We practice radical hospitality!

Wishing you and your family a wonderful Pesach!
Rabbi Baruch HaLevi

End of Life...

Recently we've had an unfortunate spate of death and funerals here at CSH. And though they are all sad, each of these particular individuals should give us pause to stop, appreciate what they gave to the world and remind us of a few lessons or open our eyes to some issues and opportunities which we tend to forget.

First and foremost, all of these funerals were pre-planned, arrangements being made ahead of time. Gravesites, funeral details, logistics and a whole host of other Jewish decisions need to be made in regards to dying, death and funerals. These decisions are best handled in advance and ideally by ourselves - it is our life to plan for and it should be our death to take care of as well. It is also a tremendous act of chesed for our survivors, removing a tremendous burden from the family.

- Which funeral home
- Should the funeral be graveside, at a funeral chapel or the synagogue
- Which cemetery
- Buy plots and designate which is for whom
- There are caskets to choose
- There are eulogies to consider
- There are shiva issues to resolve
- Do we perform tahara (ritual washing)
- Are we buried in Tachrichim (traditional death robe)
- Do we want shomrim (someone to sit with the body)

And these are just some of the dozens of practical and religious questions which arise.

In many ways, funeral decisions are infinitely easier than the myriad of decisions leading up to death. End of life decisions are among the most important we can ever make and, again, should be made by us, in consultation with our family, while we are still cognizant and alive.

Medical Directives
- Halachic (Jewish legal directives)
- Updated Will and clearly explained power of attorney

Don’t leave it up to chance, don’t leave it up to your family. So much unnecessary heartache and misfortune comes when we put off these issues to a later (sometimes too late) date.

And last, but not least, there are two more issues to take into account. Unfortunately many people don't realize that, because of HIPPA patient privacy protection laws, neither the synagogue staff nor the clergy can find out if one of our members is in the hospital. We can only find out if you or someone else tells us, and needless to say, that is not always communicated, or communicated in the timeliest manner.

If you want your synagogue and cantors or rabbi involved in your or your loved one’s dying process we would be honored to participate; you simply have to communicate with us and we’ll be there.

And let me end with this - Judaism has a lot to say about dying, the dying process and beyond. We have deathbed rituals and I have led numerous one-on-one or small, intimate deathbed services. Each and every time the family is united, the dying is supported and nurtured and there is a sense of depth, meaning and closure that doesn’t always happen on its own. Again, I/we will always be there for you providing you with whatever you need. All you have to do is prepare, communicate and ask.

Much love and comfort to our mourners,

Much love and life to all of us in the month ahead.

Shalom

Rabbi B
Life has its way of directing us in a path of correctness. We lose someone near and dear to us and with broken hearts, we gather ourselves within and tell ourselves, as hard as it may be, “life goes on”. And so it does. I have personally attended and, of course, officiated, at many a funeral, and the approach to the passing of a loved one certainly becomes a very unique one. One can mourn a terrible loss, but not everyone’s grief is the same. Mourning, of course, is normal but one can also celebrate someone’s wonderful and meaningful life. Today, most clergy that I know will take the second approach and seek out the positive and treat a funeral as a celebration of the deceased’s life.

Jewish tradition has a way of making sense in how mourning is treated. Following a funeral we do have a period of ultimate mourning (shiva), sharing memories of the deceased with relatives and friends. Easing out of the first week there is a lesser period called “shloshim” that completes a month of moderate mourning, if that is possible. Then, for a parent, we have an active remembrance by continuing to recite Kaddish with our community. As a side on the Kaddish – Kaddish is not meant to be a memorial prayer, rather a personal prayer that exalts God even at our deepest moments of sorrow or even anger. We are not saying Kaddish “for” the departed, rather “in honor” of them, and we share this message with the community. The Kaddish, along with the Sh’ma and Amidah, are some of the most important and definitely central prayers in our daily Jewish liturgy.

In our modern day Jewish calendar, most of the communities in the Western world and, of course, Israel have established a unique “two day ceremonial calendar”. In Israel, Yom Ha’atzmaut (Israel’s Independence Day) is celebrated on the 5th day of Iyar (April 26 this year). It is a national holiday and almost everyone has a day off. Several years ago, Lili and I were privileged to be in Jerusalem during the local festivities. It was truly an “awesome” sight, and being there in person even a greater feeling. Yom Ha’atzmaut is festive and historic. It is an all-day celebration from Israeli folk dancing or singing Israeli songs to family hikes and picnics. But before all this happens, Israel begins the day before with Yom Hazikaron (a Day of Remembrance) a Memorial Day for the Fallen Soldiers. The message of linking the two days is quite clear: Israelis owe their independence – the very existence of the state – to the soldiers who sacrificed their lives for it. It is really amazing how the Israelis can make that “instant switch” from a shattered heart to an ecstatic day of sheer joy. But, isn’t it part of our Jewish way, part of our culture not to focus on only the bad or only the good? So often, we are reminded during some of the most joyous times of our lives, such as a Jewish wedding ceremony that even though we are in a most festive mood we, nevertheless, pause to break a glass to remind us of our mortality.

For us, the American Jews, celebrating Yom Ha’atzmaut has been a way to solidarity with the State of Israel and to strengthen our alliance with it.

Let us all do our part to keep the link between the people of the diaspora and our spiritual homeland. Speaking of doing our part, a visit to Israel would be a wonderful way to do it. If you have not done so, as yet, make it one of your goals in the very near future. Second and third visits are even better. One really begins to appreciate the true feeling of the people. And when at home, come to our minyan and support those who may need you.

L’Shalom,
Cantor Emil
Celebration of Freedom

When Broadway composer and lyricist William Finn wrote these words, he knew that the joyous experience he portrayed in this song, “Passover,” is universal. Every family and every culture has different Pesach rituals. For example, my husband Raphael’s family passes the Seder plate over everyone’s head, a common Tunisian custom, while in my Ashkenazi family, we simply lift up the plate for all to see. Every culture also features its own traditional foods at its seder table. Believe it or not: there are Jews out there whose Pesach menus do not consist of gefilte fish, brisket, potato kugel, and matzah ball soup! But one thing every Seder has in common is: the celebration of freedom.

The term “freedom,” as William Finn points out, is not only reflected in the ritualistic account of our journey out of slavery; it is also reflected in our ability to celebrate freely as a family, the people with whom we are closest. In fact, when we look back to the seders of our childhood, what stands out most in our memories is the unexpected, and even sometimes “sacreligious,” raucousness of this yearly gathering. One of my favorite seder experiences as an adult was at a family friend’s house, watching the two sons, both my age, and both married at this point, having their yearly horseradish-eating contest. My mother even tells me of the time when she and her brothers decided to spontaneously conduct a rock ‘n roll seder, much to the dismay of their traditional European father, and when, just as in William Finn’s song, they ran out of kippot, and her brothers instead donned a variety of their mother’s colorful, crocheted bonnets.

This may seem to have little to nothing to do with the telling of our exodus from Egypt, and these are definitely not Passover traditions that are taught in Hebrew school, but they are events that have evolved when children (and we all are children at heart!) feel safe, happy, and free to be themselves at their yearly Pesach seders.

So, as we sit around our seder table and eat our matzah ball soup and brisket, play pranks on our siblings and, in William Finn’s words, “laugh through our tears,” we must remember that throughout our history we have fought long and hard for our freedom, and with God’s help, we will continue to create fun-filled memories at this year’s seder, and all of our seders to come.

Happy Pesach!

Cantor Elana

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We’ve run out of skullcaps
Some men are wearing Acapulco beach club bandanas
That really really really should not be worn.

We are Jews from like the first 5,000 years
Laughing through our tears!

And I think that we will never laugh so hard
Never feel so free

I think life that night was more perfect than it will ever be.

William Finn
Our most recent Shabbat Olam featured Serge Etele from Cameroon (pictured above with Cantor Elana and Rabbi B). On Friday evening, he taught us melodies for L’Cha Dodi and other prayers used in his Cameroon community. Saturday morning at Shabbat Cafe, Serge enthralled the crowd by answering questions about his community and their Judaism for over an hour! At Saturday night’s havdallah, Serge presented a slide show of the Jewish community in Cameroon, “introduced” us to his family and friends, and allowed us into his world. We are so appreciative of his visit and enhancing our Shabbat experience.

We look forward to staying in touch with Serge and the Jewish community of Cameroon.

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**The Party Specialist Catering is 30 years old!**

Thirty years ago, April 1982, Bruce Silverlieb, a CSH member, opened the doors of the Party Specialist in Lynn, and began to provide personalized event planning, creative and delicious menu choices, and designer linens to his customers throughout Massachusetts, the North and South Shores, western suburbs, Boston, and around New England.

In a recent interview, Bruce said, “Thirty years is a long time to be in the catering business, and we have had the satisfaction of helping our customers celebrate weddings, bar and bat mitzvahs, business openings, engagement parties, graduations, community activities, and many other very happy milestones—each in a style that is the customer’s alone—never cookie-cutter.”

Silverlieb credits his long-time success to his unwavering commitment to quality. He likes to credit his father’s advice given to him when he began his catering business 30 years ago to “do every party perfectly, and the business will take care of itself.”

“We are pleased to have forged the relationships and maintained the reputation that proved the value of my father’s advice.”

Together with his Production Manager of 29 years, Tammy Choquette, Bruce tells us he is looking forward to planning more wonderful events and serving his delicious food for many years to come.
March Madness?

As I sat at home this weekend (March 17th) writing this article, I was fully engrossed in the NCAA basketball tournaments we all have come to know as “March Madness”. I then realized that now that I am the CEO at CSH, my March Madness takes on a totally new meaning… putting together our upcoming year’s budget!! For those who do not know, CSH’s fiscal year goes from May 1 to April 30.

I sat with our staff and started to discuss how we would approach this process…first, looking at each line item and seeing how we are doing with our actual numbers vs. what was projected last March. Some areas were better than others!! This gave us an understanding of where we need to take a closer look at the projections for 2013. We all agreed that we are committed to not cutting the programs AND the quality of these programs, that you, our Congregation, has come to expect and enjoy. We are committed to offering the best quality of Preschool, Day Care and Hebrew School for our children and a diverse schedule of Adult and Family Educational programs throughout the year. We are committed to continuing our creative spiritual endeavors and programs that have given CSH the reputation we are so proud to carry on.

So, with all these commitments…and with the cost of materials (food, supplies, labor, advertising, etc.) going up, how do we intend to present a balanced budget to our Board of Directors?? Thus, the March Madness…CSH style!!

We have been very diligent in going over every line item to understand the significance of the amount required as an expense or allocated as potential revenue. We are being very resourceful in looking for alternative means of funding programs or events: from grants, or monies allotted by organizations we are affiliated with. This will help defray some of our expenses. I am reaching out to all of the Jewish organizations throughout the North Shore to try to create a purchasing consortium to allow us to negotiate better rates on office supplies, equipment, insurance, etc. as a unit, rather than as individuals. This should allow for significant cost savings as well.

We realize what an important feature our shul-casting program is and how many viewers we have from outside our CSH community that consider us their source of spiritual inspiration and solace. There is also a substantial number of non-Jews who feel the same way after attending a Synaplex Service or a CSH program/event…well, we will begin making a significant effort to reach out to these “Spiritual Friends of CSH” giving them the opportunity to give back to our shul as a show of their appreciation and future commitment.

We are planning to run a Mishloach Manot Program for Purim where we will be offering beautiful gift baskets for you to send out to friends, students living away from home and relatives… more information to come!! We are looking at running a “Torah Restoration” event where you will be able to work with the Sofer scribing a letter(s) on to the Torah…what an amazing opportunity. These are just some of the creative ways we are looking to raise funds without burdening anyone specific.

Of course we will be planning our CSH events for the year…our annual CSH Golf Tournament, an amazing Israeli Art Show, the Maccabeats in concert, a night honoring a member of our CSH family, Neil Chayet on his 35th Anniversary of “Looking at the Law”…to name but a few… stay tuned!!

We will be putting air conditioning throughout our entire school wing, upstairs and downstairs. Now that we are a full-time year-round daycare, we are committed to the comfort of our students, parents and teachers. We are also working very hard to set up a summer camp program for children of all ages utilizing not only our cool inside facility but possibly a new “spray ground”!!! And yes, we are looking to book our social hall for as many events and as many days and nights as possible.

So how can you help us with our March Madness, even though you will be reading this in April? Support our efforts by volunteering to help with these programs and events and, of course, purchase your Mishloach Manot and SCRIP cards, and buy a few letters on the Torah, go to the events, etc. We promise to do our very best to balance our budget…we need you to promise to support our efforts.

YACHAD…Together we can…Together, we WILL.

L’shalom,
Bob
Happy Passover

On behalf of the Shirat Hayam Board of Directors and our families, we would like to wish you, our Shirat Hayam family, a Happy Passover creating new memories with your loved ones.

Chag sameach,

Andy and Melissa

Special Siyum/Break-fast - “Fast of the Firstborn”

on Friday, April 6, at 7:15 am

There is a tradition that firstborn males fast on the day before the first Seder in gratitude for having been spared during the plague of the firstborn while our ancestors were in Egypt. (Some rabbinic authorities require that first born females fast as well.) The fast begins at sunrise. The widespread custom is to formally complete the study of a portion of the Torah or a section of sacred rabbinic text as a way of annulling the fast, since completion of formal Torah study is normally followed by a festive meal.

On Friday, April 6, at the 7:15 am minyan, we will hold a “siyum bekhorot”, or completion of Torah study in honor of the firstborn.

Any remaining chametz not sold or put beyond use should be burned on Thursday evening, with the appropriate blessings recited: “Baruch Ata Adonai, Eloheinu Melech Ha’Olam, asher kideshanu b’mitzvotav ve’tzivanu al biur hametz.” Chametz should NOT be eaten after about 11:00 am on Friday.
Leslie Rooks Sack, Preschool Director
Summer is coming!

April in the Preschool means lots of Passover Learning Fun! The children will have opportunities to act out the Passover story, while learning about respect and tolerance for all people everywhere. And, the children will share all kinds of art materials and ideas as they create “must-haves” for their families’ seder tables.

Please know that we have exciting summer camp news that we are adding to our already exciting camp! As well as our SUMMERTHING CAMP, for children ages 3 months to 7 years, we are having our SUMMERTHING CAMP PLUS!, for children ages 4 to 7 years! SUMMERTHING CAMP PLUS is a specialized camp experience, run by Melissa Caplan, a Shirat Hayam Preschool teacher. (Be sure to check out Melissa’s profile in this issue of the Wave!). The weekly sessions will find the children delving into a variety of thematic, age-appropriate learning fun, such as American Girl Doll Week, Duct Tape Crafts & Model Building, Drama Camp, and more! For more of our exciting camp details, please see our camp information included in this April issue of the Wave. Contact me for further information.

Leslie

See pages 18 & 19 for information about our summer camps!

Preschool Programs

- INFANTS ~ Our new infant program is a huge success. We accept infants from 3 months and up.
- MAGIC MOMENTS ~ a group for children 6 months to 2 years, 9 months, and their “favorite” adult. An “introduction” to Preschool.
- TODDLER MOMENTS ~ a program for toddlers 17 months and up.
- PRESCHOOL ~ classes for 3, 4 and 5 year-olds
- TRANSITIONAL CLASS ~ for those children not quite ready for Kindergarten.

Hours are 7:30 am to 6 pm - join the fun!

Shabbat with Rabbi B, Cantor Elana, Cantor Emil and Marcy Yellin

Hebrew with Rachel Jacobson

Music with Dara Vanremoortel

Daily Lunch Options, including Spanish and LOTS OF OTHER FUN ACTIVITIES!

Congregation membership is not required to be part of the Preschool; however, a reduced rate is available for Congregation members.

For more information about CSH PRESCHOOL, contact Leslie Rooks Sack, 781.598.3311, or email: Leslie@ShiratHayam.org
Jed Filler, MAJCS, Education Director

Shalom Chaverim:

It’s a whirlwind going from Purim to Passover – from giddy celebration to arguably the most important and well-known story of our people and history. For some reason it seems that this year these two holidays are closer together and we have less time to consider and prepare. And, in the case of Passover, the preparation is almost as important as the holiday itself. Food, wine, books, activities, and preparation for the seder itself are very time-consuming, not to mention shopping, cleaning the house of chametz and (if you do) switching over dishes, and cleaning.

Making time for these things can be a challenge, but I’ve also found that the way I work is that thinking about them is more time consuming than actually doing them! So, instead of rushing, I look for a book, or a lesson, or some music to learn, or something to spend a bit of time on BEFORE getting ready to clear my mind of all the things that are clamoring for attention.

This year, what ended up being my ‘pre-Passover prep’ caught me by surprise. This past Shabbat I led a Nosh and Drash and spent some time reading and preparing on the way home from my annual Jewish education conference. I must admit – the parsha was vayachel/pedudei, which was feeling very ‘vanilla’ to me this year. There are some really nice metaphors, and examples of community as all the Israelites come together and ‘give from their hearts’ to build the mikdash where God will abide.

But there didn’t seem to be anything overwhelmingly “Ah-HA!” about it for me this year. Until, that is, I saw a reference that someone wrote to an Allen Ginsberg poem. Ginsberg was one of the counter-culture (or ‘beat’) poets of the 50’s and 60’s and wrote about challenging the status quo. In the poem referenced, “Prelude to Howl”, Ginsberg makes a laundry list of things that are holy, from things that we might agree are holy, to things that seem most definitely NOT holy (see Ginsberg, Allen; Prelude to Howl).

At the risk of ruining your own reaction when reading the poem, what jumped out at me was how all the things he said were holy were nouns. No verbs were holy. This led to a most interesting comment from one of the Nosh and Drash crew who wondered, what would it be like if God only saw the part of us that was holy? What would it look like to see ONLY the aspect of holiness in each of us, rather than the physical ones? What if that is how God sees us – as a spark running around rather than our physical selves? What might that look like? This idea stopped me cold in my tracks, and opened me up to a potential – that every person you meet has a divine spark – if only we could take the time and energy to see it. Ziesen Pesach!

Jed
Meet Our Teachers

Preschool
Melissa Caplan

My name is Melissa Caplan and I reside in Swampscott with my husband Andy and two daughters, Lila (almost 10) and Louisa (age 7). I teach Preschool and Hebrew school at Shirat Hayam, and served on CSH committees. Both of my children attended CSH Preschool and are currently enrolled in CJE. My in-laws are longtime Shirat Hayam members and are both past presidents of the former Temple Beth El, and my husband is a current Co-chair - so my involvement at the Shul runs deep.

I grew up on the Jersey Shore - which still remains one of my favorite places. Having grown up near Bruce Springsteen I am a huge fan! I grew up in a coastal town smaller - but similar to Swampscott. I attended Hebrew school through the 12th grade, and enjoyed my affiliation with Young Judaea. I attended regional Young Judaea events in NJ, summers at Camp Sprout Lake and Camp Tel-Yehuda, and visited Israel with Hadracha, another YJ program.

I went to college at Ohio University and have a BS in Special Education with an emphasis on multiple handicaps. I have an MSED. from Wheelock College in Boston, in Early Intervention.

My past jobs include assistant director to an infant/toddler program in the Mission Hill projects in Roxbury. I ran a program that supported families in getting their children back from DSS Custody or trying not to lose their children to DSS Custody. I ran a large Jewish preschool, daycare and summer program at the Newton JCC for almost 5 years until I got married and moved to Swampscott. I taught the integrated Preschool at the Bell School in Marblehead until my older daughter was born. I have been teaching preschool at Shirat Hayam for 5 years and have recently started teaching education courses at Salem State University.

I love the beach, traveling (even though I don’t get to travel much anymore), gardening, shell and sea glass collecting. I love being a mom and our dog Charlie, and especially my husband Andy - even though our lives keep us all running in a million different directions!

CJE
Daphna Shemesh

When you walk down the halls of the Hebrew school and hear someone talking rapidly in Hebrew, you know that Daphna is in the building! Daphna teaches Hebrew in the 4th and 5th grades and is the coordinator of the Wednesday afternoon Lab program.

Born in Philadelphia, Daphna lived in the United States until she was 12 years old. Her family then moved to Israel. Daphna graduated from high school and fulfilled the Israeli army requirement. While still in Israel, she studied Psychology and English Literature, and started a Masters program in Clinical Psychology at Hebrew University. She later switched her concentration to Education.

Daphna taught in Israel, and when she returned to the states in 1997, continued to teach. She has taught at many of the area Hebrew schools, Cohen-Hillel Academy, and, in addition to her current position in our school, also teaches Hebrew in the primary grades at the Rashi School in Dedham.

Daphna lives in Danvers with her husband and two children. Her favorite pastime, when she is not teaching, is dancing!
During the months of April and May, SMARTY YAiSH would like to welcome our current 5th graders to join us at all of our Jr. SMARTY YAiSH events.

Our current 8th graders are also welcome to attend both Jr. and Sr. SMARTY YAiSH events in April and May.

Events Calendar:

April 1st - Jam Space (Grades 8 - 12) 7:00pm - 8:30pm @ JCCNS
April 8th - Passover Bowling (Jr. SMARTY YAiSH - Grades 5 - 8)
April 15th - Jam Space (Grades 8 - 12) 7:00pm - 8:30pm @ JCCNS
April 22nd – J-Serve (Grades 8 – 12)
April 30th - Torah Hub For Teens (Grades 8 - 12) @ Cohen Hillel Academy 6:00pm - 8:00pm
May 6th - Jam Space (Grades 8 - 12) 7:00pm - 8:30pm @ JCCNS
May 13th - Jam Space (Grades 8 - 12) 7:00pm - 8:30pm @ JCCNS
May 20th – Jam Space Beach Jam (Grades 8 – 12)

Lounge Dates (Grades 8 - 12)
April - 5, 12, 26 @ TEE in Youth Lounge
May - 3, 10, 17, 24, 31 @ CSH in Chapel

Junior Lounge (Grades 5 - 8)
April 3 @ TEE
May 1 @ CSH

To keep up to date on all SMARTY YAiSH events, please add Smarty Yaish as a friend on Facebook or email: smartyyaish@gmail.com

Cheers
Darren Benedick
SMARTY YAiSH Youth Director

SMARTY YAiSH is the collaborative Jewish youth group of Temple Emanu-El, Marblehead, and Congregation Shirat Hayam, Swampscott. We provide youth programming for Jews in grades 6 - 8 (Jr. SMARTY YAiSH) and 9 - 12 (SMARTY YAiSH).
Marla Gay, Director

Ma Nishmah? What’s Happening?

As you know, the CSH fiscal year begins May first. This means that this issue of the April Wave is the last one for this fiscal year. What an amazing year it has been for us. Every year I ask myself how much better can it get? And you know what? It does... it keeps getting better!

Thank you to everyone who volunteered their time. There are SO many of you, that I fear leaving a name off a list. You know who you are - todah rabah!

As I write this, the second night seder has not yet happened, but I would be remiss if I didn’t thank Bruce Silverlieb in advance for all his efforts in making our seder successful. Bruce is one of the unsung heroes of our congregation. He always works within our budget (and I’m not so sure that he doesn’t lose money on us!) and goes above and beyond to accommodate our needs. He has also “consulted” on our Shabbat Olam programs and, basically, never says no when he can help. Todah rabah Bruce!

Spring is in the air here, and plans are underway for some great programming in April and May. As we look forward to the coming fiscal year, please consider taking a more active role in synagogue life.

Mikaela Levine has been co-chair and chairperson of the Family Life Committee for a few years now. With her committee, she has done an outstanding job of providing our young families with opportunities to socialize with other parents and coming up with new ideas for kids’ and family programs. Mikaela will be stepping down from her position in May/June and has done a magnificent job. We’re looking for the next person to make Family Life their own. If you think you might be interested or would like more information, please give Mikaela or me a call.

An extraordinary amount of planning goes into each event and program at CSH and, without the work of our volunteers, things just wouldn’t happen. Being a part of a committee (or chairing one for that matter) draws people into the community. Come be an active part of our community. Call me. There’s a place waiting for you.

Thank you for supporting all of our services, programs and events. I look forward to seeing you soon.

L’hitraot,

Marla
Events & Facility

I have been very fortunate to have had both my sons become Bar Mitzvah at Shirat Hayam. Having experienced these simchahs first-hand helps me now better assist families with their upcoming simchah, and certainly gives me an “insider’s” view on the whole Shabbat Synaplex experience here at Shirat Hayam. I’ve also spoken with many families immediately following their celebration and shared their joy and excitement. The overwhelming consensus is that sharing the entire morning, including the service and Shabbat Café, with their invited guests, Shirat Hayam family and community, adds an entirely different positive element to their simchah.

Most people invite family and close friends to their child’s Bar/Bat Mitzvah. But, there are many more uninvited people who are thrilled to be able to share their joy and witness this wonderful Jewish rite of passage. These people, our “audience”, become part of the family’s family, silently cheering on the Bar/Bat Mitzvah, feeling his/her relief and exuberance as they utter the final words of their Haftarah and D’var Torah, and quelling together with the parents as they impart their wishes for their now young adult. “Mazal tovs” to the young adult and parents abound throughout the morning from all. Regardless of whether the family is “a regular” to Shabbat or an infrequent attendant, the congregation feels they are “one of our own.” For me, sharing my sons’ simchah with all of Shirat Hayam was more than just a cursory lifecycle event. Many people watched my sons grow up before their eyes during my time of employment here, 13 plus years and counting, and I was thrilled to share it with them all.

The same feeling is felt for couples having an Auf Ruf or celebrating anniversaries, and also for individuals celebrating birthdays or maybe Bar/Bat Mitzvah anniversaries. We all relish in new births or conversions when we name another to join our tribe. Everyone welcomes them as they receive blessings or accept an aliyah. Even observing a yarhzeit, remembering and celebrating the lives of loved ones who are no longer with us, becomes something we can share together. Those who may have known the deceased may once again recall memories once forgotten. And often, we learn a little more about them from their family’s memories that we never knew before.

Do you know what else is wonderful about these mornings when we combine simchahs and Shabbat? You never know who is going to show up. Quite often, long lost friends are reunited and childhood or school memories are revisited. Distant relatives reconnect and catch up with each other or other family news. Connections are made. For as much as we all move around, we realize how small the world and our community really is when you reconnect with old acquaintances here. Even those of us within the same community enjoy having the opportunity to catch up with each other over kugel.

So, come share your simchah with us. All of us. Allow us all to bless you and wish you well. Allow us all to comfort you in your time of reflection, remembering your loved one. Come for an aliyah, read Torah, sponsor a Shabbat Café or just share your news with us. You never know what joy you’ll experience, who will show up or what will be on the menu for lunch. We all look forward to seeing you.

Barri
Welcome to Shirat Hayam Family Life!

Chair: Mikaela Levine

Family Life activities are a wonderful way to meet other families with young children. We hope you will take advantage of some (or all!) of the great programs we are planning. If you would like to get involved or have any questions, please don’t hesitate to contact me!

Hope to see you soon ~

Mikaela Levine - familylife@shirathayam.org

Simchat Shabbat

Who Wants to Go on an Archeological Dig?

Join us Friday, April 27th at 6:00 pm, as we celebrate Israel with a Kabbalat Shabbat and Israeli Feast.

Following dinner our archeologists will participate in their very own dig and work to assemble what they discover hidden in the sand!

Thank you, Jennifer Bookman and Michelle Myerson, for a great Simchat Shabbat in March!

Family Life Programs!

Save the date...

May 20, Sunday Luau w/ Bonfire

We’re beginning to plan for the next school year. If you would like to be a part of the Family Life Committee, or have some great ideas for programs, email: FamilyLife@ShiratHayam.org.

The more the merrier!!
Join us for a two-part cooking series with

**Rabinessa Liora**

**Thursday, April 19**
**Pass-over to Pasta**

**Thursday, April 26**
**Al Ha’Aish... Israeli Barbecue**

Classes begin at 6:30 pm. Bring your appetite and passion for cooking! Food will be supplied.

Cost for the two-part series is $18 a person. One class only is $10 a person.

Class is limited to the first 40 people. RSVP by April 12.

Checks payable to CSH/cooking

The CJE is PLEASED to announce that our 3 finalist families for our Limud Jewpardy contest are:

The Bailen Family: Steve, Cindy, Kara, and Jenna

The Halevi Family: Baruch, Ariela, Yudi, Maya, Shoshanna, and Aviv

The Weinstein Zanger Family: Matt, Janet, Sarah, and Jonah

And our Grand Prize winners: The Bailens and the Weinstein-Zangers.

Thank you to all of our families and students who learned, participated and were EXCELLENT competitors!
Shabbat Experience @ CSH

Babysitting
Ages up to 4
Downstairs Playroom
An adult must remain in the building.
8:30 -11:50 am, weekly
Babysitting is provided at no charge so parents may attend services.

Limud Shabbat
Kids’ CJE Experience
Center for Jewish Education
Ages 4 and up
9:00 - noon weekly
Tzofim for CHA students, 10:00 am
For a full schedule of Limud Shabbat activities, please contact Jed Filler, Education Director, at: CJE@ShiratHayam.org

Traditional and Alternative Service Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>8:45 - 9:50 am</td>
<td>Renewal</td>
<td>Rabbi HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Traditional Morning Shacharit</td>
<td>Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld and Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Yoga Minyan</td>
<td>Ariela HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating guest rabbis and scholars</td>
<td>Social Hall</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25 am</td>
<td>R³ - Rabbi’s Ruach Reflections</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

For Everyone - Main Sanctuary
11:45 am - noon
Ruach Rally
Concluding prayers and Kiddush/Motzi
Community Shabbat Café at noon
Attire is casual.
We practice radical hospitality.
Early Mystic Minyan - 8:30 am

As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Chapel on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - 8:45 - 9:50 am

The Renewal Minyan is an attempted synthesis of keva – the traditional structure of tefillah (Jewish prayers) with kavanah – spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefillot structure (Birkot HaShachar, P’sukei D’Zimrah, Shachrit), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Yoga Minyan - 10:00 am

A full-body Shabbat experience. Yoga Minyan incorporates yoga practice with a Shabbat theme.

Nosh and Drash - 10:00 am

Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Tzofim - on Limud Shabbat days - for CHA students: Designed as an Israel-based learning and experiential program, Tzofim meets on Shabbat from 10:00 am to noon. Students will participate in a variety of activities and subject areas, including Ulpan (spoken Hebrew), Israeli culture, Tefillah (prayer), and modern Israeli music and art.

Nosh and Drash

Pick up your “nosh” at the Boker Tov Café and enjoy a Torah study session in the social hall with the following guest scholars for April:

7 - Jed Filler; 14 - Rabbi Howard Kosovske; 21 - Rabbi Ken Weiss; 28 - Dr. Harvey Zarren

Service Schedule

Daily Minyan

Monday - Friday mornings: 7:30 am; Monday - Thursday evenings: 7:00 pm; Sundays: 9:00 am and 6:00 pm

Passover Schedule

Thursday, April 5, Fast of the Firstborn Siyum 7:15 am
Friday, April 13, Passover service with Yizkor 9:00 am

Shabbat

Friday evenings: 6:00 pm; Saturday mornings begin at 8:30 am (see Synaplex schedule)
Saturday evenings: 6:00 pm

Please note: No pm service at CSH on April 6, First Seder or separate minyan on April 7.

Candle Lighting

April

6 6:57
Erev Pesach
12 7:04
Final Pesach
13 7:05
20 7:13
27 7:21
SUMMERTHING CAMP PLUS
at Shirat Hayam Preschool
Not just for preschoolers anymore!
Join us this summer for some fun and original programs.
It’s going to be the BEST summer ever at CSH!!!
Programs for children ages 4 to 7 years

June 25-29
American Girl Doll Week

July 2-6 (no camp on the 4th)
Duct Tape Crafts & Model Building

July 9-13
Baby Doll Week for Boys & Girls
We will take good care of our “babies.”

July 16-20
Musical Camp
Learn about different types of music like jazz, rock, classical... make instruments, play piano, hear a variety of instruments played live!

Create a Camp!
You find a group of children (any age with a similar interest), you tell us the week, the topic and the hours you need. We will create a fun and busy week for a great price! Any week... any hours!!

July 23-27
Papier Maché Crafts

July 30-August 3
Drama camp or Puppet Playhouse
Ending with a show

August 6-10
Fantasy and Fairies
Building fairy houses in nature

Camp Hours:
9:00 am to 1:00 pm

Extended Hours:
Sign up for extended hours prior: from 7:30 am, or after: until 6:00 pm

For more information or to register for SUMMERTHING CAMP PLUS at Shirat Hayam Preschool, contact Leslie Rooks Sack
Leslie@ShiratHayam.org
or call 781.598.3311

Congregation Shirat Hayam of the North Shore
55 Atlantic Avenue, Swampscott, MA 01907
781.599.8005 | CSH@ShiratHayam.org
www.ShiratHayam.org
Preschool@ShiratHayam.org

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Toddlers to age 7
It’s not just for preschoolers anymore!

SUMMERTHING
@ SHIRAT HAYAM PRESCHOOL

Sports - Baseball, Soccer &
Yoga • Music • Dance
Arts & Crafts

Kids love our kiddie pools
and sprinkler fun!

Camp Hours:
9:00 am to 12:00 pm
Extended Hours:
Sign up for extended hours prior: from 7:30 am
or after: until 6:00 pm

For more information or to register for SUMMERTHING CAMP
at Shirat Hayam Preschool
contact Leslie Rooks Sack
Leslie@ShiratHayam.org
or call 781.598.3311
We mourn the passing of our members

Pauline Orloff
Milton Solomon
Bea Wool
Leo Sevinor

and extend our deepest sympathy to their families and friends

Well Wishes & Donations

RABBI’S DISCRETIONARY FUND
In honor of Rabbi B
by Michael Bailen; Neil and Deanna Cooper
In memory of Milton (Mickey) Solomon
by Michael Rosoff; Joy Goldstein; Florence Pressman; Carolyn Perlow; Ellen and Barry Turkanis; Amy and Steven Uliss; the Rudolph family
In memory of Pauline Orloff
by Helaine and Harvey Cotton

SALE OF CHAMETZ
by Sylvia and Norman Reyman; Charles and Alice Leidner; Reggie and Lewis Weinstein

In memory of:
Father, Shepard Salinsky
by Esther and Richard Salinsky

CANTOR ELANA’S DISCRETIONARY FUND
In honor of the Shabbat Olam Program
by Neil and Deanna Cooper

CANTOR EMIL’S DISCRETIONARY FUND
In honor of Natalie White’s special birthday
by Rhonda and David Preman and Family; her B’not Mitzvah sisters
In honor of Cantor Emil – thank you for Rosh Hodesh Aliyot
by Natalie White
In honor of Natalie White and her B’not Mitzvah
by Eli and Muriel Talkov; Sidney and Beatrice Strome
In honor of Cantor Emil
by Neil and Deanna Cooper

In memory of Pauline Orloff
by Golda Greenbaum; Phil and Elaine Sevinor
In memory of Milton “Mickey” Solomon
by Phil and Elaine Sevinor; Susan and Larry Goldberg
In memory of all the B’not Mitzvah ladies
by Sidney and Bea Strome; Susan and Larry Goldberg
In memory of Leo Sevinor
In memory of Paul Swartz
by Madeline Stark and family

In memory of:
Brother, Murray Freedman
by Elaine Sevinor
Brother, William Sevinor
by Phil Sevinor

CANTOR EMIL’S DISCRETIONARY FUND
In loving memory of aunt, Pauline Orloff
by Beverly A. Kahn

CANTOR EMIL’S DISCRETIONARY FUND
In memory of Natalie White and her B’not Mitzvah
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by Neil and Deanna Cooper

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In memory of Milton “Mickey” Solomon
by Phil and Elaine Sevinor; Susan and Larry Goldberg
In memory of all the B’not Mitzvah ladies
by Sidney and Bea Strome; Susan and Larry Goldberg
In memory of Leo Sevinor
In memory of Paul Swartz
by Madeline Stark and family

In memory of:
Brother, Murray Freedman
by Elaine Sevinor
Brother, William Sevinor
by Phil Sevinor

CANTOR EMIL’S DISCRETIONARY FUND
In memory of Pauline Orloff
by Pam and Joe Granese
In memory of Milton “Mickey” Solomon
by Myra and Paul Gulko
In appreciation of Rabbi B’s wisdom and kindness
by Beverly A. Kahn

In memory of:
Grandfather, Abraham Siskind
by Beverly A. Kahn
Mother, Molly Sher
by Richard Sher

CENTER FOR JEWISH EDUCATION FUND
In loving memory of aunt, Pauline Orloff
by Jeff Saltzberg and family

Condolences to

Ray Orloff on the loss of his wife, Pauline “Polly” Orloff
Irene Solomon on the loss of her husband, Milton “Mickey” Solomon
Steven and Karen Solomon, Ashley, Max and Hannah on the loss of their father and grandfather, Milton “Mickey” Solomon
Boris Richman on the loss of his brother, Alfred Richman
Lucille Sevinor on the loss of her husband, Leo
Sheldon Sevinor on the loss of his father, Leo Sevinor
Phil and Elaine Sevinor on the loss of Phil’s brother, Leo Sevinor
Bernie and Evelyn Handis on the loss of Bernie’s sister, Elizabeth Handis
Ann Segal on the loss of her sister, and Max Sontz on the loss of his aunt, Sarah Liberty

Refuah Sh’lemah
- Get well to
Bernie Siskind, Faylyn Levine, Sidney Strome, Burt Shepard
In memory of Milton “Mickey” Solomon
by Steven and Harryette Katzen

In honor of the B’not Mitzvah of Devorah Feinbloom, Michele Tamaren and Mimi Oliver
by Marcia Kestenbaum

In memory of:
Father, Bernard Kaplan
by Harryette Katzen

GENERAL FUND
In appreciation of CSH
by Ron and Pat Kafker

In memory of Pauline Orloff
by Darryl and Janice Smith; Leslie and Joan Rosen; Steven Greenfield; Mark and Judy Arnold; Jennifer and Richard Gibbs; Milton Geller; Mark Geller; Ruth Farber; Beverly and Bill English; Joanne Gerber; Maxine and Martin Goldman; David Pill; Timothy McCarthy; Jayne Carey and family; Marriette Ostrovsky; Irene Saltzberg; Oakridge S. Condo Assn.; Maureen and Peter Waldfogel; Sophia Bornstein and family

In memory of Milton “Mickey” Solomon
by Helene and Howard Cohen; Hannah and Irving Adelstein; Elaine and Shep Simons; Jack and Ellen Kahan Zager; Elise and Richard Rothbard; Andrea and Stan Knoller; Leslie and Joan Rosen; Sidney and Beatrice Strome; Diana Litman; Harvey Bixon; Debra Ankeles and Robert Freedman; Karen and Mark Meyer and family; Brenda and Sheldon Cohen; Jack and Ellen Kahan Zager; Susan and Bruce Goodman; Irene Gilberg; Lois and Bobby Kaplan; Robin and Michael Blake; Larry and Lori Groipen; William and Rita Reich; Judy and David Cohen; Eliot and Kyra Berson; Fran Pearlman; Arlene and David Addis; Maxine and Martin Goldman; Marion and Larry Kepnes; The Pastan family; Barbara and Leo Karas; Stacey and Gerry Gordon; Sally and Carl Hooker; Mr. & Mrs. Sheldon Fine and family; Peter and Connie Harris; Dorothy and Jerry London; Rosalyn Goldberg; Marcia, Robbie and Ross Rosen; Howard Schlezinger; Mr. & Mrs. Herbert Bloom; Jeri and Steven Slater

SAMUEL BRODY MINYAN FUND
In honor of Natalie White’s special birthday
by Roz and Rob Kipp; Katherine Bruin

In honor of Carl Sloane’s special birthday
by Natalie and Loeb Katz

In memory of Michael Harsip’s mother, Shirley Harsip
by Larry and Lori Groipen

In memory of Marla Gay
by Deanna and Neil Cooper; Marcia Kestenbaum

In memory of:
Grandfather, Harry Berman
by Natalie White and family

Sister, Matilda Skolnick
by Esther Shapiro

Sister, Bella Grad
by Eleanor Grad

Father-in-law, Oscar Perlow
by Carolyn Perlow

Husband, Bernard Schultz
by Ethel Schultz

Mother, Ada Greenbaum
by Dorothy Tatelman

Brother, Murray Weinstein
by Reva Surette

Uncle, Abraham Simon
by Sudan Spector

Aunt, Mae Gross
by Maxine Sugarman

Mother, Sarah Glazer
by Myles Glazer

Uncle, Paul Krueger
by Doreen Godes

Mother, Sadie Kirstein
by Ruth Turkanis

Father, Norman Coler
by Muriel Follick

Mother, Rose Calish
by Ruth Weiss

Mother, Sarah Denbo
by Samuel Denbo

Aunt, Celia Rubenstein
by Gila Namias
Mother, Jean Katz
by Carole Spatz

Father-in-law, Samuel Brooks
by Norma Brooks

Father, Morris Germain
by Arlene Germain

Mother, Phyllis Dunn
by Ralph Dunn

Brother, William Shaffer
Mother, Frieda Shaffer
Sister, Rose Gotz
by Leonard Shaffer

First Husband, Abraham Gold
by Sandra Shalit

Mother, Ethel Fishman
by Evelyn Handis

Mother, Ida Chaves
by Mildred Harris

Mother, Mae Karas
by Jacob Karas

Mother, Rose Pottern
by Estelle Epstein

Grandmothers, Miriam Glasser
Nelson and Lillian Salander
by Miriam Oliver

Mother-in-law, Mindel
Greenbaum
by Golda Greenbaum

Father, Abraham Lipson
by Roger Lipson

Father, Abraham Freedman
by Sherman Freeman

Father, Samuel Gilberg
by Fay Castleman

Mother, Rebecca Schectman
by Shirley Shulman

Husband, Jerome Grossman
by Anne Grossman

Father, Irving Gerson
by Gerald Gerson

Mother, Fay Bonfeld
by Gail Gerson

Mother, Sadie Sogoloff
by Hyman Sogoloff

Brother, Donald Silverman
by Diana Litman

Mother-in-law, Rose Segal
Husband, Charles Segal
by Ann Segal

Father, Henry Poster
by Lenny and Cynthia Poster

Mother, Sura Rosenblum
by Perlina Levitin

Father, Samuel Tishler
by Jackie Rosenfield

Husband, Ernest Haas
by Phyllis Ponty-Haas

Mother, Ethel Strogoff
by Carol Levin

Mother, Minnie Gilefsky
by Ronald Gilefsky

Father, Moses Katz
by Harriet Friedman

Father, Julius Lockner
by Merle Sidell

Mother, Fannie Fine
by Donald Fine

Father, Sydney Comins
by Stuart Comins

Father, Lawrence Collier
by Deborah Comins

Mother, Gloria Berman
by Seth Berman

Husband, Leon Sinrich
by Leeta Sinrich

Father, Gordon Rothstein
by Elaine Sandler

Father, Murray Kaplan
by Sandy Weiss

Father, George Cashman
by Marvin Cashman

Mother, Mamie Cohen
Husband, Bernard Kaplan
by Miriam Kaplan

Husband, Martin Harris
by Janice Kelley

Father, Bernard Kaplan
by Marlene Goldberg

**KIDDUSH FUND**

Get well wishes to Sidney Strome
by Shari and Ron Pressman

In honor of Reggie Weinstein’s
70th birthday
by Lorily and Steve Forman

Wishes for a speedy recovery to
Richard Salinsky
by Harriett and Ralph Kaplan

Wishes for a speedy recovery to
Burt Shepard
by Phyllis Sagan

In honor of the engagement
of Nancy Galber to Gasper
Terranova
by Valerie Gilbert and Cheryl
Schwartz

In memory of Pauline Orloff
by Harold and Judith Kramer;
Dr. and Mrs. Edward Rafferty

In memory of Milton “Mickey”
Solomon
by Jayne and Lee Goldman;
Arthur and Cheryl Schwartz;
Susan, Ken, Emma and Lauren
Drooks; Phyllis Sagan

Get well wishes to Elise Dubinsky
by Amy and Alan Resnic

Get well wishes to Joel Levine
by the Gilbert family and the
Schwartz family

In honor of Abigail Schwartz’s
90th birthday
by Muriel Baker

In memory of Boris Richman’s
brother, Alfred Richman
by Jerry and Lois Ogan

**In memory of:**

Father, Leon Sinrich
by Scott and Deborah Sinrich
Mother, Rose Grover  
by Thelma Gibbs

Aunt, Marion Gass  
by Robert Alpert

Father, H. Gregory Alexander  
by Susan Willis

Mother, Sylvia Levy  
by Mark Levy

Brother, Hyman Tassel  
by Frances Babbitt

Father, Hyman Chandler  
by Jane Weiss

Father, Nathan Ogan  
Mother, Bertha Ogan  
by Jerome Ogan

Mother, Goldie Karp  
by Lois Ogan

Father, Irving “Sully” Goldstein  
by Sandra Goldstein

Brother, Leon Berlow  
by Bette Weisman

Husband, Lloyd Castleman  
by Fay Castleman

Father, Max Barr  
by Grace Tuttman

Mother, Mollie Cutter  
by Diane Hart

Father, Theodore Kaplan  
by Howard Kaplan

Mother, Ida Gruzen  
by Phyllis Kaplan

Mother, Ida Kagan  
by Spencer Kagan

Mother, Lillian Rubin  
by Donna Kagan

Mother, Mollie Zolot  
First Husband, Edward Jaffe  
by Elaine Finegold

Mother, Gertrude White  
by Jerome White

Father, Ezrel Alperin  
by Marcia Shuman

Husband, John Rimer  
by Anita Rimer

Grandfather, Philip Geshwind  
by Eileen Swartz

Mother, Sadie Kirstein  
by Ruth Turkanis

Father, Harold Tucker  
by David Tucker

Daughter, Marcy Wommer  
by Arlene Wommer

Sister, Rita Schwartz  
by Bernice Rothbard

Father-in-law, H. Gregory Alexander  
by Elizabeth Stevenson

Mother, Rose Samuels  
by Helaine Bershad

Mother, Rose Levine  
by Beatrice Hershberg

Stepfather, Ben Pike

Father, H. Gregory Alexander  
by Ellen and Richard Alexander

TORAH FUND

In memory of Pauline Orloff  
by Morris and Frances Goldfield

In memory of Milton “Mickey” Solomon  
by Ira and Judy Rosenberg; Morris and Frances Goldfield; Steven and Kinga Strogoff

In memory of:  
Sister, Judith Keisman  
by Frances Goldfield

Mother, Anna Sudenfield  
by Paul Sudenfield and family

DR. N. MILTON INSUIK MEMORIAL GARDEN

In memory of Milton “Mickey” Solomon  
by Bernice Insuik

In memory of:  
Brother, Leonard Breitman  
by Evelyn Ginsburg

ROSE AND WILLIAM COHEN SCHOLARSHIP FUND

In honor of Carl Sloane’s 75th birthday  
by Bunny and David Gorfinkle

FAMILY PROGRAM FUND

In memory of Milton “Mickey” Solomon  
by Bobbe Strogoff

In memory of:  
Mother, Anna Sudenfield  
by Paul Sudenfield and family

PRAYERBOOK FUND

In memory of Milton “Mickey” Solomon  
by Estelle and Michael Wheeler

In honor of Abby Schwartz’s 90th birthday  
by Estelle Fine; Rita Gross

TREE PLANTED IN ISRAEL

In memory of Milton “Mickey” Solomon  
by Leslie, Bob, Rachel and Michael Ogan; Florence and Harry Wigetman; Barbara Meyer and family; Norman and Susan Jepsy

TIKVAH FUND

In honor of Natalie White’s special birthday

Get well wishes to Joan Rich

Get well wishes to Lillian Wacks

In memory of Pauline Orloff  
In memory of Leo Sevinor  
by Sidney and Bea Strome
BURT SHEPARD SCHOLARSHIP FUND

Wishes for a speedy recovery to Burt Shepard
by Sidney and Barbara Abramson; Shari and Ron Pressman; Roz and Sandy Levy; Helaine and Harvey Cotton; Madeline, Jason, Marisa and Avery Stark; Eli and Muriel Talkov; Ellen and Dick Alexander; Sam and Carol Denbo; Valerie and Alan Gilbert; Ed and Diana Caplan; Lew and Reggie Weinstein; Phyllis Ponty-Haas; Abby Schwartz; Cy and Marilyn Fishman

In gratitude for Burt Shepard’s recovery
by David and Michele Tamaren

In memory of Milton “Mickey” Solomon
by Gloria Sax; Burt and Becky Shepard

In memory of:
Father, Harold Weiner
by Lawrence Weiner

HAROLD FRISCH PROZDOR SCHOLARSHIP FUND

In memory of:
Husband, Harold Frisch
Sister, Gertrude Singer
Brother-in-law, Lou Frisch
by Shirley Frisch

MILTON AND ESTELLE FEINSTEIN MEMORIAL SCHOLARSHIP FUND

In memory of Renee Tornberg, mother, grandmother and great-grandmother
by Sandy Feinstein Yackolow and Barry and Susan Yackolow

CAPITAL CAMPAIGN BUILDING FUND

In honor of Carl Sloane’s special birthday
by Lois Miller and Irving Weisman

LEV INITIATIVE

by Robert and Leone Wallace
by Benjamin and Edith Spector

In memory of Milton “Mickey” Solomon
by Elaine Merken

In honor of the B’nai Mitzvah sisters and Cantor Emil
by Murray and Jill Goodman

In memory of Beatrice Wool
by Jill Goodman

LEV/SHABBAT CAFE
by Murry and Joan Rich

LEV/RENEWAL
by Merle Sidell

5772 Holidays & Observances

2012

First Seder April 6
First Day Passover/2nd Seder April 7
Last Day Passover April 13
Yom HaShoah April 19
Yom Ha’Atzmaut April 26
Lag B’Omer May 10
Shavuot May 27
Tisha B’Av July 28

LEV Corporate Sponsor

Prime MOTOR GROUP

IS ON YOUR SIDE

yes it is!
Did you miss the fun in March?

See you in April!!
Council of Sages ~ Marion Garfinkel, Chair

The Council of Sages are very busy making plans for the upcoming year. If you have any programming ideas, please let me know by contacting Marla at 781.599.8005 or Email: Marla@ShiratHayam.org.

Please join us for a planning meeting on one or both of the following dates. All meetings are at 10:00 am:

Wednesdays, April 11 and June 13 (Cantor Elana’s class will follow the June 13 meeting.)

Marion

Rose Art Museum

The permanent collection of the Rose Art Museum is internationally recognized for its quality and comprehensiveness. The collection numbers more than 8,000 objects and is particularly strong in American art of the 1960s and 1970s, including works by Willem de Kooning, Jasper Johns, Roy Lichtenstein, Morris Louis, James Rosenquist and Andy Warhol.

Join the Council of Sages for a tour of this amazing collection!

Thursday, April 26
Bus leaves CSH at 10:30 am
Lunch will be available to purchase at the
Brandeis Faculty Club
Tour begins at 1:00 pm, then browse the collection at your leisure.
Bus returns to CSH at 4:00 pm

$18.00 a person - RSVP by April 18 to CSH@ShiratHayam.org, or mail your check to:
CSH, 55 Atlantic Avenue, Swampscott, MA 01907

Minimum 20 people required.

Movies and Midrash

with Rabbi B

Wednesdays, April 18 and May 16

Music and More

with Cantor Elana

Wednesdays, May 2 and June 13

All of the above programs begin at 11:30 am
RSVP for lunch - 781.599.8005 or
CSH@ShiratHayam.org
Join Izzi Abrams for an informative and stimulating four week course as we look at and discuss Hollywood’s image of the American Jewish experience. We will focus on films centering on Jewish issues and Jewish screen characters such as Gentleman’s Agreement, Goodbye Columbus, Crossing Delancey, The Chosen and Annie Hall. We will examine the ways in which these films reflect the struggles and adaptation to mainstream American life and the ongoing challenges to this process.

Thursdays at 7:30 pm: May 10, 17, 24 and 31.

$18.00 a person for the four-part class ($5.00/person for individual classes).

RSVP to: CSH@ShiratHayam.org or 781.599.8005

Popcorn will be provided!
Kvelling... Family Announcements

Charles Benjamin Dubow celebrated his first birthday. Charlie is the son of Rachelle and Jonathan Dubow and grandson of Donna and Spencer Kagan.

Marilyn and Cy Fishman celebrated their 59th wedding anniversary and their grandson, Harry Godine, became a bar mitzvah in Israel.

Marcia Kestenbaum’s first great-grandchild, Logan Martin Kestenbaum, was born in March.

Leah and Mitchell Jacobson’s son, Daniel, became a bar mitzvah.

Michelle Schiowitz and Marc Schiowitz’s daughter, Kaylie, became a bat mitzvah.

Diane Levin, Michele Tamaren, Natalie White, Bette Shoreman, Elaine Merken, Nancy Klayman, Ellen Alexander, Gloria Sax, Dara Fruchter, Miriam Oliver, Sandy Hirshberg and Devorah Feinbloom Rosenberg became b’not mitzvah.

Bob and Lily Krentzman’s son, Brian, became a bar mitzvah.

Leslie and Bob Ogan’s son, Michael, is engaged to Emily Trieff.

Bruce Silverlieb, The Party Specialist, is celebrating 30 years in business.

Phyllis Sagan and Ellen Turkanis will be honored as Community Heroes by Jewish Family & Children’s Service in June.

Abby Schwartz celebrated her 90th birthday.

Magic Minyan

A new Shabbat Synaplex™ option for families with children up to 3 years of age
Saturday, May 5th

It’s Magic Moments with Marcy - designed for Shabbat! How much better can it get? From 10:45 to 11:30 am, families with children 3 and under (kids must bring an adult with them) will enjoy a special musical program that will engage even the babies. Music and movement with a Shabbat or holiday theme is perfect for all the little ones. After the program ends, families will have time to make their way to the sanctuary for the Ruach Rally and enjoy lunch at specially reserved tables for the Magic Minyanettes!

Join us!

Ila Sabino, Jessica Gelb, Laura Brochstein and Janna Schwartz
**Shabbat Café Sponsors**

*Thank you to the following for co-sponsoring Shabbat Café in March:*

Leah and Mitchell Jacobson in honor of their son, Daniel, becoming a bar mitzvah  
Michelle Schiwowitz and Marc Schiwowitz in honor of their daughter, Kaylie, becoming a bat mitzvah  
Marilyn and Cy Fishman in honor of their 59th wedding anniversary  
Diane Levin, Michele Tamaren, Natalie White, Bette Shoreman, Elaine Merken, Nancy Klayman, Ellen Alexander, Gloria Sax, Dara Fruchter, Miriam Oliver, Sandy Hirshberg and Devorah Feinbloom Rosenberg in honor of their b’nai mitzvah  
The Congregation Shirat Hayam Shabbat Café Fund helps support our Shabbat luncheons, and is a meaningful and thoughtful way to celebrate a simcha or honor, remember a loved one, or commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Shabbat Café, please contact Barri Stein at: Barri@ShiratHayam.org or 781.599.8005, Ext. 11.

**Todah Rabah**

*Thank you to the following for participating in services in March:*

Torah Readers: Lili Berkovits, Deanna Cooper, Dr. Murray Goodman, Moti Shemesh, Cantor Elana, Cantor Emil, Tommy Treitel, Sam Kohn, Ella Kohn, Leah Jacobson, Daniel Jacobson, Ed Berman, Diane Levin, Kaylie Schiwowitz, Michele Tamaren, Natalie White, Bette Shoreman, Elaine Merken, Nancy Klayman, Ellen Alexander, Gloria Sax, Dara Fruchter, Miriam Oliver, Sandy Hirshberg and Devorah Feinbloom Rosenberg  
Haftarah Chanters: Cantor Emil, Ellen Gordon, Daniel Jacobson, Alan Sidman, Diane Levin, Michele Tamaren, Natalie White, Bette Shoreman, Elaine Merken, Nancy Klayman, Ellen Alexander, Gloria Sax, Dara Fruchter, Miriam Oliver, Sandy Hirshberg and Devorah Feinbloom Rosenberg  
If you would like to read Torah or chant a Haftarah, contact Cantor Emil: Cantor@ShiratHayam.org.

**CSH Minyannaires**

*Thank you to the following members for supporting daily services in March:*

*denotes service leaders  
*We are very fortunate to have the above minyannaires attend when they can. However, please know that making a minyan twice a day is a challenge.  
Please consider helping to make a minyan - once a week, once a month or whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.*
**Chesed Committee**

*Karynn Needel and Beth Hoffman, Co-chairs*

The Chesed Committee has been very busy lending a hand by providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about.

Thank you!

*Karynn and Beth*

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.

---

**CSH Book Club**

7:30 pm on the following Monday evenings:

- April 16: Three Weismans of Westport by Cathleen Schine
- May 21: Finding Nouf by Zoe Ferraris
- June 18: Invisible Wall by Harry Bernstein

The CSH Book Club is open to the community - please join us.

For more information, email Becky Shepard at: shepardb@aol.com.

---

**Isha L’Isha Women’s Rosh Hodesh Group**

Join Cantor Elana Rozenfeld as we explore Abraham Joshua Heschel’s “The Sabbath.” We will discuss enriching the home Shabbat experience by connecting your own personal spirituality to Judaism.

This program is open to all women who share the desire to enrich their spiritual lives through study from a woman’s point of view.

For more information, please contact Barbara Sidman at: barbarasidman@comcast.net.

No prior Hebrew or Judaic knowledge required. All women are welcome.

Attend one, some or all on the following Tuesday evenings at 7:30 pm at Shirat Hayam:

- April 17; May 22; June 19
Dear Congregation,

My mitzvah project for my Bat Mitzvah is to collect funds and supplies for the United States K-9 units and their handlers overseas. It is estimated that these dogs save an average of 3-5 soldiers’ lives A DAY and an average of 150 lives throughout their careers. That’s 150 people who can go home to their families because of one single K9 soldier's efforts. Three hundred mothers’ and fathers’ hearts that will not be broken while they are accepting a folded flag at their child's funeral. Three hundred parents who will see their children grow up. Untold numbers of children who will not have to grow up without their parent. All because of one dog. A list of items that the magnificent, brave dogs and their handlers need is available at www.uswardogs.org. I am working with the U.S. War Dogs Association. If you’d like to donate any of the items on the list, I will collect all items and ship them. There will be a bin available at Congregation Shirat Hayam during the month of April if you’d like to drop off any items listed (a printed list is posted on the bulletin board in the CSH hallway). To make a donation or for more information, please email me at RachelForWarDogs@gmail.com. More information about this Association and the needs of the soldiers is available at: www.uswardogs.org. They can also be found on Facebook.

Love

Rachel Levine

2012

Spirited Sisters: Circle at the Sea

Come celebrate the joy of Judaism, and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary. On the following Sunday evenings, once a month - 7:00 to 9:00 pm at CSH:
April 15; May 20; June 17

For more information, please contact: Mimi at: heathenergy@verizon.net or 781-631-0318.

Visit our website!! www.spiritedsisters.org
The CSH Brotherhood Establishes a New Brotherhood Group

The Brotherhood Sporting Association

At Shabbat Café and here and there, several Brotherhood members have discussed establishing a new Brotherhood group directed primarily at members who are either semi-retired, retired or somehow have one or two days available during the week. The group will move in any direction the members wish; however the focus would be principally on building a healthy lifestyle through sports or other physical activities. To reflect this emphasis on good health and good friendship, the new group will be known as The Brotherhood Sporting Association (“BSA”). Bottom line: guys with common interests, interested in (more or less) a healthy lifestyle with an active lifestyle orientation who want to “do things” with like-minded guys. This group will have a fun perspective without rigid rules that restrict where we go or what we do. The one rule is to toss out: “I can’t do that” or “I don’t like ___”. The BSA is ready to try what comes up next (even if it means regularly slicing your tee shot into the woods), because this group has a “competition for fun” not “a winner takes all” perspective.

While this group will be loosely organized, it must start somewhere and we need a means to contact each other (for tossing in ideas of things to do, where and when to meet, etc.). So what does it take to join? First, being a member of the Shirat Hayam Brotherhood, second, being a JCC member (not obligatory, but strongly suggested) and third, sending in your phone number and email address for inclusion in some sort of virtual directory. As known, the Brotherhood is an independent organization affiliated with Shirat Hayam, so the members who participate in an activity will be responsible for a share of that day’s costs (green fees, tennis pro for group lessons, event entrance fees, etc.), but we intend to be a low cost group. Also to be a BSA member you do not have to participate in all events. Do as many as your schedule and interest permit.

A couple of ideas already are on the table: Chuck Leidner has met with the JCC to arrange a JCC fitness class tailored for the BSA (details to follow); the BSA will support the Brotherhood’s Tour de Shul event by riding; we will check into setting up group tennis lessons at the JCC and then playing on a more-or-less regular basis at the JCC courts (which seem to be rarely used); a semi-regular round-robin golf day; a regular low stakes poker night (or afternoon)... As you can see there are a myriad of activities open to us that meet our goals of good friendships and a healthy lifestyle.

The Brotherhood members who deserve the credit for coming up with this idea and being active supporters in the build out phase are Chuck Leidner, Dick Alexander, Wayne Trebbin and Joel Kobey. Thank you all for your strong backing in getting the BSA out of the idea phase into the “we’re ready to roll” phase.

Please email me at leeandjoe26@comcast.net if you would to be part of this great new group - The Brotherhood Sporting Association. Here is another please do: If you know anyone you think might be interested, tell them you are joining and ask them to join too!

Joseph Henson

CSH Brotherhood President
Brotherhood Breakfast

featuring Dr. Yarden Fanta-Vagenshtein

Making Aliyah: My Life in Ethiopia and Israel

A story of freedom.

April 29th, 10:00 am, $10/person

Dr. Yarden Fanta-Vagenshtein is currently a post-doctoral fellow at Harvard University’s Graduate School of Education, Department of Human Development and Psychology. In 1985, when she made aliyah from Ethiopia to Israel, she did not know how to read or write. In 2005, she completed her Ph.D. in education at the Tel Aviv University, becoming the first Ethiopian woman to earn a doctorate in Israel. Dr. Fanta-Vagenshtein was a teaching fellow at Tel Aviv University’s School of Education, Science and Technology Department (1998-2005); presented key Israeli immigrants, educational and political issues to world leaders as Emissary for the State of Israel, the Jewish Agency for Israel (1997-2005); and served on the board of directors overseeing Israel’s Community Centers for the Ministry of Education (1994-1997). Dr. Fanta-Vagenshtein’s field of research focuses on immigrants’ transition, literacy and technological knowledge among immigrant populations. At present, Dr. Fanta-Vagenshtein is investigating the literacy and life skills of immigrants in the United States, and particularly the factors that impact cognitive skills, employability, social integration, and language acquisition in diverse immigrant groups. Dr. Fanta-Vagenshtein is also developing curriculum to assist with the quick and easy assimilation of immigrant populations.

Brotherhood Beer Tasting

Wednesday, May 16 - 7:30 pm

The co-hosts for the evening will be George Schwartz, who has organized and led the prior two well-received beer tastings, and Bruce Bornstein, the micro-brewer who has custom brewed two of the evening’s beers – an IPA and a Belgian. The IPA and Belgian brewed by Bruce will be matched against beers from two other regional micro-brewers. George and Bruce will explain the brewing process and how this and Bruce’s brewing expertise can fine-tune the characteristics of this excellent IPA and Belgian.

RSVP to: CSH@ShiratHayam.org - $10.00 a person

Open to all beer lovers... bring a friend!

Save the Date! Come Ride With Us on Sunday, June 24.

Tour de Shuls will be coming to Boston’s North Shore (CSH)

Explore the beautiful communities of Swampscott, Marblehead, Salem, Gloucester, and many more!

On Sunday, June 24th, you can enjoy your choice of 10, 25, 50, or 75 mile routes, each designed to take you to a variety of area synagogues, ending at Shirat Hayam.

The Tour de Shuls is the New England Region of the Federation of Jewish Men’s Clubs’ fundraiser for the Tikvah special needs program at Camp Ramah New England. The Tikvah program, in existence since 1970, is a special program run by Camp Ramah in Palmer, MA, designed to meet the social and religious needs of developmentally challenged Jewish adolescents. Read about the Tikvah program at: http://www.campramah.org/content/specialneeds.php

More information will be available shortly, or can be found at www.tourdeshuls.org.

For any questions, please contact tourdeshuls@googlegroups.com.
Check us out online at www.zuzzim.com
Support a favorite institution!
Boost your business while benefitting CSH!

Make a purpose purchase with our growing list of Business Partners and support your favorite institutions.

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<th>Business Partner</th>
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Contact us to learn more at: info@zuzzim.com, or call (617)-340-ZUZZ (9899)

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### 2012 Advertising Rates

**Congregation Shirat Hayam Wave**

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Contact Marla Gay at: 781.599.8005 or Marla@ShiratHayam.org
Need a ride to Logan?
Double Chai, $36 CSH members rate!
If you are a CSH member and live in Lynn, Swampscott, Marblehead or Salem,
call Don Hurwitz at 617.966.1611
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Please let Don know that you are a CSH member and notify him at least 24 hours in advance.

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catering
High School Seniors

The Brotherhood of Congregation Shirat Hayam awards scholarships to high school graduates of families in good standing with our congregation. In addition, there are other scholarship funds from Shirat Hayam that the Brotherhood administers.

To be eligible for a scholarship award you must: 1) complete a 2012 Shirat Hayam scholarship application, 2) be interviewed by the Brotherhood Scholarship Committee and 3) attend the scholarship awards presentation on Sunday morning, May 6th, with your parent(s).

If you would like to be considered for a scholarship, and we hope that you do, return the scholarship application to Congregation Shirat Hayam no later than Wednesday, April 4th. Once we receive and review your application for completeness, the Scholarship Committee will contact you to arrange for a brief interview, usually lasting about 15 minutes. Interviews will be scheduled for Monday, April 1st, Wednesday, April 11th, and Thursday, April 12th, between 7:30 and 9:00 pm.

Scholarship Awards will be presented at a Sunday brunch on May 6th at 10:30 am. As we note in the scholarship application form, the Congregation will recognize all graduating seniors with a cash award for their academic achievements. The scholarships will be awarded to graduating students and their families at the May 6th brunch.

We encourage you to complete the scholarship application and interview. If you have any questions you may email donhurwitz@comcast.net. Please use Brotherhood Scholarship in the subject line.

Yvonne and Rabbi Edgar Weinsberg Tikkun Olam Award Committee

Seeking Nominations

If you know a high school student that has been involved in interfaith outreach and community service, please contact Helaine Hazlett at: jhazl@aol.com to nominate the teen for the Rabbi Edgar and Yvonne Weinsberg Award.

Each year, the Rabbi Edgar and Yvonne Weinsberg Tikkun Olam Award is given to worthy high school students. It is granted to a student who demonstrates a commitment to interfaith or intergroup endeavors that advance the cause of community building, and to honor the Weinsbergs’ twenty-one years of service to our community.
Team CSH

CSH Clergy & Staff

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org
Rabbi Emeritus
Edgar Weinsberg

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org

Cantor Emeritus
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Rabbi Emeritus
Edgar Weinsberg

Cantor Elana Rozenfeld
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Cantor Emeritus
Emil Berkovits
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CJE@ShiratHayam.org
Direct Line: 781.346.6075

Jed Filler, Director of Education
jf@ShiratHayam.org

Ann Navon, CJE Program Coordinator
Ann@ShiratHayam.org

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Phyllis Eidelman
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Lyne Greenberg
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Ronald Pressman
Julie Sagan
Hal Schwartz

*Joseph Selby
Membership
Janet Weinstein-Zanger

Wendy Wicks

*Executive Committee
### April

<table>
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<th>Sun</th>
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<td>05 Nisan 12</td>
<td>06 Nisan 13</td>
<td>07 Nisan 14</td>
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<tr>
<td>7:00 PM: Synaplex</td>
<td>8:30 AM: Sages to Rose Art Museum</td>
<td>10:00 AM: Sages to Rose Art Museum</td>
<td>7:00 PM: SMARTY Limud</td>
<td>7:00 PM: SMARTY Limud</td>
<td>7:00 PM: SMARTY Limud</td>
<td>8:30 am Synaplex</td>
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<tr>
<td>7:30 PM: Board Meeting</td>
<td>4:00 PM: CJE Lab</td>
<td>6:30 PM: Isha L’isha Rosh Hodesh</td>
<td>11:30 AM: Movies &amp; Midrash with Rabbi B - RSVP</td>
<td>6:00 PM: Musical Shabbat</td>
<td>6:30 PM: Cooking with Rabinessa Liora</td>
<td>No CJE Limud</td>
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<td>7:00 AM: No CJE Limud</td>
<td>9:00 AM: Passover with Yizkor</td>
<td>8:30 am Synaplex</td>
<td>8:30 am Synaplex</td>
<td>8:00 PM: Musical Shabbat</td>
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### Nisan 8

- 4:00 PM: CJE
- 4:00 PM: CJE Lab
- 7:00 PM: SMARTY Lounge @ TEE

### Nisan 15

- 8:30 am Synaplex
- No CJE Limud
- 6:00 pm Second Night Seder

---

To access the interactive CSH calendar online, visit:
www.ShiratHayam.org/connections/calendar.php
Save the Date!
Tuesday, May 8 at 11:30 am
Healthcare Changes and Their Effects
How the new changes will impact the way we pursue and receive healthcare.

Join us for Lunch and Presentations by
David King, Director of Communications and Public Affairs for North Shore Medical Center, and Lindsay Gainer, RN, MSN, Director of Clinical Services and Innovation

RSVP for lunch to CSH@ShiratHayam.org

Happy New Year
May 1 begins the Shirat Hayam fiscal year. In our May issue of The Wave, the names of all LEV donors will be listed. It’s not too late to make your donation to LEV for this year. Help keep our momentum going. We are so close to our goal.

Bills and High Holy Day information for 2012-2013 will be mailed early May. Please watch for your “big white envelope.” Kindly make every effort to make your payment arrangements as early as possible. If you have any questions or need assistance, please contact the main office and we will direct you to the appropriate party.

Thank you in advance for your cooperation.