. No, we are not leaving the community at this time, but we have decided that it is best for us to step back and some time in the near future begin a well-deserved retirement.

We were privileged to share many s’mahot with so many of you and, unfortunately, many sad and trying times as well. But isn’t this what families are all about? The pleasures of watching children grow to maturity and many just turning their lives around right in front of our eyes sometimes make us feel that we are doing something right. We will miss that.

Shirat Hayam was my haven. To quote the Talmud: “The prayer is answered only of the one who has lifted her/his heart in it.” Rarely does prayer come easy. We may all sit in the synagogue waiting for words to appear. If we will it, they will. Your presence created an atmosphere of sanctity as well as camaraderie and, hence, I was able to consider the words of our prayers that meant so much to me and to those who have come before me. On the days that I was able to stand before you and state “Hin’ni He’oni Mima’as”, it was my soul that animated my prayer with song and heart.

Each of us has an opinion of one thing or another and all of us wish to see things in a positive way. And yet, it is not always the way one sees it. In our own Jewish history, we have the Magen David. The Star of David. Through the years it has become a most beloved and recognized symbol, along with the Menorah, for the Jews. And yet, there are many of us who do not see it that way. You see, there were thousands, if not millions, of Jews throughout Europe who were forced to wear a “yellow star”. So, can everyone see the Magen David the same way? Now why did I bring this up? Our impending departure from Shirat Hayam and possibly from the North Shore can be looked upon in many eyes and as many twists. And the truth may be said that I, as your cantor and, of late, cantor emeritus, have served you and will continue to do so with heart and soul, have come to realize that warmer weather sounds better and better each year. In the meantime, I do hope to continue our meaningful relationship you across our favorite venues.

B’shalom,

Cantor Emil
On Thursday, October 10th, the “Minyanaires” (the congregants who attend our daily minyan) delighted in witnessing the “preview” of Rachael and Lily Gregory’s B’not Mitzvah. They watched the two sisters wrap tefilin for the first time, and listened to them beautifully chant two of the first three aliyot of their parshah, Lech Lecha.

I was so proud! Not only of the girls, who took an opportunity to deepen their B’not mitzvah experience, but of their parents, who thoroughly embraced this rite of passage. For example, it was inspiring to witness the girls’ father, Paul Gregory, and maternal grandfather, Barry Malitsky, participate in the mitzvah of tefillin both in support of the B’not Mitzvah, and to fulfill their own personal commitment to Jewish tradition.

To celebrate this event, and to thank the minyanaires for being so welcoming, Jahna Gregory, the girls’ mother, brought muffins to include in the usual post-minyan breakfast. I applaud the Gregorys for giving their Rachael and Lily the gift of this intimate, pre-b’not mitzvah celebration, a “preview” of the grander Shabbat experience.

Why have a “preview” of a Bar/Bat Mitzvah? Clearly, as students of Torah, we Jews love to avail ourselves of the opportunity to perfect our reading of each parshah. In fact, we read the same parshah three times during the week prior to each Shabbat. That week, for example, we began by reading the first three aliyyot of Lech L’cha during mincha of the previous Shabbat. Then again on Monday and Thursday during the morning minyan. These three readings constitute the “preview,” helping us to do a final, exceptional draft on Shabbat. How wonderful that the Gregory sisters took this opportunity and inspired the Minyanaires, their family, the congregation and me!

L’Shalom!

Cantor Elana

Schedule:

Hazzan Katan: Every other Wednesday morning in CSH Preschool

iShir Katan: Every Wednesday, 3:15-3:45 pm

iShir: Every Wednesday, 3:45-4:30 pm

For more information or to sign up for iShir, contact: CantorElana@ShiratHayam.org
**Movies & Midrash with Rabbi B**

Come for lunch, watch a movie and enjoy stimulating conversation.

**Wednesday, November 13**
**11:30 am at CSH**

There is no charge for lunch, but RSVP is required.

CSH@ShiratHayam.org
781.599.8005

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**Scotch & Shmooze**

“Boys will be boys... Yetzer rah - evil inclination - and why we like to destroy.”

Gentlemen,

Please join us for an evening of talk, scotch, shmoozing and... did we say scotch?

**Tuesday, December 10 at 7:30 pm**
**at the JCC**
4 Community Road, Marblehead

Rabbi Baruch HaLevi and Marty Schneer

RSVP to Karen at: KBar-Or@jccns.com
Greetings!

100% participation. That is the goal for the CSH Annual Lev campaign. As we write this, only 29% of our families have contributed. If we can get 100% of our families to participate, we will not only meet, but exceed our funding goal. Help us close our funding gap and allow us to provide you with the amazing services and programs you have become accustomed to.

Shirat Hayam is in the forefront of Conservative Judaism in the country. Rabbi HaLevi has been asked to speak at national conventions to promote radical hospitality and talk about our success. Part of this success is YOUR participation in services, programs, education and social gatherings. The numbers in attendance at each event at Shirat Hayam is mind boggling to other synagogues who struggle to get a minyan on Shabbat. Kudos to all of you who join us and celebrate what Shirat Hayam has become. Now, help us continue to be the beacon of light that has transformed our Jewish community and is leading the way across the country.

Give from your heart. No gift is too small (or too large!). It’s your continued participation that we’re asking for. Let us know that we’re on the right track. Help us move toward the future.

Thank you for supporting Shirat Hayam,

David and Joe

Leadership@ShiratHayam.org
Zahor - Memory

As you enter our building you can't help but notice our first step in Project Zachor (the Hebrew word for memory) focusing on the concept of legacy, our newly created Memorial Alcove. This area is designed to offer a space for solitude and reflection. It houses our dynamic, state-of-the-art, interactive Living Yahrzeit Memorial Board, which will be utilized for the intended purpose it was purchased...to preserve the legacy...to tell the story...to allow grandchildren...great-grandchildren, etc. access to their family and history, up close and personal. By incorporating tradition with today's technology, we have taken the mitzvah of Yizkor, remembering those who have passed, to a new level. It gives us the opportunity, in a dignified new way, to memorialize our loved ones for future generations. The memorial does more than just display a name on a screen. It perpetuates the memory of our loved ones by allowing us to display a photograph, biography and show family connections. Viewing a traditional plaque simply does not allow us to experience this, nor can it allow future generations to learn about their family history.

Today, the names listed are those from the Yahrzeit plaques transferred from the former Temples Israel and Beth El. This user-friendly board displays the names of Yahrzeits which fall within each week. As you approach the screen, you will see a name appear next to a flickering Yahrzeit candle. Listed is the person's English and Hebrew names, and English and Hebrew date of death. Every 5 seconds the name changes to the next person memorialized. The Yahrzeits listed are those that occur within the week (Friday to Thursday). The names continue to scroll until you touch anywhere on the screen which allows you to access the interactive function, including searching for names and viewing their photos and biographies. On Yizkor dates (Yom Kippur, Sh'mini Atzeret, the 8th day of Pesach and the 2nd day of Shavuot) names will scroll on the board alongside a symbolic candle.

The four components that are currently available to perpetuate the memory of your loved ones are:

1. The Basic Memorial displaying the English and Hebrew names date of passing.
2. A photograph
3. A biography
4. Link to others who are listed in the system to create a family tree

These components allow you to personally customize the Memorial to ensure your loved one is remembered for years to come. Imagine future generations coming to see the Memorial system and being able to see your loved ones' photos and learn about their lives.

As Project Zachor is launched on November 30th, the Memorial Alcove will go a long way toward bringing family history to life. Our congregation will be reconsidering its role in remembering the past, including it in the present, and pondering the future with the question, "What do you want to be remembered for?" Here is an opportunity to create something wonderful from what would otherwise be left behind. How do you want future generations of your family to carry on YOUR legacy? History is a chorus of individual voices. Our goal is to allow everyone to be heard.

Plans are underway to expand the multimedia capabilities. The intention is to be able to incorporate all lifecycle memorabilia into content such as videos, audio feeds, interviews, photographs, a continuous scrapbook, music, recordings, hobbies and recipes. The possibilities are limitless.

If you would like more information and pricing, please call or email me at Bob@ShiratHayam.org, Marla Gay, Director of Congregational Life, at Marla@ShiratHayam.org or just come by CSH. We would love to talk more about this wonderful program.

See you soon @ CSH,

Bob
Leslie Rooks Sack, Preschool Director

The Preschool is having our annual Wit & Whimsy Children’s Bookstore of Marblehead Book Fair in our Chapel on Tuesday, November 5th, and Wednesday, November 6th. Everyone is invited to stop by to purchase quality books and related gifts. This is a great way to get a jump start on all your holiday and gift shopping!

How delighted we are to be hosting our Preschool families for pizza and salad dinners this month! On Thursday, November 7th, our Infant and Toddler classes will join together, and on Thursday, November 21st, our 3, 4 and 5 year old classes will join together. Both nights will include musical entertainment for the children (and their families, too!).

The teachers and children are already preparing for Hanukkah and Thanksgiving. This month both holidays share a day, so our annual school-wide Thanksgiving feast and celebration will be called Thanksgivukkah!

Our special weekly activities include: Ivrit to Grow On - Hebrew language fun, with Rachel Jacobson; Hazzan Katan - Jewish joy in song, with Cantor Elana; Music with Dara VanRemoortel - singing and marching; Shabbat celebration, with Marcy Yellin, Rabbi B., Cantors Emil and Elana.

Leslie

Preschool Programs

- **INFANTS** ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- **MAGIC MOMENTS** ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- **TODDLER MOMENTS** ~ a program for toddlers 17 months and up.
- **PRESCHOOL** ~ classes for 3, 4 and 5 year-olds
- **TRANSITIONAL CLASS** ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

Shabbat with Rabbi B, Cantor Elana, Cantor Emil and Marcy Yellin

Hazzan Katan with Cantor Elana

Hebrew with Rachel Jacobson

Music with Dara Vanremoortel

Daily Lunch Options, including Spanish, and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for CSH members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack at: 781.598.3311, or email: Leslie@ShiratHayam.org
Jed Filler, MAJCS, Education Director
Shalom Chaverim:

Last month I shared some of the exciting new partnerships and programs we have launched this year in our CJE. We have to continue to grow and change with the world around us - keeping Judaism and Torah relevant to our modern lives. We have created a new Hebrew program with more interactive learning components, created new connections to our larger Jewish community with Prozdor and the North Shore Teen Initiative, and are engaged in a change process with our Jewish studies curriculum to reflect the most recent best practices in both the worlds of education and Jewish education.

This is all very exciting, and we are all very enthusiastic about the impact this will have on our students and congregational community. Even so, as I write this article, the most recent Pew study on Jewish identity (released in early October - http://www.pewforum.org/2013/10/01/jewish-american-beliefs-attitudes-culture-survey/) has created a firestorm of publicity about the future of Judaism - the majority of it in the 'sky is falling' variety, and the rest of it in the 'we already knew this' variety.

Each of us reads and interacts with information with our own unique 'lens' made up of our thoughts, experiences and ideas - and as such, we each see this study in our own way. Whichever way you read the information, I want to share a few things that I have taken with me from the study to help guide our CJE.

No matter how Jews identified themselves in the study - religious, partially religious, secular, or bagels and lox - intermarried or not, (there are so many things to talk about just with these categories, but we'll save that for another time) 70% of the respondents say that they participated in a Passover seder in the past year. 94% say they are proud to be Jewish.

There are certainly things in the study to raise concern, but these two statistics give me significant hope. As a people, we have never agreed completely with each other on anything regarding our Judaism. In fact, our tradition of including the minority opinion in every discussion is a defining characteristic of fairness in the world.

Even so, 7 out of 10 Jews in the world participated in a Passover Seder last year. 9 1/2 out of 10 Jews are actively proud of their Judaism. If we continue to focus on pride of identity while helping to teach the tools for living an active Jewish life in our CJE, we are absolutely in the relevance 'sweet spot.' We must continue to explore and integrate new ways of doing this, while keeping these two high level goals in front of us at all times.

A few weekends ago, I accompanied our teens to a community leadership retreat at Camp Yavneh in NH. It was a wonderful experience for both the teens and the staff, and all of us were discussing - at length and approaching ad nauseum - the Pew study. We were finishing up Shabbat dinner on Friday and doing Birkat HaMazon (the prayer after the meal) together when I said to one of my staff partners - "I haven't seen that one before" - meaning some new hand motions and 'extras' the kids do during the prayer to make it more fun - and he replied, "A-Ha! - As long as our kids keep innovating and finding new ways to make the Birkat relevant and fun for them, we are in for great things for the Jewish future." I said, "Amen."

Jed
Alcove Dedication

Please join us for Shabbat Synaplex™ on Saturday, November 30 as we dedicate the Memorial Alcove and show our appreciation to Alcove Donors ~ Esther and Richard Salinsky

Shabbat Cafe sponsored by Esther and Richard Salinsky in memory of all loved souls.
SMARTY YAiSH is the collaborative Jewish youth group of Temple Emanu-El, Marblehead, and Congregation Shirat Hayam, Swampscott. We provide youth programming for Jews in grades 6 - 8 (Jr. SMARTY YAiSH) and 9 - 12 (SMARTY YAiSH).

Shalom! My name is Rachael Pass, and I am very excited to be joining Congregation Shirat Hayam and Temple Emanu-El this year as the new Youth Director. I grew up in Louisville, Kentucky, attending The Temple, a Reform congregation very similar to Temple Emanu-El. I was very involved in my youth group there, which is where my love of congregational life developed. For the past four years I have lived in Waltham attending Brandeis University. I graduated from there in May with a degree in Near Eastern and Judaic Studies and in Psychology. I spent this summer at URJ Goldman Union Camp Institute, as I have every summer for the past fourteen years. Between camp and youth group, my Jewish identity developed a lot through informal and experiential education. My experiences in both places have led me to dedicate my life to the Jewish community and to Jewish youth. I am very excited to begin this journey with SMARTY YAiSH!

You can reach me at: smartyyaish@gmail.com

See you soon!

Rachael

Library Corner

Katz, John - Dancing Dogs
"No one brings to life the remarkable bond between humans and their dogs like New York Times best-selling author, John Katz. With his signature insights and gift of story-telling, Katz shares sixteen stories about one of life's most unique relationships."

Nemirovsky, Irene - Jezebel
"Fast-paced and highly dramatic ... a glimpse into an inter-war world of privilege, wealth and Darwinian social combat." - New Statesman

Richman, Alyson - The Lost Wife

Taitz, Sonia - The Watchmaker's Daughter - a memoir
"The memoir of growing up the daughter of a master watch repairman who survived the Holocaust is also a haunting meditation on time itself. Taitz writes with a painter's eye and a poet's voice." - Mark Whitaker, author of My Long Trip Home.
**Ma Nishmah? What’s Happening?**

Would you like to be a Synaguide*? An ambassador of Radical Hospitality? It’s really very gratifying to greet new people and see old friends. It’s only a little more than an hour on a Saturday morning, from 9:45 to 11:15 am. You don’t have to do it every week - the more volunteers, the less time we need you. If you’d like to try it, give me a call - no experience necessary! 781.599.8005 Ext. 27 or marla@shirathayam.org.

*L’hitraot,
Marla

---

*Synaguide*

[sin´ a · gahyd]

noun

1. one who assists (a person) to travel through, or reach a destination in an unfamiliar area, as by accompanying or giving directions at Shirat Hayam.

2. one who accompanies and shows points of interest and explains their meaning or significance at Shirat Hayam.

3. one who provides radical hospitality...at Shirat Hayam.

“My experience at Shirat Hayam was enhanced by a friendly and welcoming Synaguide.”

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**B’ruchim HaBaim ~ ברכים בבית**

Welcome to the newest members of the Shirat Hayam family:

- Olga Shulman
- Betty Gordon
- Tony Daniels
**Kvelling... Family Announcements**

Desiree and Arye Gil have a new grandson, Judah Ami Spiewak, born July 22. Judah’s great grandparents are Bery and Bob Sanford.

Cara and Leonardo Goldwasser’s daughter, Gabriela, became a bat mitzvah.

Rachel Baker, daughter of Annette Baker Doolin and Michael Doolin and granddaughter of Edye and Bob Baker, became a bat mitzvah.

Jahna and Paul Gregory’s daughters, Rachael and Lily, became b’not mitzvah.

Nikolas Karns, son of Brigitte and Thom Karns, grandson of Bery and Bob Sanford and nephew of Desiree and Arye Gil, became a bar mitzvah.

Brian Farnsworth, son of Margery Shapiro and grandson of Lois and Jerry Ogan, recently married Renee Vieira.

Helaine and Harvey Cotton celebrated their 60th wedding anniversary.

Marilyn and Sonny Stoll’s grandson, Adam, was recently married.

Sylvia Revman celebrated her 90th birthday.

Nancy Sarles and Phil Gouzoule have a new grandson, Max David Katzman, born on August 31.

Merle Sidell’s daughter, Robin, married Daniel Connolly.

Marcy and Ben Yellin’s son, Seth, is engaged to Dianna Lester.

Rabbi Ken and Sue Weiss’s granddaughters became b’not mitzvah.

Golda Greenbaum’s grandson was recently married.

30 couples celebrated milestone wedding anniversaries at the CSH Shabbat Olam service in October.

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Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish... you get the idea! Share your joy with your CSH family... let’s kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.

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If you would like to have a card sent to any of the families listed above in honor of their life cycle events, you may make donations online at: www.shirathayam.org or mail your check (minimum $10) payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907, listing the occasion you are honoring and how you prefer to have the card signed.

Thank you.
College Connection

We are pleased to report that 30 College Connection packages were sent out for Sukkot! A sweet treat to share with a friend, an "out of the box" letter from Rabbi B, and some fun facts about Sukkot were included in the package. We hope that your college student enjoyed his/her gift from their Shirat Hayam Family.

We will be sending out 3 more packages: one in December for Shabbat/exams; one in March for Purim, and a final one in April for Passover.

We are always accepting names and addresses, so if your child was not included on this first package, please email CSH@ShiratHayam.org with your student’s mailing address and email, and we will be sure to include him/her in all of our future mailings.

Susan Drooks, College Outreach Volunteer
Cheryl Schwartz, CJE Judaic Coordinator

Family Life

Magic Minyan

A Shabbat Synaplex™ option for families with children up to 5 years of age - the first Saturday of the month! November 2, December 7, January 4, February 1, March 1, April 5, May 3 and June 7

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with Preschool age children and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us on the first Saturday of the month!
The Wave

Torah Hub
Community Learning on the North Shore

Register online at
templesinaiweb.org
or by contacting Karen at
kbar-or@jccns.com or 781.476.9902

Understanding the Dead Sea Scrolls
Wednesday October 16th
7:30-9:00 PM

Carry The Fire: Confronting Death, Dying, Mourning & Afterlife
Rabbi Baruch Halevi
November 7th, 14th, 21st

Exploring the Dream World
Rabbi Aaron Fine
January 23rd, 30th, February 6th

“Who Really Knows One?” Or all I ever needed to know about Jewish history, philosophy, theology and mysticism I learned from a little Passover song
Rabbi David Meyer
March 13th, 20th, 27th

The Kabbalah of Happiness
Rabbi Yossi Lipsker
December 5th, 12th, 19th

Panel Discussion with Local Rabbis
Thursday, May 1st

Torah Hub is free and open to all.
Registration required. Donations are encouraged.

Torah Hub is a collaboration of:
Chabad of the North Shore • Congregation Shirat Hayam • Temple Emanu-El • Temple Sinai • JCCNS
Torah Hub is generously funded by CJP.

All classes will be held on Thursdays 7:30-9 PM
At the JCCNS, 4 Community Road, Marblehead
**Shabbat Experience @ CSH**

**Babysitting**

*Ages up to 4  
Downstairs Playroom  
An adult must remain in the building.  
9:00 -11:50 am, weekly*

*Babysitting is provided at no charge so that parents may attend services.*

**Limud Shabbat**

*Kids’ CJE Experience  
Center for Jewish Education  
Ages 4 and up  
9:00 - noon weekly*

*Preschool Limud Shabbat is free and open to the community. Registration required.*

**Traditional and Alternative Service Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:30 am - 8:45</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Greg Coles</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

**For Everyone - Main Sanctuary**

*11:45 am - noon  
Ruach Rally  
Concluding prayers and Kiddush/Motzi  
Community Shabbat Café at noon*  

*12:15 pm - Kids’ Kehilla Lounge  
12:30 Mini-plex Lunchtime Learning  
1:30 Mincha Minyan*  

*Attire is casual.  
We practice radical hospitality.*
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’seukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Magic Minyan - 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (Preschool age and under) is held on the second Saturday of the month.

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the hall with the following guest scholars for November:

2 - Jed Filler; 9 - Dr. Harvey Zarren; 16 -Rabbi Ken Weiss; 23 - Dr. Wayne Trebbin; 30 - Rabbi Ken Weiss

Mini-Plex

Bring your dessert to the designated table and study with us.

November:

2 and 9 - Cantor Elana
16 - Special Guest: Prof. Marvin Wilson of Gordon College
23 and 30 - Rabbi B

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am;
Monday - Thursday evenings: 7:00 pm;
Sundays - 9:00 am; 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule)
Saturday afternoon mincha: 1:30 pm

Candle Lighting

November

1 - 5:20; 8 - 4:11; 15 - 4:04;
22 - 3:58; 29 - 3:55
We mourn the passing of our members

Eli Gordon	
Esther Shapiro

and extend our deepest sympathy to their family and friends

Condolences to

Cynthia and Merrick Fisher on the loss of Cynthia’s sister, Nathalie Sullaway
Monroe Somer on the loss of his daughter, Susan Somer Parmalee
Margaret Somer on the loss of her sister, Susan Somer Parmalee
Betty Gordon on the loss of her husband, Eli Gordon
Phyllis and Michael Eidelman on the loss of Phyllis’s father, Eli Gordon
Roz Shapiro on the loss of her mother, Esther Shapiro

RABBI’S DISCRETIONARY FUND
In memory of Marjorie Patkin’s father, Leon Weiss
    by Alice and Charles Leidner; Neal and Lynn Mizner; Carolyn Perlow
In memory of Bette Kaufman’s husband, Freddy Kaufman
In memory of Mimi Andler’s son
    by Ruth Lunder
In honor of David Levy’s special birthday
    by Joann Tenenbaum; Carol and Earle Halsband
In appreciation of CSH services on the Internet
    by Sandra Palter
In memory of Rose Shwartzter
    by Steve Shwartzter
In appreciation of Rabbi B for a meaningful and enjoyable High Holy Day service
    by Golda Greenbaum
In honor of Jeff Brand receiving the Lifetime Achievement Award
    by Mark and Karen Meyer and family
With gratitude to Rabbi B
    by Bob and Janet Lieberson
A donation has been made
    by Gail and Jerry Gerson
In appreciation of the opportunity to carry the Torah
    by Michael Bailen
In honor of Rabbi B
    by Barbara and Sid Abramson

CANTOR ELANA’S DISCRETIONARY FUND
With gratitude to Cantor Elana for her participation in the service for my mother, Abby Schwartz
    by Susan Bloom
In honor of Cantor Elana
    by Sid and Barbara Abramson
In appreciation of Cantor Elana for a meaningful and enjoyable High Holy Day service
    by Golda Greenbaum

CANTOR EMIL’S DISCRETIONARY FUND
In honor of Ann Segal chanting Torah for the first time so beautifully
    by Diane Levin
With gratitude to Cantor Emil
    by Bob and Janet Lieberson
In appreciation of Cantor Emil for a meaningful and enjoyable High Holy Day service
    by Golda Greenbaum
In memory of Marjorie Patkin’s father, Leon Weiss
    by Roz and Sandy Levy; Herb and Arlene Leventhal

CSH PRESCHOOL FUND
In memory of Lois and Jerry Ogan’s son-in-law, Ed Shapiro
    by Debbie and Lenny Liebowitz
In honor of the birth of Jessica Massanari and Joel Sapp’s new baby son, Louis
    by Shirat Hayam Preschool
In memory of David Zion’s mother, Maralyn Keay
by David and Karen Rosenberg

In memory of Nathalie Sullaway
by David and Karen Rosenberg

In memory of:  
Mother, Bertha Yanośky
by Beth Yanośky
Uncle, Lt. Bernard Lipsky
by Beverly Kahn

CENTER FOR JEWISH EDUCATION FUND

In memory of Nathalie Sullaway
by Ilana and Greg Mogolesko

GENERAL FUND

In memory of Jerry and Lois Ogan’s son-in-law, Ed Shapiro
by Lois and Bobby Kaplan; Jewish Journal staff; Robin and Bob Cooper; Sam and Carol Denbo

In honor of the marriage of Leslie and Bob Ogan’s son, Michael
by Mark and Karen Meyer and family; Elise and Richard Rothbard

In memory of Janet Lieberson’s mother, Libby Kaplan
by Scott and Julie Sagan

In memory of Nathalie Sullaway
by Arlene and Herb Leventhal

In honor of the marriage of Leslie and Bob Ogan’s son, Michael
In honor of Georgie Sawyer’s 90th birthday
by Alice and Charles Leidner

In memory of Elaine Volk’s brother, Barry Schneiderman
by Jack and Phyllis Karas

In honor of Terri Krawitz’s new home
by Ethel and Steve Harris

In memory of:  
Mother, Florence Samuelson
Brother, Jack Samuelson
by Janice Cohen
Wife, Eunice Epstein
by Arthur Epstein

Brother, Jack Wintman
by Bernice Rothbard
Father, Henry Kabatchnick
by Muriel Talkov

SAMUEL BRODY MINYAN FUND

In memory of Phil Sevinor’s 90th birthday
by Carolyn Perlow

In memory of Margie Shapiro’s husband, Ed Shapiro
by Sandy and Carl Shalit

In memory of Marjorie Patkin’s father, Leon Weiss
by David and Marilyn Levy; Harold and Carol Levin

In memory of Janet Lieberson’s mother, Libby Kaplan
by Robin and Bob Cooper

In honor of Sylvia Revman’s very special birthday
by Barbara and Sid Abramson; Diana Goldberg; Phyllis Sagan

In memory of Elaine Volk’s brother, Barry Schneiderman
by Jack and Phyllis Karas

In memory of Nathalie Sullaway
by Arlene and Herb Leventhal

In honor of the marriage of Leslie and Bob Ogan’s son, Michael
In honor of Georgie Sawyer’s 90th birthday
by Alice and Charles Leidner

In memory of:  
Mother, Florence Samuelson
Brother, Jack Samuelson
by Janice Cohen
Wife, Eunice Epstein
by Arthur Epstein

Brother, Jack Wintman
by Bernice Rothbard
Father, Henry Kabatchnick
by Muriel Talkov

Our loved ones
by Barry and Muriel Follick
Father, Sidney Feffer
by Lawrence Feffer
Grandmother, Henrietta Lillian
by Marsha Feffer
Grandmother, Eva Price
by Marjorie Bean
Sister, Marcia Wolinski
by Edith Spector
Mother, Sarah Spector
by Benjamin Spector
Grandfather, Albert Elsberg
Grandmother, Martha Elsberg
Uncle, Alfred Elsberg
by Madeline Stark
Grandfather, Jacob Greenbaum
by Dorothy Tatelman
Father, Dr. Edward Flanzbaum
by Barbara Meyer
Father, Louis Ravich
by Richard Ravich
by Robert Ravich
Father, Harry Weinstein
by Reva Surette
Father, Louis Bailey
by Edward Bailey
Brother, Jacob Lipsky
by Sidney Lipsky
Father, Benjamin Sandler
by Beatrice Lipsky
Father, Samuel Dolinsky
by Marilyn Segall
Father, David Kirstein
by Ruth Turkanis
Mother, Mincy Noe
by Stacey Gordon
Mother, Ann Madfis
    by Cindy Blonder
Husband, Kenneth Miller
    by Lois Miller
Sister, Louise Klein
    by Melvin Shapiro
Father, Kenneth Miller
    by Robin Blake
Brother, Mitchell Blake
    by Michael Blake
Father, Alfred Goldstein
    Judith White
Father, Max Kahn
    by Eric Kahn
Mother, Bertha Leidner
    by Charles Leidner
Husband, Arthur Kamin
    by Shelley Kamin
Mother, Annie Spector
    by Arnold Spector
Grandmother, Evelyn Fruchter
Father, Charles Lanes
    by Linda Lanes
Father, Sidney Lewis
    by Constance Lewis
Husband, Samuel Finkle
    by Mildred Finkle
Father, Fred Zeller
    by Jane Zeller
Father, Leonard Cooper
    by Robert Cooper
Close Friend, Pearl Pearlstein
    by Robin Cooper
Father, Jacob Hurwitz
    by Myles Hurwitz
Father-in-law, Nathan Schloss
    by Honey Schloss

**KIDDUSH FUND**

In memory of Jerry and Lois Ogan’s son-in-law, Ed Shapiro
    by Gloria Sax; Phyllis Sagan; Philip and Marla Gay
In memory of Margie Shapiro’s husband, Ed Shapiro
    by Arthur and Cheryl Schwartz; Phyllis Sagan; Mark and Karen Meyer and family; Philip and Marla Gay
In memory of Ivy Finn’s grandmother
    by The Schauer Family
In memory of Judith Ostrovitz, beloved granddaughter of Mim Ostrovitz
    by Toby and Carl Sloane
In memory of Marjorie Patkin’s father, Leon Weiss
    by Julie and Scott Sagan; Phyllis Sagan
In memory of Janet Lieberson’s mother, Libbye Kaplan
    by Phyllis Sagan
In honor of Dr. Jeffry Brand receiving the Lifetime Achievement Award from Salem Hospital
    by Alice and Charles Leidner
In honor of David Levy’s special birthday
    by Joyce Rosenthal
In honor of the marriage of Robert and Roberta Soltz’s daughter, Deborah
    by Charlotte and Donald Fine

**In memory of:**
Father, George Leventhal
    by Herb and Arlene Leventhal
Sister, Nina Bunin
    by Aimee Bunin
Father, George Rodenstein
    by Barry Rodenstein
Stepson, Rick Garfield
Father, Samuel Silverstein
    by Marsha Rubin
Father-in-law, Jacob Gibbs
    by Thelma Gibbs
Mother, Anna Barr
Mother-in-law, Annie Tuttman
    by Grace Tuttman
Brother, Harold Kirstein
Husband, Daniel Turkanis
    by Ruth Turkanis
Great-grandfather, Israel Bodner
    by Bob and Bery Sanford
Father, Morris Sidman
    by Marilyn Epstein
Uncle, Bennie Gartz
    by Doris Hirsch
Father, Joseph Staretz
    by Judith Rosenberg
Father, Abraham Kazis
    by Israella Abrams
Father, Robert Goldberg
    by Larry Goldberg
Husband, Boris Richman
Brother, Howard Borr
    by Beverly Richman
Mother, Rose Abrams
    by Howard Abrams
Father and grandfather, Sidney Gerber
    by Valerie and Alan Gilbert and Sari and Billy Rudolph
Grandmother, Dora Westerman
   by Barbara Levine and Beth Yanofsky
Mother, Bertha Yanofsky
   by Barbara Levine
Brother, Paul Goldman
Brother, Philip Goldman
Mother, Sara Goldman
   by Gloria Sax
Father, William Shapiro
   by Carol Denbo
Father, Louis Zolot-levi
   by Elaine Finegold
Brother, Mark Hirshberg
   by Jeff Hirshberg
Father, Donald Foreman
   by Rand Foreman-Bergman

HENRY MERKEN TALLIT MEMORIAL FUND
In memory of Nathalie Sullaway
   by Elaine Merken

In memory of:
Mother-in-law, Annie Merken
   by Elaine Merken

PRAYERBOOK FUND
In honor of Sylvia Revman’s 90th birthday
   by Carolyn Perlow; Roz and Sandy Levy; Arlene and Herb Leventhal

GAN GARDEN FUND
In memory of:
Father, Gerald Schlosser
   by Jill Goodman

JACK POLONSKY BUILDING FUND
Father, Nathan Polonsky
   by Norma and Sherman Freedman

CBURT SHEPARD SCHOLARSHIP FUND
In honor of Burt Shepard’s 80th birthday
   by Lois and Bobby Kaplan; Mark and Karen Meyer and family; Sandra Goldstein; Gail and Jerry Gerson; Barbara and Sid Abramson; Mark and Carolyn Friedman and family
With get well wishes to Becky Shepard
   by Sandi and Arnie Shuman; Mark and Karen Meyer and family; Gail and Jerry Gerson; Barbara and Sid Abramson
In memory of Margie Shapiro’s husband, Ed
   by Eddie and Diane Knopf

In memory of:
Father, Harry Schwartz
   by Sheila Rich

HAROLD FRISCH SCHOLARSHIP FUND
In memory of:
Father, Sidney Frisch
   by Howard Frisch

MILTON AND ESTELLE FEINSTEIN MEMORIAL SCHOLARSHIP FUND
In memory of:
Grandmother, Herman Goldsmith
   by Joyce Bornstein

LEV INITIATIVE
In memory of Jerry and Lois Ogan’s son-in-law, Ed Shapiro
   by Elaine Merken

NOSH AND DRASH
In honor of Seymour and Marilyn Stoll’s grandson, Adam’s marriage
   by Harvey and Helaine Cotton

The Wave
CSH ~ 55 Atlantic Avenue, Swampscott, MA 01907 ~ 781.599.8005 ~ Fax: 781.599.1860 ~ www.ShiratHayam.org

Cuba Mission
The Jewish Community of Cuba
March 16 - 24, 2014
The deadline to register for the mission to Cuba has been extended to mid-December.

For more information, please contact Desiree Gill at: gil.desiree@gmail.com.

Our tour guide, Manuel, from Cuba was so moved by his visit to the States and especially by his visit to our community. Desiree

“Dear Desiree and Arie

I arrived back to Cuba yesterday, I’m still processing all I was able to learn in this my first visit out side Cuba, of course my family is happy to have me back and want to know every thing about the trip.

“I want to express my gratitude to you, and your family for taking me as another family member in your lovely home, I never expected all the love and care that I have received in the last month from so many People, some of then i meet only for few days in past years. Your congregation is made up of so many interesting and good people and I appreciate all the kindness and hospitality that I was shown. I hope to see more Shirat Hayam members on your next mission to Cuba in March.

“Please give my best regards to every one who was involved in my visit, and to your son, also to the dogs and cat....jajaja”

Manuel
Todah rabah.
The following CSH members have generously contributed to the Lev Campaign this fiscal year.

Howard & Izzi Abrams
Sidney & Barbara Abramson
Ben & Meredith Adner
Richard & Ellen Alexander
Ilan Amar
Abraham & Frances Babbitt
Jack & Ann Bailen
Edye Baker
Henry & Frances Barbanel
Ariel & Carrie Berger
Jeffrey & Cindy Blonder
Edward & Frances Bobroff
Jeffry & Harriet Brand
Rebecca & Laura Brochstein
Howard & Debra Brooks
Edward & Diana Caplan
Marvin Cashman
Robert & Shari Cashman
Fay Castleman
Bob Clifford & Melissa Robbins
Clifford
Joel & Stephanie Cohen
Sheldon & Brenda Cohen
Neil & Deanna Cooper
Harvey & Helaine Cotton
Samuel & Carol Denbo
Alan Diamond
Arnie & Linda Dubinsky
Jonathan & Rachelle Dubow
Harold & Marilyn Epstein
Ralph & Linda Epstein
Adam & Leah Faria
Steve & Ellen Frankel
Steven Freiman & Frances Levy-Freiman
Mark & Carolyn Friedman
Sheldon Frisch & Fern Selesnick
Timothy & Deborah Gabe
Robert & Marion Garfinkel
Richard & Gail Gelb
Gerald & Gail Gerson
Thelma Gibbs
Alan & Valerie Gilbert
Irene Gilberg
Ronald & Barbara Gilefsky
Arthur & Esther Goldberg
Herbert Goldberg
Larry & Susan Goldberg
Morris Goldfield
Sandra Goldstein
Murray & Jill Goodman
Maurice & Pearl Greenbaum
Michael & Carla Greenberg
Paul & Jahna Gregory
Ronna Greif
Larry & Lori Groipen
Mark & Allison Gustavson
Stephen & Helyne Hamelburg
Avram & Laurie Hammer
Bernard & Evelyn Handis
Stephen & Ethel Harris
Robert & Diane Hart
James & Helaine Hazlett
Christopher & Jennifer Hockert
Alan & Ina Hoffman
Robert & Beth Hoffman
Donald & Lois Hurwitz
Spencer & Donna Kagan
Beverly Kahn
Eric & Ruth Kahn
Ralph & Harriett Kaplan
Robert & Lois Kaplan
Scott & Melissa Kaplowitch
Semyon & Irena Karasik
Bowen & Nancy Kerins
Nelson & Libby Kessler
Richard & Nancy Klayman
Edward & Diane Knopf
Ronald & Teri Krawitz
Bob & Lily Kreitzman
Cookie & Herb Kupersmith
Richard & Ann Landau
Joel Langsam
Andrew & Nancy Leader-Cramer
Lenny & Debbie Leibowitz
Tom Levenberg & Amanda Clayman
Diane Levin & Steven Hicks
Jason & Mikaela Levine
Perlina Levitin
Joseph & Ariana Selby
Robert & Anne Selby
Ruth Shanker
Myril Sheinkopf
Burt & Becky Shepard
Daniel & Bette Shoreman
Alan & Barbara Sidman
Jason & Renee Sidman
Ellen Silverman
Joan Garfield
Carl & Toby Sloane
Edward & Joanne Smith
Hyman Sogoloff
Andrew Sokolov & Liya Ageenko
Steven & Karen Solomon
Max & Cheryl Sontz
Jeffrey & Amy Sorkin
Ben & Edith Spector
Jason Stark
Sidney & Beatrice Strome
Harriet Sussman
Matthew & Allison Swartz
Richard & Dorothy Tatelman
Wayne & Eileen Trebbin
Philip & Marilyn Vener
Peter Waldfogel & Maureen O’Reilly
Lewis & Reggie Weinstein
Nathaniel & Lauren Weiss
Natalie White
Sandy Feinstein Yackolow
Adam & Andrea York
Harvey & Gail Zarren
Marjorie Zoll

(as of October 15)
**Shabbat Synaplex Expands to Afternoon “Mini-Plex”**

The Shabbat Community at Shirat Hayam continues to grow. After lunch, people linger until 1:30 or later. What a perfect time to expand our learning. Beginning at 12:30, join us at the designated space with your dessert and learn with us. The lunchtime learning will continue throughout the year in alternating 3-week sessions with Rabbi B, Cantor Elana and Jed Filler. The fourth session will be reserved for a guest from the community.

Each session will begin with study, followed by the Birkat, blessing after meals. We will take a few moments to reflect on the good fortune we have for breaking bread with our community, followed by the short mincha service at 1:30 (see below). Like morning Synaplex, come for one, some or all!

Many people have asked for a basic Judaism course because either they have had no formal Jewish education, or they don’t remember their lessons from Hebrew school. No prior knowledge of Judaism or Hebrew required. If you have questions on these topics, here is your opportunity to ask. As the year goes on, the topics will become more in-depth. Some of our topics for the year will include: Shabbat, Life Cycle Events, Passover Preparation, Israel and Tanach.

Mini-Plex is open to the community and will be casual. Come anytime to any class.

Mini-Plex topics and instructor will be posted monthly in the Wave and in your weekly email ‘This Week @ CSH.’

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**Saturday Afternoon Minyan Change**

Did you know that Shirat Hayam is the only congregation on the North Shore to have a minyan twice a day?

**CSH MINYAN MOVERS**

**Saturday afternoon minyan**

**has moved to 1:30 pm**

*(If you are coming to say kaddish or have a yahrzeit, please arrive before 1:30 so we can “count you in!”)*
Brotherhood

There’s always something going on with Brotherhood!

The next Brotherhood meeting will take place on Monday, November 18 at 7:30 pm.

Appetizers will be served at the meeting. Then... if you would like to join us for our annual steak dinner and hang out to watch the Pats play, it is $20.60 for dinner - $20 if you pay by cash or check (so worth it - Gary grills a mean steak!!). So RSVP for dinner!! You can RSVP to the Brotherhood email: cshbrotherhood@gmail.com or call the CSH office: 781.599.8005.

If you would like to get involved with Brotherhood, please send me an email at cshbrotherhood@gmail.com. I look forward to hearing from you!

Brian Cohen, Brotherhood President
Thursday, November 14

CSH Yoga Committee presents

An Evening of Health and Happiness

Beat holiday stress before it begins! Join us for a night of pampering and rejuvenation and sample different techniques for relaxation and healthy living... all while eating chocolate covered strawberries and sipping our famous Yogini Martinis (now there’s happiness)!

The evening will begin at 7:15 pm
Ariela HaLevi will lead a yoga class with massage therapists on hand for optional massage during savasana.

The evening continues at 8:00 pm with a tasting of delicious, healthy smoothies, desserts and raw food, drinks and music, aromatherapy, massage, acupressure facelifts, reiki, tapping, and sound healing, intuitive readings, health coaching, organic lipsticks and more...

$25.75 a person
(3% discount for cash or check payments - $25.00)
RSVP to yoga@ShiratHayam.org

A raffle will be held to benefit CSH’s Hospice Shabbat program.
**Chesed Committee**

*Karynn Needel and Beth Hoffman, Co-chairs*

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee's mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

*Karynn and Beth*

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

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**2013 Advertising Rates**

*Congregation Shirat Hayam Wave*

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

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**Holidays 5774**

**2013**

November 27 First Night Hanukkah

(Can you believe it?)

November 28 Thanksgivukkah!!!!!!

**2014**

January 16 Tu B'Shevat

March 13 Purim

April 15 Passover

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**Yahrtzeits**

If you have a yahrtzeit and plan to say kaddish at CSH, please bring a friend or two. Help make the perfect “10” at minyan.
We’re having a Book Fair at Shirat Hayam Preschool!

with books and related gifts from Wit & Whimsy Children’s Bookstore

You (and your family & friends!) are invited to come to Shirat Hayam Preschool Chapel to purchase quality literature and gifts for the quality children OF ALL AGES!

Book Fair is open Tuesday, November 5th, and Wednesday, November 6th

Hours: 8:15 - 9:30 a.m.; 11:15 a.m. - 12:15 p.m.; 1:30 - 2:30 p.m.

GIFT~GIVING & HOLIDAY SHOPPING NEVER LOOKED SO EASY!

You will receive 10% off your total purchase at our Book Fair, and a coupon for an additional 10% off one future purchase at Wit & Whimsy Children’s Bookstore, 60 Atlantic Ave., Marblehead!

Shirat Hayam Preschool will receive 10% of total sales!

What a super way to support Shirat Hayam Preschool, save on your gift purchases & get a jump start on your holiday shopping!
**Shabbat Café Sponsors**

**Thank you to the following for co-sponsoring the Shabbat Café in October**
- Cara and Leonardo Goldwasser in honor of their daughter, Gabriela, becoming bat mitzvah
- Jahna and Paul Gregory in honor of their daughters, Rachael and Lily, becoming b’not mitzvah
- Edye and Bob Baker in honor of their granddaughter, Rachel Baker, becoming bat mitzvah
- Bery and Bob Sanford in honor of their grandson and Thom and Brigitte Karns, in honor of their son, Nikolas Karns, becoming bar mitzvah

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

**Todah Rabah**

**Thank you to the following for participating in services in October**

**Torah Readers:** Gabriela Goldwasser, Diane Levin, Lily Gregory, Rachael Gregory, Rachel Baker, Nikolas Karns

**Haftarah Chanters:** Gabriella Goldwasser, Rachael Gregory, Lily Gregory, Rachel Baker, Nikolas Karns

If you would like to read Torah or chant a Haftarah, contact Cantor Emil: CantorEmil@ShiratHayam.org.

**CSH Minyannaires**

**Thank you to the following members for supporting daily services in October:**


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
**CSH Book Club - Everyone’s welcome!**

7:30 pm on the following Monday evenings:

**Next season is set! Save these dates and get ready for your summer reading!**

- November 18 | Light Between Oceans by M. L. Stedman
- December 16 | The Kitchen House by Kathleen Grissom
- January 20 | The Storyteller by Jodi Picoult
- February 17 | I Am Forbidden by Anouk Markovits
- March 17 | American Pastoral by Philip Roth
- April 28 | In the Garden of Beasts by Erik Larsen
- May 19 | The Immortal Life of Henrietta Lacks by Rebecca Skloot
- June 16 | The Chaperone by Laura Moriarty

The CSH Book Club is open to the community - please join us.

For more information, email Becky Shepard at: shepardb@aol.com.

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**Spirited Sisters: Circle at the Sea**

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

Please mark your calendars to join this wonderful program.

The Spirited Sisters will meet on Sunday evenings,
7:00 to 9:00 pm at CSH: 2013 - November 3, December 1 2014 - March 2, April 6, May 4

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.
Join Rabbi HaLevi and Shirat Hayam for the trip of a lifetime...

Israel

July 27 - August 7, 2014

Israel Highlights

JERUSALEM
☐ B’hai Mitzvah at Southern Wall Excavation
☐ Western Wall Tunnels
☐ Mt. Herzl Cemetery and Museum
☐ Yad Vashem

THE SOUTH
☐ Ramon Crater
☐ Ein Ovdat
☐ Masada
☐ Dead Sea

THE NORTH
☐ Roman Theater and ancient ruins in Caesarea
☐ Grottoes at Rosh Hanikra
☐ Jeep tour through the Golan Heights
☐ Visit Mystical Safed and study with Rabbi B and his sister, Rebecca Rosen, Psychic Medium and author of “Awaken the Spirit Within”
☐ Rafting trip down the Jordan River
☐ Swim in Gan Sachne

TEL AVIV
☐ Rabin Square
☐ Palmach Museum
☐ Jaffa

...AND SO MUCH MORE!

Land package: $3,950.00*
Single supplement: $1,295.00
3rd person (under 18) in a room, deduct $585.00

*Pricing for Shirat Hayam members and their families. Non-CSH members please add $100/person. administrative fee.

If you are interested, contact Marla Gay at 781.599.8005 Ext. 27, or Email: Marla@ShiratHayam.org
The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

You Can Make a Difference

• Our High Holiday food collection was a tremendous success. Your generous donations have benefitted more than forty North Shore Families. A special thanks to our local Stop and Shop which supplied the recyclable plastic bags.

• Food distributions are held monthly on Sunday mornings at Temple Sinai. November 17th is the next community distribution.

• We welcome all kosher, nonperishable food. Please check the expiration dates. We are especially in need of raisins, peanut butter, and whole grain crackers.

• Drop your donations in the JF&CS Family Table Bin located in the CSH lobby.

Thank you for your support.

Shalom,

Bette Shoreman, CSH Family Table Site Coordinator

The Center for Jewish Education is collecting money to help JF&CS purchase Thanksgiving turkeys for North Shore families in need. Every donation counts! If each student brings in one dollar ($1.00), that will buy enough turkeys for several families! Help them celebrate “Thanksgivukkah”!!

There is a special ‘turkey tzedakah box’ set up outside Ann’s office for donations. You can put your spare change, dollars, or checks in there to help our North Shore families. Checks can be made payable to JF&CS and write ‘turkey’ in the memo line. Every $36.00 we raise will buy a turkey for a family. Help us and help each other! This collection begins November 1st.

Thank you for helping those in need at Thanksgiving and throughout the year!
DONATE
Your Clothing, Shoes and Linens

Donate, Recycle, Don’t Throw Away

All of the following can be donated in any condition as long as it’s clean and dry:

<table>
<thead>
<tr>
<th>Category</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pants</td>
<td>Boots</td>
</tr>
<tr>
<td>Shorts</td>
<td>Shoes</td>
</tr>
<tr>
<td>Shirts</td>
<td>Slippers</td>
</tr>
<tr>
<td>Pajamas</td>
<td>Belts</td>
</tr>
<tr>
<td>T-Shirts</td>
<td>Ties</td>
</tr>
<tr>
<td>Jerseys</td>
<td>Purses</td>
</tr>
<tr>
<td>Sweatshirts</td>
<td>Hats</td>
</tr>
<tr>
<td>Sweatpants</td>
<td>Socks</td>
</tr>
<tr>
<td>Sweaters</td>
<td>Pillows</td>
</tr>
<tr>
<td>Jeans</td>
<td>Bedding: comforters, sheets, pillow cases, blankets</td>
</tr>
<tr>
<td>Dresses</td>
<td>Curtains/Draperies</td>
</tr>
<tr>
<td>Skirts</td>
<td>Table Linens</td>
</tr>
<tr>
<td>Coats</td>
<td>Stuffed Animals</td>
</tr>
<tr>
<td>Jackets / Suits</td>
<td></td>
</tr>
<tr>
<td>Undergarments/bras</td>
<td></td>
</tr>
<tr>
<td>Back packs</td>
<td></td>
</tr>
</tbody>
</table>

It’s not traCSh... for Shirat Hayam it’s caCSh!
100% of the proceeds benefit CSH.
Don’t throw away your clothing and textiles! Drop them off at CSH.
This is an easy fundraiser for CSH and it costs you nothing!

Thank you for your support.

Consult your tax professional for donation eligibility.
Tax receipts available.

Congregation Shirat Hayam of the North Shore
55 Atlantic Avenue, Swampscott, MA 01907 | CSH@ShiratHayam.org ~ 781.599.8005
www.ShiratHayam.org
Team CSH

CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
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Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org
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Cantor Emeritus
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Edgar Weinsberg

Youth
Rachael Pass
Youth Director
SmartyYaish@gmail.com

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Direct Line: 781.598.3311

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Christine Dolan
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Marcy Furlong
Valerie Gilbert
Stefanie Gladstone
Donna Hingston
Melissa Hudson
Wendy Lewis
Shari Losanno
Barbara Levine
Kimberly Manley
Alison Michigan
Hallie Pica
Kelly Porter
Susan Roberts
Cheryl Schwartz
Rebecca Sontz
Nancy Terranova
Deborah Wyeth
Marcy Yellin

CSH Board
Leadership@ShiratHayam.org

*Howard Abrams,
Education

*Ellen Alexander,
Budget and Finance

David Brodsky
Brian Cohen
Chris Hockert

*Tom Levenberg,
Congregational Home

Diane Levin
Jason Levine
Karynn Needel
Leslie Ogan

*David Rosenberg
Co-President

*Julie Sagan, Programming

Hal Schwartz
Laura Schulman-Brochstein

*Joe Selby,
Co-President

Wayne Trebbin
*Executive Committee

CSH Clergy

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RabbiB@ShiratHayam.org
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Hal Schwartz
Laura Schulman-Brochstein

*Joe Selby,
Co-President

Wayne Trebbin
*Executive Committee

CJE

Center for Jewish Education

CJE@ShiratHayam.org
Direct Line: 781.346.6075

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Jed@ShiratHayam.org
Ext. 24

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Ann@ShiratHayam.org
Ext. 25

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Phyllis Eidelman
Valerie Gilbert
Stefanie Gladstone
Lyne Greenberg
Halie Pica
Cheryl Schwartz
Daphna Shemesh
Rachel Shwartz
Julie F. Silver
Jason Stark
Beth Tassinari
Elana Weiner
Marcy Yellin

CJE Madrichim

Jamie Ehrlich
Ariel Friedman
Anna Godes
Gennifer Greenberg
Matt Jepsy
Michael Katzen
Justyn Needel
Arun Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
(as of Sept. 18)

CJE Madrichim

Jamie Ehrlich
Ariel Friedman
Anna Godes
Gennifer Greenberg
Matt Jepsy
Michael Katzen
Justyn Needel
Arun Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
(as of Sept. 18)
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1 Friday</strong></td>
<td>6:00 pm Musical Shabbat</td>
</tr>
<tr>
<td><strong>2 Saturday</strong></td>
<td>Full Synaplex, Limud, Magic Minyan</td>
</tr>
<tr>
<td></td>
<td>12:30 pm Mini-Plex with Cantor Elana</td>
</tr>
<tr>
<td></td>
<td>Monte Carlo Night</td>
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<tr>
<td><strong>3 Sunday</strong></td>
<td>7:00 pm Spirited Sisters</td>
</tr>
<tr>
<td><strong>4 Monday</strong></td>
<td>7:20 pm Mahjong</td>
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<tr>
<td></td>
<td>8:30 Monday Night Football</td>
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<tr>
<td><strong>5 Tuesday</strong></td>
<td>4:00 pm Limud Tuesday</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Read Hebrew America</td>
</tr>
<tr>
<td><strong>6 Wednesday</strong></td>
<td>3:00 pm iShir Katan</td>
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<tr>
<td></td>
<td>3:30 pm iShir</td>
</tr>
<tr>
<td></td>
<td>4:00 pm Limud Lab</td>
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<tr>
<td></td>
<td>7:30 pm Kol Isha</td>
</tr>
<tr>
<td><strong>7 Thursday</strong></td>
<td>11:45 am Chair Yoga with Ariela</td>
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<tr>
<td></td>
<td>7:30 pm Torah Hub @ JCC with Rabbi B</td>
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<tr>
<td></td>
<td>7:00 pm YAiSH Lounge@TE</td>
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<tr>
<td></td>
<td>7:30 pm Mahjong</td>
</tr>
<tr>
<td><strong>8 Friday</strong></td>
<td>6:00 pm Musical Shabbat</td>
</tr>
<tr>
<td><strong>9 Saturday</strong></td>
<td>Synaplex, Camp Limud</td>
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<tr>
<td></td>
<td>12:30 pm Mini-Plex with Cantor Elana</td>
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<tr>
<td><strong>11 Monday</strong></td>
<td>7:20 pm Mahjong</td>
</tr>
<tr>
<td></td>
<td>8:30 pm Monday Night Football</td>
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<tr>
<td><strong>12 Tuesday</strong></td>
<td>4:00 pm Limud Tuesday</td>
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<tr>
<td></td>
<td>7:30 pm Read Hebrew America</td>
</tr>
<tr>
<td><strong>13 Wednesday</strong></td>
<td>3:00 pm iShir Katan</td>
</tr>
<tr>
<td></td>
<td>3:30 pm iShir</td>
</tr>
<tr>
<td></td>
<td>4:00 pm Limud Lab</td>
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<tr>
<td></td>
<td>7:30 pm Kol Isha</td>
</tr>
<tr>
<td><strong>14 Thursday</strong></td>
<td>11:45 am Chair Yoga with Ariela</td>
</tr>
<tr>
<td></td>
<td>7:00 pm YAiSH Lounge@TE</td>
</tr>
<tr>
<td></td>
<td>7:15 pm An Evening of Health and Happiness</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Torah Hub @ JCC with Rabbi B</td>
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<tr>
<td></td>
<td>7:30 pm Mahjong</td>
</tr>
<tr>
<td><strong>15 Friday</strong></td>
<td>6:00 Musical Shabbat</td>
</tr>
<tr>
<td><strong>16 Saturday</strong></td>
<td>Full Synaplex, Limud and Mini-Plex</td>
</tr>
<tr>
<td></td>
<td>Bat Mitzvah of Miriam Milamed</td>
</tr>
<tr>
<td></td>
<td>12:30 pm Mini-Plex with Prof. Marvin Wilson</td>
</tr>
<tr>
<td><strong>18 Monday</strong></td>
<td>7:20 pm Mahjong</td>
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<tr>
<td></td>
<td>7:30 pm Book Club</td>
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<tr>
<td></td>
<td>8:30 pm Monday Night Football</td>
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<tr>
<td><strong>19 Tuesday</strong></td>
<td>4:00 pm Limud Tuesday</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Board Meeting</td>
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<tr>
<td></td>
<td>7:30 pm Read Hebrew America</td>
</tr>
<tr>
<td><strong>20 Wednesday</strong></td>
<td>3:00 pm iShir Katan</td>
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<tr>
<td></td>
<td>3:30 pm iShir</td>
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<tr>
<td></td>
<td>4:00 pm Limud Lab</td>
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<tr>
<td></td>
<td>7:30 pm Kol Isha</td>
</tr>
<tr>
<td><strong>21 Thursday</strong></td>
<td>11:45 am Chair Yoga with Ariela</td>
</tr>
<tr>
<td></td>
<td>7:00 pm YAiSH Lounge@TE</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Torah Hub @ JCC with Rabbi B</td>
</tr>
<tr>
<td><strong>22 Friday</strong></td>
<td>7:30 pm Mahjong</td>
</tr>
<tr>
<td><strong>23 Saturday</strong></td>
<td>Full Synaplex, Limud</td>
</tr>
<tr>
<td></td>
<td>12:30 pm Mini-Plex w/Rabbi B</td>
</tr>
<tr>
<td><strong>25 Monday</strong></td>
<td>7:20 pm Mahjong</td>
</tr>
<tr>
<td></td>
<td>8:30 pm Monday Night Football</td>
</tr>
<tr>
<td><strong>26 Tuesday</strong></td>
<td>4:00 pm Limud Tuesday</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Read Hebrew America</td>
</tr>
<tr>
<td><strong>27 Wednesday</strong></td>
<td>First Night Hanukkah</td>
</tr>
<tr>
<td></td>
<td>4:00 pm Limud Lab</td>
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<tr>
<td></td>
<td>7:30 pm Kol Isha Choir</td>
</tr>
<tr>
<td><strong>28 Thursday</strong></td>
<td>2nd Night Hanukkah</td>
</tr>
<tr>
<td></td>
<td>Thanksgivukkah</td>
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<tr>
<td><strong>29 Friday</strong></td>
<td>6:00 Musical Shabbat</td>
</tr>
<tr>
<td><strong>30 Saturday</strong></td>
<td>Full Synaplex Alcove Dedication</td>
</tr>
<tr>
<td></td>
<td>NO Limud</td>
</tr>
<tr>
<td></td>
<td>12:45 pm Mini-Plex w/Rabbi B</td>
</tr>
<tr>
<td><strong>3rd Night Hanukkah</strong></td>
<td>4:00 pm Limud Lab</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Kol Isha Choir</td>
</tr>
<tr>
<td><strong>4th Night Hanukkah</strong></td>
<td>6:00 Musical Shabbat</td>
</tr>
<tr>
<td></td>
<td>7:30 pm Torah Hub @ JCC with Rabbi B</td>
</tr>
</tbody>
</table>

Notes:
- **Musical Shabbat** is a special service featuring musical performances.
- **Limud** refers to educational programs focusing on Jewish studies.
- **Minyin** is a prayer group attended by women.
- **Mini-Plex** is a smaller, informal gathering place for activities.

For more information, visit [www.ShiratHayam.org](http://www.ShiratHayam.org).
Hanukkah at CSH
Save the date -
Tuesday, December 3

Join CJE at 5:45 for the
Shirat Hayam Hanukkah
celebration!
Performances by CJE, activities
for kids and... of course, latkes!