The Council for Spiritual Connection and Congregation Shirat Hayam are pleased to announce the Fifth Annual 
Make a Joyful Noise! 
Uniting Our Spirits Through Jewish, Christian, and Islamic Music 
October 23, 3:00 PM

This program is supported in part by a grant from the Swampscott Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

Tickets at the Congregation Shirat Hayam office: 
$15.00 in advance 
$20.00 at the door 
$10.00 seniors and students 
$36.00 supporters (1 ticket and name in program) 

55 Atlantic Avenue, Swampscott, MA 01907 ~ 781.599.8005 ~ Fax: 781.599.1860 ~ www.shirathayam.org
Simchat Torah @ CSH
Wednesday, October 19
Erev Simchat Torah - 5:30 pm

Family Life Committee invites you to a
Simchat Torah Dance Party!

Come dance the night away at CSH as we celebrate Simchat Torah in a special musical service and after-party, complete with DJ and make your own sundaes! Bring your kids at 5:30 for light snacks and crafts where they can make torahs, flags and noise makers to bring to the family-friendly 6:00 pm service. Immediately followed by food and a Dance Party, featuring Cohen Productions DJ.
Until I became religiously observant, attending services for all holidays, I never quite appreciated the emotional journey that one takes during the High Holy Day season.

This year, we actually began as early as the first day of Elul, when we chanted the psalm for the season of repentance and listened to Cantor Emil blow the shofar every morning; this was a gentle reminder that we were nearing Rosh Hashanah. On the Saturday night before Rosh Hashanah, we had an intimate S’lichot service at the home of Susan and Larry Goldberg. We studied, ate and socialized, and of course, we sang and prayed. Hearing the sounds of the High Holy Days for the very first time this year reminded us of years past and prepared us for the week to come. A few days later came Rosh Hashanah. We went to shul, reconnected with people we do not often see, and began our process of inward reflection. Between Rosh Hashanah and Yom Kippur, we continue to bring into consciousness the people we may have wronged this year. We apologize to them, and most importantly, focus on changing our behavior.

The first week of October brings Yom Kippur. At Kol Nidre services, we nostalgically listen to the ancient melody that we remember from generations past. We meditate on the vows and promises that we have made, and those that we will make, acknowledging our personal imperfections and recognizing that we will most likely not keep all of these promises. We fast, cleansing our bodies, symbolically creating a clean slate. Yom Kippur ends with Neilah, which is supposed to be our last opportunity to repent, as the gates of mercy are closing. We still have a few minutes of Yom Kippur left, and we are strangely energized as we sing “El Norah Alilah” (“God who acts so wondrously”) and try to retain the emotional intensity of Yom Kippur. And then, finally, it is sundown. We end with Havdallah, and we enjoy breakfast either at shul, or with a few friends at home.

It seems as though the holidays are over. Jews around the world (especially rabbis and cantors) take a deep breath, and rest for about two seconds. And then we build a sukkah.

One week after Yom Kippur, we have Sukkot. Even though the gates of mercy seem to have closed at Neilah, some say that they actually stay open just a little bit longer until Hoshannah Raba (the morning going into Simchat Torah). We “live” (eat, talk, play, and maybe sleep) in the sukkah, hoping that it doesn’t rain. We feel silly sitting outside in a roofless hut, wearing our shul clothes, eating festive meals on our best china, as if we were sitting inside at our dining room table... but we’re not. We love the silliness, because when else do we do this? We feel that it levels us, humbles us. After all, how powerful can you feel when you’re eating your meals in a hut with no roof? It reminds us that ultimately we are all powerless within our world, and that “shelter” is to some degree a state of mind. If we can feel “sheltered” in a flimsy hut with branches for a roof, we can feel protected anywhere and in any situation through our faith in God.

Then, as we finish picking pine needles out of our hair, and digesting the leaves that fell into our soup when we weren’t looking, Sukkot ends, and Simchat Torah begins. Simchat Torah is the happiest day of the year for rabbis and cantors because it is the official end of the holiday season. The only downside is that all of the tasks that we had postponed until “after the holidays” we actually need to complete. (After Simchat Torah!)

But Simchat Torah is more than the light at the end of the tunnel for synagogue staff. It is a holiday that celebrates the yearly cycle. It celebrates the end of one year, and the beginning of another. On Simchat Torah, we finish reading the Torah, and then immediately begin again. This shows us that Torah never ends. Studying Torah is a lifelong process that one never fully completes. This year on Simchat Torah, we will have a unique celebration.

Please join us on October 19th, at 6 pm, as we conclude the reading of the Torah. We welcome our special guests, Cohen Productions, who will bring their own ruach to our celebration as we sing and dance with the sifrei Torah. We will have activities and snacks for the kids. After the actual Simchat Torah service and hakafor (dancing around the Torahs), Cohen Productions will lead an extended kids’ party with music, dancing, lights, hula hoops, etc...

B’shalom,
Cantor Elana
Well it has been almost one month since I started here at Congregation Shirat Hayam and, as we prepare for our High Holy Day gatherings, I must admit, it has been a revelation! I have been overwhelmed by the number of people that come through our building on a daily basis. Not just with their children to drop-off and pick up, but also to talk with our staff, Rabbi, Cantors and amongst themselves. CSH is a place to expand your spirituality, your mind and your social activities... this is a beautiful thing.

I am so glad that I was here to watch Leslie Sack, Debbie Leibowitz and their staff, prepare for the opening of Preschool and for the first time at CSH, Day Care. A Day Care, by the way, that was projected to have 5 children and ended up with a complete sell-out of spaces!! It was so great to observe Jed Filler, Ann Navon and their teachers, get ready for the opening of our CJE classes, literally getting new registrations through the first week of school, but accommodating every student. It was so gratifying to view how each of them put so much effort, concern and love into their programming and curriculum. I got to meet and talk with Darren Benedick, our youth director, and we discussed how he and CSH could get our pre-teens and teens more involved with their Jewish identity and heritage, and his ideas and passion blew me away. What he has accomplished these past years is just a glimpse of what is yet to come. Our children, from infants and toddlers to pre-teen and teenager, are in the best of hands, and as parents, we should be confident of their learning experiences... this is a beautiful thing.

As of this writing, I have been working with Marla Gay, Marylou Barry and Richard Kelleher in preparing the High Holy Day tickets and programs. It is incredible how much time and effort is put in to making sure every member of our Congregation receives the attention and care to insure their spiritual involvement during these most important days of our Jewish year. I have been very fortunate to be able to listen to Rabbi B practicing his sermon to himself over and over to make sure not only of the content, but also of its motivating and inspirational value to each of us. Listening to Cantor Elana and Cantor Emil practicing their chanting and singing alone, together and with accompanists, only raises my expectations of what my family’s first Rosh Hashanah and Yom Kippur experience will be with our new friends and family... this is a beautiful thing.

Does anyone ever stop and think about the logistics of how all these programs, events, services and lunches get set up? Have you ever picked up your toddler and then dropped off your CJE student, in the same room!!! Did you ever wonder how these rooms change over, in between sessions, in minutes? Or how we can have a beautiful wedding in our social hall, where the family brings in their own furniture, flowers, etc. and the next day, the hall is set up for a totally different purpose with tables and chairs in a completely different format. At every Synaplex, did you ever think about how the Chapel is transformed from a Renewal Service to a Yoga Service or the social hall from a Nosh ‘n Drash to our famous Shabbat Café Luncheon? And what about all the delicious food and desserts we devour every Saturday? I was completely taken by surprise, that we made it all (including the cookies) right in our own kitchen!! Well, we have Barri Stein and her dedicated crew to thank for all of this. It will be Barri and this crew that will help establish our facility as the premier event venue on the North Shore, and beyond... this is a beautiful thing.

To watch and listen to Marcy and our remarkable Ruach Band practice (on their own personal time) to make sure they are uplifting, enriching, entertaining and very cool to listen to and the amount of time and effort they put in to guarantee us their best, week after week, shows that it’s not about them having to do it, it’s about them wanting to do it... this is a beautiful thing.

I was able to be at our combined Farm Day and Preschool open house and was overwhelmed by the number of children there, enjoying this incredible program. I was fortunate to meet many of them and their parents and grandparents, and I left feeling very confident that the future of our Congregation is in very good hands!! This is a beautiful thing.

As we listen to Melissa Kaplowitch and Andy Caplan talk about our LEV Initiative Campaign and how important it is to maintaining the quality of programming and events we have at CSH, please also think about what it takes to bring these to life and who is there behind each of them. In a very short period of time, I have come to realize how special Shirat Hayam is because of our lay leadership and their passion, commitment and vision for our Congregation, as well as our CSH staff and their obligation and dedication to carrying out that vision... THIS is a beautiful thing!!

Bob
Andy Caplan and Melissa Kaplowitch, Board Co-chairs

Invest in authentic Judaism. Invest in CSH.

Shirat Hayam is transforming the face of Judaism and modern spirituality. Our synagogue is thriving because we provide congregants with authentic Judaism.

It is not widely known that CSH makes a substantial financial investment in its programming.

- Did you know that CSH subsidizes the tuition of each Hebrew School student by $1,600 ($208,000 in total), because we are committed to offering quality Jewish education to our children and grandchildren?

- Did you know that CSH spends $2,000 a week ($100,000 a year) to provide Shabbat Café lunch so that our congregants can break bread together after the Ruach Rally?

- Did you know that CSH spends $39,000 a year so that over 300 people each week can partake spiritually and socially in our Shabbat Synaplex?

To sustain and expand our vision and offerings in the years to come, we must continue to invest in our programming, leadership and institution. Just as the original Temple was built with fixed dues, as well as nadv lev, offerings from the heart, so too do healthy, growing modern synagogues need to be supported by dues, as well as heartfelt offerings.

The Lev Initiative is an ongoing Shirat Hayam program designed to inspire you to invest financially in the programming about which you are passionate. The Lev Initiative will allow us to sustain what we have created, and continue to “raise the bar” and inspire everyone in our midst and beyond. In short, the Lev Initiative will make it possible for our members and supporters to find areas in which they are interested... and, with their hearts, invest in their passion.

As the co-chairs of the board of directors, we ask you to please make a meaningful donation to the aspect of CSH about which you are passionate: ruach rally, daily minyan, torah yoga, Jewish education for our kids and grandkids, Synaplex, scotch and schmooze, music programming, family life programming, teen programming, Sage (senior) programming... The opportunities are virtually limitless.

Please - “give from your heart.”

Andy and Melissa
Freshly baked challah from Cheryl Ann’s Bakery in Brookline will be delivered to CSH and will be available for pickup between 8:00 a.m. and 1:00 p.m. every Friday.

All children feel special when they contribute this tasty treat to the Shabbat table. Even if you don’t have a formal Shabbat dinner, the addition of a challah will help make the evening feel special.

The first delivery of the fall session will be Friday, October 7, 2011, and run through Friday, January 27, 2012.

There will be no delivery on Veterans’ Day, Thanksgiving, and December vacation week.

If you would like to order challah, please fill out the order form below and return it with a check made payable to CSH Preschool, 55 Atlantic Avenue, Swampscott, MA 01907.

Would you like to purchase an additional challah for your child’s classroom? For a donation of $36.00 you can contribute yummy challot to the class.

The cost of the challah for the fall season is

- Large braided $85 ~ Small Square $70

If you are unable to pick up your challah, or if your child is absent, please arrange for pick-up of your challah, or it will be donated.

Orders must be received by Monday, October 3, 2011.

If you have any question, contact Leslie Rooks Sack at 781.598.3311 or email: leslie@ShiratHayam.org

Challah order form for fall 2011

Enclosed is my check for $ ___________________

Name__________________________________________________________________________

Phone __________________________________________________________________________

Email ___________________________________________________________________________

Type and quantity:

- Large braided sliced
- Large braided unsliced
- Square sliced
- Square unsliced

Yes, I would love to contribute challah to my child’s class. Enclosed, you will find my check for $36.00.
Center for Jewish Education
Jed Filler, MAJCS, Education Director

Shalom Chaverim!

We often talk about new beginnings during the High Holy Days. Our Jewish calendar has multiple new years that we celebrate. The Talmud sets aside four new years for us, but Rosh Hashanah is the one that we note for people, contracts, and to count the calendar for sabbatical and jubilee years. It is also connected to the creation of the world, and we celebrate the birthday of the world during this holiday.

Rosh Hashanah coincides with the new school year as well. And what a great new year has begun here at Shirat Hayam! We started off this year with a simultaneous lesson plan in the entire school planned by our teachers at our staff orientation. We created an Eitz Kehila (community tree). We studied a Talmud text that tells us what a community should have, unpacked the text, translated it to our times, and discovered the following: A community needs diversity, different talents, different people, and that each of us have something special and extraordinary to offer. Whether we are creative, friendly, intelligent, curious, artistic, funny, or hundreds of other adjectives, each of us have a gift to offer our community.

We chose adjectives that reflect who we are and stuck them to leaves to create our tree – hanging in the hallway by the chapel – make sure to check out how we define ourselves!

This beginning was not just happenstance; our talented and invested staff are planning a number of these parallel programs throughout the year. Each of us are creative in our own ways, but when we join together to create, our synergy grows exponentially and the results are never less than extraordinary for our families and students!

We continue to work together in other partnerships as well. Our joint youth group: SmartyYaish is growing exponentially and succeeding under the charismatic and enthusiastic leadership of Darren Benedick. Before our kids started public school, they attended a Matisyahu concert with thousands of other music fans and Jews from all types of backgrounds.

In addition to our youth group, we received a Jewish Federation Innovation Grant for Madrichim Training. Our teens finish with ‘official’ school after they become Bar or Bat Mitzvah, but we want them to stay connected to our community and to Judaism. So, we are now in partnership with North Shore Hebrew School, North Shore Teen Initiative, and Temple Emanu-El to offer our post b’nai mitzvah students practical leadership instruction and practice in our classrooms. Our Madrichim training class kicked off last month with an all-day leadership training experience and Project Adventure in Beverly. Our students had to work together, support each other, and take part in group exercises that required them to use their minds, hands and hearts to the betterment of the entire team.

They were amazingly successful and I expect a fantastic year from them as they continue to grow and learn as role models for our younger students.

These are just a few of the ‘new’ things coming your way this year. From the CJE and my family to you and your families, a Shanah Tovah U’metukah: a sweet and happy new year!

L’Shalom!
Jed
Marla Gay, Director of Congregational Life

We have so many new members this month, I have no room for my article. What a wonderful problem! Welcome to all!
L'hitraot,
Marla

Bruchim Ha'ba'im
Welcome to the newest members of our CSH family!

Howard and Jennifer Goldberg and Wesley and Wyatt

Bob and Lily Krentzman and Brian

Joel Langsam

Michael Doolin and Annette Baker and Rachel

David and Harriet Moldau

Marc and Tracy Orloff and Grace and Alex

Greta Taglieri and Alana, Alexander, Adam and Aliya

Andrew Boyd and Cynthia Talkov Boyd and Eric

Michael Bailen

Thomas and Mikkel DellaCamera and Andrew

Edye Baker

Frances Pearlman

Roger & Lynn Berkowitz

Scott & Sara Berkowitz and Jack

Ariel and Carrie Berger and Eliana

Jennifer Groipen and Nicholas Jasilli

Rafe and Amy Hershfield and Jacob and Tyler
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Paul Gregory, Lev Chair
Andrew Caplan and Melissa Kaplowitch, CSH Board Co-chairs

Watch for more info as we approach Rosh Hashanah

We practice radical hospitality.
55 Atlantic Avenue
Swampscott, MA 01907
781-599-8005
CSH@ShiratHayam.org
Please join Brotherhood* for one of their Famous Breakfasts featuring Dr. Wayne Trebbin

“*My Stroll Up Mount Kilimanjaro*”
Sunday, October 30
9:45 am at CSH

$10.00 a person - checks payable to: CSH Brotherhood
RSVP by October 24

Also, a special presentation by Martin Paley of the New England Regional Federation of Men’s Clubs

*of course, women are invited!
Family Life Committee  
Chair: Mikaela Levine  

Welcome to Shirat Hayam Family Life!  

Family Life activities are a wonderful way to meet other families with young children. We hope you will take advantage of some (or all!) of the great programs we are planning. If you would like to get involved or have any questions, please don’t hesitate to contact me!  

Hope to see you soon ~  

CSH Family Life Chair: Mikaela Levine - familylife@shirathayam.org

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**Family Life Programs!**  
**Save these dates…**

<table>
<thead>
<tr>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>October 19, Wednesday</strong></td>
<td><strong>January 6, Friday</strong></td>
</tr>
<tr>
<td>Simchat Torah Horah (See page 2)</td>
<td>Simchat Shabbat*</td>
</tr>
<tr>
<td><strong>November 4, Friday</strong></td>
<td>Movies and Mexican</td>
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<tr>
<td>Simchat Shabbat with Cantor Elana*</td>
<td>Baking with Bubbe (kids under 8)</td>
</tr>
<tr>
<td>6:00 pm - Watch for details</td>
<td>Tu B’Shevat planting (kids 8-12)</td>
</tr>
<tr>
<td>in your weekly e-blast!</td>
<td>Community Purim Carnival</td>
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<tr>
<td></td>
<td>Simchat Shabbat*</td>
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<tr>
<td></td>
<td>Roller Skating (Kids 8-12)</td>
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<tr>
<td><strong>December 4, Sunday</strong></td>
<td>Simchat Shabbat Kibbutz Experience*</td>
</tr>
<tr>
<td>Bowling</td>
<td>Luau w/ Bonfire</td>
</tr>
</tbody>
</table>

*All of our Simchat Shabbat programs will have a tikkun olam element. Please stay tuned for details!*
Boker Tov Breakfast is available from 8:30 am with coffee and nosh

Babysitting

Ages up to 3
Downstairs Playroom
An adult must remain in the building.

8:30 - 11:45 am, Babysitting - weekly
Babysitting will be provided so parents may attend services.

Limud Shabbat - Kids’ CJE Experience

Center for Jewish Education
Ages 4 and up
9:00 am - noon, weekly
Tzofim for CHA students, 10:00 am

For a full schedule of Limud Shabbat activities, please contact Jed Filler, CJE Director, at: cje@shirathayam.org

Traditional and Alternative Service Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
<th>Led by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30</td>
<td>Early Mystic Minyan</td>
<td>Rabbi HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>8:45</td>
<td>Renewal</td>
<td>Rabbi HaLevi</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>9:15</td>
<td>Traditional Morning Shacharit</td>
<td>Cantor Rozenfeld</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00</td>
<td>Torah Service</td>
<td>Rabbi HaLevi, Cantor Rozenfeld, Cantor Berkovits</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>10:00</td>
<td>Torah Yoga</td>
<td>Alternating Instructors</td>
<td>Tefillah Studio</td>
</tr>
<tr>
<td>10:00</td>
<td>Nosh &amp; Drash Torah Study</td>
<td>Alternating Guest Rabbis and Scholars</td>
<td>Social Hall or Tent</td>
</tr>
<tr>
<td>11:15</td>
<td>Healing Havurah</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
<tr>
<td>11:25</td>
<td>Rabbi HaLevi’s Torah Reflections/Discussion</td>
<td>Rabbi HaLevi</td>
<td>Sanctuary</td>
</tr>
</tbody>
</table>

FOR EVERYONE - MAIN SANCTUARY
11:45 am to noon
Ruach Rally
Concluding Prayers and Kiddush/Motzi
Community Shabbat Café at Noon

Attire is casual.
Early Mystic Minyan **8:30 am**
As it says in the Mishnah, the early mystics would gather together and sit for an hour before even attempting to formally engage in prayer. So too at CSH we offer the Early Mystic Minyan as an option for practitioners of meditation to come and sit as we begin to open up the space of our Chapel on Shabbat and of our hearts in the early quiet hours before the crowds arrive. There will be minimal, if any, instruction for the first fifteen minutes. It is a time to gather one’s self and one’s thoughts together through individual prayer without words.

Renewal Minyan - **8:45 - 9:50 am**
The Renewal Minyan is an attempted synthesis of keva - the traditional structure of tefilah (Jewish prayers) with kavanah - spiritual depth within the prayer itself. During the Renewal Minyan we are committed to traversing the Shabbat morning tefilot structure (Birkot HaShachar, P’sukei D’Zimrah, Shachrilot), but not necessarily davening (praying) each and every prayer along the way. Our aim, again, is to strike a balance between breadth and depth, and within a one hour period that is a fine balance, to be sure.

Torah Yoga **10:00 am**
A full-body Shabbat experience. Torah yoga incorporates yoga practice with a Shabbat theme.

Nosh and Drash - **10:00 am**
Grab a cup of coffee and nosh at the Boker Tov Café, and join the guest rabbi or scholar for a Torah-based Shabbat learning experience.

Tzofim - on Limud Shabbat days - for CHA students: Designed as an Israel-based learning and experiential program, Tzofim will meet on Shabbat from **10:00 - 12:00**. Students will participate in a variety of activities and subject areas, including Ulpan (spoken Hebrew), Israeli culture, T’filah (prayer), and modern Israeli music and art.

**Nosh + Drash**
Pick up your “Nosh” in the CSH Atrium and enjoy a Torah study session on the stage at **10:00 am** with the following guest scholars for **October**:

1 - Rabbi Ken Weiss; 15 - Dr. Harvey Zarren; 22 - Rabbi Howard Kosovske; 29 - Jed Filler

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### CSH OCTOBER SERVICE SCHEDULE

#### Daily Minyan
- Monday - Friday mornings: 7:30 am
- Monday - Thursday evenings: 7:00 pm
- Sundays: 9:00 am and 6:00 pm
- October 11, Columbus Day, 7:30 am; 7:00 pm
- Wednesday, October 12, Erev Sukkot - 6:00 pm
- Thursday, October 13, Sukkot - 9:00 am; 6:00 pm
- October 14, 17, 18, 19 - 7:15 am Morning Minyan
- Wednesday, October 19, Simchat Torah 6:00 pm
- Thursday, October 20, Simchat Torah with Yizkor service begins at 9:00 am; Evening service, 6:00 pm

#### Shabbat
- Friday evenings: 6:00 pm
- Saturday mornings begin at 8:30 am (see Synaplex schedule)
- Saturday evenings: 6:00 pm

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### CANDLE LIGHTING FOR OCTOBER

**Sukkot**
- October 12 - 5:50

**Simchat Torah**
- October 19 5:38

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**Shabbat**
- 7 - 5:58
- 14 - 5:46
- 21 - 5:35
- 28 - 5:25
Thank you to our Shabbat Cafe/Kiddush Lunch Sponsors for September:

Larry and Lori Groipen in honor of the marriage of their daughter, Julie, to Justin Herzlich

Susan and John Aguiar in honor of their son, and Ruth Talcovsky in honor her grandson, Spencer Aguiar, becoming a bar mitzvah

The Congregation Shirat Hayam Kiddush Fund helps support our Shabbat Kiddush luncheons, and is a meaningful and thoughtful way to celebrate a simcha or honor, remember a loved one, or commemorate a yahrzeit. For information about sponsoring or co-sponsoring a Kiddush, please contact Barri Stein at: barri@shirathayam.org or 781.599.8005, Ext. 11.

Thank you to the following people who participated in the September Shabbat services:

Torah Readers: Cantor Emil Berkovits, Diane Levin

Haftarah Readers: Bob Biletch, Howard Abrams, Michael Rosenbaum, Spencer Aguiar

If you would like to read Torah or chant a Haftarah, please let Cantor Emil know!

Shabbat Café / Kiddush Lunch Sponsors

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If you would like to read Torah or chant a Haftarah, please let Cantor Emil know!

CSH Minyannaires

Please consider helping to make a minyan - once a week, once a month - whenever you can. Those needing a minyan to say kaddish would greatly appreciate it.

Thanks to these members of Shirat Hayam who helped support our daily services in September:
*denotes service leaders

Attend a daily service and add your name to this special list.
CSH Family Announcements

Larry and Lori Groipen’s daughter, Julie, married Justin Herzlich

Melissa Kaplowitch has been promoted to Associate Professor, Adjunct, Department of Graduate Psychology at Salem State University

Harriet and Jeffrey Brand’s son, Steven, married Dana Keenholtz

Ila and David Sabino have a new home

Rabbi Baruch and Ariela HaLevi have a new home

Richard Salinsky was honored with the 2011 Distinguished Marketing Award by the Society of Independent Gasoline Marketers of America

Selma Sherr’s granddaughter, Barrie Anne Zigman, is engaged to Daniel Kosberg
ALL NEW!

Isha L’Isha Women’s Rosh Hodesh Group

Join Cantor Elana Rozenfeld as we explore Abraham Joshua Heschel’s “The Sabbath.”* We will discuss enriching the home Shabbat experience by connecting your own personal spirituality to Judaism.

This program is open to all women who share the desire to enrich their spiritual lives through study from a woman’s point of view. For more information, please contact Barbara Sidman at: barbarasidman@comcast.net.

No prior Hebrew or Judaic knowledge required. All women are welcome. Attend one, some or all!

On the following Tuesday evenings at 7:30 pm at Shirat Hayam
2011: October 25; November 29; December 27
2012: January 31; February 21; March 27; April 17; May 22; June 19

*A limited number of copies of this book are available at CSH for $10.50.

Spirited Sisters: Circle at the Sea

Come celebrate the joy of Judaism and the soul connection and support of our sister seekers. Together we will share in spiritual conversation and exploration. We will sing, dance, study, observe, play and share from the heart as we touch into mystical, magical, meaningful women’s experiences and deep gifts of our foremothers.

The circle meets monthly and will be led by those of us who wish to share our gifts, talents and interests in this co-created gathering. You are invited to attend one or all. All women are welcome and no Hebrew is necessary.

On the following Sunday evenings, once a month - 7:00 to 9:00 pm at CSH:
2011: October 16; November 20; December 18
2012: January 15; February 12; March 18; April 15; May 20; June 17

For more information, please contact Lisa at: lisa@lisaabby.com or 781-599-2077 or Mimi at: healthenergy@verizon.net or 781-631-0318.

Visit our website!! www.spiritedsisters.org
Stitch and Shmooze!

Join us on the following Wednesdays: October 5 & 26, November 9 & 30, at 7:30 pm.

Bring your needlepoint, crocheting, knitting, crewel or cross-stitching project for an opportunity to meet other needle workers.

Contact Marcy Yellin or Becky Shepard for more information: myellin1@verizon.net, 781-595-2726 shepardb@aol.com, 781-598-9359

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A Magical Bar or Bat Mitzvah Deserves a Celebration as Special as the Day Itself.

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For a limited time only, mention this ad and receive complimentary chair covers for your event!
We mourn the passing of our members
Millie Katzen Alpert
Stanley Berenson
and extend our deepest sympathy
to their family and friends

Condolences to
Robert and Edith Harris on the loss of Robert’s brother, Sidney Harris
Barbara and Sidney Abramson on the loss of Barbara’s brother, Philip Alan Bender
Ruth and Hyman Sogoloff on the loss of their daughter, Patricia Richmond
Lenny and Bunny Lieberson on the loss of Lenny’s brother, Nathan Lieberson
Linda and Barry Klickstein on the loss of Linda’s mother, Sylvia Stone
Sandy and Jeff Hirshberg on the loss of Sandy’s aunt, Rose Glassner
Reggie and Lew Weinstein on the loss of Reggie’s mother, Sylvia Robinson
Rori and David Brodsky on the loss of Rori’s grandmother, Sylvia Robinson
Amy and Jeff Sorkin on the loss of Amy’s mother, Beatrice Silverman

Refuah Sh’lemah - Get well to
Herb Goldberg, Lenny Lieberson, Boris Richman
and Yvonne Weinsberg

RABBI’S DISCRETIONARY FUND
In appreciation of Rabbi HaLevi’s wonderful talk at my mother’s unveiling
by Diane Pozefsky
In honor of the B’not Mitzvah of Helaine and James Hazlett’s granddaughters, Whitney Rosenberg and Olivia Hazlett
by Carolyn Perlow
With continuing appreciation of Rabbi B
by David Rosenberg
To Sharon and Johnny Gold in honor of Katie’s marriage
Mazel Tov to Lori and Larry Groipen in honor of the marriages of both of their daughters
by Ellen and Barry Turkanis
With appreciation of Rabbi B’s kindness and understanding during our recent bereavement
by Abraham and Frances Babbitt
With thanks to Rabbi B for renewing our wedding vows on our 50th Wedding anniversary
by Jackie and Bob Myerson

In honor of Ali Sloan becoming a Bat Mitzvah
In honor of Whitney Rosenberg becoming a Bat Mitzvah
In honor of J osh Tassinari becoming a Bar Mitzvah
by The Hamelburg Family
Welcome to Cantor Elana Rozenfeld; Cantor Emil, we will always feel your presence; Rabbi B for always energizing and bringing us joy; and to J ed and Marcy and their joyous voices
by Ava Hoppenstein Shore
In memory of our beloved mother and grandmother, Bea Silverman
by Amy, Jeffrey, Amanda and Jeremy Sorkin

In memory of:
Mother and father, Marie and Israel Rosen
by Jerrold Rosen

CANTOR ELANA’S DISCRETIONARY FUND
In honor of Andy Caplan’s ADL Award and welcome to Cantor Elana Rozenfeld
by Susan and Larry Goldberg

CANTOR EMIL’S DISCRETIONARY FUND
In honor of Ann Segal’s birthday
by Marilyn and Sonny Stoll
In memory of Robert Katzen’s mother, Millie Katzen Alpert
by Barbara and Bernie Forbush
In honor of Cantor Emil - thank you for aliyot
by Natalie White
With great appreciation to Cantor Emil
by Rand and Arnie Bergman
In memory of our beloved mother and grandmother, Bea Silverman
by Amy, Jeffrey, Amanda and Jeremy Sorkin

CSH PRESCHOOL FUND
In celebration of the marriage of Lisa and Danny Spinale’s daughter, Dominique, to Price Williams
by Beverly A. Kahn and Family

CHESED FUND
In memory of Stanley Patkin’s brother, Jordan Patkin
by Wendy and Rich Polins

GENERAL FUND
In honor of Richard Salinsky being honored with the 2011 Distinguished Marketing Award by the Society of Independent Gasoline Marketers of America
by Harriett and Ralph Kaplan
In memory of Charles Sagan
by Paul and Joy Goldstein
In honor of the engagement my granddaughter, Barrie Anne Zigman, to Daniel Kosberg  
by Selma Sherr

In honor of James and Helaine Hazlett’s granddaughters, Whitney Rosenberg and Olivia Hazlett, becoming B’not Mitzvah  
by Arlene and David Addis

In memory of Leonard Lieberson’s brother, Nathan  
by Beverly and Boris Richman

In memory of Stanley Berenson  
by Samuel and Carol Denbo

In memory of Marshall Dana  
by Lou Rudolph

In honor of Andy Caplan receiving the Rudolph North Shore Volunteer Award for his leadership on the North Shore Advisory Board of the ADL  
by Diane Levin

**SAMUEL BRODY MINYAN FUND**

In appreciation of Bea and Sidney Strome  
by Natalie White

In memory of Abraham Babbitt’s sister, Hilda Nowakowski  
by Golda Greenbaum

In memory of Leonard Lieberson’s brother, Nathan  
by Eli and Muriel Talkov; Samuel and Carol Denbo

In memory of Stanley Berenson  
by Herb Goldberg

In memory of Barbara Abramson’s brother, Philip Alan Bender

In memory of Sydney Canter’s sister  
by Sylvia and Norman Revman

In memory of Lee Henson’s mother, Patricia Frank

In memory of Susan Cohen’s father, Henry Lesser

In memory of Stanley Berenson  
by Eli and Muriel Talkov

In memory of Millie Katzen Alpert  
by Robert and Robin Cooper

In memory of Gloria Sax’s daughter-in-law, Janine Millar-Sax  
by Murray and Jill Goodman

**In memory of:**

Father-in-law, Samuel Bean  
by Marjorie Bean

Father, Morris Phillips  
by Frederic Phillips

Father, Harold Shuman  
by Robert Shuman

Brother, Jonathan Felsman  
by Sheila Shuman

Mother, Sadie Addis  
by David Addis

Mother-in-law, Ida Wacks

Father, Jacob Chiplovitz

Husband, Lou Wacks  
by Lillian Wacks

Brother, Joseph Katz  
by Carole Spatz

Father, Hyman Goldstein  
by Millie Alpert

Mother, Ethel Shapiro  
by Melvin Shapiro

Great aunt, Gertude Dubb  
by Maxine Sugarman

Mother, Sally Kendall  
by Honey Schloss

Mother, Bertha Rozeff  
by Eunice Brody

Father-in-law, Benjamin Zalkind

Mother-in-law, Molly Zalkind  
by Herbert Goldberg

Mother, Minnie Cohen  
by Harold Cohen

Husband, Charles Volovick  
by Anne Volovick

Father, Benjamin Millstein  
by Ann Segal

Father, Merle Eakins  
by Katharine Borten

Father, Hyman Talkov  
by Eli Talkov

Grandmother, Kate Stern  
by Doris Hirsch

Sister, Minnie Segal  
by Hyman Sogoloff

Mother, Cecelia Brooks  
by Norma Brooks

Mother, Shirley Tishler  
by Jackie Rosenfeld

Mother, Anna Karmin  
by Millicent Oslon

Mother, Ida Oslon  
by Arthur Oslon

Husband, Aaron Bell  
by Toby Bell

Mother, Annie Revman  
by Norman Revman

Father, Aaron Fingerman  
by Sylvia Revman

Father, Leon Glass  
by Carole Shaffer
Father, Milton Helsel  
by Eileen Swartz

Brother, Morris Babbitt  
by Frank Babbitt

Grandmother, Rose Zimmerman  
Aunt, Anne Mintz  
by Robin Cooper

---

**KIDDUSH FUND**

In memory of Lee Henson’s mother, Patricia Frank  
by Murray and Jill Goodman

In memory of Dennis Friedman’s mother, Shirley Friedman  
by Larry and Lori Groipen

For a quick and complete recovery to Arthur Goldberg  
by Phyllis Sagan

In memory of Gloria Sax’s daughter-in-law  
by Phyllis Sagan

In memory of Raymond Katzen’s mother, Millie Alpert  
by Lois and Bobby Kaplan

In appreciation of CSH  
by Rose and David Rosenthal

In memory of Stanley Berenson  
by Jeanne and Sid Harris; Phyllis Sagan

In memory of Lenny Lieberson’s brother, Nathan Lieberson  
by Phyllis Sagan

In honor of the marriage of Lori and Larry Groipen’s daughter, Julie  
by Susan and Larry Goldberg

In honor of the marriage of Carla and Michael Greenberg’s son, Matt  
by Rand and Arnie Bergman

---

In memory of:  
Husband, Charles Goldish  
by Sandra Goldish

Father, Samuel Robinson  
by Leslie Freedman

Stepmother, Ida Goldman  
by Gloria Sax

Father, Samuel Brimberg  
by Rose Rosenthal

Sister, Susan Eakins  
by Katharine Borten

Husband, Harvey Cohn  
by Ruthann Cohn

Mother, Frances Leventhal  
by Herb Leventhal

Father, Jacob Mack  
by Harold Mack

---

Father, Isaac Goldenberg  
by Irving Goldenberg

Father, Abraham Rich  
by Murry Rich

Stepmother, Edna Sher  
by Esther Kramer

Mother, Eunice Kazis  
by Israella Abrams

Mother, Ada Myerson  
by Robert Myerson

Mother, Sylvia Staretz  
by Judith Rosenberg

Sister, Thelma Zane  
by David Levy

Brother, Morris Babbitt  
by Abraham Babbitt

Father, Mac Rubin  
by Ronald Rubin

Brother, Alan Dillon  
by Nonnie Rubin

**TORAH FUND**

In memory of:  
Father, Jacob Freiman  
by Steven Freiman

Mother, Ruth Levy  
Father, Jacob Levy  
by Fran Levy-Freiman

Father, Leonard Garfinkel  
by Bob and Marion Garfinkel and Family

**HENRY MERKEN TALLIT MEMORIAL FUND**

In memory of Stanley Berenson  
by Elaine Merken; Barbara and Bernie Forbush

**DR. N. MILTON INSUIK MEMORIAL GARDEN**

In memory of Saul Levine  
by Bernice Insui

**JACK POLONSKY BUILDING MAINTENANCE FUND**

In memory of Abraham Babbitt’s sister, Hilda Nowakowski  
by Sherman and Norma Freedman

**PRAYERBOOK FUND**

In honor of the B’nai Mitzvah of Helaine and Jim Hazlett’s granddaughters  
by Roz and Sandy Levy

In honor of Whitney Rosenberg becoming a Bat Mitzvah  
by Judy and David Cohen
MISHEBEIRACH LIST
When you place a name on the mishebeirach list at Shirat Hayam, it will remain on the list for 30 days. If you would like it to remain on the list for the next cycle, please call to renew the name.
Names are read every Shabbat during the Healing Havurah. Please call to add the names of anyone in need of healing.

TIKVAH FUND
In memory of Bea Hershberg’s daughter, Laurie Hershberg
In memory of Abraham Babbitt’s sister, Hilda Nowakowski
   by Bea and Sidney Strome

BURT SHEPARD SCHOLARSHIP FUND
In memory of Lee Henson’s mother, Patricia Frank
   by Ron and Shari Pressman; Becky and Burt Shepard; Eddie and Diane Knopf
In honor of Burt Shepard, thank you for your help
In memory of Abraham Babbitt’s sister, Hilda Nowakowski
   by The Dodyk Family
In memory of Stanley Berenson
In honor of the 50th Wedding Anniversary of Mr. and Mrs. Fred Shoff
   by Becky and Burt Shepard
In memory of Lee Henson’s mother, Patricia Frank
   by Barbara and Bernie Forbush
In memory of:
   Mother, Rita Weiner
   by Lawrence Weiner

High Holy Day Book

Corrections:

In Honor of:
Our children, Shelby, Amanda, Whitney and Andrew
   by Karen and David Rosenberg

In Memory of:
Gerald Schlosser
   by Jill Goodman

Eli Goodstein
Mollie Goodstein
Maury Kendell
Sally Kendell
   by Arlene and Mike Goodstein

We apologize for the errors and omissions.

Garage space needed. I am looking for a space to store a compact car until the beginning of January. Please contact ann@shirathaym.org if you or someone you know would be willing to rent garage space.
Thanks,
Ann Navon

Did you know?
You can now make donations to CSH online at:
www.shirathaym.org/about/giving.php

MISHEBEIRACH LIST
When you place a name on the mishebeirach list at Shirat Hayam, it will remain on the list for 30 days. If you would like it to remain on the list for the next cycle, please call to renew the name.
Names are read every Shabbat during the Healing Havurah. Please call to add the names of anyone in need of healing.

Need a ride to Logan?
Double Chai, $36 CSH members rate!

If you are a CSH member and live in Lynn, Swampscott, Marblehead or Salem,
call Don Hurwitz at 617.966.1611
for your 1-4 passenger ride to Logan.

Please let Don know that you are a CSH member and notify him at least 24 hours in advance.
Council of Sages ~ Marion Garfinkel, Chair

During the summer, the Council of Sages was very busy looking for activities. We have found two wonderful opportunities in November, and there’s more to come!

Sunday, November 6 at 10:00

Private (free) tour of the “Painting the American Vision” exhibit. It will be the last day of the exhibit, so don’t miss out on this opportunity! Space is limited - rsvp to: 781.599.8005 or email: CSH@ShiratHayam.org.

Wednesday, November 9 at 2:00

We have reserved a block of 20 seats at the North Shore Music Theater’s performance of Legally Blonde. Tickets are $36.00 and will be sold on a first come, first served basis. Carpools will be available from CSH. Reserve your spot today! (If we have a waiting list, we will try to purchase more tickets.) Make your check payable to CSH, 55 Atlantic Avenue, Swampscott, MA 01907.

Tickets will be available at the CSH office.

Movies and Midrash Returns!

with Rabbi B

on Thursday, October 27 & Wednesday, December 14

Films to be announced.

Join us at 11:30 for lunch and movie!

RSVP if you’re joining us for lunch.

SAGES... SAVE THE DATE...

Wednesday, November 16

Lunch and Learn with Cantor Elana!

Watch for details in the November Bulletin.
Invest in authentic Judaism. Invest in CSH.

Don’t you ♥ that... CSH kids are excited to come, learn and participate at CJE?
Did you know that CSH subsidizes each student’s tuition by $1600/student, $268,000/year, because we are committed to offering a quality Jewish education program to our children?

Don’t you ♥ that... over 300 people each week partake spiritually and socially in our Shabbat Synaplex™?
Did you know it costs $750/week, $39,000/year to provide this experience?

Don’t you ♥ that... after Ruach Rally, as a community, we enjoy an amazing luncheon at Shabbat Café?
Did you know it costs $2,000/week, $100,000/year to purchase, prepare and serve this festive meal?

Don’t you ♥ the dynamic, diversified programming offered by CSH?
Did you know it costs in excess of $70,000 a year to keep our programming vibrant?

Don’t you ♥ that... we practice radical hospitality?
Did you know it doesn’t cost us anything but a smile?

Does this strike at your ♥?
If it does... invest in authentic Judaism. Invest in CSH.

Watch for your opportunity to give as we approach the High Holy Days

Visit: www.ShiratHayam.org to view our video!
The following Yom Kippur Services do not require tickets:

YOM KIPPUR

Saturday, October 8 - Family Service  10:15 - 11:00 AM
A Service for Families with children ages 5 and up, leading into the youth service times for Junior Ruach and Ruach programs. Led by Jed Filler and CJ E staff in the Chapel

Discussion time - topics and program  2:30 - 4:30 PM  with special guests to be announced
Renewal/Healing Service  4:30 PM  with Rabbi HaLevi in the Chapel

Mincha/Ma'ariv in the Sanctuary
- Mincha  5:30 PM
- Neilah  6:20 PM
- Personal silent prayers may be said in front of the open ark

Ma'ariv  7:00 PM

Final Sounding of the Shofar - Main Sanctuary
Congregants are invited to bring their shofars for the final sounding of the shofar. All young children will be called to the bimah for a community Havdallah using glow sticks.

SUKKOT

Wednesday, October 12 - Erev Sukkot - 6:00 pm at CSH
Thursday, October 13 - First Day of Sukkot - 9:00 am at CSH
6:00 pm - evening service at CSH
Thursday, October 20 - Simchat Torah with YIZKOR - 9:00 am

Save the Date!

Yoga Live will be held on Sunday, November 6, from 9:45 am to noon. It is a two hour yoga class to raise funds and awareness for alternative cancer support. Five well known yoga instructors and some amazing musicians will lead the class through an all-levels practice.

All proceeds go to the Sue de Vries Cancer Foundation. The Foundation provides the resources for cancer patients at MGH Danvers to receive free reiki, acupuncture, massage and more. For more information, go to www.suedevriescancerfoundation.org.
The Chesed Committee has been very busy providing meals, rides, visits and general emotional support to the congregation, as needed. The committee’s mission is to help congregants and their families in times of crisis. They are the first responders, there to do triage until other “sources” are notified and become available.

If you want to become a part of this GREAT committee, please let us know. There is a little something for everyone to do within the Chesed Committee!

Please contact us if you know of someone in need. We can only help those that we know about. Thank you!

Contact Karynn Needel at: kneedel@comcast.net or Beth Hoffman at: bkh59@hotmail.com.
Congregation Shirat Hayam
Mission to the
Jewish Community of Cuba
Registration deadline: October 31, 2011

Havana and Santiago de Cuba
February 16 to 24, 2012

BE MORE THAN A TOURIST

Join your fellow members and friends on a uniquely insightful trip of cultural discovery and humanitarian effort.
We will have experiences offered to few travelers to this tropical island nation. You will visit Jewish Communities and parts of Cuba seldom visited and you will make a difference in the lives of our brothers and sisters.

CUBA!

It has been said of Cuba that you experience it with all your senses. With a mix of black, white and Indian races, Cuban culture's vibrancy and vitality is alive. Cuba is old, some of it is destroyed, and it feels as though time has stopped. But it is full of life from the aroma of cooking food, to the rhythm in the way people move, to the sound of music in the air.
Please note: to register for this mission your passport must be valid for at least 6 months after our return from Cuba.

Mission package includes:

- **Seven nights, eight days in Cuba**; one night Miami
- **Round Trip Air** Miami – Santiago; Havana – Miami
- **Cuba domestic** flight: Santiago - Havana
- **Accommodations** at 4 and 5 star hotels in Cuba; overnight in Miami.
- **Meals** – 15 meals: 8 breakfasts; 5 lunches; 2 dinners – including dinner with the Jewish Community of Santiago - this will be our gift to the Community.
- **Experienced guide** and driver. Your guide will offer optional group evening activities that are not part of the mission itinerary.
- **Meetings and discussions** with the Jewish Community.
- Erev Shabbat **services** at the synagogue of Santiago.
- **Entrance fees** to included sites.
- **Tips** at included meals.
- **Gratuity** to your driver and guide.
- **Water** when on the bus – 2 bottles per person per bus day.
- **Airport transfers** in Cuba and Miami.
- **Tip to Crowne Plaza** drivers in Miami – departure day.
- **Porterage and tips** at hotels in Cuba.
- **USA airport tax**.
- **Cuban Religious Visa** for US citizens.
- **Land transportation** in Cuba by private A/C motor coach with W/C.
- **Practical travel information & welcome packet**.
- **Health insurance** in Cuba includes Medevac to USA.

Mission price per person from Miami
- Double occupancy: $2924
- Single occupancy: $3195

**PLEASE NOTE:** **Space is limited on this mission.** Participation will be based on date of receipt of completed forms, valid passport copy and deposit. Please send in your registration ASAP. Your deposit is fully refundable if you cancel by the end of business October 31st. Your balance payment is refundable if cancellation is received by the close of business December 6th.

For a full brochure with itinerary please contact:
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781-599-8005,
DAGAG123@aol.com
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Laugh and learn with Izzi Abrams as we explore the world of Jewish humor from the shtetl to the Lower East Side, from the Catskills to Hollywood. What makes us a people who can laugh through the tears? This program will meet for three 1 ½ hour sessions - Material will be taken from “The Big Book of Jewish Humor,” edited by Moshe Waldoks and William Novak, “The Haunted Smile: The Story of Jewish Comedians in America,” by Lawrence Epstein, and “Jewish Humor,” by Rabbi Joseph Telushkin. Appropriate audio visual materials will also be used. You might even be able to tell your favorite Jewish joke!

Thursdays at 7:30 pm, October 27, November 3 & 10
$18.00 a person
RSVP to: CSH@ShiratHayam.org
Holidays and Observances

2011

Kol Nidre   October 7
Yom Kippur   October 8
1st Day Sukkot   October 13
Erev Simchat Torah   October 19
Sh’mini Atzeret/Simchat Torah   October 20
First Night Hanukkah   December 20
Last Day Hanukkah   December 28

2012

Tu B’Shevat   February 8
Purim   March 8
First Seder   April 6
First Day Passover/Second Seder   April 7
Last Day Passover   April 13
Yom HaShoah   April 19
Yom Ha’Atzmaut   April 26
Lag B’Omer   May 10
Shavuot   May 27
Tisha B’Av   July 28

Advertising Rates for the CSH Bulletin

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Please contact Marla Gay to place your ad, or for more information.
marla@shirathayam.org or 781.599.8005 Ext. 27
To access the CSH calendar online, please click on the “Connections” tab and then “Calendar”

October 2011
CSH CONTACT INFORMATION
Main number: 781.599.8005  Fax: 781.599.1860
www.ShiratHayam.org ~ CSH@ShiratHayam.org

Rabbi Baruch HaLevi
RabbiB@ShiratHayam.org

Cantor Elana Rozenfeld
CantorElana@ShiratHayam.org

Cantor Emeritus Emil Berkovits
CantorEmil@ShiratHayam.org
Direct line: 781.346.6074

Robert A. Krentzman, Chief Executive Officer
Bob@ShiratHayam.org

Marla Gay, Director of Congregational Life
Marla@ShiratHayam.org

Barri G. Stein, Director of Events and Facility
Barri@ShiratHayam.org

Marylou Barry, CSH Office Manager
Marylou@ShiratHayam.org

Andy Caplan and Melissa Kaplowitch
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Leadership@ShiratHayam.org

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Direct line: 781.346.6075

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