מִנְיַן נִחוּמִים

A MINYAN OF COMFORT

Worship, Study, and Reflection for the House of Mourning

Evening Services adapted from SIDDUR ḤADASH, *with new readings, meditations, and notes from classical and contemporary sources.*

Compiled and Edited by
Rabbi Sidney Greenberg and
Rabbi Jonathan D. Levine

NEWLY ENHANCED EDITION

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Ma'ariv

Evening Service

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*וְהוּא רַחוּם יְכַפֵּר עָוֹן וְלֹא־יַשְׁחִית. וְהִרְבָּה לְהָשִׁיב אַפּוֹ.
וְלֹא־יָעִיר כָּל־חֲמָתוֹ: יְיָ הוֹשִׁיעָה. הַמֶּלֶךְ יַעֲנֵנוּ בְיוֹם־קָרְאֵנוּ:

Reader:
בָּרְכוּ אֶת־יְיָ הַמְבֹרָךְ:

Congregation and Reader:
בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וָעֶד:

Baruḥ Adonai ha-m'voraḥ l'olam va-ed.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר בִּדְבָרוֹ
מַעֲרִיב עֲרָבִים בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים וּבִתְבוּנָה מְשַׁנֶּה
עִתִּים וּמַחֲלִיף אֶת־הַזְּמַנִּים וּמְסַדֵּר אֶת־הַכּוֹכָבִים
בְּמִשְׁמְרוֹתֵיהֶם בָּרָקִיעַ כִּרְצוֹנוֹ. בּוֹרֵא יוֹם וָלָיְלָה גּוֹלֵל
אוֹר מִפְּנֵי חֹשֶׁךְ וְחֹשֶׁךְ מִפְּנֵי אוֹר. וּמַעֲבִיר יוֹם וּמֵבִיא
לָיְלָה וּמַבְדִּיל בֵּין יוֹם וּבֵין לָיְלָה. יְיָ צְבָאוֹת שְׁמוֹ.* אֵל
חַי וְקַיָּם תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד. בָּרוּךְ אַתָּה
יְיָ הַמַּעֲרִיב עֲרָבִים:

Baruḥ ata Adonai, Eloheynu meleḥ ha-olam,
Asher bi-d'varo ma-ariv aravim,
B'ḥoḥma potey-aḥ sh'arim u-vitvuna m'shaneh itim,
U-maḥa-lif et ha-z'manim u-m'sadeyr et ha-koḥavim
B'mish-m'ro-teyhem ba-rakia kir-tzono.
Borey yom va-laila,
Goleyl ohr mipney ḥo-sheḥ v'ḥo-sheḥ mipney ohr.
U-ma-avir yom u-meyvi laila,
U-mavdil beyn yom u-veyn laila,
Adonai tz'va-ot sh'mo.
Eyl ḥai v'ka-yam tamid yimloḥ aleynu l'olam va-ed,
Baruḥ ata Adonai, ha-ma-ariv aravim.

* *Asterisk denotes verses chanted by Reader.*

"And God, being merciful, forgives sin and does not destroy, repeatedly refraining from anger, and avoiding indignation. O Lord, redeem us! O our Sovereign, answer us when we call."

BARḤU: The call to worship

Reader:
Praise the Lord, Source of all blessing.

Congregation and Reader:
Praised be the Lord, Source of all blessing, forever.

MAARIV ARAVIM: Lord of night and day

Praised are You, Lord our God, Ruler of the universe,
Whose word brings on the dusk of evening.

Your wisdom opens the gates of dawn;
Your understanding regulates time and seasons.

The stars follow their appointed rounds,
In response to Your divine will.

You create day and night;
You alternate darkness and light.

You remove the day and bring on the night;
You separate one from the other.

We call You Lord of heavenly hosts;
You are our living God.

May You rule over us as You rule over nature;
Praised are You, O Lord, who brings the evening dusk.

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל עַמְּךָ אָהַבְתָּ. תּוֹרָה וּמִצְוֹת חֻקִּים וּמִשְׁפָּטִים אוֹתָנוּ לִמַּדְתָּ. עַל־כֵּן יְיָ אֱלֹהֵינוּ בְּשָׁכְבֵּנוּ וּבְקוּמֵנוּ נָשִׂיחַ בְּחֻקֶּיךָ. וְנִשְׂמַח בְּדִבְרֵי תוֹרָתֶךָ וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד. כִּי הֵם חַיֵּינוּ וְאֹרֶךְ יָמֵינוּ וּבָהֶם נֶהְגֶּה יוֹמָם וָלָיְלָה. *וְאַהֲבָתְךָ אַל תָּסִיר מִמֶּנּוּ לְעוֹלָמִים. בָּרוּךְ אַתָּה יְיָ אוֹהֵב עַמּוֹ יִשְׂרָאֵל:

Ahavat olam beyt yisrael am-ḥa ahavta,
Torah u-mitzvot, ḥukim u-mish-patim otanu limad'ta.
Al keyn Adonai Eloheynu,
B'shoḥ-beynu u-v'ku-meynu nasi-aḥ b'ḥukeḥa,
V'nismaḥ b'divrey torateḥa u-v'mitz-voteḥa l'olam va-ed.
Ki heym ḥa-yeynu v'oreḥ ya-meynu,
U-va-hem neh-geh yomam va-laila.
V'aha-vat-ḥa al tasir mimenu l'olamim,
Baruḥ ata Adonai, oheyv amo yisrael.

Ahavat Olam:

God's love expressed through Torah and Mitzvot

With everlasting love You have loved Your people, the House of Israel, teaching us the Torah and its *Mitzvot,* instructing us in its laws and judgments.

Therefore, O Lord our God, when we lie down and when we rise up we shall speak of Your commandments and rejoice in Your Torah and *Mitzvot.*

For they are our life and the length of our days; on them we will meditate day and night. May Your love never depart from us. Praised are You, O Lord, who loves Your people Israel.

Reflections on Ahavat Olam:

A Meditation in the House of Mourning

With everlasting love have You loved us, O God,
Revealing Yourself to us through Torah and Mitzvot.

Your love is also revealed through our dear ones,
Whose love has been a benediction in our lives.

For we have known the blessings of love and caring,
And death cannot take these gifts from us.

Your love, O God, is revealed as well
In our strength to carry on, to find our way again.

For while pain and suffering are real,
Your healing power is at work in our lives,

Enabling us to endure our sorrow;
To transform our pain, and to find courage to go on.

From the darkness of our grief, O Lord,
May rays of understanding shine forth,

That we may grow in wisdom,
And perform deeds of lovingkindness,

Nurturing our heritage of love and Torah
Which reveal Your presence anew in every age.

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד׃

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד׃

וְאָהַבְתָּ אֵת יְהוָה אֱלֹהֶיךָ בְּכָל־לְבָבְךָ וּבְכָל־נַפְשְׁךָ
וּבְכָל־מְאֹדֶךָ׃ וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָנֹכִי מְצַוְּךָ
הַיּוֹם עַל־לְבָבֶךָ׃ וְשִׁנַּנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ בָּם בְּשִׁבְתְּךָ
בְּבֵיתֶךָ וּבְלֶכְתְּךָ בַדֶּרֶךְ וּבְשָׁכְבְּךָ וּבְקוּמֶךָ׃ וּקְשַׁרְתָּם
לְאוֹת עַל־יָדֶךָ וְהָיוּ לְטֹטָפֹת בֵּין עֵינֶיךָ׃ וּכְתַבְתָּם עַל־
מְזוּזוֹת בֵּיתֶךָ וּבִשְׁעָרֶיךָ׃

Shema Yisrael, Adonai Eloheynu, Adonai Eḥad.

Baruḥ sheym k'vod mal-ḥuto l'olam va-ed.

V'ahavta eyt Adonai Eloheḥa
B'ḥol l'vavḥa, u-v'ḥol naf-sh'ḥa, u-v'ḥol m'odeḥa.
V'ha-yu ha-d'varim ha-eyleh
Asher anoḥi m'tza-v'ḥa ha-yom al l'va-veḥa.
V'shi-nan-tam l'va-neḥa v'dibarta bam
B'shiv-t'ḥa b'vey-teḥa, u-v'leḥ-t'ḥa va-dereḥ,
U-v'shoḥ-b'ḥa u-v'ku-meḥa.
U-k'shar-tam l'ot al ya-deḥa,
V'ha-yu l'totafot beyn eyneḥa.
U-ḥ'tav-tam al m'zuzot bey-teḥa u-vish-areḥa.

HEAR, O ISRAEL: THE LORD IS OUR GOD, THE LORD IS ONE.

Praised be God's glorious sovereignty for ever and ever.

V'AHAVTA: You shall love the Lord

You shall love the Lord your God with all your heart, with all your soul, with all your might. You shall take to heart these words which I command you this day. You shall teach them diligently to your children, speaking of them when you are at home and when you are away, when you lie down at night and when you rise up in the morning. You shall bind them as a sign upon your arm, and they shall be a reminder above your eyes. You shall inscribe them on the doorposts of your homes and on your gates.

Deuteronomy 6:4-9

THE SHEMA: A call to witness

In the Torah scroll, the word "*Sh'ma*" is written with an enlarged final *ayin* (ע); and the word "*Eḥad*" with an enlarged final *daled* (ד). These two letters form the Hebrew word עֵד *(Eyd)* which means "witness."

Whenever we recite the *Sh'ma*, we are responding to the Divine call: *Atem Eydai*, you are My witnesses (Isaiah 43:10); and we are reminded of our vocation to be God's "witnesses"—in both our personal and collective lives. *(Ben Saul)*

V'AHAVTA: You shall love the Lord

Whether a person really loves God can be determined by the love which that person bears toward others. *(Levi Yitzḥak of Berditchev)*

In Judaism, love of God is never a mere feeling; it belongs to the sphere of ethical action. *(Leo Baeck)*

וְהָיָה אִם־שָׁמֹעַ תִּשְׁמְעוּ אֶל־מִצְוֹתַי אֲשֶׁר אָנֹכִי מְצַוֶּה
אֶתְכֶם הַיּוֹם לְאַהֲבָה אֶת־יְהוָה אֱלֹהֵיכֶם וּלְעָבְדוֹ בְּכָל־
לְבַבְכֶם וּבְכָל־נַפְשְׁכֶם: וְנָתַתִּי מְטַר־אַרְצְכֶם בְּעִתּוֹ יוֹרֶה
וּמַלְקוֹשׁ וְאָסַפְתָּ דְגָנֶךָ וְתִירֹשְׁךָ וְיִצְהָרֶךָ: וְנָתַתִּי עֵשֶׂב
בְּשָׂדְךָ לִבְהֶמְתֶּךָ וְאָכַלְתָּ וְשָׂבָעְתָּ: הִשָּׁמְרוּ לָכֶם פֶּן־
יִפְתֶּה לְבַבְכֶם וְסַרְתֶּם וַעֲבַדְתֶּם אֱלֹהִים אֲחֵרִים
וְהִשְׁתַּחֲוִיתֶם לָהֶם: וְחָרָה אַף־יְהוָה בָּכֶם וְעָצַר אֶת־
הַשָּׁמַיִם וְלֹא־יִהְיֶה מָטָר וְהָאֲדָמָה לֹא תִתֵּן אֶת־יְבוּלָהּ
וַאֲבַדְתֶּם מְהֵרָה מֵעַל הָאָרֶץ הַטֹּבָה אֲשֶׁר יְהוָה נֹתֵן
לָכֶם: וְשַׂמְתֶּם אֶת־דְּבָרַי אֵלֶּה עַל־לְבַבְכֶם וְעַל־נַפְשְׁכֶם
וּקְשַׁרְתֶּם אֹתָם לְאוֹת עַל־יֶדְכֶם וְהָיוּ לְטוֹטָפֹת בֵּין עֵינֵיכֶם:
וְלִמַּדְתֶּם אֹתָם אֶת־בְּנֵיכֶם לְדַבֵּר בָּם בְּשִׁבְתְּךָ בְּבֵיתֶךָ
וּבְלֶכְתְּךָ בַדֶּרֶךְ וּבְשָׁכְבְּךָ וּבְקוּמֶךָ: וּכְתַבְתָּם עַל־מְזוּזוֹת
בֵּיתֶךָ וּבִשְׁעָרֶיךָ: לְמַעַן יִרְבּוּ יְמֵיכֶם וִימֵי בְנֵיכֶם עַל
הָאֲדָמָה אֲשֶׁר נִשְׁבַּע יְהוָה לַאֲבֹתֵיכֶם לָתֵת לָהֶם כִּימֵי
הַשָּׁמַיִם עַל־הָאָרֶץ:

The reward for a good deed is another good deed; and the penalty for a transgression is another transgression. *(Pirkey Avot 4:2)*

Do not be like servants who serve their master for the sake of receiving a reward; be rather like servants who devotedly serve their master with no thought of a reward; and may the awe of God be upon you. *(Pirkey Avot 1:3)*

The main purpose of the *Mitzvot* performed through physical action is to make us sensitive to those *Mitzvot* performed with the heart and mind, which are the pillars of the service of God. *(Baḥya)*

If you think of reward, you think of yourself, not God. *(Salanter)*

KEEP THESE WORDS

If you will faithfully obey the commandments which I command you this day, to love the Lord your God and to serve the Lord with all your heart and all your soul, then I will favor your land with rain at the proper season, in autumn and in spring; and you will harvest your grain and wine and oil. I will give grass in the fields for your cattle. You will eat and be satisfied.

Take care not to be lured away to worship other gods. For then the wrath of the Lord will be directed against you: The heavens will close and there will be no rain; the earth will not yield its produce; and you will soon perish from the good land which the Lord gave you.

Therefore, keep these words of Mine in your heart and in your soul. Bind them as a sign upon your arm, and let them be a reminder above your eyes. Teach them to your children, speaking of them when you are at home and when you are away, when you lie down at night and when you rise up in the morning. Write them upon the doorposts of your homes and upon your gates. Thus your days and the days of your children will be multiplied on the land which the Lord promised to your ancestors for as long as the heavens remain over the earth. *Deuteronomy 11:13-21*

It is not enough to serve God in anticipation of future reward. One must do right and avoid wrong because as a human being one is obliged to seek perfection. *(Maimonides)*

Rejoice so greatly in performing a *Mitzvah* that you will desire no other reward than the opportunity to perform another *Mitzvah!* *(Naḥman of Bratzlav)*

Rav Aḥa said: God has made uncertain the reward of those who perform the commandments of the Torah so that we might perform them in fidelity. *(Talmud Yerushalmi, Peah)*

וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה לֵאמֹר: דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל
וְאָמַרְתָּ אֲלֵהֶם וְעָשׂוּ לָהֶם צִיצִת עַל־כַּנְפֵי בִגְדֵיהֶם
לְדֹרֹתָם וְנָתְנוּ עַל־צִיצִת הַכָּנָף פְּתִיל תְּכֵלֶת: וְהָיָה
לָכֶם לְצִיצִת וּרְאִיתֶם אֹתוֹ וּזְכַרְתֶּם אֶת־כָּל־מִצְוֹת יְהוָה
וַעֲשִׂיתֶם אֹתָם וְלֹא תָתוּרוּ אַחֲרֵי לְבַבְכֶם וְאַחֲרֵי עֵינֵיכֶם
אֲשֶׁר־אַתֶּם זֹנִים אַחֲרֵיהֶם: לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת־
כָּל־מִצְוֹתָי וִהְיִיתֶם קְדֹשִׁים לֵאלֹהֵיכֶם: אֲנִי יְהוָה אֱלֹהֵיכֶם
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לִהְיוֹת לָכֶם
לֵאלֹהִים אֲנִי יְהוָה אֱלֹהֵיכֶם:

Reader יְהוָה אֱלֹהֵיכֶם אֱמֶת:

TO SEE, TO REMEMBER, AND TO OBSERVE!

The Lord said to Moses: "Speak to the Children of Israel, and bid them to make fringes in the corners of their garments throughout their generations, putting upon the fringe of each corner a thread of blue.

"When you look upon the fringe you will be reminded of all the commandments of the Lord and obey them. You will not be led astray by the inclination of your heart or by the attraction of your eyes.

"Thus will you be reminded to fulfill all My commandments and be consecrated to your God. I am the Lord your God who brought you out of the land of Egypt to be your God. I, the Lord, am your God."

Numbers 15:37–41

AN EXODUS FOR THOSE WHO MOURN

Our Sages debated whether the Biblical passage commanding the wearing of fringes (Tzitzit) should be recited in the evening service as it is in the morning service. Since the passage says, "When you look upon the fringes . . ." perhaps it ought not be recited at night, since in the dark we cannot "look upon them."

In the end, an ingenious interpretation of one of the words led to the decision that the passage should indeed be included in the evening service.

In the house of mourning it is reassuring to read this passage which concludes with a reminder that God brought our ancestors out of Egyptian bondage. In the dark night of suffering, God "saw" our people's affliction and "heard" their groaning.

The Lord who liberated our ancestors from their burdens of pain and suffering is the God of love who can liberate us from our burdens of grief and sorrow.

In the dark night of bereavement, our faith in God can strengthen our hope that our mourners too shall experience an exodus from suffering, and move toward the promised land of healing.

אֱמֶת וֶאֱמוּנָה כָּל־זֹאת וְקַיָּם עָלֵינוּ כִּי הוּא יְיָ אֱלֹהֵינוּ
וְאֵין זוּלָתוֹ וַאֲנַחְנוּ יִשְׂרָאֵל עַמּוֹ הַפּוֹדֵנוּ מִיַּד מְלָכִים
מַלְכֵּנוּ הַגּוֹאֲלֵנוּ מִכַּף כָּל־הָעָרִיצִים הָאֵל הַנִּפְרָע לָנוּ
מִצָּרֵינוּ וְהַמְשַׁלֵּם גְּמוּל לְכָל־אוֹיְבֵי נַפְשֵׁנוּ: הָעֹשֶׂה גְדֹלוֹת
עַד אֵין חֵקֶר וְנִפְלָאוֹת עַד אֵין מִסְפָּר: הַשָּׂם נַפְשֵׁנוּ בַּחַיִּים
וְלֹא נָתַן לַמּוֹט רַגְלֵנוּ: הַמַּדְרִיכֵנוּ עַל בָּמוֹת אוֹיְבֵינוּ וַיָּרֶם
קַרְנֵנוּ עַל כָּל־שׂנְאֵינוּ: הָעֹשֶׂה לָנוּ נְסִים וְנָקָמָה בְּפַרְעֹה
אוֹתוֹת וּמוֹפְתִים בְּאַדְמַת בְּנֵי חָם הַמַּכֶּה בְעֶבְרָתוֹ כָּל־
בְּכוֹרֵי מִצְרַיִם וַיּוֹצֵא אֶת עַמּוֹ יִשְׂרָאֵל מִתּוֹכָם לְחֵרוּת
עוֹלָם: הַמַּעֲבִיר בָּנָיו בֵּין גִּזְרֵי יַם־סוּף אֶת רוֹדְפֵיהֶם
וְאֶת שׂוֹנְאֵיהֶם בִּתְהוֹמוֹת טִבַּע. וְרָאוּ בָנָיו גְּבוּרָתוֹ שִׁבְּחוּ
וְהוֹדוּ לִשְׁמוֹ *וּמַלְכוּתוֹ בְּרָצוֹן קִבְּלוּ עֲלֵיהֶם. מֹשֶׁה וּבְנֵי
יִשְׂרָאֵל לְךָ עָנוּ שִׁירָה בְּשִׂמְחָה רַבָּה וְאָמְרוּ כֻלָּם.

מִי־כָמֹכָה בָּאֵלִם יְיָ. מִי כָּמֹכָה נֶאְדָּר בַּקֹּדֶשׁ. נוֹרָא
תְהִלֹּת. עֹשֵׂה פֶלֶא:

*מַלְכוּתְךָ רָאוּ בָנֶיךָ בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה זֶה אֵלִי עָנוּ
וְאָמְרוּ.

יְיָ יִמְלֹךְ לְעֹלָם וָעֶד:

*וְנֶאֱמַר. כִּי־פָדָה יְיָ אֶת־יַעֲקֹב וּגְאָלוֹ מִיַּד חָזָק מִמֶּנּוּ.
בָּרוּךְ אַתָּה יְיָ גָּאַל יִשְׂרָאֵל:

Mi ḥamoḥa ba-eylim Adonai,
Mi kamoḥa nedar ba-kodesh,
Nora t'hilot osey fe-leh . . .

Adonai yimloḥ l'olam va-ed.

EMET VE-EMUNAH: God our Redeemer

True and certain it is that there is One God,
And there is none like the Lord.

It is God who redeemed us from the might of tyrants,
And delivered us from slavery to freedom.

Great are the things that God has done;
God's wonders are without number.

God brought forth Israel from Egyptian bondage,
And has been our hope in every generation.

May You continue Your protecting care over Israel, O Lord,
And guard all Your children from disaster.

When the Children of Israel beheld Your might,
They gave thanks to You and praised Your name.

They accepted Your sovereignty willingly,
And sang in joyous thanksgiving.

Moses and the Children of Israel
Proclaimed in great exultation:

"Who is like You, O Lord, among the mighty?
Who is like You, glorious in holiness,
Revered in praises, doing wonders?"

When You rescued Israel at the Sea,
Your children beheld Your power.

"This is my God!" they exclaimed, and said:
"The Lord shall reign for ever and ever!"

As You delivered Israel from a mightier power,
So may You redeem all Your children from oppression.

Praised are You, O Lord,
Redeemer of Israel.

Adapted from the Interpretive Version of Morris Silverman

הַשְׁכִּיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ מַלְכֵּנוּ לְחַיִּים.
וּפְרוֹשׂ עָלֵינוּ סֻכַּת שְׁלוֹמֶךָ וְתַקְּנֵנוּ בְּעֵצָה טוֹבָה מִלְּפָנֶיךָ
וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶךָ. וְהָגֵן בַּעֲדֵנוּ וְהָסֵר מֵעָלֵינוּ אוֹיֵב
דֶּבֶר וְחֶרֶב וְרָעָב וְיָגוֹן וְהָסֵר שָׂטָן מִלְּפָנֵינוּ וּמֵאַחֲרֵינוּ.
וּבְצֵל כְּנָפֶיךָ תַּסְתִּירֵנוּ כִּי אֵל שׁוֹמְרֵנוּ וּמַצִּילֵנוּ אָתָּה כִּי
אֵל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה. *וּשְׁמוֹר צֵאתֵנוּ וּבוֹאֵנוּ לְחַיִּים
וּלְשָׁלוֹם מֵעַתָּה וְעַד עוֹלָם. בָּרוּךְ אַתָּה יְיָ שׁוֹמֵר עַמּוֹ
יִשְׂרָאֵל לָעַד:

Hash-kiveynu Adonai Eloheynu l'shalom,
V'ha-amideynu mal-keynu l'ḥa-yim.
U-f'ros aleynu sukat sh'lomeḥa,
V'tak-neynu b'eytzah tovah mil-faneḥa,
V'ho-shi-eynu l'ma-an sh'meḥa.
V'hageyn ba-adeynu, v'ha-seyr mey-aleynu
Oyeyv, dever, v'ḥerev, v'ra-av, v'yagon,
V'ha-seyr satan mil-fa-neynu u-mey-aḥ-reynu,
U-v'tzeyl k'nafeḥa tas-tireynu,
Ki Eyl shom-reynu u-matzi-leynu ata,
Ki Eyl meleḥ ḥanun v'raḥum ata.

U-sh'mor tzey-teynu uvo-eynu
L'ḥa-yim u-l'shalom
Mey-ata v'ad olam.
Baruḥ ata Adonai,
Shomeyr amo yisrael la-ad.

Help us, O God, to lie down in peace,
And awaken us to life on the morrow.

May we always be guided by Your good counsel,
And thus find shelter in Your tent of peace.

Shield us, we pray, against our foes,
Against plague, destruction, and sorrow.

Strengthen us against the evil forces
Which abound on every side.

May we always sense Your care,
For You are our merciful Sovereign.

Guard us always and everywhere;
Bless us with life and peace.

Praise to You, O God of peace,
Who guards Your people Israel
Now and evermore.

Reflections on "Hashkivenu"

(To be recited by friends of the mourners)

Help us, O God, to lie down in peace;
And awaken us with confident trust for tomorrow.

Strengthen those who are burdened with sorrow,
Grant them patience, courage, and strength.

Guide them, O Lord, with Your good counsel;
Direct them toward the path of serenity.

Shield them, we pray, from every enemy,
From fear, from anxiety, from despair.

Help them to feel protected and sheltered,
Sustained, even in grief, by Your compassion.

Guard them this night and every night;
Bless them with healing and hope.

Help them, O Lord, to lie down in peace;
Awaken them with confident trust for tomorrow.

בָּרוּךְ יְיָ לְעוֹלָם. אָמֵן וְאָמֵן: בָּרוּךְ יְיָ מִצִּיּוֹן שֹׁכֵן יְרוּשָׁלָיִם.
הַלְלוּיָהּ: בָּרוּךְ יְיָ אֱלֹהִים אֱלֹהֵי יִשְׂרָאֵל עֹשֵׂה נִפְלָאוֹת לְבַדּוֹ:
וּבָרוּךְ שֵׁם כְּבוֹדוֹ לְעוֹלָם וְיִמָּלֵא כְבוֹדוֹ אֶת־כָּל־הָאָרֶץ.
אָמֵן וְאָמֵן:

יְהִי כְבוֹד יְיָ לְעוֹלָם יִשְׂמַח יְיָ בְּמַעֲשָׂיו: יְהִי שֵׁם יְיָ מְבֹרָךְ
מֵעַתָּה וְעַד־עוֹלָם: כִּי לֹא־יִטֹּשׁ יְיָ אֶת־עַמּוֹ בַּעֲבוּר שְׁמוֹ הַגָּדוֹל.
כִּי הוֹאִיל יְיָ לַעֲשׂוֹת אֶתְכֶם לוֹ לְעָם: וַיַּרְא כָּל־הָעָם וַיִּפְּלוּ
עַל־פְּנֵיהֶם וַיֹּאמְרוּ. יְיָ הוּא הָאֱלֹהִים. יְיָ הוּא הָאֱלֹהִים: וְהָיָה
יְיָ לְמֶלֶךְ עַל־כָּל־הָאָרֶץ. בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד וּשְׁמוֹ
אֶחָד: יְהִי־חַסְדְּךָ יְיָ עָלֵינוּ כַּאֲשֶׁר יִחַלְנוּ לָךְ: הוֹשִׁיעֵנוּ אֱלֹהֵי
יִשְׁעֵנוּ. וְקַבְּצֵנוּ וְהַצִּילֵנוּ מִן־הַגּוֹיִם. לְהֹדוֹת לְשֵׁם קָדְשֶׁךָ
לְהִשְׁתַּבֵּחַ בִּתְהִלָּתֶךָ: כָּל־גּוֹיִם אֲשֶׁר עָשִׂיתָ יָבוֹאוּ וְיִשְׁתַּחֲווּ
לְפָנֶיךָ אֲדֹנָי וִיכַבְּדוּ לִשְׁמֶךָ: כִּי־גָדוֹל אַתָּה וְעֹשֵׂה נִפְלָאוֹת
אַתָּה אֱלֹהִים לְבַדֶּךָ: וַאֲנַחְנוּ עַמְּךָ וְצֹאן מַרְעִיתֶךָ. נוֹדֶה לְךָ
לְעוֹלָם לְדוֹר וָדֹר נְסַפֵּר תְּהִלָּתֶךָ:

בָּרוּךְ יְיָ בַּיּוֹם. בָּרוּךְ יְיָ בַּלָּיְלָה. בָּרוּךְ יְיָ בְּשָׁכְבֵנוּ.
בָּרוּךְ יְיָ בְּקוּמֵנוּ: כִּי בְיָדְךָ נַפְשׁוֹת הַחַיִּים וְהַמֵּתִים. אֲשֶׁר
בְּיָדוֹ נֶפֶשׁ כָּל־חָי וְרוּחַ כָּל־בְּשַׂר־אִישׁ: בְּיָדְךָ אַפְקִיד
רוּחִי פָּדִיתָה אוֹתִי יְיָ אֵל אֱמֶת: אֱלֹהֵינוּ שֶׁבַּשָּׁמַיִם יַחֵד
שִׁמְךָ וְקַיֵּם מַלְכוּתְךָ תָּמִיד וּמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד:

יִרְאוּ עֵינֵינוּ וְיִשְׂמַח לִבֵּנוּ וְתָגֵל נַפְשֵׁנוּ בִּישׁוּעָתְךָ בֶּאֱמֶת
בֶּאֱמֹר לְצִיּוֹן מָלַךְ אֱלֹהַיִךְ: יְיָ מֶלֶךְ יְיָ מָלָךְ יְיָ יִמְלֹךְ
לְעוֹלָם וָעֶד: *כִּי הַמַּלְכוּת שֶׁלְּךָ הִיא וּלְעוֹלְמֵי עַד
תִּמְלֹךְ בְּכָבוֹד כִּי אֵין לָנוּ מֶלֶךְ אֶלָּא אָתָּה. בָּרוּךְ אַתָּה
יְיָ הַמֶּלֶךְ בִּכְבוֹדוֹ תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד וְעַל
כָּל מַעֲשָׂיו:

TO PRAISE THE LORD THROUGHOUT ALL GENERATIONS

Praised be the Lord forever. Amen! Amen! Praised be the Lord from Zion. Praised be the Lord whose Presence abides in Jerusalem and who performs great wonders. Praised forever be God's glory which fills the world. Amen! Amen!

May God's glory be praised forever; may the Lord's own creation bring forth Divine joy.

The Lord's people will not be abandoned, for the sake of God's great name; for it pleased the Lord to make you the Lord's own.

When the people saw the wondrous acts of the Lord, they prostrated themselves and exclaimed: The Lord is God. Truly, the Lord is God! The Lord shall reign over all the earth.

May Your kindness rest upon us, O Lord, even as our hope rests in You. O gather our dispersed from among the nations, that we may give thanks, and merit praise by praising You.

May all the nations, whom You have created, worship and glorify You. For You are great and perform wonders at all times. You alone are God. We are Your people and Your flock; we will praise You throughout all generations.

Biblical verses—selected from the Hebrew

WITH TRUST AND HOPE

Praised be the Lord by day,
And praised be the Lord by night.

Praised be God when we lie down,
And praised be God when we rise up.

"In God's keeping are the souls of all the living,
And the spirits of all human beings."

"Into Your hand I entrust my spirit;
You will surely redeem me, O Lord, God of truth."

Our God, reveal Your Oneness;
Establish Your sovereignty and rule over us forever.

May our eyes behold, our hearts rejoice,
And our souls be glad in Your true deliverance,
When it shall be said to Zion: Your God reigns.

The Lord reigns, the Lord has reigned,
"The Lord shall reign forever."

For sovereignty is Yours,
And forever will You reign in glory;
We have no Sovereign besides You.

Praised are You, O Lord and Sovereign,
Who will rule over us, and over all creation, forever.

ḤATZI KADDISH

Reader:

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי־בְרָא
כִרְעוּתֵהּ. וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי
דְכָל־בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִזְמַן קָרִיב. וְאִמְרוּ אָמֵן:

Congregation and Reader:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

Reader:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר
וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְּקֻדְשָׁא. בְּרִיךְ הוּא. לְעֵלָּא*
מִן כָּל־בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן
בְּעָלְמָא. וְאִמְרוּ אָמֵן:

ḤATZI KADDISH

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of the entire house of Israel. And let us say: Amen.

Congregation and Reader:

Y'hey sh'mey raba m'varaḥ l'alam ul-almey alma-ya (yit-baraḥ).

May God's great name be praised to all eternity.

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

**From Rosh Hashanah to Yom Kippur, add a second* לְעֵלָּא.

To remember with reverence

Let us be silent with our ancestors,
Remember with reverence their ancient prayer,
Pronounced for millennia, their words, their faith.

Gather the gleanings with thanks,
The marvelous gleanings,
Those we can share in truth to ourselves
And our sense, and our thinking.

Shine in the glow of their vision with gladness,
That we may build as their seed
Upon their soul's searching
Seeking for meaning in the mystery of life and of being,

Through justice, mercy, truth, and peace,
Through love of others, and through humility.

Emil Weitzner

Our God and God of our ancestors

Why do we say both "Our God" and "God of our ancestors"? There are two kinds of people who believe in God. One believes by virtue of taking over the faith of parents; the other has arrived at faith through thinking and studying.

The advantage of one is that, no matter what arguments may be brought against it, this faith cannot be shaken; it is firm because it was taken over from one's parents. But there is one flaw in it: it is faith only in response to a *human* command, acquired without studying and thinking for one's self.

The advantage of the other is that, because God has been found through much thinking, the believer has arrived at a personal faith, independently. But here, too, there is a flaw: this faith can be shaken through refutation.

But the person who unites *both* kinds of faith is invincible. And so we say "Our God" with reference to our personal studies, and "God of our ancestors" with an eye to tradition.

The same interpretation has been given to our saying, "God of Abraham, God of Isaac, and God of Jacob," rather than "God of Abraham, Isaac, and Jacob." For this indicates that Isaac and Jacob did not merely take over the tradition of Abraham; each of them personally searched for God.

Baal Shem Tov, retold by Martin Buber (adapted)

אֲדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ׃

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ. אֱלֹהֵי אַבְרָהָם אֱלֹהֵי יִצְחָק וֵאלֹהֵי יַעֲקֹב. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן. גּוֹמֵל חֲסָדִים טוֹבִים וְקֹנֵה הַכֹּל. וְזוֹכֵר חַסְדֵי אָבוֹת וּמֵבִיא גּוֹאֵל לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה׃

Between Rosh Hashanah and Yom Kippur add:
זָכְרֵנוּ לְחַיִּים מֶלֶךְ חָפֵץ בַּחַיִּים.
וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים. לְמַעַנְךָ אֱלֹהִים חַיִּים׃

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן. בָּרוּךְ אַתָּה יְיָ מָגֵן אַבְרָהָם׃

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי מְחַיֵּה מֵתִים אַתָּה רַב לְהוֹשִׁיעַ׃

From Shemini Atzeret until Pesaḥ add:
מַשִּׁיב הָרוּחַ וּמוֹרִיד הַגָּשֶׁם׃

מְכַלְכֵּל חַיִּים בְּחֶסֶד מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים. סוֹמֵךְ נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כָמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דּוֹמֶה לָךְ. מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה׃

Between Rosh Hashanah and Yom Kippur add:
מִי כָמוֹךָ אַב הָרַחֲמִים. זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים׃

וְנֶאֱמָן אַתָּה לְהַחֲיוֹת מֵתִים. בָּרוּךְ אַתָּה יְיָ מְחַיֵּה הַמֵּתִים׃

For Hebrew text of the "Interpretive Amidah Blessings," see p. 130.

"O Lord, open my lips that my mouth may declare Your praise."

GOD OF ALL GENERATIONS*

Praised are You, O Lord our God and God of our ancestors,
God of Abraham, God of Isaac, and God of Jacob;
God of Sarah, God of Rebecca, God of Rachel, and God of Leah;
Great, mighty, awesome God, supreme over all.

You are abundantly kind, O Creator of all.
Remembering the piety of our ancestors,
You lovingly bring redemption to their children's children.

Between Rosh Hashanah and Yom Kippur add:
Remember us for life, O Sovereign who delights in life;
Inscribe us in the book of life, for Your sake, O God of life.

You are our Sovereign who helps, redeems, and protects.
Praised are You, O Lord,
Shield of Abraham and Sustainer of Sarah.

SOURCE OF LIFE AND MASTER OF NATURE

O Lord, mighty for all eternity,
With Your saving power You grant immortal life.

From Shemini Atzeret until Pesaḥ add:
You cause the wind to blow and the rain to fall.

You sustain the living with lovingkindness,
And with great mercy You bestow eternal life upon the dead.
You support the falling, heal the sick, and free the captives.
You keep faith with those who sleep in the dust.

Who is like You, almighty God?
Who can be compared to You, Ruler over life and death,
Source of redemption?

Between Rosh Hashanah and Yom Kippur add:
Who is like You, compassionate God?
Mercifully You remember Your creatures for life.

You are faithful in granting eternal life to the departed.
Praised are You, O Lord, who grants immortality to the departed.

**This English version of the Avot Blessing reflects the egalitarian rendering which appears in the "Interpretive Amidah Blessings" (p. 131).*

אַתָּה קָדוֹשׁ וְשִׁמְךָ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל־יוֹם יְהַלְלוּךָ סֶּלָה. בָּרוּךְ אַתָּה יְיָ *הָאֵל הַקָּדוֹשׁ:

אַתָּה חוֹנֵן לְאָדָם דַּעַת וּמְלַמֵּד לֶאֱנוֹשׁ בִּינָה.

At the conclusion of Shabbat or Festival add:

אַתָּה חוֹנַנְתָּנוּ לְמַדֵּעַ תּוֹרָתֶךָ. וַתְּלַמְּדֵנוּ לַעֲשׂוֹת חֻקֵּי רְצוֹנֶךָ. וַתַּבְדֵּל יְיָ אֱלֹהֵינוּ בֵּין קֹדֶשׁ לְחוֹל. בֵּין אוֹר לַחֹשֶׁךְ. בֵּין יִשְׂרָאֵל לָעַמִּים. בֵּין יוֹם הַשְּׁבִיעִי לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׂה. אָבִינוּ מַלְכֵּנוּ. הָחֵל עָלֵינוּ הַיָּמִים הַבָּאִים לִקְרָאתֵנוּ לְשָׁלוֹם חֲשׁוּכִים מִכָּל־חֵטְא. וּמְנֻקִּים מִכָּל־עָוֹן. וּמְדֻבָּקִים בְּיִרְאָתֶךָ. (וְחָנֵּנוּ...)

חָנֵּנוּ מֵאִתְּךָ דֵּעָה בִּינָה וְהַשְׂכֵּל. בָּרוּךְ אַתָּה יְיָ חוֹנֵן הַדָּעַת:

הֲשִׁיבֵנוּ אָבִינוּ לְתוֹרָתֶךָ. וְקָרְבֵנוּ מַלְכֵּנוּ לַעֲבוֹדָתֶךָ. וְהַחֲזִירֵנוּ בִּתְשׁוּבָה שְׁלֵמָה לְפָנֶיךָ. בָּרוּךְ אַתָּה יְיָ הָרוֹצֶה בִּתְשׁוּבָה:

סְלַח לָנוּ אָבִינוּ כִּי חָטָאנוּ. מְחַל לָנוּ מַלְכֵּנוּ כִּי פָשָׁעְנוּ. כִּי מוֹחֵל וְסוֹלֵחַ אָתָּה. בָּרוּךְ אַתָּה יְיָ חַנּוּן הַמַּרְבֶּה לִסְלוֹחַ:

רְאֵה־נָא בְעָנְיֵנוּ וְרִיבָה רִיבֵנוּ. וּגְאָלֵנוּ מְהֵרָה לְמַעַן שְׁמֶךָ. כִּי גּוֹאֵל חָזָק אָתָּה. בָּרוּךְ אַתָּה יְיָ גּוֹאֵל יִשְׂרָאֵל:

רְפָאֵנוּ יְיָ וְנֵרָפֵא. הוֹשִׁיעֵנוּ וְנִוָּשֵׁעָה. כִּי תְהִלָּתֵנוּ אָתָּה. וְהַעֲלֵה רְפוּאָה שְׁלֵמָה לְכָל מַכּוֹתֵינוּ. כִּי אֵל מֶלֶךְ רוֹפֵא נֶאֱמָן וְרַחֲמָן אָתָּה. בָּרוּךְ אַתָּה יְיָ רוֹפֵא חוֹלֵי עַמּוֹ יִשְׂרָאֵל:

*From Rosh Hashanah to Yom Kippur conclude: הַמֶּלֶךְ הַקָּדוֹשׁ.

Holy are You and hallowed is Your name, and holy ones praise You daily. Praised are You, O Lord, *the holy God.

You graciously endow human beings with intelligence, and You teach mortals understanding.

At the conclusion of Shabbat or Festival add:

You have favored us with the knowledge of Your Torah; You have taught us to fulfill the Commandments. O Lord our God, You have made a distinction between the holy and the ordinary, between light and darkness, between the people Israel and the heathens, between the seventh day and the six weekdays. *Avinu Malkeynu*, may the coming days begin for us in peace. May we be free from sin, clear of wrongdoing, and drawn closer to You in reverence.

O grant us knowledge, understanding, and discernment. Praised are You, O Lord, gracious giver of knowledge.

Bring us back O God, as would a loving parent, to Your Torah. Draw us near, O our Sovereign, to Your service. Lead us back to You in wholehearted repentance. Praised are You, O Lord, who desires repentance.

Forgive us O God, as would a loving parent, for we have sinned. Pardon us, O our Sovereign, for we have transgressed. For You, our God, do indeed forgive and pardon. Praised are You, O Lord, who abundantly pardons.

Behold our affliction and champion our cause. Redeem us soon for Your sake, for You are a mighty Redeemer. Praised are You, O Lord, Redeemer of Israel.

Heal us, O Lord, and we shall be healed; help us and we shall be saved; for You are our glory. Grant complete healing for all our afflictions, for You, O our divine Ruler, are a faithful and merciful healer. Praised are You, O Lord, Healer of Your people Israel.

*From Rosh Hashanah to Yom Kippur conclude: the holy Sovereign.

בָּרֵךְ עָלֵינוּ יְיָ אֱלֹהֵינוּ אֶת הַשָּׁנָה הַזֹּאת וְאֶת כָּל־מִינֵי תְבוּאָתָהּ לְטוֹבָה.

From Pesaḥ until December 4 say:

וְתֵן בְּרָכָה עַל פְּנֵי הָאֲדָמָה.

From December 4 until Pesaḥ say:

וְתֵן טַל וּמָטָר לִבְרָכָה עַל פְּנֵי הָאֲדָמָה.

וְשַׂבְּעֵנוּ מִטּוּבֶךָ. וּבָרֵךְ שְׁנָתֵנוּ כַּשָּׁנִים הַטּוֹבוֹת. בָּרוּךְ אַתָּה יְיָ מְבָרֵךְ הַשָּׁנִים:

תְּקַע בְּשׁוֹפָר גָּדוֹל לְחֵרוּתֵנוּ. וְשָׂא נֵס לְקַבֵּץ גָּלֻיּוֹתֵנוּ. וְקַבְּצֵנוּ יַחַד מֵאַרְבַּע כַּנְפוֹת הָאָרֶץ. בָּרוּךְ אַתָּה יְיָ מְקַבֵּץ נִדְחֵי עַמּוֹ יִשְׂרָאֵל:

הָשִׁיבָה שׁוֹפְטֵינוּ כְּבָרִאשׁוֹנָה. וְיוֹעֲצֵינוּ כְּבַתְּחִלָּה. וְהָסֵר מִמֶּנּוּ יָגוֹן וַאֲנָחָה. וּמְלוֹךְ עָלֵינוּ אַתָּה יְיָ לְבַדְּךָ בְּחֶסֶד וּבְרַחֲמִים וְצַדְּקֵנוּ בַּמִּשְׁפָּט. בָּרוּךְ אַתָּה יְיָ *מֶלֶךְ אוֹהֵב צְדָקָה וּמִשְׁפָּט:

וְלַמַּלְשִׁינִים אַל תְּהִי תִקְוָה. וְכָל־הָרִשְׁעָה כְּרֶגַע תֹּאבֵד. וְכָל־אוֹיְבֶיךָ מְהֵרָה יִכָּרֵתוּ. וּמַלְכוּת זָדוֹן מְהֵרָה תְעַקֵּר וּתְשַׁבֵּר וּתְמַגֵּר וְתַכְנִיעַ בִּמְהֵרָה בְיָמֵינוּ. בָּרוּךְ אַתָּה יְיָ שֹׁבֵר אוֹיְבִים וּמַכְנִיעַ זֵדִים:

From Rosh Hashanah to Yom Kippur conclude: הַמֶּלֶךְ הַמִּשְׁפָּט.

Lord our God, bless this year for us, and grant all varieties of produce for our well-being.

From Pesaḥ until December 4 say:

Send blessing to the whole earth.

From December 4 until Pesaḥ say:

Send dew and rain to bless the whole earth.

Satisfy us in this year with the blessing of Your bounty. Praised are You, O Lord, who blesses the years.

Sound the great Shofar for our liberation. Lift up a banner to ingather our exiles, and bring our dispersed together from the four corners of the earth. Praised are You, O Lord, who gathers our exiles.

Restore our judges as in days of old, and our counsellors as in former times. Remove from us grief and sighing. May You alone reign over us, O Lord, in love and mercy, and vindicate us in judgment. Praised are You, O Lord, *our Sovereign, who loves righteousness and justice.

May slanderers find no hope, and may all wickedness perish swiftly. May all Your enemies be speedily cut down; may the arrogant be uprooted and crushed. May You overthrow and humble them soon, in our own day. Praised are You, O Lord, who crushes the enemies and subdues the arrogant.

From Rosh Hashanah to Yom Kippur conclude: Sovereign of judgment.

עַל הַצַּדִּיקִים וְעַל הַחֲסִידִים וְעַל זִקְנֵי עַמְּךָ בֵּית יִשְׂרָאֵל
וְעַל פְּלֵיטַת סוֹפְרֵיהֶם וְעַל גֵּרֵי הַצֶּדֶק וְעָלֵינוּ יֶהֱמוּ־נָא
רַחֲמֶיךָ יְיָ אֱלֹהֵינוּ וְתֵן שָׂכָר טוֹב לְכֹל הַבּוֹטְחִים בְּשִׁמְךָ
בֶּאֱמֶת וְשִׂים חֶלְקֵנוּ עִמָּהֶם לְעוֹלָם וְלֹא נֵבוֹשׁ כִּי בְךָ בָּטָחְנוּ.
בָּרוּךְ אַתָּה יְיָ מִשְׁעָן וּמִבְטָח לַצַּדִּיקִים:

וְלִירוּשָׁלַיִם עִירְךָ בְּרַחֲמִים תָּשׁוּב וְתִשְׁכֹּן בְּתוֹכָהּ כַּאֲשֶׁר
דִּבַּרְתָּ וּבְנֵה אוֹתָהּ בְּקָרוֹב בְּיָמֵינוּ בִּנְיַן עוֹלָם.
[וְכִסֵּא דָוִד מְהֵרָה לְתוֹכָהּ תָּכִין.] בָּרוּךְ אַתָּה יְיָ בּוֹנֵה יְרוּשָׁלָיִם:

•אֶת צֶמַח דָּוִד עַבְדְּךָ מְהֵרָה תַצְמִיחַ וְקַרְנוֹ תָּרוּם בִּישׁוּעָתֶךָ
כִּי לִישׁוּעָתְךָ קִוִּינוּ כָּל־הַיּוֹם. בָּרוּךְ אַתָּה יְיָ מַצְמִיחַ קֶרֶן יְשׁוּעָה:

Interpretive version:

•אֶת־צֶמַח עַמְּךָ יִשְׂרָאֵל בְּרַחֲמִים תַּצְמִיחַ וְקַרְנוֹ תָּרוּם בִּישׁוּעָתֶךָ
כִּי לִישׁוּעָתְךָ קִוִּינוּ כָּל־הַיּוֹם. בָּרוּךְ אַתָּה יְיָ מַצְמִיחַ קֶרֶן יְשׁוּעָה:

שְׁמַע קוֹלֵנוּ יְיָ אֱלֹהֵינוּ חוּס וְרַחֵם עָלֵינוּ וְקַבֵּל בְּרַחֲמִים
וּבְרָצוֹן אֶת־תְּפִלָּתֵנוּ כִּי אֵל שׁוֹמֵעַ תְּפִלּוֹת וְתַחֲנוּנִים אָתָּה.
וּמִלְּפָנֶיךָ מַלְכֵּנוּ רֵיקָם אַל תְּשִׁיבֵנוּ כִּי אַתָּה שׁוֹמֵעַ תְּפִלַּת
עַמְּךָ יִשְׂרָאֵל בְּרַחֲמִים. בָּרוּךְ אַתָּה יְיָ שׁוֹמֵעַ תְּפִלָּה:

Lord our God, may Your compassion be stirred for the righteous, for the pious, for the leaders of Your people Israel, for our devoted scholars, for the true proselytes, and for us. Reward bountifully all who truly trust in You, and cast our lot among them. May we never be put to shame, for we trust in You.

Praised are You, O Lord, the support and trust of the righteous.

With mercy, return Your Presence to Jerusalem, Your city; and abide within it, in accordance with Your ancient promise. Rebuild it, speedily, in our own day, and may it endure for all time.

Some say: Renew within it the glory of David.

Praised are You, O Lord, who rebuilds Jerusalem.

In Your mercy, cause the progeny of the House of Israel to flourish; and may Your people then be exalted and strengthened, as we recall Your promise of deliverance. For we await Your redemption at all times.

Praised are You, O Lord, Source of our redemption.

O Lord our God, hear our plea. Have pity upon us; and in Your great mercy, accept our prayer with loving favor. Compassionate God, who hearkens to prayer, do not send us away without considering our supplications. For You, our merciful Sovereign, hear the prayers of Your people, the House of Israel.

Praised are You, O Lord, who hearkens to prayer.

רְצֵה יְיָ אֱלֹהֵינוּ בְּעַמְּךָ יִשְׂרָאֵל. וּתְפִלָּתָם בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן. וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךָ:

On Rosh Ḥodesh add:

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ. יַעֲלֶה וְיָבֹא וְיַגִּיעַ. וְיֵרָאֶה וְיֵרָצֶה וְיִשָּׁמַע. וְיִפָּקֵד וְיִזָּכֵר זִכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ. וְזִכְרוֹן אֲבוֹתֵינוּ. וְזִכְרוֹן מָשִׁיחַ בֶּן־דָּוִד עַבְדֶּךָ. וְזִכְרוֹן יְרוּשָׁלַיִם עִיר קָדְשֶׁךָ. וְזִכְרוֹן כָּל־עַמְּךָ בֵּית יִשְׂרָאֵל לְפָנֶיךָ. לִפְלֵיטָה לְטוֹבָה לְחֵן וּלְחֶסֶד וּלְרַחֲמִים לְחַיִּים וּלְשָׁלוֹם בְּיוֹם רֹאשׁ הַחֹדֶשׁ הַזֶּה: זָכְרֵנוּ יְיָ אֱלֹהֵינוּ בּוֹ לְטוֹבָה. וּפָקְדֵנוּ בוֹ לִבְרָכָה. וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבִדְבַר יְשׁוּעָה וְרַחֲמִים חוּס וְחָנֵּנוּ וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ. כִּי אֵלֶיךָ עֵינֵינוּ. כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה:

וְתֶחֱזֶינָה עֵינֵינוּ בְּשׁוּבְךָ לְצִיּוֹן בְּרַחֲמִים. בָּרוּךְ אַתָּה יְיָ הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן:

מוֹדִים אֲנַחְנוּ לָךְ שָׁאַתָּה הוּא יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְעוֹלָם וָעֶד. צוּר חַיֵּינוּ מָגֵן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וָדוֹר. נוֹדֶה לְךָ וּנְסַפֵּר תְּהִלָּתֶךָ עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךָ וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ וְעַל נִסֶּיךָ שֶׁבְּכָל־יוֹם עִמָּנוּ וְעַל נִפְלְאוֹתֶיךָ וְטוֹבוֹתֶיךָ שֶׁבְּכָל־עֵת עֶרֶב וָבֹקֶר וְצָהֳרָיִם. הַטּוֹב כִּי לֹא־כָלוּ רַחֲמֶיךָ. וְהַמְרַחֵם כִּי לֹא־תַמּוּ חֲסָדֶיךָ. מֵעוֹלָם קִוִּינוּ לָךְ:

On Ḥanukkah and Purim add Al Ha-Nisim, page 97.

ACCEPT OUR PRAYER AND BLESS ZION

Be gracious to Your people Israel, O Lord our God, and lovingly accept their prayers. May our worship ever be acceptable to You.

On Rosh Ḥodesh add:

Our God and God of our ancestors, we recall and invoke the remembrance of our ancestors, the piety of their prayers for Messianic deliverance, the glory of Jerusalem, Your holy city, and the destiny of the entire household of Israel. As we seek Your love and mercy, we pray for deliverance and for life, for happiness and for peace, on this Rosh Ḥodesh.

Remember us, O Lord; bless us with all that is good. Recall Your promise of merciful redemption; spare us, have compassion upon us, and graciously save us. To You we lift our eyes in hope; for You, our Sovereign, are a gracious and merciful God.

May our eyes behold Your merciful return to Zion. Praise to You, O Lord, who restores the Divine Presence to Zion.

THANKSGIVING FOR DAILY MIRACLES

We thankfully acknowledge You, our God and God of our ancestors, Lord of eternity. You are the source of our strength, even as You have been Israel's protecting shield in every generation.

We thank You and proclaim Your praise for our lives which are in Your hand, for our souls which are in Your care, for Your miracles which are daily with us, and for Your wondrous kindness at all times—morning, noon, and night. Source of all goodness, Your mercies never fail. Source of compassion, Your kindnesses never cease. You are our abiding hope.

On Ḥanukkah and Purim add Al Ha-Nisim, page 97.

וְעַל־כֻּלָּם יִתְבָּרַךְ וְיִתְרוֹמַם שִׁמְךָ מַלְכֵּנוּ תָּמִיד לְעוֹלָם וָעֶד:

Between Rosh Hashanah and Yom Kippur add:
וּכְתוֹב לְחַיִּים טוֹבִים כָּל־בְּנֵי בְרִיתֶךָ:

וְכֹל הַחַיִּים יוֹדוּךָ סֶּלָה וִיהַלְלוּ אֶת שִׁמְךָ בֶּאֱמֶת הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֶּלָה. בָּרוּךְ אַתָּה יְיָ הַטּוֹב שִׁמְךָ וּלְךָ נָאֶה לְהוֹדוֹת:

שָׁלוֹם רָב עַל יִשְׂרָאֵל עַמְּךָ תָּשִׂים לְעוֹלָם. כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל־הַשָּׁלוֹם. וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ אֶת־עַמְּךָ יִשְׂרָאֵל בְּכָל־עֵת וּבְכָל־שָׁעָה בִּשְׁלוֹמֶךָ.* בָּרוּךְ אַתָּה יְיָ הַמְבָרֵךְ אֶת־עַמּוֹ יִשְׂרָאֵל בַּשָּׁלוֹם:

A brief personal prayer may be recited here.

Continue with "Elohai Netzor" on the following page.

Between Rosh Hashanah and Yom Kippur conclude thus:
בְּסֵפֶר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה. נִזָּכֵר וְנִכָּתֵב לְפָנֶיךָ. אֲנַחְנוּ וְכָל־עַמְּךָ בֵּית יִשְׂרָאֵל. לְחַיִּים טוֹבִים וּלְשָׁלוֹם. בָּרוּךְ אַתָּה יְיָ עוֹשֵׂה הַשָּׁלוֹם:

For all Your blessings we shall praise and exalt You, O our Sovereign, forever.

Between Rosh Hashanah and Yom Kippur add:
Inscribe all the children of Your Covenant for a good life.

May all living creatures ever thank You and praise You in truth. O God, You are our deliverance and our help. Praised are You, beneficent Lord, to whom all praise is due.

BLESS US WITH PEACE

Grant lasting peace to Your people Israel, for You are the sovereign Lord of peace. May it please You to bless Your people Israel, in every season and at every hour, with Your peace.* Praised are You, O Lord, who blesses Your people Israel with peace.

A brief personal prayer may be recited here.

Continue with "Guard my tongue from evil" on the following page.

**Between Rosh Hashanah and Yom Kippur conclude thus:*

In the book of life and blessing, peace and prosperity, may we and all Your people, the House of Israel, be inscribed for a good and peaceful life. Praised are You, O Lord, Source of peace.

אֱלֹהַי. נְצוֹר לְשׁוֹנִי מֵרָע וּשְׂפָתַי מִדַּבֵּר מִרְמָה.
וְלִמְקַלְלַי נַפְשִׁי תִדֹּם וְנַפְשִׁי כֶּעָפָר לַכֹּל תִּהְיֶה:
פְּתַח לִבִּי בְּתוֹרָתֶךָ וּבְמִצְוֹתֶיךָ תִּרְדּוֹף נַפְשִׁי.
וְכֹל הַחוֹשְׁבִים עָלַי רָעָה.
מְהֵרָה הָפֵר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם:
עֲשֵׂה לְמַעַן שְׁמֶךָ עֲשֵׂה לְמַעַן יְמִינֶךָ
עֲשֵׂה לְמַעַן קְדֻשָּׁתֶךָ עֲשֵׂה לְמַעַן תּוֹרָתֶךָ:
לְמַעַן יֵחָלְצוּן יְדִידֶיךָ הוֹשִׁיעָה יְמִינְךָ וַעֲנֵנִי:
יִהְיוּ לְרָצוֹן אִמְרֵי־פִי וְהֶגְיוֹן לִבִּי לְפָנֶיךָ.
יְיָ צוּרִי וְגוֹאֲלִי:
עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם
עָלֵינוּ וְעַל כָּל־יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

Yi-h'yu l'ratzon imrey fi, v'heg-yon libi l'fa-neḥa,
Adonai tzuri v'go-ali.

Oseh shalom bi-m'romav, hu ya-aseh shalom
Aleynu v'al kol yisrael, v'imru amen.

GUARD MY TONGUE FROM EVIL

O Lord,
Guard my tongue from evil and my lips from speaking guile;
And to those who slander me, let me give no heed.
May my soul be humble and forgiving to all.
Open my heart, O Lord, to Your sacred Law,
That Your statutes I may know and all Your truths pursue.
Frustrate the designs of those who seek to do me ill;
Speedily defeat their aims and thwart their purposes—
For the sake of Your glory and Your power,
For the sake of Your holiness and Law.
That Your loved ones may be delivered, O Lord,
Answer me and save with Your redeeming power.

"May the words of my mouth and the meditation of my heart
Be acceptable to You, O Lord, my Rock and my Redeemer."

O Source of peace and harmony in the universe,
Grant peace to us and to the household of Israel.

Amen.

Adapted from the Hebrew by Morris Silverman

"THE MEDITATIONS OF OUR HEARTS"

The meditations of our hearts are not always "acceptable"
To You, O God, or even to ourselves.

Sometimes our thoughts are bitter with anger,
and sometimes they are sour with remorse.
Sometimes they are dark with doubt,
and sometimes they are heavy with despair.

We acknowledge that we are creatures of many moods;
and that when we face the loss of a loved one,
our emotions may reflect our inner turmoil and deep distress.

Help us to cope with our feelings, with honesty and with patience.
Help us to ponder the immediate in the perspective of the eternal.

In our days of pain and anguish,
in our nights of tearful sorrow,
give us faith, O God, to trust in Your healing power.

Help us to draw strength from the assurance
that Your lovingkindness has not departed from us;
that we will yet know again the blessings of serenity and peace.

READER'S KADDISH SHALEM

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי־בְרָא
כִרְעוּתֵהּ. וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי
דְכָל־בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִזְמַן קָרִיב. וְאִמְרוּ אָמֵן:

Congregation and Reader:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

Reader:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר
וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקֻדְשָׁא. בְּרִיךְ הוּא. לְעֵלָּא*
מִן כָּל־בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן
בְּעָלְמָא. וְאִמְרוּ אָמֵן:

Mourners omit the following paragraph (Titkabeyl) during Shivah:

תִּתְקַבַּל צְלוֹתְהוֹן וּבָעוּתְהוֹן דְכָל־יִשְׂרָאֵל
קֳדָם אֲבוּהוֹן דִּי־בִשְׁמַיָּא. וְאִמְרוּ אָמֵן:

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל־
יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל־
יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

(Between Pesaḥ and Shavuot the Omer is counted. See page 85.)

(For Ḥanukkah candle lighting, see page 94.)

Havdalah (conclusion of Shabbat or Festival), p. 88.

*From Rosh Hashanah to Yom Kippur, add a second לְעֵלָּא.

READER'S FULL KADDISH

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of the entire House of Israel. And let us say: Amen.

Congregation and Reader:

May God's great name be praised to all eternity.

Reader:

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

Mourners omit the following paragraph during Shivah:

May the prayers and pleas of the whole House of Israel be accepted by the universal Parent of us all. And let us say: Amen.

May God grant abundant peace and life to us and to all Israel. And let us say: Amen.

May God, who ordains harmony in the universe, grant peace to us and to all Israel. And let us say: Amen.

A NOTE BEFORE THE ALENU

Alenu is one of the oldest Jewish prayers, and one of the most majestic. It acclaims God as Creator of the universe, to whom our praise is due, and gratefully acknowledges the unique legacy of the Jewish people.

The second section of the Alenu hopefully anticipates the day when a united humanity will acknowledge God, in a perfected world.

Most scholars attribute this prayer to Rav, a third-century Babylonian Talmudist. He is said to have introduced it into the liturgy of the High Holy Days, as a prelude to the Malḥuyot *(Divine Sovereignty) section of the Rosh Hashanah Musaf. (Some claim that it was composed even earlier.)*

Since the early fourteenth century, Alenu has been recited at the conclusion of every formal worship service, throughout the year.

During the Middle Ages, Alenu became the prayer of Jewish martyrs. By that time, it had come to be regarded by devout Jews as a ringing "declaration of faith"; and it has remained so for untold generations.

Alenu

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכֹּל
לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית.
שֶׁלֹּא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת
וְלֹא שָׂמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.
שֶׁלֹּא שָׂם חֶלְקֵנוּ כָּהֶם
וְגֹרָלֵנוּ כְּכָל־הֲמוֹנָם:

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים
לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים
הַקָּדוֹשׁ בָּרוּךְ הוּא.

שֶׁהוּא נוֹטֶה שָׁמַיִם וְיוֹסֵד אֶרֶץ וּמוֹשַׁב יְקָרוֹ בַּשָּׁמַיִם מִמַּעַל
וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים: הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מַלְכֵּנוּ
אֶפֶס זוּלָתוֹ. כַּכָּתוּב בְּתוֹרָתוֹ. וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל־לְבָבֶךָ
כִּי יְיָ הוּא הָאֱלֹהִים בַּשָּׁמַיִם מִמַּעַל וְעַל־הָאָרֶץ מִתָּחַת. אֵין עוֹד:

In the Alenu, we reverently acclaim God as Creator of the universe; we affirm the distinctive character of our People and our Faith; and we pray, with hope, for the salvation of all God's children, looking beyond the idolatries which still abound.

Alenu is thus a quintessential Jewish prayer; for here the voices of the "universal" and the "particular" are joined, in a chorus of faith and hope.

Aleynu l'sha-bey-aḥ la-adon ha-kol,
La-teyt g'dula l'yotzeyr b'reyshit.
Sheh-lo asanu k'go-yey ha-aratzot,
V'lo samanu k'mish-p'ḥot ha-adama.
Sheh-lo sam ḥel-keynu ka-hem,
V'gora-leynu k'ḥol hamonam.
Va-anaḥnu kor-im u-mishta-ḥavim u-modim,
Lifney meleḥ malḥey ha-m'laḥim,
Ha-kadosh baruḥ hu.

Alenu

Let us now praise the Lord of all;
Let us acclaim the Author of Creation,

Who made us unlike the pagans who surrounded us,
Unlike the heathens of the ancient world,

Who made our heritage different from theirs,
And assigned to us a unique destiny.

We bend the knee and reverently bow
Before the supreme Sovereign,
The Holy One, who is to be praised,

Who spread forth the heavens and established the earth,
And whose glorious presence can be found everywhere.

The Lord is our God; there is no other.
Truly, our sovereign Lord is incomparable.

As it is written in the Torah:
"This day accept, with mind and heart,

That God is the Lord of heaven and earth;
There is no other."

(Alenu continues on following page)

Among the themes which find majestic expression in the Alenu are thanksgiving for the unique religious heritage of the Jewish People, and confident hope for a world transformed, under the sovereignty of our Creator.

When the realities of the world (or of our lives) discourage or distress us, the Alenu reminds us of our Vocation, calls upon us to reaffirm our Faith, and redirects our troubled thoughts toward a future of renewed hope.

(Reflections on Alenu, Ben Saul)

SHEH-HU NOTEH SHAMA-YIM

Sheh-hu noteh shama-yim v'yoseyd aretz,
U-mo-shav y'karo ba-shama-yim mi-maal,
U-sh'ḥinat uzo b'gov-hey m'romim.
Hu Eloheynu eyn od,
Emet mal-keynu efes zu-lato, ka-katuv b'torato,
V'yada-ta ha-yom va-ha-shey-vota el l'va-veḥa
Ki Adonai hu ha-Elohim
Ba-shama-yim mi-maal v'al ha-aretz mi-taḥat, eyn od.

עַל־כֵּן נְקַוֶּה לְךָ יְיָ אֱלֹהֵינוּ לִרְאוֹת מְהֵרָה בְּתִפְאֶרֶת עֻזֶּךָ לְהַעֲבִיר גִּלּוּלִים מִן הָאָרֶץ וְהָאֱלִילִים כָּרוֹת יִכָּרֵתוּן. לְתַקֵּן עוֹלָם בְּמַלְכוּת שַׁדַּי. וְכָל־בְּנֵי בָשָׂר יִקְרְאוּ בִשְׁמֶךָ לְהַפְנוֹת אֵלֶיךָ כָּל־רִשְׁעֵי אֶרֶץ. יַכִּירוּ וְיֵדְעוּ כָּל־יוֹשְׁבֵי תֵבֵל. כִּי־לְךָ תִכְרַע כָּל־בֶּרֶךְ תִּשָּׁבַע כָּל־לָשׁוֹן: לְפָנֶיךָ יְיָ אֱלֹהֵינוּ יִכְרְעוּ וְיִפֹּלוּ. וְלִכְבוֹד שִׁמְךָ יְקָר יִתֵּנוּ. וְיקַבְּלוּ כֻלָּם אֶת עֹל מַלְכוּתֶךָ. וְתִמְלֹךְ עֲלֵיהֶם מְהֵרָה לְעוֹלָם וָעֶד. כִּי הַמַּלְכוּת שֶׁלְּךָ הִיא וּלְעוֹלְמֵי עַד תִּמְלֹךְ בְּכָבוֹד: כַּכָּתוּב בְּתוֹרָתֶךָ. יְיָ יִמְלֹךְ לְעֹלָם וָעֶד:

וְנֶאֱמַר. וְהָיָה יְיָ לְמֶלֶךְ עַל־כָּל־הָאָרֶץ.
בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד וּשְׁמוֹ אֶחָד:

V'ne-emar, v'ha-ya Adonai l'meleḥ al kol ha-aretz,
Ba-yom ha-hu yi-h'yeh Adonai eḥad u-sh'mo eḥad.

WE THEREFORE HOPE . . .

I We therefore hope in You, O Lord our God, that we may soon behold the glory of Your might, when You will remove the abominations from the earth, and when all idolatry will be abolished. We hope for the day when the world will be perfected under the Kingdom of the Almighty, and all humanity will call upon Your name; when You will turn unto Yourself all the wicked of the earth. May all the inhabitants of the world perceive and know that unto You every knee must bend, every tongue vow loyalty. Before You, O Lord our God, may they bow in worship, giving honor unto Your glorious name. May they all accept the yoke of Your kingdom; and may You rule over them speedily and forevermore. For the kingdom is Yours and to all eternity You will reign in glory. As it is written in Your Torah: The Lord shall reign for ever and ever. And it has been foretold: The Lord shall be Sovereign over all the earth; on that day the Lord shall be One and God's name One.

Morris Silverman (adapted)

BECAUSE WE BELIEVE IN YOU

II Because we believe in You, O God,
We hope for the day when Your majesty will prevail,

When all false gods will be removed,
And all idolatry will be abolished;

When the world will be made a "Kingdom of God,"
When all humanity will invoke Your name,
And the wicked will be turned to You.

May all the living fervently acknowledge
That to You every knee must bend,
Every tongue must vow loyalty.

Before You may all bow in reverence,
Proclaiming Your glory, accepting Your sovereignty.

May Your reign come soon and last forever;
For sovereignty is Yours alone, now and evermore.

So is it written in Your Torah:
"The Lord shall reign for ever and ever."

The prophet too, proclaimed this promise:
"The Lord shall reign over all the earth;
On that day the Lord shall be One and God's name One."

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי־בְרָא
כִרְעוּתֵהּ. וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי
דְכָל־בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִזְמַן קָרִיב. וְאִמְרוּ אָמֵן:

Congregation and mourners:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

Mourners:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר
וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקֻדְשָׁא. בְּרִיךְ הוּא. לְעֵלָּא*
מִן כָּל־בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן
בְּעָלְמָא. וְאִמְרוּ אָמֵן:

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל־
יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל־
יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

Yit-gadal v'yit-kadash sh'mey raba,
B'alma di v'ra ḥiru-tey, v'yam-liḥ mal-ḥutey
B'ḥa-yey-ḥon u-v'yomey-ḥon
U-v'ḥa-yey d'ḥol beyt yisrael
Ba-agala u-viz-man kariv, v'imru **amen.**

Congregation and mourners:

Y'hey sh'mey raba m'varaḥ l'alam ul-almey alma-ya.

Mourners:

Yit-baraḥ v'yish-tabaḥ v'yit-pa-ar v'yit-romam v'yit-na-sey
V'yit-hadar v'yit-aleh v'yit-halal sh'mey d'kud-sha—
B'riḥ hu, *l'eyla* min kol bir-ḥata v'shi-rata*
Tush-b'ḥata v'ne-ḥemata da-amiran b'alma, v'imru **amen.**

Y'hey sh'lama raba min sh'ma-ya, v'ḥa-yim,
Aleynu v'al kol yisrael, v'imru **amen.**

Oseh shalom bi-m'romav, hu ya-aseh shalom
Aleynu v'al kol yisrael, v'imru **amen.**

Mourner's Kaddish

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of the entire House of Israel. And let us say: Amen.

Congregation and mourners:

May God's great name be praised to all eternity.

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

May God grant abundant peace and life to us and to all Israel. And let us say: Amen.

May God, who ordains harmony in the universe, grant peace to us and to all Israel. And let us say: Amen.

An additional Psalm may be selected from pages 70-77.

A favorite quotation or poem may be recited here.

Psalms for the Penitential Season, page 90.

(Closing Prayers, page 81.)

From Rosh Hashanah to Yom Kippur, add a second l'eyla, לְעֵלָּא *

שִׁיר לַמַּעֲלוֹת.

אֶשָּׂא עֵינַי אֶל־הֶהָרִים. מֵאַיִן יָבֹא עֶזְרִי:
עֶזְרִי מֵעִם יְיָ. עֹשֵׂה שָׁמַיִם וָאָרֶץ:
אַל־יִתֵּן לַמּוֹט רַגְלֶךָ. אַל־יָנוּם שֹׁמְרֶךָ:
הִנֵּה לֹא־יָנוּם וְלֹא יִישָׁן. שׁוֹמֵר יִשְׂרָאֵל:
יְיָ שֹׁמְרֶךָ. יְיָ צִלְּךָ עַל־יַד יְמִינֶךָ:
יוֹמָם הַשֶּׁמֶשׁ לֹא־יַכֶּכָּה. וְיָרֵחַ בַּלָּיְלָה:
יְיָ יִשְׁמָרְךָ מִכָּל־רָע. יִשְׁמֹר אֶת־נַפְשֶׁךָ:
*יְיָ יִשְׁמָר־צֵאתְךָ וּבוֹאֶךָ. מֵעַתָּה וְעַד־עוֹלָם:

Psalm 121

I will lift up my eyes to the mountains;
From where will my help come?

My help comes from the Lord,
Who made heaven and earth,

Who will not allow your foot to give way,
Who guards you and will not slumber.

For the Guardian of Israel
Neither slumbers nor sleeps.

The Lord is your keeper;
The Lord is your protection at your right hand.

The sun shall not smite you by day,
Nor the moon by night.

The Lord shall keep you from all evil,
And shall keep your soul.

The Lord shall guard your going out and your coming in,
From this time forth and forever.

מִזְמוֹר לְדָוִד.

יְיָ רֹעִי לֹא אֶחְסָר:
בִּנְאוֹת דֶּשֶׁא יַרְבִּיצֵנִי. עַל־מֵי מְנֻחוֹת יְנַהֲלֵנִי:
נַפְשִׁי יְשׁוֹבֵב. יַנְחֵנִי בְמַעְגְּלֵי־צֶדֶק לְמַעַן שְׁמוֹ:
גַּם כִּי־אֵלֵךְ בְּגֵיא צַלְמָוֶת. לֹא־אִירָא רָע כִּי־אַתָּה עִמָּדִי.
שִׁבְטְךָ וּמִשְׁעַנְתֶּךָ הֵמָּה יְנַחֲמֻנִי:
תַּעֲרֹךְ לְפָנַי שֻׁלְחָן נֶגֶד צֹרְרָי.
דִּשַּׁנְתָּ בַשֶּׁמֶן רֹאשִׁי כּוֹסִי רְוָיָה:
*אַךְ טוֹב וָחֶסֶד יִרְדְּפוּנִי כָּל־יְמֵי חַיָּי.
וְשַׁבְתִּי בְּבֵית־יְיָ לְאֹרֶךְ יָמִים:

Psalm 23

The Lord is my shepherd, I shall not want.

God makes me lie down in green pastures,
And leads me beside the still waters.

God revives my spirit,
And guides me in paths of righteousness, for God's name's sake.

Though I walk in the valley of the shadow of death,
I fear no evil; for You are with me.
Your rod and Your staff comfort me.

You prepare a table before me in the presence of my foes.
You anoint my head with oil; my cup overflows.

Surely goodness and kindness shall follow me
all the days of my life,
And I shall dwell in the house of the Lord forever.

Mourner's Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי־בְרָא
כִרְעוּתֵהּ. וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי
דְכָל־בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִזְמַן קָרִיב. וְאִמְרוּ אָמֵן:

Congregation and mourners:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

Mourners:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר
וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְּקֻדְשָׁא. בְּרִיךְ הוּא. לְעֵלָּא*
מִן כָּל־בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן
בְּעָלְמָא. וְאִמְרוּ אָמֵן:

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל־
יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל־
יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

Yit-gadal v'yit-kadash sh'mey raba,
B'alma di v'ra ḥiru-tey, v'yam-liḥ mal-ḥutey
B'ḥa-yey-ḥon u-v'yomey-ḥon
U-v'ḥa-yey d'ḥol beyt yisrael
Ba-agala u-viz-man kariv, v'imru **amen.**

Congregation and mourners:

Y'hey sh'mey raba m'varaḥ l'alam ul-almey alma-ya.

Mourners:

Yit-baraḥ v'yish-tabaḥ v'yit-pa-ar v'yit-romam v'yit-na-sey
V'yit-hadar v'yit-aleh v'yit-halal sh'mey d'kud-sha—
B'riḥ hu, *l'eyla* min kol bir-ḥata v'shi-rata*
Tush-b'ḥata v'ne-ḥemata da-amiran b'alma, v'imru **amen.**

Y'hey sh'lama raba min sh'ma-ya, v'ḥa-yim,
Aleynu v'al kol yisrael, v'imru **amen.**

Oseh shalom bi-m'romav, hu ya-aseh shalom
Aleynu v'al kol yisrael, v'imru **amen.**

Mourner's Kaddish

Magnified and sanctified be the great name of God, in the world created according to the Divine will. May God's sovereignty soon be established, in our lifetime and that of the entire House of Israel. And let us say: Amen.

Congregation and mourners:

May God's great name be praised to all eternity.

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the blessed Holy One, whose glory is above all the praises, hymns, and songs of adoration which human beings can utter. And let us say: Amen.

May God grant abundant peace and life to us and to all Israel. And let us say: Amen.

May God, who ordains harmony in the universe, grant peace to us and to all Israel. And let us say: Amen.

From Rosh Hashanah to Yom Kippur, add a second l'eyla, לְעֵלָּא *