We practice radical hospitality!

The Wave

Don’t be wandering on Passover.

Join us.

Second Night Alternative*

Passover Seder

led by

Rabbi Baruch HaLevi, Cantor Elana Rozenfeld

and the Ruach Band

Tuesday evening, April 15, at 6:00 pm

*nothing like your Zaydie’s seder.

See page 31 for details!
Rabbi Baruch HaLevi

Kitniot

Very little in life is “black or white.” Most of life, certainly the most meaningful moments, aspects and experiences take place within shades of gray.

All or nothing is simplistic.

Life is complex, complicated, and nuanced, and so is Judaism.

Passover is upon us once again. Yes, it would be ideal to scour the house, kosher the kitchen for Pesach and eradicate every crumb, crust and cracker from every corner, nook and cranny. Life, however, is messy (and so is my wife’s minivan). Sometimes there isn’t enough time, or manpower or Hazmat suits (my wife’s car again) to track down all the chametz (forbidden foods) lurking beneath the seat or up in the cracks of the couch. Sometimes there’s just too much chametz in life, so to speak, to eliminate it all.

It shouldn’t, however, mean that, since we can’t do it all, we therefore do nothing. We should always do the best we can, where we are, with what we have. Judaism is a journey and every Pesach is a different Pesach. Every year we are different or in a different place within our life. Do what you can do. Be proud of yourself. Love yourself and know that your ancestors and God are proud of you for trying and love you no matter what.

The same is true not just with cleaning for Pesach but also cooking for Pesach.

Maybe we eliminate the chametz, the rice, the beans, the corn, from our home and our diet. Maybe, however, we only eliminate the chametz and leave the corn, rice and beans for another year. Maybe we don’t do away with it for eight days, only seven days (the actual number of days according to the Torah). Maybe we can’t eliminate the chametz entirely, but minimize it or just don’t serve it at the seder itself.

The bottom line, we are not expected to be perfect, neither in life nor in Jewish living. We are expected to challenge ourselves. We are expected to strengthen our Jewish muscles. We are expected to grow in our relationship with our tradition, our people and our God.

This Passover - let’s not only get rid of the chametz, let’s get rid of the perfectionism.

Let’s not only get rid of the forbidden foods, let’s get rid of this all-or-nothing mentality.

Let’s not only get rid of the hardened crust in the light fixture (I kid you not), let’s get rid of the hardened crust around our heart.

In the words of Rabbi Tarfon, “It is not incumbent upon you to do all that there is to do; however, neither are you free from trying your best.”

Chag Kasher v’Sameiakh - Happy Passover

Rabbi B

B’ruchim HaBaim ~ ברכות הבאים

Welcome to the newest members of the Shirat Hayam family:

Ilene & Thomas Vogel, Jessica and Alexandra
Dr. Emil Berkovits, Cantor Emeritus

More Music

It has been said many times: "When one door closes, another opens." I have been urged and even "nagged" for some time now to create a CD of the many prayers and melodies we use at our much enjoyed Musical Shabbat services.

Now that I do have a little more available time, and before I leave Shirat Hayam and the North Shore community the process has begun. Most of the Musical Shabbat prayers will be included for your pleasure.

I invite anyone who would like to participate in this process to become a supporter of this cause by offering your sponsorship toward making this project possible. Should you have any question, feel free to contact me personally. We will also take advance orders.

All contributions are to go to the Cantor Emil Music Fund.

Wishing you all a very pleasant Passover holiday.

B’Shalom

Cantor Emil

Kvelling... Family Announcements

Selma Sherr has a new great-granddaughter, Hannah Paige Kosberg

Steven Ratner, son of Diane and David Ratner and grandson of Arlene and Herb Leventhal, became a bar mitzvah

Daniel Rosen, son of Miriam Rosen, became a bar mitzvah

Benjamin Jacobson, son of Leah and Mitch Jacobson, became a bar mitzvah

Sidney Strome celebrated his 91st birthday

Cantor Elana and Raphael Rozenfeld’s son, Ariel, celebrated his first birthday

Alice and Charles Leidner and Andrea and David Cohen have a new granddaughter, Rosie Belle Leidner

Send us your simchas! We can publish your pictures. New baby, new home, engagement, marriage, anniversary, special birthday, new dog, cat, fish... you get the idea! Share your joy with your CSH family... let’s kvell together!

Send your information (photo optional) to: Marla@ShiratHayam.org.

If you would like to have a card sent to any of the families listed above in honor of their life cycle events, you may make donations online at: www.shirathayam.org or mail your check (minimum $10) payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907, listing the occasion you are honoring and how you prefer to have the card signed.
I. Chametz & Matzah: P’shat - The Basics

1. Matzah:

The gemara tells us that matzah can be made from five types of grain and only these five: They are wheat, barley, rye, oats and spelt.

How Matzah Is Made:

The Torah teaches us: V’shamrtem et haMatzot - one must guard the Matzahs. Chazal interpret this injunction in two ways. First, one must be extremely vigilant to ensure that the Matzah does not become Chometz. Second, one must bake the Matzah that is to be used to fulfill the Mitzvah of eating Matzah with that express purpose in mind (Leshma). The approaches used to satisfy these requirements present us with a variety of different types of Matzah.

Another concern stems from the need to ensure that the Matzah dough does not become Chometz during the baking process itself. Chazal tell us that under normal conditions it takes at least 18 minutes for dough to become Chometz. Since the speed of the Matzah production is such that every mixture of dough passes through the system into the oven well within 18 minutes, it can be assumed that all of the Matzah has indeed been baked within 18 minutes of the time it was first kneaded, and therefore it is considered kosher for Pesach.

2. Chametz:

The gemara then continues and tells us that chametz can only come from stuff that could have been used in the production of matzah, the five grains. Nothing else can be chametz. Rice, millet and kitniot cannot become chametz and therefore may not be used for matzah. And according to the Rambam, even if one kneads flour made of rice with hot water, and bakes it and processes it so that it rises and looks very much like regular dough, one may still eat this product because it is nevertheless not called chametz.

II. Remez - Hidden Aspects of Chametz & Matzah

Shemot 12:14-20 And this day shall be to you for a memorial; and you shall keep it a feast to the Lord throughout your generations; you shall keep it a feast by an ordinance forever. For seven days you are to eat bread made without yeast (chametz). On the first day remove the yeast (chametz) from your houses, for whoever eats anything with yeast (chametz) in it from the first day through the seventh must be cut off from Israel. On the first day hold a sacred assembly, and another one on the seventh day. Do no work at all on these days, except to prepare food for everyone to eat--that is all you may do. "Celebrate the Feast of Unleavened Bread, because it was on this very day that I brought your divisions out of Egypt. Celebrate this day as a lasting ordinance for the generations to come. In the first month you are to eat bread made without yeast (chametz), from the evening of the fourteenth day until the evening of the twenty-first day. For seven days no yeast (chametz) is to be found in your houses. And whoever eats anything with yeast (chametz) in it must be cut off from the community of Israel, whether he is an alien or native-born. Eat nothing made with yeast (chametz). Wherever you live, you must eat unleavened bread."

Shemot 13:6-7 For seven days eat matzah and on the seventh day hold a festival to HaShem. Eat matzah during those seven days; nothing with yeast in it is to be seen among you, nor shall any yeast (chametz) be seen anywhere within your borders.

Devarim 16:3 You shall eat no leavened bread with it; seven days shall you eat unleavened bread with it, the bread of affliction; for you came out of the land of Egypt in haste; that you may remember the day when you came out of the land of Egypt all the days of your life.

III. Drash - Deeper Chametz & Matzah

1. Chametz

A. Chametz & Ego

Some have observed that chametz, the air that puffs up dough into bread, is the ego. Just as chametz makes bread look bigger than it is without adding any substance, so too an ego filled with self-importance is ultimately nothing but hot air.

B. Chametz & Yetzer HaRa (Evil Inclination)

The Ramchal teaches us that chametz is a symbol of yetzer hara, the evil inclination. This urge to sin is a force given to us by HaShem to balance the yetzer tov, the good inclination. With these two in balance, we have the free will to choose the good or the evil. With the yetzer hara and the yetzer tov we would not have free will.

The yetzer hara is also the desire which pushes us to marry in order to fulfill lust. It is the desire which pushes us to build a house in order to marry. It is the desire which pushes us to work hard in order to gain the money or power that we covet. But, in the end, each of these selfish acts is used by HaShem to build His world and to cause us to do His will. Our goal is to bring the yetzer tov under our control to eliminate the lust, love for money, love for power, and every other selfish desire. Our goal is to use the yetzer hara to bring about the world desired by HaShem.
C. Chametz & Fermentation
D. Chametz & Idolatry

The Zohar equates chametz and idolatry:

Whoever eats chametz on Pesach is as if he prayed to an idol. (Zohar 2:182)

2. Matzah:
A. Lechem Oni - Poor Man’s Bread
B. Lechem On’eh - Bread of Answers
D. Lechem Ona - Bread of Intimacy

IV. Sod - The Deepest Aspects of Chametz & Matzah
Replacing Chametz With Matzah

“Any amount of chametz, no matter how small, disqualifies food on Pesach (Pesachim 30a).” Holiness is known as “matzah” and the klippah (the opposite of holiness, here a sinful act) is known as “chametz,” and the only difference between them is that small speck that distinguishes a “chet” and a “heh.” Further, among the five primary sounds of the mouth, “chet” and “heh” are interchangeable. - Me’or Eynamim

There is only a small difference between the way that the words matzah and chametz are actually written in Hebrew. They share the letters mem and tzadeh, and the only difference between the heh at the end of matzah and the chet at the beginning of chametz is the smallest opening at the top left hand corner of the letter. Seeing this, he can enlarge the meaning of the teaching from the Talmud that it is only the merest bit that distinguishes matzah from chametz.

Where is God?: Another Story

Rabbi Barukh [of Mezbizh’s] grandson, Yehiel, was once playing hide-and-seek with another boy. He hid himself well and waited for his playmate to find him. When he had waited for a long time, he came out of his hiding place, but the other was nowhere to be seen. Now Yehiel realized that his friend had not looked for him from the very beginning. Crying, he ran to his grandfather and complained of his faithless friend. Then tears brimmed in Rabbi Barukh’s eyes and he said, “God says the same thing, I hide, but no one wants to seek me.” --From Martin Buber. Tales of the Hadisim: The Early Masters, page 97.

Burning The Chametz

Sefat Emet’s Meditation for the burning of the chametz:

May it be according to Your will HaShem that just as I removed (burned) the chametz from my house and my possession, so too should all chitzonim (material/physical/detractions) be removed (burned). May all spiritual defilement be extricated from our midst and our yetzer rah (evil inclination) be eradicated from within us, and may it be replaced with a contrite heart that we may serve You in truth. And every sitrah achrah (dark force) and every klipah (obstruction) and every rasha (evil or destructive individual) be decimated, as well as every corrupt government be removed from the earth. And anything that inhibits the Shekinah’s presence may you eradicate it as you did to the impediments that stood before our ancestors in Mitzrayim.

Blessing For Chametzlessness

Berachot 17a R. Alexandri on concluding his prayer used to add the following: Sovereign of the Universe, it is known full well to Thee that our will is to perform Thy will, and what prevents us? The yeast in the dough and the subjection to the foreign Powers. May it be Thy will to deliver us from their hand, so that we may return to perform the statutes of Thy will with a perfect heart!

Sefirot - Monitoring Our Chametz After Pesach

From the second night of Pesach until Shavuot Jews traditionally count the omer. Although this is historically tied to the agricultural ritual of bringing wheat offerings to the Temple, in Jewish mystical circles it became a mindfulness practice of sorts; an opportunity to take stock of one’s inner life. For forty-nine days (seven weeks of seven days) Jewish mystics would contemplate and cultivate various midot, or aspects, of their character and being.

Week one = Chesed (Love/Giving); Week two = Gevurah (Power/Boundaries); Week three = Tiferet (Balance/Harmony);
Week four = Netzach (Lasting Endurance); Week five = Hod (Splendor/moment); Week six = Yesod (Foundation/sexuality);
Week seven = Malchut/Shekhina (Mindfulness/Presence).

Through this process Jewish mystics walk back out into the world of chametz/ego but not without lifelines, checks and balances, and ways of harnessing the inner chametz to bring matzah qualities of redemption to the world.
Leslie Rooks Sack, Preschool Director

What fun all our children had while dressed up in costumes for our Annual Preschool Purim Parade last month. The fun didn’t stop there . . . the children also enjoyed a Purim Puppet Show put on by the teachers! It was such a fun way to celebrate Purim, as you can see by the pictures!

April will find the children learning about Passover and the children will create lots of important things to use at their home seders. We are also looking forward to the teachers performing a special Passover skit, complete with Moses as a baby and then, right before everyone’s eyes, Moses grows up to be a man!

The Preschool is closed Monday, April 21st, in honor of Patriots Day. The Preschool is open for special programming Tuesday, April 22 - Friday, April 25. Please see me if you want to sign up your child for any of these vacation days.

Summerthing Camp at our Preschool is open for registration, offering lots of options from 7:30 am to 6:00 pm, ages 3 months - 5 years old. Of course, all campers will become “expert” gardeners, as they join in tending to The Gan (Garden) at Shirat Hayam, which is 1 year old! This continues to be a remarkable teaching tool to instill in our children tikum olam (taking care of our earth) and having them experience all the joys from planting seeds, nourishing and harvesting the growth, and then enjoying the vegetables.

Registration continues for our school year 2014-2015, which begins this September. We offer a variety of learning programs, as well as our PlayCare (daycare) for children ages 3 months-5 years, from 7:30 am to 6:00 pm daily, all year long. To register for Summerthing Camp or our School Programming, please email me at: leslie@shirathayam.org or call 781.598.3311.
In January, Lynne Greenberg and the third graders, embarked on CJE’s first PBJL (Project Based Jewish Learning) adventure. They have spent the entire semester investigating the Four Questions, including, but not limited to: how to gather information, how to do multiple drafts of a paper/picture and the best way to help each other in their learning -- all of it centered around Passover. The culmination of this project will become a permanent piece of every family’s Haggadah. These pictures depict the students doing draft #3 of their drawings.
SMARTY YAiSH is the collaborative Jewish youth group of Temple Emanu-El, Marblehead, and Congregation Shirat Hayam, Swampscott. We provide youth programming for Jews in grades 6 - 8 (Jr. SMARTY YAiSH) and 9 - 12 (SMARTY YAiSH).

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Lounge Night will be held at Congregation Shirat Hayam in April. Dates for Lounge Night this month are April 3rd and April 10th. There will be no Lounge Night over Pesach or April Break. Lounge Night is Thursday night from 7 pm - 9 pm open to grades 9-12.

Junior Lounge Night this month will be at Shirat Hayam on April 9th from 6:30 pm - 8:30 pm. Junior Lounge Night is open to grades 6-8, and dinner is always provided.

This month is a short one for SMARTY YAiSH thanks to Passover and Spring Break, but it doesn’t mean we won’t have fun! Look out for themed Lounge Nights, and more exciting events coming up in May!

Rachael Pass
Youth Director, SMARTY YAiSH
smartyyaish@gmail.com

Family Life

Magic Minyan

A Shabbat Synaplex™ option for families with children up to 5 years of age - the first Saturday of the month!
April 5, May 3 and June 7

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with Preschool age children and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones.

After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us on the first Saturday of the month!
Natural Healing & Health Expo with Yoga

Over 25 vendors:
Massage
Psychic Readings
Raw Food
Green Smoothies
Chiropractors
Acupuncturists
Reiki
and much more....

Slow Flow Yoga with Ariela HaLevi

Healthy Food Tasting

Thursday, April 10
Yoga begins promptly at 7:00 pm
(doors open at 6:30 pm)
Congregation Shirat Hayam

RSVP to: CSH@ShiratHayam.org
$25 a person

Pay online at: www.shirathayam.org
or check payable to: CSH/Healing

Over 25 vendors:
Massage
Psychic Readings
Raw Food
Green Smoothies
Chiropractors
Acupuncturists
Reiki
and much more....
## DONATE
Your Clothing, Shoes and Linens

Donate, Recycle, Don’t Throw Away

<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Pants</td>
<td>Boots</td>
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<td>Shorts</td>
<td>Shoes</td>
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<tr>
<td>Shirts</td>
<td>Slippers</td>
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<td>Pajamas</td>
<td>Belts</td>
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<td>T-Shirts</td>
<td>Ties</td>
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<td>Jerseys</td>
<td>Purses</td>
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<td>Sweatshirts</td>
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<td>Sweatpants</td>
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<td>Sweaters</td>
<td>Pillows</td>
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<td>Jeans</td>
<td>Bedding: comforters, sheets, pillow cases, blankets</td>
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<td>Dresses</td>
<td>Curtains/Draperies</td>
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<td>Skirts</td>
<td>Table Linens</td>
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<td>Coats</td>
<td>Stuffed Animals</td>
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<td>Jackets / Suits</td>
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<td>Undergarments/bras</td>
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<td>Back packs</td>
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It’s not traC$H... for Shirat Hayam it’s caC$H!
100% of the proceeds benefit CSH.
Don’t throw away your clothing and textiles! Drop them off at CSH.
This is an easy fundraiser for CSH and it costs you nothing!

Thank you for your support.

Consult your tax professional for donation eligibility.
Tax receipts available.

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Congregation Shirat Hayam of the North Shore
55 Atlantic Avenue, Swampscott, MA 01907 | CSH@ShiratHayam.org ~ 781.599.8005
www.ShiratHayam.org
SPRING CLEANING!!
WORN, TORN, STAINED, OUT OF STYLYE...
THE GOOD, THE BAD, THE UGLY - PUT IT IN OUR BINS

Your mother lied to you and your bubbe lied to you about donating your clothing. They were wrong then and they are wrong now. Well, not so much “wrong” as misinformed. Until recently, charities wanted your mother and bubbe to believe that the clothing was going to be worn by the family down the street. That is why they were selective about what to donate. Today, donating your unwanted clothing, shoes and household textiles is actually the entry point of a recycling stream.

Textiles had been recycled long before the term “recycling” was ever used. Unlike other recyclables, you do not have to separate anything - put the good, the bad and the ugly in the CSH collection box in the parking lot. All that is needed is that they be dry, and not smelly. Stained, out of fashion, shoes with broken laces or in need of a shine or even with a broken heal can go in the box (please pair the shoes if possible). Belts, purses, hats, gloves, sneakers, even single shoes and single socks can go in the bins.

The textile recycling industry says that 95 percent of all donated items can be reused, repurposed, or recycled. 45% of items gets reused for their original purpose, 30% gets made into wiping rags for industrial use and 20% gets ground up into fiber. This fiber is then used to make carpet padding, soundproofing for automobiles, insulation, or stuffing for such things as doggie beds.

The fact is that 45% of the clothing, shoes and household textiles that are donated will be worn by people that cannot afford new clothing. Many of these people are located in developing nations around the world and often live on less than $2.00 a day. That is why even undergarments including bras should be put in the CSH collection box. You might feel uncomfortable, but in the developing world these personal items are in fact a luxury because they are not seen.

The clothing, shoes and household textiles that we collect, put hundreds of thousands of people to work, repairing, restyling and selling these items. I suggest you watch a video called “I didn’t dance my ass off at Josh’s Bar Mitzvah.” You can “google” the name. This video shows you how some of your donations are used and what a fantastic contribution to the economy of the world these items create.

The US Environmental Protection agency (USEPA) estimates that only 15% of clothing and household textiles are now being diverted from our waste stream. The remaining 85% that is going to the landfill comes out to 70 pounds per person. Putting your clothing in the CSH collection bin is the environmentally the correct thing to do.

All charities that collect clothing sell the majority of these collections to the textile recycling industry. The charities then use the money to fund their programs. CSH is the sole beneficiary of the funds raised from the sale of this clothing.

If you would like to learn more about textile recycling you can visit www.smartasn.org or www.weardonaterecycle.org. In the meantime, spring is here! Please clean out your closets, tell your friends, neighbors and relatives to bring bags of clothing, shoes and household textiles to CSH’s parking lot. We have two bins - one in front and one in the back parking lot. If you need help gathering your items or help bringing them to CSH, call the office and we will find someone to help you.

Thank you,
Larry Groipen
**Shabbat Experience @ CSH**

**Babysitting**

Ages up to 4  
Downstairs Playroom

An adult must remain in the building.  
9:00 - 11:50 am, weekly

Babysitting is provided at no charge so that parents may attend services.

**Limud Shabbat**

Kids’ CJE Experience  
Center for Jewish Education  
Ages 4* and up  
9:00 - noon weekly

*Preschool Limud Shabbat is free and open to the community. Registration required.

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**Traditional and Alternative Service Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal Minyan</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Greg Coles</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Living Minyan</td>
<td>Cantor Berkovits</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
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<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
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<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
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<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
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<tr>
<td>11:25 am</td>
<td>Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
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**For Everyone - Main Sanctuary**

11:45 am - noon  
**Ruach Rally**

Concluding prayers and Kiddush/Motzi

**Community Shabbat Café at noon**

12:15 pm - Kids’ Kehilla Lounge (when Limud is in session)

12:30 Mini-plex Lunchtime Learning

1:30 Mincha Minyan

Attire is casual.  
*We practice radical hospitality.*
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Sanctuary on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’sukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Living Minyan: Traditional Prayers and Learning - 9:00 am

The great thing about being Jewish is to be part of a tradition that is thousands of years old! But if you can’t read Hebrew, don’t know the words, or maybe can’t carry a tune, tradition can feel a little daunting. Come and join Cantor Emil and friends in a safe, welcoming space to discover the beauty of traditional Jewish liturgy, prayer and song in a user-friendly format.

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Magic Minyan - 10:45 - 11:30 am

Musical Shabbat programs for the littlest ones and their grown-ups. Magic Minyan with Marcy (Preschool age and under) is held on the first Saturday of the month.

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the hall with the following guest scholars for April:

5 and 12 - Rabbi Ken Weiss
19 - Dr. Harvey Zarren
26 - Rabbi Ken Weiss

Mini-Plex

Bring your dessert to the designated table and study with us.

April:

5, 12 and 19 - Cantor Elana
26 - AIPAC
5, 12 and 19 - 1:15 pm - Join Ariela for Chair Yoga!

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am
Monday - Thursday evenings: 7:00 pm
Sundays - 9:00 am; 6:00 pm

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule)
Saturday afternoon mincha: 1:30 pm

Candle Lighting

April 4 - 6:54; 11 - 7:02; 18 - 7:10 pm; 23 - 7:18 pm
Passover candle lighting times:
April 14 - 7:05
April 20 - 7:12
Condolences, Well Wishes & Donations

We mourn the passing of our member
Eugene “Len” Poster
and extend our deepest sympathy to his family and friends

Condolences to:

Cynthia Poster on the loss of her husband, Eugene “Lenny” Poster
Susan and Nick Titus on the loss of Susan’s grandmother, Ruth Leavitt
David Zion on the loss of his father, Alan R. Zion

Send us your information.
If you, or someone you know is in need of healing, or assistance from our Chesed Committee, let us know. We would rather hear from several different people. Please don’t assume someone else has notified us.
Send your information to: CSH@ShiratHayam.org

Donations

RABBI’S DISCRETIONARY FUND
With heartfelt thanks to Rabbi B for his support upon the loss of Rand’s beloved sister, Brion

by Arnold and Rand Bergman
In memory of Joanne Smith’s father, Sidney Lipsky

by Steve and Ethel Harris; Ben and Yuddie Spector
In honor of Rabbi B’s visit with his “southern congregation”

by Lee and Joe Henson
Get well wishes to Ariela HaLevi
In honor of a wonderful Purim service

by Sidney and Bea Strome
In memory of Beverly Shapiro’s brother, Jerry Brenner
In memory of Sid Lipsky

by Ruth Lunder
In honor of Arlene and Herb Leventhal’s grandson, Steven Ratner, becoming a Bar Mitzvah

by Carolyn Perlow
In memory of:
Niece, Judith Yazbek

by Faylyn Levine
Father, Shepard Salinsky

by Richard Salinsky

Cantor Elana’s Discretionary Fund
In appreciation of Cantor Elana’s kindness upon the loss of Rand’s beloved sister, Brion

by Arnold and Rand Bergman
In honor of a wonderful Purim service

by Sidney and Bea Strome
In honor of our great-grandson, Sam Katz

by Sylvia and Norman Revman

Cantor Emil’s Discretionary Fund
In appreciation of Cantor Emil

by Natalie White
In appreciation of Cantor Emil’s kindness upon the loss of Rand’s beloved sister, Brion

by Arnold and Rand Bergman
Get well wishes to Jerry Appel and Fred Gamer

by Gloria Sax
In honor of Robert and Bery Sanford’s son, Mark’s marriage

by Sidney and Bea Strome

In memory of:
Aunt, Tillie Kantowitz

by Natalie White and family

CSH Preschool Fund
In honor of the birth of Joshua and Nicole McCloy’s son, Cooper Steven McCloy

by the Preschool Staff
In memory of Sidney Lipsky
   by Myra and Paul Gulko
In memory of Alan and Phyllis
  Bolotin’s father, Sid Bolotin
   by Debbie and Len Leibowitz
In honor of Cheryl Schwartz and
  Susan Drooks for their hard and
  loving work creating the Purim
  Mishloach Manot program and
  baskets
   by Leslie Sack and Debbie
  Leibowitz

CENTER FOR JEWISH
EDUCATION FUND
In memory of Marc Stern’s father,
  Frederick Stern
   by The Schauer family
In memory of:
Daughter, Debbie Schapiro
   by Susana and Pablo Schapiro

GENERAL FUND
In honor of Norma and Sherman
  Freedman’s 60th wedding
  anniversary
   by Judi and Steve Elkin
In memory of Melissa
  Kaplowitch’s grandmother, Adele
  Cheifetz
   by David and Karen
  Rosenberg; David and Ivy Finn
In memory of Martha Epstein
   by Lorraine Sheer
In memory of Arlene Rosen
   by Diane and Dick Faulkner
In memory of Joanne Smith’s
  father, Sidney Lipsky
   by Elise Williams; Lauren,
  Larry and Ariele Goldman; Ron
  and Shari Pressman

In memory of Wendy Polins and
  Jonathan Dubow’s grandmother,
  Anne Nadler
   by Anne and Bob Selby
In memory of Marc Stern’s father,
  Frederick Stern
   by Ivy and David Finn
A donation has been made
   by Ron and Pat Kafker
In memory of Beverly Shapiro’s
  brother, Jerry Brenner
   by Sheldon and Brenda Cohen
In memory of Golda Greenbaum’s
  special birthday
   by Hope and Larry Zabar
In memory of Sid Lipsky
   by Joan and Les Rosen

SAMUEL BRODY MINYAN FUND
In honor of Norma and Sherman
  Freedman’s 60th wedding
  anniversary
   by Eunice Brody; Sylvia and
  Norman Revman
In memory of Abraham Babbitt’s
  brother, Frank
   by Golda Greenbaum
Wishes for a speedy recovery to
  Sandy Shalit
   by Carol and Sam Denbo
In honor of Congregation Shirat
  Hayam
   by Richard Katz

In memory of:
Mother, Jean Katz
   by Carole Spatz
Father, Jacob Rozeff
   by Eunice Brody
Grandfather, Donald Roos
   by Karen Rosenberg

Father, Irving Gerson
   by Gerald Gerson
Aunt, Rose Kohn
   by Madeline Stark
Father, Irving “Sully” Goldstein
   by Sandra Goldstein
Grandmother, Anna Kirstein
   by Sylvia Revman
Uncle, Elliott Kaplan
   by Ethel Harris
Father, Lawrence Collier
   by Deborah Comins
Father, Sydney Comins
   by Stuart Comins
Father, Louis Levine
   by Frances Mendelsohn
Mother, Ruth Dinerman
   by Gerald Dinerman
Father, Abraham Hurst
   by Phyllis Dinerman
Mother, Gloria Berman
   by Seth Berman
Father, Maurice Kendell
   by Honey Schloss
Mother-in-law, Phyllis Dunn
   by Linda Dunn
Mother, Mae Karas
   by Phyllis and Jack Karas
Father, Saul Rosenberg
   by Ira Rosenberg

KIDDUSH FUND
In honor of Norma and Sherman
  Freedman’s 60th wedding
  anniversary
   by Annette, Barbara & Gene
  and Ida Freedman; Eli and Muriel
In memory of Phyllis Kurland  
  by Herb and Audrey Weinstein

In memory of Ed Bailey’s father, Maurice Bailey  
  by Alice and Charles Leidner

Get well wishes to Steven Freiman  
  by Arnold and Rand Bergman

In memory of Beverly Shapiro’s brother, Gerald Brenner  
  by Steve and Ethel Harris

In memory of Joanne Smith’s father, Sidney Lipsky  
  by Georgie Sawyer; Margie Shapiro; Donald and Elaine Finegold; Fred and Harriet Abel; Arnold and Rand Bergman; Sandra Goldstein

In memory of Ed Bailey’s brother, Maurice Bailey  
  by Roz and Sandy Levy

In memory of Wendy Polins and Jonathan Dubow’s grandmother, Anne Nadler  
  by Larry and Susan Goldberg; Arlene and Herb Leventhal

In honor of Diane and David Ratner’s son and Arlene and Herb Leventhal’s grandson, Steven Ratner, becoming a Bar Mitzvah  
  by Roz and Sandy Levy; Reggie and Lew Weinstein; Donald and Charlotte Fine

In appreciation of Congregation Shirat Hayam  
  by Jerry Rosen

In honor of our daughter and sister, Kara, reading torah, we’re very proud  
  by Steve, Cindy and Jenna Bailen

To thank CSH clergy and staff  
  by Rabbi Ken and Sue Weiss

In memory of:  
Mother, Goldie Karp  
  by Lois Ogan

Mother, Bertha Ogan  
  by Jerome Ogan

Husband, Mel Pearlman  
  by Frances Pearlman

Mother, Rose Alfond  
  by Bette Shoreman

Father, Theodore Kaplan  
  by Howard Kaplan

Mother, Lillian Rubin  
  by Donna Kagan

Mother, Annie Rosen  
  by J. Myron Rosen

Uncle, Alton Venner  
  by Andrea Katz

Mother, Rose Alfond  
  by Harriet Mack

FAMILY PROGRAMMING FUND
In appreciation of Baking with Bubbe  
  by Sandra Goldstein

TORAH FUND
In memory of Joanne Smith’s father, Sidney Lipsky  
Mazal Tov to Arlene and Herb Leventhal on their grandson, Steven Ratner, becoming a Bar Mitzvah  
  by Marion Garfinkel

In memory of:  
Mother-in-law, Ida Garfinkel  
  by Adelle Germain

Grandmother, Adelle Germain  
  by Marion Garfinkel and family

HENRY MERKEN TALLIT MEMORIAL FUND
In memory of:  
Mother, Ruth Dinerman  
  by Elaine Merken

PRAYER BOOK FUND
In honor of Norma and Sherman Freedman’s 60th wedding anniversary  
  by Larry and Susan Cable

POLONSKY BUILDING MAINTENANCE FUND
In memory of Wendy Polins’s grandmother, Anne Nadler  
  by Susan and Michael Cohen

TREE PLANTED IN ISRAEL
In memory of Dr. Sherwin (Shep) Nuland  
  by Bob Walker, Perry Steinberg and all of us at APB who cared deeply for Shep

TIKVAH FUND
In memory of Becky Shepard  
  by Fran and Steve Freiman

BECKY AND BURT SHEPARD SCHOLARSHIP FUND
In memory of Bob Garfinkel  
  by Susan and Larry Weiner; Edie and Eddie Lovins; Phil and Elaine Sevinor; Larry and Lori Groipen
In memory of Esther Salinsky’s mother
In memory of Jeff Hershberg’s father
In honor of Joan and Murry Rich’s 50th wedding anniversary
   by Phil and Elaine Sevinor
In memory of George Freedland
   by Kenny and Susan Drooks and family
In memory of Ed Bailey’s brother, Maurice Bailey
   by Phyllis and Jack Karas
In memory of Becky Shepard
   by Kenny and Susan Drooks and family; Laurie and Avram Hammer; Esther and Richard Salinsky; Rikki and Jerry Farber; Eunice Brody; Selma Sherr; Judy and Harold Kramer; Phil and Elaine Sevinor; Edie and Eddie Lovins; Sandra Goldstein; Susan, Larry and Elana Weiner; Alice and Charles Leidner; the Mahjong Mavens of the Sea; Michael and Jennifer Snyder; Ruthie and Shea Rood; Arnold and Rand Bergman; Jen and Chris Hockert; Shari, Robert, Alyssa and Haley Cashman; Sheldon and Brenda Cohen; Ellen and Steve Frankel; Sandy and Barry Sudikoff; Steve and Ethel Harris; Lauren, Larry and Arielle Goldman; Anne and Bob Selby; Roz and Sandy Levy; Beverly Kahn and family; Madeline, Jason, Rachel, Marisa & Avery Stark; Elaine Groipen; Marlene Rittenberg; Marc and Ellen Williams; Lee and Joe Henson; Bette and Dan Shoreman; Arlene and Herb Leventhal; Martha Jean Berensen Schechter; Northern Business Machines; Lori and Larry Groipen; Mark Messenger and Ellen Reifler; Ron and Barbara Gilefsky; the CSH Book Club

In memory of Joanne Smith’s father, Sidney Lipsky
In honor of Norma and Sherman Freedman’s 60th wedding anniversary
   by Eddie and Diane Knopf
In honor of Arlene and Herb Leventhal’s grandson, Steven Ratner, becoming a Bar Mitzvah
   by Natalie White
In memory of Joanne Smith’s father, Sidney Lipsky
   by Susan, Larry and Elana Weiner

In memory of: Father, Harold Weiner
   by Lawrence Weiner

LEV INITIATIVE
With gratitude for “Radical Hospitality” at CSH
   by Larry Bloom and Suzanne Levine
In honor of Sidney Strome’s 91st birthday
   by Bea Strome

We Remember Them
Please stop by for a demonstration on how the electronic yahrtzeit board creates a meaningful memorial experience.

If you had a memorial plaque at Temple Beth El or Temple Israel, that name is now listed on the yahrtzeit board. You may add a photo and short bio to that listing at no charge.

Pricing is available for new entries on the board. For more information about how you can create a lasting memorial for your loved ones, or to make an appointment for a demonstration, please contact Marla Gay at 781.599.8005, Ext. 27 or Marla@ShiratHayam.org.
Todah rabah.
The following CSH members have generously contributed to the Lev Campaign this fiscal year:

Fred & Harriet Abel
Howard & Izzi Abrams
Sidney & Barbara Abramson
Ben & Meredith Adner
Richard & Ellen Alexander
Ilan Amar
Abraham & Frances Babbitt
Jack & Ann Bailen
Edye Baker
Henry & Frances Barbanel
Gloria Bakst
Ariel & Carrie Berger
Jeffrey & Cindy Blonder
Edward & Frances Bobroff
Adam & Jennifer Bookman
Kate Borten
Jeffry & Harriet Brand
Rebecca & Laura Brochstein
Howard & Debra Brooks
Andrew & Melissa Caplan
Edward & Diana Caplan
Marvin Cashman
Robert & Shari Cashman
Fay Castleman
Sandra Chaikin
Bob Clifford & Melissa Robbins
Clifford
Brian & Michele Cohen
Barry & Caryn Cohen
Harold & Janice Cohen
Joel & Stephanie Cohen
Philip & Barbara Cohen
Sheldon & Brenda Cohen
Neil & Deanna Cooper
Rhonda Cormier
Harvey & Helaine Cotton
Samuel & Carol Denbo
Alan Diamond
Susan & Kenneth Drooks
Arnie & Linda Dubinsky
Jonathan & Rachelle Dubow
Harold & Marilyn Epstein
Ralph & Linda Epstein
Adam & Leah Faria
Scott & Ann-Jean Flaxer
Steve & Ellen Frankel
George and Ali Freedman
Steven Freiman & Frances Levy-Freiman
Mark & Carolyn Friedman
Sheldon Frisch & Fern Selesnick
Timothy & Deborah Gabe
Joan Garfield
Robert & Marion Garfinkel
Richard & Gail Gelb
Marsha Gerber
Gerald & Gail Gerson
Thelma Gibbs
Alan & Valerie Gilbert
Irene Gilberg
Ronald & Barbara Gilefsky
Arthur & Esther Goldberg
Herbert Goldberg
Larry & Susan Goldberg
Marty & Roz Goldberg
Morris Goldfield
Gail Goldstein
Sandra Goldstein
Murray & Jill Goodman
Stanley & Ellen Gordon
Maurice & Carla Greenberg
Paul & Jahn Gregory
Ronna Greif
Larry & Lori Groipen
Mark & Allison Gustavson
Stephen & Helyne Hamelburg
Avram & Laurie Hammer
Henry Hammond & Mimi Neuman
Bernard & Evelyn Handis
Noah Hartman & Anna Robinowitz
Stephen & Ethel Harris
Robert & Diane Hart
James & Helaine Hazlett
Jeff and Sandy Hirshberg
Christopher & Jennifer Hockert
Alan & Ina Hoffman
Harold & Sandra Hoffman
Julie Hoffman
Robert & Beth Hoffman
Donald & Lois Hurwitz
Kelly Asprooth-Jackson, Sara Weisman and family
Cat & Tom Jeffries
Rosanne & Robert Jepsky
Spencer & Donna Kagan
Beverly Kahn
Eric & Ruth Kahn
Ralph & Harriett Kaplan
Robert & Lois Kaplan
Scott & Melissa Kaplowitch
Semyon & Irena Karasik
Gary & Andrea Katz
Bowen & Nancy Kerins
Nelson & Libby Kessler
Richard & Nancy Klayman
Edward & Diane Knopf
Christine Koretz
Michael & Kimberly Kramer
Ronald & Teri Krawitz
Bob & Lily Krentzman
Cookie & Herb Kupersmith
Richard & Ann Landau
Joel Langsam
Andrew & Nancy Leader-Cramer
Lenny & Debbie Leibowitz
Tom Levenberg & Amanda Clayman
Diane Levin & Steven Hicks
Jason & Mikaela Levine
Perlina Levitin
David & Marilyn Levy
Sanford & Roz Levy
Leonard & Bunny Lieberson
Jacob & Ludmilla V. Lifson
Phil & Elaine Linsky
Saul & Sylvia Lipnick
Harold & Harriet Mack
Timothy McMahon & Mindy
Aaronson-McMahon
Anita Mehlman
Elaine Merken
Mark Messenger & Ellen Reifler
Mark & Karen Meyer
Paul Michaels & Joanna Duby
Nancy & Herb Miller
Lois Miller & Irving Weisman
Aron & Galina Mirmelshteyn
Neal & Lynn Mizner
Robert & Jacqueline Myerson
Albert & Gila Namias
Howard & Karynn Needel
Jerome & Lois Ogan
Robert & Leslie Ogan
Miriam Oliver
Jeffrey Oringer & Linda Kleeman
Miriam Ostrovitz
Phyllis Patkin
Carolyn Perlow
Richard & Wendy Polins
Edward & Carol Ann Price
Prime Motors
Amy & Alan Resnic
Murry & Joan Rich
Stanley & Sheila Rich
Claudia & Barry Rodenstein
Eleanor Roos
Jerry Rosen
Myriam Rosen
J. Myron Rosen
Michael & Rachelle Rosenbaum
Karen & David Rosenberg
Steve Rosenberg & Devorah Feinbloom-Rosenberg
William & Arlyne Rosenberg
Steven & Betty Ross
Walter & Lydia Rozovsky
David & Ila Sabino
Phyllis Sagan
Scott & Julie Sagan
Richard & Esther Salinsky
Amy Saltz
Georgie Sawyer
Gloria Sax
Cory & Rachel Schauer
Estate of Abigail Schwartz
George & Janna Schwartz
Hal Schwartz & Melissa Upton
Ann Segal
Dorothy Segal
Jacob & Marilyn Segal
Joseph & Ariana Selby
Robert & Anne Selby
Edward & Donna Seligman
Ruth Shanker
Rosalyn Shapiro
Myril Sheinkopf
Burton & Rebecca Shepard
Daniel & Bette Shoreman
Arnold & Sandra Shuman
Merle Sidell
Alan & Barbara Sidman
Jason & Renee Sidman
Ellen Silverman
Carl & Toby Sloane
Edward & Joanne Smith
Hyman Sogoloff
Andrew Sokolov & Liya Ageenko
Steven & Karen Solomon
Robert & Roberta Soltz
Max & Cheryl Sontz
Jeffrey & Amy Sorkin
Ben & Edith Spector
Rachel & Jason Stark
The list is getting longer, but we aren't there yet! Thank you to those who have answered the call to participate in the LEV campaign. As you can see, we are nearly 60% to our goal of 100% participation. If you have not yet made your LEV donation, please do so. You can send a check or pay online. There is no amount too small. Please support Shirat Hayam programming and services. Help put us over the top.

Please make your gift by April 30 and make it count for this fiscal year.
Shabbat Café Sponsors

Thank you to the following for co-sponsoring the Shabbat Café in March:

Diane and David Ratner in honor of their son, Steven, becoming a bar mitzvah
Lois and Ken Cohen and Cantor Elana and Raphael Rozenfeld, in honor of their grandson and son, Ariel’s first birthday
Myriam Rosen, Kathy and John Reilly and Marty and Louise Rosen in honor of her son and their grandson, Daniel Rosen, becoming a bar mitzvah
Bea and Sidney Strome in honor of Sidney’s 91st birthday
Leah and Mitch Jacobson in honor of their son, Benjamin, becoming a bar mitzvah

The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

Todah Rabah

Thank you to the following for participating in services in March:

**Torah Readers:** Diane Levin, Steven Ratner, Cantor Emil, CJE 6th grade class, Leah Jacobson, Natalie White, Ann Segal, Dara Fruchter, Daniel Rosen, Ben Jacobson, Debbie Coltin, Sam Kohn, Tommy Treitel

**Haftarah Chanters:** Steven Ratner, Steve Bailen, Alan Sidman, Daniel Rosen, Benjamin Jacobson

If you would like to read Torah or chant a Haftarah, contact Cantor Emil:
CantorEmil@ShiratHayam.org.

CSH Minyannaires

Thank you to the following members for supporting daily services in March:


*denotes service leaders

We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.

Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.
Chesed Committee
Karynn Needel and Beth Hoffman, Co-chairs

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

Karynn and Beth
Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

2014 Advertising Rates
Congregation Shirat Hayam Wave

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<tr>
<th>Size</th>
<th>Monthly Rate</th>
<th>Annual Rate</th>
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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org

Holidays 5774

April 14 First Night Passover
April 15 - Second Night Seder @ CSH!

Monday, April 21, Last day of Passover
9:00 am service with Yizkor

Yahrtzeits

If you have a yahrtzeit and plan to say kaddish at CSH, please bring a friend or two. Help make the perfect “10” at minyan.
Israel

July 27 - August 7, 2014

Join Rabbi HaLevi and Shirat Hayam for the trip of a lifetime...

Deadline is here! There are a few spaces left!!

If you are interested, contact Marla Gay at 781.599.8005, Ext. 27, or Email: Marla@ShiratHayam.org
Brotherhood

Save these dates for Brotherhood:

Monday, May 5 - Brotherhood Texas Hold ‘Em
Sunday, May 18 - Scholarship Breakfast

On behalf of Brotherhood, I’d like to wish you and your family a Happy Passover!

Thank you,
Brian Cohen, Brotherhood President
cshbrotherhood@gmail.com

On April 28, 2014 at 7pm, Rena Finder, Schindler’s List survivor will speak at the 31st Annual Yom HaShoah Commemoration at Peabody Veterans Memorial High School.

Caring for Generations

The Jewish Family & Children’s Service’s Family Table feeds more than 40 families on the North Shore.

We are in great need for volunteers to help with our monthly food distributions at our food pantry located at Temple Sinai.

For further information, contact Lisa Katz at JF&CS - 781-647-5327 or lkatz@jfcboston.org.

Our next distribution is Sunday, April 13. This will be a Passover distribution. We welcome all kosher, nonperishable food. Please check the expiration dates. We are especially in need of raisins, peanut butter and whole grain crackers.

Drop your donations in the JF&CS Family Table Bin located in the CSH lobby.

Thank you for your support.

Shalom, Bette Shoreman, CSH Family Table Site Coordinator
My mom said she would never move. Now she never stops moving.

Come see what excellence in assisted living is all about.

Call 978.854.1812 for lunch and a tour today.

Short Term Rehab
Skilled Nursing
Memory Services
Assisted Living
Adult Day Health
Geriatric Care Management
Home Care
$25.00 for the 3-part series or $10 for a single class. Advance registration requested. CSH@ShiratHayam.org

**3-Part Adult Ed Series**

**Thursdays, May 22 and June 5**

**Philip Roth - The Ever-Changing Author**

Join Izzi Abrams for a two part program where we will look at two works by Philip Roth, his debut novella, *Goodbye, Columbus*, published when he was 26, and his last work of fiction, *Nemesis*, published in 2010 when he was 77. We will look at Roth as a young man through his early work and see him as an ever-changing author in his later years. It is recommended that you read these two short books for this program. They are both available at the public library or can be ordered through Amazon. We will also be viewing part of *Philip Roth: Unmasked*, a PBS American Masters Program.

**Sunday, July 20**

Luxury AIR CONDITIONED coach bus round trip from CSH, Brunch and 2:30 performance:

**BSO, Andris Nelsons, Conductor**

**Joshua Bell, Violin**

$125/person all-inclusive

If accessibility is an issue, please bring a friend to assist you.

Space is limited. Reservations must be accompanied by payment.

If paying by cash or check, $121.25 (3% discount)

**Izzi Abrams, Fran Levy-Freiman & Phyllis Sagan, Program Co-chairs**
A Widow, Widowers & Singles Group
at Shirat Hayam
Open to the community. Membership not required.

Sunday, May 4
1:00 pm at Shirat Hayam
RSVP
$15.00 a person in advance
(payable to CSH)
$20.00 at the door
You may also make your reservation online at www.ShiratHayam.org

55 Atlantic Avenue
Swampscott, MA
781.599.8005
CSH@ShiratHayam.org
IT’S YOUR CHOICE:
Life-Affirming Conversations about Death
Spiritual Perspectives on Advance Care Planning

Join us for a look at key issues and trends in advance care planning. Spiritual leaders from the Jewish, Catholic, Protestant, Muslim, Buddhist, and Humanist traditions will present their views on key end-of-life issues followed by an interfaith discussion with audience members.

Sunday, April 27, 2014
2 – 3:30 p.m.
Davenport 102 Conference Room
North Shore Medical Center
81 Highland Avenue, Salem, MA 01970

Panelists:
Rabbi Baruch HaLevi — Congregation Shirat Hayam
James Croft — Humanist Activist, Harvard Graduate School of Education
Abu Hamzah and Abu Sadig — North Shore Islamic Center
Joan Amaral — Zen Buddhist Priest, Marblehead Zen Center
Very Reverend Father Paul Ritt — Catholic Priest, Our Lady of the Assumption, Lynnfield
Dr. Marvin Wilson — Professor of Biblical & Theological Studies, Gordon College

For more information on this free community event please contact Dot McKeen at 978-741-1215
**CSH Book Club - Everyone’s welcome!**

7:30 pm on the following Monday evenings:

- April 28 In the Garden of Beasts by Erik Larsen
- May 19 The Immortal Life of Henrietta Lacks by Rebecca Skloot
- June 16 The Chaperone by Laura Moriarty

The CSH Book Club is open to the community - please join us.

For more information, email CSH@ShiratHayam.org

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**M’ihirat Chametz: - Sale of Chametz**

Leavened commodities which cannot be disposed of before the Festival and are intended for use after the Festival are sold to a non-Jew so that any chametz found in a Jewish household is, properly speaking, not in the possession of the Jew. Please send in the form below if you wish to have your chametz sold.

**NAME__________________________________________________________________________________________**

**ADDRESS______________________________________________________________________________________**

I/We empower  Rabbi HaLevi as my /our agent to sell all chametz in my/our possession for the period from

**Monday, April 14 to Tuesday, April 22. $__________________ DONATED           DATE: April _____, 2014**

**SIGNATURE___________________________________________________________________________________**

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**Gan Shirat Hayam**

If you would like to help plant the seeds for our future, please contact me
garden@shirathayam.org

**Jill Goodman**

Opportunities to help:
- Soil prep/seeding
- Regular care
- organizing volunteers

**Join us on Saturday, May 10 at 12:30 pm for the opening of season 2 of the CSH Garden!**

Kids’ Activities
- Seed Throwing
- and more...

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**Opportunities to help:**
- Soil prep/seeding
- Regular care
- organizing volunteers

**Jill Goodman**

---

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**SIGNATURE___________________________________________________________________________________**
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<td>4:00 pm Limud Tuesday</td>
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| 2 Wednesday | 3:30 pm iShir  
           | 4:00 pm Limud Lab  
           | 7:30 pm Kol Ishah     |
| 3 Thursday | 7:00 pm YAiSH Lounge® @ CSH  
                  | 7:30 pm Scotch & Shmooze at Cohen Hillel Academy                        |
| 4 Friday  | 6:00 pm Kabbalat Shabbat                                               |
| 5 Saturday | Full Synaplex, Limud and Mini-Plex  
                  | Jessica Cohen Bat Mitzvah                                              |
| 6 Sunday  | Not by Bread Alone (SOLD OUT)                                           |
| 7 Monday  | 7:20 pm Mahjong                                                         |
| 8 Tuesday | 4:00 pm Limud Tuesday                                                   |
| 9 Wednesday | 3:15 pm iShir  
              | 4:00 pm Limud Lab  
              | 6:30 pm Jr. YAiSH Lounge® @ CSH                                       |
| 10 Thursday | 6:00 pm Natural Healing and Health Expo                                |
| 11 Friday  | 6:00 pm Musical Shabbat                                                |
| 12 Saturday | Full Synaplex, Limud and Mini-Plex                                     |
| 13 Monday  | 9:00 am service                                                        |
| 14 Monday  | 1st Seder                                                              |
| 15 Tuesday | 9:00 am service                                                        |
| 16 Wednesday | 3:30 iShir  
               | 7:30 pm Kol Ishah  
               | 7:30 Board Meeting                                                   |
| 17 Thursday | NO YAiSH Lounge                                                       |
| 18 Friday  | 6:00 pm Kabbalat Shabbat                                               |
| 19 Saturday | Full Synaplex, Limud and Mini-Plex                                      |
| 21 Monday  | 9:00 am Passover Service with Yizkor                                    |
| 23 Wednesday | 7:30 pm Kol Ishah                                                      |
| 24 Thursday | 6:00 pm Musical Shabbat                                               |
| 25 Friday  | 6:00 pm Musical Shabbat                                                |
| 26 Saturday | Full Synaplex, Limud and Mini-Plex                                      |
| 27 Tuesday | 6:00 pm Musical Shabbat                                                |
| 28 Monday  | 7:20 pm Mahjong                                                        |
| 29 Tuesday | 4:00 pm Limud Tuesday                                                  |
| 30 Wednesday | 3:30 pm iShir  
               | 4:00 pm Limud Lab  
               | 7:30 pm Kol Ishah                                                   |

www.ShiratHayam.org/LEV or contact Marla Gay at: Marla@ShiratHayam.org or 781.599.8005, Ext. 27

To make your LEV contribution, visit: www.ShiratHayam.org/Lev or contact Marla Gay at: Marla@ShiratHayam.org or 781.599.8005, Ext. 27
Don’t be wandering on Passover.

Join us for a second night alternative Seder.
Tuesday, April 15, at 6:00 pm

Seder includes...

Full Traditional Dinner
catered by Bruce Silverlieb, The Party Specialist
wine, seder plates, gourmet food and... community.

Musical program provided by

Cantor Elana & The Ruach Band

Ruach guaranteed.

Members (and their guests) $60/Adult ~ $25 /Kids under 10
Non-members $65/Adult ~ $30/Kids under 10
~ Under 3 and sharing a meal with parent - free

RSVP by April 4. Reservations accepted on a space available basis.

Reservations may be made online or by returning the form.

Yes! I/We look forward to the second night seder!

If you require a vegetarian meal, please let us know.

☐ADULT MEMBER* $60 X ____ (# OF TICKETS) = $_______  ☐KIDS UNDER 10 $25 X ____ (# OF TICKETS) = $_______
☐ADULT NON-MEMBER $65 X ____ (# OF TICKETS) = $_______  ☐KIDS UNDER 10 $30 X ____ (# OF TICKETS) = $_______
☐UNDER 3 SHARING A MEAL #____(Please list ages)
☐CHECK ENCLOSED PAYABLE TO: CSH/SEDER  ☐PLEASE BILL MY CREDIT CARD (BELOW)
☐I/We would like to help underwrite the cost of the seder in the amount of $___________

Name  Please list all names included in this reservation.

Address

City  State  Zip

Phone  Email Address

Card Number  ☐Visa  ☐AMEX  ☐MC  ☐Discover  Expiration:______/______

Please return this form to: CSH Seder, 55 Atlantic Ave., Swampscott, MA 01907
*Guests of CSH members are at member rate.
We will do our best to honor seating requests.  Please inform us of any allergies.
Save the Dates

As we say

l’hitraot (see you soon)

To cantor emil

Friday, May 30, and Saturday, May 31

Watch for more information about the weekend and how you can participate!!

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