The Wave

We practice radical hospitality!

Get out your calendars!

August 3 - Saul Kaye Shabbat in the Park - see page 11
August 11, 18 and 25 - Beginner Yoga Class with Ariela - page 30
August 17 - Shabbat @ JCC Pool see page 14
August 20
  Fantasy Football, see page 13

September 8
  CSH Open House Shabbat
  Synaplex and...
  Camp Limud, Magic Minyan
  Learn about our member incentive program - see page 18
  ...and that’s just the morning...

September 8
  Slichot is the time of year that we begin our inner preparation for the High Holy Days.
  This year, we have an amazing evening planned.
    Yoga Havdallah
    Slichot Olam
  Not an evening to miss - see page 5

October 21
  The Council for Spiritual Connection will present Grammy Award-winning Fluteman Joseph Firecrow
  Details will be in the fall program guide and September Wave
  www.josephfirecrow.com

November 3
  Celebrate the 36th year of “Looking at the Law” with Neil Chayet
  You won’t want to miss this one!
  See page 13 to see how you can get involved with the planning!

November 14-17
  An art show directly from Israel!
  Magnificent works of art in all price ranges by Israeli artists.
  Wonderful holiday gifts...
  December... another gift buying opportunity. Details coming!
CSH was formed to be a Conservative synagogue that truly lives out the Movement’s mantra (often times espoused but not embodied) “tradition and change.” Tradition has its place and needs to be upheld. Change equally has its place and something that needs to be embraced as well. A healthy, living and thriving synagogue needs to embrace both, and at CSH that’s what we have done and continue to strive to do.

One of the most challenging areas to do this, of course, is not only in regards to tefilah (prayer) but in regards to where our tefilah options take place. CSH, after all, is a Post-WWII designed synagogue which means it has enormous, one-size-fits-all types of spaces (large sanctuary, large social hall, but not a lot of substantial size spaces beyond that). Although this served a particular era, it certainly doesn't make our current Synaplex (multiple prayer experiences taking place simultaneously in multiple venues) easy to coordinate or facilitate. The question of where to put which offerings is a source of ongoing challenge and yet our creative and hard-working staff continues to somehow make it work.

Starting mid-August we’ll continue to live out our mantra of “tradition and change” as we will change where some of our services are held, while continuing to offer traditional and alternative prayer experiences. The clergy, professional staff along with some congregant guidance and feedback have determined that it is necessary to move the Shabbat Renewal Minyan into the sanctuary space and the traditional Shabbat morning minyan into an alternative space (yet to be determined). This move will allow for the greater and more consistently attended Renewal Minyan to take place in the larger of the venues while allowing the traditional service to feel more comfortable in a more intimate setting.

Cantor Elana and I will continue to lead, rethink and refine the Renewal Minyan. Renewal has taken on a whole new life due to the masterful musical and spiritual gifts of Cantor Elana. Our intention is to continue to make it a unique, heartfelt experience while simultaneously bringing to it some more traditional elements (similar to what we have been doing for the past couple months).

And Cantor Emil, with the input of Spirituality and Tefilah liaison Diane Levin, will continue to offer the traditional service (albeit in a new location). Simultaneously they are looking to redesign and reinvigorate this experience for those looking for an equally uplifting and engaging experience with more tradition and less change.

THE 10 A.M. AND BEYOND OFFERINGS:

Our commitment at CSH continues to be to uphold both traditional tefilah experiences and alternative tefilah experiences, giving our members and community opportunities to explore a dynamic and varied spectrum of Jewish prayer and study. So join us in the venue and at the service that speaks to your soul. Join us with an open heart and an open mind as we continue to reclaim an authentic, thriving Jewish community and another spectacular Ruakh (Spirit) filled year.

Shalom,
Rabbi B
Thank you.

In Loving Memory of
Tovah Leah Berkovits

I thank you.

The Psalmists say: "Harofe lishvurei lev, um'chabesh l'atzvotam." "God heals the brokenhearted and binds up their wounds."

By the time you read this article, my family and I will have completed the shloshim period of mourning for my dear and beloved mother, Tovah Leah bat Avraham Tzvi.

In death as in life, we give respect to our parents. I, personally, am ever so grateful to have had her literally and figuratively by my side for so many precious years. My mother was 96 years young. We may have been separated by distance (Tel Aviv - Salem); nevertheless our relationship remained unwavering. I will miss our regular Skype calls.

Looking forward, I am also grateful to all of you, my Shirat Hayam family. You have offered your sympathies through your kind words, your personal cards and, of course, all of the donations in her memory. You are a perfect antibiotic for the healing process.

May her memory be a true blessing to all of her dear ones.

L’shalom

Cantor Emil

Please note that I have a new email address. I can now be contacted at: CantorEmil@ShiratHayam.org
Slichot

The summers here in Swampscott are among the most beautiful and most relaxing that I’ve ever experienced. Most of us are busy going to the beach, sailing, kayaking, and visiting Kell’s Kreme for oversized and deliciously sweet soft-serve. And while I plead guilty to all of the above, I am still a cantor (even during the summer) and I must also look at summer as that part of the year that comes before the High Holy Days.

Last year, we participated in a musically innovative and extremely moving High Holy Day season, and this year we will continue to add new elements to our services to further spiritually engage our community. One of our new elements, which I am very excited about, is our “Slichot Olam” (Slichot around the world) service on September 8th, an evening I urge you to attend.

"Slichot" is the name of the service that immediately precedes Rosh Hashanah. The word, "slichah" in Hebrew, means "I’m sorry." Hence, the Slichot service introduces the notion of asking God for forgiveness during the High Holy Day season, and along with the sound of the Shofar, sets the tone for prayer. In fact, the role of the shofar is to wake us up, to knock us out of complacency, forcing us to look inward to identify our misdeeds of the past year and learn to do better in the new year. Where did we miss the mark this year? How can we repair our relationship with God and with our fellow man?

We have designed a Slichot observance this year, “Slichot Olam,” that will help us to look inward, to search, and to begin the process of wiping the slate clean as we enter a new year. Specifically, we begin our evening on September 8th with a Yoga Havdallah led by Rabbi and Ariela HaLevi. In yoga, we use our bodies to find spiritual insight and tranquility, both in movement, stillness and, of course, breath. There is no liturgy, this is a completely personal experience. After Yoga Havdallah, we gather together for a light dinner as we welcome "community" into our spiritual preparation for the High Holy Days and enjoy the company of our friends. Finally, after dinner, we gather in the sanctuary for Slichot Olam. This service is modeled after our very popular Shabbat Olam service that we hold quarterly on Friday nights. At this service, we are blessed to have our cellist, Ari Friedman, our guitarist, Lautaro Mantilla, and our percussionist, Noam Sender, with us to layer our prayers with music and to help us to reach more deeply into ourselves as we reflect on the year that passed and the year to come. I hope to see everyone at CSH on September 8!

Enjoy the rest of the summer!

Cantor Elana

Publisher’s note: Slichot Olam is open to everyone. You can join us for yoga and dinner, dinner and slichot, just slichot or all of the above. Yoga/dinner and dinner/slichot are $25/person. Slichot only is no charge.
The community is invited to
Prepare for the High Holy Days
at a very special event
on September 8, beginning at 6:00 pm
Yoga Havdallah
followed by
a festive dinner
followed by
Slichot Service with our
Shabbat Olam Musicians

$25.00 a person includes yoga and dinner,
dinner and Slichot, or all of the above!
(no charge to attend Slichot service only)

RSVP* for dinner by September 2 to: CSH@ShiratHayam.org,
781.599.8005, or mail your check to CSH, 55 Atlantic Avenue, Swampscott 01907
You may also make your reservations online by clicking on the calendar link on the CSH
website. *Sorry, we are unable to accept walk-ins for dinner.
Robert A. Krentzman, Chief Executive Officer

our Student Internship Program

CSH introduces a pioneering approach... Student Nonprofit Internship Program

Well I cannot believe that I have been here at CSH for almost one full year and what an AMAZING year it has been!! I cannot tell you how pleased and proud my family and I are to be a part of the Shirat Hayam family.

There is so much that goes on behind the scenes at CSH. One of the biggest challenges our staff faces is how to get everything we want to do, done, in the most efficient, productive and effective manner. At the same time, we want everything to be done “the best that it can be”. Great goals...tough challenge!!

So we started to think...how can we increase our productivity without increasing our budget?? What we came up with is innovative, creative and has too many upsides to mention in one article!!

WANTED: CSH members in grades 9 thru 12... that want to learn what makes CSH run...AND be a part of our amazing team...flexible days and hours...

We are excited to introduce to you our CSH Student Nonprofit Internship Program

Students will intern with a member of our staff to gain valuable experience working in an office/business/nonprofit environment. They will perform tasks in a multitude of areas that exist in many types of organizations. In addition to students gaining this knowledge and experience, our professional staff will be able to utilize the students for many daily activities. This will in turn give the staff additional opportunities to complete those tasks and goals that often are put on the back burner due to a lack of time. The students will also have a better understanding of CSH’s goals and visions, as well as the activities required to achieve them. We hope that this will lead to family discussion which in turn will expand the family’s involvement/commitment and passion for our shul.

In this internship environment, the student will:

• learn to effectively optimize the time/resources made available to him/her by the staff for assigned tasks and projects
• better understand the importance of fulfilling commitments and being accountable for his/her actions and outcomes
• develop the ability to identify and evaluate problems and recommend solutions to gain better problem solving skills
• gain increased awareness and understanding of the link between concepts learned in the classroom and the practical application in the world of business
• experience enhanced academic motivation and goals, and gain increased confidence in completing academic studies as well as increased self confidence in the workplace

Applications will be sent by email next week. The application process for a position in this program will mirror that of applying for an advertised position (see our help wanted ad in this WAVE edition!!). The opportunity to “try on many hats” in the business world will benefit the student by matching their personal interests and abilities with real life positions. Members of our staff will review each application and distinguish which are best suited to their particular area of responsibility. They will then set up an interview with each qualified applicant prior to making final placement decisions.

Here is a sample of job function opportunities at CSH:
Facility management, office management, accounting/financial planning/budget, event planning, kitchen management/culinary preparation, marketing, public relations, media relations, operations, school administration (Preschool/Daycare & Hebrew School), teaching assistance, music, audio/visual and information technology.

Our hope is to maintain continuity of the interns throughout their high school years. As the student approaches their senior year, there would be a “succession plan” to bring in the next student to “fill the position”.

We are having discussions with both Swampscott and Marblehead High Schools about the possibility of applying “work study” school credit to those students that are a part of SNIP...stay tuned for more details!! Continued page 7
HELP WANTED

Learn what makes CSH run...AND be a part of our amazing team.

We are looking for students:

- Grades 9-12 CSH members
- Work flexible hours and days
- Start date...mid-October

Matching personal interests, hobbies and educational talents will allow students to observe many of the different areas of business and find what interests them for positions related to their academic or career interests

- The student gains increased awareness/understanding of the link between classroom concepts and work/world applications
- The student develops the ability to achieve the knowledge and skills of CSH’s particular field of discipline
- The student develops the ability to identify and evaluate problems and recommend solutions

Selection Process Timeline:

- August 8: email will be sent to eligible CSH students with attached application
- September 10: applications are due
- September 10 - October 1: staff reviews applications
- Week of October 1: interviews take place
- Mid-October: program begins

So, if you would like your son or daughter to experience the process of applying for and perhaps ultimately landing a “real” job...this is a great entree into the business and nonprofit world!! The interaction, experience and satisfaction is a win for the student, our staff and the families who get an “insider’s look” into what makes CSH such a fascinating place ...for all who come through our doors.

Please feel free to email me at Bob@ShiratHayam.org or give me a call at 781-599-8005 if you have any questions or thoughts.

“I tell you and you forget, I show you and you remember, I involve you and you understand”—Eric Butterworth

L’shalom,

Bob
Leslie Rooks Sack, Preschool Director

Summerthing is well underway and everyone is having so much fun!

All dressed up, bikes decorated and ready for the CSH Preschool Summerthing Fourth of July parade!!

Preschool Programs

- **INFANTS** ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- **MAGIC MOMENTS** ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- **TODDLER MOMENTS** ~ a program for toddlers 17 months and up.
- **PRESCHOOL** ~ classes for 3, 4 and 5 year-olds
- **TRANSITIONAL CLASS** ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

Shabbat with Rabbi B, Cantor Elana, Cantor Emil and Marcy Yellin

Hazzan Katan with Cantor Elana

Hebrew with Rachel Jacobson
Music with Dara Vanremoortel

Daily Lunch Options, including Spanish and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for Congregation members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack, 781.598.3311, or email: Leslie@ShiratHayam.org
Shalom Chaverim!

It’s summer with all the things that go with it – including baseball! Now, while I am far from a super fan, I thoroughly enjoy an evening at Fenway or even at a North Shore Navigators’ game in Lynn. The location, the camaraderie, and yes, even the refreshments, come together to make the evening special (even when the team isn’t at their best). Every time I go, I am always amazed by one thing that I really think is unique.

No matter where your seats are in the stadium, when you buy any kind of item, everyone, and I mean EVERYONE, is suddenly a part of your family group. I don’t mean that you are related to the people around you (although you may be to a few), and I don’t mean that you look alike or share common ideals or politics.

What happens when you buy a hot dog? Or a soda? Or popcorn? You pass the money down the row, and the row returns the item. No one ever slips a nickel of the change into their own pocket, or keeps any of the item you bought. Suddenly, we turn from individuals to parts of the same whole.

This special connection isn’t just relegated to the stadium either. I’m not a native New Englander – but the first time I took my son to a Red Sox game (7 years ago), we decided to take the train instead of driving and parking and dealing with all that hassle. I wasn’t 100% sure of the route to take once we left the T, but I was sure we could figure it out. We drove to Wonderland and parked. By the time we got to the platform, there were about a dozen people decked out in Red Sox gear. We hadn’t even gotten on the train and we were already part of the community. People greeted each other and us, and the baseball talk ensued: Who was pitching, who was injured, and disparaging the Yankees (always part of the Sox talk)!

We actually ended up getting on the same car on the train, and as we got closer to Fenway, the numbers grew and grew until the train was bursting with people in Red Sox gear! Switching from Blue to Green lines, then making sure we were on the right Green line to get to Fenway could have required some attention, but we were a part of the Red Sox nation! We just went along with the group. Even when we exited the T, I wasn’t actually sure which way to walk (It takes me a block to figure out where I am when I get off the T) – but I didn’t have to figure it out – by that time there were hundreds of Sox fans getting off the train and we just went along – right to Fenway.

I’ve spoken to friends in other countries to see if this happens at soccer (football) matches there, and it doesn’t. It doesn’t even happen to the same degree at other sporting matches here in America. It is an amazing phenomenon. Something about being at a baseball game in a stadium breaks down our individual barriers and connects us to each other in a special way.

It seems so natural when it happens that we often don’t pay attention to it. But we should. We should recognize it, consider it, welcome it, and look for opportunities to replicate it! Consider for a moment what life might look like if EVERY place we went we all behaved in that way. Starbucks, the bank, school, work, etc. We don’t all have to be friends or like everyone we meet – but being open to the possibility and emphasizing the things that we share in common (rather than those that separate us) could change our world.

Of course, this is what we also do here at Shirat Hayam. When we say radical hospitality, this is one way to understand what that means. Prayer and baseball don’t necessarily go together (although we have a long tradition in Red Sox nation of putting them together), but they are two facets of the same jewel. We aren’t passing money or hot dogs up and down the rows in our sanctuary or classrooms, but we are welcoming each other, recognizing our commonalities, and treating each other with kindness, respect, and Kavod. We should do the same in more places.

L’Shalom.

Jed
Meet Our Teachers

Preschool and CJE

Stefanie Gladstone

My name is Stefanie Gladstone and I teach in both the preschool and the CJE. I grew up in Marblehead, where I now live with my husband, Bob, two sons, Jason and Jordan, and my golden retriever, Lana.

Growing up in Marblehead, my family were members of Temple Beth El, where I went to Hebrew School and then became a madricha in the classroom. When I went away to college, at URI, I found a job teaching fourth grade Hebrew at a local Hebrew School and found my passion for teaching. After graduating from URI, I came home for grad school at Salem State and started teaching the K/1 class at Temple Beth El Religious School. Since then, I have taught grades ranging K-8 in most of the local religious schools. I currently teach second and third grade Hebrew at CJE.

I also enjoy teaching preschool. I have been teaching at the preschool level for 20 years and truly enjoy watching the growth of the children in the classroom. Though I have held Director positions at other area schools, my true love is in the classroom and I have been in a classroom at Shirat Hayam Preschool for 10 years now.

Being a staff member in both the preschool and the CJE, it comes naturally that my family is also involved in the shul. My children are alumni of the preschool and are currently entering fourth and fifth grade in CJE.

It is so wonderful watching children learn and helping them grow. It’s a proud moment when I see children I taught become Bar/Bat Mitzvah or even come back to visit when they are in college!

When I am not working, which is very rare, I really enjoy spending time with my family. I love to read, hike, dance, listen to music and bake. My family loves to spend time at Crocker Park with a picnic, climbing rocks and, during the Arts Festival, listening to music. There is nothing more special than doing things that you enjoy with people that you love!
Shalom Chaverim!

We are thrilled to introduce you to our new Youth Director,

Rich Gordon

Shalom everyone.

I grew up in Connecticut - so yes, the answer to your most important question is - I root for MOST Boston teams! I graduated from the University of Vermont in 2007, where I was involved in Greek life, intramural sports, and Hillel. After an amazing cross-country trip, I moved to Rochester, NY to run outreach programs for Hillel in the area, which included a Jewish Arts Festival (everything from cooking to a capella singing and more). I spent the last three years as the Central New Jersey Program Director for BBYO, and am excited to bring everything I’ve learned over the last few years to SMARTY/YAiSH!

But I’m not all work, work, work, either! I LOVE the movies, and have challenged myself to watch every movie that has ever won the Oscar for Best Picture (Oscar night is the biggest night of my year). Music is also a huge passion of mine - I play tenor sax, own a guitar that I have no idea how to play, and rarely turn off the radio in my car. If anyone wants to score bonus points, just strike up a conversation with me about Guster, Indiana Jones, or Calvin & Hobbes, or ask me for my recipe for the Ultimate Cookie (Oatmeal Raisin Chocolate Chip Butterscotch)!

I can't wait to get to know everyone!

Rich

SMARTY YAiSH is the collaborative Jewish youth group of Temple Emanu-El, Marblehead, and Congregation Shirat Hayam, Swampscott. We provide youth programming for Jews in grades 6 - 8 (Jr. SMARTY/YAiSH) and 9 - 12 (SMARTY/YAiSH).

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Shabbat in the Park

Featuring Jewish Blues Sensation Saul Kaye

Friday, August 3

Kabbalat Shabbat 6:00 PM
Linscott Park, Swampscott

Bring chairs or blankets and your picnic dinner!

(across from Red Rock Bistro)
Parking along Monument Ave.
Rain alternative - same event, except in the Shirat Hayam tent... bring your dairy picnic, but no chairs necessary.
Marla Gay, Director

Ma Nishmah? What’s Happening?

Wow! Halfway through summer already! We have so many things planned for the fall that I need more than this page to tell you about everything!

I am putting together a fall programs and service guide for the fall that will be packaged with the High Holy Day Guide and tickets. The program guide will be sent to members who have not purchased tickets for the HHDs.

One event I would like to call your attention to is our Open House Synaplex on September 8. As members of CSH, we are all on the “membership committee.” Please invite your friends who might be searching for a new spiritual home to join you at Synaplex on that day. Along with our regular Shabbat Synaplex (Babysitting, Renewal, Living Minyan, Nosh & Drash, Yoga Minyan, Healing Havurah, Ruach Rally and Shabbat Cafe), we will also have Camp Limud and Magic Minyan. So you see, there will be something for everyone from babies to 120! Please join me that morning and share the excitement.

On September 8th in the evening is another opportunity to bring friends. We have a very interesting 3-part evening planned as we prepare for the High Holy Days. Part 1: Yoga Havdallah led by Rabbi and Ariela HaLevi, followed by dinner (if you’ve been to Shabbat Olam, you know it will be great!); Part 2: Havdallah and Dinner; and Part 3: Havdallah, Dinner and Slichot program with our Shabbat Olam musicians. You can choose parts 1 & 2, parts 2 & 3, Parts 1, 2 AND 3, or you can just come for Slichot. See page 5 for details and how to make your reservations. Hope to see you there!

L’hitraot,

Marla

PS - There’s a copy of the HHD ticket request form on page 26... just in case you misplaced your copy.

Bruchim Habaim ~ ברכחים дома

Welcome to the newest members of the Shirat Hayam family:

Janice Levine
Melanie and Bruce Nathan and Haylie
Marsha and Sheldon Rubin
Karen and Seth Robinson
Abby, Emma and Sophie
The NFL season is quickly approaching and that means the return of sport’s greatest obsession, fantasy football!

For 17 years, David Sabino has been writing about fantasy sports for *Sports Illustrated* and, as a fellow Shirat Hayam member, he wants to share his knowledge with you. So whether you’re a novice looking to get involved, a hardcore fantasy fanatic looking for inside tips, or just want to know more about how the game is played and what to look for during the upcoming season, come to *Shirat Hayam on Monday, August 20 at 7:30 pm*, for a short talk and Q&A period.

Afterwards there will be an airing of the Patriots second preseason game versus fantasy football star LeSean McCoy and the Philadelphia Eagles. Let us know if you can make it! CSH@ShiratHayam.org

Contact Joe Simons, Brotherhood President at: jbsimons@suffolk.edu for more information.

Neil Chayet... Looking at the Law

Volunteers needed!

Volunteers are needed to help plan an exciting, once-in-a-lifetime event! We are pleased to share the news that accomplished attorney, legal expert, and Shirat Hayam member Neil Chayet will be celebrating 36 years of “Looking at the Law”, his nationally syndicated radio program, in a special event to be held at CSH on the evening of Saturday, November 3. In “36 Years of ‘Looking at the Law’ – Some Reflections on Law and on Life”, Neil will discuss his work at the intersection of law and psychiatry. The celebration will include hors d’oeuvres and dessert for a “Double-Chai” evening of stimulating conversation and great food. We would love your help as we plan for this special event (and that includes all you attorneys out there!).

*Come join Co-chairs Ellen Gordon and Diane Levin for the first meeting of the “Looking at the Law” Event Planning Committee on Thursday, August 16, at 7:30 p.m., following minyan. Can’t make the first meeting, but still want to lend a hand? No problem! Please contact either Ellen at essgo_2000@yahoo.com or Diane at mailbox@dianelevin.com. We look forward to this exciting celebration!*
Welcome to Shirat Hayam Family Life!

Family Life runs programs for families with young children. There are some exciting things in the works for the coming year. Watch for information about:
Farm Day
Shabbat Programs
Family Programs
Baking with Bubbe
and more....

A calendar of activities will be in the next issue of The Wave! If you would like to help coordinate any of these programs and events, please email: familylife@shirathayam.org.

Shabbat at the JCC Pool!

Join Rabbi B and Cantor Elana on Friday, August 18, at 5:00 pm for Kabbalat Shabbat at the JCC pool. Bring your dairy picnics or buy your dinner at their cafe. Open to the community - membership not required.

SAVE THE DATE: SEPTEMBER 30 - FARM DAY!!
The CSH Brotherhood would like to thank outgoing President Joe Henson for his dedication to the organization over the past four years. During his tenure, Joe worked with an active group of men to create vibrant events, including the annual beer tasting, our first poker night, hosting speakers, and this year working together with other North Shore synagogues to host the highly successful Tour de Shuls. Joe led the way in reaching out to Brotherhoods to collaborate on programming and develop meaningful ties.

As the new president, I plan to utilize these connections and draw on our past successes. This year will also bring innovations and big events. Our regular meetings are at 9:45 am on the second Sunday of every month. Come check out what Brotherhood is doing. Bring ideas for new events, eat bagels and drink coffee, and make some new friends.

I am excited to announce my fellow Brotherhood Executive Committee members: Brian Cohen, Vice President; Don Hurwitz, Treasurer; and Max Sontz, Recording Secretary. Brian and Max have been active members, and organized our first Poker Night this past February. This was one of our most successful events, and will become part of our repertoire. Don Hurwitz has been our treasurer for as long as I can remember. We are fortunate to have a cohort of active members whose time and efforts make our vibrant events possible.

Since the summer began, we have already hosted a variety of programming. Congressional candidates Richard Tisei and John Tierney visited us in May and June, Tour de Shuls attracted over 100 bicycle riders with a family barbeque at the finish line, and our second Texas Hold ‘Em Poker Night rounded out July.

Kol Tov,

Joe Simons

Winners of the 7/11 Poker Tournament at CSH:
1st Place - Dr. Alan Diamond
2nd Place - Billy Sokolow
3rd Place - Brian Cohen

Next Tournaments will be:
August 13 at Temple Ner Tamid, Peabody (7:00 pm)
November 8 at CSH
December 17 at TNT
Shabbat Experience @ CSH

Babysitting

Ages up to 4
Downstairs Playroom
An adult must remain in the building.
8:30 -11:50 am, weekly
Babysitting is provided at no charge so parents may attend services.

Limud Shabbat

Full Synaplex resumes August 11

Save the date - September 8
Synaplex Open House... bring your friends!
Camp Limud and Magic Minyan also on September 8!

Traditional and Alternative Service Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 -9:50 am</td>
<td>Renewal</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Mishkan*</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Mishkan*</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>R³ - Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
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*The Mishkan, is our “transportable” space the location of which will be announced each week, based on availability.

For Everyone - Main Sanctuary

11:45 am - noon

Ruach Rally
Concluding prayers and Kiddush/Motzi

Community Shabbat Café at noon
Attire is casual.

We practice radical hospitality.
**Early Mystic Minyan - 8:30 am**

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

**Renewal Minyan - 8:45 - 9:50 am**

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’seukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

**Living Minyan: Traditional Prayers and Learning - 9:00 am**

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Would you like to learn more about the traditional morning service that greets the day on Shabbat? Come join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer, and song in a user-friendly format. You can build your knowledge and self-confidence, and impress your bubbe or grandchild. Everyone’s invited, including the tone-deaf and non-Hebrew-readers!

**Yoga Minyan - 10:00 am**

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

**Nosh and Drash - 10:00 am**

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

**Nosh and Drash**

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the social hall with the following guest scholars for August:

- 11 - Jed Filler
- 18 - not scheduled yet - check weekly email for update
- 25 - Rabbi Howard Kosovske

**Service Schedule**

**Daily Minyan**

- Monday - Friday mornings: 7:30 am
- Monday - Thursday evenings: 7:00 pm
- Sundays: 9:00 am and 6:00 pm

**Shabbat**

- Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am
- Synaplex schedule: 9:00 am and 6:00 pm
- Saturday evenings: 6:00 pm

**Candle Lighting**

**August**

- 3 ............... 7:43
- 10 ............. 7:34
- 17 ............. 7:24
- 24 ............. 7:13
- 31 ............. 7:01

**Tzofim**

- on Limud Shabbat days - for CHA students:
  - Designed as an Israel-based learning and experiential program, Tzofim meets on Shabbat from 10:00 am to noon. Students will participate in a variety of activities and subject areas, including Ulpan (spoken Hebrew), Israeli culture, Tefillah (prayer), and modern Israeli music and art.

**Magic Minyan and Hazzan Katan 10:45 - 11:30 am**

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (age 3 and under) is held on the second Saturday of the month and Hazzan Katan with Cantor Elana is the fourth Saturday for preschoolers and younger. (Starting in September.)
CSH Synaplex Open House  
Saturday, September 8  
Begins 8:30 am

Here’s an opportunity to bring your friends and share the excitement of our Shabbat morning Synaplex.  

Open House Schedule:

8:30 am  
Boker Tov Cafe  
Babysitting for children up to 4  
Early Mystic Minyan

8:45 am  
Renewal with Rabbi B and Cantor Elana

9:00 am  
Living Minyan with Cantor Emil

10:00 am  
Camp Limud with CJE staff  
Torah Service with Rabbi B, Cantor Elana and Cantor Emil  
Yoga Minyan with Ariela  
Nosh & Drash with Rabbi Kosovske

10:45  
Magic Minyan with Marcy  
(for families with children 3 and under)

11:15 am  
Healing Havurah

11:25  
Rabbi’s Ruach Reflections

11:45  
Ruach Rally with the Ruach Rally Band  
Concluding prayers and Motzi

Community Shabbat Cafe at noon.

Attire is casual.  
We practice radical hospitality.
Membership - Julie Sagan, Chair

Dear Fellow Members,

I hope you are all enjoying your summer. Your executive board has been hard at work planning for this coming year. As the membership chair, I would like to announce a new membership drive which asks for your participation. In an effort to continually grow our membership we are asking you to reach out to your family, friends, neighbors and co-workers. Each one of you may know another family that would love to be a part of the Shirat Hayam family. Please help attract new members and spread the word about all that CSH has to offer. In return for referring a new member, who joins and pays for the 2012/2013 year you will receive one High Holy Day ticket valued at $225. This is our way of thanking you for each new member you help to bring in. For further details please feel free to contact Marla Gay. With your help, I am looking forward to welcoming many new members to CSH.

Warm Regards,

Julie Sagan
Membership Chair

HELP WANTED

Learn what makes CSH run...AND be a part of our amazing team.

We are looking for students:
• Grades 9-12 CSH members
• Work flexible hours and days
• Start date...mid-October

Matching personal interests, hobbies and educational talents will allow students to observe many of the different areas of business and find what interests them for positions related to their academic or career interests

The student gains increased awareness/understanding of the link between classroom concepts and work/world applications

The student develops the ability to achieve the knowledge and skills of CSH’s particular field of discipline

The student develops the ability to identify and evaluate problems and recommend solutions
We mourn the passing of our member

Phyllis Ponty Haas

and extend our deepest sympathy to her family and friends

Condolences to

Esther and Richard Salinsky on the loss of Esther’s father, Solomon Bloom

Stanley and Ellen Gordon on the loss of Stan’s mother, Mildred Gordon

Judith and Robert Marder on the loss of Judy’s mother, Phyllis Kerr

Cantor Emil and Lili Berkovits on the loss of Cantor Emil’s mother, Tova Leah Berkovits

Merle Sidell on the loss of her sister, Linda Lookner

Aimee Bunin on the loss of her father, Max Bunin

Refuah Sh’lemah - Get well to

Bernie Siskind, Faylyn Levine, Elaine Sevinor, Joel Levine, Aimee Bunin, Harriet Diamond

Well Wishes & Donations

RABBI’S DISCRETIONARY FUND

In honor of Rabbi B’s birthday

Thank you to Rabbi B for helping to make our remembrance of Baruch Greenbaum, beloved husband, father and grandfather, so meaningful

by Golda Greenbaum

In memory of Alan Razin

by The Turkanis Family

In memory of Eva Gurman

by Penny Schuler and Keith Lane

In honor of Phyllis Sagan, just because

In honor of Julie and Scott Sagan’s son and Phyllis Sagan’s grandson, Mason, becoming a Bar Mitzvah

by Hope and Larry Zabar

In honor of Mason Sagan becoming a Bar Mitzvah

by Arthur and Cheryl Schwartz

In honor of Larry and Susan Goldberg’s 30th Wedding Anniversary

by Lorin and Stephen Madow

In honor of Marla and Philip Gay’s 25th Wedding Anniversary

by Leslie and Bob Ogan

In honor of the engagement of our son, David Shuman, to Vera Sacharin

In honor of Helaine and James Hazlett’s 50th Wedding Anniversary

by Sandi and Arnie Shuman

In honor of Rabbi B for helping us renew our vows

by Elaine and Donald Finegold

In honor of our daughter, Alexis’s Bat Mitzvah

by Richard and Michele Sher

In appreciation for your care and support to our family throughout the years

by Pearl and Maury Greenbaum and family

In memory of:

Aunt, Henrietta Sandler

by Faylyn Levine

Mother, Rosemary Hamelburg

by Stephen Hamelburg

Mother, Hannalore Hander

by Helyne Hamelburg

CANTOR ELANA’S DISCRETIONARY FUND

Thank you to Cantor Elana for helping to make our remembrance of Baruch Greenbaum, beloved husband, father and grandfather, so meaningful

by Golda Greenbaum

In appreciation for your lovely and memorable Shabbat service in honor of Bernard Greenbaum

by Maury and Pearl Greenbaum and family

In memory of:

Brother, Philip Alan Bender

by Barbara Abramson

Brother, Abraham Pearl

by Golda Greenbaum

Uncle, Philip Bender

by Hope Abramson and Karen Johnson

CANTOR EMIL’S DISCRETIONARY FUND

In memory of Bernard Greenbaum

by Edith and Ben Spector

In appreciation of Cantor Emil

by Rosie Berman
With gratitude to Cantor Emil and Lili Berkovits for their encouragement and support in learning to read Torah
by Diane Levin

In honor of Leslie Hirshberg’s graduation from Prozdor

With gratitude to Chris Hockert for the B’not Mitzvah service DVD

Get well wishes to Rita Leawood

In honor of the birth of David and Rhonda Preman’s grandson, Harrison Michael

In honor of the engagement of Robert and Leslie Ogan’s son, Michael, to Emily Trieff

Get well wishes for Sidney Strome

In honor of Victoria and Aron Roytenberg’s graduation

In memory of Stanley Gordon’s mother, Mildred

In honor of Linda Kuperstein’s grandson, Harry, becoming a Bar Mitzvah

by Natalie White

In honor of the birth of Carl and Laura Goodman’s granddaughter, Sadie Louise Poland
by Rhonda and David Preman

In honor of Cantor Emil – Todah Rabah for the Aliyahs

Thank you to Cantor Emil for helping to make our remembrance of Baruch Greenbaum, beloved husband, father and grandfather, so meaningful
by Golda Greenbaum

In honor of Cantor Emil
by Roz and Sandy Levy; Arlene Leventhal; Carolyn Perlow

In appreciation of the lovely and memorable Shabbat service in honor of Bernard Greenbaum
by Maury and Pearl Greenbaum and family

With great appreciation
by Stanley and Ellen Gordon

In memory of Cantor Emil’s mother, Tova Leah Berkovits
by The Minyanaires: Bea and Sidney Strome, Natalie White, Joan and Murry Rich, Murry Goodman, Ed Knopf, Pablo Schapiro, Muriel and Eli Talkov, Arlene and Herb Leventhal, Carl Shalit, Madeline Stark, Sylvia Revman, Roz and Sandy Levy, Don Hurwitz, Raymond Orloff, Gary Orloff, Diane Levin, Rhonda Preman, Michael Cohen, Becky and Burt Shepard, Carolyn Perlow, Ellen and Stan Gordon, and Marsha and Larry Feffer; and by Debbie and Lenny Leibowitz; Herb Goldberg; Myron Rosen; Cid and Barbara Abramson; Ellen and Steve Frankel; Gloria Sax; Valerie and Alan Gilbert; Leslie Sack and Steven Baratz; Shirat Hayam Preschool; Arthur and Cheryl Schwartz; Bernie and Evelyn Handis; Beverly and Boris Richman; Golda Greenbaum; Helaine and Harvey Cottom; Melissa, Scott, Averi, Noah and Jared Kaplowitch; Don and Elaine Finegold; Doreen, Anna and Mitchell Godes; Pablo and Susie Schapiro; Reggie and Lew Weinstein; Sandy Feinstein Yackolow and Susan and Barry Yackolow; Constance Lewis; Lois and Jerry Ogan; Mark and Karen Meyer and family; Robin and Michael Blake; Michael and Rachelle Rosenbaum; Susan, Ken, Emma and Lauren Drooks; Phyllis Sagan; Beverly Kahn and family; Barry and Ellen Turkanis; Eddie and Diane Knopf; Haryette Katzen; Brenda and Sheldon Cohen; Herb and Nancy Miller; Robert, Shari, Alyssa and Haley Cashman; Samuel and Carol Denbo; Harold and Judith Kramer; Elaine Merken; Eric and Ruth Kahn; Charles and Alice Leidner; Dick and Ellen Alexander; David and Barbara Schneider; Jeff, Sandy, Jacqueline and Leslie Hirshberg; the Krentzman family; Helaine and James Hazlett

In memory of:
Mother, Sima Pearl
by Golda Greenbaum
Sister, Dorothy Rubin
Mother, Ida Sevinor
Father, Ralph Sevinor
by Philip Sevinor
Mother, Golda Provisor
by Lili Berkovits

CSH PRESCHOOL FUND

In celebration of the birth of Ella and Tedd Saunders’ children, Nina and Noah

In celebration of the Bar Mitzvah of Mason Sagan, son of Scott and Julie Sagan and grandson of Phyllis Sagan

In celebration of the Bat Mitzvah of Alexis Sher, daughter of Michele and Richard Sher

A most speedy recovery to Jay Kim, owner of Paradise Cleaners

In memory of the beloved mother of Carol and Andy Levy, Jean Obrentz

by Beverly A. Kahn and family

In honor of Audra Lepler’s marriage to Sean Cunningham
by Cheryl Schwartz and Valerie Gilbert

In honor of the marriage of Olga Massou and Andrew Fredman
by Myra and Paul Gulko

In honor of the birth of Ina and Alan Hoffman’s grandson, Alex
by Wendy and Ron Waxman and family
In memory of:
Mother, Fanny Kantofsky
by Joel Levine

Grandmother, Lena Lipsky
by Beverly Kahn

CENTER FOR JEWISH EDUCATION FUND
In honor of Bob and Leslie Ogan
In honor of the B’nai Mitzvah
of Spencer Aguiar, Claire Powell, Jonathan Resnic, Joshua Tassinari, Daniel Jacobson, Kaylie Schiowitz, Amanda Stein, Madison Katz, Rachel Levine, Jocelyn Cushinsky, Alec Klusza, Alexis Sher, Mason Sagan, Jack Kelly, Madeleine Dalton, Kayla Gottlieb, Noah Tuttle, and Ethan and Jacob Keller
by Jed and Lisa Filler

GENERAL FUND
In memory of Paul Michael’s father
by Ilana and Greg Mogolessko

In honor of Julie and Scott Sagan’s son and Phyllis Sagan’s grandson, Mason Sagan, becoming a Bar Mitzvah
by Gail and Jerry Gerson

In honor of Barri Stein’s son, Alex’s graduation from high school
by Gail and Jerry Gerson; Roz and Marty Goldberg

In honor of Jim and Helaine Hazlett’s 50th Wedding Anniversary
by Arlene and David Addis

In honor of the marriage of Jerry Zackin and Sandy Chapman
by Jerry and Lois Ogan; Beverly and Boris Richman; Phyllis and Howard Kaplan

In memory of Jake and Bea Gelpen
by Edward Gelpen

In memory of Esther Salinsky’s father, Solomon Bloom
In honor of Jack Kelly becoming a Bar Mitzvah
In memory of Stanley Gordon’s mother, Mildred
In memory of Janice Kramer’s beloved husband, Ed
by Phyllis Sagan

In appreciation of Congregation Shirat Hayam
from the parents of Janna Schwartz
by Claire and Arnold Berkman

In memory of Judy Wayne’s father, Morton
by Shari Frost

In support of the good works of Congregation Shirat Hayam
by the Barbara and Donald Silverman Philanthropic Fund

In memory of Stanley Gordon’s mother, Mildred
by Andrew and Stephanie Katz; Philip and Marla Gay; Harriett and Ralph Kaplan; Lillian Sherman; Michael and Rachelle Rosenbaum

In honor of the adoption of Roz and Sandy Levy’s grandson, Jayden Gula
by Carolyn Perlow

In memory of Joan Finn’s father, Harris Goldman
by Lori and Larry Groipen

In honor of Helaine and James Hazlett’s 50th Wedding Anniversary
by Phyllis Ponty Haas

In honor of Janice Levine’s special birthday
by Ella, Martin and Ed Zukoff

In honor of the engagement of Barri Stein and Wayne Goldberg
by Alan and Harriet Diamond

In honor of Helaine and James Hazlett’s 50th wedding anniversary
by Barbara and David Schneider

In honor of Hedy and Alan Schnelwar’s 50th wedding anniversary
by Lyn Rosensweig and Bruce Schnelwar

In memory of Janice Kramer’s beloved husband, Ed
by Phyllis Sagan

In memory of Renay Berman
by Samuel and Carol Denbo

SAMUEL BRODY MINYAN FUND
In memory of Gila Namias’s mother, Rhoda Rosenfield
by Herb Goldberg

In honor of Phyllis Sagan’s grandson, Mason Sagan, becoming a Bar Mitzvah
by Andrea Kline

Get well wishes to Elaine Sevior

In memory of Stan Gordon’s mother, Mildred
by Eli and Muriel Talkov

In memory of Esther Salinsky’s father, Solomon Bloom
by Robin and Bob Cooper

In honor of the marriage of Jerry Zackin and Sandy Chapman
by Sylvia and Norman Revman

In memory of Louis Goldstein
by Esther Goldstein

In memory of Cantor Emil’s mother, Tova Leah Berkovits
by Constance Lewis; Joel, Barbara, Libby and Douglas Levine

In honor of the marriage of Erica and David Kyrzou
by Jack and Phyllis Karas
In memory of:

- Father, Phillip Brenner
  by Beverly Shapiro

- Mother, Lillian Garber
  by Sally Hooker

- Mother, Rebecca Hooker
  by Carl Hooker

- Mother, Ida Epstein
  by Arthur Epstein

- Sister, Nehama Zwiegenberg
  by Lili Berkovits

- Wife, Donna Gulko
  by Paul Gulko

- Father, Myer Bornstein
  by Ruth Kahn

- Mother, Edith Feffer
  by Lawrence Feffer

- Mother, Ida Epstein
  Father, Hyman Epstein
  by Ralph Epstein

- Uncle, Israel Lewis
  Uncle, Samuel Lewis
  by Constance Lewis

- Mother-in-law, Esther Kline
  by Roberta Kline

- First Wife, Gloria Barbanel
  by Henry Barbanel

- Father, Samuel Shectman
  by Shirley Shulman

- Brother, Samuel Kabatchnick
  Mother, Jenny Kabatchnick
  by Muriel Talkov

- Father, Boris Kentor
  by Roz Levy

- Husband, Bernard Greenbaum
  Sister, Shifra Anish
  by Golda Greenbaum

- Brother, James Cutler
  by Audrey Weinstein

- Father, George Silverman
  Brother, Kenneth Silverman
  by Diana Litman

- Mother, Sylvia Ribok
  by Barbara Goldberg

- Father, David Calish
  by Ruth Weiss

- Mother, Natalie Belostock
  by Gary Belostock

- Grandmother, Doris Colls
  Mother, Sadie Colls
  by Mildred Finkle

- Brother-in-law, Michael Markis
  by Sylvia Revman

- Mother, Sylvia Collier
  by Deborah Comins

- Father, Solomon Rosenberg
  by Toby Bell

- Mother, Phyllis Dunn
  by Ralph Dunn

- Mother, Ruth Goldberg
  by Lois Miller

- Mother, Lottie Morrison
  by Joel Morrison

- Sister, Constance Wood
  by J. Myron Wood

- Brother, James Cohen
  by Harold Cohen

- Father, Louis Goralnick
  by Marlene Goldstein

- Sister-in-law, Mollie Wyner
  Father, Irving Kaplan
  by Sandra Shalit

- Mother, Frances Cooper
  by Robert Cooper

- Father, Phillip Kagan
  by Robin Cooper

- Father, Khaim Vayner
  by Maryam Merenshtein
  by Khovan Polyak

- Husband, Khaim Vayner
  by Elka Vayner

- Father, Bernard Cohen
  by Joann Tenenbaum

- Brother, Abraham Revman
  by Norman Revman

- Mother, Judith Engelman
  by Edna Kaplan

- Father-in-law, Benjamin Zalkine
  by Herbert Goldberg

- Father, Jacob Habin
  by Dorothy Katz

- Father, Irving Gould
  by Joan Rosen

- Mother, Mollie Frank
  by Murray Frank

- Grandson, Aaron Javitz
  Husband, Carl Brooks
  by Rose Kaplan
  by Norma Brooks

- Mother, Ida Goodman
  by Murray Goodman

- Mother, Marla Greenblatt
  by Galina Mirmelshteyn

- Uncle, Frank Stark
  by Madeline Stark

- Father, Leonard Fishkin
  by Lynn Mizner

- Cousin, Jerry Gilman
  by Jackie Rosenfield

- Mother-in-law, Tena Meyer
  by Barbara Meyer

- Father, Samuel Woogmaster
  by Barbara Gilefsky

- Father, Morris Gilefsky
  by Ronald Gilefsky

- Father-in-law, Mendel Spatz
  by Carole Spatz

- Father, Saul Grad
  by Eleanor Grad

- Mother-in-law, Sara Bean
  by Marjorie Bean

- Grandfather, Louis Lieberman
  Husband, Saul Gold
  by Enid Gold

- Grandmother, Ruth Goldberg
  by Robin Blake

- Grandmother, Sarah Berman
  by Natalie White and family
Mother, Esther Brand
by Dr. Jeffry Brand

Father, Melvin Greenberg
by Michael Greenberg

Father, Harold Shuman
by Dr. Robert Shuman

Father, David Zepel
by Marion Tarmy

Father, Louis Goldstein
by Marsha Feffer

Mother, Winifred Levin
by Dr. Harold Levin

Father, Saul Gilberg
by Andrea Cohen; Jayne Goldman

Father-in-law, Louis Segal
by Ann Segal

Nephew, Jonathan Greenbaum
by Dorothy Tatelman

Husband, Bernard Shuman
by Marcia Shuman

Mother, Mary Magowitz
by Albert Mitchell

Father, Leo Bonfeld
by Gail Gerson

Father, Harry Biletch
by Robert Biletch

Wife, Selma Rudolph
by Louis Rudolph

Father-in-law, Isadore Fine
by Hyman Sogoloff

Brother, Michael Interess
by Leslie Ogan

Father-in-law, Louis Kline
by Roberta Kline

Mother, Rose Kaplan
by Norma Brooks

Father, George Cohn
by Amy Cohn

Father, Irving Streimish
by Robert Streimish

Sister, Mollie Goldberg
by Sylvia Revman

Father, Harry Revman
by Norman Revman

Father, Willard Bear
by Risa Sontz

Father, Benjamin Oslon
Mother, Ida Oslon
by Arthur Oslon

Father, Max Cutter
by Diane Hart

Mother, Naomi Posternak
Aunt, Ann Goldstein
by Myra Gulko

Husband, Sherman Kramer
by Esther Kramer

Father, Harry Israel
by Phyllis Hertz

Mother, Laura Ravich
by Robert Ravich

Father, David Levine
by Michael Levine

Father, Lev Shulman
by Irena Karasik

Father, Irving Sapol
by Marilyn Levy

Father, Hyman Talkov
by Eli Talkov

Mother, Norma Kentor
by Roz Levy

Sister, Harriette Osgood
by Norma Brooks

Father, Albert Cushing
by Faith Kimmel

Mother, Bernice Cushing
by Faith Kimmel

Sister, Hilda Nowakowski
by Abraham Babbitt

Daughter, Patricia Richmond
by Hyman Sogoloff

Sister, Marion Shanker
by Ruth Shanker

Father, Harry Bloom
by Edith Spector

Wife, Doris Spector
by Benjamin Spector

Mother, Edythe Barr Reinherz
by Cynthia and Lenny Poster

Sister, Hilda Nowakowski
Wife, Helen Babbitt
by Frank Babbitt

Mother, Helen Bane
by Richard Bane

Mother, Bessie Steinberg
by Sylvia Kramer

Father, Benjamin Millstein
by Ann Segal

Brother-in-law, Barney Finkle
by Mildred Finkle

IDA KALICK FLOWER FUND
In memory of Gila Namias’s
mother, Rhoda Rosenfield
by Linda and Steven Arst

KIDDUSH FUND
A donation has been made to the
Kiddush Fund
by Janice Levine

In memory of Marianna Michaels
by Susan, Ken, Emma and
Lauren Drooks

In honor of Leonard Lieberson’s
85th birthday
by Lois and Jerry Ogan

In honor of Michael and Susan Cohen’s daughter, Rachel’s
graduation
by Valerie and Alan Gilbert

In memory of Gila Namias’s
mother, Rhoda Rosenfield
by Roz and Sandy Levy;
Carolyn Perlow; Phyllis and Jack
Karas; Barbara Vinick

In memory of Steve Solomon’s
father, Mickey Solomon
by Phyllis and Jack Karas
In honor of the engagement of Barri Stein and Wayne Goldberg by Charlotte and Donald Fine; Sidney and Beatrice Strome
In honor of Phyllis Sagan’s grandson, Mason Sagan, becoming a Bar Mitzvah by Donna and Arthur Cohan
To Mr. and Mrs. Richard Saltz, Mazal Tov on Teddy’s graduation from Cornell
In celebration of the birth of Harrison Michael Preman with all our love by David and Rhonda Preman
In memory of Esther Salinsky’s father, Solomon Bloom by Harriett and Ralph Kaplan
In memory of Bernie Greenbaum and in honor of Golda Greenbaum by Murray and Jill Goodman
In memory of Stanley Gordon’s mother, Mildred
In memory of Gila Namias’s mother, Rhoda Rosenfield by Alice and Charles Leidner; Larry and Susan Goldberg; Ellen and Dick Alexander
In memory of Stanley Gordon’s mother, Mildred by Roz and Sandy Levy; Gloria Sax; Helaine and Harvey Cotton; Larry and Susan Goldberg;
Wishing good health to Elaine Sevinor To the Rubins in memory of Dorothy Rubin by Rhonda, David, Kyle, Jessica, Harrison and Zak Preman
In honor of the wedding of Bea and Sidney Strome’s granddaughter
In honor of the Bat Mitzvah of Sylvia and Norman Revman’s great-granddaughter, Madi Katz

In memory of:
Father, Frank Garron
Mother, Elaine Garron by Sondra Kupersmith

In honor of the wedding of Gila and Albert Namias’s daughter, Sarah
In memory of Gila Namias’s mother, Rhoda Rosenfield by Joan and Murry Rich
In honor of the wedding of Gila and Albert Namias’s daughter, Sarah by Larry and Susan Goldberg; Ellen and Dick Alexander
In memory of Esther Salinsky’s father, Solomon Bloom
In memory of Stan Gordon’s mother, Mildred
In memory of Michael Callum’s father, Richard by Herb and Arlene Leventhal
In honor of Golda Greenbaum by Fran and Sheldon Brown
In memory of Valerie Gilbert’s mother by Hope and Larry Zabar
In memory of Judy Marder’s mother by Hope and Larry Zabar
In memory of Cantor Emil’s mother, Tova Leah Berkovits by Nancy and Richard Klayman; Lee and Joe Henson
In memory of Mildred Gordon by Robin and Michael Blake
In honor of Ruth Schwartz’s new home by Phyllis Sagan
In honor of the engagement of Lauren Leidner and Barry Bloom by Jack and Phyllis Karas
In honor of the 50th anniversary of Helaine and Jim Hazlett by Barbara and David Schneider

Father, Herman Medoff by Dr. Jeslyn Medoff
Father, Jack S. Frank by Lee Henson
Son, Joel Gibbs
Brother-in-law, Thomas Goodman by Thelma Gibbs
Mother, Barbara Sher by Esther Kramer
Wife, Marina Etinger by Oskar Etinger
Father, Nathan Weiner by Leah Gallo
Nephew, Richard Bondy by Phyllis Karas
Father, Julius Cohen Brother, Fred Cohen by Miriam Kaplan
Father, Herman Liss by Michele Tamaren
Mother, Edith Strome by Sidney Strome
Mother, Charlotte Volk by Roger Volk
Father, Irving Kaplan by Robert Kaplan
Mother, Anna Sandler by Arthur Sandler
Mother, Jennie Shauffer by Lil Sherman
Father, Samuel Robinson by Reggie Weinstein
Father, Morris Weinstein
Mother, Mollie Weinstein by Lewis Weinstein
Son, Andrew Weinstein by Lewis and Reggie Weinstein
Father, Joseph Fishman by Seymour Fishman
Father, Harry Krupnik by Marilyn Fishman
Brother, Joseph Marder
by Robert Marder

Father, Allan Fine
by Donald Fine

Wife, Phyllis Schulte
Father, Samuel Schulte
by Marvin Schulte

Father, Max Kirstein
by Phyllis Kaplan

Mother, Sonia Habin
by Dorothy Katz

Father, Hyman Magowitz
by Albert Mitchell

Grandfather, Julius Leamon
Father, Jacob Pekin
by Joan Rich

Father, Herman Talcove
by Jane Alexander

Aunt, Speranza Zaidler
by Bery Sanford

Mother, Beatrice Kantor-Gray
by Fran Walker

Father, Max Walker
by Robert Walker

Mother, Blanche Chayet
by Neil Chayet

Sister, Harriet Abramson Schwartz
Father, Meyer Abramson
Mother, Rose Abramson
by Sid Abramson

Sister, Edith Tenovsky
by Rose Rosenthal

Brother, Harold Barron
by Ruth Lunder

Wife, Anne Cashman
by Marvin Cashman

Father, Irving Karol
by Ann Bailen

Father, Emanuel Felsman
Brother, Jonathan Felsman
by Sheila Shuman

Mother, Elsie Shuman
by Arnold Shuman

Mother, Dora Rich
Brother, George Rich
by Dr. Murry Rich

Wife, Ellen Goldberg
by Howard Goldberg

Mother, Estelle Novick
by Betsy Goldberg

Brother, Jack Goldenberg
by Irving Goldenberg

Father, Albert Nahmias
by Marcia Yellins

Father, Saul Gilberg
by Carol Goldman

Mother, Jennie Shultz
by Bella Weisberg

Mother, Sylvia Weiner
by Leah Gallo

Mother, Laura Ravich
by Richard Ravich

Brother, Morris Gam
Brother, Louis Gam
by Frances Gam

Father, Arthur Finkle
Mother, Martha Finkle
by Beatrice Strome

Mother, Frieda Stahl
by Shirley Merken

Mother, Belle Klasky
by Phyllis Karas

Father, Julius Weisman
by Joseph Weisman

Mother, Frankie Kaplan
by Sandy Weiss

Mother, Gertrude Landfield
by Miriam Ostrovtiz and Harriet Sussman

Husband, Melvin Sussman
by Harriet Sussman

Mother, Ethel Alperin
by Marcia Shuman

Father, Samuel Cukell
by Wendy Wicks

Grandfather, Louis Kline
by Neal and Joan Kline

Sister-in-law, Sylvia Babbitt
by Abraham Babbitt

Father, David Tassel
by Frances Babbitt

Father, Samuel Rosenfield
by Gila Namias

Mother, Lucille Weiss
by Robert Weiss

Mother, Ada Myerson
by Robert Myerson

Mother, Eunice Kazis
by Israella Abrams

Mother, Anna Zaiger
by Florence Wigetman

Father, John Finegold
by Donald Finegold

Mother, Frances Leventhal
by Herb Leventhal

TORAH FUND

In sacred memory of Max Ross
by Morris Goldfield

In memory of:
Sister, Judith Keisman
by Frances Goldfield

HENRY MERKEN TALLIT MEMORIAL FUND

In memory of Gila Namias’s mother, Rhoda Rosenfield

In memory of Stan Gordon’s mother, Mildred
by Elaine Merken

In memory of:
Brother, Arthur Dinerman
Friend, Stanley Berenson
by Elaine Merken

Mother, Bella Kraft
by Jane Haymon
SMITH LANDSCAPE FUND

In memory of:
Mother, Sayra Cohen
   By Dr. Sheldon Cohen

PRAYERBOOK FUND

In honor of Alexis Sher becoming a Bat Mitzvah
   by Carolyn Perlow
In honor of our Abuelito, Pablo Schapiro’s 75th birthday
   by Max and Noah Schapiro

TREE PLANTED IN ISRAEL

In memory of Virginia Bogus
   by Joan and Murry Rich
In memory of Diane Kaplan’s brother, Alan Poretsky
In memory of Amy Schuler’s beloved mother, Brenda Kreichman
   by Carl and Sandy Shalit
In honor of Jen Remis & Daniel Cavanaugh’s marriage
   by Audrey, Michael, Melissa and Amanda Baizen
In memory of Cantor Emil’s mother, Tova Leah Berkovits
   by Sandy and Carl Shalit; the Levine family
In memory of Rose Beggleman’s beloved sister, Esther Goldman
   by Barbara Kupelnick

TIKVAH FUND

In honor of Laura Kuczrok for being a Community Hero
   by Marcy and Ben Yellin
In honor of the birth of David and Rhonda Preman’s grandson, Harrison
Get well wishes to Elaine Sevinor
In memory of Esther Salinsky’s father, Solomon Bloom
   by Sidney and Beatrice Strome
In honor of the Tour De Shuls event
   By the Shirat Hayam Brotherhood

BURT SHEPARD SCHOLARSHIP FUND

In honor of Bruce Bornstein’s great tasting beer
In honor of George Schwartz’s beer expertise
   by Joe Henson
In honor of the birth of Rhonda and David Preman’s grandson, Harrison
In honor of Mason Sagan’s Bar Mitzvah
In honor of Helaine and Jim Hazlett’s 50th Wedding Anniversary
In honor of Linda Kuperstein’s grandson becoming a Bar Mitzvah
   by Burt and Becky Shepard
In honor of Madison Cook becoming a Bat Mitzvah
   by Hope and Larry Zabar
In honor of Burt Shepard’s continued recovery
   by Elaine and Donald Finegold
In memory of Stan Gordon’s mother, Mildred
   by Herb Goldberg
In memory of Gila Namias’s mother, Rhoda Rosenfield
   by Ron and Shari Pressman

In memory of:
Father, Joseph Shain
   by Ruth Rood
Mother, Dorothy Zemel
   by Stanley Rich
Father, Burden Sanford
   by Bery Sanford
Mother, Anne Cashman
   by Robert Cashman

HOWARD STEVEN FEFFER SCHOLARSHIP FUND

In honor of Sherman Kramer’s special birthday
In honor of Herbert Friedman’s special birthday
   by Marilyn and Sonny Stoll

In memory of:
Brother, Howard Feffer
   by Lawrence Feffer

MILTON AND ESTELLE FEINSTEIN MEMORIAL SCHOLARSHIP FUND

In memory of:
Grandmother, Bella Goldsmith
   by Joyce Bornstein

LEV INITIATIVE

A donation was made
   by Edye Baker
With warm affection to Shirat Hayam
   by Morris Goldfield

Yoga
   by Myril Sheinkopf

Teen Programs

In honor of Julie and Scott Sagan’s son, Mason, becoming a Bar Mitzvah
   by Larry and Lori Groipen
Kvelling... Family Announcements

Marilyn Levy celebrated a special birthday
Ina and Alan Hoffman have a new grandson, Alex
Barbara and Ron Gilefsky’s daughter, Erica, married David Kyrouz
Jack Kelley, son of Madelyn Kelley, became a bar mitzvah
Noah Tuttle, son of Beth Rooks and Roger Tuttle, became a bar mitzvah
Ethan and Jacob Keller, sons of Ira Keller and Ellen Long Keller, became a bar mitzvah
Sandi and Arnie Shuman’s son, David, became engaged to Vera Sacharin
Toby Bell celebrated a special birthday
Mazal tov to the following graduates of Cohen Hillel Academy:
  Jeremy Adner, Morgan Cooper, Samantha Gilberg, Whitney Rosenberg,
  Josh Tassinari and Tali Weinstein
Leslie Hirshberg, daughter of Sandy and Jeff Hirshberg, graduated from Prozdor and received the Rubin A. and Lizzie Grossman Foundation Award, given to a student that exemplifies high ideals in leadership

Send us your simchas! With our new format, we can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish.... you get the idea! Share your joy with your CSH family... let’s kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.
**Shabbat Café Sponsors**

*Thank you to the following for co-sponsoring Shabbat Café in June and July:*

Madelyn Kelley in honor of her son, Jack, becoming a bar mitzvah

Amy and Nate Dalton and Heidi Tonken and Andrew Gottlieb in honor of their daughters, Madeleine Dalton and Kayla Gottlieb, becoming b’not mitzvah

Golda Greenbaum and family in memory of their beloved husband, father and grandfather, Bernard Greenbaum

Ila and David Sabino, Renee and Jason Sidman and Michael Sidman in honor of their parents, Barbara and Alan Sidman’s 42nd wedding anniversary and Alan’s 65th birthday

Beth Rooks and Roger Tuttle in honor of their son, Noah, becoming a bar mitzvah

Ira Keller and Ellen Long Keller in honor of their sons, Ethan and Jacob, becoming b’nai mitzvah

Ellen and Richard Alexander in honor of their 40th wedding anniversary

Cindy and Steve Bailen in honor of their daughter, Jenna’s ninth birthday

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and is a meaningful and thoughtful way to celebrate a simcha or honor, remember a loved one, or commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

---

**Todah Rabah**

*Thank you to the following for participating in services in June and July:*

Torah Readers: Jack Kelley, Nate Dalton, Madeleine Dalton, Kayla Gottlieb, Noah Tuttle, Dara Fruchter, Ellen Alexander, Natalie White, Diane Levin, Murray Goodman

Haftarah Chanters: Jack Kelley, Madeleine Dalton and Kayla Gottlieb, Ethan and Jacob Keller, Deanna Cooper, Cantor Emil Berkovits, Alan Sidman, Joan Rich, Bob Milamed

If you would like to read Torah or chant a Haftarah, contact Cantor Emil: Cantor@ShiratHayam.org.

---

**CSH Minyannaires**

*Thank you to the following members for supporting daily services in June and July:*


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
Chesed Committee

Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2012 Advertising Rates

Congregation Shirat Hayam Wave

<table>
<thead>
<tr>
<th>Size</th>
<th>Monthly Rate</th>
<th>Annual Rate</th>
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<td>$337.50</td>
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</tbody>
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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Beginner Yoga with Ariela

Join Ariela HaLevi at 12:45 pm on August 11, 18 and 25 for an introduction to yoga. Have you wanted to try Yoga Minyan, but didn’t think you were ready? Here’s your chance to “learn the ropes” so you can participate in this popular Synaplex offering!

Beginners only - mats will be provided. Wear comfortable clothing.

Gabrielle Carrick was one of the scholarship award recipients on May 1 and her photo was accidentally omitted from the last issue of the Wave.

Mazal tov to Gabrielle!
C SH Book Club - Get your summer reading ready!

7:30 pm on the following Monday evenings:

<table>
<thead>
<tr>
<th>Month</th>
<th>Book Title</th>
<th>Author</th>
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<tr>
<td>September 10</td>
<td>Warmth of Other Suns</td>
<td>Isabel Wilkerson</td>
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<tr>
<td>October 15</td>
<td>The Dovekeepers</td>
<td>Alice Hoffman</td>
</tr>
<tr>
<td>November 19</td>
<td>Hare with Amber Eyes</td>
<td>Edmund deWaal</td>
</tr>
<tr>
<td>December 17</td>
<td>The Outliers</td>
<td>Malcolm Gladwell</td>
</tr>
<tr>
<td>January 21</td>
<td>The Paris Wife</td>
<td>Paula McLain</td>
</tr>
<tr>
<td>February 18</td>
<td>March</td>
<td>Geraldine Brooks</td>
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<tr>
<td>March 18</td>
<td>Unbroken</td>
<td>Laura Hillenbrand</td>
</tr>
<tr>
<td>April 15</td>
<td>The Tiger’s Wife</td>
<td>Tea Obreht</td>
</tr>
<tr>
<td>May 20</td>
<td>The Glass Room</td>
<td>Simon Mawer</td>
</tr>
<tr>
<td>June 17</td>
<td>Left Neglected</td>
<td>Lisa Genova</td>
</tr>
</tbody>
</table>

The CSH Book Club is open to the community - please join us.

For more information, email Becky Shepard at: shepardb@aol.com.
High Holy Day Ticket Request 2012

Rosh Hashanah begins on Sunday evening, September 16. Erev Yom Kippur is Tuesday, September 25.

- Payment for tickets must be made with your reservation. Tickets will be reserved when all balances are paid in full or prior arrangements have been made with the Bookkeeper.
- All requests must be made in writing. Verbal requests cannot be honored. All members requesting tickets must return the form below.
- You must purchase a ticket if you are planning to attend any of our main High Holy Day services. Afternoon family service on Rosh Hashanah afternoon and Renewal and evening service on Yom Kippur DAY (9/26), do not require tickets.
- Tickets will be sold to Shirat Hayam members first, then out of area guests, and finally family members living in the community who are not members of CSH.
- If your child plans to attend services in the main sanctuary, it will be necessary to purchase a ticket for him/her. Babysitting and services will be available for children up to age 14.
- Reciprocal tickets must be ordered by August 13.
- High Holy Day honors will be assigned to members in good standing with a ticket reservation only.

Please return the ticket request form below to Shirat Hayam.

Name_____________________________________________________________________________
Address_____________________________________________________________________________
Email address__________________________________________________________________________

_________ Center @ $325.00 each = $__________________
_________ Second Tier, including stage @ $225.00 each = $__________________
SOLD OUT  Third Tier

___I have a handicap parking permit and will require an aisle seat.

On the back of this form, please list the names and relationship for those who you are requesting tickets for.

Payment information:
____ Check enclosed for $_________              ____ Please charge my credit card  $_________
Name on card ____________________________________      __MC __VISA __AX __Discover
Credit card # _________________________________________  Exp. Date __________

For office use only:   Date received __________/__________
Section: IC_____ ST_____ TT_____
Spirited Sisters: Circle at the Sea

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The Circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

On the following Sunday evenings - 7:00 to 9:00 pm at CSH: 2012 - September 9, October 14, November 4 and December 2. 2013 - January 6, February 3, March 3, April 7, May 5 and June 2

For more information, please contact Mimi at: healthenergy@verizon.net or 781-631-0318.

Visit our website!! www.spiritedsisters.org

The following article by CSH member Barbara Vinick appeared in the spring issue of the newsletter of the Jewish Heritage Center of the North Shore, formerly the Jewish Historical Society. (Today I am a Woman: Stories of Bat Mitzvah Around the World was recently published by Indiana University Press.)

“When I was first given the idea to collect worldwide stories about bat mitzvah, I wasn’t optimistic. After all, wasn’t bat mitzvah “invented” in the United States? Had they heard of celebrating a girl’s coming-of-age in other places in the world? And wasn’t it limited to Reform and Conservative congregations? But as I didn’t want to turn down a request from Shulamit Reinharz, director of the Hadassah-Brandeis Institute at Brandeis University, I agreed to give it a try.

As it turned out, I was wrong on all counts. Some form of bat mitzvah is celebrated in every branch of Judaism, including the Orthodox, in every part of the world. And it didn't begin in the United States. Mordecai Kaplan, founder of the Reconstructionist branch of Judaism, witnessed his first bat mitzvah ceremony in Rome a few months before preparing his own daughter, Judith, for a simple ceremony in New York City in 1922, the first in the United States. As early as 1870, a rabbi in Baghdad wrote that girls should be recognized when they turned twelve, and there is some evidence of a bat mitzvah ceremony in Russia in 1902.

Although the first bat mitzvah story I received was downbeat (something like, "All I can remember is the ugly puffy dresses we wore.") this turned out not to be the norm. My email overtures to women, girls and community leaders resulted in a multitude of poignant, dramatic, informative and deeply personal stories from 78 countries, from every continent except Antarctica. Some of the stories are from recent bat mitzvah girls, some are from women who celebrated decades before, and some are from community leaders - rabbis and their wives, teachers, cantors.

I hope readers - young and older - will feel half as much joy in these stories as I felt in collecting them. What a gift to realize the resiliency of Jewish communities that have picked themselves up out of the ashes of the Holocaust and Communism when they threatened to destroy us, and now host ceremonies for girls who will take their places as leaders of tomorrow. This work has made me feel a special connection, a sisterhood with Jewish women everywhere - from Azerbaijan to Zambia, from Reform to Orthodox, from those who celebrated bat mitzvah with a large group to those who celebrated by themselves, from those who read Torah and wore a tallit to those who sang a single song. Our connections as Jews far outweigh our differences.

Barbara Vinick and Shulamit Reinharz edited Today I am a Woman: Stories of Bat Mitzvah Around the World, published by Indiana University Press. It is available from Amazon.com, the publisher (1-800-842-6796), and bookstores.
The Food for Life program offers classes focused on

- general health and weight management
- cancer prevention and survival
- diabetes prevention and reversal
- chronic disease prevention and reversal

LEARN the latest nutrition information, ENJOY cooking demonstrations, TASTE healthy, delicious dishes, and SHARE your experiences in a supportive group setting.

For more information about the Food for Life program, visit www.cancerproject.org/classes.

Join Dr. Mona Sigal at Congregation Shirat Hayam in Swampscott for the 5-class series on kickstarting your health and cancer prevention.

Five-class fee: $100.

When:
- October 10, 2012
- October 17, 2012
- October 24, 2012
- October 31, 2012
- November 7, 2012

6:30pm – 8:30pm

Where:
- Congregation Shirat Hayam
- 55 Atlantic Avenue
- Swampscott MA 01907

Register at:
- http://kickstartCSH.eventbrite.com
- E-mail monasigal@me.com
- Register http://kickstartCSH.eventbrite.com
- Web www.NHWFFL.com
- Call 781-632-7205

The Food for Life program is a direct service nutrition education program of the Physicians Committee for Responsible Medicine. PCRM is a the 501(c)3 nonprofit that promotes preventive medicine, conducts clinical research, and encourages higher standards for ethics and effectiveness in research.
ExtraOrdinary by Michele Tamaren and Michael Wittner

“An end of life story without end.”

I Am Forbidden by Anouk Markovitz

“A family is torn apart by fierce belief and private longing in this unprecedented journey deep inside the most insular Hasidic sect, the Satmar.”

In the Garden of Beasts by Eric Larson

“Love, terror and an American family in Hitler’s Berlin.”

The Prague Cemetery by Umberto Eco

“The instant international #1 Bestseller. Umberto Eco takes his readers on a remarkable journey through the underbelly of world-shattering events... - A masterpiece.”

What We Talk About When We Talk About Anne Frank - stories by Nathan Englander

“Nathan Englander’s feeling is the thing that separates him from just about everyone. You can hear his heart thumping feverishly on every page.” - Dave Eggers

The above books are the newest additions to the CSH Lending Library (located in the Chapel) and are available for your reading pleasure. Please remember to sign your book out and back in so we can keep track! Thank you.

Elaine Merken, Library Chair
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Valerie Gilbert
Stefanie Gladstone
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Ext. 24

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Ellyn Needel
Justyn Needel

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*Executive Committee

Our phone lines will be answered by voicemail between the hours of 1:00 and 3:00 pm. To reach a staff member, you may dial extensions.

Call the main line: 781.599.8005

When prompted, dial extension number.

Maintenence
Gus Ventura, Robert Monegro, Erudania Vicioso,
Yanira Romero, Maria Martinez, Cesar Rivas
## What's happening...

### August

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<th>Sun</th>
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<tr>
<td>01 Aug</td>
<td>Av 12</td>
<td>7:30 PM: Holy Shleppers</td>
<td>7:30 PM: Kol Isha Women's choir practice</td>
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<td>6:00 PM: Shabbat in the Park with Saul Kaye</td>
<td>8:30 AM: Renewal Service</td>
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<td>9:00 AM: Traditional Service</td>
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<td>11</td>
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<td>8:30 AM: Shabbat Synaplex</td>
<td>12:45 PM: Beginner Yoga</td>
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<td>5:30 PM: Shabbat at the JCC Pool</td>
<td>12:45 PM: Beginner Yoga</td>
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<td>8:30 AM: Shabbat Synaplex</td>
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<td>7:20 PM: Mahjong</td>
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<td>6:00 PM: Kabbalat Shabbat</td>
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To access the interactive CSH calendar online, visit: www.ShiratHayam.org/connections/calendar.php
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Five 1 1/2 hour weekly lessons

at CSH
Tuesdays, October 2, 9, 16, 23 and 30 from 7:30 - 9:00 pm
Registration required.
Contact CSH

**Slichot Olam**

*September 8*

*India*

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**Student Internship**

*page 7*

**YOGA HAVDALLAH**

*SLICHOT OLAM SEPTEMBER 8*

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**Looking at the Law...**

*see page 13*

**Magic Minyan!**

*September 8*

**Fantasy Football**

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