Don’t miss this concert! Note special pricing for CSH members!
Rabbi Baruch HaLevi

Adult Ed Collaboration

Ben Bag Bag says: “Turn it [Torah] over and turn it over, for everything is in it. Look deeply into it, and grow old with it, and spend time over it, and do not stir from it, because there is no greater portion.” (Avos 5:22)

In Judaism, there are three pillars upon which our tradition stands: God - Torah - Israel (Land/Community). One of the primary reasons the Jewish people have survived for thousands of years in the diaspora is in no small measure due to all of these, not the least of which is our love of, and commitment to, learning. CSH is thriving because of all three, but especially our pathways into Torah and a myriad of Jewish conversations.

To that end we will continue to offer education for all ages, but I especially want to focus on adult education for a moment. We have and will continue to offer many Torah study opportunities like:

- Nosh & Drash - weekly Shabbat Torah study
- The Living Minyan - weekly Shabbat Prayer study
- Age-ing To Sage-ing - bi-monthly Torah study/Jewish conversations for seniors
- Seasonal Series like our "Judaism through Art" or "Judaism and the Law."
- Scotch & Shmooze for men and Women & Wine for women - Jewish conversations about relevant topics and a whole host of other Jewish study opportunities, to be sure.

However, Adult Education is an ever-growing challenge. We live such busy, complicated lives - as congregants, both as lay leaders and participants, and for the clergy and Jewish professionals as well. We all need to make the most of our time, choosing wisely what we offer, what we get involved with, and help lead what we teach. Too often a good study/program opportunity on paper will simply fall flat in real time. As we continue to rethink our offerings, we also continue to rethink the model and challenge our assumptions; assumptions like: does adult Jewish education need to be something our respective synagogues and Jewish institutions offer separately?

In the words of Rabbi Yitz Greenberg, "we may not be able to daven together or eat together, but Torah is Torah and certainly we can all study together."

For years now we have been pushing collaboration with our fellow synagogues and Jewish institutions. We continue to partner with the Lappin Foundation on our Introduction To Judaism course. Now we collaborate with other synagogues and Federation on Torah Hub. And for the fall we are looking into more collaborative efforts, especially since we will be a part of CJP which offers so many more collaborative possibilities.

So as we move forward I encourage you to bring to us your ideas, your willingness to help create programs of study, your participation, and most of all, your open-mindedness, as we continue to re-invigorate Jewish life and learning through more classes, more creativity and more collaboration here on the North Shore.

Rabbi B

Watch for information about our new and exciting summer educational series... but that’s a subject for another day!

Florida

Rabbi B will be coming to Florida in February. If you are in Florida for the winter and have not changed your address with the office, please let us know. We want to make sure you get an invitation to the event!

Thanks - enjoy the winter!
To follow up on my December article regarding the use of T’fillin, we at Shirat Hayam, together with congregations throughout the United States and Canada, have set aside Sunday, February 3, for “our” First Annual WORLD WIDE WRAP. This is a wonderful way to learn how to or even refresh a skill that may have been forgotten. If you have a set of Tefillin (yours, your father’s or grandfather’s), please bring it along; if not, we will have a set for you. You can let me know you will join us if you need T’fillin.

BTW - Did you know that Tefillin is written on parchment by a scribe just like a Torah or Mezuzzah. On that morning we will have an opportunity to take a peek inside a set.
Cantor Elana Rozenfeld

Saul Kaye Concert at CSH

"Rarely does Jewish music produce an artist with both impeccable blues chops and the kavanah of a Hassid. Kaye fits that odd bill and we're better off for it." - Dan Pine, the J Weekly

I first heard Saul Kaye last year at Rick Recht's annual conference, "Songleader Bootcamp" and I was floored. We were watching a small concert of three up-and-coming, innovative and exciting Jewish music artists. The first two were fine... nothing special. And then, Saul approached the stage. Like the others, I had never heard of him before, so I did not expect much.

Until he started playing...

I had never heard anything like this. No, actually I HAD heard something like this... In the soulful voices of John Lee Hooker and Willie Dixon, but unfortunately not in the Jewish music world. Saul has been described as a cross between Muddy Waters and Shlomo Carlebach, and there is no more accurate portrayal.

Saul's skillful guitar playing and his powerful gritty voice were the first things that moved me. It would have been worth it to hear him only for his intricate slide guitar solos, his intensely physical African blues rhythms, and his hypnotic command of the audience. But that was not all that moved me. He also mesmerized me with the content of his songs. His music and lyrics create a seamless fusion of the Jewish and African American "tzurris" (troubles) that grew out of a common history of slavery and persecution.

He played a song called "Eliyahu" in which Saul actually became Eliyahu Hanavi (Elijah the prophet), expressing what must have been the internal conflict of Eliyahu:

"I've been exiled from my land by the Queen Jezebel, I've been wandering in the heat for days and days. I'm delirious in the desert, but the Lord has sent me food, two ravens with King Judah's plate.

And I don't know why I've been chosen; yes I don't know why I'm the one."

And at that moment, he concludes this psychological portrayal of Eliyahu with the familiar "Eliyahu Hanavi" melody that we all know from our Passover seders, our brisses, and our havdallah services.

I promise you all an exceptional musical and educational experience on January 12 when Saul Kaye joins us here at CSH. I urge you to attend.

Musically yours,
Cantor Elana
Concert for all ages!

Congregation Shirat Hayam presents

SAUL KAYE
THE PIONEER OF JEWISH BLUES

Saturday, January 12
7:00 pm
at Congregation Shirat Hayam
55 Atlantic Ave., Swampscott
781.599.8005

Tickets available at CSH
or online at: ShiratHayam.org

Tickets: CSH Members $10
Non-members $15
Students $8
At the door ticket price: $15

Rarely does Jewish music produce an artist with both impeccable blues chops and the kavanah of a Hassid. Kaye fits that odd bill, and we’re better off for it.

Dan Pine 3/29/2012 J Weekly

www.SaulKaye.com
The Wave

Robert A. Krentzman, Chief Executive Officer

Exciting Times Ahead @ CSH

2012 was an amazing year here at CSH and we are very proud of all the programs, events, clubs and services that occurred within our walls. There are so many people to thank and groups to acknowledge and without all of you, NOTHING would happen here. Our staff is committed to generating diverse, exciting, spiritual, social and educational programs, but if you do not get involved in helping with shaping and making the event happen, and certainly in participating, there would be no reason for us to work so hard to keep you engaged!! You are our fuel, our motivation and our incentive.

There are two particular programs that will begin in January that I would like to focus on in my article this month. Our Student Nonprofit Internship Program and our Kids’ Kehila Lounge!

So what is our Kids’ Kehila Lounge? Following our Limud Shabbat Program, from 12:15 – 1:15, YAiSH will be running our Kids’ Kehila Lounge in the downstairs multi-purpose room (MPR…aka the large playroom!!). On Shabbat mornings, when we finish our Limud Shabbat and Synaplex™, we all get to enjoy a wonderful lunch, as a community, in our Shabbat Café – and shortly after, our kids begin to play – here, there, and everywhere! We are so glad that they feel at home here in our building and want to help keep them safe. But we also want to give our adults some social time to enjoy… kid-free!!

Our Kids’ Kehila Lounge will be a supervised play area, run by teen leaders from CJE/YAiSH…it will be free play for kids, sometimes with a “theme” (group games/indoor basketball/soccer). Teens will be available to run games and activities, but we need PARENTS to help keep an eye out for safety issues and concerns. This program is under the watchful eye of our Youth Director Rich Gordon. It will give Rich the chance to meet up-and-coming YAiSH members and their parents and he is really looking forward to it!!

Shabbat is a time to build community here at CSH…for adults AND now for our children… experience our CSH Kids’ Kehila Lounge, where our kids make friends and expend their energy, and our adults can relax and enjoy time with their contemporaries!!

Next, we are extremely excited that we have five high school students from the CSH family that applied and were accepted into our Student Nonprofit Internship Program here at CSH!!

These students will intern with a member of our staff to help them gain valuable experience, by working in an office environment and performing tasks that take place in the multitude of areas of business that exist in any particular organization. This will also allow for our professional staff to utilize the student in performing daily activities thus giving the staff additional workable hours to extend and develop their job functions. It will bring the student closer to understanding CSH’s goals and visions, as well as the activities required to achieve them. The assumption is that this will lead to family discussion which in turn will expand the total family’s involvement/commitment and passion for our shul. The interaction, experience and satisfaction is a win for the student, our staff and the families who get an “insider’s look” into what make CSH such a fascinating place to be…for all that come thru our doors.

We look forward to having these wonderful young adults within our hallways and offices and watching as they become an integral part of TEAM CSH. Stay tuned for further updates on their progress!!

From your CSH family, we wish you and yours a Healthy, Happy and Prosperous New Year, and only the very best of 2013…exciting times ahead!!

See you soon @ CSH,

Bob
Andy Caplan, CSH Board Chair

A New Year Message

On behalf of the Executive Committee and the Shirat Hayam Board of Directors, I want to wish you and your families a happy, healthy and safe new year.

We all look forward to sharing this coming year with the CSH family!

Andy

Hanukkah fun at CSH!
Leslie Rooks Sack, Preschool Director

Happy 2013 from our Preschool family to your family!

January is the month when our Preschool registration begins for our Summerthing camp program and our School program, 2013-2014. We offer programs, including our PlayCare (daycare) option, with choices beginning at 7:30 a.m. until 6:00 p.m. each day, all year long. Registration is now open for currently enrolled Preschool students and families of the Congregation. Beginning in February, registration is open to the community at large. For further information, please contact Leslie Rooks Sack, Director.

There is nothing like Shabbat – and there is nothing like enjoying challah on Shabbat – and there is definitely nothing like enjoying Cheryl Ann’s challah on Shabbat! We invite you to participate in our Preschool’s challah program, where you may pick up Cheryl Ann’s challah (delivered fresh from Brookline) at CSH each Friday! Please see the informational page to order your challah!

On Monday, January 14th, there is no school as it is the Preschool’s Parent-Teacher Conference Day. Once again on this day we will happily partner with Uno Chicago Grill in Swampscott, where you and your family and friends are invited to be part of Shirat Hayam Preschool’s fundraiser! Come to Uno’s for lunch or dinner, OR BOTH, on that day. Just present your Dough Raiser ticket - included in this issue of the Wave - to your server and up to 20% of your check will be donated to Shirat Hayam Preschool!

Take-out and delivery are also included! And, you may make copies of the Dough Raiser ticket so your relatives and friends can enjoy delicious food while helping to support Shirat Hayam Preschool! Don’t forget to look for the Dough Raiser certificate in this issue of the Wave – and - buon appetito!

Leslie

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack, 781.598.3311, or email: Leslie@ShiratHayam.org
The Wave

Jed Filler, MAJCS, Education Director
Shalom Chaverim:

This month we will celebrate Tu B’shevat – the New Year for trees. While we live in a modern suburban environment, our Jewish calendar remains keyed to agricultural rhythms. In Israel, during January and February, the sap in the trees begins to rise while here we are still shoveling (hopefully not too much) and shivering.

During Tu B’Shevat we often plant parsley – the timing is almost perfect to grow it in time to use it for our Pesach seder. We will still be doing that this year in Limud, but I wanted to share some other exciting plans we have related to Tu B’shevat and planting …

We are very excited to be working on creating our very own Gan Shirat Hayam – our own garden. There is a core of very excited and enthusiastic volunteers of all ages working on the beginnings of this project; and we hope that it will provide much fruit for years to come.

The gan can help us learn about ecology, connection to the land, Torah, Kashrut, sustainability, and community involvement. We hope that classrooms, families, preschoolers, adults, and all of our different groups will take part in helping with our gan. If you are interested in getting involved, send me an email and I will pass it on to the group working on this – they need lots of volunteers!

I also want to share that we have had two wonderful class/grade Shabbat dinners in our Limud program. Each grade will have an opportunity to join together here at CSH to celebrate Shabbat. But, in Shirat Hayam style, we work to create new angles on our traditions, and our Shabbat dinners are no exception. Instead of the formal, dressy, stuffy sit-down dinners of the past, these are informal, lively, full of ruach and joy. We come together and make our own dinner, set our own table, pour our own drinks, and celebrate our OWN Shabbat. In fact, if I could figure out how to go shopping together for the supplies, we might do that too!

When we are in smaller groups (some of our classes are larger than others), everyone lends a helping hand. In larger groups, the students (age appropriately) take responsibility for all the cooking and preparation. The idea is to celebrate as a large family – in an informal, fun way, like it was in our own homes.

We look forward to celebrating with your family as the schedule moves forward!

L’Shalom,

Jed

Jed@ShiratHayam.org
Meet Our Teachers

CJE

Aliza Berger

Aliza Berger is a first year rabbinical student at Hebrew College. She loves to sing, dance and play the ukulele, preferably all while davening. She has a passion for crafting services which make people smile and hopes to work one day as a congregational rabbi.

Aliza grew up in Denver, Colorado, and always dreamed of becoming a rabbi and an opera singer. Going into college, her plan was to try her luck on the stage and then to pursue her rabbinic education. After completing an undergraduate degree in Vocal Music and Jewish Studies at Vanderbilt University, however, she realized that her heart was really in the rabbinate and took off for a year of learning and adventures in Israel. Last year, she was a student at the Pardes Institute of Jewish Studies in Jerusalem and also volunteered with the Survivors of Terror Project run by ATZUM. This year, in addition to her rabbinical studies, Aliza also works as the Recruitment and Admissions Coordinator for the School of Jewish Music at Hebrew College and as the T’filah Specialist for the children at Shirat Hayam.

Aliza feels blessed to be a part of the Shirat Hayam community. Davening, singing and telling stories with the children have been a rewarding experience, and she continues to be inspired by the warmth and energy of the community.

Preschool

Wendy Lewis

Hi, I am Wendy Lewis. This is my third year as a Toddler Teacher at Shirat Hayam Preschool, but my first year team-teaching with Halie Pica. However, I have spent the past 7 years as a preschool parent, as my own two children were students here. I grew up in Swampscott and have been very involved in Jewish life around our community. I attended the University of Hartford and graduated with a dual degree in Early Childhood and Special Education. I also received my Masters degree in Creative Arts in Education from Lesley University. I love teaching at the Preschool; it holds a special place in my heart and it feels like home. I feel so fortunate to be part of this special Preschool family.

In my spare time, I love to bake and cook, and spend time with my family. I live in Marblehead with my husband, Brian. Our daughter, Hannah, is 11 and our son, Matthew, will soon be 8. This school year has been so wonderful and I am looking forward to this continuing!
A great December is now behind us! I hope everyone had a great Hanukkah and New Year! I can’t wait to see you all at our events in 2013. We’ve got some fun events, including our first-ever teen-planned program, so be on the lookout for updated information as it becomes available!

Juniors & Seniors – if you haven’t signed up for the College Trip yet, contact me ASAP to see if we still have space!

Seventh & Eighth Graders – don’t forget to register for the Shul-In in Brookline before January 10th!

Happy New Year!

Rich Gordon
smartyyaish@gmail.com
781-346-4045

Schedule of Events:

SMARTYYAiSH - 9th-12th graders
All Lounges from 7-9 pm at Congregation Shirat Hayam
Thursday, Jan. 3, 10 and 17 - Lounge
Friday-Monday, Jan. 18-21 – Boston College Trip for Juniors & Seniors
Thursday, Jan. 24 – Lounge
Monday, Jan. 28 – Torah Hub for Teens, FREE, bus leaves from JCC at 5pm.
Thursday, Jan. 31 - Lounge

ANNOUNCING the first-ever SMARTY YAiSH College Trip!
We’ll be taking our Juniors and Seniors to visit various colleges in Boston to learn about Jewish Life on Campus, to help prepare our Seniors for Jewish Life in college, and to give our Juniors a chance to think of questions to ask colleges and Hillels when they begin their college search. Join us Martin Luther King, Jr. Weekend, January 18-21, for this fantastic experience!

The trip costs just $125 per teen for CSH members! For a registration form, e-mail Rich at smartyyaish@gmail.com. Registration ends January 4th!

Junior SMARTYYAiSH - 6th-8th graders
Wednesday, Jan. 9 – Lounge, Congregation Shirat Hayam, 6:30-8:30 pm
Sunday, Jan. 13 – “The Hobbit” – stay tuned for location and time!
Monday, Jan. 28 – Torah Hub for Teens (8th grade & up), FREE, bus leaves from JCC at 5 pm.
Ma Nishmah? What’s Happening?

Saul Kaye. Amazing Musician. I’m not sure what else to say about this concert on January 12, except... DON’T MISS IT!! We don’t have a lot planned for the winter, so when you’re putting together your calendar, put this on! He appeals to all ages. Bring your kids; bring your parents; bring your grandchildren; bring your grandparents!! Order your tickets online in advance. CSH members are at a reduced rate... just another benefit to membership!

I have had several calls about our Israel trip in December. Airline ticket pricing won’t be available until February and I hope to have the itinerary and land package pricing very soon. If you’ve never been to Israel, haven’t been in a while or even if you came with us last time... it’s time to go! The weather in December is cool so no need to worry about the desert heat if that’s been holding you back. We’re going during school break, so no need to worry about missing school. Thinking of having a bar/bat mitzvah in Israel? Why not in December? Our trip will be multi-generational - bring your whole extended family! Of course the trip will be open to non-members too. Bring friends. Now is the time. Visit this amazing place with your rabbi. It will be an experience you’ll never forget.

See you on January 12th at the Saul Kaye concert!

Happy New Year.

L’hitraot,

Marla

B’ruchim HaBaim ~ ברכות בבית

Welcome to the newest member of the Shirat Hayam family:

Michael Harsip
Please join the CSH Family Life Committee and Cohen Hillel’s Hamishpacha on Saturday, January 19 at 6:30 pm at CSH

Age appropriate movies & snacks for the kids with teen supervision and...

Age appropriate drinks & snacks for the parents!

rsvp to CSH@ShiratHayam.org

Age-ing to Sage-ing

(Formerly Movies & Midrash... for our Senior Sages)

“Pricing Jews Out of Judaism: Rethinking Day School, Synagogue and Community”

with Rabbi B and Noah Hartman, Head of School, Cohen Hillel Academy

Join us for lunch and discussion on Thursday, January 24 at 11:30 am

RSVP required: 781.599.8005 or CSH@ShiratHayam.org
LEV Initiative

Shalom.

Thank you to everyone who has responded so generously to the annual LEV campaign. Your support helps us continue our vibrant programming, services and events. If you did not make your gift for the end of the year, there’s still time! Our annual campaign runs through April 30th!

Every gift is important and meaningful, regardless of the size. We hope that you will speak with your heart and make as generous a donation as you can to Shirat Hayam. You will be doing a mitzvah – practicing lovingkindness – love from the heart – love from the LEV. For that, and for your participation in the life of our Jewish community, we thank you.

With warmest regards,

Melissa       David

Melissa Kaplowitch and David Rosenberg, LEV Co-Chairs

You may also call CEO Bob Krentzman or Director of Congregational Life Marla Gay for assistance.

We have until April 30th to reach our goal.

Please consider a gift to LEV. Give from your heart.
Thank you to the following who have given from their hearts to the LEV campaign since May 1.*

*as of December 17th

Howard & Izzi Abrams
Sidney & Barbara Abramson
Richard & Ellen Alexander
Abraham & Frances Babbitt
Edye Baker
Gloria Baskt
Arnold Bergman & Rand Foreman-Bergman
Jeffrey & Cindy Blonder
Eunice Brody
Andrew & Melissa Caplan
Edward & Diana Caplan
Brian & Michele Cohen
Barry & Caryn Cohen
Harold & Janice Cohen
Joel & Stephanie Cohen
Mike & Susan Cohen
Sheldon & Brenda Cohen
Neil & Deanna Cooper
Rhonda Cormier
Samuel & Carol Denbo
Harold & Marilyn Epstein
Ralph & Linda Epstein
Donald & Karen Feldman
Jed & Lisa Filler
Donald & Charlotte Fine
Scott & Ann Flaxer
Murray & Delphine Frank
Steve & Ellen Frankel
Steven Freiman & Frances Levy-Freiman
Herbert & Harriet Friedman
Allison Gay
Marsha Gerber
Morris & Frances* Goldfield
Sandra Goldstein
David & Bunny Gorfinkle
Michael & Carla Greenberg
Larry & Lori Groipen
Bernard & Evelyn Handis
Stephen & Ethel Harris
Christopher & Jennifer Hockert
Mitchell & Leah Jacobson
Ralph & Harriett Kaplan
Scott & Melissa Kaplowitch
Faith Kimmel
Richard & Nancy Klayman
Edward & Diane Knopf
Bob & Lily Krentzman
Cookie & Herb Kupersmith
Charles & Alice Leidner
Tom Levenberg & Amanda Clayman
Diane Levin & Steven Hicks
Harold & Carol Levin
Jason & Mikaela Levine
Sanford & Roz Levy
Robert & Judith Marder
Mark & Karen Meyer
Lois Miller & Irving Weisman
Aron & Galina Mirmelshteyn
Robert & Jacqueline Myerson
Albert & Gila Namias
Howard & Karynn Needel
Robert & Leslie Ogan
Susan Ogan
Alvah Parker
David & Rhonda Preman
Prime Motors/Rosenberg family
Barry & Claudia Rodenstein
Shea & Ruth Rood
Jerrol & Arlene Rosen
J. Myron Rosen
Michael & Rachelle Rosenbaum
Ralph Rotman & Loretta Attardo
Scott & Julie Sagan
Amy Saltz
Georgie Sawyer
Gloria Sax
Hal Schwartz & Melissa Upton
Joseph & Ariana Selby
Robert & Anne Selby
Rosalyn Shapiro
Myril Sheinkopf
Burton & Rebecca Shepard
Daniel & Bette Shoreman
Bernard Siskind & Joan Garfield
Edward & Joanne Smith
Robert & Roberta Soltz
Ben & Edith Spector
Seymour & Marilyn Stoll
Jacob Sydney
Eli & Muriel Talkov
David & Michele Tamaren
Lewis & Reggie Weinstein
Conrad & Wendy Wicks

*of blessed memory
Shabbat Experience @ CSH

Babysitting
Ages up to 4
Downstairs Playroom
An adult must remain in the building.
8:30 - 11:50 am, weekly
Babysitting is provided at no charge so that parents may attend services.

Limud Shabbat
Kids’ CJE Experience
Center for Jewish Education
Ages 4 and up
9:00 - noon weekly (except Camp Limud days - see CJE schedule)
Tzofim for CHA students, 10:00 am
For a full schedule of Limud activities, please contact Jed Filler, Education Director, at: CJE@ShiratHayam.org

Traditional and Alternative Service Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi and Cantor Rozenfeld</td>
<td>Sanctuary</td>
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<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
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<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
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<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
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<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
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<tr>
<td>11:25 am</td>
<td>R³ - Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
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</tbody>
</table>

For Everyone - Main Sanctuary
11:45 am - noon

Ruach Rally
Concluding prayers and Kiddush/Motzi

Community Shabbat Café at noon
Attire is casual.
We practice radical hospitality.
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’sukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer, and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Tzofim - on Limud Shabbat days - for CHA students: Designed as an Israel-based learning and experiential program, Tzofim meets on Shabbat from 10:00 am to noon. Students will participate in a variety of activities and subject areas, including Ulpan (spoken Hebrew), Israeli culture, Tefillah (prayer), and modern Israeli music and art.

Magic Minyan and Hazzan Katan 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (age 3 and under) is held on the second Saturday of the month and Hazzan Katan with Cantor Elana is on the fourth Saturday for preschoolers and younger.

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the social hall with the following guest scholars for January:

5 - Dr. Harvey Zarren; 12 - Rabbi Kosovske; 19 and 26 - Jed Filler

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am; Monday - Thursday evenings: 7:00 pm; Sundays: 9:00 am and 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule) Saturday evenings: 6:00 pm

Candle Lighting

January: 4 - 4:06; 11 - 4:13; 18 - 4:21; 25 - 4:30

Please note: “Reb Josef” will be joining us for Renewal on February 9th!

Alternative Service Information
Brotherhood

December was another great month for Brotherhood. Our Monday Night Football parties (co-sponsored by the New England Region Federation of Jewish Men’s Clubs) continue to grow in popularity. December 10 was our biggest one yet, with several wives and an extra large group of Bros who watched the Patriots take on the Texans. An added bonus was the delicious kosher steak for dinner, expertly prepared by our own Gary Insuik.

Join us on Monday nights after minyan (7:30pm) for some dinner and a cold beer or soft drink for a $7 contribution. We have big screen TVs, comfortable furniture and, of course, great company!

Hanukkah brunch was delicious (prepared by Brotherhood!). Thanks to Gary Insuik for coordinating this effort and to Burt Shepard, Mason Sagan, Ed Smith, Max Sontz, Steve Ross, Larry Goldberg and Donnie Hurwitz for all their help!

On December 25, in collaboration with Greater Lynn Senior Services, several of our Bros, their families, other CSH members, and nonmembers volunteered hours of their time to help less fortunate members of our community. Volunteers arrived early to sort and pack meals, load up vehicles, and then deliver Christmas meals to homebound seniors around the North Shore. Thank you to all of the people who helped us accomplish this mitzvah! Thank you to Max Sontz for organizing this important program.

We have a number of events in the works:

Our next Poker Night is in February, as part of our circuit with Temples Ner Tamid and B’nai Abraham. Also in February, we will take part in “World Wide Wrap,” joining Brotherhoods and Men’s Clubs around the world in teaching the mitzvah of wrapping tefillin. For our second Mitzvah Project, Brotherhood will work with CJE to construct a garden outside CSH in the spring. Rounding out the season will be our 3rd annual Brotherhood Beer Tasting. Finally, although summer seems like a distant memory, plans have already begun to follow up on last year’s wildly successful Tour de Shul in June.

To keep up with the latest Brotherhood news and events: like us at www.facebook.com/cshbrotherhood and/or send an email to cshbrotherhood@gmail.com to join our mailing list.

Kol Tuv,

Joe Simons, President

Brian Cohen, Vice President
Library Corner

Please visit our lending library in the Chapel. The following are our newest additions.

Elaine Merken
Library Chairperson

Cohen, Alissa - “Living on Live Food” ...The natural way to beauty, what is raw and living food, what raw and living food ISN’T.

Bloom, Harold - “The Shadow of the Great Rock” ...a literary appreciation of the King James Bible


Hoffman, Alice - “The Dovekeepers” ...a stunningly crafted work about a tragic and heroic time. “Spellbinding ancient times come to shimmering life in this superb novel” -Parade

Mann, “The Rabbi’s Daughter” ...An eye-opening glimpse into the world of the ultra Orthodox and their elaborately coded rituals.. The Rabbi’s Daughter is at its heart a univeral story, a journey toward redemption that is an unfogettable read.

Local Celebrities!!

Cantor Elana and our very own iShir performed for the Peabody Hadassah at Sons of Israel on December 13th!
Well Wishes & Donations

Condolences to

Carol and Marc Goldenberg on the loss of Carol’s mother, Shirley Burger Spencer
Joseph and Bette Ann Weisman on the loss of their son, Sheppard Weisman
Claudia and Barry Rodenstein on the loss of Claudia’s brother, Sheppard Weisman

Refuah Sh’lemah
- Get well to

Bernie Siskind; Faylyn Levine; Aimee Bunin; Harriet Diamond; Golda Greenbaum

RABBI’S DISCRETIONARY FUND

In memory of Marvin Schloss
  by Barbara and Stephen Waldman
With gratitude to Rabbi B for his concern and support during our difficult time
  by Valerie Gilbert and family
In honor of Barbara Meyer’s special birthday
  by her children and grandchildren
In honor of my husband, Robert Wallace, with gratitude to Rabbi B for such a beautiful service
  by Leone Wallace
In appreciation of Rabbi B conducting our Aufruf
  by Lauren Leidner and Barry Bloom
In honor of Rabbi B for the beautiful Aufruf in honor of our daughter, Lauren, and her fiancé, Barry Bloom
  by Alice and Charles Leidner

In memory of:
Mother, Bess Morris
  by Faylyn Levine

CANTOR ELANA’S DISCRETIONARY FUND

With gratitude to Cantor Elana for her concern and support during our difficult time
  by Valerie Gilbert and family
In honor of Jerome Ogan’s special birthday
  by Leslie and Bob Ogan

In honor of Cantor Elana for a beautiful Aufruf for our daughter, Lauren, and her fiancé, Barry Bloom
  by Alice and Charles Leidner
In honor of Cantor Elana and the Holy Shleppers: Thank you so much for bringing the Shleppers to me while I was recuperating. It meant so much to me
  by Jennifer Hockert

CANTOR EMIL’S DISCRETIONARY FUND

Thank you to Cantor Emil for the Aliyah
Wishes for a speedy recovery to Jennifer Hockert
Wishes for a speedy recovery to Herb Leventhal
Wishing Doris Bongiorno a speedy recovery
In memory of Gloria Sax’s brother, Paul Goldman
In honor of Jason Stark and Rachel’s engagement
  by Natalie White
With gratitude to Cantor Emil for his concern and support during our difficult time
  by Valerie Gilbert and family
In memory of Gloria Sax’s brother, Paul Goldman
  by Roz and Sandy Levy
In honor of Cantor Emil for his help preparing me for Torah reading
  by Charles Leidner
In honor of Cantor Emil receiving an honorary Doctorate of Music from JTS
  by Eli and Muriel Talkov

Send us your information. If you know someone in need of healing, let us know. We would rather hear from several different people. Please don’t assume someone else has notified us.

Send your information to: CSH@ShiratHayam.org.
In memory of Gloria Sax’s brother, Paul Goldman
   by Bette and Daniel Shoreman
In honor of Natalie White with thanks for your kind words and thoughts
   by Jennifer Hockert

In memory of:
Uncle, Leo Sevinor
   by Philip Sevinor
Sister, Esther Lubell
Sister, Elizabeth (Lippy) Shulman
   by Elaine Sevinor

CSH PRESCHOOL FUND
In memory of Harry Levine
In memory of Cindy Blonder’s mother, Ann Madfis
   by Robin and Bob Cooper
In memory of Letty Kerai’s father, Morton Baum
In honor of the birth of Jason and Napa Male’s daughter, Natasha
   by the Preschool Staff
In memory of Valerie Gilbert’s father, Sidney Gerber
   by Hope and Larry Zabar
In honor of the birth of Courtney and Bruce Hafford’s son, Elijah Leonardo Hafford, grandson of Keith Lane
   by Debbie and Lenny Leibowitz
In memory of my stepson, Rick Garfield
   by Joan Garfield

GENERAL FUND
In honor of Marilyn Fishman’s special birthday
   by Bette and Dan Shoreman
In honor of Harriet Diamond
   by Ina Resnikoff

In memory of Barry Rodenstein’s father, George Rodenstein
   by Barry and Caryn Cohen; Jerry and Arlene Rosen
Congratulations to Ruth Turkanis in honor of the birth of her new great-granddaughter
and to Ellen and Barry Turkanis on the birth of their granddaughter, Emma Danielle
   by Sylvia and Norman Revman
In memory of Marvin Schloss
In memory of Morton Baum
   by Sandra Goldish
In memory of Frances Goldfield
   by David Reed; Mark and Judy Arnold; Bob and Mimi Milamed
In honor of the birth of Ellen and Barry Turkanis’s granddaughter, Emma Danielle
   by Lois and Bobby Kaplan; The Madow Family
In memory of Carol Goldberg’s mother, Shirley Spencer
   by The Madow Family
In honor of the wedding of Charles and Alice Leidner’s daughter, Lauren Leidner
   by Gloria Sax

SAMUEL BRODY MINYAN FUND
Get well wishes to Sam Denbo
   by Sandy and Carl Shalit
In memory of Gloria Sax’s brother, Paul Goldman
   by Helaine and Harvey Cotton; Alice and Charles Leidner, Mitchell Comins; Arlene and David Addis

In memory of:
Mother, Eunice Epstein
   by Julie Nadal

Husband, Gerald Price
   by Sally Price
Father, Charles Storella
   by Donna Zeff
Father, Benjamin Zaiger
   by Florence Wigetman
Mother, Helen Kaplan London
   by Michael Kaplan
Wife, Eunice Epstein
   by Arthur Epstein
Sister, Louise Klein
   by Melvin Shapiro
Father, Alfred Goldstein
   by Judith White
Father, Jacob Hurwitz
Mother, Tovah Hurwitz
   by Myles Hurwitz
Father, Saul Goldberg
   by Lois Miller
Lisa Noskin
   by Semyon Karasik
Mother, Lilyan Comins
   by Stuart Comins
Stepmother, Sylvia Quint
   by Marilyn Epstein
Mother, Lois Rosen
   by Beth Tassinari
Grandfather, David Levin
   by Diane Levin
Father, Abraham Goodman
Aunt, Shirley Goodman
   by Murray Goodman
Mother-in-law, Rose Fine
   by Hyman Sogoloff
Husband, William Tenenbaum
   by Joann Tenenbaum
Mother, Marian Eakins
by Katharine Borten
Grandmother, Flora Goldstein
by Marsha Feffer
Grandmother, Pauline Feffer
by Lawrence Feffer
Father, Jack Namias
by Albert Namias
Sister, Miriam Jacobson
by Albert Stein
Mother, Ethel Gould
by Joan Rosen
Father, Jacob Hertz
by Leonard Hertz
Brother, Gunther Kahn
by Eric Kahn
Sister, Jean Siegel
by Edith Spector
Mother, Isabelle Ablow
by Herbert Ablow
Grandfather, Isaac Kaplan
by Howard Kaplan
Mother, Lillian Talcove
by Jane Alexander
Mother, Annette Zepel
by Marion Tarmy
Father, Hyman Karas
by Jacob Karas
Father, Herbert Tatelman
by Richard Tatelman
Mother, Sarah Rosenberg
Brother, Abraham Rosenberg
by Toby Bell
Mother, Bertha Linsky
by Philip Linsky
Brother-in-law, Joseph Finkle
Sister-in-law, Rose Yudin
by Mildred Finkle
Husband, Lester Harris
Father, Samuel Chaves
by Mildred Harris
Father, Philip Polins
by Richard Polins
Husband, Melvin Chudnofsky
by Louise Chudnofsky

**KIDDUSH FUND**

In honor of Jerry Ogan’s 85th birthday
by Bunny and Lenny Lieberson

Wishes for a speedy recovery to Herb Leventhal
by Donald and Charlotte Fine

In memory of Gloria Sax’s brother, Paul Goldman
by Nancy and Richard Klayman

In honor of Cheryl and Arthur Schwartz’s new home
by Valerie and Alan Gilbert

In memory of Gloria Sax’s brother, Paul Goldman
by Sandra Goldstein; Ellen and Dick Alexander

In memory of Morris Goldfield’s wife, Frances Goldfield
by Harold and Judy Kramer; Ed and Diana Caplan

In honor of Charlotte and Donald Fine’s granddaughter, Alexandra, becoming a Bat Mitzvah
by The Mahjong Friends; Ed and Diana Caplan

In honor of Marilyn and Cy Fishman: thank you so much for always being there for us
by Jen and Chris Hockert

In honor of the wedding of Alice and Charles Leidner’s daughter, Lauren, to Brian Bloom
by Sonia and Alan Kalikow

In memory of Boris Richman
In memory of Frances Goldfield
by J. Myron Rosen

**In memory of:**

Brother, Martin Dillon
by Nonnie Rubin

Stepfather, Joseph Marenberg
by Ronald Rubin

Grandmother, Frances Berlow
by Claudia Rodenstein

Wife, Doris Barnett
by Eli Barnett

Sister, Elaine Lewis
by Joyce Rosenthal

Father, Martin Liebman
by Lois Kaplan

Father, Maurice Shapiro
by Rosalyn Shapiro

Mother, Ada Millstein
by Ann Segal

Grandmother, Marguerite Michel
by Albert Namias

Father, Alec Weiner
by Rachelle Rosenbaum

Father, Samuel Silverstein
by Marsha Rubin

Mother, Shirley Goldstein
by Bunny Lieberson

Uncle, Eli Gartz
by Doris Hirsch

Father, Melvin Gray
by Susan Drooks
Wife, Barbara “Bobbi” Rosen  
by J. Myron Rosen and family
Mother, Mary Bornstein  
by Gerald Bornstein
Mother, Belle Gerber  
by Valerie Gilbert
Brother, Robert Kleven  
by Gail Gelb
Grandfather, Samuel Shinoff
Father, David Keynes  
by Mikaela Levine
Father, Edward Bekritsky  
by Linda Siegel
Brother, Robert Barr  
by Grace Tuttman
Father, Louis Strome  
by Sidney Strome
Brother, Eugene Denbo  
by Samuel Denbo
Father, Frank Stahl  
by Shirley Merken
Brother, Allen Gam  
by Frances Gam
Father, Isaac Myerson  
by Robert Myerson
Husband, Bernard Hershberg
Father, Isadore Levine  
by Beatrice Hershberg
Granddaughter, Marissa Broady  
by Louise Chudnofsky

**JACK POLONSKY BUILDING MAINTENANCE FUND**

**In memory of:**
Mother, Rose Polonsky
Father, Nathan Polonsky  
by Norma and Sherman Freedman

**PRAYERBOOK FUND**

In honor of Harry Soltz’s 100th birthday

by Ed and Diana Caplan; Robert and Roberta Soltz; Barry and Mimi Follick

In memory of our loved ones  
by Barry and Mimi Follick

**TIKVAH FUND**

Get well wishes to Herb Leventhal

Get well wishes to Elaine Merken

In honor of Joel Cohen’s grandson becoming a Bar Mitzvah  
Just because  
by Sidney and Bea Strome

In honor of Cantor Gaston Bogomolni, Thank you!  
by Marcy and Ben Yellin

**BURT SHEPARD SCHOLARSHIP FUND**

In memory of Boris Richman  
by Eddie and Diane Knopf

In honor of Marilyn Fishman’s special birthday

In memory of Gloria Sax’s brother, Paul Goldman

In honor of the marriage of Alice and Charles Leidner’s daughter, Lauren, to Brian Bloom

Wishes for a speedy recovery to Sam Denbo  
by Becky and Burt Shepard

In memory of Frances Goldfield  
by Herb Goldberg

In honor of Jerry Ogan’s special birthday

by Lois and Bobby Kaplan

In honor of Burt and Becky Shepard: thank you for the wonderful dinner together and thank you even more for your friendship

by Jen and Chris Hockert

In memory of Gloria Sax’s brother, Paul Goldman  
by Michele and David Tamaren

**In memory of:**
Father, Hyman Karp  
by Lois Ogan

Grandmother, Beatrice Newman  
by Robert Cashman

**CHESED**

In appreciation of Karynn Needel with thanks for all her help, it was enjoyed and appreciated

In appreciation of Alice Leidner with thanks for the delicious meals and thoughtfulness

In appreciation of Leslie Ogan for her help and kindness

In appreciation of Jill Goodman, with thanks for all her help

In appreciation of Jan Gattoni and Joel Kobey with thanks for the delicious soup and incredible thoughtfulness

In appreciation of Becky Shepard with thanks for all her help, kindness and friendship

In appreciation of Barbara Sidman with thanks for her help and kindness

In appreciation of Debby Sudenfield with many thanks for all you did and all that you are...
In appreciation of Gloria Sax with thanks for your visit and wonderful kugel, I really appreciate your thoughtfulness.

In appreciation of Michele Tamaren with thanks for your incredible caring and thoughtfulness, it really meant so much to me.

In appreciation of Susan Drooks with thanks for all your help.

In appreciation of Sandi and Arnie Shuman with thanks for the delicious meal.

In appreciation of Renee Sidman with thanks for your help and kindness.

by Jennifer Hockert

Many thanks to the Chesed Committee for coming to my aid.

by Elaine Merken

The LEV listings on this page have been received since the last issue of The Wave, through December 14.

For a listing of all LEV donors from May 1 through December 14, please see page 15.

Thank you to B’nai B’rith Booth at the Topsfield Fair for sharing in their profits!
Kvelling... Family Announcements

Rose Arlene and Harland Shapiro have a new great-grandson, Archie Edmond Packer.

Alexandra Fine, granddaughter of Charlotte and Donald Fine and niece of Sheri and Barry Schapiro, became a bat mitzvah in Washington, DC.

Brian and Diane Shoer moved into their new home.

Jessica and Dan Gelb have a new daughter, Samara Hava. Grandparents are Gail and Richard Gelb.

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish.... you get the idea! Share your joy with your CSH family... let's kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.

---

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Come support a DOUGH RAISER to benefit

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unodoughraisers.com

Present this to your server

---

Samara Gelb
We are excited to announce a NEW program for Shabbat mornings, beginning January 5th, following our Limud Shabbat Program.

**Kids’ Kehila Lounge!**

What IS Kids’ Kehila Lounge?
- Supervised play area
- Group games run by teen leaders from CJE/YAiSH
- Free play for kids
- Enjoy your social time during lunch at our Shabbat Café

On Shabbat mornings, when we finish our Limud Shabbat and Synaplex™, we get to enjoy a wonderful lunch in our Shabbat Café – and shortly after, our kids begin to play – here, there, and everywhere! We are so glad that they feel at home here in our building and want to help keep them safe. From 12:15 – 1:15 YAiSH will be running our Kids’ Kehila Lounge in the downstairs multi-purpose room (MPR).

In order to run this program, WE NEED YOUR HELP.

Teens will be available to run games and activities, but we need PARENTS to help keep an eye out for safety issues and concerns. Each week that our Kids’ Kehila Lounge runs, we need two parent volunteers to keep a watchful eye in case of an emergency. So we are asking that parents volunteer to help during ONE (1) Kids’ Kehila Lounge through the remainder of the year.

If you would like to volunteer, send us an email at: Youth@ShiratHayam.org (if you want to be scheduled with a friend let us know) and we will set up a schedule!

We can’t run the program without you ...

Rich
Rich Gordon
Youth Director

Jed
Jed A. Filler
Director of Education
On-going Programs for our kids...

Magic Minyan

A Shabbat Synaplex™ option for families with children up to 3 years of age
Second Saturday of the month

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with children 3 and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us!

Hazzan Katan with Cantor Elana

A new Shabbat Synaplex™ option for families with preschool age children
Fourth Saturday of the month

Cantor Elana will teach prayers and sing songs from 10:45 to 11:30 am, for families with preschool age children (kids must bring an adult with them). Music and prayer with a Shabbat or holiday theme is perfect for preschoolers. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the new Hazzan Katan (Little Cantors)!
Chesed Committee

Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2012 Advertising Rates

Congregation Shirat Hayam Wave

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Holidays 5773

2013

January 26  Tu B’Shevat
February 24  Purim
March 25  Passover, First Seder;
April 1  Last Day Passover/Yizkor
April 8  Yom Hashoah

April 15  Yom Hazikaron
April 16  Yom Haatzmaut (Israel’s 65th)
April 28  Lag Ba’omer
May 15  Shavuot (Yizkor)
July 16  Tisha B’Av

Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org
### CSH Book Club - Everyone’s welcome!

7:30 pm on the following Monday evenings:

<table>
<thead>
<tr>
<th>Date</th>
<th>Book Title</th>
<th>Author</th>
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<tbody>
<tr>
<td>January 21</td>
<td>The Paris Wife</td>
<td>Paula McLain</td>
</tr>
<tr>
<td>February 18</td>
<td>March</td>
<td>Geraldine Brooks</td>
</tr>
<tr>
<td>March 18</td>
<td>Unbroken</td>
<td>Laura Hillenbrand</td>
</tr>
<tr>
<td>April 15</td>
<td>The Tiger’s Wife</td>
<td>Tea Obreht</td>
</tr>
<tr>
<td>May 20</td>
<td>The Glass Room</td>
<td>Simon Mawer</td>
</tr>
<tr>
<td>June 17</td>
<td>Left Neglected</td>
<td>Lisa Genova</td>
</tr>
</tbody>
</table>

The CSH Book Club is open to the community - please join us.

For more information, email Becky Shepard at: shepardb@aol.com.
The 2013 Combined Jewish Women’s Organizations (Annual) Meeting will feature

**Bette & Barry**

**Back to the Bathhouse**

Monday, January 28, 2013
7:30pm
Temple Ner Tamid
368 Lowell Street, Peabody

Featuring Donna Maxon as Bette Midler and Fonda Feingold as Barry Manilow. Bette and Barry met and performed together in Continental Bathhouse in the late 60s, early 70s. This show sets the scene at this bathhouse in current times where the two are reunited for one last show.

For additional information contact:
Arlyne Greenspan, (781) 631-8330 x 506
agreenspan@jfnns.org
or Lois Black, (978) 535-4955
blackeld@earthlink.net

Sponsored by
Local Jewish Women’s Organizations with a generous grant from the Jewish Women’s Endowment Fund
Thanks to the generosity of Karen and David Rosenberg, all proceeds from the purchase of “Revolution of Jewish Spirit” at Shirat Hayam will directly benefit the RUAKH at CSH!

Spirited Sisters: Circle at the Sea

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

On the following Sunday evenings - 7:00 to 9:00 pm at CSH:
January 6, February 3, March 3, April 7, May 5 and June 2

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.

Visit our website!! www.spiritedsisters.org
Shabbat Café Sponsors

Thank you to the following for co-sponsoring Shabbat Café in November/December:

Cy and Marilyn Fishman in honor of Marilyn’s special birthday
Joanna Duby and Paul Michaels in honor of their daughter, Kyra, becoming a bat mitzvah
Charles and Alice Leidner in honor of the aufruf and upcoming marriage of their daughter, Lauren, to Barry Bloom
Janet and Russell Sobelman and Sherry and Lance Sobelman in honor of the naming of their granddaughter and daughter, Charlotte “Charlie” Joy Sobelman

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

Todah Rabah

Thank you to the following for participating in services in November/December:


Haftarah Chanters: Murray Goodman, Deanna Cooper, Kyra Michaels, Diane Levin, Alan Sidman, Robert Milamed

If you would like to read Torah or chant a Haftarah, contact Cantor Emil:
CantorEmil@ShiratHayam.org.

CSH Minyannaires

Thank you to the following members for supporting daily services in November/December:


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
Why is a challah braided, round, and sometimes even baked with a key on it?
Would you like to become an expert on challah?
Would you like to learn how to make and bake the ultimate beautiful challah?

Join us for

**The Holiness of Bread**

In this two session hands-on course, we will cover the fundamentals of challah, baking as a science, an art and a religious act.
Taught by our own resident expert bread-maker

*Rabbi Howard Kosovske*

Thursday evenings at CSH, January 31 and February 7
7:30 – 9:00 pm, $30.00 a person
Class is limited to 18 people, so enroll early for this exciting and fun experience!

CSH@ShiratHayam.org

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**DATE CHANGE!!**

**Shirat Hayam returns to Israel!**

Join Rabbi B on an extraordinary spiritual adventure

December vacation - December 21, 2013 to January 1, 2014

Trip for all ages - plan a bar/bat mitzvah at the southern excavation (above)

More details will be available in February.
EXPLORE. DANCE. EAT. PLAY.

Bar and Bat Mitzvah at the Museum of Science with Wolfgang Puck Catering

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Volunteers Needed
Volunteers Needed at the United Way Financial Stability Center powered by Centerboard, 16 City Hall Square, Lynn. Learn or improve your tax prep skills with FREE comprehensive training, and help out families and individuals with free tax preparation. Our VITA (Volunteer Income Tax Assistance) program last year was a huge success with more than $1.7 million dollars done in federal returns! If interested, please contact Margie Shapiro at mshapiro@thecenterboard.org.

Caring for Generations
JF&CS
Jewish Family & Children’s Service

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

THE JF&CS FAMILY TABLE TOP TEN LIST OF THINGS YOU SHOULD KNOW...

10. JF&CS Family Table helps more than 300 families across Eastern Massachusetts.
9. More than 40 families on the North Shore receive food from Family Table
8. Those served include low-income families, senior citizens, disabled people, unemployed individuals, and survivors of domestic abuse.
7. There are 64 collection sites throughout eastern Massachusetts.
6. Family Table provides kosher food, fresh produce, dairy products, meats, and Jewish ritual and holiday items each month.
5. Family Table also provides emergency food to those in need upon request.
4. Family Table distribution for the North Shore is located at Temple Sinai.
3. Every month volunteers assist setting up, packing and delivering food to homes, and cleaning up and restocking.
2. CSH has a food collection bin in its lobby as you enter the building.

And the #1 fact you should know about JF&CS Family Table is...

1. Family Table needs your nonperishable, kosher food products. especially peanut butter and whole grain crackers. Please bring food when you come to CSH.

Together we can all make a difference in the lives of those in need by feeding the hungry!

Shalom,
Bette Shoreman
CSH Family Table Site Coordinator
Freshly baked challah from Cheryl Ann’s Bakery in Brookline will be delivered to CSH and will be available for pickup between 8:00 a.m. and 1:00 p.m. every Friday.

All children feel special when they contribute this tasty treat to the Shabbat table. Even if you don’t have a formal Shabbat dinner, the addition of a challah will help make the evening feel special.

The first delivery of the Winter/Spring session will be Friday, February 1, 2013, and run through Friday, June 7, 2013.

There will be no delivery during February and April vacation or on March 29th due to Passover.

If you would like to order challah, please fill out the order form below and return it with a check made payable to CSH Preschool, 55 Atlantic Avenue, Swampscott, MA 01907.

| Would you like to purchase an additional challah for your child’s classroom? |
| For a donation of $36.00 you can contribute yummy challot to the class. |

The cost of the challah for the Winter/Spring season is

- Large braided $100 ~ Small Square $85

If you are unable to pick up your challah, or if your child is absent, please arrange for pick-up of your challah, or it will be donated.

Orders must be received by Friday, January 18, 2013

If you have any question, contact Leslie Rooks Sack at 781.598.3311 or email: leslie@ShiratHayam.org

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Challah order form for Winter/Spring 2013

Enclosed is my check for $ _________________

Name ________________________________________

Phone ________________________________________

Email ________________________________________

Type and quantity:

- _______ Large braided sliced
- _______ Square sliced
- _______ Large braided unsliced
- _______ Square unsliced
Grow with us!

Gan Shirat Hayam

Join us on Tu B’Shevat, Saturday, January 26
at Shabbat Café

The gan will help us learn about ecology, connection to the land, Torah, Kashrut, sustainability and community involvement.

Learn how you can participate in building this multi-generational CSH community garden and plant the seeds of our future!

See you on January 26th!

Ariela HaLevi and Jill Goodman
Gan Shirat Hayam Co-chairs
Team CSH

CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
Ext. 14

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org
Ext. 12

Cantor Emeritus
Emil Berkovits
CantorEmil@ShiratHayam.org
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Rabbi Emeritus
Edgar Weinsberg

Youth

Rich Gordon, Youth Director
SmartyYaish@gmail.com

CSH Preschool

Preschool@ShiratHayam.org
Direct Line: 781.598.3311

Leslie Rooks Sack,
Director
Leslie@ShiratHayam.org

Debbie Leibowitz,
Assistant Director
Preschool@ShiratHayam.org

Preschool Staff:

Erin Browning
Melissa Caplan
Sherri Carne
Christine Dolan
Sonia D’Oliveria
Marcy Furlong
Nancy Galber
Valerie Gilbert
Stefanie Gladstone
Wendy Lewis
Shari Losanno
Barbara Levine
Kathy Martin
Alison Michigan
Christine O’Donnell
Cheryl Schwartz
Rebecca Sontz
Marcy Yellin

CJE

Center for Jewish Education

CJE@ShiratHayam.org
Direct Line: 781.346.6075

Jed Filler, Director of Education
Jed@ShiratHayam.org
Ext. 24

Ann Navon, CJE Program Coordinator
Ann@ShiratHayam.org
Ext. 25

CJE Staff:

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Phyllis Eidelman
Valerie Gilbert
Stefanie Gladstone
Lynee Greenberg
Halie Pica
Cheryl Schwartz
Daphna Shemesh
Rachel Shwartz
Julie F. Silver
Jason Stark
Beth Tassinari
Marcy Yellin

CJE Madrichim

Rebecca Neuman-Hammond
Melissa Resnic
Brett Resnick
Austin Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
Josh Zeff

Maintenence

Gus Ventura, Robert Monegro, Eridania Vicioso,
Yanira Romero, Cesar Rivas, Alex Santos, Juan Guzman

Our phone lines will be answered by voicemail between the hours of 1:00 and 3:00 pm. To reach a staff member, you may dial extensions.

Call the main line:
781.599.8005

When prompted, dial extension number.
Congratulations to the winners of the raffle from the Israeli Festival of the Arts!!

First Prize: Barbara and Alan Sidman
Second Prize: Jessica Black
Third Prize: Heather and Matt Krawitz
Fourth Prize: Leslie and Bob Ogan