We practice radical hospitality!

The Wave

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Summer “To Do” List

1. Renew membership and order High Holy Day tickets
2. Register for Preschool and Hebrew School for the fall
3. Clean closets and bring all the old clothes and give-a-way items to CSH (see pages 22 & 23)
4. Put November 2 on the calendar for Monte Carlo night!
5. Bring friends to the open house at CSH on August 17

Rosh Hashanah begins September 4th!
Rabbi Baruch HaLevi

Be the Change

As we move towards the High Holy Days (I know, I can’t believe it either), here’s an important story that reminds us of what it means to get ready.

During the 1930s, a young boy had become obsessed with eating sugar. His mother was very upset with this. But no matter how much she scolded him and tried to break his habit, he continued to satisfy his sweet tooth. Totally frustrated, she decided to take her son to see his idol – Mahatma Gandhi; perhaps her son would listen to him.

She walked miles, for hours under a scorching sun to finally reach Gandhi’s ashram. There, she shared with Gandhi her predicament:

“Bapu, my son eats too much sugar. It is not good for his health. Would you please advise him to stop eating it?”

Gandhi listened to the woman carefully, thought for a while and replied, “Please come back after two weeks. I will talk to your son.”

The woman looked perplexed and wondered why he had not asked the boy to stop eating sugar right away. She took the boy by the hand and went home.

Two weeks later they revisited Gandhi. Gandhi looked directly at the boy and said, “Boy, you should stop eating sugar. It is not good for your health.”

The boy nodded and promised he would not continue this habit any longer. The boy’s mother was puzzled. She turned to Gandhi and asked, “Bapu, why didn’t you tell him that two weeks ago when I brought him here to see you?”

Gandhi smiled, “Mother, two weeks ago I was eating a lot of sugar myself.”

Gandhi reminds us that it is not enough to show up at the High Holy Days and pray for change, talk about change or merely wish for change. Change has only ever happened, will only ever happen when we do the work of changing, embodying the change we wish to see.

There are still two months to go inwards and take stock of our lives, what we have or haven’t done, what we’ve become for failed to become. There are still plenty of opportunities between now and then to join your spiritual family at CSH on Erev Shabbat to sing and daven, Shabbat morning to pray, study, do yoga, or meditate; Shabbat afternoon mincha (starting in August, 12:00 lunch, 12:30 study, 1:30 Mincha), weekdays at our morning or evening minyan, or our Summer By The Sea adult ed series, or numerous other offerings and activities.

Whether it’s at the shul or at home, with community or on your own – don’t wait for the High Holy Days to change. As Gandhi said, “Be The Change You Want To See In This World”!

That change begins today!

Rabbi B
Dr. Emil Berkovits, Cantor Emeritus

Kaddish

By the time this article is in print, Lili and I will have just returned from a visit to Israel, spending most of the time with family as well as a personal obligation to dedicate a memorial stone for my dear mother, of blessed memory. Since I also completed the traditional process of reciting the Kaddish for eleven months I will share with you a little background on it. The Kaddish, an Aramaic prayer, is [almost] 2,000 years old. Although one form of the Kaddish is recited in memory of the dead, the prayer itself says nothing about death; its theme is the greatness of God, reflected in its opening words: "Yitgadal V'ytikdash, Shmei Rabbah--May His name be magnified and made holy...." The prayer's conclusion speaks of a future age in which God will redeem the world. Why then was this prayer designated in Jewish tradition to memorialize the dead? There is no definite answer; the tradition dates only from the Middle Ages. Most likely, people believed that the finest way to honor the dead was to recite the Kaddish, thereby testifying that the deceased person left behind worthy descendants, people who attend prayer services daily and proclaim there their ongoing loyalty to God. But is that all it is? I believe it is much more than that. Reciting the Kaddish also forces mourners to go out in public. After the death of a loved one, a person might well wish to stay home alone, or with a few family members, and brood. But saying Kaddish forces a mourner to join with others. According to Jewish law, the Kaddish should be recited with a minimum of 10 adult Jews gathered as a minyan [quorum for prayer]. Traditionally, Kaddish is recited every day during the morning, afternoon and evening services. Ideally, one should attend every service, but if one cannot do so, it is desirable to attend at least one of the daily services. In the observance of Kaddish, as in most areas of Jewish life, something is better than nothing. Most importantly, those who make a daily habit of attending services usually find themselves a part of a caring family, and it also strengthens community ties and, of course, help make a needed minyan. So, when it comes to reciting the Mourner's Kaddish, I feel compelled to urge each person, "Just Do It". And in the long run, you may just feel better.

L'Shalom,

Cantor Emil

Mazal tov to Cantor Emil on receiving an honorary doctorate of music degree from the Jewish Theological Seminary on his fiftieth year as a cantor!
Wednesday music offerings with Cantor Elana

Ice cream, bike riding, hanging out at the beach, sailing, ah! All signs of the beautiful Swampscott summer. But as you all enjoy summer's slower pace, and plan your kids' schedules for next year, this is the perfect time to learn about the children's music and prayer classes I will be offering in the fall; I hope you will take advantage of them.

Hazzan Katan
For our CSH Preschool kids, I am once again offering our Hazzan Katan class. In Hazzan Katan, we learn the very basics of Jewish prayer and Hebrew vocabulary through song. This past year, the kids who attended this class exhibited tremendous enthusiasm, and with the help of our Hazzan Katan CD, learned many of Judaism's core prayers.

iShir Katan
Beginning in the fall, our K through 2nd grade students will be able to take part in a "prechoir" experience: iShir Katan. iShir Katan is a beginners' choir for very young children who are not yet old enough for our kids choir, iShir. We will begin with simpler songs and, throughout the year, these young singers will develop into a kids choir, capable of singing more complex material with more Hebrew words.

iShir
Once the kids are in 3rd grade, they are ready for the kids choir, iShir. In iShir, we learn songs and prayers to perform at the High Holy Day and Shabbat services, and other shul programs. In addition, we go out into the community to perform concerts in synagogues and other Jewish institutions, like the Aviv Center for Living.

With their appearances at High Holy Day services and their monthly participation in Shabbat services, iShir members become advanced in their davening, music and Hebrew skills. In addition, they become accustomed to appearing before an "audience" and participating in synagogue services. As a result, many of these kids will likely lead more of the service and sing duets with me at their b'nai mitzvah. Music to my ears!

See the schedule on the next page.

Let me know if you have any questions!

Have a great summer!

Cantor Elana

S’lichot

Join us on Saturday evening, August 31 for dessert and a musical S’lichot program as we begin preparing for the High Holy Days. More information will be available soon and sent in the weekly emails.

If you are not receiving the weekly emails, please let us know at: csh@ShiratHayam.org
iShir
Children’s Music at Shirat Hayam

Schedule:
Hazzan Katan: Every other Wednesday morning in CSH Preschool
iShir Katan: Every Wednesday, 3:15-3:45 pm
iShir: Every Wednesday, 3:45-4:30 pm
See descriptions on the previous page.

For more information or to sign up for iShir, contact: CantorElana@ShiratHayam.org

Save the Date! September 22...
Farm Day
Greetings!

As we write this, we are preparing for our first board meeting of the year. It’s a very exciting time for us to take the helm at Shirat Hayam. We’re looking forward to building on the success of our predecessors and taking CSH to a new level.

We don’t want to compromise on the quality of education, services and programs that you have become accustomed to. To that end, with our strong backgrounds in business, we will be looking to develop additional sources of income that can sustain us and allow us to reach greater heights.

Nothing happens in a vacuum. We have an incredible line-up for our board of directors and a professional staff who are ready to roll up their sleeves and make things happen! We are hoping we can rely on your support too. Please contact one of us or our CEO, Bob Krentzman, with any thoughts and constructive ideas you may have. After all, we’re all part of the Shirat Hayam family and working toward a common goal.

We look forward to seeing you at CSH. Have a safe and enjoyable summer!

David and Joe

Leadership@ShiratHayam.org

Give My Regards to Broadway

Wednesday, July 10 - 7:30 pm

The American Musical Theatre, viewed by most as the quintessential American art form, actually finds its roots in the Eastern European Jewish experience: from Second Avenue Yiddish Theatre, to Irving Berlin’s celebration of mainstream America, to Kander and Ebb’s overt portrayal of anti-Semitism during the Second World War. Join Cantor Elana as we explore the evolution of the American Musical Theatre: its history, its stories, and its music. Dessert will be served.

This is the final of the 3-part series. Cost: $15.00/person if you have not registered. RSVP before July 8 to CSH@ShiratHayam.org or 781.599.8005
Fiscal Responsibility is a Team Effort

As we enter into our fiscal year with our new Executive Committee and Board of Directors, a very high priority is to understand how we can maintain our high levels of programming, services and expectations...our “culture” while, at the same time, challenging ourselves to be fiscally responsible to our financial status.

Through our LEV Initiative, we have begun to communicate costs, experiences and results of some of our major expenses...did you know that...

- It costs $750/week, $39,000/year to provide our Shabbat Synaplex experience?
- Shabbat Café Luncheons cost $2,000/week, $100,000/year to purchase, prepare and serve
- CSH subsidizes each student’s tuition by $1600/student, $270,000/year, because we are committed to offering a quality Jewish education program to our children?
- It costs in excess of $70,000 a year to keep our programming dynamic, diversified and vibrant.

We have no intentions of altering our identity or your expectations but, we know for sure, it will take a team effort to minimize our costs while maximizing the experience. We thank you in advance for your support and understanding.

While it is extremely important for us to review costs, it is also our responsibility to bring in revenues through multiple venues and opportunities.

I am very excited to present my “CEO 5 Initiatives Plan towards Building Revenue”:

1) Collections of past due commitments (being a Member in Good Standing gets you Membership Privileges including HHD ticket purchases)
   - Asking our CSH Family to confirm its commitment to our Shul to insure our ability to operate effectively.
   - Reaching out for new members/families
   - Bring in a new member and get 1 HHD ticket for yourself at no charge!!

2) Reduction of expenses...keeping quality/service and expectations at today’s level and beyond:
   - Review all contracts: Trash 52% savings...thanks Barri
   - 20% savings of office/janitorial supplies...thanks Marylou
   - Review cost of all programming/services
   - Conducting full Energy Audit of our facility
   - Our Student Internship Program: 3 interns!!

3) Fundraising:
   - LEV - 2 years in excess of $300,000!!!
   - Night on the Riviera - November 2nd
   - Textile project - start saving your clothing and textiles (such as sheets, drapes, pillows, handbags, belts, soft toys) “it’s about the weight not the quality.” Save the planet and help CSH raise funds...more info to come!!
   - CSH directory - ABC/Professional/Class info
   - Misloach Manot for Purim (we hope to start an annual tradition here at CSH)
   - "The Generations of Shirat Hayam; A Portrait of a Congregation “…an AMAZING project with tremendous opportunity for CSH.
   - Music venue-coffee house-Jewish and secular music and artists w/ beer and wine tasting

4) Recurring revenue entrepreneurial initiatives:
   - North Shore Shuttle: Swampscott to Boston and back!!!
   - Legacy Project - Electronic Memorial Board
   - Living Will Project

(continued on page 11)
Leslie Rooks Sack, Preschool Director

As our school year came to a close we, once again, donated food to the Jewish Food Pantry from money collected all year as part of our Preschool’s annual Tzedakah program. Our Preschool children so generously brought in coins each Friday to add to their individual Tzedakah boxes. This year we are so very proud to announce that we collected over $500.00! What a wonderful lesson in giving for all of our Preschool children!

We are all having so much fun at Summerthing Camp! How lucky we are to be able to utilize our beautiful backyard – as it as been happily transformed into all things CAMP!

Please know there are limited openings available for our 2013-2014 school year, with extended PlayCare (daycare) options, beginning at 7:30 a.m. – 6:00 p.m., all year long, for children ages 3 months to 5 years. Please see me for more details.

Leslie

Preschool Programs

- INFANTS ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- MAGIC MOMENTS ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- TODDLER MOMENTS ~ a program for toddlers 17 months and up.
- PRESCHOOL ~ classes for 3, 4 and 5 year-olds
- TRANSITIONAL CLASS ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

Shabbat with Rabbi B, Cantor Elana, Cantor Emil and Marcy Yellin

Hazzan Katan with Cantor Elana

Hebrew with Rachel Jacobson

Music with Dara Vanreemoortel

Daily Lunch Options, including Spanish, and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for CSH members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack, 781.598.3311, or email: Leslie@ShiratHayam.org
Shalom Chaverim:

It is summer, and time to visit the beach, the relatives, and take a deep breath or two. We get to recharge, renewing ourselves and remembering what it is like to be outdoors – especially since here in New England we spend a lot of time indoors!

It’s also a great time for us to just think… a luxury that is often a scarce commodity. We are thinking a lot here in the CJE. Our brand new community relationship with Combined Jewish Philanthropies (CJP) in Boston has opened many new doors for us – especially in areas of Jewish Education.

I am very excited to share two of the fruits of this new partnership: collaborations with CJP, Hebrew College, and Prozdor Hebrew High School. I will share the details of these collaborations and initiatives as they develop.

First, we have been chosen by Hebrew College as one of three congregations throughout the greater Boston area to create and pilot ‘Project Based Learning’ through the Congregational Education Initiative funded by CJP. We will be meeting with two other congregations, Hebrew College professors, and specialized consultants to develop this approach for our CJE. I will share more about PBL and how it works as we progress through the year.

We are also thrilled to be working with Prozdor creating new and innovative learning opportunities for our grade six and seven students centered around the Bar/Bat Mitzvah experience, and for grade eight through twelve students with teens from all over the North Shore.

REGISTRATION is open now!

Center for Jewish Education
Congregation Shirat Hayam of the North Shore
Student and Family Information 2013-2014 /5774

You can register by:
• Sending us an email asking for forms: cje@shirathayam.org
• Going to www.Shirathayam.org and clicking on the registration forms link under SPOTLIGHT
• Picking up a form on the table outside the CJE office

Don’t miss out on the North Shore’s premiere Shabbat learning experience …

EARLY BIRD REGISTRATION DISCOUNT EXTENDED to July 15, 2013 - $75.00 per child discount
ME’AH
100 HOURS. 2 YEARS. INSPIRED JEWISH LEARNING.

For busy adult learners: explore core texts from the Hebrew Bible, and from the rabbinic, medieval and modern periods.

Classes begin in the fall of 2013.

REGISTER NOW FOR A NORTH SHORE CLASS!
North Shore Collaborative meeting at Cohen Hillel Academy
(Temple Emanu-El, Temple Sinai, Cong. Shirat Hayam, Cohen Hillel Academy, JCC of the NS)

Wednesdays, 7:00 - 9:00 p.m.

Contact:
Rabbi David Meyer, meah.northshore@gmail.com, 781-631-9300

Register now at: www.hebrewcollege.edu/meah.

An adult learning program of
HEBREW COLLEGE
CJP

CSH ~ 55 Atlantic Avenue, Swampscott, MA 01907 ~ 781.599.8005 ~ Fax: 781.599.1860 ~ www.ShiratHayam.org
A note to all the teens and parents that I have worked with this year:

It has been a wonderful year with each and every one of you! I want to thank you all for your never-ending show of support and encouragement for SMARTY YAiSH programs and activities. It has been an absolute pleasure having social, community service, Judaic, and other events with our teens and pre-teens, and I don’t think I could have asked for a better support network than the parents here in the North Shore!

I know many of you wish to know where it is I am heading to next, but the truth is that I am writing this before I have even made my decision. Of course I will make sure to pass along a message to Jed and the Congregation Shirat Hayam staff as soon as possible with my final decision.

It is my hope, though, that I will stay in close contact with this amazing community as we all move forward, and I can’t wait to hear about the adventures each SMARTY YAiSH teen goes through as they finish middle and high school, college, and beyond.

Thank you all for a fantastic 2012-2013 school year, not for me, but for the next generation of Jews in the North Shore.

Sincerely,

Richard Gordon
SMARTY YAiSH Youth Director
2012-2013

SMARTY YAiSH is the collaborative Jewish youth group of Temple Emanu-El, Marblehead, and Congregation Shirat Hayam, Swampscott. We provide youth programming for Jews in grades 6 - 8 (Jr. SMARTY YAiSH) and 9 - 12 (SMARTY YAiSH).

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(Bob Krentzman, continued from page 7)

- Shulcasting/Sagecasting project: “spreading the CSH word”!!
- Facility rentals/catering
- Our 2 beautiful cemeteries

5) Internal initiatives to bolster CSH participation and revenues by partnering with our community colleagues

- Preschool, now with extended hours, has become a 51 week 7:30AM-6PM (including infants) - now in its 2nd year
- Summer Camp with Camp Menorah and the JCC (planting the seed of “outside the box thinking” type programs)
- Camp Limud with Camp Menorah
- Kid’s Kehila with Camp Menorah
- Reciprocal dues program with the JCC

From my family to yours, we wish you a wonderful summer and look forward to seeing you soon @ CSH.

Thank you all for your passion, commitment and dedication to our Shul… our goal is always to make CSH a place where children, parents, grandparents WANT to be, NOT HAVE to be.

YACHAD...TOGETHER we can...together WE WILL!!

Bob
Marla Gay, Director

Ma Nishmah? What’s Happening?

Summer. Relaxing, quiet time to reflect and slow down the pace; lazy days... Are you kidding me? Summer at CSH is planning time for the upcoming year. We’re in full activation mode - preparing for the High Holy Days to make your experience the best that it can be.

We are also planning additional programming and changes for Shabbat. Did you know that we’re the only synagogue on the North Shore that has services twice a day? It’s a true testament to the dedicated people who support our daily minyanim. We are initiating a change on Shabbat afternoon to make the minyan experience even more communal. Instead of having a 6:00 mincha or ma’ariv minyan, we will run mincha at 1:30 pm on Saturdays after our new learning experience. We will no longer have a 6:00 pm minyan on Saturdays, beginning August 10.

What new learning experience on Saturdays, you ask? At 12:30 pm, bring your dessert to the designated space for the opportunity to learn with the rabbi, cantor, Jed and special guests throughout the year. This mini-plex to follow Synaplex will consist of community Birkat Hamazon, learning about different topics in Judaism beginning with High Holy Day preparation with Rabbi B and Cantor Elana, then 1:30 mincha minyan. As always, come for part or all! This will be a weekly experience that extends our Shabbat time together. What a wonderful celebration of the Shirat Hayam community.

More details about Saturday afternoon mini-plex can be found on page 21. I look forward to spending Shabbat afternoons with you!

Have a wonderful and safe summer!

L’hitraot,

Marla

B’ruchim HaBaim ~ ברכהทะים הבהים

Welcome to the newest members of the Shirat Hayam family:

Nancy Epstein Kerins and Bowen Kerins
and Aaron
>
Pearl and Maurice Greenbaum
>
Gay Porter
>
Amanda French and Noah Rosen

Nathaniel and Lucas
Anniversary Shabbat

Every year at CSH we have an Anniversary Shabbat for those celebrating milestone wedding anniversaries (multiple of 5 years).

It is a wonderful event where each couple has the opportunity to renew their vows. This year, the program will be held in the fall. If you are celebrating (or have celebrated) a milestone anniversary in 2013, please make sure we have the date in our system.

Please call Marylou at 781.599.8005, Ext. 10 or email CSH@ShiratHayam.org with your date and YEAR.

Save the date of October 18 for this year’s celebration!

SPAM

No, not the non-kosher luncheon meat, the email type of SPAM... (just wanted your attention!)

We frequently get SPAM messages in our email boxes here at CSH. Sometimes, it can be a message from a friendly source, but an attachment or name on the email doesn’t make it through our tight internet security.

If you ever send any of us an email and don’t receive a timely response, please call and let us know. Your correspondence is important to us and we want to make sure we’re responding properly.

Thank you.

Kvelling... Family Announcements

Ricki Meyer, daughter of Karen and Mark Meyer and granddaughter of Barbara Meyer, received her Masters degree from Harvard University

Liane and Bob Biletch’s son, Eli, became a bar mitzvah

Melissa and Scott Kaplowitch’s daughter, Averi, became a bat mitzvah

Marc and Bob Alperin’s daughter, Livia, became a bat mitzvah

Maril and Harry Epstein’s daughter, Ellen, married Hilik Vilenchik

Shelby Rose Urman, daughter of Kate and Dan Urman, granddaughter of Anne and Bob Selby and great-granddaughter of Harriett and Ralph Kaplan, was named at CSH

Beverly Kahn’s son, Jonathan, married Lucia Alvarado

Dr. Steven Baratz’s son, Dr. Michael Baratz, married Dr. Yue-Yung Hu

Diane Levin’s son, Adamo, graduated from Suffolk Law School

Marcy and Ben Yellin have a new granddaughter, Talia

Jaclyn Yellin (pictured below with her parents).

Chantal Gil (pictured above), daughter of Desiree and Arze Gil and granddaughter of Bery and Robert Sanford, received her Masters degree in Mental Health Counseling and Behavioral Medicine from Boston University.

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish... you get the idea! Share your joy with your CSH family... let’s kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.

If you would like to have a card sent to any of the families listed above in honor of their life cycle events, you may make donations online at: www.shirathayam.org or mail your check (minimum $10) payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907, listing the occasion you are honoring and how you prefer to have the card signed.

Thank you.
Thank you to our Benefactor Members* for supporting Shirat Hayam with gifts of $1,800 above dues:

    Arthur Epstein
    Linda and Ralph Epstein
    Anita Rimer
    Anne and Robert Selby
    Amy and Nate Dalton
    Harriett and Ralph Kaplan
    Karen and David Rosenberg

*as of June 14

---

Shabbat at the JCC Pool!!

Join Rabbi B and Cantor Elana

on Friday, August 9th

5:00 - 7:00 pm

Kabbalat Shabbat - Bring or buy your picnic supper* and then swim till 7!

*you can pre-order your supper at the JCC by calling the Poolside Cafe at 781.576.9361 or by emailing: marlaspoolsidecafe@comcast.net

RSVP to the JCC: 781.631.8330 - Everyone welcome!
Shalom from Gan at Shirat HaYam!

We have something to smile about!

The sun is out, the rain is here, and our garden is really growing!

On Sunday, May 19th, a wonderful group of volunteers met at 9 am and planted our first garden at CSH.

We got dirty and learned new ways to grow vegetables and fruits; we shared laughter and friendships.

There was a shared interest in seeing our garden grow to give back to the land, to explore nature, and join together as a community.

We hope you have time to see the new beds and very happy plants growing in the back of the synagogue.

We always welcome donations to help our CSH garden to grow!

**For more information, contact:**

**Ariela HaLevi and Jill Goodman, CSH Community Garden Co-chairs**

garden@shirathayam.org

---

Hi my name is Ian Kane and my Bar Mitzvah is September 21, 2013. My mitzvah project is helping with the community organic garden.

I would like to thank everyone who has donated their time or supplies to the organic garden. We currently have 5 beds and have already started to see our first strawberry!!

We would like to keep the garden growing and need the following supplies:

- Cages to support tomato plants
- Wood
- Organic soil
- Cash donations always welcome.

We would like to build some benches for seating around the garden area for everyone to enjoy.

Thank you again for your help and support!!
Shabbat Experience @ CSH

Summer Shabbat Schedule
July and August 3 - Renewal and Traditional services with Cantor Elana and Cantor Emil. Guest D’var scholars.
   No babysitting, Nosh & Drash or Yoga.
August - Full Synaplex™ resumes on August 10

CJE Limud Resumes in September - Have a great summer!

Traditional and Alternative Service Schedule
beginning August 10

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Greg Coles</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
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<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

For Everyone - Main Sanctuary

11:45 am - noon

Ruach Rally
Concluding prayers and Kiddush/Motzi

Community Shabbat Café at noon

12:15 pm - Kids’ Kehilla Lounge

NEW!
Beginning August 10

12:30 Mini-plex Lunchtime Learning - see page 21 for more!

1:30 Mincha Minyan
Attire is casual.
We practice radical hospitality.
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’suekei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer, and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Magic Minyan - 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (Preschool age and under) is held on the second Saturday of the month.

D’var Torah Guests

July 6 - Cantor Emil; 13 - Dr. Wayne Trebbin; 20 - Michele Tamaren; 27 - Doug Swaffield

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the hall with the following guest scholars for August:

10 - Rabbi Ken Weiss; 17 - Rabbi Ken Weiss; 24 - Rabbi Howard Kosovske 31 - Rabbi Ken Weiss

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am; Monday - Thursday evenings: 7:00 pm; Sundays and July 4th: 9:00 am and 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule) Saturday evenings: 6 pm through August 3. Beginning August 10, Saturday afternoon service will be Mincha Minyan at 1:30 pm.

Candle Lighting

July 5 - 8:06; 12 - 8:03; 19 - 7:59; 26 - 7:53

August 2 - 7:45; 9 - 7:36; 16 - 7:27; 23 - 7:16; 30 - 7:04
Condolences, Well Wishes & Donations

We mourn the passing of our members
Frank Sternberg
Polly Glosband - School
and extend our deepest sympathy to their family and friends

Send us your information. If you, or someone you know is in need of healing, let us know. We would rather hear from several different people. Please don’t assume someone else has notified us.
Send your information to: CSH@ShiratHayam.org

Any donation made after June 15 will appear in the October Wave.

RABBI’S DISCRETIONARY FUND
In appreciation of the service for our beloved Ava when she received her Hebrew name
by Ann Kazer
A donation has been made
by Matthew and Allison Swartz

In memory of:
Mother, Tilda Harris
by Stephen Harris

CANTOR EMIL’S DISCRETIONARY FUND
In appreciation of the preparation of Alex and Griffin as they became B’nai Mitzvah
by Judy and Harold Kramer
In honor of Cantor Emil being given an Honorary Doctorate of Music at the JTS
by Linda Sue Sohn; Sylvia Reyman; Natalie White; Eli Talkov; Ed Knopf; Bea Strome; Joel Cohen; Deanna Cooper; Diane Levin; Joan Rich; Arlene Leventhal; Roz and Sandy Levy; Carolyn Perlow; Michael Cohen; Murray Goodman; Madeline Stark; Donnie Hurwitz; Steve Levy; Carl Shalit; Pablo Schapiro; Larry Feffer; Rhonda Preman; Lois and Bobby Kaplan; Beverly Kahn and family; Ellen and Dick Alexander
In memory of Larry Gradis
by Marsha and Larry Feffer
In honor of Jerry and Lois Ogan’s grandson, Brian Farnsworth’s engagement
by Leslie and Bob Ogan

In Memory of:
Father, Izea Burdin
by Bery Sanford
Mother, Ida Sevinor
Sister, Dorothy Rubin
Father, Ralph Sevinor
by Phil Sevinor
Mother-in-law, Minnie Perlow
by Carolyn Perlow

In Memory of:
Father, Izea Burdin
by Bery Sanford
Mother, Ida Sevinor
Sister, Dorothy Rubin
Father, Ralph Sevinor
by Phil Sevinor
Mother-in-law, Minnie Perlow
by Carolyn Perlow

In Memory of:
In honor of Ben and Marcy Yellin becoming new grandparents to Talia Jocelyn Yellin
by Shari Losanno and Nancy Terranova; Leslie Sack and Debbie Leibowitz
In memory of Arlene Rosen
by Charles and Linda Antonio
In honor of Averi Kaplowitch, daughter of Melissa and Scott Kaplowitch, becoming a Bat Mitzvah
by Leslie Sack
In honor of David Rosenberg being installed as Co-President
by Karla and James Gwinn
In joyous celebration of the marriage of my son, Jonathan, to Lucia Alvarado
by Beverly Kahn

In memory of:
Grandmother, Lena Lipsky
by Beverly Kahn
CENTER FOR JEWISH EDUCATION FUND

In honor of David Rosenberg’s presidency
  by Sonny and Beverly Shapiro
In honor of the birth of Marcy and Ben Yellin’s granddaughter, Talia
In honor of Jed Filler with thanks for all that he does
  by Arthur and Cheryl Schwartz

GENERAL FUND

In honor of our grandson, Ben Z. Abramson
  by Barbara and Sid Abramson
In honor of the 60th wedding anniversary of Harold and Janice Cohen
  by Kenneth and Gayle Stoll
In honor of Ida and David Goldberg’s 65th wedding anniversary
  by Mark, Karen and Ricki, Meyer, Mara and Jon
In memory of Millie Gladstone
  by Frances Shuster and family
In memory of Bernard Siskind
  by Joanne and Ed Smith
A donation has been made in appreciation of Congregation Shirat Hayam
  by Shirley Rosen
In honor of the wonderful Torah reading our daughter, Cindy Bailen, did
  by Grace and Al Newman

SAMUEL BRODY MINYAN FUND

In memory of Madelyn Stark’s former husband, Larry Gradis
  by Sylvia and Norman Revman
In memory of:
  Mother, Lottie Morrison
    by Joel Morrison
  Wife, Selma Rudolph
    by Louis Rudolph
  Grandfather, Philip Brodsky
    by Robert Cooper
  Father, Herman Talcove
    by Jane Alexander
  Mother, Sylvia Collier
    by Debra Comins
  Father, Samuel Shectman
    by Shirley Shulman
  Mother, Ida Epstein
    by Arthur Epstein
  Father, Philip Brenner
    by Beverly Shapiro
  Mother-in-law, Esther Kline
    by Susan Kline
  Father, Boris Kentor
    by Roz Levy
  Father, David Calish
    by Ruth Weiss
  Mother, Naomi Posternak
  Aunt, Ann Goldstein
    by Myra Gulko
  Father, Henry Lesser
    by Susan Cohen
  Father, George Cohn
    by Amy Cohn
  Mother, Sadie Colls
  Grandmother, Doris Colls
    by Mildred Finkle
  Mother, Rosemary Hamelburg
    by Stephen Hamelburg
  Husband, Sherman Kramer
    by Esther Kramer
  Mother, Miriam Katzen
    by Steven Katzen
  First Wife, Gloria Barbanel
    by Henry Barbanel
  Mother-in-law, Sara Bean
    by Marjorie Bean
  Father, Philip Kagan
    by Robin Cooper
  Mother, Sadie Addis
    by David Addis
  Father, Louis Goralnick
    by Marlene Goldstein
  Father, David Levine
    by Michael Levine
  Father-in-law, Benjamin Zalkind
    by Herbert Goldberg
  Father, Irving Kaplan
  Sister-in-law, Mollie Wyner
    by Sandra Shalit
  Mother, Ida Goodman
    by Murray Goodman
  Father, Morris Gilefsky
    by Ronald Gilefsky
  Cousin, Jerry Gilman
    by Janice Rosenfield
  Mother, Estelle Novick
    by Betsy Goldberg
  Father-in-law, Jack Safer
    by Gerald Bornstein
  Mother, Mary Daniels
    by Ann Landau
KIDDUSH FUND
In honor of the B’nai Mitzvah of Alex Finer and Griffin Kramer
by Charlotte and Donald Fine
In honor of Georgie Sawyer’s granddaughter’s graduation from college and get well to Georgie
by Sidney and Beatrice Strome
In honor of Barri Stein for all that she does
by Marilyn and Cy Fishman
In honor Bob and Marci Alperin’s daughter, Livia, becoming a Bat Mitzvah
by Ellen and Dick Alexander

In memory of:
Brother-in-law, Thomas Goodman
by Thelma Gibbs
Mother, Ida Epstein
by Ralph Epstein
Mother, Ethel Freiman
by Steven Freiman
Mother, Ida Katz
by Stephanie Cohen
Father, Solomon Cohen
Mother, Rhoda Cohen
Niece, Nancy Straka
Aunt, Marigold Levy
by Joel Cohen
Nephew, Richard Bondy
by Phyllis and Jack Karas
Father, Frank Garron
Mother, Elaine Garron
by Sondra Kupersmith
Father, Herman Medoff
by Jeslyn Medoff
Mother, Alberta Epstein
by Harold Epstein
Brother, George Rich
Mother, Dora Rich
by Murry Rich
Grandfather, Julius Leamon
by Joan Rich
Grandmother, Shirley Marmor
by Lisa Mulman
Father, Harry Biletch
by Robert Biletch
Father, Jacob Habin
Mother, Sonia Habin
by Dorothy Katz
Brother, Arthur Dinerman
by Gerald Dinerman
Mother, Beatrice Kantor-Gray
by Fran Walker
Father, Jack Frank
by Lee Henson
Mother, Frankie Kaplan
by Sandy Weiss
Husband, Saul Gold
Grandfather, Louis Lieberman
by Enid Gold
Wife, Anne Cashman
by Marvin Cashman
Mother, Dora Weinstei
by Reva Surette
Father, Max Walker
by Robert Walker
Wife, Blossom Bornstein
by Gerald Bornstein

HENRY MERKEN TALLIT MEMORIAL FUND
In honor of my grandson, Chris Merken, for the three congressional honors he has received
by Elaine Merken

TREE PLANTED IN ISRAEL
In honor of Yosef Bevilacqua
by Norma Finn
In honor of the marriage of Mr. and Mrs. Ronnie Glick’s daughter, Halie
by Audrey and Michael Baizen
In memory of Berna Berger
by Saul and Sylvia Lipnick

HOWARD STEVEN FEFFER SCHOLARSHIP FUND
In memory of:
Brother, Howard Feffer
Aunt, Marion Feffer
by Lawrence Feffer

BURT SHEPARD SCHOLARSHIP FUND
In honor of Eli and Muriel Talkov’s granddaughter, Ara’s high school graduation
In memory of Jeff and Sandy Hirshberg’s daughter, Leslie’s high school graduation
In honor of Diane Levin and Stephen Hicks’s son, Adamo’s law school graduation
by Natalie White
In memory of the graduations of Sophie and Rosie Polins
by The Drooks Family

In memory of:
Father, Joseph Shain
by Ruth Rood
Mother, Dorothy Zemel
by Stanley Rich
**Shabbat Synaplex Expands to Afternoon “Mini-Plex”**

The Shabbat Community at Shirat Hayam continues to grow. After lunch, people linger until 1:30 or later. What a perfect time to expand our learning. Beginning August 10, at 12:30, join us at the designated space with your dessert and learn with us. The lunchtime learning will continue throughout the year in alternating 3-week sessions with Rabbi B, Cantor Elana and Jed Filler. The fourth session will be reserved for a guest from the community.

Each session will begin with the Birkat, blessing after meals. We will take a few moments to reflect on the good fortune we have for breaking bread with our community. From 12:45 to 1:30, the learning session will take place and be followed by the short mincha service at 1:30 (see below). Like morning Synaplex, come for one, some or all!

August: Rabbi B and Cantor Elana will be team teaching “High Holy Day Preparation.”

After the High Holy Days, our learning will continue with Jed Filler teaching “Bible Basics.”

November’s classes will be with Cantor Elana teaching Tefillah - the meaning behind the words of prayer.

December, Rabbi B teaches... you get the idea.

Many people have asked for a basic Judaism course because either they have had no formal Jewish education, or they don’t remember their lessons from Hebrew school. No prior knowledge of Judaism or Hebrew required. If you have questions on these topics, here is your opportunity to ask. As the year goes on, the topics will become more in-depth. Some of our topics for the year will include: Shabbat, Life Cycle Events, Passover Preparation, Israel and Tanach.

Mini-Plex is open to the community and will be casual. Come anytime to any class.

More details and a full schedule will be available soon. Mini-Plex topics and instructor will be posted monthly in the Wave and in your weekly email ‘This Week @ CSH.’

**Saturday Afternoon Minyan Change**

Did you know that Shirat Hayam is the only congregation on the north shore to have a minyan twice a day?
WHY? Each year tons of clothing and textiles are dumped in the trash, costing residents money. When you donate or recycle clothing, your green efforts help the environment and everyone saves money.

HOW? WHERE? Donate your clothing to a reputable charity or visit the SMART website www.SMARTasn.org to find out where donation bins are located in your area by typing in your zip code in the “Find a Recycling Location” section. All clothing and textiles in ANY condition that are clean and dry can be recycled.

WHAT? 🌟 ACCEPTABLE ITEMS: All types of used clothing, footwear & household textiles. Items such as: shirts, pants, sheets, drapes, pillows, handbags, belts, soft toys and footwear.

🌟 NON-ACCEPTABLE ITEMS: Carpets, rugs, mattresses, bric-brac, oil rags, wet or mildewed articles.

SMART (Secondary Materials and Recycled Textiles Association) and CTR (Council for Textile Recycling) invite you to Donate, Recycle, Don’t Throw Away.

A trailer or bin will be in the CSH parking lot in July!
Don’t throw away your clothing and textiles! Drop them off at CSH.
You know you’ll have worn beach towels at the end of the summer...
This is an easy fundraiser for CSH and it costs you nothing!

Start Saving!!
All of the following can be donated in any condition as long as it’s clean and dry.

- Pants
- Shorts
- Shirts
- Pajamas
- T-Shirts
- Jerseys
- Sweatshirts
- Sweatpants
- Sweaters
- Jeans
- Dresses
- Skirts
- Coats
- Jackets / Suits
- Undergarments/bras
- Flip Flops
- Boots
- Shoes
- Slippers
- Belts
- Ties
- Purses
- Hats
- Socks
- Pillows
- Bedding: comforters, sheets, pillow cases, blankets
- Curtains/Draperies
- Table Linens
- Stuffed Animals

Remember: In any condition, 95% of all textiles can be recycled or reused!

A bin will be in the CSH parking lot through September. Please drop off your used items. To our seniors: if you have items that are just too heavy to shlep, give us a call. We’ll send someone to pick them up!

Our goal is to collect 40,000 pounds!!
Brotherhood

As I wrap up my presidential term, I am proud to announce the new slate of Brotherhood officers:

President: Brian Cohen
Secretary: Max Sontz
Treasurer: Don Hurwitz

This past year, Brotherhood has accomplished an enormous amount of endeavors, especially considering that we are a group of men with busy day-to-day lives, careers, families, and other community involvement. Our initiatives have included fun, learning, and mitzvah projects, involving men of all ages.

I would like to take this opportunity to thank the people who have contributed their time and effort to Brotherhood, many of whom I have had the pleasure of knowing solely through our ties with the group:

Brian Cohen, Vice President for the past year, has been the driving force behind our very successful Poker Nights, as well as our curb-painting project. Brian has an infectious personality, which helps us attract new members, and serves to galvanize enthusiasm for Brotherhood initiatives. Brian has been a valuable resource for all things Brotherhood, and a good friend.

Max Sontz, Secretary for the past year, single-handedly organized this year’s Christmas meal delivery. Max is largely responsible for the success in our now-regular Poker Nights, and has been quite generous with his time, both in organizing and “on the ground” operations.

Don Hurwitz, Treasurer for as long as I can remember, can be found at all of our events, whether behind the scenes preparing, collecting money at the door, or schmoozing with the guys. Don has been responsible for allocating our funds, and is a long-time scholarship committee member.

Gary Insuik, a.k.a. “Mr. Brotherhood,” is the heart and soul of Brotherhood. Gary can be found cooking his signature potatoes and breakfast before our morning events, and is usually the first to enter and the last to leave the building. An innovative man, Gary created and chaired our brand new Monday Night Football events, complete with dinner and beer every week.

David Fink, the lead greeter during the High Holy Days, is an integral member of Brotherhood. This past year, David created the first ever disaster prevention plan for our High Holy Day ushers. David recently served on our annual scholarship committee.

Burt Shepard is the man for whom our scholarship is named. A legend in his own time, Burt’s vast knowledge and experience are an asset to the Brotherhood.

Steve Ross put in dozens of man-hours last year in supporting the Tour de Shuls, our bicycle ride to raise money for special needs camping. Steve is a long-time Brotherhood regular.

Herb Goldberg, long-time Brotherhood member, can regularly be found at our meetings and events. Herb captures our memories, as Brotherhood’s official photographer.

Joe Henson, immediate past president for four years, served an example for my presidential term. Joe set the tone for collaborating with other Jewish groups on the North Shore.

Ed Smith, a long-time Brotherhood regular, is always willing to lend a hand. Ed can be found at most of our events, and recently served on our annual scholarship committee.

Ron Pressman, former president and Brotherhood regular, recently served on our scholarship committee. Ron helped to create a fall event with Temple Emanu-El, the Jewish Heritage Society, and the Jewish Community Center. Ron nominated me a year ago for this position.
(Brotherhood, continued)

Eddie Knopf, since his return from New Orleans, is once again a Brotherhood regular. Eddie often volunteers to help with Brotherhood initiatives and is a staple at our meetings and events.

Joel Langsam, fairly new Brotherhood staple, led our High Holy Day ushering initiative last year, and was an important part of our scholarship ceremony.

Chris Hockert has been a willing and able Brotherhood contributor, utilizing his abilities to tackle our technical needs, and making a big impact on our mitzvah projects. Chris currently serves as Brotherhood chair of the CSH garden project.

Jason Stark has entered the Brotherhood “regular” status over the past year. Jason has put his stamp on a number of our volunteer efforts, notably our curb painting and garden project, and was the featured speaker at our scholarship ceremony this spring.

Joe Selby has generously supported Brotherhood events with donations from Kappy’s.

Ben Yellin brought us Tour de Shuls a year ago, a bicycle ride and family event to raise money for special needs camping. Brotherhood took the reins, and last year the event broke the event’s ridership record (over 100), and exceeded our fundraising goal.

The CSH staff, especially Marla, Barri, Bob, Rabbi B and Cantor Emil, has worked with us in planning events, figuring out logistics, and generally supporting the Brotherhood.

A good number of other people came out to volunteer for our curb painting, Christmas meal, High Holy Day ushering, and garden projects. There are too many names to fit here, although their efforts are greatly appreciated as well.

These descriptions are not necessarily all-inclusive, as I could fill up pages with the contributions of some of these men. Once again, thank you all for the opportunity to serve as President over the past year. It has been an absolute pleasure. Now, I will turn the bulk of my attention toward my law practice, young family and new home, as I move on to retirement – as president. See you at the next meeting!

Thank you,

Joe Simons

On June 11, Brotherhood held another successful Texas Hold ‘Em Poker Tournament!

Winners were:
First - Marc Dobrusin
Second - Burt Shepard
Third - Myra Garza
Bounty - Myra Garza
Chesed Committee
Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth
Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2012 Advertising Rates
Congregation Shirat Hayam Wave

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Holidays 5773/2013

July 16  Tisha B’Av
September 4 Erev Rosh Hashanah
September 5 & 6 Rosh Hashanah
September 13 Kol Nidre
September 14 Yom Kippur
September 19 Sukkot
September 26 Sh’mini Atzeret and Simchat Torah
November 27 First Night Hanukkah

Yahrtzeits

If you have a yahrtzeit during the summer and plan to say kaddish at CSH, please bring a friend or two. Help make the perfect “10” at minyan.
Introducing BostonShuttle.com. Congregation Shirat Hayam is proud to announce its affiliation with North Shore Shuttle - Be Driven Transportation Group in an effort toward a "greener commuter"; an initiative aimed at reducing gridlock.

Save time and increase productivity. Log on to BostonShuttle.com to book your seat. Park, Get on Board, Type, Text, Talk and Reduce Gridlock, for $15 each way or $25 a day!

Departing daily from CSH parking lot. Enter "CSH" under introductory offer and get your 1st ride FREE! For more information email us at info@BostonShuttle.com.
**Shabbat Café Sponsors**

*Thank you to the following for co-sponsoring the Shabbat Café in June:*

- Liane and Bob Biletch in honor of their son, Eli, becoming a bar mitzvah
- Melissa and Scott Kaplowitch in honor of their daughter, Averi, becoming a bar mitzvah
- Marilyn and Harry Epstein in honor of the marriage of their daughter, Ellen, to Hilik Vilenchik
- Marci and Bob Alperin in honor of their daughter, Livia, becoming a bat mitzvah

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

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**Todah Rabah**

*Thank you to the following for participating in services in June:*

- Torah Readers: Eli Biletch, Zachary Biletch, Liane Biletch, Bob Biletch, Averi Kaplowitch, Cindy Bailen and Deanna Cooper
- Haftarah Chanters: Eli Biletch, Averi Kaplowitch, Livia Alperin, Nancy Miller and Joan Rich

*If you would like to read Torah or chant a Haftarah, contact Cantor Emil: CantorEmil@ShiratHayam.org.*

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**CSH Minyannaires**

*Thank you to the following members for supporting daily services in June:*


*denotes service leaders

*We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.*

*Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.*
**CSH Book Club - Everyone’s welcome!**

7:30 pm on the following Monday evenings:

**Next season is set! Save these dates and get ready for your summer reading!**

<table>
<thead>
<tr>
<th>Date</th>
<th>Title</th>
<th>Author</th>
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<tbody>
<tr>
<td>September 16</td>
<td>The Secret Keeper</td>
<td>by Kate Morton</td>
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<td>October 21</td>
<td>The Language of Flowers</td>
<td>by Vanessa Diffenbaugh</td>
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<td>November 18</td>
<td>Light Between Oceans</td>
<td>by M. L. Stedman</td>
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<td>December 16</td>
<td>The Kitchen House</td>
<td>by Kathleen Grissom</td>
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<td>January 20</td>
<td>The Storyteller</td>
<td>by Jodi Picoult</td>
</tr>
<tr>
<td>February 17</td>
<td>I Am Forbidden</td>
<td>by Anouk Markovits</td>
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<tr>
<td>March 17</td>
<td>American Pastoral</td>
<td>by Philip Roth</td>
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<td>April 28</td>
<td>In the Garden of Beasts</td>
<td>by Erik Larsen</td>
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<tr>
<td>May 19</td>
<td>The Immortal Life of Henrietta Lacks</td>
<td>by Rebecca Skloot</td>
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<tr>
<td>June 16</td>
<td>The Chaperone</td>
<td>by Laura Moriarty</td>
</tr>
</tbody>
</table>

The CSH Book Club is open to the community - please join us.

For more information, email Becky Shepard at: shepardb@aol.com.

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**Spirited Sisters: Circle at the Sea**

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

The Sisters have wrapped up another successful year. Please mark your calendars for next year to join this wonderful program.

The Spirited Sisters will meet on Sunday evenings,

7:00 to 9:00 pm at CSH: 2013 - October 6, November 3, December 1
2014 - March 2, April 6, May 4

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.
Do a Mitzvah...
Drop off your gently used baby items to CSH from July 15th to July 29th!

Do you have infant & toddler items to donate?

Your donation can directly transform the life of a baby born into poverty.

Room to Grow's program provides parents with one-on-one parenting support and essential baby items to ensure their child's healthy and secure start in life.

Room to Grow accepts donations of new and gently used baby items in truly excellent condition, appropriate for newborns to age three.

Clothing to size 5T, Shoes, Toys, Books, Blankets, Sheets, Towels, Washcloths, Bibs, Strollers, High Chairs, Booster Chairs, Bassinets, Baby Carriers, Bouncy Seats, Swings, Play Mats, Exersaucers, Bathtubs, Potties, Feeding Supplies, Baby Proofing Items, Baby Monitors, Diaper Bags, CDs, Photo Albums, Baby Room Accessories

The following items are accepted new only:
Bottles, Cups, Nipples, Teethers, Baby Shampoo & Lotion, Diaper Cream, Baby Care Items, Breast Pumps & Accessories, Toothbrushes

Sorry, we cannot accept: (for reasons of safety, hygiene, or appropriateness)
Cribs, Baby Furniture, Car Seats, Car Seat Carriers, Diapers, Diaper Pails, Formula Baby Food, Stuffed Animals, Walkers, Bath Seats, Crib Bumpers, Maternity Clothing, Pregnancy Books, Sleep Positioners

Please, nothing stained, teethered on, worn in appearance, missing parts or in any way unsafe for young children.
There’s something for everyone at
UNO

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with All-You-Can-Eat Soup starting at $6.99 M-F ’til 3pm

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Get 30% off your meal every Wednesday (if you are at least 55 years young)
Excludes lunch specials and alcohol

Kids Eat Free on Tuesdays
One free item from the kid’s menu with each adult entrée purchased

For more information, contact us at 781-595-8667
970 Paradise Road, Swampscott MA

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Synaplex™ Open House
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The High Holy Days begin September 4th.
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Have them join you and see what the excitement is about.

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The Wave  CSH ~ 55 Atlantic Avenue, Swampscott, MA 01907  ~ 781.599.8005  ~ Fax: 781.599.1860  ~ www.ShiratHayam.org
Dear Preschoolers,

Thank you for the incredible job you have done donating tzedakah money each week for the Family Food Table. Your collection totaled 6,435 coins or $531.75! This bought a lot of food for many children and adults. You and your teachers should be so proud of this wonderful project.

Bette Shoreman
CSH Family Table Site Coordinator

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

You Can Make a Difference

The next community food distribution, which benefits more than 40 North Shore families, will be on Sunday, July 7th.

Although there will not be an August distribution, you may still leave food in the JF&CS bin located in our lobby. Watch for information in the High Holy Day Guide regarding a food collection that will take place on the High Holidays.

A special thank you to Cheryl Schwartz and the CSH preschool faculty and to the preschoolers and their parents for their support of a yearlong tzedakah project. A total of 6,435 coins or $531.75 were collected. $200.00 worth of food, along with several twenty-five dollar Stop and Shop gift cards, were purchased with this donation.

Thank you for your support.

Shalom,

Bette Shoreman, CSH Family Table Site Coordinator
Where: Congregation Shirat Hayam
55 Atlantic Avenue, Swampscott

When: Tuesdays, October 8, 15, 22, 29 and November 5 - 7:30 to 9:00 pm

Contact: CSH@ShiratHayam.org or 781.599.8005
CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
Ext. 14

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org
Ext. 12

Cantor Emeritus
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CSH Preschool

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Sherri Carne
Christine Dolan
Deana Filippiak
Sonia D’Oliveria
Marcy Furlong
Nancy Galber
Valerie Gilbert
Stefanie Gladstone
Wendy Lewis
Shari Losanno
Barbara Levine
Alison Michigan
Hallie Pica
Susan Roberts
Cheryl Schwartz
Rebecca Sontz
Marcy Yellin

CJE

Center for Jewish Education
CJE@ShiratHayam.org
Direct Line: 781.346.6075

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Ann Navon, CJE Program Coordinator
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CJE Staff:

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Phyllis Eidelman
Valerie Gilbert
Stefanie Gladstone
Lynne Greenberg
Halie Pica
Cheryl Schwartz
Daphna Shemesh
Rachel Shwartz
Julie F. Silver
Jason Stark
Beth Tassinari
Marcy Yellin

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Education

*Ellen Alexander,
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Michael Katzen

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Rebecca Neuman-Hammond
Brett Resnick
Austin Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
Josh Zeff

Our phone lines will be answered by voicemail between the hours of 1:00 and 3:00 pm. To reach a staff member, you may dial extensions.

Call the main line: 781.599.8005

When prompted, dial extension number.

Maintenence

Gus Ventura, Robert Monegro, Eridania Vicioso,
Yanira Romero, Cesar Rivas, Alex Santos, Juan Guzman
July
4 Thursday
9:00 am and 6:00 pm minyan
5 Friday
6:00 pm Kabbalat Shabbat
6 Saturday
Renewal and Traditional
10 Wednesday
Broadway and the Jews with Cantor Elana (Summer by the Sea Series). $15 RSVP
12 Friday
6:00 pm Kabbalat Shabbat
13 Saturday
Renewal and Traditional
16 Tuesday
Tisha B’Av
19 Friday
6:00 pm Kabbalat Shabbat
20 Saturday
Renewal and Traditional
21 Sunday
Summer by the Sea Tanglewood Trip
26 Friday
6:00 Kabbalat Shabbat
27 Saturday
Renewal and Traditional
July 24-28 Federation of Jewish Men’s Club’s Conference in Danvers

August
2 Friday
6:00 pm Kabbalat Shabbat
3 Saturday
Renewal and Traditional
Rabbi B returns
9 Friday
5:30 pm Shabbat at the JCC Pool with Rabbi B and Cantor Elana
10 Saturday
Shabbat Synaplex Resumes!
Minchah 1:30 pm; no 6:00 service. Please note this will be the Saturday schedule for afternoon minyan going forward.
16 Friday
6:00 pm Kabbalat Shabbat
17 Saturday
Shabbat Synaplex
20 Tuesday
7:30 pm CSH Board meeting
23 Friday
6:00 pm Kabbalat Shabbat
24 Saturday
Shabbat Synaplex
30 Friday
6:00 pm Kabbalat Shabbat
31 Saturday
S’ilichot

Rosh Hashanah begins Wednesday, September 4
Have you ordered your High Holy Day tickets yet?
Submissions for the High Holy Day “Book of Life” are due on July 19th. If you have not sent your submission to Barbara Dusseault yet (forms were included in your High Holy Day mailing), please honor the deadline. Any donations received after July 19 will be listed in the October issue of the Wave.
Thank you.
Experience the glamour of the French Riviera at Shirat Hayam

Save the date! November 2, 2013

Taste fabulous French inspired foods & wine
Try your luck at the Monte Carlo Casino
Bid on unique auction items and...
Dance under the stars.
Co-chairs: Andrew Caplan & Melissa Kaplowitch

For more information on how you can donate auction items, become a sponsor or get involved in Shirat Hayam’s fall fundraiser, contact Marla Gay, Director of Congregational Life: 781.599.8005, Ext. 27 or email: Marla@ShiratHayam.org