We practice radical hospitality!

The Wave

Shabbat Olam
February 8
Ukraine/Eastern Europe
page 5

Animal House
Purim
at Shirat Hayam
February 23

follow the footprints to page 30!

SAVE THESE DATES!!
Saturday, March 2 - Yoga Havdallah
(see page 13)
Tuesday, March 26 - Annual Second Night
(Not Your Zaydie’s) Seder
Thursday, April 11 - Community-wide
Israel@65 celebration (see page 37)
Rabbi Baruch HaLevi

Hope & Light in 2013

It's hard to believe but 2013 is off and running, and just when I finally got used to writing 2012. Needless to tell you, 2012 was a topsy-turvy emotional and painful year, to say the least. The Arab spring (summer, fall and winter) continues to give us great consternation; our homeland, Eretz Yisrael, continues to grapple with existential issues and threats, internally and externally to be sure. And here at home, a spike in domestic terror, Hindu Temples, movie theaters and now elementary schools all attacked, along with the usual global and domestic economic, social ills and, above all else, personal struggles and losses. Even though the Mayans were wrong and 12/12/12 wasn't the end, still, it would be easy and understandable to lose heart and lose hope.

And yet, through it all, I have seen a silver lining. Whether it was rallying around Hindu brethren after they were terrorized; sitting together and praying for the welfare of the men, women and children devastated in Newtown, CT; or gathering in solidarity to support Israel as She was under siege; each time, these gatherings offered a glimpse of hope amidst despair.

I don't know what 2013 will entail as far as global or domestic struggles, ills and concerns, but I'm certain there will be more darkness. But what I also know is that CSH has become many things over these past eight years, not the least of which is a center of hope amidst what is often times a feeling of hopelessness, a source of light in what is all too often a darkened world. If the past year is any predicator of the coming year, there will be darkness, but when there is, CSH will be there, at the center offering prayers, hope and Ruakh-Spirit. It is why we are here. It is what we are about and, frankly, it is what we will continue to offer for as long as it is needed.

May this be a year of healing, peace and well-being, but if it's not, may it be another year of solidarity in the face of crisis, empathy when tragedy takes place and hope when the world feels hopeless. May it be another year of shattering the darkness through offering our collective light.

B'shalom - In Peace,

Rabbi B

www.RabbiB.com

Florida

Rabbi B will be coming to Florida on February 10. If you are in Florida for the winter and have not received your invitation, please let us know.

Thanks - enjoy the winter!
Cantor Emeritus Emil Berkovits

Royal Etiquette

Things that we do or see at religious services may or may not be familiar to many. So, I would like to touch on just a few obvious ones. The most common, and frankly the easiest, opportunity to participate in a service is to respond “amen” to a blessing. This was an age-old practice when there were many people in the congregation who could not read or even follow the words of the siddur for a variety of reasons. So, we have a leader who by the very title, Shaliah Tzibur, represents the congregation in prayer. Consequently, by this “amen” response, one has physically and spiritually partaken in the words that were uttered by the cantor or leader.

There is another interesting happening at services, particularly on days when we read from the Torah. Each of us knows all too well that almost all of our laws are derived from the Torah. Among other things, it teaches us honor and respect, and so many areas of etiquette. But do we take many for granted? Let us create a scenario. We are invited to a house of “royalty”. Lo and behold, the queen enters the room and now we ask ourselves: “Do we expect the queen to approach us?” Out of respect, it is a NO. We do wait for a sign. For anyone wishing to know more about “royal etiquette” there are many books written on it. Torah is our “royalty.” We strive to give her the same respect as we would human “royalty.” Therefore, as the Torah is carried among the congregation we should not expect the Torah to seek out each individual; rather approach and touch the Torah with your tallit or siddur out of honor and respect. And if the Torah is not reachable, the old fashioned “little finger” approach is used. If you are not familiar with it, next time we talk, ask me.

L’Shalom,

Cantor Emil
Cantor Elana Rozenfeld

Hazzan Katan

We recently initiated a new program through our Preschool called Hazzan Katan, little cantors. This program has three elements: a class every Wednesday at 1 pm, a Tot Shabbat-type service on the fourth Shabbat of the month, and a CD that helps our children learn at home.

The purpose of Hazzan Katan is to bring Hebrew liturgy, music and language to our young children, and I am incredibly pleased with the results so far.

When I enter my Wednesday class, the 15 or so children in the room cannot wait to sing "Shalom Haverim," "Hinei Mah Tov," "Mah Tovu," "Shema," and so on. They all know how to say Hebrew words like: lashevet (to sit), lakum (to stand), tov (good), rah (bad), b’yachad (together), etc... We are constantly learning and developing in that class.

The Shabbat element reaches a slightly different crowd and it is just as exciting. I absolutely love to teach the babies and the kids who might not attend our Preschool, but would benefit from the Hazzan Katan experience.

The CD has been incredibly popular as well. I recorded it in my office, but did so with instruments and harmony, so that parents would not consider it too painful as their kids play the CD over, and over, and over… This CD has created so much excitement in the Preschool, that many have committed it to memory! One of my students last month raised his hand in class as I was leading them in song, and said, "you forgot number 4!" I think he meant "Mah Tovu."

I would like everyone to consider this an open invitation. If you would like a Hazzan Katan CD, please let me know and I will make sure to get it for you. In addition, if you have young children or grandchildren, please join us on the fourth Shabbat of the month at 10:45 in the downstairs play area for our Shabbat service for young children, Hazzan Katan.

See you there!

Cantor Elana
Shabbat Olam
The community is invited to
Kabbalat Shabbat
featuring International Jewish Music
(no charge to attend service only)
followed by a
Shabbat Dinner
Dinner - $20.00 a person/$10.00 kids under 10
at Shirat Hayam
Friday, February 8th
Service begins at 6:00 pm

RSVP* for dinner by February 4th to: CSH@ShiratHayam.org
or 781.599.8005, or mail your check to CSH,
55 Atlantic Avenue, Swampscott 01907
You may also make your reservations online by
clicking on the calendar link on the CSH website.
*Sorry, we are unable to accept walk-ins and/or payment at the door.

Partially funded from your heart by The Lev Initiative

Shabbat Around the World
Events & Facility

Barri Stein, Director

What’s better than celebrating with 200 (+/-) of your nearest and dearest friends? Nothing!

Ask anyone who has celebrated or honored a memorable occasion here at Shirat Hayam on a Shabbat....it’s quite an experience. Whether it’s a milestone birthday, wedding anniversary, bar/bat mitzvah anniversary, remembering a loved one who is no longer with us or just starting out on their own journey with a baby naming or an Auf Ruf, having so many family, friends and strangers wishing you well is awesome. Add cake to gathering and now you have a real party!

So many members of our Shirat Hayam family have chosen to celebrate their lifecycle or special event here during our Shabbat service, and then join everyone for a celebratory Kiddush Luncheon. And we aren’t just talking about those celebrating becoming b’nai mitzvah. We’ll celebrate anything! If you have a special occasion you’d like to receive a blessing for, whether it’s a journey you are about to partake or an event you’d like to mark, please don’t hesitate to contact me or one of our clergy. We’ll find a suitable Shabbat for you. Remember, multiple simchas are even more special when we celebrate together.

On that Shabbat, you and your family are invited to the Torah for an aliyah. Each event is made special unto itself. How wonderful it is to remember a loved one by sharing memories and stories with each other, while you nosh on THEIR favorite food.

Feel free to contact me to discuss your lifecycle and/or milestone event. Let the Shirat Hayam family share your joy and your memories. Sponsorships at all levels are accepted. If we don’t have your birthday and/or anniversary date on file, consider providing us with that information. We will celebrate any birthday, regardless of whether it’s 9 or 99, or the same number, year after year. In June each year, we honor all milestone anniversaries (5 year multiples) on a Friday night Shabbat, but why not celebrate your joy twice!

Also, if you join us on any given Shabbat and would like an aliyah for a yahrzeit or a current event, please don’t hesitate to inform me, Marla Gay or a greeter that morning prior to the beginning of the Torah service (or a few days before). We will do our best to accommodate you.

We look forward to honoring you!

Barri
In the wake of Newtown, security is on everyone’s mind. As a parent of a middle school student and an elementary school student, I shudder to think about the possibility that a madman might launch an attack on my daughters’ schools. In recent days and weeks, I have been comforted to receive updates from Swampscott public school administrators regarding the steps that the schools have taken to ensure the safety of Lila and Louisa and their peers. I sleep easier at night knowing that school officials have met with Swampscott police to review and, when necessary, tighten security, including evacuation and lock down procedures.

I confess to feeling anxious when we were notified that our daughters’ schools would conduct lock down drills. In the past, such drills upset our girls. No parent wants their innocent child to have to confront such dangers of modern day society. We were relieved when each girl came home and gave a nonchalantly positive report about the safety drills. Kudos to the professionals at our girls’ schools who conducted the drills in a way that trained our girls for an emergency, but did so in a way that did not unduly alarm them.

Like the local public schools, CSH has reviewed and, when appropriate, tightened its security in light of Newtown. I have approached this process both as chair of the CSH Board of Directors and as a concerned parent and husband. After all, my wife teaches in the Preschool and Hebrew school, and my daughters attend Hebrew school; so, my family spends many hours in the building every week.

I take comfort that our CEO and senior professionals have met several times with members of the Swampscott Police Department to review our security procedures from top to bottom. In addition, our senior staff attended a lock down drill at the Stanley School to learn from the public schools. They also attended a security webinar offered to synagogues and Jewish agencies nationwide by the Secure Community Network (SCN), which is the national homeland security initiative of the Jewish Federations of North America. We have taken advantage of all available resources to ensure the safety of those in our building.

CSH has always had regular, close communications with the Swampscott Police. The police force has certainly stepped up in recent times to help ensure that CSH’s security follows best practices. I commend our public servants on the police force for being extraordinarily responsive to our concerns. With the help of the Swampscott Police, we have reviewed and, where appropriate, tightened our security. I trust that many of you have noticed that our front doors are locked, and access is controlled by a video camera monitored by a staff person. While it is regrettable that a lockdown procedure is needed, one is being designed in conjunction with the Swampscott Police and will be implemented in the near future.

Thanks to the Swampscott Police for all their help. Kudos to CSH’s professionals and clergy for banding together to review and improve security, while preserving our philosophy of radical hospitality. Perhaps most important, thanks to our congregants and school families who trust us with safeguarding their families and children while attending CSH. We take this responsibility very seriously and place your safety as our top priority.

B’Shalom,

Andy
Leslie Rooks Sack, Preschool Director

This is the month when we open our Preschool registration to the public. Please see Leslie Rooks Sack for information about our Infant, Toddler, Preschool, PlayCare (daycare), and Summer programs. We offer many options for children between the ages of 3 months - 5 years, beginning at 7:30 a.m. until 6:00 p.m., 5 days a week, 52 lovingly weeks a year!

Thanks to all of our Preschool families for contributing to Shirat Hayam Preschool’s annual fundraiser at Uno Chicago Grill Restaurant in Vinnin Square last month. We know it was quite a TASTY way to show your support!

Our appreciation to our Preschool families for supporting Cradles to Crayons by bringing in so many mittens and gloves. Cradles to Crayons is distributing the mittens and gloves to children in need of them in the greater Boston area. Our thanks to Cheryl Schwartz for, once again, organizing this worthwhile cause.

Lots of characters from the Purim story will be gracing our Preschool this month, as the children learn about this holiday and have fun dressing up! And, of course, yummy hamantaschen will be enjoyed by all!

Please know that our Preschool children love to meet and greet new friends! If you would like to be part of our Preschool community by reading a story (or two!), sharing snack with us, celebrating Friday morning Shabbats with the children, teachers and Rabbi B, Cantors Emil and Elana, our visiting friends from the Aviv Center, and Marcy Yellin and her guitar - or just to spend some time sharing smiles and laughter - please contact me to make arrangements.

Leslie

Preschool Programs

- **INFANTS** ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- **MAGIC MOMENTS** ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- **TODDLER MOMENTS** ~ a program for toddlers 17 months and up.
- **PRESCHOOL** ~ classes for 3, 4 and 5 year-olds
- **TRANSITIONAL CLASS** ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

- Shabbat with Rabbi B, Cantor Elana, Cantor Emil and Marcy Yellin
- Hazzan Katan with Cantor Elana
- Hebrew with Rachel Jacobson
- Music with Dara Vanremoortel

Daily Lunch Options, including Spanish and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for CSH members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack, 781.598.3311, or email: Leslie@ShiratHayam.org
Jed Filler, MAJCS, Education Director
Shalom Chaverim:

The only thing that interferes with my learning is my education. - Albert Einstein

The learning and knowledge that we have, is, at the most, but little compared with that of which we are ignorant. - Plato

Your most unhappy customers are your greatest source of learning. - Bill Gates

Education is learning what you didn’t even know you didn’t know. - Daniel J. Boorstin

The beautiful thing about learning is nobody can take it away from you. - B. B. King

Experience is the teacher of all things. - Julius Caesar

I have been involved in Jewish Education for somewhere in the neighborhood of 30 years … since I was a madrich in my religious school. There is much I have learned, and, I know, much still for me to learn.

But when it comes to B’nai Mitzvah, I feel very confident. I have worked with more B’nai Mitzvah students and families than I can count; teaching, counseling, brainstorming, and helping them with whatever they needed. I think (and hope) that I have served them well.

Even with all of this experience, this year I suddenly found myself faced with a B’nai Mitzvah issue that was daunting, and more than a bit terrifying: the Bar Mitzvah of my own child. ARGH! I had no idea what I didn’t know. Celebration plans, honors, projects, logistics, hotel for out-of-town family, kippot, speeches, photographs, music - even clothing!

Lisa and I are fortunate that we can split some of the planning between us; there are some parts of all this that each of us are more naturally inclined to accomplish, although there are a few things that we seem to be playing a game of perpetual “not- it” to avoid doing! It will all eventually get done, but it really is a huge undertaking.

Our unique CSH community celebration of B’nai Mitzvah makes the work both easier and more difficult. As a part of the Shirat Hayam family, I want to share our family’s simcha with our community – and since we celebrate most of our B’nai Mitzvah as a community on Shabbat mornings, this part is much easier for us. We hope that everyone will join us for Shabbat services as Aryeh becomes a Bar Mitzvah on March 23rd, and join us afterwards to celebrate during Kiddush lunch in our Shabbat Café.

The other surprising challenge is trying to keep the ‘mitzvah’ in B’nai Mitzvah. You might think that as a Jewish educator, I would find it coming to me as second nature – and it does. But I also found that it got lost or pushed to the background much too easily by all the other more ‘immediate’ needs. I think we have come up with a good balance for our family, and I look forward to sharing a couple of our ideas with you next month.

L’Shalom!

Jed
Meet Our Teachers

CJE

Phyllis Eidelman

Phyllis Eidelman is the Israeli Folk Dance instructor for the students at CJE. She teaches all the classes from Pre-K through Grade 5. Utilizing Israeli folk dance music, she leads the students in dances that celebrate the Jewish holidays, Shabbat, or contemporary dances from Israel.

Phyllis began doing Israeli dancing along with her parents when she was three years old, back in New York City where she was raised. They instilled in her the love of Israeli dance that continues to this day.

She began performing Israeli Dance in the New York City Israeli Folk Dance Festival when she was a teenager. Today, Phyllis continues to perform at the Boston Israeli Folk Dance Festival at MIT every March.

She received her Master’s In Dance Therapy and has worked in this field in many local agencies. Phyllis resides in Marblehead with her husband, Michael, and three children.

Preschool

Erin Browning

My name is Erin Browning. I have been part of the Shirat Hayam Preschool family for over ten years. I started my journey when my youngest daughter was 8 months old and we enrolled in Mini Magic Moments with Marcy Yellin. I am not sure who got more out of this class, my daughter or me! Having a preschool teaching background, I quickly found that not only is Shirat Hayam Preschool a great school, but also a great community.

Time marched on and, before I could blink, my youngest daughter was two and I was offered a teaching position at the Preschool with Toddlers. This did not feel like the best time to go back to work; however, with the support of the teaching staff I was able to successfully join the work force again. I have ‘graduated’, and now co-teach three-year-old children with Sherri Carne.

I have a degree in Early Childhood Education from Fisher College and a Sociology degree from St. Leo University. I have taught in both public and private schools, as well as North Shore Head Start. I have a passion for teaching young children and truly enjoy watching them grow and learn.

Both of my children attended Shirat Hayam Preschool, and I feel I gave them a gift by having them do so - they were exposed to different languages, cultures and, most of all, loving teachers. My daughters, now nine and twelve, still look at going to work with me as a special treat.

My family lives in Marblehead. We have a dog named Lazy. In the summer we enjoy using our boat, going to local beaches, swimming in the JCC pool. In the winter we like to ice skate and drink hot cocoa!
January was a GREAT MONTH for SMARTY YAiSH, which included our first ever College Trip and Junior Trip to see “The Hobbit” in IMAX 3D! February is even more packed and exciting – can’t wait to see you at our lounge nights and events!

Rich Gordon
smartyyaish@gmail.com
781-346-4045

Schedule of Events:

SMARTY YAiSH - 8th-12th graders
All Lounges from 7-9 pm at Temple Emanu-El

Thursday, Feb. 7 – Volunteering at My Brother’s Table; meet at Temple Emanu-El at 4 pm for carpool
Thursday, Feb. 7 – Lounge
Thursday, Feb. 14 – Lounge
Sunday, Feb. 24 – Community Purim Event at JCC, 1 pm
Sunday, Feb. 24 – Roller Skating at Roller-World, 425-R Broadway, Saugus, 3:45 pm
  Optional dinner following skating, across the street at Applebee’s
Monday, Feb. 25 – Torah Hub for Teens, FREE, bus leaves from JCC at 5 pm.
Thursday, Feb. 28 – Lounge
Saturday-Sunday, March 2-3 – Loon Overnight

Junior SMARTY YAiSH - 6th-8th graders
Event on February 20 is for 4th & 5th graders!!!

Saturday, Feb. 2 – Jr. SY event TBD – contact Rich for more info, or check your SMARTY YAiSH e-mails
Wednesday, Feb. 13 – Lounge, Temple Emanu-El, 6:30-8:30 pm
Wednesday, Feb. 20 – Fourth & Fifth Grade Day – Patriot Place, Foxboro – Spy Mission at 5Wits and lunch at Red Robin. Transportation will be included, contact Rich for more info. Registration deadline is 2/5!
Sunday, Feb. 24 – Community Purim Event at JCC, 1 pm
Monday, Feb. 25 – Torah Hub for Teens (8th grade & up), FREE, bus leaves from JCC at 5 pm.
Congregational Life

Marla Gay, Director
Ma Nishmah? What’s Happening?

Shabbat Olam, Baking with Bubbe, Texas Hold ‘Em, Gan Shirat Hayam, Yoga Havdallah... just to name a few things coming up. Programming plays such an important role in what we do at Shirat Hayam. It’s always great to see new faces at our programs and events. We’d love to see you at Shabbat as well. Come and experience our amazing Synaplex offerings. Bring friends - our doors are open. There are Synaguides to help guide you through the morning so you won’t feel overwhelmed or unwelcome (don’t forget - we practice radical hospitality!).

Another opportunity coming up that is open to members and non-members is the Annual Second Night (Not Your Zaydie’s) Seder. This year is taking shape to be an amazing communal experience. Invitations will be sent soon. Please consider joining us with your families and friends this year.

Speaking of radical hospitality, we have been welcoming visitors from three synagogues on the South Shore that are planning a merger. They’re very excited to visit Shirat Hayam and see what is possible for their community. Thank you to everyone who made our guests feel welcome. You have all become members of the Radical Hospitality Committee by default, and you make us all proud!

If you have any questions about programming or membership, please don’t hesitate to contact me. I love talking about what we do here at Shirat Hayam!

L’hitraot,

Marla

B’ruchim HaBaim ~ ברכות בבית

Welcome to the newest members of the Shirat Hayam family:

Lisa Schwartz and Matthew Hjorth
and Ava Hjorth
Gan Shirat Hayam

We are excited to introduce the CSH community to a new and exciting project - Gan Shirat Hayam! Our committee has worked hard to discover a way to bring all community members from toddlers to seniors together, involved and excited. We will be breaking ground in the springtime and building a beautiful garden in the back of the Preschool on the island near the parking lot.

Jewish gardens are popping up all across the United States. Jewish gardening is a wonderful way to educate ourselves and our children about where our food comes from and how to care for our earth. Summer camps, synagogue groups, and Jewish day schools are just some of the places where gardening is taking place. The garden is a perfect educational setting for hands-on experiential learning and provides a meaningful context from which to explore Jewish history, holidays and values.

We are delighted that the Brotherhood will generously donate their time, labor and enthusiasm to start this project with the building of raised garden beds to begin our garden.

Donations are accepted, if you feel so inclined to give to our important project. More importantly, we need your green, or non-green thumbs! If you are able to volunteer in any way, please contact us at: Garden@ShiratHayam.org

We look forward to growing with you!

B'Shalom,
Ariela HaLevi, Jill Goodman, Elana Winer and Jed Filler

Yoga Havdallah

Saturday, March 2
Yoga 6:30 pm
Havdallah & Dinner - 7:30 pm

Join Ariela and Rabbi HaLevi as we prepare our bodies and hearts for Passover. Plant the seeds of rebirth for Spring - begin the growth of new ideas, new beginnings and growing the Tree of Life in all of us.

$25.00 a person
rsvp to CSH by 2/22
Shalom.

Thank you to everyone who has responded so generously to the annual LEV campaign. Your support helps us continue our vibrant programming, services and events. If you did not make your gift for the end of the year, there’s still time! Our annual campaign runs through April 30th!

Every gift is important and meaningful, regardless of the size. We hope that you will speak with your heart and make as generous a donation as you can to Shirat Hayam. You will be doing a mitzvah – practicing lovingkindness – love from the heart – love from the LEV. For that, and for your participation in the life of our Jewish community, we thank you.

With warmest regards,

Melissa  David

Melissa Kaplowitch and David Rosenberg, LEV Co-Chairs

You may also call CEO Bob Krentzman or Director of Congregational Life Marla Gay for assistance.

We have until April 30th to reach our goal.

Please consider a gift to LEV. Give from your heart.
Family Life

Baking with Bubbe! Sunday, February 10, 10:30 am

Calling all bubbes! Calling all budding pastry chefs (age 8 and under)! Join us for our third annual Baking with Bubbes event! Grab your rolling pin and join us at Shirat Hayam for a sweet morning of baking. We’ll also have a craft to decorate while we wait for the cookies to bake. Bring your Bubbe (or Zayde, or anyone else!) or bake with one of the “borrowed” bubbes who will be on hand. While an RSVP (by February 5th) would help us plan, walk-in bakers are welcome!

Calling All College Students!

Okay, we know college students aren’t reading this, so... parents of college students - please provide us with the information so we can stay in touch with your kids. Or, deliver the message below and we can see how many do what you tell them to.

Your CSH family wants to stay in touch with you. Please send us your email and mailing address at college. We want to send you a surprise. Send your information to CSH@ShiratHayam.org as soon as you can.
**Shabbat Experience @ CSH**

**Babysitting**

*Ages up to 4*

*Downstairs Playroom*

An adult must remain in the building.

*8:30 - 11:50 am, weekly*

*Babysitting is provided at no charge so that parents may attend services.*

**Limud Shabbat**

*Kids’ CJE Experience*

*Center for Jewish Education*

*Ages 4 and up*

*9:00 - noon weekly (except Camp Limud days - see CJE schedule)*

*Tzofim for CHA students, 10:00 am*

For a full schedule of Limud activities, please contact Jed Filler, Education Director, at: CJE@ShiratHayam.org

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**Traditional and Alternative Service Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi and Cantor Rozenfeld</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld, Cantor</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>R³ - Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
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**For Everyone - Main Sanctuary**

11:45 am - noon

**Ruach Rally**

Concluding prayers and Kiddush/Motzi

**Community Shabbat Café at noon**

12:15 pm - Kids’ Kehilla Lounge (see page 26)

Attire is casual.

*We practice radical hospitality.*
Early Mystic Minyan - 8:30 am
As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am
The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’seukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am
The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer, and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

Yoga Minyan - 10:00 am
A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am
Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Tzofim - on Limud Shabbat days - for CHA students: Designed as an Israel-based learning and experiential program, Tzofim meets on Shabbat from 10:00 am to noon. Students will participate in a variety of activities and subject areas, including Ulpan (spoken Hebrew), Israeli culture, Tefillah (prayer), and modern Israeli music and art.

Magic Minyan and Hazzan Katan 10:45 - 11:30 am
Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (age 3 and under) is held on the second Saturday of the month and Hazzan Katan with Cantor Elana is on the fourth Saturday for preschoolers and younger.

Nosh and Drash
Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the social hall with the following guest scholars for February:
2- Rabbi Kosovske; 9- Jed Filler; 16 and 23- Rabbi Ken Weiss

Service Schedule

Daily Minyan
- Monday - Friday mornings: 7:30 am;
- Monday - Thursday evenings: 7:00 pm;
- Sundays: 9:00 am and 6:00 pm

Shabbat
- Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule)
- Saturday evenings: 6:00 pm

Candle Lighting
February:
1- 4:39; 8- 4:48; 15- 4:57; 22- 5:06
Renewal - February 9th, we will be joined by Josef Kottler
Brotherhood

Join us on Sunday, February 3rd, after morning minyan for World Wide Wrap (see page 3). We will be joining hundreds of other men’s clubs, brotherhoods, synagogues and other Jewish organizations as we perform the mitzvah of wrapping tefillin. Everyone is welcome, no matter your experience or skill level. If you have ever wanted to learn how to wrap tefillin, here’s your chance to learn! Breakfast will be provided as part of this event.

Next up is our now-famous Texas Hold ‘Em Poker Night on February 6 at 7:30 pm (see below).

Our Scholarship Committee is beginning its preparation for Brotherhood’s annual Senior Scholarship Awards. We need your help! Let us know if you would like to be involved.

Spring is coming soon, and with it we are preparing a community garden at CSH, along with the cooperation of several committees and active members from our congregation. We have opportunities for all ages to get involved, from planting seeds to constructing plant beds, and everything in between.

Finally, join us for our monthly Brotherhood planning meeting on February 3rd.

To keep up with the latest Brotherhood news and events: like us at www.facebook.com/cshbrotherhood and/or send an email to cshbrotherhood@gmail.com to join our mailing list.

*Kol Tuv,*

*Joe Simons, President, Brian Cohen, Vice President*

---

**CSH Brotherhood Texas Hold ‘Em!**

Join CSH Brotherhood for a Night of Poker, Fun, Prizes & Food!

**Wednesday, February 6**

**at Congregation Shirat Hayam, 55 Atlantic Avenue, Swampscott**

Open to all (18+)... Doors open 7 pm - Tournament begins following minyan

For only $25 a person, you will get a delicious deli buffet, beverages provided by Kappy’s and “$5,000” in poker chips

*RSVP by February 4 to cshbrotherhood@gmail.com*  
*or to CSH@ShiratHayam.org - 781.599.8005*  
*or mail your check to: CSH/Texas, 55 Atlantic Avenue, Swampscott 01907*

Proceeds to the Burt Shepard Scholarship Fund
Library Corner

Please visit our lending library in the Chapel. The following are our newest additions.

Elaine Merken

Library Chairperson

Albright, Madeline with Woodward, Bill -

Prague Winter - a personal story of remembrance and war, 1937-1948. “An incisive work of history, Prague Winter serves as a guide to the future through the lessons of the past - as seen through the eyes of the International community’s most respected and fascinating figures.”

Chabon, Michael -

Telegraph Avenue (the signed edition) “Set to the funky beat of classic vinyl soul-jazz in 2004...Telegraph Avenue is the great American novel we’ve all been waiting for. Generous, imaginative, funny, moving, thrilling, human, triumphant, it is Michael Chabon’s most dazzling book yet.”

Mann, William J. -

Hello, Gorgeous - becoming Barbra Streisand - “A best-selling biography tells the electrifying story of how Barbra Streisand transformed herself into the greatest star of her era, etching an indelible portrait of the artist as a young woman.”

Silva, Daniel -

The Fallen Angel - “…It is a story of faith and of the destructive powers of secrets - and an all too timely reminder that those who cannot remember the past are condemned to repeat it.”

“Rule #1 at the Vatican...”it was said, is ‘Don’t ask too many questions.’”

Tropper, Jonathan -

One Last Thing Before I Go - “A tender and unexpectedly hilarious take in the messiness of family life” - People Stylewatch

“This is a beautiful novel about MEN- their lust and rage and sweetness.” - The Washington Post

"Bam, Crack, Dot, Flower, I'll call that" - if these words make sense to you, then you have the potential to become a Mahjong Maven of the Sea!! About two years ago a group of 10 ladies embarked on a 16 week course at CSH to learn this ancient game - and from the first night we were hooked and have continued to play two nights per week. We have grown to a group of over 20 ladies, which leads to a varying number of players each night. CSH Mahjong is for experienced players who are looking for an enjoyable game on Monday and Thursday evenings from 7:20 - 9:00 PM. All that is required is that you are an experienced player and have a current card. We don't play for money, but rather we make a contribution of $1 per evening that you play to the LEV Fund in appreciation of CSH for allowing us the space and "set up" to play.

If you are new to the game and taking classes, you are welcome to observe until you’ve “graduated” from your class, then – you are more than welcome to participate. The more the merrier and we know that once you gain the experience needed, you’ll understand and love the game the way we do. In the event that you are interested in learning the game, please contact one us for various classes in the area, and if there is enough interest there may be the possibility of a class at CSH.

Fran Levy-Freiman and Sandra Goldstein
We mourn the passing of our members

Bernie Siskind
Harriet Diamond

and extend our deepest sympathy to their family and friends

Condolences to

Beverly Kahn on the loss of her father, Bernie Siskind
Joan Garfield on the loss of her husband, Bernie Siskind
Larry and Risa Kahn on the loss of Larry’s grandfather, Bernie Siskind
Alan Diamond on the loss of his wife, Harriet
Amy and Eric Taros on the loss of Amy’s mother, Harriet Diamond
Millee Finkle on the loss of her son, Bruce Finkle
David and Melissa Tucker on the loss of David’s aunt, Arlene Francis Levin

In memory of:
Father, Sam Pressman
Mother, Mary Pressman
Brother, Larry Pressman

by Florence Pressman

In memory of:
Gertrude Katz, loving mother, grandmother, friend
by Rhonda, David, Kyle, Harrison, Jess, Zac and Jessica Preman
Rabbi B and Ellen Frankel’s book
by Joel Kobey and Jan Gattoni
Harriet Diamond
by Melissa Gershon
Bernard Siskind
by Jackie and Bob Myerson
Shepard Weisman
by Ruth Lunder
Sandra and Philip Holmes
by Dick Holmes

In memory of:
Bernard Siskind
by Jackie and Bob Myerson
Shepard Weisman
by Ruth Lunder
In memory of:
Bernard Siskind
by Jackie and Bob Myerson

Cantor Elana’s Discretionary Fund
With gratitude to Cantor Elana for everything she does with iShir
by Cindy and Steven Bailen
In honor of the marriage of Alice and Charles Leidner’s daughter
by Leslie and Bob Ogan

Cantor Emil’s Discretionary Fund
Wishing a speedy recovery to Eunice Brody
In honor of Cantor Emil and thank you for aliya
In honor of Sandy Hirshberg’s birthday
In honor of Diane Levin’s special birthday
In honor of Sandy Levy’s special birthday
In memory of Bernard Siskind
by Natalie White
In honor of Faith Kramer’s special birthday
by Ann Segal; Marilyn and Sonny Stoll
In honor of Dara Fruchter’s birthday
by Natalie, Sheryl, Gordon and Zachary White
In honor of Sylvia and Norman Revman on their speedy recoveries
by Sid and Barb Abramson
With gratitude to Cantor Emil for his friendship, comfort and support at the time of my mother’s passing
by Carol Goldenberg
Thank you to Cantor Emil for his Torah Trope class
by Cindy Bailen
In honor of the morning minyanaires
by Madeline Stark

Refuah Sh’lemah
- Get well to
Faylyn Levine; Aimee Bunin
In honor of Golda Greenbaum’s recovery
  by Michele and David Tamaren
In blessed memory of my beloved wife of 59 years, Frances Nancy Goldfield
With grateful appreciation of Cantor Emil and Barri Stein for all that they did to make the internment services so solemn
  by Morris Goldfield

CSH PRESCHOOL FUND
In memory of Bernie Siskind
  by Melissa and Scott Kaplowitch; Leslie Sack; Debbie and Lenny Leibowitz

In memory of:
Grandfather, Louis Lipsky
  by Beverly Kahn

CENTER FOR JEWISH EDUCATION FUND
In honor of Ralph and Harriett Kaplan’s 65th Wedding Anniversary
  by Leslie and Bob Ogan and Family

GENERAL FUND
In memory of Harriet Diamond
  by Jerry and Arlene Rosen; Leslie and Harold Freedman; Lois and Bobby Kaplan; Phyllis Sagan; Phyllis and Harvey Levin
In honor of Lee and Alysa’s engagement
  by Otis and Lynne Greenberg

In memory of Bruce Finkel
  by Marilyn and Phil Vener
In honor of the birth of Gail and Richard Gelb’s granddaughter, Samara Hava

In memory of Millee Finkle’s beloved son, Bruce
  by Phyllis Sagan
In memory of Larry and Risa Kahn’s grandfather, Bernie Siskind
  by Phyllis Sagan; Phyllis and Harvey Levin
In memory of Beverly Kahn’s father, Bernard Siskind
  by Phyllis Sagan; Mark and Carolyn Friedman; Barbara Vinick; Joel and Sue Sherman; Carol and Samuel Denbo; Beverly Richman; Carl and Sandy Shalit; Alvah Parker and Frances Mendelsohn
In honor of Harriett and Ralph Kaplan’s 65th Anniversary
  by Miriam Kaplan; Alan and Lisa Kaplan; Marlene and Jeff Goldberg; Harriet and Michael Katzen
In memory of Claudia Rodenstein’s brother, Sheppard Weisman
  by Barry and Caryn Cohen
A prayer was offered for a safe trip to China, Korea and Cambodia for Jeffrey and Sandy Presser
  by Frances Rubin
With sympathy for the losses of Barry and Claudia Rodenstein
In memory of Bernard Siskind
In honor of Ralph and Harriett Kaplan’s Happy Special Anniversary
  by Valerie and Alan Gilbert

SAMUEL BRODY MINYAN FUND
In memory of Bernard Siskind
  by Robin and Robert Cooper

With gratitude for making us feel welcome at daily minyan
  by Steven Levine and Laurie Jacobs

In memory of:
Father, Hyman Addis
  by David Addis
Mother, Esther Gilberg
  by Fay Castlemen
Mother, Jennie Poster
  by Lenny and Cynthia Poster
Mother-in-Law, Rebecca Goldenberg
  by Mrs. Ruth Goldenberg
Mother, Mollie Goldberg
  by Dr. Howard Goldberg
Father, Jacob Handis
  by Bernard Handis
Father, Joseph Fishman
  by Evelyn Handis
Mother, Ima Kahn
  by Eric Kahn
Uncle, Saul Bornstein
Mother, Anne Bornstein
  by Ruth Kahn
Father, Samuel Ribok
  by Barbara Goldberg
Father, Israel Bluestein
Mother, Rose Bluestein
  by Janice Kelley
Husband, Saul Toby
Father, Charles Dubrow
  by Barbara Toby
Wife, Janet Goldberg
  by Herbert Goldberg
Father-in-law, Benjamin Tenenbaum
  by Joann Tenenbaum
Mother, Lee Stoller  
by Natalie White
Mother, Ida Razin  
by Roberta Kline
Father, Fred Gerber  
by Sally Hooker
Husband, Robert Shulman  
by Shirley Shulman
Aunt, Gertrude Gilberg  
by Mildred Finkle
Husband, Harvey Litman  
by Diana Litman
Son, Clifton Surette  
by Daniel Surette
Grandmother, Emma Stark  
by Madeline Stark
Father, Burton Slater  
by Steven Slater
Father, Melvin Polsky  
by Bernice Mitchell
Brother, Murray Weinstein  
by Reva Surette

**SHABBAT CAFÉ (KIDDUSSH) FUND**

In honor of Harriett and Ralph Kaplan’s 65th Anniversary
In memory of Bernie Siskind
In memory of Carol Goldenberg’s mother, Shirley Spencer  
by Susan and Larry Goldberg
In memory of Myer Rubin  
by Rhonda, David, Kyle, Harrison, Jess, Zac and Jessica Preman
In memory of Frances Goldfield  
by Charlotte and Donald Fine
In memory of Harriet Diamond  
by Harold and Judy Kramer; Susan and Larry Goldberg; Arthur and Cheryl Schwartz
In memory of Bruce Finkle  
by Reggie and Lewis Weinstein
In honor of Diane Levin’s special birthday  
by the Minyanaires
In memory of Bernie Siskind  
by Lois and Bobby Kaplan; Harold and Judy Kramer; Reggie and Lewis Weinstein; Roz and Sandy Levy

To the Joseph Weisman family, in memory of son, Sheppard Weisman  
by Jerry and Arlene Rosen; Irene Gilberg

**In memory of:**
Father, Seymour Bergman  
by Arnold Bergman
Mother, Rhoda Finegold  
by Donald Finegold
Mother, Anna Kaplan  
by Ralph Kaplan
Mother, Wilma Alexander  
by Susan Willis
Brother-in-law, Peter McDonough  
by Susan Goldberg
Grandfather, Ben Guthartz  
by Mikkel DellaCamera
Mother, Ethel Dubrow  
by Barbara Toby
Father, Joseph Cohen  
by Sandra Osattin
Brother, Irving Sandler  
by Beatrice Lipsky
Aunt, Ida Goldberg  
by Herbert Goldberg
Father, Jacob Sher  
by Richard Sher
Father, Louis Sher  
by Esther Kramer
Brother, Paul Siegel  
by Frances Bobroff
Father, Louis Hotz  
by Joyce Rosenthal
Mother-in-law, Wilma Alexander  
by Elizabeth Stevenson

Sister, Barbara Vishno  
by Francia Blitt

Father, Irving Blitt  
by Lowell Blitt

Mother, Rosalind Kauder  
by David Kauder

Sister, Helen Cohen  
by Frances Gam

Father, Israel Babbitt  
by Abraham Babbitt

Husband, Richard Rubin  
by Beverly Rubin

Father-in-law, Milton Vinick

Father, Isidor Tolpin  
by Barbara Vinick

Father, Max Goldstein

Aunt, Ida Goldstein  
by Myra Gulko

Father, Nathan Danberg  
by Sheila Taymore

Father, Mark Solov  
by Frances Solov

Father, Morris Shanker  
by Ruth Shanker

Sister, Pearl Brown  
by Sidney Strome

Grandmother, Sadie Stockman  
by Phyllis Kaplan

Father, Israel Shuman  
by Arnold Shuman

Brother-in-law, Joseph Rimer

Mother, Sadie Rafey

Father-in-law, Samuel Rimer  
by Anita Rimer

Father, Hyman Wintman  
by Bernice Rothbard

Father, Samuel White  
by Jerome White

Mother, Wilma Alexander  
by Richard and Ellen Alexander

Father, Theodor Teimer  
by J. Myron Rosen

Father, Henry Rosen  
by J. Myron Rosen

Father, Norman Rubin

Mother, Eleanor Rubin  
by Sheldon Rubin

Wife, Andrea Firestone  
by James Firestone

Father, Sam Schnelwar  
by Alan Schnelwar

Father, William Cohen  
by Bunny Gorfinkle

Brother, Norman Gulko  
by Paul Gulko

Mother, Frieda Ross  
by Libby Ellin

TORAH FUND
A hearty Mazel Tov to Marilyn and Harry Epstein on the 
engagement of their daughter, Ellen, to Yehiel Vilenchik  
by Ed and Diana Caplan

HENRY MERKEN TALLIT MEMORIAL FUND
In honor of Dr. Melvin and Shirley Merken for their special 
anniversary

In honor of Diane Levin’s birthday  
by Elaine Merken

DR. N. MILTON INSUIK MEMORIAL GARDEN
In honor of Al Goldner’s 80th birthday

In memory of Stanley Rosen  
by Bernice Insuik

FARBER SCHOLARSHIP FUND
In memory of Arthur Shainker

by Norma Brooks

SMITH LANDSCAPE FUND
In memory of:

Mother, Birdie Clebnik  
by Eleanor Levingston

Father, Samuel Breitman  
by Evelyn Ginsburg

TREE PLANTED IN ISRAEL
In memory of Vanessa Stevens  
by Alisa Alvarez

In memory of Noah Pozner  
by Carol and Sam Denbo

In honor of the birth of Ellen and Barry Turkanis’s granddaughter  
by Leslie, Bob, Rachel, Michael and Emily Ogan

TIKVAH FUND
In memory of Harriet Diamond

In memory of Bruce Finkle

In memory of Bernie Finkle

In honor of Selma Siskind’s new great-grandson

Get well to Herbert Leventhal

Get better Golda Greenbaum  
by Sidney and Beatrice Strome
LEV INITIATIVE

Marvin Cashman
Sidney and Beatrice Strome
Nathaniel and Lauren Weiss
Ellen and Stan Gordon
Robert and Edith Harris
Joel Largsom and Jennifer Lan
David and Heleene Fink
Bruce Silverlieb and Mark Korson

In memory of Harriet Diamond
by Marilyn and Seymour Fishman
by Melissa and Scott Kaplowitch
In memory of Leonard Parker
In memory of Bob Alperin’s grandfather, Saul
by Melissa and Scott Kaplowitch
In honor of our children and grandchildren
by Marion and Bob Garfinkel
In honor of Ralph and Harriett Kaplan’s 65th Wedding Anniversary
by Steven Katzen
by Arleen Pearl

SHABBAT CAFÉ
Wendy and Conrad Wicks

TECHNOLOGY
Aviv Hod and Emily Wiese

MUSIC
Harvey and Gail Zarren
Noah Hartman

SHABBAT OLAM
Gail Goldstein
Arnold and Sandra Shuman

INTERFAITH
Ed and Dena Bailey

SPIRITUAL
Elaine and Philip Linsky

FAMILY LIFE
Joel and Stephanie Cohen

KABBALAT SHABBAT
Michele and David Tamaren
Merle Sidell’s daughter, Robyn, is engaged to Daniel Conolly

Judy and Stephen Simmons have a new grandson, Will Anthony Simmons

David Tucker received North Shore Wedding Magazine’s Reader’s Choice award for Best Photographer

Sara Weiss, daughter of Lauren and Nathaniel Weiss, became a bat mitzvah in Israel on December 24

Robin and Bob Cooper’s son, Lee Cooper, is engaged to Elissa Karp of Sharon, MA. A fall wedding is planned.

Alice and Charles Leidner have a new granddaughter, Whitney Rose Kaplan. Parents are Leslie (Leidner) and Jonathan Kaplan.

Alice and Charles Leidner’s daughter, Lauren, married Barry Bloom

Faith Kramer is celebrating a special birthday

Elaine Merken is celebrating a special birthday

Renee and Jason Sidman have a new son, and Caleb has a new baby brother, Micah Drew. Proud grandparents are Barbara and Alan Sidman.

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish... you get the idea! Share your joy with your CSH family... let’s kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.

Micah Drew Sidman
Kids Kehila Lounge is a huge success! We need your help to keep it going! Do you have an hour? Let Jed or Rich know!!

**Kids’ Kehila Lounge!**

What IS Kids’ Kehila Lounge?
- Supervised play area
- Group games run by teen leaders from CJE/YAiSH
- Free play for kids
- Enjoy your social time during lunch at our Shabbat Café

On Shabbat mornings, when we finish our Limud Shabbat and Synaplex™, we get to enjoy a wonderful lunch in our Shabbat Café – and shortly after, our kids begin to play – here, there, and everywhere! We are so glad that they feel at home here in our building, and we want to help keep them safe. From 12:15 – 1:15 YAiSH are running our Kids’ Kehila Lounge in the downstairs multi-purpose room (MPR).

In order to run this program, WE NEED YOUR HELP.

Teens will be available to run games and activities, but we need PARENTS to help keep an eye out for safety issues and concerns. Each week that our Kids’ Kehila Lounge runs, we need two parent volunteers to keep a watchful eye in case of an emergency. So we are asking that parents volunteer to help during ONE (1) Kids’ Kehila Lounge through the remainder of the year.

If you would like to volunteer, send us an email at: Youth@ShiratHayam.org (if you want to be scheduled with a friend let us know) and we will set up a schedule!

We can’t run the program without you ...

**Rich**
Rich Gordon
Youth Director

**Jed**
Jed A. Filler
Director of Education
On-going Programs for our kids...

Magic Minyan

A Shabbat Synaplex™ option for families with children up to 3 years of age
Second Saturday of the month  2/9

It’s Magic Moments with Marcy - designed for Shabbat!
How much better can it get? From 10:45 to 11:30 am, families with Preschoolers and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us!

Hazzan Katan with Cantor Elana

A new Shabbat Synaplex™ option for families with preschool age children
Fourth Saturday of the month 2/23

Cantor Elana will teach prayers and sing songs from 10:45 to 11:30 am, for families with preschool age children (kids must bring an adult with them). Music and prayer with a Shabbat or holiday theme is perfect for preschoolers. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the new Hazzan Katan (Little Cantors)!
Chesed Committee

Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2012 Advertising Rates

Congregation Shirat Hayam Wave

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Holidays 5773

2013

February 24 Purim
March 25 Passover, First Seder;
April 1 Last Day Passover/Yizkor
April 8 Yom Hashoah

April 15 Yom Hazikaron
April 16 Yom Haatzmaut (Israel’s 65th)
April 28 Lag Ba’omer
May 15 Shavuot (Yizkor)
July 16 Tisha B’Av
www.zuzzim.com

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A marketplace where shopping with businesses who support good causes will drive at least 50% of their contribution to your favourite cause for each connection made through Zuzzim.

Prime IS ON YOUR SIDE

yes it is!

CSH Book Club - Everyone’s welcome!

7:30 pm on the following Monday evenings:

February 18
March 18
March
Unbroken
by Geraldine Brooks
by Laura Hillenbrand

April 15
May 20
The Tiger’s Wife
The Glass Room
by Tea Obreht
by Simon Mawer

June 17
Left Neglected
by Lisa Genova

The CSH Book Club is open to the community - please join us.
For more information, email Becky Shepard at: shepardb@aol.com.
Animal House

Purim

at Shirat Hayam

Saturday, February 23 at 5:15 pm

• Curious Creatures*
• Yummy Supper
• Havadallah & Megila Reading
• Make your own Sundaes

Prizes for
ALL costumes!

Come dressed as your favorite animal!

*Curious Creatures will bring snakes, a mini-alligator, tarantula and more! The show will take place between dinner and the reading of the megilah. Come for supper promptly at 5:15 so you don’t miss the show!
Chagenu Purim Celebration!

Sunday, February 24, 1:00-3:00pm

Everyone’s invited for…

- Dondo the Magician
- Crafts
- Make-Your-Own Sundae Bar
- Hamantaschen

RSVP to the JCC’s Marla Mindel at mmindel@jccns.com by Feb. 20 and pay just $5 per family.

$10 per family at the door.

All Inclusive Please bring canned goods for the Jewish Food Pantry.

Family Swim 3:00-4:00pm

JCC of the North Shore
4 Community Rd., Marblehead
781-631-8330, JCCNS.ORG

Brought to you by the JCC of the North Shore, Temple Sinai, Congregation Shirat Hayam, Cohen Hillel Academy, Temple Emanu-El, Temple Shalom and The Jewish Journal
**Shabbat Café Sponsors**

*Thank you to the following for co-sponsoring Shabbat Café in January:*

Ralph and Harriet Kaplan in honor of their 65th Wedding Anniversary
Diane Levin and Stephen Hicks in honor of Diane’s “triple chai” birthday
Cindy and Steve Bailen in honor of their daughter Kara’s 11th birthday and Steve chanting the haftarah

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

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**Todah Rabah**

*Thank you to the following for participating in services in January:*

Torah Readers: Diane Levin, Dara Fruchter, Lili Berkovits and Deanna Cooper
Haftarah Chanters: Diane Levin, Howard Abrams, Steve Bailen and Ellen Gordon

*If you would like to read Torah or chant a Haftarah, contact Cantor Emil: CantorEmil@ShiratHayam.org.*

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**CSH Minyannaires**

*Thank you to the following members for supporting daily services in January:*


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
Thanks to the generosity of Karen and David Rosenberg, all proceeds from the purchase of “Revolution of Jewish Spirit” at Shirat Hayam will directly benefit the RUAKH at CSH!

Spirited Sisters: Circle at the Sea

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

On the following Sunday evenings - 7:00 to 9:00 pm at CSH:
February 3, March 3, April 7, May 5 and June 2

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.

Visit our website!!  www.spiritedsisters.org
New Advertisers!

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If you are a CSH member and live in Lynn, Swampscott, Marblehead or Salem, call Don Hurwitz at 617.966.1611 for your 1-4 passenger ride to Logan. Please let Don know that you are a CSH member and notify him at least 24 hours in advance.

For over 50 years, Heritage Industries, a program of the North Shore Arc, has been providing high-quality subcontract services in Massachusetts.

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The Wave ~ CSH - 55 Atlantic Avenue, Swampscott, MA 01907 ~ 781.599.8005 ~ Fax: 781.599.1860 ~ www.ShiratHayam.org
Attention High School Seniors

Brotherhood’s annual Scholarship applications will be sent out this month. All CSH high school seniors planning to attend college are invited to apply. Here’s your chance to win valuable scholarships toward college expenses.

This is not a need-based scholarship. Scholarships will be awarded based on merit, community involvement and participation at Congregation Shirat Hayam.

First Prize: $1,500
Second Prize: $750
Third Prize: $500

We have awards for every qualified applicant - don’t miss out on this opportunity!

Interviews will be held in March. Awards will be presented at a ceremony in April.

These awards are made possible by your generous contributions to the Burt Shepard Scholarship Fund. Please keep this fund in mind when you have a simcha or other occasion to contribute to a great cause.

Caring for Generations

JF&CS

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

You Can Make a Difference

• The next community food distribution, which benefits more than 40 North Shore families, will be held on Sunday, February 10th.

• We are in need of nonperishable, kosher food products, especially peanut butter and whole grain crackers.

• Drop your donations in the JF&CS Family Table bin located in the CSH lobby.

Thank you for your support.

Shalom,

Bette Shoreman

CSH Family Table Site Coordinator
Dear Friends

As part of our community’s *Israel at 65* celebration, we have received a grant from the *Jewish Federation of the North Shore* for a fabulous program:

**Beyond the Camels and Falafel, a Futurist Celebration of Israel!**

This program will take place at Congregation Shirat Hayam and is a collaboration with Cohen Hillel Academy that will include all the agencies and synagogues on the North Shore. On **Thursday, April 11**, in the evening, we plan to look back at Israel’s past 65 years with a vision to the future. The evening will be social, cultural and educational. We will feature a dynamic futurist speaker, **Dr. David Passig from Bar-Ilan University in Israel**.

We will also feature sophisticated **wines from Israel** with a tasting provided by Kappy’s. And, of course, there will be food!

Please mark this date on your calendars and plan on celebrating Israel’s 65th with our North Shore community! Details will be coming soon....
Team CSH

CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
Ext. 14

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org
Ext. 12

Cantor Emeritus
Emil Berkovits
CantorEmil@ShiratHayam.org
Ext. 13

Direct line: 781.346.6074

Robert A. Krentzman,
Chief Executive Officer
Bob@ShiratHayam.org
Ext. 41

Marla Gay, Director of Congregational Life
Marla@ShiratHayam.org
Ext. 27

Barri G. Stein, Director of Events and Facility
Barri@ShiratHayam.org
Ext. 11

Marylou Barry,
Office Manager
Marylou@ShiratHayam.org
Ext. 10

Richard Kelleher,
Bookkeeper
Richard@ShiratHayam.org
Ext. 22

Rabbi Emeritus
Edgar Weinsberg

Youth

Rich Gordon, Youth Director
SmartyYaish@gmail.com

CSH Preschool

Preschool@ShiratHayam.org

Direct Line: 781.598.3311

Leslie Rooks Sack,
Director
Leslie@ShiratHayam.org

Debbie Leibowitz,
Assistant Director
Preschool@ShiratHayam.org

Preschool Staff:
Erin Browning
Melissa Caplan
Sherri Carne
Christine Dolan
Sonia D’Oliveria
Marcy Furlong
Nancy Galber
Valerie Gilbert
Stefanie Gladstone
Wendy Lewis
Shari Losanno
Barbara Levine
Kathy Martin
Alison Michigan
Christine O’Donnell
Cheryl Schwartz
Rebecca Sontz
Marcy Yellin

CJE Madrichim

Karly Cohen
Jamie Ehrlich
Rebecca Fine
Ariel Friedman
Anna Godes
Gennifer Greenberg
Alexa Hamelburg
Leslie Hirshberg
Matt Jepsky
Michael Katzen
Justyn Needel

Rebecca Neuman-Hammond
Melissa Resnic
Brett Resnick
Austin Sagan
Kaylie Schiowitz
Roie Shemesh
Jared Solomon
Jesse Tuttle
Josh Zeff

CJE

Center for Jewish Education

CJE@ShiratHayam.org

Direct Line: 781.346.6075

Jed Filler, Director of Education
Jed@ShiratHayam.org
Ext. 24

Ann Navon, CJE Program Coordinator
Ann@ShiratHayam.org
Ext. 25

CJE Staff:
Melissa Caplan
Phyllis Eidelman
Valerie Gilbert
Stefanie Gladstone
Lynee Greenberg
Halie Pica
Cheryl Schwartz
Daphna Shemesh
Rachel Shwartz
Julie F. Silver
Jason Stark
Beth Tassinari
Marcy Yellin

CSH Board

Leadership@ShiratHayam.org

*Andrew Caplan, Chair
Howard Abrams, Education
Karl Allen
Ellen Alexander, Budget and Finance
David Brodsky
Diana Caplan
Brian Cohen
Marion Garfinkel
Ellen Gordon
Chris Hockert
Aviv Hod
Alice Leidner
Tom Levenberg, Congregational Home
Diane Levin
Mikaela Levine, Programming
Karynn Needel
Leslie Ogan
Julie Sagan, Membership
Hal Schwartz
Joe Selby, Business Development
Janet Weinstein-Zanger

*Executive Committee

Our phone lines will be answered by voicemail between the hours of 1:00 and 3:00 pm. To reach a staff member, you may dial extensions.

Call the main line: 781.599.8005

When prompted, dial extension number.
<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1 Friday</strong></td>
<td>5:00 pm CJE 4th grade Shabbat dinner</td>
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<tr>
<td></td>
<td>6:00 pm Kaballat Shabbat in Sanctuary</td>
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<tr>
<td><strong>2 Saturday</strong></td>
<td>9:00 am Synaplex – iShir participates</td>
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<td></td>
<td>9:00 am Limud</td>
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<td></td>
<td>10:00 am Tzofim</td>
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<tr>
<td><strong>3 Sunday</strong></td>
<td>9:00 am World Wide Wrap</td>
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<td></td>
<td>10:00 am Torah Trope Class</td>
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<td></td>
<td>10:30 am Brotherhood planning meeting</td>
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<td></td>
<td>7:00 pm Spirited Sisters Circle</td>
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<tr>
<td><strong>4 Monday</strong></td>
<td>6:30 pm Ha’Derech</td>
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<td></td>
<td>7:20 pm Mahjong</td>
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<tr>
<td><strong>5 Tuesday</strong></td>
<td>4:00 pm Limud grades 2-6</td>
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<tr>
<td></td>
<td>7:30 pm Holy Shleppers</td>
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<tr>
<td><strong>6 Wednesday</strong></td>
<td>3:30 pm iShir</td>
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<tr>
<td></td>
<td>4:00 pm Limud Lab</td>
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<td></td>
<td>7:00 pm Brotherhood Texas Hold ‘Em</td>
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<td></td>
<td>7:30 pm Kol Isha</td>
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<tr>
<td><strong>7 Thursday</strong></td>
<td>4:00 pm SMARTY/YAiSH at My Brother’s Table</td>
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<tr>
<td></td>
<td>7:00 pm SMARTY/YAiSH Lounge at Temple Emanu-El</td>
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<td></td>
<td>7:20 pm Mahjong</td>
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<tr>
<td></td>
<td>7:30 pm Part 2 of “The Holiness of Bread”</td>
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<tr>
<td><strong>8 Friday</strong></td>
<td>6:00 pm Shabbat Olam RSVP</td>
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<td><strong>9 Saturday</strong></td>
<td>9:00 am Synaplex</td>
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<td>9:00 am Limud</td>
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<td>10:00 am Tzofim</td>
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<td></td>
<td>Magic Minyan</td>
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<tr>
<td><strong>10 Sunday</strong></td>
<td>10:30 am Baking with Babbe</td>
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<td></td>
<td>4:00 pm Rabbi B in Florida</td>
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<tr>
<td><strong>11 Monday</strong></td>
<td>7:20 Mahjong</td>
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<tr>
<td><strong>12 Tuesday</strong></td>
<td>4:00 pm Limud grades 2-6</td>
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<tr>
<td></td>
<td>5:00 pm 7th grade Tzedakah club</td>
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<td></td>
<td>7:30 pm Holy Shleppers</td>
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<td></td>
<td>7:30 pm Board meeting</td>
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<tr>
<td><strong>13 Wednesday</strong></td>
<td>3:30 pm iShir</td>
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<td></td>
<td>4:00 pm Limud Lab</td>
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<tr>
<td></td>
<td>6:30 Jr. SMARTY/YAiSH Lounge at Temple Emanu-El</td>
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<td></td>
<td>7:30 Kol Isha Choir</td>
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<tr>
<td><strong>14 Thursday</strong></td>
<td>7:00 pm SMARTY/YAiSH Lounge at Temple Emanu-El</td>
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<td></td>
<td>7:20 Mahjong</td>
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<tr>
<td><strong>15 Friday</strong></td>
<td>6:00 pm Kabbalat Shabbat</td>
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<td><strong>16 Saturday</strong></td>
<td>Shabbat Synaplex</td>
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<td></td>
<td>Camp Limud</td>
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<td><strong>18 Monday</strong></td>
<td>7:20 Mahjong</td>
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<td></td>
<td>7:30 Book Club</td>
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<td><strong>19 Tuesday</strong></td>
<td>7:30 Holy Shleppers</td>
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<td><strong>20 Thursday</strong></td>
<td>7:20 Mahjong</td>
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<tr>
<td><strong>21 Thursday</strong></td>
<td>7:20 Mahjong</td>
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<tr>
<td><strong>22 Friday</strong></td>
<td>Kabbalat Shabbat</td>
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<tr>
<td><strong>23 Saturday</strong></td>
<td>9:00 am Synaplex</td>
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<td></td>
<td>10:00 am Camp Limud</td>
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<tr>
<td></td>
<td>10:45 am Hazzan Katan</td>
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<tr>
<td></td>
<td>5:15 pm Purim at CSH</td>
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<tr>
<td><strong>24 Sunday</strong></td>
<td>1:00 pm Chagenu Purim at the JCC</td>
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<tr>
<td><strong>25 Monday</strong></td>
<td>6:00 pm Ha’Derech at Aviv</td>
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<td></td>
<td>7:20 pm Mahjong</td>
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<tr>
<td><strong>26 Tuesday</strong></td>
<td>4:00 pm Limud grades 2-6</td>
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<tr>
<td></td>
<td>5:00 pm 7th grade Tzedakah club</td>
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<td></td>
<td>7:30 pm Holy Shleppers</td>
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<tr>
<td><strong>27 Wednesday</strong></td>
<td>4:00 pm Limud Lab</td>
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<td></td>
<td>7:30 pm Kol Isha</td>
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<tr>
<td><strong>28 Thursday</strong></td>
<td>7:00 pm SMARTY/YAiSH Lounge at Temple Emanu-El</td>
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<td></td>
<td>7:20 pm Mahjong</td>
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<tr>
<td><strong>29 Friday</strong></td>
<td>Kabbalat Shabbat</td>
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<tr>
<td><strong>30 Saturday</strong></td>
<td>9:00 am Synaplex</td>
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<td></td>
<td>10:00 am Camp Limud</td>
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<tr>
<td></td>
<td>10:45 am Hazzan Katan</td>
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<tr>
<td></td>
<td>5:15 pm Purim at CSH</td>
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<tr>
<td><strong>31 Sunday</strong></td>
<td>1:00 pm Chagenu Purim at the JCC</td>
</tr>
</tbody>
</table>
DATE CHANGE!!

**SHIRAT HAYAM RETURNS TO ISRAEL!**

JOIN RABBI B ON AN EXTRAORDINARY SPIRITUAL ADVENTURE

**December vacation - December 21, 2013 to January 1, 2014**

**Trip for all ages - plan a bar/bat mitzvah at the southern excavation (above)**

**More details will be available mid-february.**