We practice radical hospitality!

Table of Contents

Rabbi’s Writings ................... 2
Cantor Emil’s Notes ............... 3
Cantor Elana’s Notes ............. 4
Shabbat Olam .................... 5
A Message from our CEO ...... 6
CSH Board Chair Update ...... 7
Center for Jewish Education
  Preschool........................ 8
  CJE ................................ 9
Meet Our Teachers .............. 10
YAiSH .......................... 11
Congregational Life ............ 12
  New Members
Events & Facility ............... 13
LEV .............................. 14
Brotherhood ........................ 15
Shabbat Synaplex .............. 16
Alternative Services ............ 17
  Candle Lighting Times
  Daily Service Schedule
Pictures!! ........................ 18-19
Well Wishes & Donations ....... 20-26
Family Announcements
Ongoing Kids’ Programs ....... 27
Chesed .......................... 28
  Advertising Rates
  Holidays
Book Club ........................ 29
Saul Kaye ........................ 30
Spirited Sisters .................. 31
Shabbat Cafe ........................ 32
  Todah Rabah
  Minyanaires
Holiness of Bread ............... 33
  Israel Trip
Support Our Advertisers ....... 34-35
JF&CS ............................ 36
JCC Hanukkah .................... 37
CSH Hanukkah .................... 38
Team CSH ......................... 39
Radical Hospitality ............ 40

The LEV Initiative supports the amazing programs, services and events at Shirat Hayam. Thank you for your support. Please see page 14.
The following was a blog I wrote which was posted in the Jewish Journal. I'm reposting it now, even though Question 2 on the ballot is now a moot point as it did not pass. Still, it is an important issue, but most of all one which needs to be discussed.

After this was published in the Journal I was told that a prospective member decided not to join CSH because of my stance. Truth be told it's probably the right decision for them because CSH is a place where we neither shy away from the difficult conversations nor do we have one monolithic voice that speaks for all or one opinion on any subject. CSH is an environment where dialogue, debate and discussion are celebrated, and there is great depth and wisdom to be gained by having many voices and often times conflicting opinions and ideas. This was simply my opinion and understanding how Judaism and life relates to this issue. Of course, I encourage you to formulate your own and share it freely here at CSH. This is a congregation founded upon the idea that there are many expressions of Judaism, a myriad of portals of entry into the conversation and an infinite number of pathways to God. My voice is one of many and I look forward to hearing from you not just on this issue but on all issues in general, and certainly many more issues regarding medical ethics and end of life moral dilemmas. Whatever your stance these are areas too often ignored and long overdue for some formal discussion which we plan to have this spring. If you are interested in formally participating in an end-of-life symposium, please let me know.

Thank you for your open minds and open hearts, and your willingness to sometimes respectfully agreeing to disagree.

PHYSICIAN ASSISTED SUICIDE

When I was sixteen years old my paternal grandmother committed suicide. Nearly twenty years later my father followed his mother's example and chose to end his own life. It's safe to say that I am not objective when it comes to the issue of suicide. However, I don't draw my ethical or moral conclusions merely from my life experience, nor from my heart, but from the wisdom of Judaism. Although there are so many issues today which we grapple with where Judaism is grey, on this issue our tradition is black and white - suicide, assisted or not, is a sin. Some sins are between us and God. Others are between us and human beings. The issue of suicide, and assisted suicide, however, is a moral sin on both accounts.

Firstly, Judaism posits that our life is not our own. Our mortal body, infused with our immortal soul, is a gift from God. As our body has been gifted to us, so must it be returned; both in its natural state and at its natural time and no sooner, regardless of our opinion, our physician's opinion or our society's opinions, practices or policies.

When facing an end of life situation, we do indeed have the right to seek out (and health care professionals have the obligation to provide) every means available to aid in comfort and ease the pain that may very well occur. Moreover, our tradition permits the withholding or withdrawing of anything that would impede the natural dying process.

However, committing suicide or assisting in suicide is strictly forbidden.

Secondly, this issue violates a trust between us and our society, our doctors, our family and even generations yet to be born.

Doctor assisted suicide is obviously fraught with medical, policy and practical ethical issues and conundrums we haven't even begun to think through, let alone confront. I'll leave such questions to the professionals to answer. But, as a rabbi and a survivor I'm equally concerned with how this reality would impact our relationships.

The patient-doctor relationship borders upon sacred and certainly this will impact the roles, attitudes and choices of both the doctor and the patient.

Family relationships are fragile. We all know examples, far more benign than this, which have torn families apart. Assisted suicide will undoubtedly prove to be volatile and destructive when it comes to our family relationships.

The fabric of society is tenuous. The last thing this, or any society, needs is one more practice that quantifies, calculates or ultimately reduces human life to statistics, policies and dollars. (Continued pg. 36)
The past several months since we began our “Living Minyan” on Shabbat morning, we sometimes lose ourselves in one discussion or another. Away from the Shabbat Minyan, I have also been asked on topics pertaining to daily, non-Shabbat or Yom Tov services. One topic of discussion was the “wearing of tefillin.” Several years ago, on one of our trips to Israel, I had met this elderly lady that approached to talk to me and proceeded to ask me: "Have you heard about T’fillin?" I asked, "What are you talking about? I put on T’fillin regularly. She proceeded to tell me about an article from the Chinese Journal of Medicine written about T’fillin. Right away my curiosity was aroused and I had her immediately bring me the article - and when I got it, I saw something unbelievably amazing! Who of us doesn't know about Chinese Acupuncture? The Chinese discovered the medical treatment using needles to heal when they are inserted at certain points in the body. They have mapped out and named all the points of the body du 24 du 70 du 23, and so on. And the Chinese Journal of Medicine - to which everyone important in the field of Acupuncture subscribes - published an amazing article, absolutely amazing. The main article in volume 70 of the Journal deals solely with the T’fillin of the Jewish People. The article conclusively establishes that the contact and pressure points covered by the hand T’fillin (Shel Yad) and head T’fillin (Shel Rosh) are exactly those points at which the Acupuncture needles are inserted in order “to increase spirituality and to purify thoughts.” The non-Jewish author of the article puts it that the points covered by the T’fillin are those where the Acupuncture needles are inserted. I would reverse the statement to read: “The Acupuncture needles are inserted in those points which are exactly where a Jew puts on T’fillin.” The article details all of the Acupuncture points which are the same as the points-of-contact of the head T’fillin - front and back - as well as the points-of-contact of the hand T’fillin on the arm and hand. In the opinion of the expert who wrote the article, these are the only Acupuncture points that will achieve this result (to increase spirituality and to purify thoughts) which, in addition to following the Torah’s command, as part of the Sh’ma that we read daily, to place the T’fillin on the arm (hand) and head as a sign that God brought us out of Egypt with a strong hand, is likely the reason that Jews put on T’fillin. So ladies and gentlemen, choose your weapon. Needles or T’fillin. Absolutely amazing!

Oh, by the way, there is a national program called WORLD WIDE WRAP that promotes the teaching of the use of tefillin and puts aside one Sunday a year for that purpose. I hope to be able to promote it here at Shirat Hayam. Stay tuned.

L’Shalom,

Cantor Emil
Cantor Elana Rozenfeld

Come one, come all and join the Holy Shleppers!

In order to pass on my love for the words and melodies of our tefillah (prayer), I recently started a class called the "Holy Shleppers" in which we learn and explore Jewish prayer together.

The term, Holy Shleppers, comes from Rabbi Shlomo Carlebach, referring to his group of devoted shul-goers. Carlebach called them the Holy Shleppers to stress that they are a group of people, just ordinary people, not singers, not clergy, just people who want to learn and seek out holiness and spirituality. They use their voices to help carry the community, enabling them to feel a greater sense of holiness.

We meet almost every Tuesday and we work from a packet and CD that I compile and record. The first "unit" included various tefilot (prayers) from the Shabbat morning renewal service, Selichot, and the High Holy Days. We studied each prayer in depth, analyzing the Hebrew words in order to fully understand the meaning of the prayers, and to develop personal connection to them. We also sang them, learning new melodies, and perfecting melodies that we know partially, but not completely. Now, we are in our second unit, studying the "Bedtime Shema," a beautiful nighttime ritual that involves various prayers, including Shema and Adon Olam.

Here are some remarks from the Holy Shleppers:

"Never could I have imagined becoming a Holy Shlepper! A Holy Writer or Holy Speaker maybe, but a Holy Singer, forget it! I don't know if it's the Li, Li, Li's or the Di, Di, Di's, the words themselves, the uplifting melodies, or perhaps the utter joy of Shlepping with others, but I'm hooked. I'm learning, laughing, and in spite of myself, singing, and loving it!" - Michelle Tamaren

"As I download the recent Holy Shlepper's Bedtime Shema CD, I am filled with gratitude for this gift. It was only recently that I even discovered that there were a series of prayers said at bedtime, having grown up with only knowledge of the one line of the Shema that we learned to chant in Hebrew school. The first CD, filled with chants and new tunes from Renewal morning prayers and prayers for the High Holy Days accompanied me the entire drive down to NJ to spend Rosh Hashanah with my family. And as I stood with our wonderful community during Kol Nidre, the meaning of what we were doing came alive in a way that I had never before experienced." - Mimi Oliver

"Music is a language that any heart can understand. The melodies we have been learning are the heart's translation of the words in our siddurim (prayerbooks). But the words themselves matter, too. And spending time uncovering the meaning of the Hebrew words has revealed their power and beauty, their poetry locked away no longer. What a journey it is to go from bystander to participant, and to have a deepened sense of connection to community, to tefillah, to God." - Diane Levin

"I have enjoyed, more than once, coming to a service at CSH, and being able to jump right in with Cantor Elana as she is singing, because it is a melody we have learned together in Holy Shleppers. But more importantly than just learning the music of these new (or not so new) songs, we learn what the Hebrew words mean, so that we can better relate to both the words and the feel of the music. By learning the meaning of the words and the various translations, it allows me to delve deeper into the music, and actually "feel" what I am singing!" - Jen Hockert

"Participation in the Holy Shleppers is more like delving deeply into the meaning, intentions, origins and purpose of the prayers we chant. Then in shul, it is as if the words just leap off the pages of the siddur and into my heart. I 'get it' on a deeper level. Knowing the what, where, how and why's of the prayers make the chanting so much sweeter. Our meetings are spontaneous, fun and exciting, as we uncover and discover, making so many new connections. We sing, we laugh, we share, we study." - Mimi Oliver

We would love you all to join us in the Holy Shleppers! We meet every Tuesday (skipping one week a month when there is a board meeting). No commitment is required, and there are no prerequisites; just come with the desire to learn!

L'Shalom,

Cantor Elana
The community is invited to

Kabbalat Shabbat
featuring International Jewish Music
(no charge to attend service only)

followed by a

Shabbat Dinner

Dinner - $20.00 a person/$10.00 kids under 10

at Shirat Hayam
Friday, December 7th
Service begins at 6:00 pm

RSVP* for dinner by December 3 to: CSH@ShiratHayam.org
or 781.599.8005, or mail your check to CSH,
55 Atlantic Avenue, Swampscott 01907
You may also make your reservations online by
clicking on the calendar link on the CSH website.

*Sorry, we are unable to accept walk-ins and payment at the door.

Partially funded from your heart by The Lev Initiative
Thank you to Alan Bernstein for co-sponsoring Shabbat Olam
musicians in memory of his wife, Linda Bernstein.

Shabbat Around the World
Robert A. Krentzman, Chief Executive Officer

So Much to Do - But Where?

So let’s start out by setting the record straight…the temple that my family belongs to in Easton, Temple Chayai Shalom, is 1/10 the size of Congregation Shirat Hayam! You could fit their entire building into our sanctuary and social hall.

So when I came here to CSH I thought, WOW! My concerns for space were over. Boy was I wrong! For those of us who remember the late George Carlin, one of his “discussions” was about how you start out in life and you buy a house and as you grow so does your “stuff”. So your house becomes too small and you buy a bigger house, but then you buy more “stuff” so you need a bigger house…etc. You get the point.

We have a LOT OF STUFF here at CSH. Not necessarily material “stuff”, but lots of “stuff” going on within our building. The challenge is making sure that every event/program or meeting is positioned in the right space with the appropriate resources needed to make it the best it can be as consistently as possible. We are very fortunate to have so many clubs, groups, classes, meetings within our own CSH family. Like Mah Jong, Book Club, Read Hebrew America, Monday Night Football, Poker Night, Brotherhood meetings & events, SMARTY YAiSH Lounge nights, Committee and Board of Directors meetings, etc. Sometimes you’re in the library, sometimes the chapel and other times the social hall, depending on what else is going on that night.

We are also working to be a strong community partner for groups outside of CSH. Groups such as the Boy Scouts, Mona Sigal’s Food for Life cooking classes, American Red Cross, Swampscott Board of Health, Swampscott Fire Department, Jewish Federation of the North Shore, Jewish Journal, Jewish Family Services, My Brother’s Table and ADL, to name a few.

We are bulging at the seams within our school wing…our Preschool/Daycare is virtually sold out and at its maximum in every room. Our Hebrew School has 48 NEW students this year!!! What an AMAZING problem to have, huh??!! Well, we have access to 7 classrooms and Preschool/Daycare ends at 6 PM, while Hebrew School starts at 4 PM and both schools need access to these rooms!! Our custodial staff changes over rooms as efficiently as the TD Garden staff changes from basketball to hockey. This year we have initiated both Preschool and Hebrew School class dinners to encourage class parents AND kids to interact with each other…the attendance has been overwhelming (so what else is new?). It is ALL GOOD.

We are one of the few (or maybe the ONLY) synagogue in this area that has a morning AND evening Minyan SEVEN DAYS A WEEK!! Unfortunately, those committed and passionate Minyanaires are constantly being moved from one area to another in order to accommodate other events that require the use of the Chapel.

We have set up a multi-purpose room in our lower level with new heat, A/C, window blinds and dividers to screen the toys used during the day when the room is used as a playroom for our Preschool. We will be having all sorts of programs in this room and we believe it will become a very sought after venue for programs.

For those of you that join us on Shabbat for our Renewal Service, you have seen the new dividers we purchased to make the area in the sanctuary more intimate. Well we are now using these to breakup areas in the social hall so that we can run multiple programming in this huge space.

We truly appreciate everyone’s understanding and support in helping us maneuver programs/events or services accordingly. I’ll say it again…it is a great problem to have, but one that cannot be overlooked or taken for granted. We want you to know how much we value giving a multitude of options to our congregation and we will continue to do so.

Next steps…building expansion!!!!

See you soon @ CSH,

Bob
Volunteers are the lifeblood of Congregation Shirat Hayam. Without the many hours and talents that our dedicated volunteers contribute, CSH would not be the special place we cherish.

Dozens of volunteers toil out of love of CSH without expecting recognition or compensation. These efforts are mission critical for CSH and deserve acknowledgment. Thank you to everyone who volunteers time to support our fundraisers, programming, services, the building, committees, publications, etc...

Every facet of our operation depends on volunteers. Marla and Barri rightly warn me that I cannot possibly mention all of our devoted volunteers. With advance apologies to those I have unintentionally omitted, I’d like to acknowledge some of our superstar volunteers.

- The members of our Ruach Rally Band, Marcy Yellin, Len Zamansky, James Uzdarwin, Jason Stark, Doug Swaffield, and Julia Sundlie, volunteer their time – including regular rehearsals and performances at our weekly Ruach Rally and many community events -- so that they can lift our spirits and get our toes tapping on Shabbat and many other joyous occasions.

- The sound system in our sanctuary and social hall was vastly improved this past year by Roger Talkov, a congregant volunteer who is a professional sound engineer.

- Several CSH members, Karynn Needel and Shari Cashman, volunteered their expertise as human resources professionals by authoring a long-overdue employee manual.

- A number of our CSH children volunteer their time by serving in our Kol I-Shir kids choir, led by Cantor Elana.

- A group of volunteers, including Burt Shepard, Harold Kramer, Rhonda Preman, Georgie Sawyer, Arlene Leventhal, Sheri Schapiro and Charlotte Fine, prepares the delicious lunch we enjoy on Shabbat.

- Members of our Chessed Committee, chaired by Karynn Needel and Beth Hoffman, volunteer their time by bringing comfort to people in their time of need.

- Burt Shepard takes loving care of our building and cemetery, as he has done for more years than I could say.

- Gary Insuik looks after our building as if it were his own home.

- Helaine Hazlett looks after our gorgeous landscaping.

- Natalie White and Bea Strome help the office staff by answering phones.

- Harvey Zarren regularly volunteers to lead Nosh and Drosh sessions on Shabbat.

- Brian Cohen and Joe Simons spearhead Brotherhood’s volunteer efforts and led a merry band that painted our parking lot curbs.

- Becky Shepard leads our monthly book club.

- Herb Goldberg is our CSH photographer extraordinaire.

- Alan Sidman and Mark Messenger coordinate honors on the High Holidays.

- Chris Hockert spearheads our technology needs, including maintaining our website and sound system.

- Jerry Ogan for editing the Wave every month for years!

Continued, Page 36
Leslie Rooks Sack, Preschool Director

Summerthing is well underway and everyone is having so much fun!

We started November with the third of three Preschool suppers, a great way for our Preschool families to have time outside the classroom to continue ‘meeting and greeting’ one another! Last month, the Infants and Toddler families, and the families of our 3-year-olds met on a special night. On Thursday night, November 1, the families of our 4-year-old classes enjoyed an Italian supper, with musical entertainment by the children and Marcy Yellin and her guitar expertise! This month the children VOTED for the next president of the United States! That’s correct - the children are learned about the Presidential election and were informed voters! The Thanksgiving holiday will be another great way to teach our children the importance of respect for everyone and acceptance of differences. Our annual school wide Thanksgiving feast will find lots of Pilgrims and Native Americans enjoying the Teachers acting out the story of Thanksgiving. The Preschool is looking forward to our Book Fair with Wit & Whimsy Book Store – here in our Chapel, on Tuesday and Wednesday, Dec. 4th and 5th. This Book Fair is open to all Shirat Hayam Congregational members and their families and friends. This is a great way to purchase quality books for gift-giving. Of course, it wouldn’t be December without our Preschool and Congregation Hanukkah celebration! Join us for a Hanukkah Brunch on Sunday, December 16, at 11:00am!

Leslie

December 4 and 5

CSH Preschool Book Fair

Book Fair in the Chapel on Tuesday, December 4th, and Wednesday, December 5th, from 7:30-9:30 am; 11:15 am - 12:15 pm; 1:30-2:30 pm - Open to the public.

Receive 10% off total purchase at the Book Fair, and Preschool receives 10% of total purchases. You will also receive a coupon for an additional 10% off one future purchase at Wit & Whimsy Book Store, 60 Atlantic Avenue, Marblehead. What a super way to support Shirat Hayam Preschool, save on your gift purchases and get a jump start on your holiday shopping!

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack, 781.598.3311, or email: Leslie@ShiratHayam.org
Jed Filler, MAJCS, Education Director

Shalom Chaverim:

There is always a bit of a delay between when I write and when you get to read what I wrote, and that sometimes creates a challenge for me as I strive to share something timely that might also have a bit of a shelf life. In the past two weeks (as I write this), we have experienced some challenging extremes.

First, on the up side, we had our first shabbat dinner by grade in the CJE - with our 7th grade families. It wasn't a 'traditional' synagogue shabbat dinner. Instead of everyone arriving dressed up, sitting formally at tables, eating chicken of some sort followed by another formal service, we have decided to do something different. Formality certainly has its place, but here in the CJE we strive to be warm, welcoming and informal - in the best sense of the word. So, our Shabbat dinners are a bit different. Instead of having someone else cook, prepare, and set our tables and our meals, we will do it ourselves. We will clean, prepare and cook our own dinner, and while it is cooking, we will set our tables and welcome Shabbat. When dinner is ready, we sit together and enjoy the meal family style. Our 7th grade had a wonderful time being our first participants, and we hope that everyone else will too.

On the challenging side, we are still cleaning up from Hurricane Sandy. Many of our friends, family members, and loved ones are still without power. Some have lost homes, belongings, and even more. It wasn't a disaster across the world, in some far away place... but right here, on the east coast, and in Massachusetts. But even in a disaster like this one, there are stories of heroism and cooperation, from individuals and companies, between politicians who normally have a hard time sitting in the same room, and television news and entertainment hosts reminding us that donating to the Red Cross is as easy as sending a text message.

Second, again on the up side, we are joining this weekend with Neil Chayet in celebration of 36 years of his radio program, 'Looking at the Law.' On the challenging side - in preparation for the event, we were treated to an enlightening discussion of immigration and asylum law and its Jewish implications with Attorney Jeff Goldman. The discussion wasn't challenging, but the inspiring stories Jeff shared from his work with asylees were a definitive reminder that there are many, many places in the world where law and civilized behavior are not the norm.

The dichotomy of these celebrations and challenges are a regular part of life, and being a part of our Jewish community offers us the opportunity to both celebrate and mourn, rejoice, and offer a helping hand - one after the other. And we are trying to do both as a part of our CJE Jewish experience for our kids. Thanksgiving is around the corner and Chanukah will follow right on its heels. We are collecting donations for the Jewish Food Pantry to help buy Thanksgiving dinners for families in our community who can't do it on their own. We are donating some of the 'loot' collected at our non-Jewish but very American 'scary' holiday - and sharing it with people who don't have the opportunities that we do. And we will be collecting donations at Chanukah for children and families who can't do the same on their own.

We are told - Kol Yisrael Aravim zeh ba zeh - all Israel is responsible one for the other - and it is important that when we celebrate joyously, we also remember that there are others in need, facing challenges, and offering help cannot be left to others.

L'shalom

Jed
Meet Our Teachers

CJE

Rachel Shwartz

That blond, curly-haired, always smiling woman in the halls of CSH during Limud Shabbat, is our very own Rachel Shwartz.

Rachel grew up in Peabody, Massachusetts. Her family was active in Temple Beth Shalom, where Rachel and her 3 older brothers attended religious school, became Bar/Bat Mitzvah and were confirmed. She graduated Peabody Veterans Memorial High School in 1987 and then attended UMass Amherst, where she graduated with a BA in Education in 1991.

During the past 25 years, Rachel has taught at the JCC in Peabody, many of the religious schools on the North Shore and she volunteers for some of the local Jewish and secular organizations. Rachel is currently (for the past 18 years) the Director of Magic Years School in Manchester-by-the-Sea.

Rachel and her husband, Eric, live in Gloucester, where they enjoy the beaches, boating and cheering for whatever sport is in season.

Rachel says that it is a privilege to be on staff at CJE, where she works as the coordinator of the B’Yachad program. The program meets twice monthly in classroom #2, where students explore Judaism, spirituality and love for Israel through stories, art and music. Rachel also coordinates all of the High Holy Day activities for ages 5 through 7.

Rachel is a gifted teacher and educator, loved and respected by all. We are fortunate to have her on our staff.

Preschool

Alison Michigan

My name is Alison Michigan and I have lived in Swampscott for almost 6 years. I live with my husband, Greg, and my children, Jane (10), Alice (8), and Luke (3). We moved here from Seattle, WA, where we lived for 8 years. The Northwest was a beautiful place to live. When we had children, we decided to move back east so we could be closer to our families.

Our daughters attended CSH Preschool and our son is currently attending. The Preschool holds a special place in our hearts and it has given us many happy memories.

I grew up in Chelmsford and both my parents were public school teachers. Both my siblings live in the area now and we see them and their children frequently. My parents moved to Rockport after they retired, and we love visiting them.

I have a BA with a major in Political Science from UNH. Immediately following college (with $100 to my name), I moved to Washington, D.C. and got my first job at the Department of Justice. I later met my husband, Greg, while working for the Inspector General’s Office.

I loved staying home after I had my daughter, Jane. Once my second daughter began attending preschool, I started subbing at CSH on a regular basis. I am now a teacher assistant to my friend Melissa Caplan. I look forward to walking into the classroom every day and seeing the children. In addition to teaching preschool, I also run the babysitting program during Shabbat.

I love living so close to the ocean and I feel fortunate that we are able to give that gift to our children. There is nothing more peaceful to me than sitting on the beach and listening to the waves. My mom has a quote painted on her wall that I love...“Near the sea we forget to count the days.”
So many Jewish holidays are behind us now – Rosh Hashanah, Yom Kippur, Sukkot, Simchat Torah... but coming up, we celebrate Thanksgiving and Hanukkah, two of my favorite holidays! These are great opportunities for families of all religions and backgrounds to gather together and express their gratitude for all the support and love they have received from others. Having only been a member of the Shirat Hayam community since August, I can certainly say that I have gotten some great support from everyone. I want to give special thanks to all the staff, volunteers, parents, and teens that have been a part of the YAiSH initiative since I began – you’re all what makes my job here worthwhile!

Thank you all, and Happy Thanksgiving and Hanukkah!

Rich Gordon
smartyyaish@gmail.com
781-346-4045

SMARTY/YAiSH Leadership Update:
SMARTY YAiSH has started a new teen leadership committee! Teens from Shirat Hayam, Temple Emanu-El, and the Jewish teen community at large, have had meetings in October and November to make important decisions and plans for our group, including planning themed lounge nights and monthly events. They have also decided to create and sell SMARTY YAiSH apparel as a fundraiser for the group, so be on the lookout for some great clothes and gifts!

Schedule of Events:
SMARTY/YAiSH - 9th-12th graders
All Lounges from 7-9pm
Thursday, Nov. 29 – Lounge, Shirat Hayam
10 pm Saturday, Dec. 1-8 am Sunday, Dec. 2 – Laser Quest Lock-In, Peabody
Thursday, Dec. 6 – Lounge, Temple Emanu-El
Thursday, Dec. 13 – Lounge, Temple Emanu-El
Thursday, Dec. 20 – Lounge, Temple Emanu-El
Friday, Dec. 21-Sunday, Dec. 23 – Shabbat Weekend w/ USY, Peabody
Thursday, Jan. 3 – Lounge, Shirat Hayam

Junior SMARTY/YAiSH - 6th-8th graders
All Lounges from 6:30-8:30pm

Wednesday, Dec. 5 – Lounge, Temple Emanu-El
Sunday, Dec. 9 – CoCo Key Water Resort, Danvers
Wednesday, Jan. 9 – Lounge, Shirat Hayam
Marla Gay, Director

Ma Nishmah? What’s Happening?

Where do I begin? There has been so much activity here since the High Holy Days and it’s not letting up! As I write this, there is an 18-wheeler in our loading dock with a group of men unloading box after box of Israeli Art. I anticipate that the Art Show will be a great success and look forward to writing about it in the next edition of the Wave.

Neil Chayet was here on November 3rd and it was a truly delightful evening. Our co-chairs for the event, Ellen Gordon and Diane Levin, along with their committee of Jill Goodman, Janice Levin, Joan Rich, Ann Segal, Bette Shoreman, Becky Shepard, Bea Strome, Barbara Tobin-Forbush and Natalie White did an outstanding job. The room looked beautiful, the food was great and Neil Chayet spoke for an hour that flew by! Thank you to those who worked so hard and to those who attended and/or supported the event.

Moving forward, we have Hanukkah coming up with our CSH celebration on December 16. Our Brotherhood has agreed to make us brunch. Expect an appearance of tzufganiyot (jelly donuts) and some form of potato latkes!

The next big event will be in January when Jewish Blues musician Saul Kaye returns to CSH for a weekend of “edutainment!” He will spend time with our CJE kids on Shabbat morning and then the community will be entertained at a Saturday evening concert. Mark the date of January 12 on your calendars - you won’t want to miss this one!

L’hitraot,
Marla

B’ruchim HaBaim ~ הולכי בית
Welcome to the newest members of the Shirat Hayam family:

Ronald and Teri Krawitz

Stacey and Rob Edelstein
Ashley, Brooke, Michaela and Ross
Barri Stein, Director

We recently sent out a comprehensive document entitled “Privileges of Membership” that lists the benefits of membership here at Congregation Shirat Hayam. We all spent a tremendous amount of time in compiling this document. We encourage you to look it over if you haven’t already.

One of the privileges of membership that seems to be highly misunderstood is the rules and regulations of our cemetery. For those of you who are unaware, prior to the merger, Temple Beth El and Temple Israel, coincidentally and fortunately, each owned cemeteries on Lowell Street in West Peabody that are adjacent to one another. Each section also has its own Interfaith section. The two sections are accessible via an adjoining road in the rear.

First and foremost, any deeds originally issued by Temple Beth El or Temple Israel are still valid. If you have any concerns about your plot, please contact us and we will make sure your information is accurate. A new deed is not necessary.

However, as with any merger of two corporations, a new set of by laws or rules may supersede the old ones. As such, many of the stipulations in the old deeds are no longer valid. The major change that seems to be misunderstood is that currently, you do NOT need to be a member of Congregation Shirat Hayam to purchase or be buried in either of the sections. While members of Shirat Hayam receive a significant reduced rate and waiver of reseeding fees, we also sell plots to and permit burial of non-members. Similarly, extended family members do not need to be members.

Also, in order to maintain the integrity of our cemetery, we do not permit plots to be sold on the open market like other cemeteries do. Once you have purchased a plot, it cannot be broken up and resold. If you choose to not use your plot, you have two options. You may deed the rights of burial to other blood relatives in your family and proper documentation should be issued to support that (we can help you with that), or you may donate your plots back to Congregation Shirat Hayam for the fair market value and you will receive a letter showing your donation. Once any burial or stone installation has taken place, we cannot subdivide a lot to take the unused portion back.

Please find below the section in the “Privileges of Membership” that explains the cemetery*

*subject to change

Feel free to contact me if you have any questions regarding your current plot or are interested in purchasing a plot. Similarly, it is extremely important to provide us with current information regarding your wishes. We highly encourage you to deal with this sensitive, but necessary, issue. I look forward to working with you and your family.

Barri
LEVI Initiative

Shalom.

A Jewish congregation is the heart of every Jewish community. When the heart is strong and steady, the community is robust and vibrant.

The Hebrew word for heart is “lev.” As members of Shirat Hayam, we are all responsible for keeping our “heart” healthy and active. That’s why we re-named our Annual Appeal “The LEV Campaign” three years ago. And since we must keep our “heart” healthy every day throughout the year, we decided not to just focus on the time during the High Holy Days to raise awareness and increase appreciation for all that our congregation offers us. We decided to embrace a more holistic approach – one that reflects our approach to embracing everyone’s interests and our diverse programs.

We are an active congregation, that’s why we need a strong heart. We provide choices to meet your interests and offer you personal paths into Judaism. When it comes to asking for your financial support, we also offer you choices. We’ve created three categories, so that you can direct your giving in the way that will be most meaningful to you and your family. You can choose to allocate your gift to one of these categories:

• Spiritual
• Education
• Programming

You can also direct your gift even more specifically within these categories if you wish. For example, if Shabbat Olam inspires you, you can direct your support to it. Shabbat Olam is categorized as a spiritual program. Yoga is also a spiritual program. Adult Ed is Educational. Renewal is Spiritual. Joyful Noise is a Program. For a complete directory of Shirat Hayam offerings by category, please visit our web site, www.shirathayam.org.

Together, we have built and continue to build an exciting and engaging synagogue that provides energy and enrichment to all of our lives. Many of our programs are uniquely ours. However, they all require resources to continue and grow.

Our popular Shabbat Café Lunch, which brings so many of us together and increases our sense of community and belonging, costs us $100,000 annually. The annual budget for Nosh & Drash is $5,000, and Shabbat Olam is $6,000. One of the things of which we are most proud is the overwhelming success of our Hebrew school. At our synagogue, we subsidize each student’s tuition by an average of $2,000. We believe that educating our children and imbuing them with a love for Judaism is one of the most important investments we can make for the future. We want to encourage everyone to participate. As a result, we have 168 students this year - our largest class yet! How wonderful!

Every gift is important and meaningful, regardless of the size. We hope that you will speak with your heart and make as generous a donation as you can to Shirat Hayam. You will be doing a mitzvah – practicing lovingkindness – love from the heart – love from the LEV. For that, and for your participation in the life of our Jewish community, we thank you.

With warmest regards,

Melissa       David

Melissa Kaplowitch and David Rosenberg, LEV Co-Chairs

You may also call CEO Bob Krentzman or Director of Congregational Life Marla Gay for assistance.
Brotherhood

We are happy to report that Brotherhood is having another successful period. On October 28, we co-sponsored “The Jewish Community on the Move: From Lynn to Suburbia” at the JCC. This Sunday morning program was part of our effort to strengthen existing connections and establish new relationships with Brotherhoods and Jewish organizations in our community. We collaborated with Temple Emanu-El, the JCC, and the Jewish Heritage Center to create this successful event featuring: Alan Pierce on the movement of Jews from Lynn, Chelsea and Revere to suburban Swampscott and Marblehead; Bill Simons on the youth group AZA; and Jack Stahl on the Jewish Community Center.

Our Monday Night Football watching parties continue to draw a variety of gentlemen. Join us on Monday nights after minyan (7:30pm) for some dinner and a cold beer or soft drink for a $7 contribution. We have big screen TVs, comfortable furniture and, of course, great company!

On a similar note, our regular monthly meetings have been moved from Sunday morning to Monday evening. Please join us for our next meeting on December 19 at 7:30 pm.

Another great Texas Hold ‘Em Poker Night provided entertainment, a few big winners, and lots of food, on November 8. This was part of our circuit with Temples Ner Tamid and B’nai Abraham. Keep your eyes peeled for the next Poker Night!

If you would like additional information, or to RSVP to any of our programs, please contact us at cshbrotherhood@gmail.com. For updates, pictures and other event details, “like” us on facebook: www.facebook.com/cshbrotherhood.

Kol Tov,

Joe Simons, President

Brian Cohen, Vice President

Another successful Texas Hold ‘Em Night was held on November 8!

Congratulations to the big winners - First Place, Sandy Yagendorf; Second Place, Andrew Mindel; Third Place, Brian Cohen. A special thank you to Kappy’s Liquors!
**Shabbat Experience @ CSH**

**Babysitting**  
*Ages up to 4*  
*Downstairs Playroom*  
An adult must remain in the building.  
*8:30 - 11:50 am, weekly*  
*Babysitting is provided at no charge so parents may attend services.*

**Limud Shabbat**  
*Kids’ CJE Experience*  
*Center for Jewish Education*  
*Ages 4 and up*  
*9:00 - noon weekly (except Camp Limud days - see CJE schedule)*  
*Tzofim for CHA students, 10:00 am*  
For a full schedule of Limud activities, please contact Jed Filler, Education Director, at: CJE@ShiratHayam.org

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**Traditional and Alternative Service Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal</td>
<td>Rabbi HaLevi and Cantor Rozenfeld</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>R³ - Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

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**For Everyone - Main Sanctuary**  
*11:45 am - noon*  
**Ruach Rally**  
Concluding prayers and Kiddush/Motzi  
**Community Shabbat Café at noon**  
Attire is casual.  
*We practice radical hospitality.*
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’seukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer, and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Tzofim - on Limud Shabbat days - for CHA students:

Designed as an Israel-based learning and experiential program, Tzofim meets on Shabbat from 10:00 am to noon. Students will participate in a variety of activities and subject areas, including Ulpan (spoken Hebrew), Israeli culture, Tefillah (prayer), and modern Israeli music and art.

Magic Minyan and Hazzan Katan 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (age 3 and under) is held on the second Saturday of the month and Hazzan Katan with Cantor Elana is the fourth Saturday for preschoolers and younger. (Starting in September.)

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the social hall with the following guest scholars:

November: 24- Jed Filler
December:
8 - Rabbi Kosovske; 15 - Rabbi Weiss;
22 - Rabbi Kosovske; 29 - TBA

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am;
Monday - Thursday evenings: 7:00 pm;
Sundays: 9:00 am and 6:00 pm

Thanksgiving - Thursday, November 22
9:00 am; no evening minyan

Shabbat

Friday evenings: 6:00 pm; Saturday
mornings begin at 8:30 am (see Synaplex
schedule)
Saturday evenings: 6:00 pm

Candle Lighting

November
23 - 3:57; 30 - 3:54

December
7 - 3:53; 14 - 3:53; 21 - 3:56;
28 - 4:00

The Wave
In Case You Missed It...

On November 3, Neil Chayet entertained us with stories reflecting on his 36 years of “Looking at the Law.” Many thanks to Co-chairs Ellen Gordon and Diane Levin (top right) and their committee for a fabulous evening!

The Shirat Hayam Preschool students and the CJE Limud weekday students participated in the Israeli Festival of the Arts by creating their own artwork! Stop by CSH while it’s still on display!
The Israeli Festival of the Arts was a huge success!
We mourn the passing of our member
Frances Goldfield
and extend our deepest sympathy to her family and friends

Condolences to
Nathaniel and Lauren Weiss on the loss of Nathaniel’s father, Leon Weiss
Cindy and Jeff Blonder on the loss of Cindy’s mother, Ann Madfis
Lili and Bob Krentzman on the loss of Bob’s cousin, Lisa Beth Daitch, and his uncle, Fred Daitch
Libby and Nelson Kessler on the loss of Libby’s sister, Honey Fogel
Beth and Bob Hoffman on the loss of Beth’s aunt, Honey Fogel
Dorothy and George Katz on the loss of George’s brother, Steven King
Andrea and Gary Katz on the loss of Gary’s uncle, Steven King
Claudia and Barry Rodenstein on the loss of Barry’s father, George Rodenstein
Gloria Sax on the loss of her brother, Paul Goldman
Morris Goldfield on the loss of his wife, Frances Goldfield

Refuah Sh’lemah
- Get well to
Bernie Siskind; Faylyn Levine; Aimee Bunin; Harriet Diamond; Golda Greenbaum; Arthur Goldberg; Eunice Brody

Well Wishes & Donations

RABBI’S DISCRETIONARY FUND
In memory of Boris Richman
by Faylyn and Charles Levine; Barbara and Stephen Waldman
In honor of the publication of Rabbi B and Ellen Frankel’s new book
by Leslie and Bob Ogan
In memory of Rabbi B for all that he does
by Murry and Joan Rich
In memory of Marvin Schloss
by Faylyn and Charles Levine
With gratitude to Rabbi B for his kindness and for making our son Jacob’s day very special
by Diane and Brian Shoer
In memory of Hilary Foutes’s father, Robert Wallace
by Ivy and David Finn
In honor of Rabbi B receiving the ADL Award
by Valerie and Alan Gilbert
In honor of Leslie and Bob Ogan’s son, Michael’s engagement
by The Turkanis Family
In memory of Al Federman
by Ruth Lunder
In honor of Rabbi B for his kindness during Jacob Shoer’s conversion ceremony
by Melissa and Scott Kaplowitch
In honor of Rabbi B receiving the Rudolph Community Award
by Arthur and Cheryl Schwartz

In honor of Ruthann Cohn’s special birthday
by Joann Tenenbaum
In memory of our beloved cousin, Sylvia Dorson
by Leslie, Bob, Rachel and Michael Ogan
In memory of:
Sister, Sylvia Pachter
by Faylyn Levine
Father, Morris Finn
by Brenda Cohen
CANTOR ELANA’S DISCRETIONARY FUND
In memory of Valerie Gilbert’s father, Sidney Gerber
by Leslie and Bob Ogan
CANTOR EMIL’S DISCRETIONARY FUND
Thank you to Cantor Emil for the Aliyot
In memory of Jeffrey Hirshberg’s brother, Mark
by Natalie White
In memory of David Zelermyer
Get well wishes to Burt Shepard
In memory of Boris Richman
In memory of Jeffrey Hirshberg’s brother, Mark
by Phil and Elaine Sevinor
Well wishes to Neal Goldman
by Leslie and Bob Ogan
In honor of Cantor Emil receiving an honorary Doctorate of Music from the JTS
by Alice and Charles Leidner; Arthur and Cheryl Schwartz; Ellen and Dick Alexander; Gloria Sax
In memory of Jeffrey Hirshberg’s brothers, Mark and Peter
by Bette and Daniel Shoreman
In honor of Joel and Stephanie Cohen’s grandson becoming a Bar Mitzvah
by Roz and Sandy Levy

**CSH PRESCHOOL FUND**

In memory of Herbert Heller
by Paulo Schapiro
In memory of Valerie Gilbert’s father, Sidney Gerber
In honor of Brad and Becca Sontz’s daughter, Carly, becoming a Bat Mitzvah
In honor of the wedding of Leslie Sack’s son, Jonathan, to Ivy Mackin
by Joel and Barbara Levine
In memory of Robert Wallace, husband and father
by Hilary and Michael Foutes and Leone Wallace
In honor of Rabbi B and Rob Mazow being honored by the ADL
by Larry, Risa, Ben and Arielle Kahn
In memory of Valerie Gilbert’s father, Sidney Gerber
by Barbara and Steve Waldman; Harryette Katzen; the Gallo Family; the Shirat Hayam Preschool; Barbara and Bernie Forbush; Melissa, Scott, Averi, Noah and Jared Kaplowitch; Melissa and John Dorner; the Bookman Family; Beverly Kahn and family
In memory of Shirley Himmelfarb’s brother, Sidney Freeman

In memory of Beverly Richman’s husband, Boris
In memory of Robert Wallace, father of Hilary and Michael Foutes
by Beverly Kahn and Family
In memory of Barbara Becker
In memory of Robert Wallace, father of Hilary and Michael Foutes
by Debbie and Lenny Leibowitz
In honor of the birth of Videt Francis Slomski, daughter of Caroline and Jake Slomski
In honor of the birth of Emily and Katherine Grassie, daughters of Jill and Paul Grassie
In honor of the birth of Toby Belfbecker, son of Todd and Emily Belfbecker
by the Shirat Hayam Preschool
In honor of Bernie Siskind’s special 94th birthday
by Debbie and Lenny Leibowitz and family
In honor of the marriage of Jonathan Sack and Ivy Mackin
by Nancy Galber; Robin and Bob Cooper; the Gilberts; the Schwartzes
In honor of Carly Sontz becoming a Bat Mitzvah
by Nancy Galber; the Shirat Hayam Preschool
In joyful celebration of Bernard Siskind’s 94th birthday
by Beverly Kahn
In honor of Cantor Emil receiving an honorary Doctorate of Music from the JTS
by Leslie Sack, Debbie Leibowitz and the Preschool Staff

In honor of Leslie Rooks Sack’s son, Jonathan Sack’s marriage to Ivy Mackin
In memory of Honey Schloss’s husband, Marvin Schloss
In memory of Valerie Gilbert’s father, Sidney Gerber
by Shari Losanno; Caryn Cohen
In memory of Alan Perlow
by Brenda and Sheldon Cohen
In memory of:
Mother, Mona Finn
by Brenda Cohen

**CENTER FOR JEWISH EDUCATION**

In honor of Rhonda Gilberg, Rob Mazow and Rabbi B being honored by the ADL
by Leslie and Bob Ogan
In memory of Hilary Foutes’s father, Robert Wallace
by Jeffrey and Beth Kasten

**In memory of:**
Father, Maks Birnbach
by Norman Birnbach

**GENERAL FUND**

In memory of David Zelermyer
by Steve and Renee Bellin and Family; The Tenants and Trustees of the Glen
In appreciation of Congregation Shirat Hayam for your radical hospitality
by Larry Salas and Family
In honor of the birth of Lois and Jerry Ogan’s great-granddaughter, Lila Sophia
by Gail and Jerry Gerson
In memory of Hilary Foutes’s father, Robert Wallace
by Brad and Shannon Croft
In memory of Boris Richman
by Elaine and Donald Finegold; Phyllis and Howard Kaplan; Ron and Barbara Gilefsky; Eli and Muriel Talkov

In memory of Jeffrey Hirshberg’s brother, Peter Scott Hirshberg
by Miriam Pollack

In memory of our dear aunt, Ethel Gould
by Linda Sapol and Phyllis Haxell

In memory of my dear sister-in-law, Ethel Gould
by Sylvia Brown

In memory of Valerie Gilbert’s father, Sidney Gerber
by Anne and Bob Selby; Miriam Kaplan; Harriett and Ralph Kaplan

In honor of the High Holy Day Services
by Gitte Kushner

In honor of Congregation Shirat Hayam and the comfort offered there
by Sylvia Leftin

In memory of Jeffrey Hirshberg’s brothers, Mark and Peter
In honor of the birth of Lois and Jerry Ogan’s great-granddaughter, Lila Sophia

In memory of David Zelermyer
by Eli and Muriel Talkov

With gratitude to Rabbi B and the Shirat Hayam family for their support during the difficult time of our father, Joseph Paresky’s passing
by Eric Reines

In memory of Boris Richman
In memory of Ann Madfis
by Michael and Carla Greenberg

In memory of David Zelermyer
In honor of Harold Levin’s special birthday
In memory of Hilary Foutes’s father, Robert Wallace
by Judy and Dan White
In memory of Cindy Blonder’s mother, Ann Madfis
by Shirley Shulman

In memory of:
Daughter, Jacqueline
by Rona Mael
Father, Jacob Yellin
by Benjamin Yellin
Father-in-law, Jacob Gibbs
by Thelma Gibbs
Father, Sidney Belostock
by Gary Belostock
Grandfather, Mark Meyer
by Mark Meyer
Father, Leonard Cooper
by Robert Cooper
Close friend, Pearl Pearlstein
by Robin Cooper
Father, Henry Kabatchnick
by Muriel Talkov
Mother, Bertha Leidner
by Charles Leidner

SAMUEL BRODY MINYAN FUND
In memory of Marvin Schloss
by Gloria Sax
In appreciation of Barbara Forbush
by Diane Levin

In memory of:
Father, Edward Sudenfield
by Paul Sudenfield

Mother, Mincy Noe
by Stacey Gordon
Uncle, Bennie Gordon
by Doris Hirsch
Father, Harry Levy
by David Levy
Father, George Pottner
by Estelle Epstein
Grandfather, Jacob Greenbaum
by Dorothy Tatelman
Mother, Ilene Tatelman
by Richard Tatelman
Father, Josiah Razin
by Roberta Kline
Father, Samuel Forman
Mother, Beatrice Forman
by Frances Barbanel
Father, Harry Reinherz
by Cynthia and Lenny Poster
Father, Barry Schwartz
by Heleene Fink
Grandmother, Lena Lewis
Father, Sidney Lewis
Husband, Marvin Goldstein
by Constance Lewis
Brother-in-law, Bob Shelan
by Sylvia Revman
Father, Paul Germain
by Sandy Germain
Father, Morris Phillips
by Frederic Phillips
Uncle, Alfred Elsberg
Grandfather, Albert Elsberg
Grandmother, Martha Elsberg
by Madeline Stark
Father, Benjamin Sandler  
by Beatrice Lipsky
Father, LaRue Daniels  
by Ann Landau
Uncle, Abraham Patt  
by Melvin Shapiro
Mother, Dora Shaffer  
by Shea Rood
Mother, Annie Baron
Sister, Marie Levenson  
by Selma Sherr
Father, William Marx  
by Caroline Lena
Mother, Bertha Yanofsky  
by Barbara Levine
Sister, Lillian Cohen  
by Abigail Schwartz
Grandmother, Evelyn Fruchter  
by Dara Fruchter
Father, Fred Zeller  
by Jane Zeller
Father-in-law, Nathan Schloss  
by Honey Schloss
Husband, Daniel Turkanis  
by Ruth Turkanis
Husband, Samuel Finkle  
by Mildred Finkle
Father, Harry Weinstein  
by Reva Surette
Father, Charles Lanes  
by Linda Lanes
Father, Jack Richmond  
by Arlene Addis
Sister, Ronna Goodman  
by Murray Frank
Father, Max Kahn  
by Eric Kahn
Wife, Ruth Sogoloff
Sister, Rose Sogoloff  
by Hyman Sogoloff
Brother, Harold Kirstein  
by Ruth Turkanis
Father, Irving Goldberg  
by Howard Goldberg
Grandmother, Rose Goldberg  
by Leslie Ogan
Mother, Mollie Schulte  
by Marvin Schulte
Mother, Ruth Goldstein  
by Carolyn Perlow
Grandfather, Hyman Cohen  
by Shelley Sackett
Father, Maurice Klasky  
by Phyllis and Jack Karas
Mother, Sylvia Polsky  
by Bernice Mitchell
Mother-in-law, Anna Price
Sister, Marie Levenson  
by Selma Sherr
Father, William Marx  
by Caroline Lena
Mother, Bertha Yanofsky  
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by Caroline Lena
Mother, Bertha Yanofsky  
by Barbara Levine
Sister, Lillian Cohen  
by Abigail Schwartz
Grandmother, Evelyn Fruchter  
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Father, Fred Zeller  
by Jane Zeller
Father-in-law, Nathan Schloss  
by Honey Schloss
Husband, Daniel Turkanis  
by Ruth Turkanis
Husband, Samuel Finkle  
by Mildred Finkle
Father, Harry Weinstein  
by Reva Surette
Father, Charles Lanes  
by Linda Lanes
Father, Jack Richmond  
by Arlene Addis
Sister, Ronna Goodman  
by Murray Frank

KIDDUSH FUND
In honor of the birth of Lois and Jerry Ogan’s great-granddaughter, Lila Sophia  
by Joan and Murry Rich
In memory of Boris Richman  
by Reggie and Lew Weinstein; Valerie and Alan Gilbert; Rand and Arnold Bergman
In honor of Neil and Deanna Cooper’s grandson, Jake Cooper, becoming a Bar Mitzvah
In memory of Rabbi B and Rhonda Gilberg receiving the ADL Award
In memory of Hilary Foutes’s father, Robert Wallace
In memory of of Boris Richman  
by Alice and Charles Leidner
In honor of the birth of Carla and Michael Greenberg’s grandson, Rhys Avery Greenberg  
by Shari and Ron Pressman; Rand and Arnold Bergman
In memory of David Zelermyer
In memory of Boris Richman  
by Rachelle and Michael Rosenbaum
In memory of Valerie Gilbert’s father, Sidney Gerber
by Susan and Larry Goldberg; Arlene and Herb Leventhal; Arthur and Cheryl Schwartz
In honor of the birth of Nancy Klayman’s granddaughter, Eve Harper Hickok
by Sandra Goldstein
In memory of Arlene Leventhal’s uncle, Kenny
by Margery Ratner
In memory of beloved husband and father, Marvin Schloss
by Barbara Meyer and Family
In memory of Hilary Foutes’s father, Robert Wallace
by Arlene and Herb Leventhal; Roz and Sandy Levy
Get well wishes to Robert Zirin
by Ellen and Dick Alexander
In memory of Cindy Blonder’s mother, Ann Madfis
by Sandra Goldstein
In memory of Marvin Schloss
by Harriett and Ralph Kaplan
In memory of Carolyn Perlow’s nephew, Alan Perlow
by Jack and Phyllis Karas
In memory of Valerie Gilbert’s father, Sidney Gerber
by Arlene and Herb Leventhal
Wishes for a speedy recovery to Golda Greenbaum
In memory of Boris Richman
Wishes for a speedy recovery to Jennifer Hockert
by Cy and Marilyn Fishman

In memory of:
Mother, Zelma Felsman
by Sheila Shuman
Mother, Sadie Harris
by D. Sidney Harris
Father, Louis Zolot-levi
by Elaine Finegold
Mother, Anna Barr
by Grace Tuttman
Father, Edward Flanzbaum
by Barbara Meyer
Grandfather, Louis Pekin
by Joan Rich
Father, Louis Ravich
by Robert Ravich
by Richard Ravich
Brother, Sidney Gould
by Sylvia Brown
Father-in-law, David Insuik
Father, Harry Segal
Grandfather, Jacob Malis
Grandfather, Isaac Barmack
by Bernice Insuik
Mother, Helen Gulko
by Paul Gulko
Father-in-law, William Bershad
by Helaine Bershad
Father, Kenneth Miller
by Robin Blake
Brother, Mitchell Blake
by Michael Blake
Mother, Rose Abrams
by Howard Abrams
Father, Abraham Kazis
by Israella Abrams
Father, Robert Goldberg
by Larry Goldberg
Brother, Jack Wintman
by Bernice Rothman
Mother, Irma Sidman
by Marilyn Epstien
Mother, Anna Schachter
by Sandra Hirshberg
Sister, Gertrude Gam
Brother, David Gam
by Frances Gam
Father, Sam Kantor
by Fran Walker
Mother, Betty Walker
by Robert Walker
Mother, Rebecca Bailen
by Jacob Bailen
Mother, Florence Samuelson
by Janice Cohen
Great-grandmother, Esther Calish
by Karen Rosenberg
Mother, Mildred Shanker
by Ruth Shanker
Mother, Gail Silverman
by Marci Alperin
Father, Benjamin Hander
by Helyne Hamelburg
Father, Max Epstein
by Sidney Epstein
Mother, Estelle Foreman
by Rand Foreman-Bergman
Brother, Robert Alexander
by Richard and Ellen Alexander
Brother, Gary Ogan
by Robert Ogan
TORAH FUND
In memory of Boris Richman
In memory of David Zelermyer
   by Barbara and Bernie Forbush
In honor of Cantor Emil receiving an honorary Doctorate of Music from the JTS
   by Diane Levin
In memory of:
   Sister, Judith Keisman
   by Frances Goldfield
   Mother, Molly O. Germain
   Beloved father and grandfather, Nathan Germain
   by Marion and Bob Garfinkel and family

HENRY MERKEN TALLIT MEMORIAL FUND
In memory of David Zelermyer
In memory of Boris Richman
   by Elaine Merken
In memory of:
   Father, Maurice Dinerman
   by Elaine Merken

DR. N. MILTON INSUK MEMORIAL GARDEN
In memory of Robert Edwards
In memory of Valerie Gilbert’s father, Sidney Gerber
   by Sandy Feinstein Yackolow and Barry and Susan Yackolow
In memory of:
   Beloved mother, Estelle Feinstein
   by Sandy Feinstein Yackolow and Barry and Susan Yackolow

PRAYERBOOK FUND
In memory of Arlene Leventhal’s uncle, Kenny Gerstman
   by Carolyn Perlow

SMITH LANDSCAPE FUND
In appreciation of the High Holy Day shulcasts during my medical confinement
   by Robert and Roberta Soltz

In memory of:
   Father, Barnett Cohen
   by Sheldon Cohen
   Father, Gerald Schlosser
   by Jill Goodman

TREE PLANTED IN ISRAEL
In memory of Boris Richman
   by Samuel and Carol Denbo
In honor of Mark and Karen Meyer’s 35th Wedding Anniversary
   by Barbara Meyer; Ida and David Goldberg

CHESED FUND
In memory of Marvin Schloss
   by Anne and Bob Selby

TIKVAH FUND
In memory Valerie Gilbert’s father, Sidney Gerber
   by Marcy and Ben Yellin

BURT SHEPARD SCHOLARSHIP FUND
In honor of the birth of Carla and Michael Greenberg’s grandchild
In memory of Jeff Hirshberg’s brothers, Mark and Peter
In memory of David Zelermyer
In memory of Valerie Gilbert’s father, Sidney Gerber
In memory of Jeffrey Hirshberg’s brother, Peter
In memory of Boris Richman
In honor of the birth of Nancy and Richard Klayman’s granddaughter
   by Becky and Burt Shepard
In memory of Jeff Hirshberg’s brother, Mark
In memory of David Zelermyer
    by Herb Goldberg
In memory of Jeffrey Hirshberg’s brothers, Mark and Peter Hirshberg
    by Barbara and Bernie Forbush
In memory of Cindy Blonder’s mother, Ann Madfis
    by Susan, Larry and Elana Weiner; Becky and Burt Shepard
In memory of Valerie Gilbert’s father, Sidney Gerber
    by Becky and Burt Shepard

In memory of:
Father, Albert Rich
    by Stanley Rich
Father, Harry Schwartz
    by Sheila Rich
Sister, Zelda Rotman
    by Philip Sevinor
Sister, Rose Volch
    by Elaine Sevinor

HAROLD FRISCH PROZDOR SCHOLARSHIP FUND
In memory of:
Father, Sidney Frisch
    by Howard Frisch

SHI
To Beatrice Strome in appreciation of the Break-the-Fast
    by Ed and Diana Caplan

MILTON AND ESTELLE FEINSTEIN MEMORIAL SCHOLARSHIP FUND
In memory of:
Grandfather, Herman Goldsmith
Mother, Estelle Feinstein
    by Joyce Bornstein
Father, Jacob Clebnik
    by Eleanor Levingston
LEV INITIATIVE
    Frances and Abe Babbitt
    Barry and Caryn Cohen
    Faith Kimmel
    Sheldon and Brenda Cohen
    Eli and Muriel Talkov
    Sheldon Frisch
    Chris and Jennifer Hockert
    Hal Schwartz
    Harold and Janice Cohen
    Sid and Barbara Abramson
    Jerry Rosen
    Bob and Anne Selby
    Herbert Friedman
    Robert and Leslie Ogan
    Mitch and Leah Jacobson
    Jacob Sidney
    Ralph and Harriett Kaplan
In memory of Boris Richman
    by Ann-Jean Flaxer and Family
In memory of Valerie Gilbert’s father, Sidney Gerber
    by Jed and Lisa Filler
In memory of Leon Weiss
    by Melissa, Scott, Averi, Noah and Jared Kaplowitch
PROGRAMMING
In appreciation of the clergy and staff
    by Neil and Deanna Cooper

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish.... you get the idea! Share your joy with your CSH family... let’s kvell together!
Send your information (photo optional) to: Marla@ShiratHayam.org.

Rose Arlene and Harland Shapiro announce the forthcoming marriage of their grandson, Brian Shapiro, to Jill Sweatt on December 8
Barry and Ellen Turkanis are the proud new grandparents of Emma Danielle
Jerry Ogan celebrated a special birthday
Lynette and Joe Simons’ son, Isaac David Simons, was born on August 10
On-going Programs for our kids...

**Magic Minyan**

**A Shabbat Synaplex™ option for families with children up to 3 years of age**

*Second Saturday of the month*

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with children 3 and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us!

---

**Hazzan Katan with Cantor Elana**

**A new Shabbat Synaplex™ option for families with preschool age children**

*Fourth Saturday of the month*

Cantor Elana will teach prayers and sing songs from 10:45 to 11:30 am, for families with preschool age children (kids must bring an adult with them). Music and prayer with a Shabbat or holiday theme is perfect for preschoolers. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the new Hazzan Katan (Little Cantors)!
Chesed Committee
Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth
Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2012 Advertising Rates
Congregation Shirat Hayam Wave

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Holidays 5773

2012
December 8  First Night of Hanukkah

2013
January 26  Tu B’Shevat
February 24  Purim
March 25  Passover, First Seder;
April 1  Last Day Passover/Yizkor

April 8  Yom Hashoah
April 15  Yom Hazikaron
April 16  Yom Haatzmaut (Israel’s 65th)
April 28  Lag Ba’omer
May 15  Shavuot (Yizkor)
July 16  Tisha B’Av
The Wave

CSH Book Club - Everyone’s welcome!

7:30 pm on the following Monday evenings:

December 17  The Outliers  by Malcolm Gladwell
January 21  The Paris Wife  by Paula McLain
February 18  March  by Geraldine Brooks
March 18  Unbroken  by Laura Hillenbrand
April 15  The Tiger’s Wife  by Tea Obreht
May 20  The Glass Room  by Simon Mawer
June 17  Left Neglected  by Lisa Genova

The CSH Book Club is open to the community - please join us.
For more information, email Becky Shepard at: shepardb@aol.com.

www.zuzzim.com

THINK    |    CONNECT    |    SUPPORT

A marketplace where shopping with businesses who support good causes will drive at least 50% of their contribution to your favorite cause for each connection made through Zuzzim.
Save the date...

Saturday night, January 12, Family Concert at Shirat Hayam

Rarely does Jewish music produce an artist with both impeccable blues chops and the kavanah of a Hassid. Kaye fits that odd bill, and we’re better off for it.

Dan Pine 3/29/2012 J Weekly
Thanks to the generosity of Karen and David Rosenberg, all proceeds from the purchase of “Revolution of Jewish Spirit” at Shirat Hayam will directly benefit the RUAKH at CSH!

Spirited Sisters:
Circle at the Sea

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

On the following Sunday evenings - 7:00 to 9:00 pm at CSH: 2012 - December 2, 2013 - January 6, February 3, March 3, April 7, May 5 and June 2

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.

Visit our website!!   www.spiritedsisters.org
Shabbat Café Sponsors

Thank you to the following for co-sponsoring Shabbat Café in October:

Marc and Diana Cooper in honor of their son Jake becoming a bar mitzvah
Deborah and Norman Birnbach in honor of their son Ben becoming a bar mitzvah

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

Todah Rabah

Thank you to the following for participating in services in October:

Torah Readers: Dylan Cooper, Morgan Cooper, Talia Blyer, Diane Levin, Norman Birnbach, Ben Birnbach, Jason Frost, Shari Frost, Ilana Frost

Haftarah Chanters: Murray Goodman, Jake Cooper, Ben Birnbach, Ilana Frost

If you would like to read Torah or chant a Haftarah, contact Cantor Emil: Cantor@ShiratHayam.org.

CSH Minyannaires

Thank you to the following members for supporting daily services in October:


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
Why is a challah braided, round, and sometimes even baked with a key on it?

Would you like to become an expert on challah?

Would you like to learn how to make and bake the ultimate beautiful challah?

Join us for

The Holiness of Bread

In this two session hands-on course, we will cover the fundamentals of challah, baking as a science, an art and a religious act.

Taught by our own resident expert bread-maker

Rabbi Howard Kosovske

Thursday evenings at CSH, January 31 and February 7

7:30 – 9:00 pm, $30.00 a person

Class is limited to 18 people, so enroll early for this exciting and fun experience!

CSH@ShiratHayam.org

DATE CHANGE!!

Shirat Hayam returns to Israel!

Join Rabbi B on an extraordinary spiritual adventure

December vacation - December 21, 2013 to January 1, 2014

Trip for all ages - plan a bar/bat mitzvah at the southern excavation (above)

More details will be available in February.
EXPLORE. DANCE. EAT. PLAY.

Bar and Bat Mitzvah at the Museum of Science with Wolfgang Puck Catering

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Rabbi B, continued from page 2

And finally, we are here to teach those around us not only how to live but how to die. When we hasten our death we may circumvent pain, but we do not circumvent suffering - we simply pass it on to those left standing in our wake. In the end all we really do is circumvent a true teaching moment - how to fully live not in spite of death but because of death.

Suicide, perhaps like no other issue humanity has ever, or will ever, confront is brimming with “slippery slopes,” unintended consequences and is an endless Pandora’s Box which we can not, must not open to debate; lives, quite literally, are at stake.

B’kavod - With Dignity & Honor

Rabbi Baruch HaLevi

Rabbi B

--

Andy Caplan, Continued from page 7

• Members of my executive committee – Tom Levenberg, Howie Abrams, Ellen Alexander, Julie Sagan, Mikaela Levine and Joe Selby -- meet with me regularly to help set policy for CSH, and also run their own committees.

• My former co-chair Melissa Kaplowitch remains extraordinarily active as chair of the Counsel of Advisors and devotes endless hours of behind-the-scenes service to CSH.

We are hosting a meeting on Tuesday, November 27 for potential new volunteers. If you are passionate about CSH, please contact me, Bob Krentzman, Marla Gay or Executive Committee member Mikaela Levine to RSVP for this introductory meeting.

Happy Thanksgiving,

Andy

---

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

Family table provides kosher food, fresh produce, dairy products, meats, and Jewish ritual and holiday items each month.

Although CSH is featuring peanut butter and whole grain crackers for our food collection, we certainly welcome all kosher, nonperishable food.

Our Hebrew School and Preschool have also partnered with JF&CS. The Hebrew School is involved in a Turkey Tzedakah project collecting money to buy kosher turkeys for Thanksgiving dinner for needy families. Every Shabbat our preschoolers bring tzedakah for JF&CS. In addition, they are collecting Chanukah candles and gelt for the December food distribution.

Please help us to fulfill our commitment to Family Table by bringing food when you come to CSH. Our collection bin is in the lobby as you enter the building.

Together we can all make a difference in the lives of those in need by feeding the hungry!

Shalom,

Bette Shoreman

CSH Family Table Site Coordinator
Hanukkah & Temple Day at the J!  
**Sunday, December 9**

Everyone’s welcome to celebrate Hanukkah and Temple Day at the JCC

**Bring the family for our...**

- Dreidel Dash Races for Children & Adults
- Spin-a-Thon
- Hanukkah Yoga
- Hanukkah Party with Music, Crafts, Dreidel Games and Latkes!

**RSVP to JCC Youth Director Ashley Corcoran at acorcoran@jccns.com or 781-476-9907.**

**SPECIAL OFFER:** Members of North Shore temples and Cohen Hillel Academy are offered a complimentary One-Month Family Pass to the JCC! See your temple for details or call the JCC at 781-631-8330.
Save the date for Hanukkah @ CSH

Join us on Sunday morning December 16
10:00 am - Arts & Crafts
10:30 am - Candle Lighting
10:45 - Hanukkah breakfast
(prepared by Brotherhood... yum!)

Please bring an unwrapped toy for TLC - Toys for Local Children

RSVP to CSH@ShiratHayam.org or 781.599.8005, Ext. 10
## Team CSH

### CSH Clergy & Staff
- Rabbi Baruch HaLevi  
  RabbiB@ShiratHayam.org  
  Ext. 14
- Cantor Elana Rozenfeld  
  CantorElana@ShiratHayam.org  
  Ext. 13
- Cantor Emeritus  
  Emil Berkovits  
  CantorEmil@ShiratHayam.org  
  Ext. 11
- Marla Gay, Director of Congregational Life  
  Marla@ShiratHayam.org  
  Ext. 27
- Barri G. Stein, Director of Events and Facility  
  Barri@ShiratHayam.org  
  Ext. 10
- Marylou Barry, Office Manager  
  Marylou@ShiratHayam.org  
  Ext. 15
- Richard Kelleher, Bookkeeper  
  Richard@ShiratHayam.org  
  Ext. 22
- Rabbi Emeritus  
  Edgar Weinsberg

### CSH Preschool
- Preschool@ShiratHayam.org  
  Direct Line: 781.598.3311
- Leslie Rooks Sack, Director  
  Leslie@ShiratHayam.org
- Debbie Leibowitz, Assistant Director  
  Preschool@ShiratHayam.org

**Preschool Staff:**
- Erin Browning
- Melissa Caplan
- Sherri Carne
- Christine Dolan
- Sonia D’Oliveria
- Marcy Furlong
- Nancy Galber
- Valerie Gilbert
- Stefanie Gladstone
- Wendy Lewis
- Shari Losanno
- Barbara Levine
- Kathy Martin
- Alison Michigan
- Christine O’Donnell
- Cheryl Schwartz
- Rebecca Sontz
- Marcy Yellin

### CJE Madrichim
- Ellyn Needel
- Rebecca Neuman-Hammond
- Melissa Resnic
- Brett Resnick
- Austin Sagan
- Kaylie Schiowitz
- Roie Shemesh
- Jared Solomon
- Jesse Tuttle
- Josh Zeff  
  (as of October 1)

### CJE
- Center for Jewish Education

**CJE@ShiratHayam.org**
- Direct Line: 781.346.6075
- Jed Filler, D781.346.irector of Education  
  jed@ShiratHayam.org  
  Ext. 24

**CJE Staff:**
- Melissa Caplan
- Phyllis Eidelman
- Valerie Gilbert
- Stefanie Gladstone
- Lynne Greenberg
- Halie Pica
- Cheryl Schwartz
- Daphna Shemesh
- Rachel Shwartz
- Julie F. Silver
- Jason Stark
- Beth Tassinari
- Marcy Yellin

### CJE Madrichim
- Ellyn Needel
- Rebecca Neuman-Hammond
- Melissa Resnic
- Brett Resnick
- Austin Sagan
- Kaylie Schiowitz
- Roie Shemesh
- Jared Solomon
- Jesse Tuttle
- Josh Zeff  
  (as of October 1)

### CSH Board
- Leadership@ShiratHayam.org
  *Andrew Caplan, Chair
  *Howard Abrams, Education
  Karl Allen
  *Ellen Alexander, Budget and Finance
  David Brodsky
  Diana Caplan
  Brian Cohen
  Marion Garfinkel
  Ellen Gordon
  Chris Hockert
  Aviv Hod
  Alice Leidner
  *Tom Levenberg, Congregational Home
  Diane Levin
  *Mikaela Levine, Programming
  Karynn Needel
  Leslie Ogan
  *Julie Sagan, Membership
  Hal Schwartz
  *Joe Selby, Business Development
  Janet Weinstein-Zanger
  *Executive Committee

---

Our phone lines will be answered by voicemail between the hours of 1:00 and 3:00 pm. To reach a staff member, you may dial extensions.

Call the main line: 781.599.8005

When prompted, dial extension number.
We practice radical horse-pitality!

Thanks to Howie Abrams for the quote of the year!