We practice radical hospitality!

The Wave

Celebrate

Purim

March 15 & 16

Saturday, March 15

11:15 am - CSH Family Purim Celebration!
Come in costume, enjoy Cantor Elana and the Ruach Band’s Shpeil and join us for a fun Purim lunch!

CJE kids - come in costume for the whole morning!

7:00 pm - Service with reading of the Megilah

8:00 pm - Heroes and Villains adult Purim celebration
See page 9 for details!

Sunday, March 16 - Circus at the JCC
See page 5

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The following, which some of you have already read, is from my new blog called, “Carry The Fire: Mourning with meaning, purpose and inspiration.” As you might recall, this began as a High Holy Day sermon I delivered a few years back after my beloved father died. Since then I’ve been writing about such issues as facing our mortality, surviving loss, mourning, grief, and the like, and felt it was time to put these thoughts together and offer them in an ongoing format which is what I hope to do with this new blog. You can sign up to receive it on my website, www.RabbiB.com or on Facebook at www.facebook.com/CarryTheFireAndLive

The following is one of the earlier blogs I sent out.

I hope these help you or someone you know. Please pass them along and feel free to send me requests of related topics you might like to have addressed.

Chodesh Tov

CARRY ME

My youngest child, at two-and-a-half, is of the age where he’s too heavy to hold, but too little to keep up with the rest while walking. When he can no longer keep up, in exasperation, he tugs upon your heart strings with his deeply impassioned plea: “uppies, uppies.”

“Uppies,” means pick me up.
“Uppies,” means carry me from hereon out.
“Uppies,” means carry me home.

The truth of the matter is that this never really changes. Even when we grow up and are capable of walking, all of us want “uppies,” to be picked up, to be carried from time to time. We all need “uppies,” now and again. We all need loved ones to pick us up when the darkness descends. We all need loved ones to carry us home.

We need loved ones to carry us through life’s darkness.
We need loved ones to carry us through our grief.
We need loved ones to carry us back into life.
And we need loved ones to carry us onwards, after we are gone.

“Promise me that you will carry my bones,” the Patriarch Jacob says to his son Joseph, upon his deathbed, in the Bible. “Promise me that you will carry my essence,” Joseph says to his children before he leaves this world. “Promise me that you will carry me always,” each of us says, whether we realize it or not, to loved ones who will live on after we are gone.

“Uppies, uppies,” each of us pleads in our own way. “When I am dead, promise me that you will pick me up, carry me always, carry me home.”

Carry your loved one.
Carry their essence, their teachings, their legacy.
Carry their fire, and someday someone you love will carry your fire.
Carry one another through the darkness.
Carry each other home.

Carry The Fire,

Rabbi B
L’chaim and Three Cheers to Mordechai!

It is a long-standing tradition to observe Purim with parody and satire. During the Middle Ages, it was customary in Yeshivot (schools of higher Jewish learning) to choose a Purim Rabbi who would satirize a biblical or talmudic passage. This satire was known as Purim Torah.

In this vein, may I share with you the following piece of Purim Torah entitled: “Why On This Night Do We Drink Only Crown Royal?” (Frankly, Grenmorangie 18 is far better.)

It is generally assumed that Vashti, King Ahasuerus’ first wife, refused to appear at the king’s party that is recounted in the first chapter of the Megilah because the King wanted her to show off her beauty by parading before his friends without any clothes. However, a careful reading of the text will show that (a) this was not what he expected and (b) this is not why she refused.

Ahasuerus evidently liked to party. In the third year of his reign, he threw a lavish affair for all his princes and servants that lasted 180 days. A feast followed this for the residents of Shushan, the capital, that lasted 7 days.

As was the custom in those times, there were separate parties for men and women. There were probably women at the men’s party, but certainly no men at the women’s party. Egalitarianism was not yet “in.” Ahasuerus hosted the men and Vashti hosted the women.

Evidently the main feature at these affairs was the drinking. “Royal wine was served in abundance,” the text tells us. “And the rule for drinking had no restrictions!” (Esther 1:7-8). On the seventh day, when Ahasuerus was good and drunk, he summoned Vashti. The question is why? Since, in all probability, there were plenty of pretty, unclad women at the men’s feast.

My contention is that after 7 days of hard drinking, the supply of liquor was running low at the men’s party. So, as any husband would do, Ahasuerus summoned his wife to bring some more liquor. The text is very specific on this point. It recounts that Ahasuerus commanded his 7 attending eunuchs “to bring Vashti, the queen, before the king — b’keter malchut — with the Royal Crown.” (Esther 1:11)

Naturally, since Crown Royal (Hebrew is read right to left) is one of the best whiskeys around, Vashti refused. She wanted to save the good stuff for herself and her lady friends. Understandably, the king was enraged.

What’s the proof? To this very day, Crown Royal comes in a distinctive purple sack, which, I am convinced, is none other than t’chelet Mordechai, the royal purple robe Mordecai wore after being named Prime Minister in Haman’s place.

Having now properly elucidated the misunderstandings prompted by the incorrect interpretation of the Vashti incident, we can proceed to observe Purim correctly by drinking only Crown Royal or any other of the finest labels.

Wishing you and yours a “spirited” Purim.

B’shalom,

Cantor Emil
"Mishenichnas Adar marbin b'simchah," "When Adar enters, we increase joy." (B. Ta'anit 29a)

Here’s the rundown of our Purim festivities this year. We have something for everyone, so I hope you will all join us!

Even though Shabbat March 15 is not yet officially Purim, I hope everyone will come to shul in costume, and be prepared for a very busy day.

First, at 10 am, we begin the Torah service, and the 6th grade “B’nei Mitzvah Bootcamp” will be reading Torah for the first time! This year, I have been teaching them how to apply the trope symbols to the text and chant from the Torah. Even though they are just beginners, by the time they are b’nei mitzvah, they will be Torah reading pros. I am so proud of them!

Next, at 11:15, the entire CJE and all families will join us in the sanctuary for our family Purim celebration. Rabbi B and I, along with the Ruach Rally Band, and iShir (our kids choir) will tell the story of Purim through parodies of popular songs by Taio Cruz, Train, La Roux, and Justin Beiber, to name a few. This will all be followed by a Purim-themed lunch in the social hall.

But Purim is not only for children!

Please come back to shul in the evening for our adult event:

At 7 pm, we will have our evening service and read Megillah. Bring your groggers, and come in costume!

Then, last but not least, please join us at 8 pm for our adult Purim party, coordinated by Liza and Jay Goldman. The costume theme is: Heroes and Villains!

Now, if you come to the adult party, don’t drink too much, because for those of you with little kids, on Sunday, we have our community Purim celebration at the JCC. This year, we are bringing in a circus! It will be a great morning for all.

As I said, there is a ton going on for Purim this year, and so much to make us joyful. Come celebrate with us!

Cantor Elana Rozenfeld
CHAGENU COMMUNITY PURIM

CIRCUS PERFORMANCE & WORKSHOPS

WITH WUNDERLE’S BIG TOP ADVENTURES

Sunday, March 16, 1:00-3:00pm
JCCNS, 4 Community Road, Marblehead

1:00-2:00pm
CIRCUS WORKSHOPS
$10 per child

2:00pm
CIRCUS PERFORMANCE
$36 per family with pre-registration
$50 per family at the door

DETAILS AT JCCNS.ORG
OR CALL MARLA MINDEL AT 781-476-9884.
Dear Shirat Hayam Family,

We know that there have been a lot of changes at Shirat Hayam lately. With these changes, come different versions of what is believed to be true. Yes, we have heard many stories that are so far from the truth that they have become hurtful.

We believe that all of us have similar goals for the congregation and the community, even if we have different ideas about how to achieve those goals. Open discussion about how to achieve our goals is always welcome and helpful, but gossip and rumor don’t help - in fact, to the extent that they take time and energy away from our goals, they’re quite harmful.

Stop & Shop’s produce department is not a great place to get your information. If you don’t know all of the facts, you can't make an informed judgment about decisions made by clergy, staff, or lay leaders. If you don't like something you see or hear, please make sure you're informed. Spreading rumors and gossip without knowing the facts is like shooting first and asking questions later -- not a good way to accomplish anything worth accomplishing.

We respectfully request that, before repeating a story you have heard, FACT CHECK. Contact one of us and get the facts. Understanding the facts will help provide us with a healthy environment that we are all striving toward.

Thank you for your cooperation. We look forward to hearing from you.

Happy Purim!

David and Joe

Leadership@ShiratHayam.org

PS - We hope to see you at one of our many Purim celebrations. Have fun and be safe!
Natural Healing & Health Expo with Yoga

Over 25 vendors:
- Massage
- Psychic Readings
- Raw Food
- Green Smoothies
- Chiropractors
- Acupuncturists
- Reiki
- and much more....

Slow Flow Yoga with Ariela HaLevi

Healthy Food Tasting

Thursday, April 10
Yoga begins promptly at 7:00 pm
(doors open at 6:30 pm)

Congregation Shirat Hayam

RSVP to:
CSH@ShiratHayam.org
$25 a person

Pay online at:
www.shirathayam.org
or check payable to:
CSH/Healing
Leslie Rooks Sack, Preschool Director

Our appreciation goes to the Preschool families for supporting Room to Grow by donating so many pajamas recently. Room to Grow is a program which aims to enrich the lives of babies born into poverty throughout their critical first three years. Room to Grow has distributed the pajamas to children who desperately need them. Our thanks to Cheryl Schwartz for, once again, organizing this worthwhile cause.

Lots of characters from the story of Purim will be gracing our Preschool this month as the children learn about this holiday and have fun dressing up! And, of course, yummy hamantashen will be enjoyed by all! We invite families to join with our Congregation on Saturday morning, March 15, beginning at 11:15 a.m., to celebrate Purim with our Ruach Rally Band at morning services. Children are encouraged to come dressed in any costume of their choice! And, please stay for lunch following services. See pages 1, 5 and 9 for all of our Purim festivities.

The Preschool hosted our version of the Winter Olympics last month. Each classroom represented a country. The children held their Olympic torches high as they marched in the Opening Ceremonies, and then competed in a number of events. Each participant received a gold medal!!!
Queen Esther’s Purim Posse Party

Saturday, March 15, 8:00 pm to Midnight
Congregation Shirat Hayam, 55 Atlantic Ave., Swampscott

Creative dress required. Be a comic book character, sports, political, movie, historic or religious figure.

Talmud Megilah 7B states: “a person is obligated to become inebriated on Purim until he/she does not know the difference between cursed Haman and blessed Mordechai.”

**WARNING:**
If you do not like loud music, Jell-O shots and the potential for obnoxious behavior, this may not be your bag. No worries though... Moses is around the corner!

Join the Posse (21+ only)
$65. for single ticket - $125. for 2 tickets
$325. corporate sponsor (includes 2 tickets)
Contact Marla Gay at 781.599.8005 for sponsor information.

Heavy hors d’oeuvres, dancing, dessert and open bar included.
Transportation will be available to Swampscott and Marblehead at the end of the evening. Please drink responsibly.
RSVP by March 1 to: CSH@ShiratHayam.org, or online at: www.ShiratHayam.org
Marla Gay, Director

Ma Nish’mah? What’s Happening?

Something I did not expect when I began to work on the Memorial Alcove yahrzeit board, was the connection I feel toward each name I enter. Many of you have taken advantage of adding a new listing on the board. I have learned about your loved ones and family connections. Everyone has a story to be told. I love hearing your stories. It’s what truly makes us a congregation.

I want to clarify what it means to have a name listed. If you had a plaque at Temple Israel or Temple Beth El, that name is listed. If you reserved a plaque, we have that information. The names from the Anshai Sfard plaques are in the process of being entered on the board. If you receive yahrzeit notices from us, it does not mean that the name will be listed. ONLY if you had a plaque prior.

Many have also taken advantage of adding a photo, bio and relationships to their existing listing at no additional charge. This enhances the experience more than you can imagine.

You can place your order now and have the name(s) listed and add photo, etc. at a later time. Take advantage of the introductory offer of adding a listing with name, picture, bio and relationships for only $180.00 per listing. The price will increase to $360.00 soon.

Call me and “introduce” me to your loved ones - tell me their stories. It will be my pleasure to assist you.

May the memory of your loved ones be a blessing.

L’hitraot,

Marla

Marla@ShiratHayam.org 781.599.8005, Ext. 27

B’ruchim HaBaim ~ ברכיים הבאים

Welcome to the newest members of the Shirat Hayam family:

Jason and Nupa Male
  Natasha & Nyomi

Christine Ciosek Brown

Noah and Anna Hartman
  Josiah & Juniper
Events & Facility

Barri Stein, Director

“Congregational Notices” The Dreaded Email

More on the topic of membership privileges: A Congregational Notice will be sent out via email when a member passes away or a Shirat Hayam member loses a member of their immediate family (parent, sibling, child or grandparent). Special considerations will be made for those with unique relationships outside their immediate family. Information should be provided on a timely basis, and relationships will be listed for those who are members of Shirat Hayam. Additional information, donation recipients and non-CSH family members are usually listed in public obituaries.

Before any email goes out from Shirat Hayam, a tremendous amount of fact checking and proofreading takes place, and that is particularly true for our “congregational notices.” Rest assured, we send out the notices in as timely a manner as possible, once families have made their arrangements, given us permission and provided us with the information.

There has been much discussion about sending out joyous news via these emails. While we’d love to offset our sad news with the good, due to the timeliness of funerals, we feel an email is best for announcing these passings. However, we will be happy to acknowledge simchas in The Wave (our monthly newsletter). We hope and encourage you to share your good news with us at csh@shirathayam.org. We love to hear about birthdays, anniversaries, engagements, weddings, babies, graduations, new homes, new jobs and anything else you’d like to kvell about.

Kvelling... Family Announcements

Susan and David Kauder have a new grandson, Rourke

Sherm and Norma Freedman celebrated their 60th Wedding Anniversary

Mark and Gabriela Sanford were married in January in the Dominican Republic. Mark is the son of Bob and Bery Sanford and brother of Desiree and Arye Gil and Brigitte and Thom Karns

Lois Ogan recently celebrated her 80th birthday

Really? Over 2,000 souls are members of CSH and no one else has any good news to share?

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish.... you get the idea! Share your joy with your CSH family... let’s kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.

If you would like to have a card sent to any of the families listed above in honor of their life cycle events, you may make donations online at: www.shirathayam.org or mail your check (minimum $10) payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907, listing the occasion you are honoring and how you prefer to have the card signed.
SMARTY YAiSH is the collaborative Jewish youth group of Temple Emanu-El, Marblehead, and Congregation Shirat Hayam, Swampscott. We provide youth programming for Jews in grades 6 - 8 (Jr. SMARTY YAiSH) and 9 - 12 (SMARTY YAiSH).

Lounge Night this month will be at Temple Emanu-El! The dates for Lounge are 3/6, 3/13, 3/20, and 3/27. Lounge Night is open to teens grades 9-12.

Junior Lounge Night this month will be on March 12th at Temple Emanu-El. Junior Lounge is open to grades 6-8.

Rachael’s Reflections:

As we plunge into March (how did we get here so fast?!) I am beginning to reflect on all the things that have happened thus far with SMARTY YAiSH. Our year has been filled with fun events, Lounge Nights, and great times! We went to Connor’s Farm, Jordan’s Furniture and Monster Mini Golf, we learned leadership skills at NSTI’s Leadership Retreat at Camp Yavneh, and we performed acts of Tikkun Olam with My Brother’s Table and Halloween for the Hungry. We’ve had some silly fun, bonded as a youth group, and learned together. As the year continues, we have many more exciting events ahead. We’ll be Snow Tubing with Temple Ner Tamid, having a Shabbat dinner for Junior SMARTY YAiSH, and rocking an awesome Coffeehouse with NSTI! So here’s my challenge for all of you: try something new. Come to an event you’d never expect to enjoy, bring a friend who may not come otherwise, or suggest a new program idea to me. SMARTY YAiSH is only as fun as we make it together, so come try new things with me!

Rachael Pass
Youth Director, SMARTY YAiSH

Family Life

Magic Minyan

A Shabbat Synaplex™ option for families with children up to 5 years of age - the first Saturday of the month!
March 1, April 5, May 3 and June 7

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with Preschool age children and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us on the first Saturday of the month!
JOIN THE LAPPIN FOUNDATION AND JEWISH JOURNAL IN CELEBRATING
Women’s Rights this International Women’s Day at our FREE Screening of:

**HONOR DIARIES**

*Culture is No Excuse for Abuse*

WHEN: Sunday, March 9th
WHERE: Congregation Shirat Hayam, 55 Atlantic Avenue, Swampscott
TIME: 7 p.m.

FOR MORE INFORMATION OR TO MAKE A RESERVATION CONTACT:
Susan Feinstein at 978-740-4431 or sfeinstein@lappinfoundation.org.
Walk-ins are welcome.

*Honor Diaries* is the first film to break the silence on “honor violence” against women and girls. *Honor Diaries* is more than a movie, it is a movement to save women and girls from human rights abuses around the world and here in America.

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**Welcome Baby!**

If you and/or your partner is Jewish and you have had or adopted a baby in the last six months, the Welcome Baby! program would love the opportunity to meet your family. Welcome Baby, a collaboration of Jewish Family & Children's Service and Jewish Community Centers of Greater Boston, with generous support from Combined Jewish Philanthropies, provides a free home visit and gift package, including resource guides to community programs and events. To complete a quick and easy registration for Welcome Baby, visit www.jfcsboston.org/welcomebaby
Join us in the CSH lobby

**Saturday, March 29**

between 11:00 am and noon

Many area camps will be showcased.
Some representatives will be available to answer your questions.

Learn about your summer options!

Day Camp ~ Overnight Camp ~ Other programs

A few of the camps joining us are:

Camp Kingswood
Camp Menorah
JCC’s Summer on the Hill
Summerthing at CSH
and more....
THINK JEWISH CAMP IS OUT OF REACH THIS SUMMER? THINK AGAIN.

Discover the newest way to find great summer experiences for your first-time campers at special introductory rates.

YOUR KIDS DESERVE THE ADVENTURE OF JEWISH CAMP. THIS SUMMER YOU CAN AFFORD IT.

Paying for camp can be difficult, especially if your family does not qualify for scholarships. BunkConnect makes it easy, matching eligible families with available overnight camp sessions at special introductory prices from 40-80% off.

BunkConnect launches in February 2014 with over 35 camps participating. Don’t miss this chance to give your kids the summer of a lifetime.

www.BunkConnect.org

IT’S AS EASY AS 1-2-3:

1 Take the online eligibility quiz. Eligibility is based on more than just your income. Families of all Jewish backgrounds are welcome.*

2 Search for the right experience. Customize camp results based on your child’s grade, session length, and more.

3 Contact your selected camps. And once you’ve found the perfect one, reserve your spot to lock in your rate.

* Jewish day school families welcome.
The Boston Jewish Music Festival and Congregation Shirat Hayam present

Yaeko Miranda Elmaleh Quartet

Superb acoustic music from around the Jewish world featuring Yaeko Elmaleh, the violinist for the Klezmer Conservatory Band; with mandolinist/guitarist Brandon Seabrook.

Sunday, March 23
4:00 pm
Congregation Shirat Hayam
55 Atlantic Avenue
Swampscott

Tickets $18 in advance
$20 at the door, $10 students
1.800.838.3006 or at:
bostonjewishmusicfestival.org
CSH Book Club - Everyone’s welcome!

7:30 pm on the following Monday evenings:

March 17  American Pastoral    by Philip Roth
April 28   In the Garden of Beasts by Erik Larsen
May 19    The Immortal Life of Henrietta Lacks by Rebecca Skloot
June 16  The Chaperone        by Laura Moriarty

The CSH Book Club is open to the community - please join us.
For more information, email CSH@ShiratHayam.org

Library Corner

The following books are now available for you to borrow from the CSH Library, located in the Chapel.

Barr, Lisa - Fugitive Colors
"A gripping novel about Art, Love, Lust and Vengeance on the eve of World War 2."

Crystal Billy - Still Foolin’ ‘Em
“At sixty-five I can do whatever I did when I was thirty-five, if only I could remember what those things were.”

Nirenberg, David - Anti-Judaism - The Western Tradition
“A powerful history that shows anti-Judaism to be a mode of thought deeply embedded in the Western tradition.

Compiled by Shapiro, Raya Czerner and her sister Weinberg, Helga Czerner
Letters from Prague 1939-1941
“A compelling insight into the horrors of the Holocaust” - Booklist.

The authors’ parents escaped to the United States taking their baby son and leaving their twin girls behind to follow shortly... here is the collection of moving correspondence between adults in Prague and the girls’ parents in the U.S.”

- Publishers Weekly.
Shabbat Experience @ CSH

**Babysitting**

*Ages up to 4*

**Downstairs Playroom**

An adult must remain in the building.

9:00 -11:50 am, weekly

Babysitting is provided at no charge so that parents may attend services.

**Limud Shabbat**

**Kids’ CJE Experience**

Center for Jewish Education

Ages 4* and up

9:00 - noon weekly

*Preschool Limud Shabbat is free and open to the community. Registration required.

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**Traditional and Alternative Service Schedule**

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<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Greg Coles</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

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**For Everyone - Main Sanctuary**

11:45 am - noon

**Ruach Rally**

Concluding prayers and Kiddush/Motzi

**Community Shabbat Café at noon**

12:15 pm - Kids’ Kehilla Lounge (when Limud is in session)

**12:30 Mini-plex Lunchtime Learning**

**1:30 Mincha Minyan**

Attire is casual.

*We practice radical hospitality.*
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’sukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Come and join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer and song in a user-friendly format.

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Magic Minyan - 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (Preschool age and under) is held on the first Saturday of the month.

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the hall with the following guest scholars for March:

1- Rabbi Ken Weiss
8 - Dr. Harvey Zarren;
15 - Noah Hartman;
22 - Rabbi Ken Weiss;
29 - Dr. Howard Abrams and Dr. Mark Messenger

Mini-Plex

Bring your dessert to the designated table and study with us.

March:

1- Cantor Emil - join him at the piano!
8 - Rabbi B and Jan Goldstein - Come ask questions about our Israel trip in July! It’s sign-up time!
15 and 22 - Rabbi B
29 - A discussion of need and helping hands in the Jewish Community with Tom Cheatham, Jewish Big Brothers Big Sisters of Greater Boston.

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am
Monday - Thursday evenings: 7:00 pm
Sundays - 9:00 am; 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule)
Saturday afternoon mincha: 1:30 pm
March 15 - 7:00 pm (no 1:30)

Candle Lighting

March 7 - 5:22; 14 - 6:30; 21 - 6:38; 28 - 6:46
Condolences & Well Wishes

We mourn the passing of our members

Becky Shepard
Frank Babbitt
Sidney Lipsky

and extend our deepest sympathy to their families and friends

Condolences to:

Burt Shepard on the loss of his wife, Becky Shepard

Paul and Vanessa Shepard on the loss of Paul’s stepmother, Becky Shepard

Abraham and Frances Babbitt on the loss of Abe’s brother, Frank Babbitt

Bea Lipsky on the loss of her husband, Sidney Lipsky

Joanne and Ed Smith on the loss of Joanne’s father, Sidney Lipsky

Marc and Melissa Stern on the loss of Marc’s father, Frederic Stern

Edward and Dena Bailey on the loss of Ed’s brother, Maurice Bailey

Wendy and Rich Polins and Jonathan and Rachelle Dubow on the loss of Wendy and Jonathan’s grandmother, Anne Nadler

Donations

RABBI’S DISCRETIONARY FUND

In memory of Gary Belostock’s brother, Mark

In memory of Rand Foreman-Bergman’s sister, Brion Lissa Foreman

by Al and Gila Namias

In memory of Bob Garfinkel

by the Sidell family

In appreciation of Rabbi HaLevi’s book, Revolution of Jewish Spirit

by Caryl Marcus-Stape

In honor of our son, Sam, becoming a Bar Mitzvah

by Stephanie and Andrew Katz

With grateful appreciation to Rabbi B for his support during our recent loss

by Gary and Marla Belostock

In memory of our beloved cousin, Eleanor Shoostine

Mazal Tov on the engagement of Mr. & Mrs. Barry Morris’s son, Jonathan

by Faylyn and Charles Levine

In honor of Rabbi B for all he has brought to our congregation and our community

by Barbara and Alan Sidman

In honor of the birth of our grandson, Jacob Eli Shuman

by Sandi and Arnie Shuman

In memory of Freddy Stern

by Melissa and Scott Kaplowitch

With grateful appreciation of Carl and Toby Sloane for their thoughtfulness

by Joan and Murry Rich

With get well wishes for George Linsky

by Carolyn Perlow

In honor of Sherman and Norma Freedman’s 60th wedding anniversary

by Golda Greenbaum

In honor of Lois Ogan’s special birthday

by Leslie and Bob Ogan

In memory of:

Father, Edward Morris

by Faylyn Levine

CANTOR ELANA’S DISCRETIONARY FUND

In honor of our son, Sam, becoming a Bar Mitzvah

by Stephanie and Andrew Katz

In appreciation of Cantor Elana for her kindness, friendship and mentoring

by Edye Baker

In honor of Sherman and Norma Freedman’s 60th wedding anniversary

by Golda Greenbaum

CANTOR EMIL’S DISCRETIONARY FUND

In honor of our son, Sam, becoming a Bar Mitzvah

by Stephanie and Andrew Katz
In honor of Sherman and Norma Freedman’s 60th wedding anniversary
  
  by Golda Greenbaum

**In memory of:**

Mother, Eugenia Zissu
Father, Josef Strulovici
  
  by Bery and Bob Sanford
Wife, Arlene Rosen
  
  by Jerry Rosen

**CSH PRESCHOOL FUND**

In honor of the birth of John and Jean Tripp’s daughter, Clara Grace

In honor of the birth of Jen McKay and James Marsh’s son, James Thomas

In honor of the birth of Kate & Chris McCain’s son, William Christopher McCain

In honor of the birth of Richard and Marie DiMarie’s grandson, William Christopher McCain
  
  by the Preschool Staff
In memory of Becky Shepard
  
  by Leslie Sack, Debbie Leibowitz and the Preschool Staff
In memory of Marilyn Willens, mother, grandmother and great-grandmother
  
  by Leslie and Stephen Baratz and Debbie and Lennie Leibowitz

**CENTER FOR JEWISH EDUCATION FUND**

In memory of Becky Shepard
  
  by Maya Evans and family

**In memory of:**

Father, Abraham Lipson
  
  by Roger Lipson

**GENERAL FUND**

In memory of Bob Garfinkel
  
  by Reggie and Lew Weinstein; Amanda Nicholson and Brian Gavlak; Jerry Rosen; John Cohen; Jeremy Earp; Ina and Alan Hoffman; Al Israel; Rikki and Jerry Farber; Barbara and Mike Schaefer; the Krafchicks; Barbara Vinick; Arlene and David Addis; Adam and Amy Forman; Judy and Dan White; Marvin Gordon

In memory of Gary Belostock’s brother, Mark

In memory of Rand Foreman-Bergman’s sister, Brion Lissa Foreman
  
  by Joanne and Ed Smith
A donation has been made in appreciation of CSH
  
  by Ron and Pat Kafker
In memory of Lillian Wacks
  
  by Marv and Polly Wilson; Ronnie, Michael and Lisa Litant; Linda and David Harris; Stephanie and Andrew Katz; Loretta and Richard Band
In memory of Jack Connors
  
  by Frances and Abe Babbitt
In memory of Martha Epstein
  
  by Elaine Rappoli
In memory of Melissa Kaplowitch’s grandmother
  
  by Amy and Jeffrey Sorkin
With wishes for a wonderful special 60th wedding anniversary to Norma and Sherman Freedman
  
  by Carole Kaplan

**SAMUEL BRODY MINYAN FUND**

In memory of Bob Garfinkel
  
  by Eli and Muriel Talkov; Robin and Bob Cooper; Evelyn and Bernie Hands; Marjorie Bean; Arlene Germain; Mark and Judith Arnold

In memory of Rand Foreman-Bergman’s sister, Brion Lissa Foreman
  
  by Susan Cohen; Robin and Bob Cooper
In loving memory of Chana Dodyk and Ackerman family members and Beno Dodyk and Dodyk family members
  
  by the Dodyk family
In memory of Lillian Wacks
  
  by Robin and Robert Wacks
In memory of Gary Belostock’s brother, Mark
  
  by Samuel and Carol Denbo
In honor of Sam Denbo’s special birthday
  
  by Sandy and Carl Shalit
In memory of Becky Shepard
  
  by Herb and Audrey Weinstein
In memory of Ralph Dunn
  
  by Cynthia and Lenny Poster

**In memory of:**

Father, Samuel Ribok
  
  by Barbara Goldberg
Grandfather, Harry Berman
  
  by Natalie White
Sister, Ryna Cohen
  
  by Carole Spatz
Mother, Sarah Glazer
  
  by Myles Glazer
Grandfather, Harry Goldstein
by Marsha Feffer
Father, Ezrei Alperin
by Marcia Shuman
Father, Simon Strogoff
by Carol Levin
Grandmother, Lena Brodsky
by Robert Cooper
Aunt, Matilda Skolnick
by Rosalyn Shapiro
Husband, Joseph Bean
by Marjorie Bean
Mother, Tillie Handis
Sister, Elizabeth Handis
by Bernard Handis
Mother, Ethel Fishman
by Evelyn Handis
Mother, Sadie Sogoloff
by Hyman Sogoloff
Husband, Charles Segal
by Ann Segal
Wife, Pauline Orloff
by Raymond Orloff
Mother, Sarah Denbo
by Samuel Denbo
Father, Moses Katz
by Harriet Friedman
Father, Sam Weinstein
by Herb Weinstein
Father, Morris Germain
by Arlene Germain
Husband, Lloyd Castleman
by Fay Castleman
Father, Louis Spector
by Benjamin Spector

Mother, Ida Chaves
by Mildred Harris
Mother-in-law, Rose Tenenbaum
by Joann Tenenbaum
Father, Aaron Levin
by Harold Levin
Father, Henry Poster
by Cynthia and Lenny Poster
Father, Samuel Brooks
Mother-in-law, Roberta Kline
by Andrea Kline
Mother, Rose Calish
by Ruth Weiss
Grandmother, Ida Patt
by Melvin Shapiro
Mother, Shirley Goldberg
Father, David Goldberg
by Herbert Goldberg
Mother, Esther Barton
by Enid Gold
Son, Peter Mitchell
by Albert Mitchell
Daughter, Marcy Wommer
by Arlene Wommer
Father, Eli Barnett
by Jodie Barnett
Father, Samuel Tishler
by Jackie Rosenfield
Mother, Eva Hurst
by Phyllis Dinerman
Brother, Allen Rudolph
Brother, Robert Rudolph
by Louis Rudolph

KIDDUSH FUND
In memory of Robert Garfinkel
by Murt and Betsey Garfinkel;
Barbara and Sid Abramson;
Marilyn and Phil Vener; Sandra
and Sam Faber; Judy and
Harold Kramer; Susan and Larry
Goldberg; Marilyn and Harry
Epstein; Frances Mendelsohn and
Alvah Parker; Lorily and Steve
Forman; the Leventhal family;
Brenda and Shelley Cohen; Aron
and Galina Mirmelshteyn; Murray
and June Davis; Arye and Desiree
Gil; Andrea Kline

In memory of Rand Foreman-Bergman’s sister, Brion Lissa
Foreman
by Helen G. Bergman; Beverly
Richman; Harvey and Helaine
Cotton; Sandra Goldberg; Arye
and Desiree Gil; Richard and
Nancy Klayman

In honor of the birth of David and
Susan Kauder’s grandson, Rourke
by Alice and Charles Leidner

In memory of Lillian Wacks
by Sidney and Beatrice Strome;
Susan and Larry Goldberg;
Frances Mendelsohn and Alvah
Parker; Stephanie and Andrew
Katz

Get well wishes to Steven
Freiman
by Sandra Goldberg
Wishes for a speedy recovery to
Helaine Hazlett
by Arlene and David Addis

In memory of Gary Belostock’s
brother, Mark
In memory of Melissa
Kaplowitch’s grandmother
by the Leventhal family
Mazal Tov on the birth of Howie and Izzi Abrams’s granddaughter  
by Susan and Michael Cohen
In appreciation of radical hospitality  
by Susan Cohen
In memory of Becky Shepard  
by Larry and Susan Goldberg
In memory of Ed Bailey’s brother, Maurice Bailey  
by Phyllis Sagan; Susan and Larry Goldberg

In memory of:
Wife, Harriet Diamond  
by Alan Diamond
Mother-in-law, Mollie Richman
Father, Israel Borr  
by Beverly Richman
Mother, Edna Bornstein  
by Helaine Cotton
Mother, Edith Cohen  
by Wendy Dubinsky
Father, Leo Cohen  
by Michael Cohen
Mother, Sura Rozenblum  
by Perlina Levitin
Brother, Leon Berlow  
by Bette Ann Weisman
Sister, Sarah Liberty  
by Ann Segal
Father, H. Gregory Alexander  
by Susan Willis
Father, Hyman Chandler  
by Jane Weiss

Brother, Herbert Lillian
Mother, Anna Lillian
Father, Myer Lillian
Mother-in-law, Dora Beletz
Father-in-law, Samuel Beletz  
by Melvin Lillian
Father, Lawrence Abrams  
by Howard Abrams
Father, Samuel Gilberg  
by Fay Castleman
Mother, Ida Gruzen  
by Phyllis Kaplan
Mother, Rose Levine  
by Beatrice Hershberg
Father, Bernard Kaplan  
by Marlene Goldberg
Father, Nathan Ogan  
by Jerome Ogan
Mother, Bess Waldman  
by Tziril Milamed
Mother, Rebecca Schectman  
by Shirley Shulman
Father, Robert Goldman  
by James Goldman
Son, Louis Patkin  
by Phyllis Patkin
Stepfather, Ben Pike
Father, H. Gregory Alexander  
by Richard and Ellen Alexander
Father-in-law, H. Gregory Alexander  
by Elizabeth Stevenson
Father, David Grover
Sister-in-law, Ruth Goodman
Mother, Rose Grover

by Thelma Gibbs
Husband, Bernard Kaplan
Mother, Mamie Cohen  
by Miriam Kaplan
Husband, John Rimer  
by Anita Rimer
Father, George Cashman  
by Marvin Cashman
Mother, Mollie Zolot  
by Elaine Jaffe Finegold
Husband, Donald Roos  
by Eleanor Roos
Father, Bernard Harsip  
by Michael Harsip

TORAH FUND

In memory of Bob Garfinkel  
by Charlotte and Donald Fine; Leeta Sinrich; Morris Goldfield
In honor of the marriage of Mark and Gabriela Sanford  
by Ruth and Eric Kahn
Mazal Tov to Rabbi Ken and Sue Weiss on their new home  
by Leeta Sinrich
SMITH LANDSCAPE FUND
In memory of:
Mother, Anne Bornstein
Uncle, Saul Bornstein
by Ruth Kahn
Mother, Irma Kahn
by Eric Kahn

FLOWER FUND
In memory of:
Brother, Leonard Breitman
by Evelyn Ginsburg

PRAYERBOOK FUND
A Renewal Siddur has been purchased in memory of our aunt, Lillian Wacks
by Barbara and Arthur Schonwald

A daily/Shabbat prayer book has been purchased in memory of Bob Garfinkel
by Ruth and Eric Kahn and family

TREE PLANTED IN ISRAEL
In memory of Rochelle Adler
In memory of Stanley Blicht
by Fran and Bob Walker
In memory of Becky Shepard
by Natalie White and family

TIKVAH FUND
In memory of Frank Babbitt
by Sidney and Beatrice Strome

BECKY & BURT SHEPARD SCHOLARSHIP FUND
In honor of the birth of Sandi and Arnie Shuman’s grandson, Jacob Eli Shuman
by Cy and Marilyn Fishman

In memory of Becky Shepard
by Arye and Desiree Gil and family; Edie and Ben Specter; Bob and Bery Sanford; Margie Shapiro; Melissa and Scott Kaplowitch; Karen and Mark Meyer and family; Arthur Epstein and Bryna Litchman; Phyllis and Jack Karas; Sidney and Beatrice Strome; Cathy Stern; Paul and Beth Tassinari; Diane Levin and Stephen Hicks; Gail Fishman; David and Harriet Moldau; Herb Goldberg; Sid and Barbara Abramson; Barbara and Bernie Forbush; Charlotte and Donald Fine; Sandy Feinstein Yackolow and Barry and Susan Yackolow; Beth and Bob Hoffman; Beverly Richman; Helaine and Harvey Cotton; Gloria Sax; Valerie and Alan Gilbert; Ellen and Dick Alexander; Arthur and Cheryl Schwartz; Sylvia and Norma Revman; Pauline Spigito; Beatrice Paul; Reggie and Lew Weinstein; Sandi and Arnie Shuman; Sam and Carol Denbo; Linda Kuperstein; Jerry and Sandy Zuckin; Natalie White and family; Constance Lewis; Mark and Judith Arnold; Bernie and Evelyn Handis; Marlene Mazonson and Marc Mazonson and Dana Wilkes; Marion Garfinkel; Leslie and Bob Ogan and family; Harriet and Ralph Kaplan; Susan and Michael Cohen; Barbara and Alan Sidman; Leeta Sinrich; Ruth and Eric Kahn; Janet Rosenblatt and Howard Rosenblatt and Judy Horowitz; Karen and Jerry Madorsky; Bunny and Lenny Lieberson; Hope and Larry Zabar; Meryl and Julian Rich; Stan and Sheila Rich; Mr. & Mrs. Jack Epstein and Barbara Holzman; Roz Shapiro; Gail and Jerry Gerson; Susan Flint; Doug Reeves; Al and Audrey Helzner; Harryette Katzen; Robin and Bob Cooper; Lois and Bobby Kaplan; Phyllis Sagan; Eli and Muriel Talkov; Michael and Rachelle Rosenbaum; Lois and Jerry Ogan; Carl and Sandy Shalit; Joy Kipnes; Joel and Barbara Levine; Jeff, Sandy, Jackie and Leslie Hirshberg; Amy and Jeffrey Sorkin; Joan and Murry Rich; Carolyn Perlow; Nancy and Richard Klayman; Jackie Rosenfield; Barry and Donna Zeff; Fred and Sandra Shoff; Elaine and Donald Finegold; Seth Berman and Amy Cohn; Sysco Food Services of Central Florida; Nancy and Herb Miller; Eddie and Diane Knopf; Linda Tobin; Carole and Jerry Nirenberg; Nanette, Jose, Jacob and Alexis Fridman; Marsha Gerber; Joan and Les Rosen; Aileen Cordette; Ernestine and Edward Snyder; Barbara Vinick; Ron and Shari Pressman; Judy and Harold Kramer

In memory of Bob Garfinkel
by Beverly Kahn and family

In memory of Lillian Wacks
by Herb Goldberg

In memory of Frank Babbitt
by Eddie and Diane Knopf

In memory of Bob Garfinkel
by Beverly Kahn and family

In memory of Lillian Wacks
by Herb Goldberg

In memory of Frank Babbitt
by Eddie and Diane Knopf

In memory of:
Grandmother, Fannie Siskind
Grandfather, Abraham Siskind
by Beverly Kahn
Father, Sigmund Knopf
by Edward Knopf
Dear Friends,

It will be impossible for me to thank each of you individually for the kindness you have expressed in memory of my beloved Becky. The outpouring of love through your attendance at her funeral, your visits, calls, notes and generous donations in Becky’s memory have meant more to me than you can ever know.

Becky was an incredible woman and she is missed. I take great comfort in knowing how much you care.

With deep appreciation,

Burt Shepard

My mom said she would never move. Now she never stops moving.

Come see what excellence in assisted living is all about.

Call 978.854.1812 for lunch and a tour today.

Short Term Rehab
Skilled Nursing
Memory Services
Assisted Living
Adult Day Health
Geriatric Care Management
Home Care

NEW ADVERTISER!

Memorial Alcove

We Remember Them

Please stop by for a demonstration on how the electronic yahrtzeit board creates a meaningful memorial experience.

If you had a memorial plaque at Temple Beth El or Temple Israel, that name is now listed on the yahrtzeit board. You may add a photo and short bio to that listing at no charge.

Pricing is available for new entries on the board. For more information about how you can create a lasting memorial for your loved ones, or to make an appointment for a demonstration, please contact Marla Gay at 781.599.8005, Ext. 27 or Marla@ShiratHayam.org.

NEW ADVERTISER!
Todah rabah.
The following CSH members have generously contributed to the Lev Campaign this fiscal year:

Fred & Harriet Abel
Howard & Izzi Abrams
Sidney & Barbara Abramson
Ben & Meredith Adner
Richard & Ellen Alexander
Ilan Amar
Abraham & Frances Babbitt
Jack & Ann Bailen
Edye Baker
Henry & Frances Barbanel
Gloria Bakst
Ariel & Carrie Berger
Jeffrey & Cindy Blonder
Edward & Frances Bobroff
Adam & Jennifer Bookman
Kate Borten
Jeffry & Harriet Brand
Rebecca & Laura Brochstein
Howard & Debra Brooks
Andrew & Melissa Caplan
Edward & Diana Caplan
Marvin Cashman
Robert & Shari Cashman
Fay Castelman
Sandra Chaikin
Bob Clifford & Melissa Robbins
Clifford
Brian & Michele Cohen
Barry & Caryn Cohen
Harold & Janice Cohen
Joel & Stephanie Cohen
Philip & Barbara Cohen
Sheldon & Brenda Cohen
Neil & Deanna Cooper
Rhonda Cormier
Harvey & Helaine Cotton
Samuel & Carol Denbo
Alan Diamond
Susan & Kenneth Drooks
Arnie & Linda Dubinsky
Jonathan & Rachelle Dubow
Harold & Marilyn Epstein
Ralph & Linda Epstein
Adam & Leah Faria
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George and Ali Freedman
Steven Freiman & Frances Levy-Freiman
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Timothy & Deborah Gabe
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Alan & Valerie Gilbert
Irene Gilberg
Ronald & Barbara Gilefsky
Arthur & Esther Goldberg
Herbert Goldberg
Larry & Susan Goldberg
Marty & Roz Goldberg
Morris Goldfield
Gail Goldstein
Sandra Goldstein
Murray & Jill Goodman
Stanley & Ellen Gordon
Maurice & Carla Greenberg
Paul & Jahna Gregory
Ronna Greif
Larry & Lori Groipen
Mark & Allison Gustavson
Stephen & Helyne Hamelburg
Avram & Laurie Hammer
Henry Hammond & Mimi Neuman
Bernard & Evelyn Handis
Stephen & Ethel Harris
Robert & Diane Hart
James & Helaine Hazlett
Jeff and Sandy Hirshberg
Christopher & Jennifer Hockert
Alan & Ina Hoffman
Harold & Sandra Hoffman
Julie Hoffman
Robert & Beth Hoffman
Donald & Lois Hurwitz
Kelly Asprooth-Jackson, Sara Weisman and family
Cat and Tom Jeffries
Rosanne and Robert Jepsky
Spencer & Donna Kagan
Beverly Kahn
Eric & Ruth Kahn
Ralph & Harriet Kaplan
Robert & Lois Kaplan
Scott & Melissa Kaplowitch
Semyon & Irena Karasik
Bowen & Nancy Kerins
Nelson & Libby Kessler
Richard & Nancy Klayman
Edward & Diane Knopf
Christine Koretz
Michael & Kimberly Kramer
Ronald & Teri Krawitz
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Perlina Levitin
David & Marilyn Levy
Sanford & Roz Levy
Leonard & Bunny Lieberson
Jacob & Ludmilla V. Lifson
Phil & Elaine Linsky
Saul & Sylvia Lipnick
Harold & Harriet Mack
Timothy McMahon & Mindy Aaronson-McMahon
Anita Mehlman
Elaine Merken
Mark Messenger & Ellen Reifler
Mark & Karen Meyer
Paul Michaels & Joanna Duby
Nancy & Herb Miller
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Neal & Lynn Mizner
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Howard & Karynn Needel
Jerome & Lois Ogan
Robert & Leslie Ogan
Miriam Oliver
Jeffrey Oringer & Linda Kleeman
Miriam Ostrovitz
Phyllis Patkin
Carolyn Perlow
Richard & Wendy Polins
Edward & Carol Ann Price
Prime Motors
Amy & Alan Resnic
Murry & Joan Rich
Stanley & Sheila Rich
Claudia & Barry Rodenstein
Eleanor Roos
Jerry Rosen
Myriam Rosen
J. Myron Rosen
Michael & Rachelle Rosenbaum
Karen & David Rosenberg
Steve Rosenberg & Devorah Feinbloom-Rosenberg
William & Arlyne Rosenberg
Steven & Betty Ross
Walter & Lydia Rozovsky
David & Ila Sabino
Phyllis Sagan
Scott & Julie Sagan
Richard & Esther Salinsky
Amy Saltz
Georgie Sawyer
Cory & Rachel Schauer
Estate of Abigail Schwartz
George & Janna Schwartz
Hal Schwartz & Melissa Upton
Ann Segal
Dorothy Segal
Jacob & Marilyn Segal
Joseph & Ariana Selby
Robert & Anne Selby
Edward & Donna Seligman
Ruth Shanker
Rosalyn Shapiro
Myril Sheinkopf
Burton & Rebecca Shepard
Daniel & Bette Shoreman
Arnold & Sandra Shuman
Merle Sidell
Alan & Barbara Sidman
Jason & Renee Sidman
Ellen Silverman
Carl & Toby Sloane
Edward & Joanne Smith
Hyman Sogoloff
Andrew Sokolov & Liya Ageenko
Steven & Karen Solomon
Robert & Roberta Soltz
Max & Cheryl Sontz
Jeffrey & Amy Sontz
Ben & Edith Spector
Rachel & Jason Stark
Marilyn & Seymour Stoll
Sidney & Beatrice Strome
Allen Surkis
The list is getting longer, but we aren’t there yet! Thank you to those who have answered the call to participate in the LEV campaign. As you can see, we are not even halfway to our goal of 100% participation. If you have not yet made your LEV donation, please do so. You can send a check or pay online. There is no amount too small. Please support Shirat Hayam programming and services. Help put us over the top.
Shabbat Café Sponsors
Thank you to the following for co-sponsoring the Shabbat Café in February

Norma and Sherman Freedman in honor of their 60th Wedding Anniversary

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

Todah Rabah
Thank you to the following for participating in services in February:

Torah Readers: Joel Cohen, Dara Fruchter, Murray Goodman, Diane Levin, Mimi Oliver, Ann Segal, Natalie White, Cantor Emil

Haftarah Chanters: Ellen Gordon, Cantor Emil, Howard Abrams, Gary Freedman

If you would like to read Torah or chant a Haftarah, contact Cantor Emil: CantorEmil@ShiratHayam.org.

CSH Minyannaires
Thank you to the following members for supporting daily services in February:


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
**Chesed Committee**

*Karynn Needel and Beth Hoffman, Co-chairs*

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

*Karynn and Beth*

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

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**2014 Advertising Rates**

**Congregation Shirat Hayam Wave**

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

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**Holidays 5774**

March 15 - Family Purim Celebration at 11:15 am
7:00 pm Reading of the Megilah and service
8:00 pm Heroes and Villains
March 16 Purim
April 14 First Night Passover

Save the date - April 15 - Second Night Seder @ CSH!

---

**Yahrtzeits**

If you have a yahrtzeit and plan to say kaddish at CSH, please bring a friend or two. Help make the perfect “10” at minyan.
Join Rabbi HaLevi and Shirat Hayam for the trip of a lifetime...

Israel

July 27 - August 7, 2014

Join Rabbi B and Jan Goldstein (Tour Provider) on Saturday, March 8, at 12:30 pm for an information session.

If you are interested, contact Marla Gay at 781.599.8005 Ext. 27, or Email: Marla@ShiratHayam.org
Brotherhood

Planning is underway for the annual Scholarship Awards for graduating high school seniors. Brotherhood has voted to change the name of our scholarship to include Becky Shepard z”l. The new name is - The Becky and Burt Shepard Scholarship.

All applicants must be members in good standing of CSH. Applications have been mailed. Please contact us if you have a high school senior that did not receive one. Interviews will be held on Sunday, April 20, following morning Minyan. The Awards Breakfast will be on Sunday, May 18. If you wish to contribute, please make checks payable to The Becky and Burt Shepard Scholarship Fund. Every little bit helps!

The Brotherhood is always looking for great new ideas for our future programming. Don’t be shy. If you have a notion for a mitzvah or for a fun social event, please do not hesitate to contact us.

The next Brotherhood meeting will be on Sunday morning, March 23rd, following 9:00 minyan... yes, there will be breakfast!

Brotherhood is sponsoring the Shirat Hayam garden again this year. Spring is around the corner!!

Thank you,

Brian Cohen, Brotherhood President

cshbrotherhood@gmail.com

JF&CS
Caring for Generations

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

We are in great need for volunteers to help with our monthly food distributions at our food pantry located at Temple Sinai.

For further information, contact Lisa Katz at JF&CS - 781-647-5327 or lkatz@jfcboston.org.

Our next distribution is Sunday, March 9th (snow date March 23).

We welcome all kosher, nonperishable food. Please check the expiration dates. We are especially in need of raisins, peanut butter and whole grain crackers.

Drop your donations in the JF&CS Family Table Bin located in the CSH lobby.

Thank you for your support.

Shalom, Bette Shoreman, CSH Family Table Site Coordinator
Sunday, March 30th
9:30 – 11:00 AM
Cohen Hillel Academy
6 Community Road
Marblehead, MA 01945
www.cohenhillel.org

Bring your preschooler & enjoy
• Live animals
• Animal crafts
• Healthy snacks
• Fun with other preschoolers

Come for a wondrous morning with Curious Creatures and members of our Learning Center and Faculty

RSVP to Renee Rudnick: rrudnick@cohenhillel.org or call 781-639-2880

Skunks & Spiders & Snakes, Oh My!
Preschool Fun with Curious Creatures at

Cohen Hillel Academy

Thoughtful, Intentional, Creative

Live Animals and Crafts

DONATE
Your Clothing, Shoes and Linens

Donate, Recycle, Don’t Throw Away

All of the following can be donated in any condition as long as it’s clean and dry:

Pants  Boots
Shorts  Shoes
Shirts  Slippers
Pajamas  Belts
T-Shirts  Ties
Jerseys  Purses
Sweathirts  Hats
Sweatpants  Socks
Sweaters  Pillows
Jeans  Bedding: comforters, sheets,
Dresses  pillowcases, blankets
Skirts Curtains/Drapes
Coats  Table Linens
Jackets/Suits  Stuffed Animals
Undergarments/bras  Back packs

It’s not too late for Shirat Hayam it’s call CSH!
100% of the proceeds benefit CSH.
Don’t throw away your clothing and textiles! Drop them off at CSH.
This is an easy fundraiser for CSH and it costs you nothing!

Thank you for your support.

Consult your tax professional for donation eligibility.
Tax receipts available.
Don’t be wandering on Passover.

Join us for a second night alternative Seder.

Seder includes...

Full Traditional Dinner
catered by Bruce Silverlieb, The Party Specialist
wine, seder plates, gourmet food and... community.

Musical program provided by

Cantor Elana & The Ruach Band

Ruach guaranteed.

Members (and their guests) $60/Adult ~ $25 /Kids under 10
Non-members $65/Adult ~ $30/Kids under 10
~ Under 3 and sharing a meal with parent - free

RSVP by March 31st. Reservations accepted on a space available basis.

Reservations may be made online or by returning the form.

Yes! I/We look forward to the second night seder!

If you require a vegetarian meal, please let us know.

☐ ADULT MEMBER* $60 X ___ (# OF TICKETS) = $______
☐ KIDS UNDER 10 $25 X ___ (# OF TICKETS) = $______
☐ ADULT NON-MEMBER $65 X ___ (# OF TICKETS) = $______
☐ KIDS UNDER 10 $30 X ___ (# OF TICKETS) = $______
☐ UNDER 3 SHARING A MEAL #____ (Please list ages)
☐ CHECK ENCLOSED PAYABLE TO: CSH/SEDER
☐ PLEASE BILL MY CREDIT CARD (BELOW)

☐ I/We would like to help underwrite the cost of the seder in the amount of $___________

Name  Please list all names included in this reservation.

Address

City  State  Zip

Phone  Email Address

Card Number  ☐ Visa  ☐ AMEX  ☐ MC  ☐ Discover

Expiration:_____/______

Please return this form to: CSH Seder, 55 Atlantic Ave., Swampscott, MA 01907

*Guests of CSH members are at member rate.

We will do our best to honor seating requests. Please inform us of any allergies.
As the snow falls...

3-Part Adult Ed Series

$25.00 for the 3-part series or $10 for a single class.
Advance registration requested. CSH@ShiratHayam.org

Thursdays, May 22 and June 5
Philip Roth - The Ever-Changing Author

Join Izzi Abrams for a two part program where we will look at two works by Philip Roth, his debut novella, Goodbye, Columbus, published when he was 26, and his last work of fiction, Nemesis, published in 2010 when he was 77. We will look at Roth as a young man through his early work and see him as an ever-changing author in his later years. It is recommended that you read these two short books for this program. They are both available at the public library or can be ordered through Amazon. We will also be viewing part of Philip Roth: Unmasked, a PBS American Masters Program.

Thursday, June 12
Yiddish Theater

In the 1920s on the Lower East Side of Manhattan, the Yiddish Theater was booming. As popular and high quality as Broadway, the Yiddish Theater drew from some of the greatest talents of the time. Join Cantor Elana as we explore the Yiddish Theater of Second Avenue: the history, the stories, and the music.
The Wave

Spring and Summer Cultural Programs

NOT BY BREAD ALONE
Nalaga’aat Theater Deaf-Blind Acting Ensemble
at Emerson’s Paramount Theater, Boston

Sunday, April 6, 1:00 pm performance
CSH has reserved a limited number of tickets for this not to be missed show.
$49.00* (no transportation provided)

If you would like to order your tickets for this performance, contact Marla Gay at:
781.599.8005 Ext. 27 or marla@shirathayam.org
*cash or check only

Sunday, July 20
Luxury AIR CONDITIONED coach bus round trip from CSH,
Brunch and 2:30 performance:
BSO, Andris Nelsons, Conductor
Joshua Bell, Violin

$125/person all-inclusive
If accessibility is an issue, please bring a friend to assist you.
Space is limited. Reservations must be accompanied by payment.
If paying by cash or check, $121.25 (3% discount)

Izzi Abrams, Fran Levy-Freiman & Phyllis Sagan, Program Co-chairs

Tanglewood

heres something to look forward to!

NOT BY BREAD ALONE
Nalaga’aat Theater Deaf-Blind Acting Ensemble
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Izzi Abrams, Fran Levy-Freiman & Phyllis Sagan, Program Co-chairs
Team CSH

CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
Ext. 14

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org
Ext. 12

Cantor Emeritus
Emil Berkovits
CantorEmil@ShiratHayam.org
Ext. 13

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SmartyYaish@gmail.com

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Eridania Vicioso
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CSH Preschool
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Sonia D’Oliveria
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Melissa Hudson
Wendy Lewis
Shari Losanno
Barbara Levine
Kimberly Manley
Alison Michigan
Hallie Pica
Kelly Porter
Susan Roberts
Cheryl Schwartz
Rebecca Sontz
Nancy Terranova
Joyce Wamsala
Marcy Yellin

CJE

Center for Jewish Education

CJE@ShiratHayam.org
Direct Line: 781.346.6075

Jed Filler, Director of Education
Jed@ShiratHayam.org
Ext. 24

Ann Navon, CJE Program Coordinator
Ann@ShiratHayam.org
Ext. 25

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Phyllis Eidelman
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Stefanie Gladstone
Lynee Greenberg
Halie Pica
Cheryl Schwartz
Daphna Shemesh
Rachel Shwartz
Julie F. Silver
Jason Stark
Beth Tassinari
Elana Weiner
Marcy Yellin

CJE Madrichim

Jamie Ehrlich
Ariel Friedman
Anna Godes
Gennifer Greenberg
Matt Jepsky
Michael Katzen
Justyn Needel
Austin Sagan
Kaylie Schiwitz
Roie Shemesh
Jared Solomon
Jesse Tuttle

CSH Board

Leadership@ShiratHayam.org

*Howard Abrams,
Education

*Ellen Alexander,
Budget and Finance

David Brodsky
Brian Cohen
Chris Hockert

*Tom Levenberg,
Congregational Home
Diane Levin

*Jason Levine,
Assistant Treasurer
Karynn Needel
Leslie Ogan

*David Rosenberg
Co-President

Julie Sagan, Programming

Hal Schwartz
Laura Schulman-Brochstein

*Joe Selby,
Co-President
Wayne Trebbin

*Executive Committee
1 Saturday
Full Synaplex, Limud and Mini-Plex

10:45 am Magic Minyan

3 Monday
7:20 pm Mahjong

4 Tuesday
4:00 pm Limud Tuesday

5 Wednesday
3:30 pm iShir
4:00 pm Limud Lab
7:30 pm Kol Ishah

6 Thursday
7:00 pm YAiSH Lounge@TE

7 Friday
6:00 pm Kabbalat Shabbat

8 Saturday
Full Synaplex, Limud and Mini-Plex

9 Sunday
7:00 pm Lappin Movie

10 Monday
7:20 pm Mahjong

11 Tuesday
4:00 pm Limud Tuesday

12 Wednesday
3:15 pm iShir
4:00 pm Limud Lab
6:30 pm Jr. YAiSH Lounge @ TE

13 Thursday
7:00 pm YAiSH Lounge@TE

14 Friday
Mishloach Manot Delivery
6:00 pm Musical Shabbat

15 Saturday
Full Synaplex, Limud
11:15 am Family Purim Celebration
7:00 pm Megilah Reading and Service
8:00 pm Heroes & Villains Purim Party (21+)

16 Sunday
Purim! Circus at the JCC!

17 Monday
7:20 pm Mahjong
7:30 pm Book Club

18 Tuesday
4:00 pm Limud Tuesday
7:30 pm Board meeting

19 Wednesday
3:30 iShir
4:00 pm Limud Lab
7:30 pm Kol Ishah

20 Thursday
7:00 pm YAiSH Lounge@TE

21 Friday
6:00 pm Musical Shabbat

22 Saturday
Full Synaplex, Limud and Mini-Plex

23 Sunday
4:00 pm Boston Jewish Music Festival at CSH

24 Monday
7:20 pm Mahjong

25 Tuesday
4:00 pm Limud Tuesday

26 Wednesday
3:30 pm iShir
4:00 pm Limud Lab
7:30 pm Kol Ishah

27 Thursday
7:00 pm YAiSH Lounge@TE

28 Friday
6:00 pm Musical Shabbat

29 Saturday
Full Synaplex, Limud and Mini-Plex
11:00 am Camp Fair
6:30 pm YAiSH Coffee House at JCC

31 Monday
7:20 pm Mahjong

To make your LEV contribution, visit:
www.ShiratHayam.org/Lev or contact Marla Gay at:
Marla@ShiratHayam.org or 781.599.8005, Ext. 27
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Marla Gay, “The Wave” Publisher
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It’s simple...
Just click on the link on either our home page at:
www.shirathayam.org
or on the top of your weekly email!